

Torsdag 22. november 2007 kl 09.00

Øvelse 1. 4*50m lag medley, damer - UM

UM

1	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne		2.06,18	653
	Marie Øverland:	33,55(33,55)				
	Benedicte Kausland:	1.08,09(34,54)				
	Stine Vindenes:	1.37,68(29,59)				
	Juni Rugland:	2.06,18(28,50)				
2	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,60)	2.11,45	578
	Malin Milford Johannessen:	35,35(35,35)				
	Lene Lykke Erichsen:	1.10,42(35,07)				
	Kjersti Dalen:	1.43,47(33,05)				
	Maria Bølgen:	2.11,45(27,98)				
3	Stavanger SC J1 jr.	JR	Stavanger SC	(0,73)	2.11,60	576
	Caroline M. Mork:	35,20(35,20)				
	Siren Bergslid:	1.11,31(36,11)				
	Karoline Eriksen:	1.42,38(31,07)				
	Hege Harestad:	2.11,60(29,22)				
4	Bergens SC J1 jr.	JR	Bergens SC	(0,60)	2.11,84	572
	Ragnhild Søfteland:	33,48(33,48)				
	Martha Maria Songstad:	1.11,45(37,97)				
	Ingse Bergh Monsen:	1.42,63(31,18)				
	Eirin Arnesen:	2.11,84(29,21)				
5	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	(0,68)	2.11,85	572
	Marthe Helene Haganes:	33,64(33,64)				
	Malin Dahle:	1.11,04(37,40)				
	Marie Reinertsen:					
	Andrea Haugstad:	2.11,85(1.00,81)				
6	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(0,67)	2.12,35	566
	Siri Anette Sønju:	33,50(33,50)				
	Stine Lise Stenseth:	1.10,64(37,14)				
	Ida Johansen:	1.42,70(32,06)				
	Inger-Cathrine Wium:	2.12,35(29,65)				
7	Trondheim SLK J1 jr.	JR	Trondheim SLK	(0,65)	2.13,93	546
	Helle Krogstad:	35,28(35,28)				
	Stine Tveit:	1.11,20(35,92)				
	Christiana Bjørkli:	1.43,10(31,90)				
	Julie Hegvik:	2.13,93(30,83)				
8	Moss SK J1 jr.	JR	Moss SK	(0,68)	2.14,28	542
	Tonje Stæhr Petersen:	35,59(35,59)				
	Maria Dahli:	1.11,97(36,38)				
	Oda Berg Dypsund:	1.44,07(32,10)				
	Cathrine Brevik:	2.14,28(30,21)				
9	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	(0,71)	2.15,76	524
	Iselin Mjøllner Dahlen:	32,56(32,56)				
	Mischa van der Linden:	1.13,09(40,53)				
	Christina Dahl:	1.45,35(32,26)				
	Christiane Sandbye:	2.15,76(30,41)				
10	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,80)	2.19,77	480
	Ida Arnøy:	35,30(35,30)				
	Mette Aas:	1.15,09(39,79)				
	Aurora Brandtzæg:	1.50,10(35,01)				
	Jeanette Erlandsen:	2.19,77(29,67)				
11	SK Speed J1 jr.	JR	SK Speed	(0,71)	2.22,88	450
	Hege Strøm Haukeland:	39,16(39,16)				
	Marianne Strøm:	1.19,36(40,20)				
	Idha Toft Valeur:	1.52,00(32,64)				
	Linda Gabrielsen:	2.22,88(30,88)				
12	Elverum IL J1 jr.	JR	Elverum Svømming	(0,69)	2.23,33	445
	Lene Ådlandsvik:	35,82(35,82)				
	Kristin Johnsen:	1.17,82(42,00)				
	Oona Ovesen:	1.48,79(30,97)				
	Hanne Delbekk:	2.23,33(34,54)				
	Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,58)	DISK	
	Emma Isdahl:	32,29(32,29)				
	Stina Kajsa Colleou:					
	Mina Berggren:					
	Emilie Hellerud:					

Øvelse 2. 800m fri, herrer - Direkte finale – Foreløpig før siste heat

UM

1	Jørn Nygård	92	Stavanger SC	8.38,64	683
	28,44(28,44)	59,62(31,18)	1.31,37(31,75)	2.03,60(32,23)	
	2.35,93(32,33)	3.08,52(32,59)	3.41,78(33,26)	4.14,29(32,51)	
	4.47,72(33,43)	5.20,66(32,94)	5.54,02(33,36)	6.27,57(33,55)	
	7.00,94(33,37)	7.34,19(33,25)	8.07,40(33,21)	8.38,64(31,24)	
2	Espen Halhjem	92	Delfana	8.53,42	627
	30,39(30,39)	1.02,54(32,15)	1.35,07(32,53)	2.08,05(32,98)	
	2.41,07(33,02)	3.14,70(33,63)	3.48,12(33,42)	4.21,97(33,85)	
	4.55,64(33,67)	5.29,38(33,74)	6.03,19(33,81)	6.37,30(34,11)	
	7.11,49(34,19)	7.46,12(34,63)	8.20,24(34,12)	8.53,42(33,18)	
3	Martin Hammer	93	Kongstensvømmerne	9.00,89	602
	28,67(28,67)	1.01,43(32,76)	1.34,70(33,27)	2.08,21(33,51)	
	2.41,91(33,70)	3.15,78(33,87)	3.50,12(34,34)	4.24,64(34,52)	
	4.58,61(33,97)	5.33,41(34,80)	6.07,26(33,85)	6.42,15(34,89)	
	7.16,77(34,62)	7.51,80(35,03)	8.26,57(34,77)	9.00,89(34,32)	
4	Eivind Johannesen	92	Åstveit SK	9.02,53	596
	30,86(30,86)	1.03,84(32,98)	1.37,46(33,62)	2.10,93(33,47)	
	2.45,14(34,21)	3.19,53(34,39)	3.53,86(34,33)	4.28,21(34,35)	
	5.01,92(33,71)	5.36,35(34,43)	6.10,83(34,48)	6.44,99(34,16)	
	7.19,64(34,65)	7.54,26(34,62)	8.29,01(34,75)	9.02,53(33,52)	
5	Sindre Lilledahl	92	Haugesund SK	9.06,86	582
	30,19(30,19)	1.04,51(34,32)	1.39,00(34,49)	2.13,78(34,78)	
	2.48,94(35,16)	3.24,00(35,06)	3.59,25(35,25)	4.34,52(35,27)	
	5.09,68(35,16)	5.44,61(34,93)	6.19,16(34,55)	6.53,51(34,35)	
	7.28,04(34,53)	8.02,51(34,47)	8.34,95(32,44)	9.06,86(31,91)	
6	Peder T. Haagensli	93	Larvik SK	9.10,21	572
	30,46(30,46)	1.04,63(34,17)	1.39,35(34,72)	2.14,55(35,20)	
	2.49,65(35,10)	3.24,55(34,90)	3.59,33(34,78)	4.34,60(35,27)	
	5.09,57(34,97)	5.44,38(34,81)	6.18,90(34,52)	6.53,49(34,59)	
	7.28,09(34,60)	8.02,52(34,43)	8.36,77(34,25)	9.10,21(33,44)	
7	Martin Berger Oterholm	93	Kolbotn IL	9.17,60	549
	30,12(30,12)	1.03,93(33,81)	1.38,59(34,66)	2.13,63(35,04)	
	2.48,72(35,09)	3.23,96(35,24)	3.59,28(35,32)	4.34,50(35,22)	
	5.09,75(35,25)	5.44,98(35,23)	6.20,42(35,44)	6.56,48(36,06)	
	7.32,26(35,78)	8.07,94(35,68)	8.43,30(35,36)	9.17,60(34,30)	
8	Ingvar V. Skirbekk	93	Elverum Svømming	9.20,90	540
	30,68(30,68)	1.04,05(33,37)	1.38,83(34,78)	2.13,70(34,87)	
	2.49,07(35,37)	3.23,98(34,91)	3.59,65(35,67)	4.35,55(35,90)	
	5.11,33(35,78)	5.47,13(35,80)	6.22,51(35,38)	6.58,39(35,88)	
	7.34,25(35,86)	8.10,20(35,95)	8.46,05(35,85)	9.20,90(34,85)	
9	Magne Dahlberg	92	Setermoen SK	9.32,31	508
	30,60(30,60)	1.05,12(34,52)	1.40,74(35,62)	2.16,91(36,17)	
	2.53,58(36,67)	3.29,97(36,39)	4.06,55(36,58)	4.43,61(37,06)	
	5.19,92(36,31)	5.56,70(36,78)	6.33,69(36,99)	7.09,92(36,23)	
	7.45,63(35,71)	8.21,81(36,18)	8.58,02(36,21)	9.32,31(34,29)	

