

Fredag 13.04.2007 kl 16.00

## Øvelse 1. 400m fri, jenter født 1996

1p	Tina Schütz	96	Vestkantsvømmerne	5.24,06	415
	34,96(34,96)	1.14,84(39,88)	1.56,47(41,63)	2.38,80(42,33)	
	3.21,13(42,33)	4.02,90(41,77)	4.44,17(41,27)	5.24,06(39,89)	
2p	Vår Celine Søgaard	96	Lambertseter SK	5.30,38	392
	36,99(36,99)	1.18,06(41,07)	1.59,94(41,88)	2.42,09(42,15)	
	3.24,39(42,30)	4.07,33(42,94)	4.48,77(41,44)	5.30,38(41,61)	
3p	Emilie K. Hegdal	96	Stavanger SC	5.32,50	384
	36,08(36,08)	1.16,75(40,67)	1.58,70(41,95)	2.41,40(42,70)	
	3.24,06(42,66)	4.07,21(43,15)	4.50,12(42,91)	5.32,50(42,38)	
4	Amalie Thorstensen	96	Vågsbygd SLK	5.34,92	376
	36,53(36,53)	1.18,22(41,69)	2.01,21(42,99)	2.44,60(43,39)	
	3.28,27(43,67)	4.12,29(44,02)	4.53,48(41,19)	5.34,92(41,44)	
5	Helene Strømnes	96	Kongstensvømmerne	5.36,76	370
	37,05(37,05)	1.18,62(41,57)	2.01,23(42,61)	2.44,57(43,34)	
	3.28,07(43,50)	4.11,26(43,19)	4.53,98(42,72)	5.36,76(42,78)	
6	Silje Sofie Moum	96	Kongstensvømmerne	5.37,75	367
	37,25(37,25)	1.19,46(42,21)	2.02,64(43,18)	2.46,20(43,56)	
	3.29,32(43,12)	4.12,07(42,75)	4.55,55(43,48)	5.37,75(42,20)	
7	Maria Clausen	96	Madla SK	5.37,82	366
	35,16(35,16)	1.15,08(39,92)	1.58,11(43,03)	2.42,05(43,94)	
	3.26,16(44,11)	4.11,66(45,50)	4.55,44(43,78)	5.37,82(42,38)	
8	Nora Olsen Tangen	96	Oslo IL	5.40,20	359
	36,87(36,87)	1.18,75(41,88)	2.02,10(43,35)	2.45,71(43,61)	
	3.29,71(44,00)	4.13,86(44,15)	4.57,52(43,66)	5.40,20(42,68)	
9	Christine Akselberg	96	Arna SLK	5.42,92	350
	36,67(36,67)	1.18,72(42,05)	2.02,50(43,78)	2.46,31(43,81)	
	3.30,77(44,46)	4.15,04(44,27)	5.00,19(45,15)	5.42,92(42,73)	
10	Elida Hole	96	Vestkantsvømmerne	5.46,35	340
	36,66(36,66)	1.19,49(42,83)	2.03,80(44,31)	2.48,98(45,18)	
	3.33,80(44,82)	4.18,40(44,60)	5.02,58(44,18)	5.46,35(43,77)	
11	Nehna-Louise Møller-Pettersen	96	Oslo IL	5.50,10	329
	38,00(38,00)	1.19,90(41,90)	2.03,48(43,58)	2.48,16(44,68)	
	3.33,75(45,59)	4.19,64(45,89)	5.05,93(46,29)	5.50,10(44,17)	
12	Marte Stamland	96	Poseidon	5.51,15	326
	36,41(36,41)	1.19,19(42,78)	2.04,34(45,15)	2.49,74(45,40)	
	3.35,89(46,15)	4.21,84(45,95)	5.08,26(46,42)	5.51,15(42,89)	
13	Sigrid Kosmo Holm	96	Fauske SK	5.56,78	311
	41,02(41,02)	1.25,45(44,43)	2.10,77(45,32)	2.57,05(46,28)	
	3.43,33(46,28)	4.28,57(45,24)	5.12,83(44,26)	5.56,78(43,95)	
14	Eirin Woldsæter	96	Moss SK	5.59,33	304
	39,57(39,57)	1.25,48(45,91)	2.12,17(46,69)	2.59,10(46,93)	
	3.44,59(45,49)	4.30,50(45,91)	5.16,11(45,61)	5.59,33(43,22)	
15	Helle Gusjås	96	Fauske SK	5.59,48	304
	38,19(38,19)	1.22,86(44,67)	2.08,43(45,57)	2.54,28(45,85)	
	3.40,24(45,96)	4.25,81(45,57)	5.10,59(44,78)	5.59,48(48,89)	
16	Emilie Elise Woll	96	Narvik SK	5.59,85	303
	37,78(37,78)	1.21,90(44,12)	2.08,21(46,31)	2.54,47(46,26)	
	3.41,10(46,63)	4.27,59(46,49)	5.16,50(48,91)	5.59,85(43,35)	
17	Vilde Tengesdal	96	Bryne SK	6.13,02	272
	39,50(39,50)	1.25,72(46,22)	2.14,04(48,32)	3.02,06(48,02)	
	3.51,19(49,13)	4.40,48(49,29)	5.27,84(47,36)	6.13,02(45,18)	
18	Stina Victoria Nordberg	96	Lambertseter SK	6.30,57	237
	41,60(41,60)	1.30,76(49,16)	2.21,50(50,74)	3.12,79(51,29)	
	4.03,04(50,25)	4.53,90(50,86)	5.43,26(49,36)	6.30,57(47,31)	

## Øvelse 2. 400m fri, gutter født 1996

1p	Philip R. Solheim	96	Sarpsborg IL	5.07,38	362
	32,82(32,82)	1.09,58(36,76)	1.48,21(38,63)	2.27,71(39,50)	
	3.08,64(40,93)	3.48,80(40,16)	4.28,94(40,14)	5.07,38(38,44)	
2p	Tage Singstad	96	Vestbyen IL	5.19,61	322
	34,02(34,02)	1.12,58(38,56)	1.53,48(40,90)	2.35,51(42,03)	
	3.16,94(41,43)	3.58,39(41,45)	4.40,43(42,04)	5.19,61(39,18)	
3p	Bendik Søfteland	96	Kongstensvømmerne	5.21,77	315
	35,74(35,74)	1.15,70(39,96)	1.57,40(41,70)	2.38,98(41,58)	
	3.19,13(40,15)	4.00,87(41,74)	4.43,14(42,27)	5.21,77(38,63)	
4	Sander Andersen	96	Poseidon	5.27,20	300
	36,41(36,41)	1.17,42(41,01)	1.59,01(41,59)	2.39,94(40,93)	
	3.22,34(42,40)	4.04,44(42,10)	4.46,77(42,33)	5.27,20(40,43)	
5	Ole Martin Bjørlykke	96	Aalesund SLK	5.27,81	298
	36,51(36,51)	1.16,95(40,44)	1.58,46(41,51)	2.40,88(42,42)	
	3.23,03(42,15)	4.05,31(42,28)	4.47,48(42,17)	5.27,81(40,33)	
6	Fransiscus Drake Bruseth	96	Larvik SK	5.31,89	287
	34,52(34,52)	1.15,07(40,55)	1.59,34(44,27)	2.44,93(45,59)	
	3.28,15(43,22)	4.11,91(43,76)	4.53,58(41,67)	5.31,89(38,31)	
7	Jone Rugland	96	Vestkantsvømmerne	5.32,92	285
	36,84(36,84)	1.18,81(41,97)	2.02,02(43,21)	2.45,41(43,39)	
	3.29,05(43,64)	4.12,48(43,43)	4.54,98(42,50)	5.32,92(37,94)	
8	Armin Porobic	96	Karmøy SK	5.32,96	285
	37,14(37,14)	1.18,88(41,74)	2.01,95(43,07)	2.45,04(43,09)	
	3.28,31(43,27)	4.11,44(43,13)	4.53,99(42,55)	5.32,96(38,97)	
9	Morten Wee Hollund	96	Karmøy SK	5.35,94	277
	37,40(37,40)	1.19,19(41,79)	2.01,93(42,74)	2.45,16(43,23)	
	3.28,36(43,20)	4.11,78(43,42)	4.55,11(43,33)	5.35,94(40,83)	
10	Grunde Myhrer	96	Lambertseter SK	5.38,89	270
	34,63(34,63)	1.14,77(40,14)	1.57,33(42,56)	2.41,01(43,68)	
	3.24,82(43,81)	4.09,17(44,35)	4.53,86(44,69)	5.38,89(45,03)	
11	Simen Halvorsen	96	Florø SLK	5.38,95	270
	35,24(35,24)	1.15,72(40,48)	1.58,29(42,57)	2.41,47(43,18)	
	3.25,33(43,86)	4.10,08(44,75)	4.54,37(44,29)	5.38,95(44,58)	
12	Sander Sivertsen	96	Vestkantsvømmerne	5.40,02	267
	37,23(37,23)	1.19,07(41,84)	2.02,74(43,67)	2.45,92(43,18)	
	3.29,66(43,74)	4.13,49(43,83)	4.52,92(39,43)	5.40,02(47,10)	
13	Rasmus Skjærpe	96	Elverum Svømming	5.41,05	265
	34,90(34,90)	1.16,07(41,17)	1.59,04(42,97)	2.43,87(44,83)	
	3.27,89(44,02)	4.11,06(43,17)	4.53,20(42,14)	5.41,05(47,85)	
14	Kristoffer Rosmo	96	Lambertseter SK	5.56,88	231
	38,64(38,64)	1.23,43(44,79)	2.09,04(45,61)	2.54,59(45,55)	
	3.40,01(45,42)	4.26,26(46,25)	5.12,78(46,52)	5.56,88(44,10)	
15	Mathias Thorkildsen	96	Bærumsvømmerne	5.59,49	226
	36,21(36,21)	1.18,91(42,70)	2.04,00(45,09)	2.50,36(46,36)	
	3.36,86(46,50)	4.24,43(47,57)	5.13,64(49,21)	5.59,49(45,85)	
16	Knut Oscar Skipperud	96	Askimsvømmerne	6.03,83	218
	36,61(36,61)	1.22,01(45,40)	2.09,13(47,12)	2.56,80(47,67)	
	3.44,19(47,39)	4.31,53(47,34)	5.19,84(48,31)	6.03,83(43,99)	
17	Steffen Vike Holm	96	Arna SLK	6.14,95	199
	39,05(39,05)	1.25,32(46,27)	2.14,02(48,70)	3.03,56(49,54)	
	3.53,41(49,85)	4.43,01(49,60)	5.30,11(47,10)	6.14,95(44,84)	
18	Thomas Cheung	96	Lambertseter SK	7.21,04	122
	42,54(42,54)	2.05,23(1.22.69)	2.55,87(50,64)	3.49,31(53,44)	
	4.42,60(53,29)	5.36,94(54,34)	6.30,29(53,35)	7.21,04(50,75)	

## Øvelse 3. 400m fri, jenter født 1995

1p	Andrea Westbye	95	Bærumsvømmerne	4.56,89	540
	33,17(33,17)	1.09,86(36,69)	1.47,80(37,94)	2.25,88(38,08)	
	3.04,51(38,63)	3.42,72(38,21)	4.20,58(37,86)	4.56,89(36,31)	
2p	Emilie N. Løvberg	95	Bærumsvømmerne	4.58,52	531
	32,76(32,76)	1.09,88(37,12)	1.48,22(38,34)	2.26,42(38,20)	
	3.05,03(38,61)	3.43,32(38,29)	4.21,70(38,38)	4.58,52(36,82)	
3p	Aslaug Marie Hjelmaas	95	Bergen SLK	5.01,45	516
	32,34(32,34)	1.08,83(36,49)	1.47,31(38,48)	2.25,94(38,63)	
	3.04,84(38,90)	3.44,73(39,89)	4.23,43(38,70)	5.01,45(38,02)	
4	Christina Krogdahl	95	Karmøy SK	5.03,50	505
	33,17(33,17)	1.10,26(37,09)	1.49,08(38,82)	2.28,11(39,03)	
	3.07,10(38,99)	3.46,74(39,64)	4.26,50(39,76)	5.03,50(37,00)	
5	Ane Nygård	95	Stavanger SC	5.04,44	501
	33,21(33,21)	1.10,45(37,24)	1.49,08(38,63)	2.28,49(39,41)	
	3.07,45(38,96)	3.46,79(39,34)	4.26,19(39,40)	5.04,44(38,25)	
6	Ingalill Urrang Naustvik	95	Karmøy SK	5.07,03	488
	34,25(34,25)	1.11,94(37,69)	1.50,12(38,18)	2.28,49(38,37)	
	3.08,17(39,68)	3.48,73(40,56)	4.29,53(40,80)	5.07,03(37,50)	
7	Eirin Jakobsen Avlund	95	Lambertseter SK	5.07,81	484
	34,23(34,23)	1.12,64(38,41)	1.52,06(39,42)	2.31,81(39,75)	
	3.12,39(40,58)	3.52,29(39,90)	4.31,51(39,22)	5.07,81(36,30)	
8	Malin Haga	95	Stavanger SC	5.13,44	459
	33,21(33,21)	1.11,08(37,87)	1.50,89(39,81)	2.31,30(40,41)	
	3.11,99(40,69)	3.52,89(40,90)	4.33,52(40,63)	5.13,44(39,92)	
9	Henriette Brattøy Westerheim	95	Kristiansund SLK	5.14,57	454
	34,42(34,42)	1.11,79(37,37)	1.50,62(38,83)	2.30,92(40,30)	
	3.11,66(40,74)	3.53,51(41,85)	4.34,38(40,87)	5.14,57(40,19)	
10	Maria C. Johnsen	95	Moss SK	5.15,33	451
	34,80(34,80)	1.13,40(38,60)	1.54,01(40,61)	2.35,13(41,12)	
	3.15,72(40,59)	3.57,10(41,38)	4.37,09(39,99)	5.15,33(38,24)	
11	Mari Knutsen	95	Øvre Eiker SK	5.16,37	446
	34,26(34,26)	1.12,35(38,09)	1.52,29(39,94)	2.33,03(40,74)	
	3.13,49(40,46)	3.54,37(40,88)	4.35,28(40,91)	5.16,37(41,09)	
12	Ellen Camilla Hansen	95	Øvre Eiker SK	5.16,71	445
	34,94(34,94)	1.14,03(39,09)	1.54,08(40,05)	2.34,53(40,45)	
	3.15,27(40,74)	3.56,71(41,44)	4.37,74(41,03)	5.16,71(38,97)	
13	Mari Kristoffersen	95	Frisinn SK	5.22,35	422
	36,19(36,19)	1.16,47(40,28)	1.56,96(40,49)	2.37,73(40,77)	
	3.18,95(41,22)	4.00,37(41,42)	4.42,01(41,64)	5.22,35(40,34)	
14	Andrine Davidsen	95	Lambertseter SK	5.24,79	412
	36,10(36,10)	1.15,85(39,75)	1.57,50(41,65)	2.39,71(42,21)	
	3.21,87(42,16)	4.04,25(42,38)	4.45,82(41,57)	5.24,79(38,97)	
15	Alida Etterlid Jensen	95	Stord IL	5.24,91	412
	36,29(36,29)	1.15,86(39,57)	1.57,25(41,39)	2.39,64(42,39)	
	3.22,70(43,06)	4.04,67(41,97)	4.45,76(41,09)	5.24,91(39,15)	
16	Rachel Tømmervåg	95	Kristiansund SLK	5.26,55	406
	35,83(35,83)	1.16,45(40,62)	1.57,92(41,47)	2.40,14(42,22)	
	3.23,29(43,15)	4.05,59(42,30)	4.46,61(41,02)	5.26,55(39,94)	
17	Oda Almgren Lind	95	Oslo IL	5.30,77	390
	35,87(35,87)	1.16,58(40,71)	1.58,64(42,06)	2.40,89(42,25)	
	3.23,76(42,87)	4.06,61(42,85)	4.49,52(42,91)	5.30,77(41,25)	
18	Caroline R. Helgesen	95	Aalesund SLK	5.36,86	369
	37,34(37,34)	1.17,84(40,50)	2.00,20(42,36)	2.43,11(42,91)	
	3.26,62(43,51)	4.10,20(43,58)	4.54,17(43,97)	5.36,86(42,69)	

## Øvelse 4. 400m fri, gutter født 1995

1p	Theodor W. Thiis	95	Kristiansund SLK	4.50,45	429
	32,19(32,19)	1.07,88(35,69)	1.44,84(36,96)	2.22,22(37,38)	
	2.59,72(37,50)	3.36,92(37,20)	4.14,55(37,63)	4.50,45(35,90)	
2p	Jakob Bernstein	95	Bærumsvømmerne	4.51,59	424
	32,76(32,76)	1.09,52(36,76)	1.46,94(37,42)	2.24,45(37,51)	
	3.01,99(37,54)	3.39,19(37,20)	4.16,55(37,36)	4.51,59(35,04)	
3p	Andreas Bjørkli	95	Setermoen SK	4.56,64	403
	32,59(32,59)	1.08,97(36,38)	1.46,65(37,68)	2.24,78(38,13)	
	3.02,99(38,21)	3.42,52(39,53)	4.20,78(38,26)	4.56,64(35,86)	
4	Alexander Marki Mork	95	Stavanger SC	4.57,06	401
	32,76(32,76)	1.09,43(36,67)	1.47,56(38,13)	2.25,80(38,24)	
	3.03,70(37,90)	3.42,42(38,72)	4.20,74(38,32)	4.57,06(36,32)	
5	Markus Lie	95	Åstveit SK	5.01,90	382
	33,44(33,44)	1.11,12(37,68)	1.49,93(38,81)	2.28,91(38,98)	
	3.08,26(39,35)	3.47,27(39,01)	4.25,98(38,71)	5.01,90(35,92)	
6	Martin Næss Kjølholdt	95	Kolbotn IL	5.02,42	380
	34,27(34,27)	1.12,68(38,41)	1.51,25(38,57)	2.30,16(38,91)	
	3.08,50(38,34)	3.46,79(38,29)	4.25,04(38,25)	5.02,42(37,38)	
7	Vebjørn Lindhjem	95	Lørenskog/Rælingen	5.07,12	363
	34,45(34,45)	1.12,93(38,48)	1.52,40(39,47)	2.32,88(40,48)	
	3.12,27(39,39)	3.51,62(39,35)	4.30,84(39,22)	5.07,12(36,28)	
8	Mathias Hammer	95	Kongstensvømmerne	5.07,92	360
	34,45(34,45)	1.12,94(38,49)	1.52,33(39,39)	2.31,52(39,19)	
	3.10,77(39,25)	3.50,48(39,71)	4.29,82(39,34)	5.07,92(38,10)	
9	Erik Amundsen	95	Poseidon	5.11,56	347
	35,02(35,02)	1.13,86(38,84)	1.53,58(39,72)	2.33,18(39,60)	
	3.13,08(39,90)	3.53,15(40,07)	4.33,54(40,39)	5.11,56(38,02)	
10	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	5.11,99	346
	34,80(34,80)	1.14,74(39,94)	2.35,64(1.20,90)	3.54,30(1.18,66)	
	5.11,99(1.17,69)				
11	Mark Strømme	95	Bærumsvømmerne	5.14,64	337
	33,24(33,24)	1.12,79(39,55)	1.53,72(40,93)	2.34,71(40,99)	
	3.16,05(41,34)	3.57,32(41,27)	4.37,79(40,47)	5.14,64(36,85)	
12	Eirik Nielsen	95	Poseidon	5.15,12	336
	35,08(35,08)	1.14,76(39,68)	1.55,79(41,03)	2.36,67(40,88)	
	3.17,28(40,61)	3.58,82(41,54)	4.37,61(38,79)	5.15,12(37,51)	
13	Andreas Manum Hagby	95	Asker SK	5.15,89	333
	34,09(34,09)	1.12,45(38,36)	1.52,33(39,88)	2.32,26(39,93)	
	3.12,82(40,56)	3.53,91(41,09)	4.35,61(41,70)	5.15,89(40,28)	
14	Stian Nilsen	95	Trondheim SLK	5.16,05	333
	34,29(34,29)	1.13,35(39,06)	1.53,93(40,58)	2.34,08(40,15)	
	3.14,56(40,48)	3.54,97(40,41)	4.35,65(40,68)	5.16,05(40,40)	
15	Daniel Sandhåland	95	Karmøy SK	5.18,58	325
	35,49(35,49)	1.14,80(39,31)	1.55,49(40,69)	2.36,44(40,95)	
	3.17,31(40,87)	3.58,40(41,09)	4.38,92(40,52)	5.18,58(39,66)	
16	Daniel Haugen Ngwenya	95	Trondheim SLK	5.21,25	317
	37,58(37,58)	1.17,73(40,15)	1.58,37(40,64)	2.39,51(41,14)	
	3.19,95(40,44)	4.00,58(40,63)	4.42,00(41,42)	5.21,25(39,25)	
17	Jørgen Gundersen	95	Skjetten Svømming	5.25,18	305
	35,35(35,35)	1.16,05(40,70)	1.57,05(41,00)	2.38,89(41,84)	
	3.20,14(41,25)	4.01,79(41,65)	4.43,98(42,19)	5.25,18(41,20)	
18	Anders Erichsen Torvanger	95	Lambertseter SK	5.31,72	288
	35,74(35,74)	1.15,62(39,88)	1.57,46(41,84)	2.40,24(42,78)	
	3.23,28(43,04)	4.07,15(43,87)	4.50,15(43,00)	5.31,72(41,57)	