Junior

1	Daniel Berenett	91	IL Varg/NTG	8.38,15	685
	29,12(29,12)	1.01,42(32,30)	1.33,47(32,05)	2.06,49(33,02)	
	2.39,22(32,73)	3.12,43(33,21)	3.45,30(32,87)	4.18,47(33,17)	
	4.50,94(32,47)	5.24,06(33,12)	5.57,13(33,07)	6.30,08(32,95)	
	7.02,31(32,23)	7.35,29(32,98)	8.07,26(31,97)	8.38,15(30,89)	
2	Jørn Nygård	92	Stavanger SC	8.38,64	683
	28,44(28,44)	59,62(31,18)	1.31,37(31,75)	2.03,60(32,23)	
	2.35,93(32,33)	3.08,52(32,59)	3.41,78(33,26)	4.14,29(32,51)	
	4.47,72(33,43)	5.20,66(32,94)	5.54,02(33,36)	6.27,57(33,55)	
	7.00,94(33,37)	7.34,19(33,25)	8.07,40(33,21)	8.38,64(31,24)	
3	Christian Thorsen	91	Lambertseter SK	8.44,26	661
	29,84(29,84)	1.02,45(32,61)	1.35,62(33,17)	2.08,81(33,19)	
	2.42,02(33,21)	3.15,37(33,35)	3.48,38(33,01)	4.21,46(33,08)	
	4.54,39(32,93)	5.27,45(33,06)	6.00,60(33,15)	6.33,47(32,87)	
	7.06,55(33,08)	7.39,61(33,06)	8.12,57(32,96)	8.44,26(31,69)	
4	Øyvind Gevelt	91	Øvre Eiker SK	8.48,79	644
	30,76(30,76)	1.03,09(32,33)	1.35,65(32,56)	2.08,31(32,66)	
	2.41,29(32,98)	3.14,51(33,22)	3.47,76(33,25)	4.20,99(33,23)	
	4.54,28(33,29)	5.27,88(33,60)	6.01,67(33,79)	6.36,11(34,44)	
	7.09,71(33,60)	7.43,30(33,59)	8.16,92(33,62)	8.48,79(31,87)	

5	Stian Werner Erichsen	90	Bærumsvømmerne	8.49,77	640
	29,53(29,53)	1.01,84(32,31)	1.34,17(32,33)	2.07,36(33,19)	
	2.40,41(33,05)	3.14,14(33,73)	3.48,03(33,89)	4.21,73(33,70)	
	4.54,40(32,67)	5.28,04(33,64)	6.01,88(33,84)	6.36,50(34,62)	
	7.10,20(33,70)	7.44,30(34,10)	8.17,79(33,49)	8.49,77(31,98)	
6	Espen Halhjem	92	Delfana	8.53,42	627
	30,39(30,39)	1.02,54(32,15)	1.35,07(32,53)	2.08,05(32,98)	
	2.41,07(33,02)	3.14,70(33,63)	3.48,12(33,42)	4.21,97(33,85)	
	4.55,64(33,67)	5.29,38(33,74)	6.03,19(33,81)	6.37,30(34,11)	
	7.11,49(34,19)	7.46,12(34,63)	8.20,24(34,12)	8.53,42(33,18)	
7	Håkon Aleksander Vik	90	Haldens SK	8.57,66	613
	29,35(29,35)	1.02,00(32,65)	1.35,68(33,68)	2.09,33(33,65)	
	2.42,90(33,57)	3.17,40(34,50)	3.51,87(34,47)	4.26,76(34,89)	
	5.00,99(34,23)	5.35,38(34,39)	6.09,88(34,50)	6.44,45(34,57)	
	7.18,44(33,99)	7.52,46(34,02)	8.26,50(34,04)	8.57,66(31,16)	
8	Martin Hammer	93	Kongstensvømmerne	9.00,89	602
	28,67(28,67)	1.01,43(32,76)	1.34,70(33,27)	2.08,21(33,51)	
	2.41,91(33,70)	3.15,78(33,87)	3.50,12(34,34)	4.24,64(34,52)	
	4.58,61(33,97)	5.33,41(34,80)	6.07,26(33,85)	6.42,15(34,89)	
	7.16,77(34,62)	7.51,80(35,03)	8.26,57(34,77)	9.00,89(34,32)	
9	Eivind Johannesen	92	Åstveit SK	9.02,53	596
	30,86(30,86)	1.03,84(32,98)	1.37,46(33,62)	2.10,93(33,47)	
	2.45,14(34,21)	3.19,53(34,39)	3.53,86(34,33)	4.28,21(34,35)	
	5.01,92(33,71)	5.36,35(34,43)	6.10,83(34,48)	6.44,99(34,16)	
	7.19,64(34,65)	7.54,26(34,62)	8.29,01(34,75)	9.02,53(33,52)	
10	Sindre Lilledahl	92	Haugesund SK	9.06,86	582
	30,19(30,19)	1.04,51(34,32)	1.39,00(34,49)	2.13,78(34,78)	
	2.48,94(35,16)	3.24,00(35,06)	3.59,25(35,25)	4.34,52(35,27)	
	5.09,68(35,16)	5.44,61(34,93)	6.19,16(34,55)	6.53,51(34,35)	
	7.28,04(34,53)	8.02,51(34,47)	8.34,95(32,44)	9.06,86(31,91)	
11	Peder T. Haagensli	93	Larvik SK	9.10,21	572
	30,46(30,46)	1.04,63(34,17)	1.39,35(34,72)	2.14,55(35,20)	
	2.49,65(35,10)	3.24,55(34,90)	3.59,33(34,78)	4.34,60(35,27)	
	5.09,57(34,97)	5.44,38(34,81)	6.18,90(34,52)	6.53,49(34,59)	
	7.28,09(34,60)	8.02,52(34,43)	8.36,77(34,25)	9.10,21(33,44)	
12	Sigvart Evjen	91	Vestbyen IL	9.16,12	554
	30,04(30,04)	1.02,88(32,84)	1.36,50(33,62)	2.10,85(34,35)	
	2.45,53(34,68)	3.20,70(35,17)	3.56,11(35,41)	4.31,03(34,92)	
	5.06,81(35,78)	5.42,18(35,37)	6.18,08(35,90)	6.53,72(35,64)	
	7.29,74(36,02)	8.05,57(35,83)	8.41,33(35,76)	9.16,12(34,79)	
13	Martin Berger Oterholm	93	Kolbotn IL	9.17,60	549
	30,12(30,12)	1.03,93(33,81)	1.38,59(34,66)	2.13,63(35,04)	
	2.48,72(35,09)	3.23,96(35,24)	3.59,28(35,32)	4.34,50(35,22)	
	5.09,75(35,25)	5.44,98(35,23)	6.20,42(35,44)	6.56,48(36,06)	
	7.32,26(35,78)	8.07,94(35,68)	8.43,30(35,36)	9.17,60(34,30)	
14	Ingvar V. Skirbekk	93	Elverum Svømming	9.20,90	540
	30,68(30,68)	1.04,05(33,37)	1.38,83(34,78)	2.13,70(34,87)	
	2.49,07(35,37)	3.23,98(34,91)	3.59,65(35,67)	4.35,55(35,90)	
	5.11,33(35,78)	5.47,13(35,80)	6.22,51(35,38)	6.58,39(35,88)	
	7.34,25(35,86)	8.10,20(35,95)	8.46,05(35,85)	9.20,90(34,85)	
15	Espen Urdahl	89	Bærumsvømmerne	9.26,25	524
	29,84(29,84)	1.03,14(33,30)	1.36,92(33,78)	2.11,86(34,94)	
	2.46,96(35,10)	3.22,31(35,35)	3.57,51(35,20)	4.33,36(35,85)	
	5.09,43(36,07)	5.45,65(36,22)	6.21,97(36,32)	6.58,58(36,61)	
	7.35,40(36,82)	8.12,16(36,76)	8.49,18(37,02)	9.26,25(37,07)	
16	Magne Dahlberg	92	Setermoen SK	9.32,31	508
	30,60(30,60)	1.05,12(34,52)	1.40,74(35,62)	2.16,91(36,17)	
	2.53,58(36,67)	3.29,97(36,39)	4.06,55(36,58)	4.43,61(37,06)	
	5.19,92(36,31)	5.56,70(36,78)	6.33,69(36,99)	7.09,92(36,23)	
	7.45,63(35,71)	8.21,81(36,18)	8.58,02(36,21)	9.32,31(34,29)	

Øvelse 3. 400m fri, damer

Junior

1	Elise Utne	89	Narvik SK	4.26,01	751
	31,28(31,28)	1.04,23(32,95)	1.37,45(33,22)	2.10,70(33,25)	
	2.44,46(33,76)	3.18,04(33,58)	3.51,69(33,65)	4.26,01(34,32)	
2	Monica Finnøy	88	BS/Bergen SLK	4.26,35	748
	30,93(30,93)	1.04,11(33,18)	1.37,69(33,58)	2.11,44(33,75)	
	2.45,26(33,82)	3.19,16(33,90)	3.53,32(34,16)	4.26,35(33,03)	
3	Cecilie W. Johannessen	90	Karmøy SK	4.26,95	743
	30,23(30,23)	1.03,54(33,31)	1.37,26(33,72)	2.11,74(34,48)	
	2.45,37(33,63)	3.19,47(34,10)	3.53,66(34,19)	4.26,95(33,29)	
4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.28,57	729
	31,41(31,41)	1.04,83(33,42)	1.38,56(33,73)	2.12,49(33,93)	
	2.46,73(34,24)	3.20,75(34,02)	3.54,65(33,90)	4.28,57(33,92)	
5	Karoline Brudvik Sanderud	89	Hamar IL	4.28,81	728
	31,30(31,30)	1.04,47(33,17)	1.37,95(33,48)	2.11,63(33,68)	
	2.45,46(33,83)	3.19,87(34,41)	3.54,69(34,82)	4.28,81(34,12)	
6	Ina Kr. Pedersen	89	Moss SK	4.30,16	717
	30,51(30,51)	1.03,24(32,73)	1.36,99(33,75)	2.11,25(34,26)	
	2.45,79(34,54)	3.20,48(34,69)	3.55,21(34,73)	4.30,16(34,95)	
7	Gina B. Andersen	90	Skjetten Svømming/NTG	4.34,20	685
	31,43(31,43)	1.05,00(33,57)	1.39,31(34,31)	2.14,19(34,88)	
	2.48,57(34,38)	3.23,94(35,37)	3.59,51(35,57)	4.34,20(34,69)	
8	Martine Bremer	90	Bergen SLK	4.35,90	673
	31,21(31,21)	1.05,26(34,05)	1.39,82(34,56)	2.14,87(35,05)	
	2.49,90(35,03)	3.25,34(35,44)	4.01,02(35,68)	4.35,90(34,88)	
9	Oda Martine Reiertsen	89	Hamar IL	4.41,76	632
	31,02(31,02)	1.05,48(34,46)	1.41,10(35,62)	2.16,94(35,84)	
	2.53,25(36,31)	3.29,35(36,10)	4.05,83(36,48)	4.41,76(35,93)	
10	Line W. Lund	91	Askimsvømmerne	4.42,59	626
	31,67(31,67)	1.06,23(34,56)	1.41,62(35,39)	2.17,38(35,76)	
	2.53,59(36,21)	3.30,30(36,71)	4.06,84(36,54)	4.42,59(35,75)	
11	Ingrid Marie Rytter	91	Vestbyen IL	4.43,13	623
	31,56(31,56)	1.05,99(34,43)	1.41,71(35,72)	2.17,58(35,87)	
	2.53,99(36,41)	3.30,63(36,64)	4.07,20(36,57)	4.43,13(35,93)	
12	Marte Elise Brinchmann	91	Moss SK	4.44,02	617
	31,69(31,69)	1.06,32(34,63)	1.42,02(35,70)	2.17,98(35,96)	
	2.54,53(36,55)	3.31,44(36,91)	4.07,87(36,43)	4.44,02(36,15)	
13	Nora Kathrine Guthe	91	Asker SK	4.45,07	610
	32,91(32,91)	1.07,55(34,64)	1.42,73(35,18)	2.19,22(36,49)	
	2.56,09(36,87)	3.32,55(36,46)	4.09,18(36,63)	4.45,07(35,89)	
14	June J. Kristiansen	90	Delfana	4.46,01	604
	31,74(31,74)	1.07,01(35,27)	1.43,04(36,03)	2.19,36(36,32)	
	2.56,10(36,74)	3.32,93(36,83)	4.09,80(36,87)	4.46,01(36,21)	
15	Emilie Voraa	91	Bærumsvømmerne	4.48,43	589
	32,54(32,54)	1.07,66(35,12)	1.43,65(35,99)	2.20,16(36,51)	
	2.56,99(36,83)	3.34,20(37,21)	4.11,56(37,36)	4.48,43(36,87)	
16	Elisabet Arnesen	89	Hamar IL	4.49,77	581
	34,12(34,12)	1.10,44(36,32)	1.47,32(36,88)	2.24,22(36,90)	
	3.00,83(36,61)	3.37,25(36,42)	4.13,78(36,53)	4.49,77(35,99)	