## Øvelse 5. 400m fri, jenter født 1994

1p	Eva Marie Østerhus	94	Sola SK	4.38,71	653
	31,14(31,14)	1.05,14(34,00)	1.40,42(35,28)	2.16,75(36,33)	
	2.53,01(36,26)	3.29,02(36,01)	4.04,40(35,38)	4.38,71(34,31)	
2p	Karoline Pedersen	94	Bergen SLK	4.46,84	599
	32,62(32,62)	1.08,73(36,11)	1.45,41(36,68)	2.22,14(36,73)	
	2.58,64(36,50)	3.35,07(36,43)	4.11,75(36,68)	4.46,84(35,09)	
3p	Veronica Orheim Bjørlykke	94	Aalesund SLK	4.50,19	578
	32,73(32,73)	1.08,47(35,74)	1.45,08(36,61)	2.22,19(37,11)	
	2.59,02(36,83)	3.36,38(37,36)	4.14,00(37,62)	4.50,19(36,19)	
4	Stine Lise Stenseth	94	Øvre Eiker SK	4.51,32	571
	32,73(32,73)	1.08,43(35,70)	1.45,25(36,82)	2.22,10(36,85)	
	2.59,01(36,91)	3.36,31(37,30)	4.14,44(38,13)	4.51,32(36,88)	
5	Marie Øverland	94	Vestkantsvømmerne	4.52,17	566
	32,35(32,35)	1.08,23(35,88)	1.44,77(36,54)	2.21,68(36,91)	
	3.00,22(38,54)	3.38,71(38,49)	4.16,26(37,55)	4.52,17(35,91)	
6	Julie Rønningsen	94	Lambertseter SK	4.52,81	563
	32,39(32,39)	1.08,27(35,88)	1.45,23(36,96)	2.23,03(37,80)	
	3.00,93(37,90)	3.38,63(37,70)	4.16,50(37,87)	4.52,81(36,31)	
7	Hanne Lockertsen	94	Tromsø SK	4.53,72	558
	32,95(32,95)	1.08,83(35,88)	1.45,40(36,57)	2.22,61(37,21)	
	3.00,16(37,55)	3.37,75(37,59)	4.16,25(38,50)	4.53,72(37,47)	
8	Andrea Hestdal	94	Åstveit SK	4.58,65	530
	33,64(33,64)	1.10,94(37,30)	1.49,18(38,24)	2.27,08(37,90)	
	3.04,86(37,78)	3.42,59(37,73)	4.20,91(38,32)	4.58,65(37,74)	
9	Oda Haagenen	94	Haldens SK	4.59,69	525
	32,60(32,60)	1.09,46(36,86)	1.47,22(37,76)	2.25,62(38,40)	
	3.03,91(38,29)	3.42,80(38,89)	4.21,97(39,17)	4.59,69(37,72)	
10	Birgitte Søfteland	94	Kongstensvømmerne	5.01,52	515
	32,38(32,38)	1.09,40(37,02)	1.47,24(37,84)	2.25,82(38,58)	
	3.04,39(38,57)	3.43,17(38,78)	4.22,92(39,75)	5.01,52(38,60)	
11	Lotte Thommesen	94	Poseidon	5.03,69	504
	34,12(34,12)	1.12,50(38,38)	1.51,99(39,49)	2.31,45(39,46)	
	3.10,06(38,61)	3.48,65(38,59)	4.26,90(38,25)	5.03,69(36,79)	
12	Luna Elisabeth Søgaard	94	Lambertseter SK	5.07,57	486
	34,91(34,91)	1.13,07(38,16)	1.51,78(38,71)	2.31,35(39,57)	
	3.11,13(39,78)	3.50,63(39,50)	4.30,31(39,68)	5.07,57(37,26)	
13	Kristin Vegsund Klungreseth	94	Aalesund SLK	5.09,50	476
	35,38(35,38)	1.14,52(39,14)	1.53,68(39,16)	2.32,29(38,61)	
	3.11,04(38,75)	3.50,76(39,72)	4.30,60(39,84)	5.09,50(38,90)	
14	Maren Larsen	94	Madla SK	5.10,33	473
	34,21(34,21)	1.12,35(38,14)	1.51,79(39,44)	2.31,75(39,96)	
	3.11,96(40,21)	3.52,53(40,57)	4.32,26(39,73)	5.10,33(38,07)	
15	Marie-Elise Eriksen	94	Horten SK	5.11,56	467
	34,07(34,07)	1.12,13(38,06)	1.51,64(39,51)	2.31,94(40,30)	
	3.11,90(39,96)	3.52,16(40,26)	4.32,14(39,98)	5.11,56(39,42)	
16	Maren E.J. Bakke	94	Setermoen SK	5.11,85	466
	35,07(35,07)	1.13,88(38,81)	1.54,04(40,16)	2.34,57(40,53)	
	3.15,05(40,48)	3.55,33(40,28)	4.34,73(39,40)	5.11,85(37,12)	
17	Kristine Mathingsdal Pedersen	94	Farsund SK	5.12,18	464
	34,41(34,41)	1.13,18(38,77)	1.53,71(40,53)	2.34,70(40,99)	
	3.15,22(40,52)	3.55,46(40,24)	4.34,65(39,19)	5.12,18(37,53)	
18	Marthe Karlsen	94	SK Speed	5.16,35	446
	34,30(34,30)	1.13,93(39,63)	1.54,07(40,14)	2.34,54(40,47)	
	3.15,83(41,29)	3.56,62(40,79)	4.37,24(40,62)	5.16,35(39,11)	
19	Hanne Sofie L. Nilsen	94	Kristiansand SA	5.21,07	427
	34,48(34,48)	1.14,03(39,55)	1.54,77(40,74)	2.35,84(41,07)	
	3.17,93(42,09)	3.59,99(42,06)	4.41,50(41,51)	5.21,07(39,57)	

## Øvelse 6. 400m fri, gutter født 1994

1p	Kristoffer D. Birkeland	94	Florø SLK	4.36,14	499
	29,20(29,20)	1.03,59(34,39)	1.38,10(34,51)	2.12,84(34,74)	
	2.48,83(35,99)	3.24,84(36,01)	4.00,93(36,09)	4.36,14(35,21)	
2p	Morten Bordervich	94	Sola SK	4.47,78	441
	32,17(32,17)	1.07,11(34,94)	1.43,37(36,26)	2.19,96(36,59)	
	2.56,91(36,95)	3.34,41(37,50)	4.11,52(37,11)	4.47,78(36,26)	
3p	Thomas Myhrer	94	Askimsvømmerne	4.49,20	434
	31,26(31,26)	1.06,70(35,44)	1.43,37(36,67)	2.20,23(36,86)	
	2.57,05(36,82)	3.34,68(37,63)	4.12,61(37,93)	4.49,20(36,59)	
4	Kim Rune Hansen	94	Øvre Eiker SK	4.49,26	434
	31,80(31,80)	1.07,68(35,88)	1.44,06(36,38)	2.20,59(36,53)	
	2.57,64(37,05)	3.34,94(37,30)	4.12,18(37,24)	4.49,26(37,08)	
5	Oscar Slaatmo	94	Hamar IL	4.50,41	429
	31,83(31,83)	1.08,21(36,38)	1.45,09(36,88)	2.22,15(37,06)	
	3.00,21(38,06)	3.37,48(37,27)	4.14,64(37,16)	4.50,41(35,77)	
6	Markus Vindenes	94	Vestkantsvømmerne	4.51,29	425
	32,61(32,61)	1.09,26(36,65)	1.46,36(37,10)	2.23,54(37,18)	
	3.00,82(37,28)	3.38,52(37,70)	4.16,04(37,52)	4.51,29(35,25)	
7	Simen Alvestad	94	Karmøy SK	4.55,03	409
	31,78(31,78)	1.07,70(35,92)	1.44,27(36,57)	2.21,41(37,14)	
	2.59,74(38,33)	3.38,38(38,64)	4.16,74(38,36)	4.55,03(38,29)	
8	Sondre Biesmans	94	Florø SLK	4.55,58	407
	33,06(33,06)	1.10,02(36,96)	1.47,33(37,31)	2.25,10(37,77)	
	3.02,79(37,69)	3.40,81(38,02)	4.18,78(37,97)	4.55,58(36,80)	
9	Henrik Wathne	94	Asker SK	4.56,65	403
	32,14(32,14)	1.07,84(35,70)	1.44,60(36,76)	2.22,56(37,96)	
	3.01,37(38,81)	3.40,19(38,82)	4.18,76(38,57)	4.56,65(37,89)	
10	Ole Martin Fure	94	Kristiansund SLK	4.58,42	395
	32,64(32,64)	1.09,71(37,07)	1.47,78(38,07)	2.26,01(38,23)	
	3.04,21(38,20)	3.42,93(38,72)	4.21,53(38,60)	4.58,42(36,89)	
11	Kjetil Flatland	94	Lørenskog/Rælingen	4.58,78	394
	34,29(34,29)	1.12,26(37,97)	1.50,48(38,22)	2.28,94(38,46)	
	3.06,21(37,27)	3.44,17(37,96)	4.22,46(38,29)	4.58,78(36,32)	
12	Patrik Andre Solheim	94	Sarpsborg IL	5.02,34	380
	32,98(32,98)	1.10,21(37,23)	1.47,85(37,64)	2.26,11(38,26)	
	3.05,33(39,22)	3.44,44(39,11)	4.23,82(39,38)	5.02,34(38,52)	
13	Kristian Henanger	94	Lambertseter SK	5.06,15	366
	33,46(33,46)	1.12,29(38,83)	1.52,14(39,85)	2.31,49(39,35)	
	3.10,83(39,34)	3.49,77(38,94)	4.28,73(38,96)	5.06,15(37,42)	
14	Viktor Hellerud	94	Lambertseter SK	5.06,52	365
	33,83(33,83)	1.11,78(37,95)	1.51,28(39,50)	2.30,46(39,18)	
	3.09,79(39,33)	3.49,79(40,00)	4.29,17(39,38)	5.06,52(37,35)	
15	Henrik Knudsen	94	Stavanger SC	5.07,42	362
	32,79(32,79)	1.11,00(38,21)	1.49,57(38,57)	2.28,98(39,41)	
	3.09,00(40,02)	3.49,38(40,38)	4.29,42(40,04)	5.07,42(38,00)	
16	Fredrik K Hegdal	94	Stavanger SC	5.07,82	360
	33,72(33,72)	1.12,28(38,56)	1.51,70(39,42)	2.31,69(39,99)	
	3.10,92(39,23)	3.50,70(39,78)	4.30,45(39,75)	5.07,82(37,37)	
17	Christian Christiansen	94	Kristiansund SLK	5.07,83	360
	35,30(35,30)	1.13,03(37,73)	1.52,20(39,17)	2.31,98(39,78)	
	3.12,00(40,02)	3.51,80(39,80)	4.30,75(38,95)	5.07,83(37,08)	
	Morgan Lund	94	Askimsvømmerne	DISK	

## Øvelse 7. 400m fri, jenter født 1993

1p	Siri Eva Kristiansen	93	Asker SK	4.29,64	721
	31,21(31,21)	1.05,05(33,84)	1.39,52(34,47)	2.14,04(34,52)	
	2.48,19(34,15)	3.22,39(34,20)	3.56,85(34,46)	4.29,64(32,79)	
2p	Susann Bjørnsen	93	Setermoen SK	4.38,24	656
	30,13(30,13)	1.04,27(34,14)	1.40,10(35,83)	2.16,26(36,16)	
	2.51,97(35,71)	3.27,79(35,82)	4.03,79(36,00)	4.38,24(34,45)	
3p	Ida Arnøy	93	Lørenskog/Rælingen	4.43,67	619
	32,34(32,34)	1.07,58(35,24)	1.43,97(36,39)	2.20,66(36,69)	
	2.56,71(36,05)	3.32,65(35,94)	4.08,32(35,67)	4.43,67(35,35)	
4	Pia Cornelia Braarud	93	Lambertseter SK	4.45,02	610
	31,85(31,85)	1.06,37(34,52)	1.42,05(35,68)	2.18,42(36,37)	
	2.55,20(36,78)	3.31,93(36,73)	4.08,62(36,69)	4.45,02(36,40)	
5	Christiana Bjørkli	93	Trondheim SLK	4.45,81	605
	33,29(33,29)	1.08,60(35,31)	1.44,73(36,13)	2.20,97(36,24)	
	2.57,45(36,48)	3.33,85(36,40)	4.10,07(36,22)	4.45,81(35,74)	
6	Bitte Fagermo	93	Narvik SK	4.47,49	595
	33,58(33,58)	1.09,64(36,06)	1.45,87(36,23)	2.22,36(36,49)	
	2.58,71(36,35)	3.35,48(36,77)	4.11,72(36,24)	4.47,49(35,77)	
7	Jacqueline Knutsson	93	Kongstensvømmerne	4.48,01	591
	32,17(32,17)	1.08,19(36,02)	1.45,03(36,84)	2.22,06(37,03)	
	2.58,76(36,70)	3.36,08(37,32)	4.12,54(36,46)	4.48,01(35,47)	
8	Stina Kajsa Colleou	93	Lambertseter SK	4.50,11	579
	32,61(32,61)	1.08,47(35,86)	1.45,04(36,57)	2.21,65(36,61)	
	2.58,63(36,98)	3.35,89(37,26)	4.11,31(35,42)	4.50,11(38,80)	
9	Stine Vik Olsen	93	Kristiansund SLK	4.50,48	576
	31,60(31,60)	1.07,13(35,53)	1.43,81(36,68)	2.20,96(37,15)	
	2.58,78(37,82)	3.36,51(37,73)	4.13,74(37,23)	4.50,48(36,74)	
10	Stine Vindenes	93	Vestkantsvømmerne	4.51,81	569
	33,55(33,55)	1.09,98(36,43)	1.47,02(37,04)	2.24,64(37,62)	
	3.01,65(37,01)	3.38,98(37,33)	4.15,98(37,00)	4.51,81(35,83)	
11	Fanny Moen Pettersen	93	Øvre Eiker SK	4.54,88	551
	33,09(33,09)	1.09,43(36,34)	1.46,46(37,03)	2.23,95(37,49)	
	3.01,80(37,85)	3.39,86(38,06)	4.18,20(38,34)	4.54,88(36,68)	
12	Siren Bergslid	93	Stavanger SC	4.54,91	551
	33,02(33,02)	1.09,54(36,52)	1.46,97(37,43)	2.24,54(37,57)	
	3.02,26(37,72)	3.40,04(37,78)	4.18,07(38,03)	4.54,91(36,84)	
13	Monica Brandsborg	93	Kolbotn IL	4.58,11	533
	32,98(32,98)	1.09,64(36,66)	1.47,08(37,44)	2.24,92(37,84)	
	3.02,85(37,93)	3.41,38(38,53)	4.20,27(38,89)	4.58,11(37,84)	
14	Stine Kristoffersen	93	Frisinn SK	4.59,20	527
	33,44(33,44)	1.10,16(36,72)	1.47,37(37,21)	2.25,25(37,88)	
	3.02,88(37,63)	3.41,36(38,48)	4.20,55(39,19)	4.59,20(38,65)	
15	Ingrid Elise Woll	93	Narvik SK	5.01,72	514
	33,92(33,92)	1.10,51(36,59)	1.48,33(37,82)	2.26,58(38,25)	
	3.04,73(38,15)	3.43,91(39,18)	4.23,21(39,30)	5.01,72(38,51)	
16	Lene Ådlandsvik	93	Elverum Svømming	5.03,28	506
	33,98(33,98)	1.10,67(36,69)	1.48,23(37,56)	2.27,14(38,91)	
	3.06,04(38,90)	3.45,20(39,16)	4.24,97(39,77)	5.03,28(38,31)	
17	Zoe Oprel	93	Vågsbygd SLK	5.05,68	495
	33,43(33,43)	1.11,40(37,97)	1.50,67(39,27)	2.30,52(39,85)	
	3.10,41(39,89)	3.49,79(39,38)	4.27,17(37,38)	5.05,68(38,51)	
18	Tonje Stæhr Petersen	93	Moss SK	5.10,56	472
	33,79(33,79)	1.13,00(39,21)	1.52,93(39,93)	2.33,54(40,61)	
	3.12,68(39,14)	3.52,92(40,24)	4.33,33(40,41)	5.10,56(37,23)	

## Øvelse 8. 400m fri, gutter født 1993

1p	Zoltan Csernai	93	Åstveit SK	4.14,30	639
	28,23(28,23)	59,77(31,54)	1.32,43(32,66)	2.05,25(32,82)	
	2.38,18(32,93)	3.11,09(32,91)	3.43,78(32,69)	4.14,30(30,52)	
2p	Martin Hammer	93	Kongstensvømmerne	4.14,38	639
	28,78(28,78)	1.00,30(31,52)	1.32,82(32,52)	2.05,68(32,86)	
	2.38,24(32,56)	3.11,04(32,80)	3.43,91(32,87)	4.14,38(30,47)	
3p	Hans Østerdal	93	Stavanger SC	4.17,81	613
	28,91(28,91)	1.00,46(31,55)	1.33,53(33,07)	2.06,65(33,12)	
	2.39,89(33,24)	3.13,12(33,23)	3.46,33(33,21)	4.17,81(31,48)	
4	Sander Rødje	93	Haugesund SK	4.18,16	611
	29,47(29,47)	1.01,76(32,29)	1.34,17(32,41)	2.07,38(33,21)	
	2.40,61(33,23)	3.13,75(33,14)	3.46,58(32,83)	4.18,16(31,58)	
5	Mats Gøran Høgenhaug	93	Namsos SK	4.18,61	608
	29,10(29,10)	1.00,81(31,71)	1.33,41(32,60)	2.06,45(33,04)	
	2.39,82(33,37)	3.13,28(33,46)	3.46,72(33,44)	4.18,61(31,89)	
6	Hans Kristian Andersen	93	Florø SLK	4.24,93	565
	29,99(29,99)	1.03,58(33,59)	1.38,35(34,77)	2.13,19(34,84)	
	2.47,60(34,41)	3.22,21(34,61)	3.54,56(32,35)	4.24,93(30,37)	
7	Øyvind L. Styrmo	93	Delfana	4.24,98	565
	29,49(29,49)	1.01,70(32,21)	1.34,51(32,81)	2.08,09(33,58)	
	2.42,00(33,91)	3.16,52(34,52)	3.51,26(34,74)	4.24,98(33,72)	
8	Thorbjørn Birkeland	93	Haugesund SK	4.27,30	550
	30,18(30,18)	1.03,66(33,48)	1.37,86(34,20)	2.12,05(34,19)	
	2.46,41(34,36)	3.20,27(33,86)	3.55,02(34,75)	4.27,30(32,28)	
9	Ingvar V. Skirbekk	93	Elverum Svømming	4.27,59	549
	29,85(29,85)	1.02,91(33,06)	1.36,83(33,92)	2.10,69(33,86)	
	2.45,04(34,35)	3.19,35(34,31)	3.54,17(34,82)	4.27,59(33,42)	
10	Christian Juvik	93	Stavanger SC	4.33,62	513
	29,25(29,25)	1.02,89(33,64)	1.37,54(34,65)	2.12,68(35,14)	
	2.48,15(35,47)	3.24,13(35,98)	3.59,65(35,52)	4.33,62(33,97)	
11	Peder Haagensli	93	Larvik SK	4.33,70	513
	30,72(30,72)	1.04,98(34,26)	1.39,72(34,74)	2.14,73(35,01)	
	2.49,81(35,08)	3.25,03(35,22)	4.00,43(35,40)	4.33,70(33,27)	
12	Eirik Lindhjem	93	Lørenskog/Rælingen	4.33,76	512
	32,06(32,06)	1.06,30(34,24)	1.40,60(34,30)	2.15,55(34,95)	
	2.50,01(34,46)	3.25,23(35,22)	3.59,80(34,57)	4.33,76(33,96)	
13	Robin Sell Dyngeland	93	Åstveit SK	4.37,56	492
	30,14(30,14)	1.03,91(33,77)	1.38,21(34,30)	2.13,28(35,07)	
	2.48,69(35,41)	3.24,59(35,90)	4.01,18(36,59)	4.37,56(36,38)	
14	Henry Emil Nordhagen	93	Bærumsvømmerne	4.38,75	485
	31,06(31,06)	1.06,16(35,10)	1.41,29(35,13)	2.16,51(35,22)	
	2.51,82(35,31)	3.27,47(35,65)	4.03,25(35,78)	4.38,75(35,50)	
15	Christopher Wolf	93	Vestbyen IL	4.39,33	482
	31,69(31,69)	1.06,83(35,14)	1.42,32(35,49)	2.17,84(35,52)	
	2.53,56(35,72)	3.29,48(35,92)	4.04,99(35,51)	4.39,33(34,34)	
16	Anders S. Jordheim	93	Vestkantsvømmerne	4.42,16	468
	31,96(31,96)	1.06,88(34,92)	1.42,64(35,76)	2.18,32(35,68)	
	2.54,38(36,06)	3.30,46(36,08)	4.06,78(36,32)	4.42,16(35,38)	
17	Runar Borgen	93	Bodø SK	4.44,35	457
	32,53(32,53)	1.07,97(35,44)	1.43,94(35,97)	2.20,37(36,43)	
	2.56,50(36,13)	3.33,33(36,83)	4.09,88(36,55)	4.44,35(34,47)	
18	Aleksander Sire	93	Modum SK	4.54,71	411
	32,92(32,92)	1.09,70(36,78)	1.46,42(36,72)	2.23,92(37,50)	
	3.00,90(36,98)	3.39,15(38,25)	4.17,21(38,06)	4.54,71(37,50)	