UM

1	Elin Slaatmo	92	Hamar IL	4.22,67	780
	30,66(30,66)	1.02,99(32,33)	1.35,92(32,93)	2.09,24(33,32)	
	2.42,78(33,54)	3.16,66(33,88)	3.50,38(33,72)	4.22,67(32,29)	
2	Siri N. Andersen	92	Haldens SK	4.32,77	696
	31,24(31,24)	1.04,61(33,37)	1.38,81(34,20)	2.13,41(34,60)	
	2.48,08(34,67)	3.23,13(35,05)	3.58,06(34,93)	4.32,77(34,71)	
3	Katrine Ekstang	92	Setermoen SK	4.34,71	682
	31,63(31,63)	1.05,91(34,28)	1.41,01(35,10)	2.15,76(34,75)	
	2.50,41(34,65)	3.26,08(35,67)	4.01,54(35,46)	4.34,71(33,17)	
4	Siri Anette Sønju	92	Øvre Eiker SK	4.35,32	677
	31,53(31,53)	1.05,34(33,81)	1.40,28(34,94)	2.15,64(35,36)	
	2.50,83(35,19)	3.26,20(35,37)	4.01,46(35,26)	4.35,32(33,86)	

5	Eva Marie Østerhus	94	Madla SK	4.35,66	675
	31,28(31,28)	1.04,94(33,66)	1.39,31(34,37)	2.14,03(34,72)	
	2.48,84(34,81)	3.24,28(35,44)	4.00,04(35,76)	4.35,66(35,62)	
6	Terese Fosby	92	Kongstensvømmerne	4.36,41	669
	31,13(31,13)	1.05,16(34,03)	1.39,76(34,60)	2.15,13(35,37)	
	2.50,78(35,65)	3.26,56(35,78)	4.01,92(35,36)	4.36,41(34,49)	
7	Susann Bjørnsen	93	Setermoen SK	4.36,95	665
	31,56(31,56)	1.05,59(34,03)	1.40,37(34,78)	2.15,55(35,18)	
	2.51,25(35,70)	3.26,89(35,64)	4.02,60(35,71)	4.36,95(34,35)	
8	Emilie Hellerud	92	Lambertseter SK	4.40,56	640
	31,93(31,93)	1.06,26(34,33)	1.41,64(35,38)	2.17,08(35,44)	
	2.52,83(35,75)	3.28,91(36,08)	4.05,16(36,25)	4.40,56(35,40)	
9	Pia Cornelia Braarud	93	Lambertseter SK	4.41,56	633
	31,72(31,72)	1.06,90(35,18)	1.42,92(36,02)	2.18,93(36,01)	
	2.54,54(35,61)	3.30,62(36,08)	4.06,40(35,78)	4.41,56(35,16)	
10	Karoline Pedersen	94	Bergen SLK	4.41,90	631
	31,77(31,77)	1.06,72(34,95)	1.42,37(35,65)	2.18,30(35,93)	
	2.54,21(35,91)	3.30,62(36,41)	4.06,92(36,30)	4.41,90(34,98)	
11	Marthe Berg Sørensen	92	TS/Frisinn	4.43,60	619
	30,99(30,99)	1.05,59(34,60)		2.18,25(1.12,66)	
	2.54,80(36,55)	3.31,65(36,85)	4.08,38(36,73)	4.43,60(35,22)	
12	Inger-Cathrine Wium	92	Øvre Eiker SK	4.49,02	585
	32,46(32,46)	1.08,22(35,76)	1.44,65(36,43)	2.21,55(36,90)	
	2.58,74(37,19)	3.35,64(36,90)	4.12,74(37,10)	4.49,02(36,28)	
13	Christiana Bjørkli	93	Trondheim SLK	4.51,66	569
	33,09(33,09)	1.08,65(35,56)	1.45,00(36,35)	2.22,06(37,06)	
	2.59,19(37,13)	3.36,89(37,70)	4.14,45(37,56)	4.51,66(37,21)	
14	Oda Marie Siljan	92	Poseidon	4.54,26	554
	33,53(33,53)	1.10,17(36,64)	1.47,46(37,29)	2.25,09(37,63)	
	3.02,14(37,05)	3.39,69(37,55)	4.17,04(37,35)	4.54,26(37,22)	
15	Camilla W. Kristiansen	92	Ski SK	4.58,58	531
	32,80(32,80)	1.09,83(37,03)	1.48,12(38,29)	2.26,58(38,46)	
	3.05,24(38,66)	3.44,00(38,76)	4.22,12(38,12)	4.58,58(36,46)	
	Ida Arnøy	93	Lørenskog/Rælingen	DISK	

Funksjonshemmede

1	Ingvill S. Hilleren	90	Vestkantsvømmerne	6.40,98	219	S7	126,47 %
	46,36(46,36)	1.36,06(49,70)	2.26,11(50,05)	3.16,51(50,40)			
	4.07,74(51,23)	4.58,62(50,88)	5.50,19(51,57)	6.40,98(50,79)			
2	Ingrid Djupskås	89	Asker SK	6.54,57	198	S10	147,57 %
	44,69(44,69)	1.36,20(51,51)	2.29,85(53,65)	3.22,90(53,05)			
	4.16,40(53,50)	5.10,02(53,62)	6.03,10(53,08)	6.54,57(51,47)			

Øvelse 4. 50m bryst, herrer

Junior

1	Marcus Tesdal	90	BS/Åstveit	29,41	731
2	Robin Palm	88	Sarpsborg IL	29,91	695
3	Mattis Saghaug	90	IL Varg/NTG	29,97	691
4	Sindre Søderlund	91	Trondheim SLK/NTG	30,16	678
4	Ole-Wilhelm Norseng	88	Hamar IL	30,16	678
6	Haakon Walderhaug	88	Molde SLK	30,23	673
7	Martin Steffensen	89	BS/Arna	30,34	666
8	Mikael Bergene	91	Lambertseter SK	30,49	656
9	Ronnie Anstensen	88	Hamar IL	30,66	645
10	Johannes Framnes	89	BS/Arna	30,74	640
11	John Lekhmus	91	Tromsø SK	30,79	637
12	Martin Åsheim	90	Lørenskog/Rælingen	30,82	635
13	Thomas W. Kristiansen	89	Ski SK	30,87	632
14	Bernt M. Seyffarth	89	Mandal SK	30,90	630

15	Andreas I. Stadheim	90	Gjøvik SK	31,26	609
16	Erling Mjøs Brattelid	91	TS/Sola SK	31,29	607
17	Sten Marius Holmen	89	Ski SK/NTG	31,31	606
18	Christoffer Sørstrand Æsøy	88	Florø SLK	31,36	603
19	André Eide	89	Narvik SK	31,42	599
20	Bjørn Emil Evensen	91	Gjøvik SK	31,51	594
21	Bjørnar Salvesen	90	Mandal SK	31,56	592
22	Benjamin Marum	88	Vestkantsvømmerne	31,58	590
23	Christian Sunde	89	Elverum Svømming	31,77	580
24	Per Sondre Sodeland	91	Mandal SK	31,81	578
25	Torkil Berntsen Due	88	Namsos SK	31,83	577
26	Krister Haugen	88	Askimsvømmerne	31,91	572
27	Simen Dale	91	BS/Delfana	32,16	559
28	Magnus Klæboe Nordgård	89	Tromsø SK	32,83	525

UM

1	Sverre Næss	92	Sarpsborg IL	30,54	653
2	Aleksander Sire	93	Modum SK	32,06	564
3	Hans Kristian Andersen	93	Florø SLK	32,09	563
4	Patrik Bubilek	92	Asker SK	32,13	561
5	Håkon M. Haga	92	Kirkenes SK	32,48	543
6	Espen Halhjem	92	Delfana	32,77	528
	Hans Østerdal	93	Stavanger SC	DISK	