## Øvelse 9. 400m fri, jenter født 1992

1p	Elin Slaatmo	92	Hamar IL	4.26,53	746
	30,95(30,95)	1.04,05(33,10)	1.37,85(33,80)	2.11,89(34,04)	
	2.46,12(34,23)	3.20,40(34,28)	3.54,18(33,78)	4.26,53(32,35)	
2p	Siri N. Andersen	92	Haldens SK	4.28,53	730
	31,51(31,51)	1.04,93(33,42)	1.38,66(33,73)	2.12,28(33,62)	
	2.46,14(33,86)	3.20,54(34,40)	3.54,85(34,31)	4.28,53(33,68)	
3p	Emma Isdahl	92	Lambertseter SK	4.32,77	696
	31,38(31,38)	1.05,27(33,89)	1.39,77(34,50)	2.14,33(34,56)	
	2.49,01(34,68)	3.23,67(34,66)	3.58,98(35,31)	4.32,77(33,79)	
4	Siri Anette Sønju	92	Øvre Eiker SK	4.32,97	695
	31,52(31,52)	1.05,65(34,13)	1.40,32(34,67)	2.15,10(34,78)	
	2.49,68(34,58)	3.24,77(35,09)	3.59,96(35,19)	4.32,97(33,01)	
5	Terese Fosby	92	Kongstensvømmerne	4.38,19	656
	31,51(31,51)	1.05,40(33,89)	1.40,21(34,81)	2.15,49(35,28)	
	2.50,93(35,44)	3.26,66(35,73)	4.02,71(36,05)	4.38,19(35,48)	
6	Victoria Rung	92	Frisinn SK	4.40,10	643
	31,83(31,83)	1.06,39(34,56)	1.41,96(35,57)	2.17,66(35,70)	
	2.53,43(35,77)	3.29,30(35,87)	4.05,81(36,51)	4.40,10(34,29)	
7	Oona Ovesen	92	Elverum Svømming	4.40,24	642
	31,40(31,40)	1.06,26(34,86)	1.41,65(35,39)	2.17,52(35,87)	
	2.53,65(36,13)	3.29,73(36,08)	4.05,65(35,92)	4.40,24(34,59)	
8	Seline Vike Holm	92	Arna SLK	4.45,02	610
	31,74(31,74)	1.06,37(34,63)	1.41,99(35,62)	2.17,93(35,94)	
	2.54,30(36,37)	3.31,27(36,97)	4.08,46(37,19)	4.45,02(36,56)	
9	Emilie Hellerud	92	Lambertseter SK	4.45,24	609
	31,26(31,26)	1.05,82(34,56)	1.42,04(36,22)	2.18,86(36,82)	
	2.55,69(36,83)	3.32,61(36,92)	4.09,56(36,95)	4.45,24(35,68)	
10	Hanne Sjøfteland	92	Delfana	4.47,34	596
	32,82(32,82)	1.08,91(36,09)	1.45,09(36,18)	2.21,37(36,28)	
	2.58,15(36,78)	3.35,36(37,21)	4.12,01(36,65)	4.47,34(35,33)	
11	Ingse Bergh Monsen	92	Bergens SC	4.48,54	588
	32,69(32,69)	1.08,01(35,32)	1.44,09(36,08)	2.20,97(36,88)	
	2.57,81(36,84)	3.34,95(37,14)	4.12,00(37,05)	4.48,54(36,54)	
12	Andrea Haugstad	92	Vestkantsvømmerne	4.48,88	586
	32,70(32,70)	1.09,15(36,45)	1.45,91(36,76)	2.22,68(36,77)	
	2.59,30(36,62)	3.36,50(37,20)	4.13,54(37,04)	4.48,88(35,34)	
13	Iselin Mjøllner Dahlen	92	Skjetten Svømming	4.50,68	575
	33,59(33,59)	1.10,44(36,85)	1.47,55(37,11)	2.25,15(37,60)	
	3.01,93(36,78)	3.38,58(36,65)	4.15,05(36,47)	4.50,68(35,63)	
14	Sophia Broberg Skeltved	92	Tromsø SK	4.51,14	573
	32,78(32,78)	1.09,32(36,54)	1.46,14(36,82)	2.23,31(37,17)	
	2.59,78(36,47)	3.37,42(37,64)	4.14,34(36,92)	4.51,14(36,80)	
15	Benedicte Kausland	92	Vestkantsvømmerne	4.52,29	566
	33,05(33,05)	1.09,64(36,59)	1.46,50(36,86)	2.23,61(37,11)	
	3.01,04(37,43)	3.38,61(37,57)	4.15,72(37,11)	4.52,29(36,57)	
16	Elisabeth Kristiansen	92	Haugesund SK	4.52,62	564
	32,98(32,98)	1.09,26(36,28)	1.46,18(36,92)	2.23,82(37,64)	
	3.01,52(37,70)	3.39,01(37,49)	4.16,39(37,38)	4.52,62(36,23)	
17	Mina-Louise Bekk Berggren	92	Lambertseter SK	4.56,14	544
	33,40(33,40)	1.10,05(36,65)	1.48,12(38,07)	2.26,30(38,18)	
	3.03,71(37,41)	3.40,68(36,97)	4.17,83(37,15)	4.56,14(38,31)	
18	Marthe Berg Sørensen	92	Frisinn SK	5.01,21	517
	32,96(32,96)	1.10,57(37,61)	1.49,36(38,79)	2.27,73(38,37)	
	3.06,62(38,89)	3.45,58(38,96)	4.24,15(38,57)	5.01,21(37,06)	

## Øvelse 10. 400m fri, gutter født 1992

1p	Ole Martin Ree	92	Sola SK	4.14,28	639
	29,33(29,33)	1.01,60(32,27)	1.34,32(32,72)	2.06,93(32,61)	
	2.39,47(32,54)	3.11,28(31,81)	3.42,93(31,65)	4.14,28(31,35)	
2p	Jørn Nygård	92	Stavanger SC	4.17,47	616
	28,10(28,10)	59,30(31,20)	1.31,44(32,14)	2.04,45(33,01)	
	2.38,14(33,69)	3.11,77(33,63)	3.45,41(33,64)	4.17,47(32,06)	
3p	Martin P. Sletbakken	92	Sortland SLK	4.19,72	600
	29,39(29,39)	1.01,62(32,23)	1.34,52(32,90)	2.07,44(32,92)	
	2.40,75(33,31)	3.14,22(33,47)	3.48,77(34,55)	4.19,72(30,95)	
4	Espen Halhjem	92	Delfana	4.24,84	566
	28,86(28,86)	1.01,20(32,34)	1.34,58(33,38)	2.08,51(33,93)	
	2.42,69(34,18)	3.17,25(34,56)	3.51,49(34,24)	4.24,84(33,35)	
5	Sindre Lilledahl	92	Haugesund SK	4.26,01	558
	29,25(29,25)	1.02,55(33,30)	1.36,72(34,17)	2.11,19(34,47)	
	2.45,43(34,24)	3.19,69(34,26)	3.53,55(33,86)	4.26,01(32,46)	
6	Tore Skauge Bysting	92	Lørenskog/Rælingen	4.26,22	557
	30,54(30,54)	1.03,87(33,33)	1.37,80(33,93)	2.11,99(34,19)	
	2.45,26(33,27)	3.19,71(34,45)	3.53,84(34,13)	4.26,22(32,38)	
7	Eivind Johannesen	92	Åstveit SK	4.27,71	548
	30,23(30,23)	1.03,14(32,91)	1.36,94(33,80)	2.11,01(34,07)	
	2.45,40(34,39)	3.20,01(34,61)	3.54,54(34,53)	4.27,71(33,17)	
8	Sverre Næss	92	Sarpsborg IL	4.27,75	548
	29,24(29,24)	1.02,05(32,81)	1.35,38(33,33)	2.09,28(33,90)	
	2.43,13(33,85)	3.17,98(34,85)	3.53,14(35,16)	4.27,75(34,61)	
9	Hans Andre Pedersen	92	Sandefjord SK	4.28,88	541
	29,27(29,27)	1.02,68(33,41)	1.37,38(34,70)	2.12,29(34,91)	
	2.46,55(34,26)	3.21,67(35,12)	3.56,53(34,86)	4.28,88(32,35)	
10	Simen Andreassen	92	Florø SLK	4.30,07	534
	31,06(31,06)	1.06,04(34,98)	1.41,08(35,04)	2.15,34(34,26)	
	2.49,40(34,06)	3.22,55(33,15)	3.56,39(33,84)	4.30,07(33,68)	
11	Marius Graarud	92	Sarpsborg IL	4.30,50	531
	29,26(29,26)	1.02,44(33,18)	1.36,50(34,06)	2.11,10(34,60)	
	2.46,42(35,32)	3.20,21(33,79)	3.55,48(35,27)	4.30,50(35,02)	
12	Kenneth Bakkehaug	92	Sørreisa SK	4.32,49	519
	30,29(30,29)	1.04,16(33,87)	1.38,76(34,60)	2.14,11(35,35)	
	2.49,28(35,17)	3.23,91(34,63)	3.58,71(34,80)	4.32,49(33,78)	
13	Jonas Kirkeberg Jostad	92	Hamar IL	4.35,39	503
	29,54(29,54)	1.01,91(32,37)	1.35,78(33,87)	2.10,56(34,78)	
	2.46,46(35,90)	3.22,99(36,53)	3.59,35(36,36)	4.35,39(36,04)	
14	Lavrans Veierø Solli	92	Bergens SC	4.35,71	501
	31,17(31,17)	1.05,76(34,59)	1.41,15(35,39)	2.16,54(35,39)	
	2.51,88(35,34)	3.27,14(35,26)	4.02,52(35,38)	4.35,71(33,19)	
15	Andreas Mathingsdal Pedersen	92	Farsund SK	4.35,87	501
	31,01(31,01)	1.05,81(34,80)	1.40,99(35,18)	2.16,23(35,24)	
	2.51,44(35,21)	3.26,71(35,27)	4.02,12(35,41)	4.35,87(33,75)	
16	Sindre Mowatt Gruben	92	Bergens SC	4.37,83	490
	31,90(31,90)	1.06,26(34,36)	1.41,40(35,14)	2.16,63(35,23)	
	2.51,92(35,29)	3.27,53(35,61)	4.03,31(35,78)	4.37,83(34,52)	
17	Håkon M. Haga	92	Kirkenes SK	4.38,93	484
	30,34(30,34)	1.04,36(34,02)	1.38,70(34,34)	2.14,05(35,35)	
	2.49,92(35,87)	3.26,57(36,65)	4.03,24(36,67)	4.38,93(35,69)	
18	Alexander Schüssler	92	Lambertseter SK	4.46,43	447
	31,52(31,52)	1.08,19(36,67)	1.45,00(36,81)	2.21,24(36,24)	
	2.57,87(36,63)	3.34,81(36,94)	4.10,96(36,15)	4.46,43(35,47)	

Lørdag 14.04.2007 kl 10.00

## Øvelse 11. 100m rygg, jenter født 1996

1p	Vår Celine Sjøgaard 38,49(38,49)	96	Lambertseter SK	(0,67)	1.20,04	387
2p	Nora Olsen Tangen 40,86(40,86)	96	Oslo IL	(0,69)	1.23,13	345
2p	Tina Schütz 39,78(39,78)	96	Vestkantsvømmerne	(0,68)	1.23,13	345
4	Maria Clausen 40,11(40,11)	96	Madla SK	(0,79)	1.23,22	344
5	Helle Gusjås 41,58(41,58)	96	Fauske SK	(0,80)	1.24,59	328
6	Helene Strømnes 41,09(41,09)	96	Kongstensvømmerne	(1,00)	1.25,25	320
7	Amalie Thorstensen 41,28(41,28)	96	Vågsbygd SLK	(0,56)	1.25,57	317
8	Nehna-Louise Møller-Pettersen 41,79(41,79)	96	Oslo IL	(0,76)	1.26,25	309
9	Christine Akselberg 41,96(41,96)	96	Arna SLK	(0,73)	1.26,74	304
10	Marte Stamland 41,57(41,57)	96	Poseidon	(0,63)	1.27,21	299
11	Eirin Woldsæter	96	Moss SK	(0,64)	1.28,89	283
12	Silje Sofie Moum 44,06(44,06)	96	Kongstensvømmerne	(0,86)	1.29,96	273
13	Vilde Tengedal 43,57(43,57)	96	Bryne SK	(0,73)	1.30,01	272
14	Sigrid Kosmo Holm 44,42(44,42)	96	Fauske SK	(0,74)	1.30,71	266
15	Stina Victoria Nordberg 44,10(44,10)	96	Lambertseter SK	(0,67)	1.30,75	265
16	Emilie Elise Woll 44,85(44,85)	96	Narvik SK	(0,79)	1.32,70	249
17	Elida Hole 47,68(47,68)	96	Vestkantsvømmerne	(0,64)	1.39,84	199
	Emilie K. Hegdal	96	Stavanger SC		DISK	

## Øvelse 12. 100m rygg, gutter født 1996

1p	Philip R. Solheim 38,31(38,31)	96	Sarpsborg IL	(0,59)	1.19,55	268
2p	Grunde Myhrer 38,74(38,74)	96	Lambertseter SK	(0,58)	1.20,79	256
3p	Jone Rugland 39,46(39,46)	96	Vestkantsvømmerne	(0,67)	1.21,81	247
4	Rasmus Skjærpe 39,52(39,52)	96	Elverum Svømming	(0,53)	1.22,22	243
5	Fransiscus Drake Bruseth 39,76(39,76)	96	Larvik SK	(0,53)	1.22,59	240
6	Sander Andersen 39,79(39,79)	96	Poseidon	(0,67)	1.22,62	239
7	Tage Singstad 39,58(39,58)	96	Vestbyen IL	(0,65)	1.24,40	225
8	Mathias Thorkildsen 41,91(41,91)	96	Bærumsvømmerne	(0,59)	1.26,48	209
9	Bendik Søfteland 41,75(41,75)	96	Kongstensvømmerne	(0,71)	1.26,90	206

10	Armin Porobic	96	Karmøy SK	(0,70)	1.27,03	205
	42,46(42,46)	1.27,03(44,57)				
11	Morten Wee Hollund	96	Karmøy SK	(0,67)	1.27,92	199
	44,02(44,02)	1.27,92(43,90)				
12	Ole Martin Bjørlykke	96	Aalesund SLK	(0,84)	1.29,31	189
	43,75(43,75)	1.29,31(45,56)				
13	Sander Sivertsen	96	Vestkantsvømmerne	(0,57)	1.30,99	179
	43,34(43,34)	1.30,99(47,65)				
14	Steffen Vike Holm	96	Arna SLK	(0,62)	1.32,48	171
	43,79(43,79)	1.32,48(48,69)				
15	Kristoffer Rosmo	96	Lambertseter SK	(0,69)	1.33,07	167
	45,53(45,53)	1.33,07(47,54)				
16	Knut Oscar Skipperud	96	Askimsvømmerne	(0,71)	1.33,08	167
17	Simen Halvorsen	96	Florø SLK	(0,65)	1.34,59	159
	45,16(45,16)	1.34,59(49,43)				
18	Thomas Cheung	96	Lambertseter SK	(0,77)	1.37,79	144
	47,07(47,07)	1.37,79(50,72)				

## Øvelse 13. 200m rygg, jenter født 1995

1p	Aslaug Marie Hjelmaas	95	Bergen SLK	(0,72)	2.39,51	486
	35,76(35,76)	1.16,09(40,33)	1.58,38(42,29)	2.39,51(41,13)		
2p	Andrea Westbye	95	Bærumsvømmerne	(0,63)	2.39,52	486
	37,41(37,41)	1.18,11(40,70)	1.59,72(41,61)	2.39,52(39,80)		
3p	Henriette Brattøy Westerheim	95	Kristiansund SLK	(0,69)	2.47,36	420
	39,93(39,93)	1.21,91(41,98)	2.05,60(43,69)	2.47,36(41,76)		
4	Eirin Jakobsen Avlund	95	Lambertseter SK	(0,61)	2.48,21	414
	39,10(39,10)	1.21,44(42,34)	2.05,74(44,30)	2.48,21(42,47)		
5	Malin Haga	95	Stavanger SC	(0,81)	2.49,01	408
	38,95(38,95)	1.21,77(42,82)	2.06,02(44,25)	2.49,01(42,99)		
6	Maria C. Johnsen	95	Moss SK	(0,91)	2.50,16	400
	39,97(39,97)	1.23,11(43,14)	2.07,33(44,22)	2.50,16(42,83)		
7	Emilie N. Løvberg	95	Bærumsvømmerne	(0,70)	2.50,19	400
	40,93(40,93)	1.24,56(43,63)	2.08,64(44,08)	2.50,19(41,55)		
8	Ane Nygård	95	Stavanger SC	(0,84)	2.50,43	398
	39,21(39,21)	1.22,67(43,46)	2.07,10(44,43)	2.50,43(43,33)		
9	Andrine Davidsen	95	Lambertseter SK	(0,74)	2.50,64	397
	39,98(39,98)	1.23,31(43,33)	2.08,14(44,83)	2.50,64(42,50)		
10	Christina Krogdahl	95	Karmøy SK	(1,06)	2.52,00	387
	40,86(40,86)	1.25,45(44,59)	2.10,54(45,09)	2.52,00(41,46)		
11	Ingalill Urrang Naustvik	95	Karmøy SK	(0,79)	2.53,14	380
	42,22(42,22)	1.26,88(44,66)	2.11,25(44,37)	2.53,14(41,89)		
12	Oda Almgren Lind	95	Oslo IL	(0,69)	2.53,20	379
	40,44(40,44)	1.24,35(43,91)	2.09,24(44,89)	2.53,20(43,96)		
13	Mari Kristoffersen	95	Frisinn SK	(0,71)	2.54,20	373
	40,96(40,96)	1.24,60(43,64)	2.09,66(45,06)	2.54,20(44,54)		
14	Mari Knutsen	95	Øvre Eiker SK	(0,91)	2.54,29	372
	41,17(41,17)	1.25,52(44,35)	2.10,54(45,02)	2.54,29(43,75)		
15	Alida Etterlid Jensen	95	Stord IL	(0,70)	2.54,80	369
	41,40(41,40)	1.25,90(44,50)	2.12,26(46,36)	2.54,80(42,54)		
16	Ellen Camilla Hansen	95	Øvre Eiker SK	(0,65)	2.56,73	357
	41,36(41,36)	1.25,93(44,57)	2.11,78(45,85)	2.56,73(44,95)		
17	Caroline R. Helgesen	95	Aalesund SLK	(0,72)	2.57,06	355
	41,44(41,44)	1.26,39(44,95)	2.12,34(45,95)	2.57,06(44,72)		
	Rachel Tømmervåg	95	Kristiansund SLK		DISK	

## Øvelse 14. 200m rygg, gutter født 1995

1p	Alexander Marki Mork	95	Stavanger SC	(0,75)	2.36,52	369
	35,76(35,76)	1.15,76(40,00)	1.57,12(41,36)	2.36,52(39,40)		
2p	Markus Lie	95	Åstveit SK	(0,65)	2.39,31	350
	36,91(36,91)	1.17,11(40,20)	1.58,68(41,57)	2.39,31(40,63)		
3p	Erik Amundsen	95	Poseidon	(0,71)	2.42,01	332
	37,70(37,70)	1.19,16(41,46)	2.01,53(42,37)	2.42,01(40,48)		
4	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,70)	2.44,32	319
	39,10(39,10)	1.21,05(41,95)	2.03,02(41,97)	2.44,32(41,30)		
5	Jakob Bernstein	95	Bærumsvømmerne	(0,62)	2.44,50	318
	38,00(38,00)	1.19,86(41,86)	2.03,05(43,19)	2.44,50(41,45)		
6	Mark Strømme	95	Bærumsvømmerne	(0,71)	2.44,81	316
	38,16(38,16)	1.20,23(42,07)	2.02,92(42,69)	2.44,81(41,89)		
7	Eirik Nielsen	95	Poseidon	(0,64)	2.47,27	302
	39,61(39,61)	1.22,70(43,09)	2.06,41(43,71)	2.47,27(40,86)		
8	Mathias Hammer	95	Kongstensvømmerne	(0,71)	2.50,77	284
	38,85(38,85)	1.22,19(43,34)	2.07,17(44,98)	2.50,77(43,60)		
9	Andreas Bjørkli	95	Setermoen SK	(0,73)	2.51,25	281
	39,40(39,40)	1.21,79(42,39)	2.07,47(45,68)	2.51,25(43,78)		
10	Anders Erichsen Torvanger	95	Lambertseter SK	(0,70)	2.51,42	281
	40,65(40,65)	1.23,95(43,30)	2.08,27(44,32)	2.51,42(43,15)		
11	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	(0,63)	2.54,18	267
	41,16(41,16)	1.25,89(44,73)	2.11,76(45,87)	2.54,18(42,42)		
12	Andreas Manum Hagby	95	Asker SK	(0,66)	2.56,31	258
	42,06(42,06)	1.26,87(44,81)	2.12,10(45,23)	2.56,31(44,21)		
13	Jørgen Gundersen	95	Skjetten Svømming	(0,65)	2.56,56	257
	41,62(41,62)	1.26,60(44,98)	2.11,84(45,24)	2.56,56(44,72)		
14	Stian Nilsen	95	Trondheim SLK	(0,64)	2.57,22	254
	41,53(41,53)	1.26,26(44,73)	2.13,19(46,93)	2.57,22(44,03)		
15	Martin Næss Kjølholdt	95	Kolbotn IL	(0,91)	2.57,38	253
	41,61(41,61)	1.27,53(45,92)	2.13,87(46,34)	2.57,38(43,51)		
16	Daniel Sandhåland	95	Karmøy SK	(0,79)	2.59,70	243
	43,18(43,18)	1.29,06(45,88)	2.15,41(46,35)	2.59,70(44,29)		
17	Theodor W. Thiis	95	Kristiansund SLK	(0,80)	3.01,19	238
	41,75(41,75)	1.28,36(46,61)	2.15,62(47,26)	3.01,19(45,57)		
18	Daniel Haugen Ngwenya	95	Trondheim SLK	(0,73)	3.07,28	215
	46,02(46,02)	1.33,88(47,86)	2.21,18(47,30)	3.07,28(46,10)		

## Øvelse 15. 200m rygg, jenter født 1994

1p	Lotte Thommesen	94	Poseidon	(0,82)	2.32,42	557
	35,78(35,78)	1.14,94(39,16)	1.54,68(39,74)	2.32,42(37,74)		
2p	Eva Marie Østerhus	94	Sola SK	(0,90)	2.34,00	540
	36,78(36,78)	1.15,24(38,46)	1.54,95(39,71)	2.34,00(39,05)		
3p	Stine Lise Stenseth	94	Øvre Eiker SK	(0,84)	2.36,72	512
	37,17(37,17)	1.16,22(39,05)	1.56,99(40,77)	2.36,72(39,73)		
4	Marie Øverland	94	Vestkantsvømmerne	(0,67)	2.39,41	487
	37,58(37,58)	1.17,95(40,37)	1.59,72(41,77)	2.39,41(39,69)		
5	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,67)	2.39,51	486
	36,97(36,97)	1.17,29(40,32)	1.59,01(41,72)	2.39,51(40,50)		
6	Hanne Lockertsen	94	Tromsø SK	(0,65)	2.40,15	480
	37,84(37,84)	1.18,13(40,29)	1.59,21(41,08)	2.40,15(40,94)		
7	Karoline Pedersen	94	Bergen SLK	(0,70)	2.40,34	478
	38,19(38,19)	1.18,74(40,55)	1.59,88(41,14)	2.40,34(40,46)		
8	Luna Elisabeth Søgaaard	94	Lambertseter SK	(0,79)	2.41,66	467
	39,17(39,17)	1.20,23(41,06)	2.01,40(41,17)	2.41,66(40,26)		
9	Julie Rønningsen	94	Lambertseter SK	(0,93)	2.41,86	465
	37,32(37,32)	1.18,10(40,78)	2.00,72(42,62)	2.41,86(41,14)		
10	Andrea Hestdal	94	Åstveit SK	(0,81)	2.44,10	446
	38,35(38,35)	1.19,67(41,32)	2.02,80(43,13)	2.44,10(41,30)		

11	Birgitte Søfteland	94	Kongstensvømmerne	(0,81)	2.45,23	437
	38,72(38,72)	1.20,01(41,29)	2.02,91(42,90)	2.45,23(42,32)		
12	Oda Haagensen	94	Haldens SK	(0,60)	2.45,59	434
	37,53(37,53)	1.19,97(42,44)	2.03,24(43,27)	2.45,59(42,35)		
13	Kristine Mathingsdal Pedersen	94	Farsund SK	(0,70)	2.45,87	432
	39,35(39,35)	1.21,07(41,72)	2.03,91(42,84)	2.45,87(41,96)		
14	Maren Larsen	94	Madla SK	(0,69)	2.46,01	431
	37,63(37,63)	1.19,80(42,17)	2.03,93(44,13)	2.46,01(42,08)		
15	Marie-Elise Eriksen	94	Horten SK	(0,80)	2.46,32	428
	38,40(38,40)	1.20,58(42,18)	2.03,93(43,35)	2.46,32(42,39)		
16	Kristin Vegsund Klungreseth	94	Aalesund SLK	(0,65)	2.49,14	407
	39,60(39,60)	1.22,04(42,44)	2.06,43(44,39)	2.49,14(42,71)		
17	Hanne Sofie L. Nilsen	94	Kristiansand SA	(0,68)	2.49,23	407
	39,01(39,01)	1.21,87(42,86)	2.06,18(44,31)	2.49,23(43,05)		
18	Maren E.J. Bakke	94	Setermoen SK	(0,70)	2.55,27	366
	41,51(41,51)	1.26,06(44,55)	2.11,44(45,38)	2.55,27(43,83)		
19	Marthe Karlsen	94	SK Speed	(0,70)	2.56,66	357
	40,80(40,80)	1.26,56(45,76)	2.12,35(45,79)	2.56,66(44,31)		

## Øvelse 16. 200m rygg, gutter født 1994

1p	Henrik Knudsen	94	Stavanger SC	(1,30)	2.31,19	409
	35,32(35,32)	1.13,74(38,42)	1.53,85(40,11)	2.31,19(37,34)		
2p	Kristoffer D. Birkeland	94	Florø SLK	(0,77)	2.32,83	396
	34,71(34,71)	1.13,77(39,06)	1.54,15(40,38)	2.32,83(38,68)		
3p	Sondre Biesmans	94	Florø SLK	(0,71)	2.35,14	379
	36,91(36,91)	1.15,99(39,08)	1.56,51(40,52)	2.35,14(38,63)		
4	Markus Vindenes	94	Vestkantsvømmerne	(0,61)	2.36,55	369
	36,15(36,15)	1.15,26(39,11)	1.56,16(40,90)	2.36,55(40,39)		
5	Thomas Myhrer	94	Askimsvømmerne	(0,78)	2.37,07	365
	34,77(34,77)	1.14,55(39,78)	1.56,78(42,23)	2.37,07(40,29)		
6	Christian Christiansen	94	Kristiansund SLK	(0,75)	2.37,73	360
	36,00(36,00)	1.14,74(38,74)	1.56,49(41,75)	2.37,73(41,24)		
7	Kristian Henanger	94	Lambertseter SK	(0,61)	2.40,72	341
	37,84(37,84)	1.18,57(40,73)	2.00,20(41,63)	2.40,72(40,52)		
8	Morten Bordervich	94	Sola SK	(0,78)	2.40,78	340
	37,64(37,64)	1.17,69(40,05)	1.59,76(42,07)	2.40,78(41,02)		
9	Simen Alvestad	94	Karmøy SK	(0,63)	2.41,27	337
	38,04(38,04)	1.19,23(41,19)	2.00,93(41,70)	2.41,27(40,34)		
10	Kjetil Flatland	94	Lørenskog/Rælingen	(0,74)	2.43,28	325
	39,86(39,86)	1.21,13(41,27)	2.02,18(41,05)	2.43,28(41,10)		
11	Ole Martin Fure	94	Kristiansund SLK	(0,71)	2.44,17	319
	38,36(38,36)	1.20,21(41,85)	2.02,92(42,71)	2.44,17(41,25)		
12	Henrik Wathne	94	Asker SK	(0,66)	2.44,61	317
	38,29(38,29)	1.19,99(41,70)	2.01,96(41,97)	2.44,61(42,65)		
13	Morgan Lund	94	Askimsvømmerne	(0,60)	2.46,98	304
	39,36(39,36)	1.22,09(42,73)	2.05,60(43,51)	2.46,98(41,38)		
14	Oscar Slaatmo	94	Hamar IL	(0,70)	2.47,00	304
	39,93(39,93)	1.23,63(43,70)	2.06,11(42,48)	2.47,00(40,89)		
15	Fredrik K Hegdal	94	Stavanger SC	(0,81)	2.47,57	300
	39,02(39,02)	1.22,18(43,16)	2.05,48(43,30)	2.47,57(42,09)		
16	Patrik Andre Solheim	94	Sarpsborg IL	(0,72)	2.48,90	293
	39,64(39,64)	1.22,12(42,48)	2.48,90(1.26,78)			
17	Kim Rune Hansen	94	Øvre Eiker SK	(0,67)	2.51,49	280
	41,04(41,04)	1.23,89(42,85)	2.06,11(42,22)	2.51,49(45,38)		
18	Viktor Hellerud	94	Lambertseter SK	(0,72)	2.52,22	277
	39,65(39,65)	1.23,62(43,97)	2.08,42(44,80)	2.52,22(43,80)		

## Øvelse 17. 200m rygg, jenter født 1993

1p	Siri Eva Kristiansen	93	Asker SK	(0,85)	2.24,57	653
	34,72(34,72)	1.10,85(36,13)	1.47,55(36,70)	2.24,57(37,02)		
2p	Bitte Fagermo	93	Narvik SK	(0,89)	2.29,35	592
	35,60(35,60)	1.13,56(37,96)	1.52,18(38,62)	2.29,35(37,17)		
3p	Ingrid Elise Woll	93	Narvik SK	(0,71)	2.29,44	591
	35,53(35,53)	1.13,32(37,79)	1.51,84(38,52)	2.29,44(37,60)		
4	Jacqueline Knutsson	93	Kongstensvømmerne	(0,64)	2.32,17	560
	35,57(35,57)	1.14,11(38,54)	1.53,52(39,41)	2.32,17(38,65)		
5	Stine Kristoffersen	93	Frisinn SK	(0,65)	2.34,06	539
	35,43(35,43)	1.13,90(38,47)	1.54,24(40,34)	2.34,06(39,82)		
6	Fanny Moen Pettersen	93	Øvre Eiker SK	(0,81)	2.34,61	533
	36,89(36,89)	1.15,99(39,10)	1.55,80(39,81)	2.34,61(38,81)		
7	Susann Bjørnsen	93	Setermoen SK	(0,89)	2.36,92	510
	36,10(36,10)	1.15,86(39,76)	1.57,12(41,26)	2.36,92(39,80)		
8	Ida Arnøy	93	Lørenskog/Rælingen	(0,78)	2.37,67	503
	37,08(37,08)	1.17,07(39,99)	1.57,80(40,73)	2.37,67(39,87)		
9	Stine Vindenes	93	Vestkantsvømmerne	(0,71)	2.37,87	501
	38,14(38,14)	1.18,48(40,34)	1.58,55(40,07)	2.37,87(39,32)		
10	Stina Kajsa Colleou	93	Lambertseter SK	(0,59)	2.38,27	497
	37,97(37,97)	1.18,19(40,22)	1.59,13(40,94)	2.38,27(39,14)		
11	Pia Cornelia Braarud	93	Lambertseter SK	(0,79)	2.38,72	493
	37,75(37,75)	1.17,69(39,94)	1.59,19(41,50)	2.38,72(39,53)		
12	Stine Vik Olsen	93	Kristiansund SLK	(0,88)	2.40,33	478
	37,43(37,43)	1.17,93(40,50)	1.59,66(41,73)	2.40,33(40,67)		
13	Siren Bergslid	93	Stavanger SC	(0,67)	2.41,06	472
	38,40(38,40)	1.19,10(40,70)	2.00,51(41,41)	2.41,06(40,55)		
14	Lene Ådlandsvik	93	Elverum Svømming	(0,83)	2.42,36	461
	38,64(38,64)	1.19,53(40,89)	2.01,35(41,82)	2.42,36(41,01)		
15	Christiana Bjørkli	93	Trondheim SLK	(0,62)	2.43,58	450
	39,22(39,22)	1.20,22(41,00)	2.01,87(41,65)	2.43,58(41,71)		
16	Zoe Oprel	93	Vågsbygd SLK	(0,76)	2.44,32	444
	37,85(37,85)	1.20,57(42,72)	2.03,18(42,61)	2.44,32(41,14)		
17	Tonje Stæhr Petersen	93	Moss SK	(0,80)	2.44,45	443
	38,63(38,63)	1.20,83(42,20)	2.04,14(43,31)	2.44,45(40,31)		
	Monica Brandsborg	93	Kolbotn IL		DISK	

## Øvelse 18. 200m rygg, gutter født 1993

1p	Sander Rødje	93	Haugesund SK	(0,69)	2.16,70	554
	31,96(31,96)	1.05,88(33,92)	1.41,48(35,60)	2.16,70(35,22)		
2p	Mats Gøran Høgenhaug	93	Namsos SK	(0,70)	2.18,40	534
	33,74(33,74)	1.09,07(35,33)	1.44,60(35,53)	2.18,40(33,80)		
3p	Zoltan Csernai	93	Åstveit SK	(0,66)	2.18,70	530
	32,04(32,04)	1.07,57(35,53)	1.43,85(36,28)	2.18,70(34,85)		
4	Christian Juvik	93	Stavanger SC	(0,83)	2.20,05	515
	31,54(31,54)	1.07,22(35,68)	1.44,33(37,11)	2.20,05(35,72)		
5	Øyvind L. Styrmoen	93	Delfana	(0,74)	2.20,88	506
	32,46(32,46)	1.07,83(35,37)	1.44,71(36,88)	2.20,88(36,17)		
6	Hans Østerdal	93	Stavanger SC	(0,71)	2.24,85	465
	32,74(32,74)	1.09,06(36,32)	1.47,35(38,29)	2.24,85(37,50)		
7	Runar Borgen	93	Bodø SK	(0,67)	2.27,15	444
	33,72(33,72)	1.10,89(37,17)	1.49,15(38,26)	2.27,15(38,00)		
8	Eirik Lindhjem	93	Lørenskog/Rælingen	(0,74)	2.27,88	437
	35,22(35,22)	1.12,36(37,14)	1.49,84(37,48)	2.27,88(38,04)		
9	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,81)	2.28,40	433
	34,59(34,59)	1.11,82(37,23)	1.50,23(38,41)	2.28,40(38,17)		
10	Anders S. Jordheim	93	Vestkantsvømmerne	(0,75)	2.29,33	425
	35,02(35,02)	1.12,71(37,69)	1.51,44(38,73)	2.29,33(37,89)		

11	Hans Kristian Andersen	93	Florø SLK	(0,69)	2.31,19	409
	34,66(34,66)	1.13,50(38,84)	1.52,65(39,15)		2.31,19(38,54)	
12	Martin Hammer	93	Kongstensvømmerne	(0,70)	2.33,59	390
	36,16(36,16)	1.15,20(39,04)	1.54,58(39,38)		2.33,59(39,01)	
13	Ingvar V. Skirbekk	93	Elverum Svømming	(0,61)	2.34,06	387
	36,17(36,17)	1.14,25(38,08)	1.54,43(40,18)		2.34,06(39,63)	
14	Christopher Wolf	93	Vestbyen IL	(0,65)	2.35,35	377
	37,95(37,95)	1.17,36(39,41)	1.56,77(39,41)		2.35,35(38,58)	
15	Robin Sell Dyngeland	93	Åstveit SK	(0,62)	2.36,19	371
	37,86(37,86)	1.18,01(40,15)	1.57,53(39,52)		2.36,19(38,66)	
16	Peder Haagensli	93	Larvik SK	(0,90)	2.36,69	368
	37,65(37,65)	1.17,30(39,65)	1.57,18(39,88)		2.36,69(39,51)	
17	Aleksander Sire	93	Modum SK	(0,76)	2.51,10	282
	40,23(40,23)	1.23,93(43,70)	2.07,84(43,91)		2.51,10(43,26)	
	Thorbjørn Birkeland	93	Haugesund SK		DISK	

## Øvelse 19. 200m rygg, jenter født 1992

1p	Siri Anette Sønju	92	Øvre Eiker SK	(0,66)	2.23,91	662
	34,36(34,36)	1.10,69(36,33)	1.46,85(36,16)		2.23,91(37,06)	
2p	Emma Isdahl	92	Lambertseter SK	(0,73)	2.27,43	615
	34,98(34,98)	1.12,09(37,11)	1.49,84(37,75)		2.27,43(37,59)	
3p	Oona Ovesen	92	Elverum Svømming	(0,65)	2.28,60	601
	34,83(34,83)	1.12,98(38,15)	1.51,00(38,02)		2.28,60(37,60)	
4	Seline Vike Holm	92	Arna SLK	(0,68)	2.29,23	593
	34,74(34,74)	1.12,18(37,44)	1.51,00(38,82)		2.29,23(38,23)	
5	Iselin Mjølner Dahlen	92	Skjetten Svømming	(0,68)	2.29,52	590
	35,11(35,11)	1.12,56(37,45)	1.51,11(38,55)		2.29,52(38,41)	
6	Benedicte Kausland	92	Vestkantsvømmerne	(0,76)	2.31,81	564
	36,19(36,19)	1.14,68(38,49)	1.53,97(39,29)		2.31,81(37,84)	
7	Siri N. Andersen	92	Haldens SK	(0,69)	2.32,09	560
	35,74(35,74)	1.14,41(38,67)	1.53,44(39,03)		2.32,09(38,65)	
8	Elisabeth Kristiansen	92	Haugesund SK	(0,80)	2.32,24	559
	35,14(35,14)	1.13,23(38,09)	1.53,36(40,13)		2.32,24(38,88)	
9	Ingse Bergh Monsen	92	Bergens SC	(0,74)	2.32,48	556
	36,72(36,72)	1.15,22(38,50)	1.54,09(38,87)		2.32,48(38,39)	
10	Victoria Rung	92	Frisinn SK	(0,70)	2.33,57	544
	36,27(36,27)	1.14,80(38,53)	1.54,11(39,31)		2.33,57(39,46)	
11	Mina-Louise Bekk Berggren	92	Lambertseter SK	(0,65)	2.36,14	518
	35,85(35,85)	1.14,64(38,79)	1.55,69(41,05)		2.36,14(40,45)	
12	Sophia Broberg Skeltved	92	Tromsø SK	(0,72)	2.36,28	517
	36,19(36,19)	1.15,07(38,88)	1.55,65(40,58)		2.36,28(40,63)	
13	Emilie Hellerud	92	Lambertseter SK	(0,64)	2.37,04	509
	36,55(36,55)	1.16,00(39,45)	1.56,82(40,82)		2.37,04(40,22)	
14	Elin Slaatmo	92	Hamar IL	(0,74)	2.37,05	509
	37,54(37,54)	1.17,18(39,64)	1.57,31(40,13)		2.37,05(39,74)	
15	Andrea Haugstad	92	Vestkantsvømmerne	(0,91)	2.38,01	500
	37,37(37,37)	1.17,58(40,21)	1.58,14(40,56)		2.38,01(39,87)	
16	Hanne Søfteland	92	Delfana	(0,75)	2.38,61	494
	37,35(37,35)	1.16,85(39,50)	1.57,94(41,09)		2.38,61(40,67)	
17	Terese Fosby	92	Kongstensvømmerne	(0,79)	2.39,17	489
	38,13(38,13)	1.18,31(40,18)	1.58,87(40,56)		2.39,17(40,30)	
18	Marthe Berg Sørensen	92	Frisinn SK	(0,88)	2.44,20	445
	37,85(37,85)	1.19,66(41,81)	2.02,47(42,81)		2.44,20(41,73)	



## Øvelse 20. 200m rygg, gutter født 1992

1p	Tore Skauge Bysting 33,08(33,08)	92	Lørenskog/Rælingen 1.07,57(34,49)	(0,59)	2.16,83	552
2p	Martin P. Sletbakken 32,55(32,55)	92	Sortland SLK 1.07,43(34,88)	(0,64)	2.18,65	531
3p	Kenneth Bakkehaug 33,19(33,19)	92	Sørreisa SK 1.08,34(35,15)	(0,60)	2.18,91	528
4	Lavrans Veierø Solli 34,12(34,12)	92	Bergens SC 1.10,37(36,25)	(0,68)	2.19,46	522
5	Hans Andre Pedersen 32,61(32,61)	92	Sandefjord SK 1.08,63(36,02)	(0,72)	2.21,50	499
6	Jonas Kirkeberg Jostad 33,85(33,85)	92	Hamar IL 1.08,59(34,74)	(0,80)	2.22,41	490
7	Jørn Nygård 33,58(33,58)	92	Stavanger SC 1.09,61(36,03)	(0,72)	2.23,39	480
8	Sverre Næss 32,80(32,80)	92	Sarpsborg IL 1.09,32(36,52)	(0,62)	2.23,67	477
9	Sindre Lilledahl 33,92(33,92)	92	Haugesund SK 1.10,79(36,87)	(0,60)	2.23,72	476
10	Sindre Mowatt Gruben 34,23(34,23)	92	Bergens SC 1.11,16(36,93)	(0,70)	2.24,70	467
11	Alexander Schüssler 34,06(34,06)	92	Lambertseter SK 1.11,24(37,18)	(0,62)	2.26,17	453
12	Håkon M. Haga 34,09(34,09)	92	Kirkenes SK 1.11,46(37,37)	(0,61)	2.26,70	448
13	Espen Halhjem 34,93(34,93)	92	Delfana 1.12,69(37,76)	(0,71)	2.28,97	428
14	Simen Andreassen 34,51(34,51)	92	Florø SLK 1.13,10(38,59)	(0,71)	2.30,42	416
15	Eivind Johannesen 36,23(36,23)	92	Åstveit SK 1.15,27(39,04)	(0,69)	2.34,01	387
16	Andreas Mathingsdal Pedersen 36,82(36,82)	92	Farsund SK 1.15,92(39,10)	(0,61)	2.34,34	385
17	Ole Martin Ree 36,08(36,08)	92	Sola SK 1.15,92(39,84)	(0,64)	2.34,78	381
18	Marius Graarud 38,47(38,47)	92	Sarpsborg IL 1.17,86(39,39)	(0,81)	2.38,52	355