Øvelse 5. 50m rygg, damer

Junior

1	Ingvild Snildal	88	Asker SK	(0,77)	28,53	865
2	Margrete Nyhus Ulvestad	88	Molde SLK	(0,77)	30,83	685
3	Cecilie W. Johannessen	90	Karmøy SK	(0,64)	31,09	668
4	Vibeke Browne	89	Bærumsvømmerne	(0,59)	31,23	659
5	Heidi Vainio Gjøen	88	Lambertseter SK	(0,70)	31,35	652
6	Ida Nordbø	89	TS/Madla SK	(0,60)	31,57	638
7	Elisabeth H. Svensson	91	Ski SK	(0,67)	31,73	629
8	Martine Andersen	90	Skien SK	(0,68)	31,79	625
9	Marit Vala	90	Lambertseter SK	(0,72)	31,92	618
10	Victoria T. Solberg	89	Horten/NTG	(0,65)	32,13	606
11	Trine Hovda	90	TS/Madla SK	(0,67)	32,31	595
12	Maren Allum	90	Bergens SC	(0,70)	32,59	580
13	Julie Borgen	91	Sarpsborg IL	(0,73)	32,62	579
14	Vibeke Brigg	89	TS/Madla SK	(0,87)	32,85	567
15	Katja Heinänen	90	BS/Bergen SLK	(0,66)	33,06	556
16	Katinka Kvant	89	Arna SLK	(0,58)	33,10	554
17	Malin Frestad	91	Kristiansand SA	(0,61)	33,18	550
18	Nicole T. Næsheim	91	Stavanger SC	(0,65)	33,19	549

UM

1	Helene Eikeskog Burger	92	Kolbotn IL	(0,69)	31,99	614
2	Seline Vike Holm	92	Arna SLK	(0,56)	32,06	610
3	Sophia Broberg Skeltved	92	Tromsø SK	(0,68)	32,09	608
4	Jacqueline Knutsson	93	Kongstensvømmerne	(0,70)	32,24	599
5	Emma Isdahl	92	Lambertseter SK	(0,62)	32,41	590
6	Iselin Mjøllner Dahlen	92	Skjetten Svømming	(0,69)	32,60	580
7	Stine Mjøllhus Kristoffersen	93	TS/Frisinn	(0,60)	32,79	570
8	Maria Aasen	92	Kristiansand SA	(0,70)	32,95	561

9	Lotte Thommesen	94	Poseidon	(0,68)	33,01	558
10	Kristin Blyverket	92	Oslo IL	(0,73)	33,16	551
11	Elisabeth Kristiansen	92	Haugesund SK	(0,73)	33,23	547
12	Marie Øverland	94	Vestkantsvømmerne	(0,63)	33,54	532
13	Oona Ovesen	92	Elverum Svømming	(0,62)	33,58	530
13	Ragnhild Søfteland	92	Bergens SC	(0,64)	33,58	530
15	Mariken Asbjørnsen	92	Kristiansand SA	(0,64)	34,00	511

Øvelse 6. 200m individuell medley, herrer

Junior

1	Eirik Ravnan 27,65(27,65)	89	Hamar IL	1.36,73(36,42)	2.08,25(31,52)	736
2	Robin Palm 27,89(27,89)	88	Sarpsborg IL	1.38,10(35,44)	2.08,79(30,69)	727
3	Jørgen Møllerop 27,24(27,24)	88	TS/Madla SK	1.37,71(38,58)	2.09,00(31,29)	723
4	Kristoffer Meisler 28,93(28,93)	90	Tverlandet IL	1.39,92(36,86)	2.10,91(30,99)	692
5	Sebastian Wigstrøm 28,82(28,82)	91	Bærumsvømmerne	1.40,60(37,60)	2.12,27(31,67)	671
6	Martin Åsheim 29,17(29,17)	90	Lørenskog/Rælingen	1.41,35(36,88)	2.12,83(31,48)	662
7	Sebastian Stordal 28,25(28,25)	91	BS/Delfana	1.42,16(39,63)	2.13,21(31,05)	657
8	Sindri T. Jakobsson 27,91(27,91)	91	BS/Delfana	1.40,72(39,01)	2.13,51(32,79)	652
9	Elias Damman 28,83(28,83)	89	Bærum/NTG	1.43,13(38,76)	2.14,39(31,26)	640
10	Martin Hals 30,56(30,56)	91	Øvre Eiker SK	1.46,58(39,48)	2.18,91(32,33)	579
11	Simen Dale 30,73(30,73)	91	BS/Delfana	1.46,69(40,03)	2.19,63(32,94)	570

UM

1	Zoltan Csernai 28,81(28,81)	93	Åstveit SK	1.44,53(41,23)	2.13,64(29,11)	650
2	Sverre Næss 28,85(28,85)	92	Sarpsborg IL	1.41,82(38,87)	2.13,70(31,88)	650
3	Hans Østerdal 29,26(29,26)	93	Stavanger SC	1.43,24(38,15)	2.14,13(30,89)	643
4	Jonas Kirkeberg Jostad 29,72(29,72)	92	Hamar IL	1.44,07(40,55)	2.18,01(33,94)	591
5	Ole Martin Ree 28,29(28,29)	92	TS/Sola SK	1.45,59(41,79)	2.19,41(33,82)	573
6	Hans Kristian Andersen 31,10(31,10)	93	Florø SLK	1.47,75(38,60)	2.21,79(34,04)	545
7	Tore Skaug Bysting 31,41(31,41)	92	Lørenskog/Rælingen	1.48,69(41,20)	2.23,01(34,32)	531

Øvelse 7. 100m butterfly, damer

Junior

1	Katharina Stiberg 28,45(28,45)	88	Bjerkvik SK	1.02,05	788
2	Ingvild Snildal 29,89(29,89)	88	Asker SK	1.03,88	722
3	Victoria S. Løken 29,87(29,87)	91	Aalesund SLK	1.03,90	722
4	Monica W. Johannessen 30,73(30,73)	90	Karmøy SK	1.04,90	689
5	Sara Pettersen 30,34(30,34)	91	Fauske SK	1.04,94	688
6	Line Løvberg 30,76(30,76)	91	Lambertseter SK/NTG	1.05,30	676
7	Elisabeth H. Svensson 30,85(30,85)	91	Ski SK	1.06,15	650
8	Christine Ørland 31,20(31,20)	88	TS/Madla SK	1.07,09	623
9	Maren Kristine Jansen 30,69(30,69)	90	TS/Randaberg	1.07,16	622
10	Terese Langlo 31,45(31,45)	89	Skjetten Svømming	1.07,63	609
11	Amanda Barsten 31,12(31,12)	90	Molde SLK	1.07,88	602
12	Line W. Lund 31,30(31,30)	91	Askimsvømmerne	1.08,35	590
13	Maren Gramvik 32,14(32,14)	90	Vågsbygd SLK	1.08,95	574
14	Pernille Thorstensen 32,98(32,98)	89	Vågsbygd SLK	1.09,76	555
15	Guro Knutsen 32,54(32,54)	91	Øvre Eiker SK	1.10,16	545
16	Hanne Grue 32,15(32,15)	90	Ullensakersv	1.10,21	544
17	Camilla Borchgrevink 32,60(32,60)	90	Ski SK	1.11,36	518