## Lørdag 14.04.2007 kl 15.00

## Øvelse 21. 100m bryst, jenter født 1996

1p	Amalie Thorstensen	96	Vågsbygd SLK	1.29,65	397
	42,50(42,50)	1.29,65(47,15)			
2p	Maria Clausen	96	Madla SK	1.30,37	387
	42,53(42,53)	1.30,37(47,84)			
3p	Nehna-Louise Møller-Pettersen	96	Oslo IL	1.35,19	331
	45,49(45,49)	1.35,19(49,70)			
4	Tina Schütz	96	Vestkantsvømmerne	1.36,13	322
	45,51(45,51)	1.36,13(50,62)			
5	Eirin Woldsæter	96	Moss SK	1.37,03	313
	45,45(45,45)	1.37,03(51,58)			
6	Emilie K. Hegdal	96	Stavanger SC	1.37,38	310
	46,27(46,27)	1.37,38(51,11)			
7	Vår Celine Sjøgaard	96	Lambertseter SK	1.37,59	308
	46,89(46,89)	1.37,59(50,70)			
8	Elida Hole	96	Vestkantsvømmerne	1.38,23	302
	46,15(46,15)	1.38,23(52,08)			
9	Helle Gusjås	96	Fauske SK	1.39,22	293
	46,64(46,64)	1.39,22(52,58)			
10	Vilde Tengedal	96	Bryne SK	1.40,91	278
	47,65(47,65)	1.40,91(53,26)			
11	Nora Olsen Tangen	96	Oslo IL	1.41,55	273
	48,33(48,33)	1.41,55(53,22)			
12	Christine Akselberg	96	Arna SLK	1.41,83	271
	48,44(48,44)	1.41,83(53,39)			
13	Marte Stamland	96	Poseidon	1.42,58	265
	47,40(47,40)	1.42,58(55,18)			
14	Stina Victoria Nordberg	96	Lambertseter SK	1.43,12	261
	48,26(48,26)	1.43,12(54,86)			
15	Sigrid Kosmo Holm	96	Fauske SK	1.43,53	258
	49,21(49,21)	1.43,53(54,32)			
16	Helene Strømnes	96	Kongstensvømmerne	1.45,58	243
	50,06(50,06)	1.45,58(55,52)			
17	Emilie Elise Woll	96	Narvik SK	1.49,60	217
	52,02(52,02)	1.49,60(57,58)			
18	Silje Sofie Moum	96	Kongstensvømmerne	1.50,89	209
	52,89(52,89)	1.50,89(58,00)			

## Øvelse 22. 100m bryst, gutter født 1996

1p	Mathias Thorkildsen	96	Bærumsvømmerne	1.32,84	249
	42,67(42,67)	1.32,84(50,17)			
2p	Grunde Myhrer	96	Lambertseter SK	1.33,36	245
	44,00(44,00)	1.33,36(49,36)			
3p	Fransiscus Drake Bruseth	96	Larvik SK	1.33,59	243
	44,50(44,50)	1.33,59(49,09)			
4	Sander Andersen	96	Poseidon	1.33,72	242
	45,15(45,15)	1.33,72(48,57)			
5	Sander Sivertsen	96	Vestkantsvømmerne	1.34,24	238
	44,25(44,25)	1.34,24(49,99)			
6	Bendik Sjøfteland	96	Kongstensvømmerne	1.35,86	226
	45,09(45,09)	1.35,86(50,77)			
7	Armin Porobic	96	Karmøy SK	1.38,06	211
	46,40(46,40)	1.38,06(51,66)			
8	Rasmus Skjærpe	96	Elverum Svømming	1.38,76	207
	46,87(46,87)	1.38,76(51,89)			
9	Tage Singstad	96	Vestbyen IL	1.39,44	203
	46,71(46,71)	1.39,44(52,73)			

10	Ole Martin Bjørlykke 47,40(47,40)	96	Aalesund SLK	1.39,57	202
11	Simen Halvorsen 46,10(46,10)	96	Florø SLK	1.39,65	201
12	Jone Rugland 47,57(47,57)	96	Vestkantsvømmerne	1.40,66	195
13	Philip R. Solheim 48,12(48,12)	96	Sarpsborg IL	1.41,09	193
14	Kristoffer Rosmo 48,04(48,04)	96	Lambertseter SK	1.41,50	191
15	Thomas Cheung 49,69(49,69)	96	Lambertseter SK	1.46,00	167
16	Knut Oscar Skipperud 49,91(49,91)	96	Askimsvømmerne	1.46,74	164
17	Steffen Vike Holm 53,60(53,60)	96	Arna SLK	1.56,95	124
	Morten Wee Hollund	96	Karmøy SK	DISK	

## Øvelse 23. 200m bryst, jenter født 1995

1p	Ingalill Urrang Naustvik 38,86(38,86)	95	Karmøy SK	2.52,91	544
2p	Mari Kristoffersen 41,52(41,52)	95	Frisinn SK	3.02,95	459
3p	Caroline R. Helgesen 42,40(42,40)	95	Aalesund SLK	3.06,85	431
4	Oda Almgren Lind 43,30(43,30)	95	Oslo IL	3.09,81	411
5	Aslaug Marie Hjelmaas 43,44(43,44)	95	Bergen SLK	3.12,44	394
6	Emilie N. Løvberg 45,13(45,13)	95	Bærumsvømmerne	3.12,71	393
7	Andrea Westbye 45,32(45,32)	95	Bærumsvømmerne	3.13,00	391
8	Alida Etterlid Jensen 45,38(45,38)	95	Stord IL	3.14,74	381
9	Eirin Jakobsen Avlund 45,46(45,46)	95	Lambertseter SK	3.15,44	377
10	Christina Krogdahl 44,21(44,21)	95	Karmøy SK	3.17,05	367
11	Ane Nygård 45,06(45,06)	95	Stavanger SC	3.17,08	367
12	Malin Haga 44,32(44,32)	95	Stavanger SC	3.17,44	365
13	Ellen Camilla Hansen 43,24(43,24)	95	Øvre Eiker SK	3.17,53	365
14	Rachel Tømmervåg 44,35(44,35)	95	Kristiansund SLK	3.17,77	363
15	Henriette Brattøy Westerheim 45,62(45,62)	95	Kristiansund SLK	3.18,64	359
16	Mari Knutsen 45,75(45,75)	95	Øvre Eiker SK	3.26,80	318
17	Maria C. Johnsen 49,21(49,21)	95	Moss SK	3.33,62	288
18	Andrine Davidsen 49,96(49,96)	95	Lambertseter SK	3.37,30	274

## Øvelse 24. 200m bryst, gutter født 1995

1p	Theodor W. Thiis	95	Kristiansund SLK	3.00,84	345
	41,50(41,50)	1.27,55(46,05)	2.14,53(46,98)	3.00,84(46,31)	
2p	Eirik Nielsen	95	Poseidon	3.04,64	324
	43,47(43,47)	1.30,45(46,98)	2.17,85(47,40)	3.04,64(46,79)	
3p	Andreas Manum Hagby	95	Asker SK	3.05,99	317
	42,29(42,29)	1.29,70(47,41)	2.17,49(47,79)	3.05,99(48,50)	
4	Markus Lie	95	Åstveit SK	3.06,69	313
	42,60(42,60)	1.30,44(47,84)	2.19,11(48,67)	3.06,69(47,58)	
5	Anders Erichsen Torvanger	95	Lambertseter SK	3.07,62	309
	42,27(42,27)	1.30,74(48,47)	2.19,90(49,16)	3.07,62(47,72)	
6	Daniel Haugen Ngwenya	95	Trondheim SLK	3.13,21	283
	43,31(43,31)	1.33,53(50,22)	2.23,79(50,26)	3.13,21(49,42)	
7	Vebjørn Lindhjem	95	Lørenskog/Rælingen	3.13,74	280
	45,16(45,16)	1.35,18(50,02)	2.26,08(50,90)	3.13,74(47,66)	
8	Daniel Sandhåland	95	Karmøy SK	3.15,26	274
	44,71(44,71)	1.34,12(49,41)	2.24,74(50,62)	3.15,26(50,52)	
9	Alexander Marki Mork	95	Stavanger SC	3.15,52	273
	42,73(42,73)	1.33,31(50,58)	2.24,50(51,19)	3.15,52(51,02)	
10	Mark Strømme	95	Bærumsvømmerne	3.17,18	266
	44,08(44,08)	1.35,19(51,11)	2.26,47(51,28)	3.17,18(50,71)	
11	Andreas Bjørkli	95	Setermoen SK	3.18,42	261
	44,28(44,28)	1.35,37(51,09)	2.27,44(52,07)	3.18,42(50,98)	
12	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	3.18,87	259
	45,12(45,12)	1.37,67(52,55)	2.28,30(50,63)	3.18,87(50,57)	
13	Erik Amundsen	95	Poseidon	3.19,20	258
	46,24(46,24)	1.37,93(51,69)	2.28,47(50,54)	3.19,20(50,73)	
14	Jakob Bernstein	95	Bærumsvømmerne	3.19,84	255
	45,41(45,41)	1.38,27(52,86)	2.29,98(51,71)	3.19,84(49,86)	
15	Jørgen Gundersen	95	Skjetten Svømming	3.21,62	249
	46,94(46,94)	1.38,67(51,73)	2.30,39(51,72)	3.21,62(51,23)	
16	Mathias Hammer	95	Kongstensvømmerne	3.22,60	245
	46,35(46,35)	1.38,55(52,20)	2.31,08(52,53)	3.22,60(51,52)	
17	Martin Næss Kjølholdt	95	Kolbotn IL	3.23,35	242
	46,99(46,99)	1.40,82(53,83)	2.32,90(52,08)	3.23,35(50,45)	
	Stian Nilsen	95	Trondheim SLK	DISK	

## Øvelse 25. 200m bryst, jenter født 1994

1p	Marthe Karlsen	94	SK Speed	2.51,38	559
	38,16(38,16)	1.22,13(43,97)	2.06,82(44,69)	2.51,38(44,56)	
2p	Luna Elisabeth Søgaard	94	Lambertseter SK	2.52,58	547
	39,12(39,12)	1.22,06(42,94)	2.07,67(45,61)	2.52,58(44,91)	
3p	Kristine Mathingsdal Pedersen	94	Farsund SK	2.55,84	517
	40,11(40,11)	1.24,52(44,41)	2.09,66(45,14)	2.55,84(46,18)	
4	Maren Larsen	94	Madla SK	2.55,95	516
	38,75(38,75)	1.23,24(44,49)	2.09,52(46,28)	2.55,95(46,43)	
5	Birgitte Søfteland	94	Kongstensvømmerne	2.57,11	506
	40,30(40,30)	1.25,41(45,11)	2.11,31(45,90)	2.57,11(45,80)	
6	Stine Lise Stenseth	94	Øvre Eiker SK	2.57,51	503
	39,70(39,70)	1.24,65(44,95)	2.10,95(46,30)	2.57,51(46,56)	
7	Maren E.J. Bakke	94	Setermoen SK	2.59,03	490
	40,25(40,25)	1.26,31(46,06)	2.13,16(46,85)	2.59,03(45,87)	
8	Veronica Orheim Bjørlykke	94	Aalesund SLK	2.59,04	490
	41,49(41,49)	1.26,69(45,20)	2.13,05(46,36)	2.59,04(45,99)	
9	Kristin Vegsund Klungreseth	94	Aalesund SLK	2.59,12	489
	40,62(40,62)	1.25,82(45,20)	2.12,11(46,29)	2.59,12(47,01)	
10	Oda Haagensen	94	Haldens SK	3.00,59	477
	41,39(41,39)	1.27,53(46,14)	2.13,77(46,24)	3.00,59(46,82)	

11	Lotte Thommesen	94	Poseidon	3.03,83	453
	43,34(43,34)	1.30,87(47,53)	2.17,64(46,77)	3.03,83(46,19)	
12	Hanne Sofie L. Nilsen	94	Kristiansand SA	3.03,96	452
	41,66(41,66)	1.28,17(46,51)	2.16,39(48,22)	3.03,96(47,57)	
13	Marie-Elise Eriksen	94	Horten SK	3.04,04	451
	42,02(42,02)	1.28,65(46,63)	2.16,22(47,57)	3.04,04(47,82)	
14	Julie Rønningsen	94	Lambertseter SK	3.05,17	443
	41,02(41,02)	1.28,45(47,43)	2.17,27(48,82)	3.05,17(47,90)	
15	Andrea Hestdal	94	Åstveit SK	3.06,04	437
	42,85(42,85)	1.30,26(47,41)	2.18,04(47,78)	3.06,04(48,00)	
16	Eva Marie Østerhus	94	Sola SK	3.08,94	417
	44,01(44,01)	1.32,72(48,71)	2.20,90(48,18)	3.08,94(48,04)	
17	Hanne Lockertsen	94	Tromsø SK	3.09,62	412
	44,17(44,17)	1.32,47(48,30)	2.21,13(48,66)	3.09,62(48,49)	
18	Karoline Pedersen	94	Bergen SLK	3.11,16	402
	44,74(44,74)	1.33,22(48,48)	2.22,20(48,98)	3.11,16(48,96)	
19	Marie Øverland	94	Vestkantsvømmerne	3.13,12	390
	44,67(44,67)	1.34,23(49,56)	2.24,17(49,94)	3.13,12(48,95)	

### Øvelse 26. 200m bryst, gutter født 1994

1p	Kristoffer D. Birkeland	94	Florø SLK	2.49,10	422
	38,41(38,41)	1.22,25(43,84)	2.06,04(43,79)	2.49,10(43,06)	
2p	Markus Vindenes	94	Vestkantsvømmerne	2.50,92	409
	39,10(39,10)	1.23,00(43,90)	2.07,01(44,01)	2.50,92(43,91)	
3p	Kjetil Flatland	94	Lørenskog/Rælingen	2.52,70	396
	39,62(39,62)	1.24,52(44,90)	2.08,60(44,08)	2.52,70(44,10)	
4	Henrik Knudsen	94	Stavanger SC	3.03,45	330
	40,79(40,79)	1.28,17(47,38)	2.16,29(48,12)	3.03,45(47,16)	
5	Thomas Myhrer	94	Askimsvømmerne	3.08,35	305
	41,31(41,31)	1.30,19(48,88)	2.20,30(50,11)	3.08,35(48,05)	
6	Morgan Lund	94	Askimsvømmerne	3.08,51	304
	42,82(42,82)	1.31,63(48,81)	2.21,70(50,07)	3.08,51(46,81)	
7	Sondre Biesmans	94	Florø SLK	3.08,72	303
	42,73(42,73)	1.30,95(48,22)	2.20,81(49,86)	3.08,72(47,91)	
8	Oscar Slaatmo	94	Hamar IL	3.10,80	294
	43,18(43,18)	1.31,11(47,93)	2.21,53(50,42)	3.10,80(49,27)	
9	Viktor Hellerud	94	Lambertseter SK	3.12,57	286
	43,76(43,76)	1.33,13(49,37)	2.23,91(50,78)	3.12,57(48,66)	
10	Fredrik K Hegdal	94	Stavanger SC	3.13,24	283
	44,47(44,47)	1.35,03(50,56)	2.24,93(49,90)	3.13,24(48,31)	
11	Henrik Wathne	94	Asker SK	3.13,54	281
	43,64(43,64)	1.32,40(48,76)	2.23,12(50,72)	3.13,54(50,42)	
12	Simen Alvestad	94	Karmøy SK	3.13,60	281
	43,99(43,99)	1.33,62(49,63)	2.23,91(50,29)	3.13,60(49,69)	
13	Morten Bordervich	94	Sola SK	3.15,49	273
	45,72(45,72)	1.37,41(51,69)	2.25,53(48,12)	3.15,49(49,96)	
14	Kim Rune Hansen	94	Øvre Eiker SK	3.18,97	259
	44,40(44,40)	1.35,56(51,16)	2.28,60(53,04)	3.18,97(50,37)	
15	Patrik Andre Solheim	94	Sarpsborg IL	3.21,87	248
	46,06(46,06)	1.37,52(51,46)	2.29,95(52,43)	3.21,87(51,92)	
16	Ole Martin Fure	94	Kristiansund SLK	3.24,56	238
	46,17(46,17)	1.38,61(52,44)	2.32,18(53,57)	3.24,56(52,38)	
17	Kristian Henanger	94	Lambertseter SK	3.28,74	224
	46,56(46,56)	1.40,10(53,54)	2.34,39(54,29)	3.28,74(54,35)	
18	Christian Christiansen	94	Kristiansund SLK	3.32,56	212
	47,84(47,84)	1.41,63(53,79)	2.37,25(55,62)	3.32,56(55,31)	

## Øvelse 27. 200m bryst, jenter født 1993

1p	Siri Eva Kristiansen	93	Asker SK	2.37,63	718
	35,61(35,61)	1.14,88(39,27)	1.55,75(40,87)	2.37,63(41,88)	
2p	Bitte Fagermo	93	Narvik SK	2.38,34	708
	36,40(36,40)	1.16,97(40,57)	1.57,99(41,02)	2.38,34(40,35)	
3p	Stina Kajsa Colleou	93	Lambertseter SK	2.40,64	678
	36,56(36,56)	1.17,39(40,83)	1.58,70(41,31)	2.40,64(41,94)	
4	Siren Bergslid	93	Stavanger SC	2.49,50	577
	37,76(37,76)	1.20,58(42,82)	2.04,97(44,39)	2.49,50(44,53)	
5	Pia Cornelia Braarud	93	Lambertseter SK	2.50,57	567
	38,43(38,43)	1.22,13(43,70)	2.06,76(44,63)	2.50,57(43,81)	
6	Stine Vindenes	93	Vestkantsvømmerne	2.51,81	554
	39,57(39,57)	1.23,38(43,81)	2.07,57(44,19)	2.51,81(44,24)	
7	Susann Bjørnsen	93	Setermoen SK	2.52,10	552
	38,68(38,68)	1.23,01(44,33)	2.07,97(44,96)	2.52,10(44,13)	
8	Stine Kristoffersen	93	Frisinn SK	2.53,03	543
	37,64(37,64)	1.20,50(42,86)	2.05,97(45,47)	2.53,03(47,06)	
9	Tonje Stæhr Petersen	93	Moss SK	2.54,40	530
	38,95(38,95)	1.23,81(44,86)	2.09,08(45,27)	2.54,40(45,32)	
10	Jacqueline Knutsson	93	Kongstensvømmerne	2.54,48	529
	39,56(39,56)	1.24,15(44,59)	2.09,48(45,33)	2.54,48(45,00)	
11	Stine Vik Olsen	93	Kristiansund SLK	2.57,69	501
	39,98(39,98)	1.25,31(45,33)	2.11,43(46,12)	2.57,69(46,26)	
12	Monica Brandsborg	93	Kolbotn IL	2.59,09	490
	39,80(39,80)	1.24,47(44,67)	2.11,28(46,81)	2.59,09(47,81)	
13	Christiana Bjørkli	93	Trondheim SLK	3.02,29	464
	42,23(42,23)	1.27,99(45,76)	2.14,91(46,92)	3.02,29(47,38)	
14	Lene Ådlandsvik	93	Elverum Svømming	3.05,63	440
	42,86(42,86)	1.29,51(46,65)	2.17,34(47,83)	3.05,63(48,29)	
15	Fanny Moen Pettersen	93	Øvre Eiker SK	3.11,60	400
	44,80(44,80)	1.33,53(48,73)	2.22,76(49,23)	3.11,60(48,84)	
16	Ida Arnøy	93	Lørenskog/Rælingen	3.12,28	395
	43,20(43,20)	1.32,74(49,54)	2.22,89(50,15)	3.12,28(49,39)	
17	Ingrid Elise Woll	93	Narvik SK	3.15,24	378
	45,28(45,28)	1.35,72(50,44)	2.26,41(50,69)	3.15,24(48,83)	
	Zoe Oprel	93	Vågsbygd SLK	DISK	

## Øvelse 28. 200m bryst, gutter født 1993

1p	Hans Østerdal	93	Stavanger SC	2.29,12	616
	34,16(34,16)	1.12,51(38,35)	1.51,39(38,88)	2.29,12(37,73)	
2p	Hans Kristian Andersen	93	Florø SLK	2.29,86	607
	33,98(33,98)	1.12,96(38,98)	1.52,17(39,21)	2.29,86(37,69)	
3p	Zoltan Csernai	93	Åstveit SK	2.40,78	491
	36,09(36,09)	1.16,94(40,85)	1.58,74(41,80)	2.40,78(42,04)	
4	Martin Hammer	93	Kongstensvømmerne	2.41,38	486
	36,09(36,09)	1.17,80(41,71)	1.59,61(41,81)	2.41,38(41,77)	
5	Peder Haagensli	93	Larvik SK	2.42,08	479
	37,13(37,13)	1.18,88(41,75)	2.00,94(42,06)	2.42,08(41,14)	
6	Mats Gøran Høgenhaug	93	Namsos SK	2.42,09	479
	36,41(36,41)	1.17,73(41,32)	1.59,94(42,21)	2.42,09(42,15)	
7	Aleksander Sire	93	Modum SK	2.42,60	475
	36,70(36,70)	1.17,93(41,23)	2.00,69(42,76)	2.42,60(41,91)	
8	Eirik Lindhjem	93	Lørenskog/Rælingen	2.44,56	458
	37,50(37,50)	1.18,90(41,40)	2.01,66(42,76)	2.44,56(42,90)	
9	Runar Borgen	93	Bodø SK	2.46,65	441
	38,03(38,03)	1.20,84(42,81)	2.04,10(43,26)	2.46,65(42,55)	
10	Henry Emil Nordhagen	93	Bærumsvømmerne	2.46,99	438
	36,92(36,92)	1.20,92(44,00)	2.03,89(42,97)	2.46,99(43,10)	

11	Ingvar V. Skirbekk	93	Elverum Svømming	2.49,77	417
	37,21(37,21)	1.19,97(42,76)	2.04,51(44,54)	2.49,77(45,26)	
12	Anders S. Jordheim	93	Vestkantsvømmerne	2.50,70	410
	38,40(38,40)	1.21,81(43,41)	2.05,65(43,84)	2.50,70(45,05)	
13	Christopher Wolf	93	Vestbyen IL	2.53,36	392
	38,79(38,79)	1.22,06(43,27)	2.07,14(45,08)	2.53,36(46,22)	
14	Øyvind L. Styrmo	93	Delfana	2.54,22	386
	39,47(39,47)	1.24,32(44,85)	2.09,19(44,87)	2.54,22(45,03)	
15	Sander Rødje	93	Haugesund SK	2.54,33	385
	39,55(39,55)	1.24,11(44,56)	2.09,67(45,56)	2.54,33(44,66)	
16	Thorbjørn Birkeland	93	Haugesund SK	2.55,17	380
	39,46(39,46)	1.24,76(45,30)	2.09,61(44,85)	2.55,17(45,56)	
17	Christian Juvik	93	Stavanger SC	3.04,59	324
	39,14(39,14)	1.27,45(48,31)	2.16,97(49,52)	3.04,59(47,62)	
18	Robin Sell Dyngeland	93	Åstveit SK	3.14,77	276
	42,32(42,32)	1.30,73(48,41)	2.22,08(51,35)	3.14,77(52,69)	

## Øvelse 29. 200m bryst, jenter født 1992

1p	Benedicte Kausland	92	Vestkantsvømmerne	2.43,69	641
	37,73(37,73)	1.19,71(41,98)	2.01,74(42,03)	2.43,69(41,95)	
2p	Sophia Broberg Skeltved	92	Tromsø SK	2.45,64	619
	37,28(37,28)	1.19,32(42,04)	2.02,05(42,73)	2.45,64(43,59)	
3p	Siri N. Andersen	92	Haldens SK	2.48,75	585
	39,48(39,48)	1.22,46(42,98)	2.05,72(43,26)	2.48,75(43,03)	
4	Emma Isdahl	92	Lambertseter SK	2.50,72	565
	39,21(39,21)	1.22,96(43,75)	2.06,73(43,77)	2.50,72(43,99)	
5	Andrea Haugstad	92	Vestkantsvømmerne	2.52,73	546
	39,70(39,70)	1.24,09(44,39)	2.09,04(44,95)	2.52,73(43,69)	
6	Elin Slaatmo	92	Hamar IL	2.55,96	516
	40,94(40,94)	1.25,55(44,61)	2.10,95(45,40)	2.55,96(45,01)	
7	Siri Anette Sønju	92	Øvre Eiker SK	2.56,35	513
	39,72(39,72)	1.24,06(44,34)	2.10,12(46,06)	2.56,35(46,23)	
8	Ingse Bergh Monsen	92	Bergens SC	2.57,26	505
	40,46(40,46)	1.25,70(45,24)	2.11,52(45,82)	2.57,26(45,74)	
9	Victoria Rung	92	Frisinn SK	2.58,03	498
	40,76(40,76)	1.25,92(45,16)	2.11,99(46,07)	2.58,03(46,04)	
10	Emilie Hellerud	92	Lambertseter SK	2.58,16	497
	40,43(40,43)	1.25,70(45,27)	2.11,90(46,20)	2.58,16(46,26)	
11	Oona Ovesen	92	Elverum Svømming	2.59,57	486
	41,29(41,29)	1.27,26(45,97)	2.13,77(46,51)	2.59,57(45,80)	
12	Elisabeth Kristiansen	92	Haugesund SK	3.00,10	481
	41,71(41,71)	1.28,49(46,78)	2.15,46(46,97)	3.00,10(44,64)	
13	Terese Fosby	92	Kongstensvømmerne	3.00,19	481
	40,96(40,96)	1.26,62(45,66)	2.13,54(46,92)	3.00,19(46,65)	
14	Iselin Mjøllner Dahlen	92	Skjetten Svømming	3.02,21	465
	41,59(41,59)	1.27,55(45,96)	2.14,41(46,86)	3.02,21(47,80)	
15	Hanne Søfteland	92	Delfana	3.05,64	439
	42,45(42,45)	1.29,81(47,36)	2.17,66(47,85)	3.05,64(47,98)	
16	Marthe Berg Sørensen	92	Frisinn SK	3.14,95	379
	43,80(43,80)	1.33,64(49,84)	2.24,80(51,16)	3.14,95(50,15)	
17	Seline Vike Holm	92	Arna SLK	3.23,88	332
	45,25(45,25)	1.37,34(52,09)	2.30,92(53,58)	3.23,88(52,96)	
18	Mina-Louise Bekk Berggren	92	Lambertseter SK	3.26,12	321
	46,76(46,76)	1.38,86(52,10)	2.32,73(53,87)	3.26,12(53,39)	

## Øvelse 30. 200m bryst, gutter født 1992

1p	Sverre Næss	92	Sarpsborg IL	2.31,96	582
	34,31(34,31)	1.12,99(38,68)	1.52,79(39,80)	2.31,96(39,17)	
2p	Ole Martin Ree	92	Sola SK	2.32,83	572
	36,13(36,13)	1.15,94(39,81)	1.54,26(38,32)	2.32,83(38,57)	
3p	Espen Halhjem	92	Delfana	2.38,57	512
	35,37(35,37)	1.14,75(39,38)	1.56,28(41,53)	2.38,57(42,29)	
4	Marius Graarud	92	Sarpsborg IL	2.39,85	500
	35,18(35,18)	1.15,71(40,53)	1.57,43(41,72)	2.39,85(42,42)	
5	Jonas Kirkeberg Jostad	92	Hamar IL	2.39,89	499
	36,05(36,05)	1.16,36(40,31)	1.58,02(41,66)	2.39,89(41,87)	
6	Håkon M. Haga	92	Kirkenes SK	2.41,01	489
	35,15(35,15)	1.16,48(41,33)	1.59,00(42,52)	2.41,01(42,01)	
7	Jørn Nygård	92	Stavanger SC	2.41,76	482
	36,19(36,19)	1.17,46(41,27)	1.59,90(42,44)	2.41,76(41,86)	
8	Tore Skaug Bysting	92	Lørenskog/Rælingen	2.41,94	481
	35,82(35,82)	1.17,04(41,22)	1.59,32(42,28)	2.41,94(42,62)	
9	Andreas Mathingsdal Pedersen	92	Farsund SK	2.42,11	479
	36,83(36,83)	1.17,89(41,06)	1.59,99(42,10)	2.42,11(42,12)	
10	Eivind Johannesen	92	Åstveit SK	2.42,55	475
	37,07(37,07)	1.18,22(41,15)	2.00,59(42,37)	2.42,55(41,96)	
11	Alexander Schüssler	92	Lambertseter SK	2.44,25	461
	37,34(37,34)	1.19,30(41,96)	2.01,76(42,46)	2.44,25(42,49)	
12	Kenneth Bakkehaug	92	Sørreisa SK	2.48,53	426
	38,87(38,87)	1.22,36(43,49)	2.06,28(43,92)	2.48,53(42,25)	
13	Lavrans Veierø Solli	92	Bergens SC	2.50,56	411
	38,19(38,19)	1.21,66(43,47)	2.06,38(44,72)	2.50,56(44,18)	
14	Martin P. Sletbakken	92	Sortland SLK	2.53,22	393
	39,31(39,31)	1.23,43(44,12)	2.09,92(46,49)	2.53,22(43,30)	
15	Simen Andreassen	92	Florø SLK	2.54,44	384
	38,94(38,94)	1.24,35(45,41)	2.09,65(45,30)	2.54,44(44,79)	
16	Sindre Mowatt Gruben	92	Bergens SC	2.54,52	384
	39,02(39,02)	1.23,23(44,21)	2.08,59(45,36)	2.54,52(45,93)	
17	Hans Andre Pedersen	92	Sandefjord SK	2.58,48	359
	39,47(39,47)	1.25,46(45,99)	2.12,66(47,20)	2.58,48(45,82)	
	Sindre Lilledahl	92	Haugesund SK	DISK	



Søndag 15.04.2007 kl 10.00

## Øvelse 31. 50m butterfly, jenter født 1996

1p	Maria Clausen	96	Madla SK	36,16	355
2p	Amalie Thorstensen	96	Vågsbygd SLK	37,23	325
3p	Christine Akselberg	96	Arna SLK	37,65	315
4	Emilie K. Hegdal	96	Stavanger SC	38,32	298
5	Vår Celine Sjøgaard	96	Lambertseter SK	38,36	297
6	Tina Schütz	96	Vestkantsvømmerne	39,18	279
7	Eirin Woldsæter	96	Moss SK	39,32	276
8	Nehna-Louise Møller-Pettersen	96	Oslo IL	39,53	272
9	Nora Olsen Tangen	96	Oslo IL	40,54	252
10	Helle Gusjås	96	Fauske SK	40,99	244
11	Sigrid Kosmo Holm	96	Fauske SK	41,42	236
12	Emilie Elise Woll	96	Narvik SK	41,78	230
13	Helene Strømnes	96	Kongstensvømmerne	42,21	223
14	Vilde Tengedal	96	Bryne SK	42,95	212
15	Marte Stamland	96	Poseidon	43,08	210
16	Silje Sofie Moum	96	Kongstensvømmerne	43,86	199
17	Elida Hole	96	Vestkantsvømmerne	44,22	194
18	Stina Victoria Nordberg	96	Lambertseter SK	46,62	165

## Øvelse 32. 50m butterfly, gutter født 1996

1p	Grunde Myhrer	96	Lambertseter SK	35,52	266
2p	Fransiscus Drake Bruseth	96	Larvik SK	37,77	221
3p	Morten Wee Hollund	96	Karmøy SK	37,92	219
4	Tage Singstad	96	Vestbyen IL	37,97	218
5	Sander Andersen	96	Poseidon	37,99	217
6	Jone Rugland	96	Vestkantsvømmerne	38,10	215
7	Philip R. Solheim	96	Sarpsborg IL	38,50	209
8	Mathias Thorkildsen	96	Bærumsvømmerne	38,67	206
9	Sander Sivertsen	96	Vestkantsvømmerne	38,83	204
10	Armin Porobic	96	Karmøy SK	39,89	188
11	Steffen Vike Holm	96	Arna SLK	40,00	186
12	Bendik Søfteland	96	Kongstensvømmerne	41,22	170
13	Simen Halvorsen	96	Florø SLK	41,87	162
14	Ole Martin Bjørlykke	96	Aalesund SLK	42,69	153
15	Knut Oscar Skipperud	96	Askimsvømmerne	43,25	147
16	Kristoffer Rosmo	96	Lambertseter SK	46,06	122
17	Thomas Cheung	96	Lambertseter SK	46,81	116
	Rasmus Skjærpe	96	Elverum Svømming	DISK	

**Øvelse 33. 100m butterfly, jenter født 1995**

1p	Ingalill Urrang Naustvik	95	Karmøy SK	1.16,22	425
	35,27(35,27)	1.16,22(40,95)			
2p	Emilie N. Løvberg	95	Bærumsvømmerne	1.16,35	423
	36,88(36,88)	1.16,35(39,47)			
3p	Ane Nygård	95	Stavanger SC	1.16,61	419
	35,22(35,22)	1.16,61(41,39)			
4	Eirin Jakobsen Avlund	95	Lambertseter SK	1.19,62	373
	36,29(36,29)	1.19,62(43,33)			
5	Mari Kristoffersen	95	Frisinn SK	1.19,96	368
	37,35(37,35)	1.19,96(42,61)			
6	Andrea Westbye	95	Bærumsvømmerne	1.22,01	341
	38,59(38,59)	1.22,01(43,42)			
7	Henriette Brattøy Westerheim	95	Kristiansund SLK	1.23,13	327
	38,38(38,38)	1.23,13(44,75)			
8	Aslaug Marie Hjelmaas	95	Bergen SLK	1.24,06	317
	37,97(37,97)	1.24,06(46,09)			
9	Christina Krogdahl	95	Karmøy SK	1.24,13	316
	38,24(38,24)	1.24,13(45,89)			
10	Maria C. Johnsen	95	Moss SK	1.24,82	308
	38,50(38,50)	1.24,82(46,32)			
11	Malin Haga	95	Stavanger SC	1.25,62	300
	38,43(38,43)	1.25,62(47,19)			
12	Andrine Davidsen	95	Lambertseter SK	1.26,02	296
	39,28(39,28)	1.26,02(46,74)			
13	Mari Knutsen	95	Øvre Eiker SK	1.26,65	289
	38,66(38,66)	1.26,65(47,99)			
14	Caroline R. Helgesen	95	Aalesund SLK	1.27,25	283
	40,21(40,21)	1.27,25(47,04)			
15	Ellen Camilla Hansen	95	Øvre Eiker SK	1.30,88	251
	40,93(40,93)	1.30,88(49,95)			
16	Alida Etterlid Jensen	95	Stord IL	1.31,92	242
	41,80(41,80)	1.31,92(50,12)			
17	Oda Almgren Lind	95	Oslo IL	1.38,27	198
	42,71(42,71)	1.38,27(55,56)			
18	Rachel Tømmervåg	95	Kristiansund SLK	1.40,39	186
	43,40(43,40)	1.40,39(56,99)			

**Øvelse 34. 100m butterfly, gutter født 1995**

1p	Theodor W. Thiis	95	Kristiansund SLK	1.14,07	324
	34,75(34,75)	1.14,07(39,32)			
2p	Markus Lie	95	Åstveit SK	1.16,59	293
	35,75(35,75)	1.16,59(40,84)			
3p	Vebjørn Lindhjem	95	Lørenskog/Rælingen	1.17,88	279
	36,43(36,43)	1.17,88(41,45)			
4	Jakob Bernstein	95	Bærumsvømmerne	1.19,93	258
	37,10(37,10)	1.19,93(42,83)			
5	Eirik Nielsen	95	Poseidon	1.20,65	251
	38,01(38,01)	1.20,65(42,64)			
6	Mathias Hammer	95	Kongstensvømmerne	1.23,95	222
	37,37(37,37)	1.23,95(46,58)			
7	Alexander Marki Mork	95	Stavanger SC	1.25,79	208
	37,80(37,80)	1.25,79(47,99)			
8	Andreas Manum Hagby	95	Asker SK	1.27,33	197
	39,76(39,76)	1.27,33(47,57)			
9	Anders Erichsen Torvanger	95	Lambertseter SK	1.27,79	194
	40,01(40,01)	1.27,79(47,78)			
10	Daniel Sandhåland	95	Karmøy SK	1.28,31	191
	39,78(39,78)	1.28,31(48,53)			

11	Stian Nilsen	95	Trondheim SLK	1.28,78	188
	42,39(42,39)	1.28,78(46,39)			
12	Erik Amundsen	95	Poseidon	1.28,88	187
	40,81(40,81)	1.28,88(48,07)			
13	Daniel Haugen Ngwenya	95	Trondheim SLK	1.29,20	185
	40,75(40,75)	1.29,20(48,45)			
14	Martin Næss Kjøholdt	95	Kolbotn IL	1.30,14	179
	40,24(40,24)	1.30,14(49,90)			
15	Mark Strømme	95	Bærumsvømmerne	1.30,37	178
	38,27(38,27)	1.30,37(52,10)			
16	Jørgen Gundersen	95	Skjetten Svømming	1.30,73	176
	41,31(41,31)	1.30,73(49,42)			
17	Andreas Bjørkli	95	Setermoen SK	1.31,05	174
	40,01(40,01)	1.31,05(51,04)			
18	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	1.34,46	156
	41,98(41,98)	1.34,46(52,48)			

### Øvelse 35. 100m butterfly, jenter født 1994

1p	Lotte Thommesen	94	Poseidon	1.09,81	553
	33,20(33,20)	1.09,81(36,61)			
2p	Eva Marie Østerhus	94	Sola SK	1.14,89	448
	35,02(35,02)	1.14,89(39,87)			
3p	Veronica Orheim Bjørlykke	94	Aalesund SLK	1.14,90	448
	33,67(33,67)	1.14,90(41,23)			
4	Hanne Lockertsen	94	Tromsø SK	1.15,29	441
	34,22(34,22)	1.15,29(41,07)			
5	Karoline Pedersen	94	Bergen SLK	1.15,56	436
	35,46(35,46)	1.15,56(40,10)			
6	Oda Haagensen	94	Haldens SK	1.15,64	435
	34,86(34,86)	1.15,64(40,78)			
7	Andrea Hestdal	94	Åstveit SK	1.16,72	417
	35,92(35,92)	1.16,72(40,80)			
8	Birgitte Søfteland	94	Kongstensvømmerne	1.16,83	415
	36,02(36,02)	1.16,83(40,81)			
9	Hanne Sofie L. Nilsen	94	Kristiansand SA	1.16,92	414
	35,19(35,19)	1.16,92(41,73)			
10	Marie-Elise Eriksen	94	Horten SK	1.17,14	410
	35,62(35,62)	1.17,14(41,52)			
11	Maren Larsen	94	Madla SK	1.17,75	400
	36,37(36,37)	1.17,75(41,38)			
12	Marie Øverland	94	Vestkantsvømmerne	1.17,84	399
	35,95(35,95)	1.17,84(41,89)			
13	Julie Rønningsen	94	Lambertseter SK	1.18,65	387
	36,52(36,52)	1.18,65(42,13)			
14	Stine Lise Stenseth	94	Øvre Eiker SK	1.18,68	386
	35,57(35,57)	1.18,68(43,11)			
15	Luna Elisabeth Sjøgaard	94	Lambertseter SK	1.19,08	381
	36,83(36,83)	1.19,08(42,25)			
16	Maren E.J. Bakke	94	Setermoen SK	1.19,82	370
	37,49(37,49)	1.19,82(42,33)			
17	Kristin Vegsund Klungreseth	94	Aalesund SLK	1.19,87	369
	36,76(36,76)	1.19,87(43,11)			
18	Kristine Mathingsdal Pedersen	94	Farsund SK	1.20,23	364
	36,78(36,78)	1.20,23(43,45)			
19	Marthe Karlsen	94	SK Speed	1.22,45	336
	37,66(37,66)	1.22,45(44,79)			

**Øvelse 36. 100m butterfly, gutter født 1994**

1p	Kristoffer D. Birkeland	94	Florø SLK	1.10,02	383
	32,47(32,47)	1.10,02(37,55)			
2p	Thomas Myhrer	94	Askimsvømmerne	1.11,45	361
	33,33(33,33)	1.11,45(38,12)			
3p	Morten Bordervich	94	Sola SK	1.14,53	318
	34,27(34,27)	1.14,53(40,26)			
4	Fredrik K Hegdal	94	Stavanger SC	1.16,36	296
	35,19(35,19)	1.16,36(41,17)			
5	Kristian Henanger	94	Lambertseter SK	1.16,83	290
	35,06(35,06)	1.16,83(41,77)			
5	Markus Vindenes	94	Vestkantsvømmerne	1.16,83	290
	35,81(35,81)	1.16,83(41,02)			
7	Ole Martin Fure	94	Kristiansund SLK	1.17,45	283
	35,81(35,81)	1.17,45(41,64)			
8	Kjetil Flatland	94	Lørenskog/Rælingen	1.19,36	263
	35,87(35,87)	1.19,36(43,49)			
9	Henrik Wathne	94	Asker SK	1.19,42	263
	36,30(36,30)	1.19,42(43,12)			
10	Kim Rune Hansen	94	Øvre Eiker SK	1.19,85	258
	36,69(36,69)	1.19,85(43,16)			
11	Oscar Slaatmo	94	Hamar IL	1.20,52	252
	37,15(37,15)	1.20,52(43,37)			
12	Sondre Biesmans	94	Florø SLK	1.20,61	251
	37,37(37,37)	1.20,61(43,24)			
13	Simen Alvestad	94	Karmøy SK	1.20,87	249
	36,47(36,47)	1.20,87(44,40)			
14	Henrik Knudsen	94	Stavanger SC	1.23,03	230
	37,20(37,20)	1.23,03(45,83)			
15	Christian Christiansen	94	Kristiansund SLK	1.26,06	206
	37,25(37,25)	1.26,06(48,81)			
16	Viktor Hellerud	94	Lambertseter SK	1.26,15	206
	40,97(40,97)	1.26,15(45,18)			
17	Patrik Andre Solheim	94	Sarpsborg IL	1.28,26	191
	39,78(39,78)	1.28,26(48,48)			
	Morgan Lund	94	Askimsvømmerne	DISK	