UM

1	Stine Vindenes 31,06(31,06)	93	Vestkantsvømmerne	1.06,24	648
2	Nora Næss 31,73(31,73)	93	Haldens SK	1.07,82	604
3	Mina Berggren 32,07(32,07)	92	Lambertseter SK	1.08,55	584
4	Victoria Rung 32,39(32,39)	92	TS/Frisinn	1.08,89	576
5	Maria Aasen 32,71(32,71)	92	Kristiansand SA	1.08,96	574
6	Hanne Søfteland 32,16(32,16)	92	Delfana	1.09,36	564
7	Jacqueline Knutsson 32,77(32,77)	93	Kongstensvømmerne	1.10,09	547
8	Katrine Ekstang 32,99(32,99)	92	Setermoen SK	1.10,18	545
9	Charlotte Svaland 32,25(32,25)	92	Vågsbygd SLK	1.10,42	539
10	Marthe Berg Sørensen 33,60(33,60)	92	TS/Frisinn	1.10,85	529
11	Stine Mjølhus Kristoffersen 32,94(32,94)	93	TS/Frisinn	1.11,13	523
12	Lotte Thommesen 34,30(34,30)	94	Poseidon	1.13,03	483

Funksjonshemmede

1	Hanne Farestvedt 44,04(44,04)	93	Åstveit SK	1.33,43	231	S14	134,12 %
---	----------------------------------	----	------------	---------	-----	-----	----------

Øvelse 8. 200m rygg, herrer

Junior

1	Dominik Borkowski 29,16(29,16)	90	Skjetten Svømming/NTG(0,64)	2.05,46	716		
				1.33,36(32,30)			2.05,46(32,10)
2	Lars Andre Tolås 29,39(29,39)	88	Bærumsvømmerne	2.06,02	707		(0,66)
				1.33,46(32,21)			2.06,02(32,56)
3	Mikael Bergene 30,04(30,04)	91	Lambertseter SK	2.08,30	670		(0,61)
				1.34,69(32,82)			2.08,30(33,61)
4	Sindre Nilo 30,83(30,83)	90	Sandefjord SK/NTG	2.08,95	660		(0,69)
				1.36,11(32,74)			2.08,95(32,84)
5	Vegard Løvberg 30,84(30,84)	91	Bærumsvømmerne	2.09,93	645		(0,66)
				1.36,29(33,07)			2.09,93(33,64)
6	Joar Skien Grannes 29,55(29,55)	90	Sandnes SLK	2.10,68	634		
				1.36,47(34,54)			2.10,68(34,21)
7	Tor Hafnor 30,82(30,82)	91	Bærumsvømmerne	2.12,31	611		(0,64)
				1.37,79(33,81)			2.12,31(34,52)
8	Even Vike Holm 30,73(30,73)	90	BS/Arna	2.12,62	607		(0,68)
				1.38,45(34,42)			2.12,62(34,17)
9	Jan Aleksander Bakke 32,90(32,90)	91	Asker SK	2.13,26	598		(0,81)
				1.39,94(33,66)			2.13,26(33,32)
10	Karsten W. Johannessen 30,07(30,07)	88	Bergens SC	2.14,42	582		(0,69)
				1.38,86(35,27)			2.14,42(35,56)
11	Geir T. Kristiansen 31,19(31,19)	90	Larvik SK	2.16,29	559		(0,82)
				1.40,59(35,30)			2.16,29(35,70)
12	Emil Brennløkken 32,05(32,05)	89	Vestbyen IL	2.17,49	544		(0,71)
				1.42,08(35,58)			2.17,49(35,41)
13	Øyvind Gevelt 32,95(32,95)	91	Øvre Eiker SK	2.17,56	543		(0,73)
				1.42,45(35,13)			2.17,56(35,11)
14	Sindre Eilertsen 32,57(32,57)	90	Lambertseter SK	2.18,75	530		(0,61)
				1.42,52(35,25)			2.18,75(36,23)
15	Kristoffer Skribeland 32,29(32,29)	91	Asker SK	2.19,46	522		(0,67)
				1.43,33(36,04)			2.19,46(36,13)
16	Eirik Runningen 33,98(33,98)	90	Delfana	2.20,42	511		(0,59)
				1.44,31(35,67)			2.20,42(36,11)

UM

1	Lavrans Veierø Solli 30,06(30,06)	92	Bergens SC	2.09,54	651		(0,63)
				1.36,12(33,48)			2.09,54(33,42)
2	Kenneth Bakkehaug 32,41(32,41)	92	Sørreisa SK	2.17,12	549		(0,60)
				1.42,54(35,18)			2.17,12(34,58)
3	Hans Andre Pedersen 32,09(32,09)	92	Sandefjord SK	2.19,32	523		(0,65)
				1.43,81(36,38)			2.19,32(35,51)
4	Tore Skauge Bysting 33,69(33,69)	92	Lørenskog/Rælingen	2.22,18	492		(0,60)
				1.45,85(36,07)			2.22,18(36,33)
5	Per Øystein Turøy 33,50(33,50)	92	Stavanger SC	2.22,26	491		(0,73)
				1.45,27(36,35)			2.22,26(36,99)
6	Alexander Schüssler 34,17(34,17)	92	Lambertseter SK	2.23,17	482		(0,70)
				1.46,96(36,37)			2.23,17(36,21)
7	Joakim I. Larsen 34,03(34,03)	92	Trondheim SLK	2.24,42	470		(0,76)
				1.47,49(37,04)			2.24,42(36,93)
8	Øyvind L. Styrmoie 33,84(33,84)	93	Delfana	2.24,53	468		(0,71)
				1.47,20(37,60)			2.24,53(37,33)

Øvelse 9. 200m bryst, damer

Junior

1	Katharina Stiberg 34,62(34,62)	88	Bjerkvik SK	2.33,23	782
		1.13,22(38,60)	1.52,84(39,62)	2.33,23(40,39)	
2	Monica Finnøy 35,84(35,84)	88	BS/Bergen SLK	2.37,61	718
		1.15,34(39,50)	1.56,12(40,78)	2.37,61(41,49)	
3	Trine Austrøne Olsen 35,63(35,63)	90	Fauske SK	2.37,77	716
		1.15,17(39,54)	1.56,18(41,01)	2.37,77(41,59)	
4	Ine Charlotte Hagen 36,40(36,40)	89	Lørenskog/Rælingen	2.38,28	709
		1.16,19(39,79)	1.57,00(40,81)	2.38,28(41,28)	
5	Karoline Bergene 35,95(35,95)	89	Lambertseter SK	2.40,57	679
		1.16,27(40,32)	1.57,57(41,30)	2.40,57(43,00)	
6	Iselin Meisler 35,65(35,65)	90	Tverlandet IL	2.40,88	675
		1.16,18(40,53)	1.57,91(41,73)	2.40,88(42,97)	
7	Mari Singstad 36,34(36,34)	91	Vestbyen IL	2.42,16	660
		1.17,59(41,25)	1.59,03(41,44)	2.42,16(43,13)	
8	Gudrun Ildstad 37,09(37,09)	89	Trondheim SLK	2.43,74	641
		1.17,95(40,86)	2.00,26(42,31)	2.43,74(43,48)	
9	Karin Ekholt 36,87(36,87)	89	Bærumsvømmerne	2.45,13	625
		1.18,78(41,91)	2.01,77(42,99)	2.45,13(43,36)	
10	Charlotte Kausland 37,99(37,99)	89	Vestkantsvømmerne	2.45,65	619
		1.19,73(41,74)	2.02,34(42,61)	2.45,65(43,31)	
11	Hege Omdal 37,14(37,14)	89	Kristiansand SA	2.45,84	617
		1.18,96(41,82)	2.01,83(42,87)	2.45,84(44,01)	
12	Sofie Sagli 38,52(38,52)	91	IL Norodd	2.48,57	587
		1.21,67(43,15)	2.05,46(43,79)	2.48,57(43,11)	
13	Hilde Kringlen 39,46(39,46)	91	Kristiansand SA	2.50,61	566
		1.22,60(43,14)	2.05,98(43,38)	2.50,61(44,63)	