**Øvelse 37. 100m butterfly, jenter født 1993**

1p	Siri Eva Kristiansen	93	Asker SK	1.06,92	628
	31,89(31,89)	1.06,92(35,03)			
2p	Bitte Fagermo	93	Narvik SK	1.07,52	612
	31,98(31,98)	1.07,52(35,54)			
3p	Stine Vindenes	93	Vestkantsvømmerne	1.10,67	533
	32,71(32,71)	1.10,67(37,96)			
4	Monica Brandsborg	93	Kolbotn IL	1.10,73	532
	32,68(32,68)	1.10,73(38,05)			
5	Stine Kristoffersen	93	Frisinn SK	1.11,36	518
	33,68(33,68)	1.11,36(37,68)			
6	Jacqueline Knutsson	93	Kongstensvømmerne	1.11,39	517
	32,78(32,78)	1.11,39(38,61)			
7	Stine Vik Olsen	93	Kristiansund SLK	1.12,69	490
	33,68(33,68)	1.12,69(39,01)			
8	Ingrid Elise Woll	93	Narvik SK	1.13,34	477
	34,27(34,27)	1.13,34(39,07)			
9	Pia Cornelia Braarud	93	Lambertseter SK	1.13,92	466
	34,29(34,29)	1.13,92(39,63)			
10	Susann Bjørnsen	93	Setermoen SK	1.14,00	464
	34,31(34,31)	1.14,00(39,69)			

11	Stina Kajsa Colleou 35,91(35,91)	93	Lambertseter SK	1.17,56	403
12	Christiana Bjørkli 36,47(36,47)	93	Trondheim SLK	1.18,08	395
13	Fanny Moen Pettersen 35,77(35,77)	93	Øvre Eiker SK	1.19,11	380
14	Siren Bergslid 37,25(37,25)	93	Stavanger SC	1.19,66	372
15	Zoe Oprel 36,04(36,04)	93	Vågsbygd SLK	1.20,88	356
16	Tonje Stæhr Petersen 36,99(36,99)	93	Moss SK	1.21,01	354
17	Lene Ådlandsvik 37,70(37,70)	93	Elverum Svømming	1.22,70	333
	Ida Arnøy	93	Lørenskog/Rælingen	BRUTT	

### Øvelse 38. 100m butterfly, gutter født 1993

1p	Christian Juvik 27,75(27,75)	93	Stavanger SC	1.00,31	600
2p	Zoltan Csernai 28,74(28,74)	93	Åstveit SK	1.01,61	563
3p	Mats Gøran Høgenhaug 28,58(28,58)	93	Namsos SK	1.03,96	503
4	Øyvind L. Styrmo 29,80(29,80)	93	Delfana	1.04,12	499
5	Sander Rødje 29,95(29,95)	93	Haugesund SK	1.05,50	469
6	Martin Hammer 30,72(30,72)	93	Kongstensvømmerne	1.05,80	462
7	Hans Kristian Andersen 31,93(31,93)	93	Florø SLK	1.08,03	418
8	Eirik Lindhjem 32,05(32,05)	93	Lørenskog/Rælingen	1.08,59	408
9	Thorbjørn Birkeland 32,00(32,00)	93	Haugesund SK	1.09,78	387
10	Robin Sell Dyngeland 33,31(33,31)	93	Åstveit SK	1.10,61	374
11	Henry Emil Nordhagen 32,54(32,54)	93	Bærumsvømmerne	1.11,57	359
12	Runar Borgen 32,39(32,39)	93	Bodø SK	1.12,19	350
13	Anders S. Jordheim 33,06(33,06)	93	Vestkantsvømmerne	1.12,57	344
14	Aleksander Sire 33,86(33,86)	93	Modum SK	1.13,36	333
15	Ingvar V. Skirbekk 33,24(33,24)	93	Elverum Svømming	1.14,35	320
16	Christopher Wolf 33,76(33,76)	93	Vestbyen IL	1.15,29	308
17	Peder Haagensli 36,70(36,70)	93	Larvik SK	1.17,53	282
	Hans Østerdal	93	Stavanger SC	DISK	

**Øvelse 39. 100m butterfly, jenter født 1992**

1p	Mina-Louise Bekk Berggren	92	Lambertseter SK	1.07,59	610
	31,30(31,30)	1.07,59(36,29)			
2p	Victoria Rung	92	Frisinn SK	1.08,32	590
	32,22(32,22)	1.08,32(36,10)			
3p	Siri N. Andersen	92	Haldens SK	1.08,53	585
	32,44(32,44)	1.08,53(36,09)			
4	Emma Isdahl	92	Lambertseter SK	1.09,99	549
	31,98(31,98)	1.09,99(38,01)			
5	Hanne Søfteland	92	Delfana	1.10,25	543
	32,13(32,13)	1.10,25(38,12)			
6	Siri Anette Sønju	92	Øvre Eiker SK	1.10,54	536
	33,09(33,09)	1.10,54(37,45)			
7	Oona Ovesen	92	Elverum Svømming	1.11,03	525
	33,23(33,23)	1.11,03(37,80)			
8	Iselin Mjøllner Dahlen	92	Skjetten Svømming	1.11,36	518
	33,78(33,78)	1.11,36(37,58)			
9	Ingse Bergh Monsen	92	Bergens SC	1.11,56	514
	34,08(34,08)	1.11,56(37,48)			
10	Sophia Broberg Skeltved	92	Tromsø SK	1.12,64	491
	32,88(32,88)	1.12,64(39,76)			
11	Emilie Hellerud	92	Lambertseter SK	1.12,74	489
	33,12(33,12)	1.12,74(39,62)			
12	Seline Vike Holm	92	Arna SLK	1.12,88	486
	33,23(33,23)	1.12,88(39,65)			
13	Terese Fosby	92	Kongstensvømmerne	1.13,09	482
	34,14(34,14)	1.13,09(38,95)			
14	Elisabeth Kristiansen	92	Haugesund SK	1.13,32	478
	33,62(33,62)	1.13,32(39,70)			
15	Elin Slaatmo	92	Hamar IL	1.13,64	471
	34,99(34,99)	1.13,64(38,65)			
16	Marthe Berg Sørensen	92	Frisinn SK	1.14,14	462
	33,80(33,80)	1.14,14(40,34)			
17	Andrea Haugstad	92	Vestkantsvømmerne	1.14,99	446
	34,85(34,85)	1.14,99(40,14)			
18	Benedicte Kausland	92	Vestkantsvømmerne	1.15,92	430
	34,96(34,96)	1.15,92(40,96)			

**Øvelse 40. 100m butterfly, gutter født 1992**

1p	Ole Martin Ree	92	Sola SK	1.01,48	567
	28,37(28,37)	1.01,48(33,11)			
2p	Martin P. Sletbakken	92	Sortland SLK	1.01,55	565
	28,64(28,64)	1.01,55(32,91)			
3p	Sverre Næss	92	Sarpsborg IL	1.03,80	507
	29,77(29,77)	1.03,80(34,03)			
4	Jørn Nygård	92	Stavanger SC	1.04,27	496
	29,45(29,45)	1.04,27(34,82)			
5	Jonas Kirkeberg Jostad	92	Hamar IL	1.04,62	488
	29,72(29,72)	1.04,62(34,90)			
6	Sindre Mowatt Gruben	92	Bergens SC	1.05,41	470
	30,19(30,19)	1.05,41(35,22)			
7	Håkon M. Haga	92	Kirkenes SK	1.05,69	464
	30,38(30,38)	1.05,69(35,31)			
8	Simen Andreassen	92	Florø SLK	1.05,79	462
	30,49(30,49)	1.05,79(35,30)			
9	Tore Skauge Bysting	92	Lørenskog/Rælingen	1.06,03	457
	30,57(30,57)	1.06,03(35,46)			
10	Kenneth Bakkehaug	92	Sørreisa SK	1.06,04	457
	30,26(30,26)	1.06,04(35,78)			

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11	Sindre Lilledahl	92	Haugesund SK	1.06,29	452
	30,62(30,62)	1.06,29(35,67)			
12	Espen Halhjem	92	Delfana	1.06,67	444
	30,49(30,49)	1.06,67(36,18)			
13	Lavrans Veierø Solli	92	Bergens SC	1.07,47	429
	31,86(31,86)	1.07,47(35,61)			
14	Hans Andre Pedersen	92	Sandefjord SK	1.09,59	391
	32,34(32,34)	1.09,59(37,25)			
15	Andreas Mathingsdal Pedersen	92	Farsund SK	1.10,74	372
	32,42(32,42)	1.10,74(38,32)			
16	Marius Graarud	92	Sarpsborg IL	1.11,66	358
	32,61(32,61)	1.11,66(39,05)			
17	Alexander Schüssler	92	Lambertseter SK	1.14,06	324
	33,67(33,67)	1.14,06(40,39)			
18	Eivind Johannesen	92	Åstveit SK	1.19,95	257
	35,55(35,55)	1.19,95(44,40)			

Søndag 15.04.2007 kl 14.00

## Øvelse 41. 200m individuell medley, jenter født 1996

1p	Emilie K. Hegdal	96	Stavanger SC	2.53,64	413
	38,74(38,74)	1.19,59(40,85)	2.12,49(52,90)	2.53,64(41,15)	
2p	Maria Clausen	96	Madla SK	2.53,74	412
	36,89(36,89)	1.19,98(43,09)	2.11,05(51,07)	2.53,74(42,69)	
3p	Amalie Thorstensen	96	Vågsbygd SLK	2.55,94	397
	38,89(38,89)	1.25,49(46,60)	2.14,72(49,23)	2.55,94(41,22)	
4	Vår Celine Sjøgaard	96	Lambertseter SK	2.58,42	380
	41,03(41,03)	1.24,82(43,79)	2.17,05(52,23)	2.58,42(41,37)	
5	Tina Schütz	96	Vestkantsvømmerne	2.59,67	372
	40,03(40,03)	1.26,74(46,71)	2.20,75(54,01)	2.59,67(38,92)	
6	Nora Olsen Tangen	96	Oslo IL	3.02,70	354
	42,33(42,33)	1.25,75(43,42)	2.21,55(55,80)	3.02,70(41,15)	
7	Nehna-Louise Møller-Pettersen	96	Oslo IL	3.02,73	354
	41,76(41,76)	1.28,39(46,63)	2.21,25(52,86)	3.02,73(41,48)	
8	Christine Akselberg	96	Arna SLK	3.04,65	343
	39,85(39,85)	1.25,75(45,90)	2.21,85(56,10)	3.04,65(42,80)	
9	Eirin Woldsæter	96	Moss SK	3.06,04	335
	40,90(40,90)	1.30,03(49,13)	2.24,63(54,60)	3.06,04(41,41)	
10	Helle Gusjås	96	Fauske SK	3.07,08	330
	44,23(44,23)	2.26,26(1.42,03)	3.07,08(40,82)		
11	Marte Stamland	96	Poseidon	3.13,16	300
	46,36(46,36)	1.34,78(48,42)	2.31,60(56,82)	3.13,16(41,56)	
12	Sigrid Kosmo Holm	96	Fauske SK	3.13,47	298
	43,57(43,57)	1.32,53(48,96)	2.30,36(57,83)	3.13,47(43,11)	
13	Emilie Elise Woll	96	Narvik SK	3.16,52	285
	44,13(44,13)	1.34,95(50,82)	2.34,04(59,09)	3.16,52(42,48)	
14	Silje Sofie Moum	96	Kongstensvømmerne	3.16,97	283
	46,10(46,10)	1.37,10(51,00)	2.37,40(1.00,30)	3.16,97(39,57)	
15	Elida Hole	96	Vestkantsvømmerne	3.17,90	279
	45,54(45,54)	1.39,38(53,84)	2.35,64(56,26)	3.17,90(42,26)	
16	Stina Victoria Nordberg	96	Lambertseter SK	3.28,04	240
	1.43,49(1.43,49)	2.45,10(1.01,61)	3.28,04(42,94)		
	Helene Strømnes	96	Kongstensvømmerne	DISK	
	Vilde Tengedal	96	Bryne SK	DISK	

## Øvelse 42. 200m individuell medley, gutter født 1996

1p	Philip R. Solheim	96	Sarpsborg IL	2.53,06	299
	39,58(39,58)	1.21,30(41,72)	2.16,40(55,10)	2.53,06(36,66)	
2p	Sander Andersen	96	Poseidon	2.54,13	294
	39,48(39,48)	1.23,76(44,28)	2.15,41(51,65)	2.54,13(38,72)	
3p	Tage Singstad	96	Vestbyen IL	2.54,67	291
	38,87(38,87)	1.23,19(44,32)	2.16,97(53,78)	2.54,67(37,70)	
4	Fransiscus Drake Bruseth	96	Larvik SK	2.55,40	287
	38,40(38,40)	1.23,42(45,02)	2.16,01(52,59)	2.55,40(39,39)	
5	Grunde Myhrer	96	Lambertseter SK	2.56,58	282
	37,69(37,69)	1.20,45(42,76)	2.14,63(54,18)	2.56,58(41,95)	
6	Armin Porobic	96	Karmøy SK	2.57,52	277
	39,81(39,81)	1.26,33(46,52)	2.18,56(52,23)	2.57,52(38,96)	
7	Rasmus Skjærpe	96	Elverum Svømming	3.01,28	260
	39,36(39,36)	1.23,61(44,25)	2.20,05(56,44)	3.01,28(41,23)	
8	Morten Wee Hollund	96	Karmøy SK	3.02,19	256
	40,12(40,12)	1.27,08(46,96)	2.24,10(57,02)	3.02,19(38,09)	
9	Bendik Søfteland	96	Kongstensvømmerne	3.03,44	251
	40,65(40,65)	1.29,95(49,30)	2.22,94(52,99)	3.03,44(40,50)	



10	Jone Rugland	96	Vestkantsvømmerne	3.05,02	245
	43,57(43,57)	1.29,44(45,87)	2.25,67(56,23)	3.05,02(39,35)	
11	Mathias Thorkildsen	96	Bærumsvømmerne	3.06,59	239
	40,14(40,14)	1.26,38(46,24)	2.19,80(53,42)	3.06,59(46,79)	
12	Simen Halvorsen	96	Florø SLK	3.06,64	238
	41,86(41,86)	1.30,85(48,99)	2.24,82(53,97)	3.06,64(41,82)	
13	Ole Martin Bjørlykke	96	Aalesund SLK	3.07,01	237
	41,97(41,97)	1.30,23(48,26)	2.24,87(54,64)	3.07,01(42,14)	
14	Sander Sivertsen	96	Vestkantsvømmerne	3.08,71	231
	41,72(41,72)	1.32,58(50,86)	2.26,79(54,21)	3.08,71(41,92)	
15	Kristoffer Rosmo	96	Lambertseter SK	3.16,23	205
	47,33(47,33)	1.35,15(47,82)	2.31,77(56,62)	3.16,23(44,46)	
16	Knut Oscar Skipperud	96	Askimsvømmerne	3.21,16	190
	46,44(46,44)	1.36,43(49,99)	2.36,66(1.00,23)	3.21,16(44,50)	
17	Thomas Cheung	96	Lambertseter SK	3.25,13	179
	49,60(49,60)	1.41,42(51,82)	2.36,28(54,86)	3.25,13(48,85)	
18	Steffen Vike Holm	96	Arna SLK	3.31,69	163
	46,57(46,57)	1.38,72(52,15)	2.44,21(1.05,49)	3.31,69(47,48)	

### Øvelse 43. 200m individuell medley, jenter født 1995

1p	Ingalill Urrang Naustvik	95	Karmøy SK	2.42,65	502
	37,11(37,11)	1.19,98(42,87)	2.06,08(46,10)	2.42,65(36,57)	
2p	Emilie N. Løvberg	95	Bærumsvømmerne	2.45,33	478
	37,36(37,36)	1.19,63(42,27)	2.09,56(49,93)	2.45,33(35,77)	
3p	Andrea Westbye	95	Bærumsvømmerne	2.46,52	468
	38,30(38,30)	1.20,87(42,57)	2.10,97(50,10)	2.46,52(35,55)	
3p	Aslaug Marie Hjelmaas	95	Bergen SLK	2.46,52	468
	37,97(37,97)	1.19,08(41,11)	2.10,90(51,82)	2.46,52(35,62)	
5	Ane Nygård	95	Stavanger SC	2.48,15	454
	36,00(36,00)	1.18,97(42,97)	2.09,88(50,91)	2.48,15(38,27)	
6	Mari Kristoffersen	95	Frisinn SK	2.48,84	449
	37,17(37,17)	1.21,01(43,84)	2.10,21(49,20)	2.48,84(38,63)	
7	Eirin Jakobsen Avlund	95	Lambertseter SK	2.50,10	439
	37,17(37,17)	1.20,62(43,45)	2.12,38(51,76)	2.50,10(37,72)	
8	Christina Krogdahl	95	Karmøy SK	2.50,38	437
	38,00(38,00)	1.22,75(44,75)	2.13,56(50,81)	2.50,38(36,82)	
9	Malin Haga	95	Stavanger SC	2.51,01	432
	37,78(37,78)	1.21,02(43,24)	2.12,01(50,99)	2.51,01(39,00)	
10	Alida Etterlid Jensen	95	Stord IL	2.51,72	427
	41,36(41,36)	1.25,02(43,66)	2.14,62(49,60)	2.51,72(37,10)	
11	Henriette Brattøy Westerheim	95	Kristiansund SLK	2.51,81	426
	38,22(38,22)	1.22,20(43,98)	2.13,41(51,21)	2.51,81(38,40)	
12	Mari Knutsen	95	Øvre Eiker SK	2.54,09	409
	38,42(38,42)	1.24,46(46,04)	2.16,02(51,56)	2.54,09(38,07)	
13	Oda Almgren Lind	95	Oslo IL	2.54,41	407
	42,21(42,21)	1.27,94(45,73)	2.14,30(46,36)	2.54,41(40,11)	
14	Ellen Camilla Hansen	95	Øvre Eiker SK	2.56,00	396
	41,21(41,21)	1.26,53(45,32)	2.16,76(50,23)	2.56,00(39,24)	
15	Andrine Davidsen	95	Lambertseter SK	2.56,76	391
	40,42(40,42)	1.23,08(42,66)	2.18,38(55,30)	2.56,76(38,38)	
16	Caroline R. Helgesen	95	Aalesund SLK	2.57,76	385
	40,09(40,09)	1.26,78(46,69)	2.15,56(48,78)	2.57,76(42,20)	
17	Maria C. Johnsen	95	Moss SK	2.59,25	375
	39,16(39,16)	1.23,53(44,37)	2.20,81(57,28)	2.59,25(38,44)	
18	Rachel Tømmervåg	95	Kristiansund SLK	3.00,99	364
	40,15(40,15)	1.27,46(47,31)	2.20,29(52,83)	3.00,99(40,70)	

## Øvelse 44. 200m individuell medley, gutter født 1995

1p	Markus Lie	95	Åstveit SK	2.39,78	380
	35,49(35,49)	1.15,58(40,09)	2.02,87(47,29)	2.39,78(36,91)	
2p	Theodor W. Thiis	95	Kristiansund SLK	2.43,52	355
	34,60(34,60)	1.19,46(44,86)	2.06,53(47,07)	2.43,52(36,99)	
3p	Alexander Marki Mork	95	Stavanger SC	2.44,56	348
	37,01(37,01)	1.17,44(40,43)	2.07,80(50,36)	2.44,56(36,76)	
4	Vebjørn Lindhjem	95	Lørenskog/Rælingen	2.46,56	336
	38,02(38,02)	1.20,29(42,27)	2.10,44(50,15)	2.46,56(36,12)	
5	Erik Amundsen	95	Poseidon	2.51,61	307
	40,28(40,28)	1.21,64(41,36)	2.13,63(51,99)	2.51,61(37,98)	
6	Anders Erichsen Torvanger	95	Lambertseter SK	2.51,75	306
	38,97(38,97)	1.23,88(44,91)	2.13,15(49,27)	2.51,75(38,60)	
7	Andreas Bjørkli	95	Setermoen SK	2.53,40	297
	40,70(40,70)	1.24,73(44,03)	2.16,41(51,68)	2.53,40(36,99)	
8	Mathias Hammer	95	Kongstensvømmerne	2.54,13	294
	39,67(39,67)	1.25,24(45,57)	2.17,96(52,72)	2.54,13(36,17)	
9	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	2.55,06	289
	41,58(41,58)	1.24,05(42,47)	2.16,82(52,77)	2.55,06(38,24)	
10	Daniel Haugen Ngwenya	95	Trondheim SLK	2.55,31	288
	40,33(40,33)	1.27,75(47,42)	2.15,27(47,52)	2.55,31(40,04)	
11	Andreas Manum Hagby	95	Asker SK	2.56,25	283
	40,50(40,50)	1.26,84(46,34)	2.16,55(49,71)	2.56,25(39,70)	
12	Martin Næss Kjølholdt	95	Kolbotn IL	2.56,27	283
	42,16(42,16)	1.26,25(44,09)	2.19,48(53,23)	2.56,27(36,79)	
13	Jørgen Gundersen	95	Skjetten Svømming	2.58,04	275
	42,17(42,17)	1.25,77(43,60)	2.19,40(53,63)	2.58,04(38,64)	
14	Stian Nilsen	95	Trondheim SLK	2.58,29	274
	41,25(41,25)	1.27,28(46,03)	2.19,46(52,18)	2.58,29(38,83)	
15	Mark Strømme	95	Bærumsvømmerne	2.58,49	273
	39,46(39,46)	1.24,18(44,72)	2.19,20(55,02)	2.58,49(39,29)	
16	Daniel Sandhåland	95	Karmøy SK	3.00,08	266
	41,21(41,21)	1.28,51(47,30)	2.20,86(52,35)	3.00,08(39,22)	
	Eirik Nielsen	95	Poseidon	DISK	
	Jakob Bernstein	95	Bærumsvømmerne	DISK	

## Øvelse 45. 200m individuell medley, jenter født 1994

1p	Stine Lise Stenseth	94	Øvre Eiker SK	2.36,43	565
	35,86(35,86)	1.15,65(39,79)	2.01,02(45,37)	2.36,43(35,41)	
2p	Eva Marie Østerhus	94	Sola SK	2.36,86	560
	35,90(35,90)	1.15,97(40,07)	2.02,35(46,38)	2.36,86(34,51)	
3p	Lotte Thommesen	94	Poseidon	2.38,05	547
	33,88(33,88)	1.14,54(40,66)	2.02,42(47,88)	2.38,05(35,63)	
4	Birgitte Søfteland	94	Kongstensvømmerne	2.38,35	544
	35,63(35,63)	1.17,81(42,18)	2.02,49(44,68)	2.38,35(35,86)	
5	Luna Elisabeth Søgaard	94	Lambertseter SK	2.39,28	535
	36,55(36,55)	1.18,41(41,86)	2.02,36(43,95)	2.39,28(36,92)	
6	Veronica Orheim Bjørlykke	94	Aalesund SLK	2.39,66	531
	34,29(34,29)	1.15,03(40,74)	2.03,09(48,06)	2.39,66(36,57)	
7	Marie Øverland	94	Vestkantsvømmerne	2.40,31	525
	35,88(35,88)	1.16,52(40,64)	2.05,77(49,25)	2.40,31(34,54)	
8	Hanne Lockertsen	94	Tromsø SK	2.40,54	522
	36,85(36,85)	1.17,46(40,61)	2.05,14(47,68)	2.40,54(35,40)	
9	Maren Larsen	94	Madla SK	2.41,12	517
	36,97(36,97)	1.18,57(41,60)	2.04,24(45,67)	2.41,12(36,88)	
10	Oda Haagensen	94	Haldens SK	2.41,99	508
	35,86(35,86)	1.17,97(42,11)	2.05,96(47,99)	2.41,99(36,03)	

11	Karoline Pedersen	94	Bergen SLK	2.42,80	501
	36,23(36,23)	1.18,03(41,80)	2.07,24(49,21)	2.42,80(35,56)	
12	Kristin Vegsund Klungreseth	94	Aalesund SLK	2.42,99	499
	36,79(36,79)	1.19,94(43,15)	2.05,47(45,53)	2.42,99(37,52)	
13	Kristine Mathingsdal Pedersen	94	Farsund SK	2.43,19	497
	36,54(36,54)	1.19,78(43,24)	2.05,97(46,19)	2.43,19(37,22)	
14	Julie Rønningsen	94	Lambertseter SK	2.43,50	494
	36,15(36,15)	1.18,26(42,11)	2.07,21(48,95)	2.43,50(36,29)	
15	Andrea Hestdal	94	Åstveit SK	2.43,77	492
	36,67(36,67)	1.20,00(43,33)	2.07,11(47,11)	2.43,77(36,66)	
16	Hanne Sofie L. Nilssen	94	Kristiansand SA	2.46,14	471
	35,44(35,44)	1.19,63(44,19)	2.07,12(47,49)	2.46,14(39,02)	
17	Marie-Elise Eriksen	94	Horten SK	2.46,24	470
	36,50(36,50)	1.19,38(42,88)	2.08,03(48,65)	2.46,24(38,21)	
18	Maren E.J. Bakke	94	Setermoen SK	2.46,97	464
	37,64(37,64)	1.22,83(45,19)	2.08,65(45,82)	2.46,97(38,32)	
19	Marthe Karlsen	94	SK Speed	2.49,49	444
	37,19(37,19)	1.22,92(45,73)	2.10,52(47,60)	2.49,49(38,97)	

### Øvelse 46. 200m individuell medley, gutter født 1994

1p	Kristoffer D. Birkeland	94	Florø SLK	2.25,92	500
	32,70(32,70)	1.10,73(38,03)	1.53,14(42,41)	2.25,92(32,78)	
2p	Markus Vindenes	94	Vestkantvømmerne	2.36,42	405
	35,50(35,50)	1.15,72(40,22)	2.00,75(45,03)	2.36,42(35,67)	
3p	Henrik Knudsen	94	Stavanger SC	2.38,93	387
	38,09(38,09)	1.17,39(39,30)	2.04,23(46,84)	2.38,93(34,70)	
4	Thomas Myhrer	94	Askimsvømmerne	2.39,12	385
	34,20(34,20)	1.15,45(41,25)	2.05,34(49,89)	2.39,12(33,78)	
5	Kjetil Flatland	94	Lørenskog/Rælingen	2.39,21	384
	36,75(36,75)	1.17,69(40,94)	2.03,86(46,17)	2.39,21(35,35)	
6	Morten Bordervich	94	Sola SK	2.40,18	378
	34,26(34,26)	1.15,80(41,54)	2.04,97(49,17)	2.40,18(35,21)	
7	Simen Alvestad	94	Karmøy SK	2.42,17	364
	36,67(36,67)	1.18,13(41,46)	2.07,62(49,49)	2.42,17(34,55)	
8	Kim Rune Hansen	94	Øvre Eiker SK	2.43,64	354
	36,35(36,35)	1.18,64(42,29)	2.08,18(49,54)	2.43,64(35,46)	
9	Oscar Slaatmo	94	Hamar IL	2.44,36	349
	37,93(37,93)	1.21,91(43,98)	2.10,27(48,36)	2.44,36(34,09)	
10	Henrik Wathne	94	Asker SK	2.44,82	346
	35,82(35,82)	1.17,37(41,55)	2.09,13(51,76)	2.44,82(35,69)	
11	Sondre Biesmans	94	Florø SLK	2.45,38	343
	37,75(37,75)	1.19,13(41,38)	2.09,23(50,10)	2.45,38(36,15)	
12	Kristian Henanger	94	Lambertseter SK	2.46,70	335
	35,63(35,63)	1.17,96(42,33)	2.09,87(51,91)	2.46,70(36,83)	
13	Patrik Andre Solheim	94	Sarpsborg IL	2.47,48	330
	37,56(37,56)	1.19,76(42,20)	2.10,48(50,72)	2.47,48(37,00)	
14	Morgan Lund	94	Askimsvømmerne	2.47,54	330
	37,33(37,33)	1.21,55(44,22)	2.11,41(49,86)	2.47,54(36,13)	
15	Viktor Hellerud	94	Lambertseter SK	2.47,60	330
	38,04(38,04)	1.22,83(44,79)	2.11,89(49,06)	2.47,60(35,71)	
16	Ole Martin Fure	94	Kristiansund SLK	2.49,11	321
	37,01(37,01)	1.19,78(42,77)	2.11,73(51,95)	2.49,11(37,38)	
17	Fredrik K Hegdal	94	Stavanger SC	2.52,48	302
	37,01(37,01)	1.21,03(44,02)	2.14,01(52,98)	2.52,48(38,47)	
18	Christian Christiansen	94	Kristiansund SLK	2.54,27	293
	39,50(39,50)	1.19,67(40,17)	2.16,71(57,04)	2.54,27(37,56)	

## Øvelse 47. 200m individuell medley, jenter født 1993

1p	Siri Eva Kristiansen	93	Asker SK	2.22,99	739
	32,98(32,98)	1.09,39(36,41)	1.50,17(40,78)	2.22,99(32,82)	
2p	Bitte Fagermo	93	Narvik SK	2.25,47	702
	32,43(32,43)	1.10,68(38,25)	1.50,59(39,91)	2.25,47(34,88)	
3p	Susann Bjørnsen	93	Setermoen SK	2.30,54	634
	34,15(34,15)	1.12,30(38,15)	1.57,88(45,58)	2.30,54(32,66)	
4	Stine Kristoffersen	93	Frisinn SK	2.31,71	619
	33,92(33,92)	1.12,54(38,62)	1.55,33(42,79)	2.31,71(36,38)	
5	Jacqueline Knutsson	93	Kongstensvømmerne	2.31,75	619
	32,72(32,72)	1.11,75(39,03)	1.56,98(45,23)	2.31,75(34,77)	
6	Stina Kajsja Colleou	93	Lambertseter SK	2.33,20	601
	35,35(35,35)	1.16,18(40,83)	1.57,30(41,12)	2.33,20(35,90)	
7	Stine Vindenes	93	Vestkantsvømmerne	2.33,88	593
	32,42(32,42)	1.12,93(40,51)	1.58,23(45,30)	2.33,88(35,65)	
8	Pia Cornelia Braarud	93	Lambertseter SK	2.34,63	585
	34,47(34,47)	1.15,59(41,12)	2.00,15(44,56)	2.34,63(34,48)	
9	Monica Brandsborg	93	Kolbotn IL	2.37,61	552
	33,40(33,40)	1.14,45(41,05)	2.00,30(45,85)	2.37,61(37,31)	
10	Siren Bergslid	93	Stavanger SC	2.38,32	545
	37,08(37,08)	1.18,52(41,44)	2.01,47(42,95)	2.38,32(36,85)	
11	Ingrid Elise Woll	93	Narvik SK	2.38,70	541
	34,00(34,00)	1.13,06(39,06)	2.03,39(50,33)	2.38,70(35,31)	
12	Christiana Bjørkli	93	Trondheim SLK	2.39,29	535
	36,53(36,53)	1.17,63(41,10)	2.04,58(46,95)	2.39,29(34,71)	
13	Stine Vik Olsen	93	Kristiansund SLK	2.40,15	526
	33,92(33,92)	1.15,65(41,73)	2.02,95(47,30)	2.40,15(37,20)	
14	Fanny Moen Pettersen	93	Øvre Eiker SK	2.40,94	518
	35,55(35,55)	1.17,11(41,56)	2.05,29(48,18)	2.40,94(35,65)	
15	Ida Arnøy	93	Lørenskog/Rælingen	2.42,10	507
	35,39(35,39)	1.14,97(39,58)	2.05,53(50,56)	2.42,10(36,57)	
16	Lene Ådlandsvik	93	Elverum Svømming	2.42,97	499
	37,63(37,63)	1.19,03(41,40)	2.05,44(46,41)	2.42,97(37,53)	
17	Tonje Stæhr Petersen	93	Moss SK	2.42,98	499
	36,59(36,59)	1.18,17(41,58)	2.05,14(46,97)	2.42,98(37,84)	
18	Zoe Oprel	93	Vågsbygd SLK	2.47,57	459
	36,25(36,25)	1.20,07(43,82)	2.09,70(49,63)	2.47,57(37,87)	

## Øvelse 48. 200m individuell medley, gutter født 1993

1p	Zoltan Csernai	93	Åstveit SK	2.16,30	613
	29,49(29,49)	1.05,35(35,86)	1.47,26(41,91)	2.16,30(29,04)	
2p	Hans Østerdal	93	Stavanger SC	2.17,14	602
	29,72(29,72)	1.06,79(37,07)	1.44,78(37,99)	2.17,14(32,36)	
3p	Mats Gøran Høgenhaug	93	Namsos SK	2.19,64	570
	28,61(28,61)	1.05,17(36,56)	1.48,63(43,46)	2.19,64(31,01)	
4	Hans Kristian Andersen	93	Florø SLK	2.21,49	548
	31,84(31,84)	1.10,19(38,35)	1.48,93(38,74)	2.21,49(32,56)	
5	Sander Rødje	93	Haugesund SK	2.22,13	541
	29,94(29,94)	1.05,12(35,18)	1.49,42(44,30)	2.22,13(32,71)	
6	Øyvind L. Styrmo	93	Delfana	2.22,51	536
	31,06(31,06)	1.07,46(36,40)	1.50,31(42,85)	2.22,51(32,20)	
7	Martin Hammer	93	Kongstensvømmerne	2.24,12	519
	30,44(30,44)	1.09,79(39,35)	1.51,13(41,34)	2.24,12(32,99)	
8	Eirik Lindhjem	93	Lørenskog/Rælingen	2.24,22	517
	32,46(32,46)	1.09,95(37,49)	1.51,44(41,49)	2.24,22(32,78)	
9	Henry Emil Nordhagen	93	Bærumsvømmerne	2.27,40	485
	32,81(32,81)	1.11,17(38,36)	1.52,75(41,58)	2.27,40(34,65)	

10	Christian Juvik	93	Stavanger SC	2.28,30	476
	28,90(28,90)	1.03,66(34,76)	1.51,61(47,95)	2.28,30(36,69)	
11	Anders S. Jordheim	93	Vestkantsvømmerne	2.29,44	465
	32,80(32,80)	1.11,38(38,58)	1.54,59(43,21)	2.29,44(34,85)	
12	Runar Borgen	93	Bodø SK	2.30,08	459
	33,07(33,07)	1.11,63(38,56)	1.54,62(42,99)	2.30,08(35,46)	
13	Thorbjørn Birkeland	93	Haugesund SK	2.30,85	452
	32,85(32,85)	1.12,69(39,84)	1.58,12(45,43)	2.30,85(32,73)	
14	Peder Haagensli	93	Larvik SK	2.30,88	452
	35,59(35,59)	1.15,87(40,28)	1.57,74(41,87)	2.30,88(33,14)	
15	Ingvar V. Skirbekk	93	Elverum Svømming	2.31,63	445
	33,74(33,74)	1.13,29(39,55)	1.57,81(44,52)	2.31,63(33,82)	
16	Christopher Wolf	93	Vestbyen IL	2.34,18	423
	34,76(34,76)	1.15,60(40,84)	1.59,66(44,06)	2.34,18(34,52)	
17	Robin Sell Dyngeland	93	Åstveit SK	2.34,71	419
	33,28(33,28)	1.12,96(39,68)	2.00,79(47,83)	2.34,71(33,92)	
18	Aleksander Sire	93	Modum SK	2.37,46	397
	34,04(34,04)	1.17,55(43,51)	1.59,99(42,44)	2.37,46(37,47)	

### Øvelse 49. 200m individuell medley, jenter født 1992

1p	Siri Anette Sønju	92	Øvre Eiker SK	2.27,48	674
	33,17(33,17)	1.10,79(37,62)	1.53,84(43,05)	2.27,48(33,64)	
2p	Emma Isdahl	92	Lambertseter SK	2.27,85	669
	32,57(32,57)	1.10,95(38,38)	1.54,14(43,19)	2.27,85(33,71)	
3p	Siri N. Andersen	92	Haldens SK	2.28,29	663
	32,61(32,61)	1.10,84(38,23)	1.54,95(44,11)	2.28,29(33,34)	
4	Oona Ovesen	92	Elverum Svømming	2.30,62	633
	33,17(33,17)	1.11,34(38,17)	1.56,55(45,21)	2.30,62(34,07)	
5	Benedicte Kausland	92	Vestkantsvømmerne	2.30,97	628
	34,81(34,81)	1.13,38(38,57)	1.55,80(42,42)	2.30,97(35,17)	
6	Elin Slaatmo	92	Hamar IL	2.33,64	596
	35,03(35,03)	1.14,68(39,65)	2.00,09(45,41)	2.33,64(33,55)	
7	Victoria Rung	92	Frisinn SK	2.33,93	593
	32,73(32,73)	1.11,90(39,17)	1.58,50(46,60)	2.33,93(35,43)	
8	Ingse Bergh Monsen	92	Bergens SC	2.33,95	592
	34,03(34,03)	1.13,82(39,79)	1.58,99(45,17)	2.33,95(34,96)	
9	Sophia Broberg Skeltved	92	Tromsø SK	2.34,51	586
	34,10(34,10)	1.13,00(38,90)	1.57,14(44,14)	2.34,51(37,37)	
10	Andrea Haugstad	92	Vestkantsvømmerne	2.34,66	584
	34,86(34,86)	1.15,11(40,25)	1.59,65(44,54)	2.34,66(35,01)	
11	Iselin Mjøllner Dahlen	92	Skjetten Svømming	2.35,48	575
	34,27(34,27)	1.12,65(38,38)	2.00,21(47,56)	2.35,48(35,27)	
12	Emilie Hellerud	92	Lambertseter SK	2.35,51	575
	33,48(33,48)	1.13,72(40,24)	2.00,05(46,33)	2.35,51(35,46)	
13	Hanne Søfteland	92	Delfana	2.35,63	573
	32,95(32,95)	1.12,62(39,67)	1.59,89(47,27)	2.35,63(35,74)	
14	Terese Fosby	92	Kongstensvømmerne	2.35,87	571
	34,23(34,23)	1.15,72(41,49)	2.01,28(45,56)	2.35,87(34,59)	
15	Elisabeth Kristiansen	92	Haugesund SK	2.38,51	543
	35,10(35,10)	1.15,05(39,95)	2.01,45(46,40)	2.38,51(37,06)	
16	Seline Vike Holm	92	Arna SLK	2.40,22	525
	33,23(33,23)	1.11,77(38,54)	2.03,49(51,72)	2.40,22(36,73)	
17	Marthe Berg Sørensen	92	Frisinn SK	2.45,72	475
	35,62(35,62)	1.19,24(43,62)	2.09,70(50,46)	2.45,72(36,02)	
18	Mina-Louise Bekk Berggren	92	Lambertseter SK	2.47,59	459
	33,08(33,08)	1.15,49(42,41)	2.09,68(54,19)	2.47,59(37,91)	

## Øvelse 50. 200m individuell medley, gutter født 1992

1p	Ole Martin Ree	92	Sola SK	2.16,74	607
	29,04(29,04)	1.05,01(35,97)	1.45,11(40,10)	2.16,74(31,63)	
2p	Sverre Næss	92	Sarpsborg IL	2.18,68	582
	30,13(30,13)	1.07,06(36,93)	1.46,99(39,93)	2.18,68(31,69)	
3p	Jørn Nygård	92	Stavanger SC	2.19,77	568
	29,85(29,85)	1.07,12(37,27)	1.48,77(41,65)	2.19,77(31,00)	
4	Martin P. Sletbakken	92	Sortland SLK	2.20,18	564
	29,09(29,09)	1.04,95(35,86)	1.48,46(43,51)	2.20,18(31,72)	
5	Jonas Kirkeberg Jostad	92	Hamar IL	2.20,90	555
	30,34(30,34)	1.04,47(34,13)	1.46,97(42,50)	2.20,90(33,93)	
6	Tore Skaug Bysting	92	Lørenskog/Rælingen	2.21,14	552
	30,82(30,82)	1.06,53(35,71)	1.47,42(40,89)	2.21,14(33,72)	
7	Kenneth Bakkehaug	92	Sørreisa SK	2.21,37	549
	30,49(30,49)	1.06,29(35,80)	1.49,38(43,09)	2.21,37(31,99)	
8	Espen Halhjem	92	Delfana	2.23,12	529
	30,55(30,55)	1.08,59(38,04)	1.49,86(41,27)	2.23,12(33,26)	
9	Marius Graarud	92	Sarpsborg IL	2.23,33	527
	30,68(30,68)	1.09,62(38,94)	1.50,41(40,79)	2.23,33(32,92)	
10	Lavrans Veierø Solli	92	Bergens SC	2.23,85	521
	31,68(31,68)	1.07,49(35,81)	1.50,05(42,56)	2.23,85(33,80)	
11	Håkon M. Haga	92	Kirkenes SK	2.24,52	514
	31,07(31,07)	1.09,15(38,08)	1.51,27(42,12)	2.24,52(33,25)	
12	Sindre Lilledahl	92	Haugesund SK	2.24,77	512
	31,32(31,32)	1.08,35(37,03)	1.52,45(44,10)	2.24,77(32,32)	
13	Hans Andre Pedersen	92	Sandefjord SK	2.25,58	503
	31,60(31,60)	1.07,90(36,30)	1.52,56(44,66)	2.25,58(33,02)	
14	Andreas Mathingsdal Pedersen	92	Farsund SK	2.26,84	490
	32,57(32,57)	1.12,06(39,49)	1.53,92(41,86)	2.26,84(32,92)	
15	Alexander Schüssler	92	Lambertseter SK	2.27,03	488
	34,52(34,52)	1.12,44(37,92)	1.54,87(42,43)	2.27,03(32,16)	
16	Sindre Mowatt Gruben	92	Bergens SC	2.27,31	486
	31,47(31,47)	1.09,05(37,58)	1.53,00(43,95)	2.27,31(34,31)	
17	Simen Andreassen	92	Florø SLK	2.27,78	481
	31,63(31,63)	1.10,68(39,05)	1.54,10(43,42)	2.27,78(33,68)	
18	Eivind Johannesen	92	Åstveit SK	2.30,40	456
	35,50(35,50)	1.14,74(39,24)	1.57,17(42,43)	2.30,40(33,23)	