UM

1	Bitte Fagermo 36,14(36,14)	93	Narvik SK	2.37,47	720
		1.16,05(39,91)	1.56,76(40,71)	2.37,47(40,71)	
2	Stina Kajsa Colleou 36,33(36,33)	93	Lambertseter SK	2.38,67	704
		1.16,68(40,35)	1.57,45(40,77)	2.38,67(41,22)	
3	Benedicte Kausland 36,81(36,81)	92	Vestkantsvømmerne	2.39,73	690
		1.17,38(40,57)	1.58,25(40,87)	2.39,73(41,48)	
4	Katrine Jensen 36,59(36,59)	92	Åstveit SK	2.40,97	674
		1.18,62(42,03)	1.59,55(40,93)	2.40,97(41,42)	
5	Sophia Broberg Skeltved 37,77(37,77)	92	Tromsø SK	2.43,39	645
		1.18,71(40,94)	2.00,76(42,05)	2.43,39(42,63)	
6	Lene Lykke Erichsen 37,04(37,04)	92	Bærumsvømmerne	2.45,71	618
		1.18,81(41,77)	2.01,79(42,98)	2.45,71(43,92)	
7	Stine Tveit 38,48(38,48)	93	Trondheim SLK	2.49,34	579
		1.21,26(42,78)	2.04,99(43,73)	2.49,34(44,35)	
8	Tina Larsen 39,80(39,80)	92	Narvik SK	2.50,62	566
		1.23,52(43,72)	2.07,19(43,67)	2.50,62(43,43)	
9	Luna Elisabeth Sjøgaard 39,04(39,04)	94	Lambertseter SK	2.51,30	559
		1.22,25(43,21)	2.06,10(43,85)	2.51,30(45,20)	
10	Tonje Stæhr Petersen 37,95(37,95)	93	Moss SK	2.52,47	548
		1.21,60(43,65)	2.06,79(45,19)	2.52,47(45,68)	
11	Marthe Karlsen 40,61(40,61)	94	SK Speed	2.56,26	513
		1.25,78(45,17)	2.11,45(45,67)	2.56,26(44,81)	
	Siren Bergslid	93	Stavanger SC	BRUTT	

Øvelse 10. 50m butterfly, herrer

Junior

1	Øystein R. Hetland	89	Bærum/NTG	25,43	726
2	Marcus Tesdal	90	BS/Åstveit	25,71	702
3	Alexander B. Havre	90	Mandal SK	25,74	700
4	Christer Koch Kvam	90	Bærum/NTG	26,09	672
5	John Hage Gaarder	89	Lørenskog/Rælingen	26,12	670
6	Jørgen Møllerop	88	TS/Madla SK	26,13	669
7	Sindri T. Jakobsson	91	BS/Delfana	26,22	662
8	Tor Hafnor	91	Bærumsvømmerne	26,30	656
9	Mattis Saghaug	90	IL Varg/NTG	26,36	652
10	Stian S. Langeland	89	Bergens SC	26,41	648
11	Jon Alvaro Alver	89	Levanger SLK	26,86	616
12	Mathias Sørstrand Æsøy	90	Florø SLK	26,98	608
13	Ole-Wilhelm Norseng	88	Hamar IL	26,99	607
13	Christoffer Sørstrand Æsøy	88	Florø SLK	26,99	607
15	Stian Andreas Evja	90	Lambertseter SK	27,00	606
16	Anders Espeland Seljeflot	88	BS/Bergen SLK	27,07	602
17	Thor Helge Billington	90	Sandnes SLK	27,11	599
18	Kristoffer Meisler	90	Tverlandet IL	27,31	586
19	Sebastian Stordal	91	BS/Delfana	27,34	584
20	Thomas W. Kristiansen	89	Ski SK	27,50	574
21	Bjørn Emil Evensen	91	Gjøvik SK	27,52	573
22	Bjørnar Salvesen	90	Mandal SK	27,73	560
23	Halvor Ekeland	89	Drammen SK	27,78	557
24	Martin Steffensen	89	BS/Arna	27,79	556
25	Jan Aleksander Bakke	91	Asker SK	28,03	542
26	Haakon Walderhaug	88	Molde SLK	28,11	537
26	Geir T. Kristiansen	90	Larvik SK	28,11	537
28	Pål Henriksen Spjelkavik	88	Vestbyen IL	28,24	530

UM

1	Mats Gøran Høgenhaug	93	Namsos SK	27,28	588
2	Christian Juvik	93	Stavanger SC	27,37	582
3	Martin P. Sletbakken	92	Sortland SLK	27,59	568
4	Ole Martin Ree	92	TS/Sola SK	27,66	564
5	Lavrans Veierø Solli	92	Bergens SC	27,73	560
6	Halvor Stavland	92	Kolbotn IL	28,23	531
7	Jonas Kirkeberg Jostad	92	Hamar IL	28,24	530
8	Marius Nekkøy Karstad	92	Florø SLK	28,51	515
9	Sindre Mowatt Gruben	92	Bergens SC	28,71	504
10	Martin Hammer	93	Kongstensvømmerne	28,81	499
	Preben Robstad	93	Vennesla SK	DISK	

Øvelse 11. 4*200m fri, damer - UM

UM

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	8.52,10	697
	Emilie Hellerud:	30,52(30,52)	1.03,93(33,41)	2.11,96	
		1.38,47(34,54)	2.11,96(33,49)		
	Emma Isdahl:	2.40,91(28,95)	3.13,59(32,68)	2.10,45	
		3.47,89(34,30)	4.22,41(34,52)		
	Pia Cornelia Braarud:	4.51,93(29,52)	5.25,54(33,61)	2.11,97	
		6.00,61(35,07)	6.34,38(33,77)		
	Julie Rønningsen:	7.04,70(30,32)	7.39,50(34,80)	2.17,72	
		8.16,11(36,61)	8.52,10(35,99)		
2	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	9.06,83	643
	Siri Anette Sønju:	30,55(30,55)	1.03,86(33,31)	2.10,29	
		1.37,59(33,73)	2.10,29(32,70)		
	Stine Lise Stenseth:	2.40,36(30,07)	3.13,74(33,38)	2.15,10	
		3.49,30(35,56)	4.25,39(36,09)		
	Ida Johansen:	4.57,10(31,71)	5.50,50(37,61)	2.25,11	
		6.12,89(1.15,79)	6.50,50(37,61)		
	Inger-Cathrine Wium:	7.21,52(31,02)	7.55,91(34,39)	2.16,33	
		8.31,56(35,65)	9.06,83(35,27)		
3	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	9.18,00	605
	Stine Vindenes:	32,38(32,38)	1.08,96(36,58)	2.22,33	
		1.45,99(37,03)	2.22,33(36,34)		
	Marie Reinertsen:	2.53,55(31,22)	3.29,87(36,32)	2.22,23	
		4.07,45(37,58)	4.44,56(37,11)		
	Andrea Haugstad:	5.15,37(30,81)	5.50,59(35,22)	2.17,85	
		6.26,79(36,20)	7.02,41(35,62)		
	Benedicte Kausland:	7.33,88(31,47)	8.08,72(34,84)	2.15,59	
		8.43,75(35,03)	9.18,00(34,25)		
4	Trondheim SLK J1 jr.	JR	Trondheim SLK	9.29,97	567
	Christiana Bjørkli:	31,92(31,92)	1.06,52(34,60)	2.18,31	
		1.42,30(35,78)	2.18,31(36,01)		
	Stine Tveit:	2.50,56(32,25)	3.26,96(36,40)	2.22,99	
		4.04,56(37,60)	4.41,30(36,74)		
	Helle Krogstad:	5.13,73(32,43)	5.50,18(36,45)	2.21,99	
		6.27,70(37,52)	7.03,29(35,59)		
	Julie Hegvik:	7.36,21(32,92)	8.13,18(36,97)	2.26,68	
		8.51,59(38,41)	9.29,97(38,38)		
5	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	9.31,21	564
	Marie Øverland:	33,10(33,10)	1.09,98(36,88)	2.23,93	
		1.48,51(38,53)	2.23,93(35,42)		
	Juni Rugland:	2.56,89(32,96)	3.33,24(36,35)	2.21,58	
		4.10,02(36,78)	4.45,51(35,49)		
	Marthe Helene Haganes:	5.16,50(30,99)	5.52,05(35,55)	2.20,70	
		6.29,97(37,92)	7.06,21(36,24)		
	Malin Dahle:	7.38,40(32,19)	8.15,79(37,39)	2.25,00	
		8.54,73(38,94)	9.31,21(36,48)		
6	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	9.35,98	550
	Iselin Mjøllner Dahlen:	32,06(32,06)	1.06,98(34,92)	2.18,24	
		1.42,36(35,38)	2.18,24(35,88)		
	Christiane Sandbye:	2.50,15(31,91)	3.26,42(36,27)	2.23,50	
		4.04,81(38,39)	4.41,74(36,93)		
	Christina Dahl:	5.14,81(33,07)	5.51,60(36,79)	2.26,59	
		6.30,10(38,50)	7.08,33(38,23)		
	Mischa van der Linden:	7.41,17(32,84)	8.18,69(37,52)	2.27,65	
		8.57,68(38,99)	9.35,98(38,30)		
7	Bærumsv J1 jr.	JR	Bærumsvømmerne	9.37,98	544
	Maria Bølgen:	31,37(31,37)	1.06,06(34,69)	2.15,22	
		1.41,13(35,07)	2.15,22(34,09)		
	Malin Milford Johannessen:	2.48,65(33,43)	3.25,36(36,71)	2.26,54	
		4.03,57(38,21)	4.41,76(38,19)		
	Kjersti Dalen:	5.14,44(32,68)	5.51,78(37,34)	2.25,61	
		6.29,83(38,05)	7.07,37(37,54)		
	Ingrid Lovise Bakken:	7.40,80(33,43)	8.18,85(38,05)	2.30,61	
		8.59,07(40,22)	9.37,98(38,91)		

8	Stavanger SC J1 jr.	JR	Stavanger SC	9.38,70	542
	Hege Harestad:	32,57(32,57)	1.08,93(36,36)	2.22,35	
	Caroline M. Mork:	1.46,00(37,07)	2.22,35(36,35)		
	Karoline Eriksen:	2.54,32(31,97)	3.31,74(37,42)		
	Siren Bergslid:	4.10,89(39,15)	5.58,86(37,48)	2.22,18	
		5.21,38(1.10,49)	7.16,52(38,64)		
9	Moss SK J1 jr.	JR	Moss SK	9.41,69	534
	Maria Dahli:	32,52(32,52)	1.08,77(36,25)	2.26,01	
	Oda Berg Dyspund:	1.47,23(38,46)	2.26,01(38,78)	2.18,64	
	Ida Therese Holter:	2.58,00(31,99)	3.33,78(35,78)	2.35,09	
	Cathrine Brevik:	4.10,14(36,36)	4.44,65(34,51)	2.21,95	
		5.18,79(34,14)	5.57,93(39,14)		
		6.38,91(40,98)	7.19,74(40,83)		
		7.50,70(30,96)	8.26,99(36,29)		
10	Bergens SC J1 jr.	JR	Bergens SC	9.49,75	512
	Ingse Bergh Monsen:	33,51(33,51)	1.09,70(36,19)	2.20,39	
	Hedvig Hjertaker:	1.45,43(35,73)	2.20,39(34,96)	2.31,68	
	Eirin Arnesen:	2.53,95(33,56)	3.33,13(39,18)	2.30,71	
	Ragnhild Søfteland:	4.13,39(40,26)	4.52,07(38,68)	2.26,97	
		5.25,49(33,42)	6.04,74(39,25)		
		6.44,62(39,88)	7.22,78(38,16)		
		7.56,79(34,01)	8.33,97(37,18)		
		9.12,03(38,06)	9.49,75(37,72)		
11	SK Speed J1 jr.	JR	SK Speed	10.18,81	443
	Idha Toft Valeur:	33,51(33,51)	1.11,02(37,51)	2.30,46	
	Hege Strøm Haukeland:	1.51,19(40,17)	2.30,46(39,27)	2.34,58	
	Marianne Strøm:	3.05,21(34,75)	3.44,20(38,99)	2.38,22	
	Marthe Karlsen:	4.24,40(40,20)	5.05,04(40,64)	2.35,55	
		5.41,10(36,06)	6.21,70(40,60)		
		7.02,50(40,80)	7.43,26(40,76)		
		8.17,82(34,56)	8.58,10(40,28)		
		9.38,76(40,66)	10.18,81(40,05)		

Øvelse 12. 4*100m fri, herrer - UM

UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	3.46,45	600
	Jørn Nygård:	26,65(26,65)	55,02(28,37)	55,02	
	Christian Juvik:	1.21,56(26,54)	1.52,80(31,24)	57,78	
	Henning S. Pryde:	2.20,88(28,08)	2.50,84(29,96)	58,04	
	Hans Østerdal:	3.17,14(26,30)	3.46,45(29,31)	55,61	
2	Åstveit SK G1 jr.	JR	Åstveit SK	3.48,13	586
	Robin Sell Dyngeland:	28,44(28,44)	58,45(30,01)	58,45	
	Erlend Ulveseter:	1.26,02(27,57)	1.56,38(30,36)	57,93	
	Eivind Johannesen:	2.24,19(27,81)	2.54,93(30,74)	58,55	
	Zoltan Csernai:	3.20,53(25,60)	3.48,13(27,60)	53,20	
3	Florø SLK G1 jr.	JR	Florø SLK	3.56,82	524
	Hans Kristian Andersen:	29,12(29,12)	1.00,33(31,21)	1.00,33	
	Kristoffer D. Birkeland:	1.28,35(28,02)	1.59,57(31,22)	59,24	
	Simen Andreassen:	2.26,70(27,13)	2.57,32(30,62)	57,75	
	Marius Nekkøy Karstad:	3.25,00(27,68)	3.56,82(31,82)	59,50	
4	Sarpsborg IL G1 jr.	JR	Sarpsborg IL	3.57,82	518
	Sverre Næss:	26,60(26,60)	55,03(28,43)	55,03	
	Marius Graarud:	1.24,14(29,11)	1.56,30(32,16)	1.01,27	
	Per Simen Holstad Gandrud:	2.24,52(28,22)	2.56,02(31,50)	59,72	
	Patrik Andre Solheim:	3.25,04(29,02)	3.57,82(32,78)	1.01,80	
5	Lambertseter SK G1 jr.	JR	Lambertseter SK	3.59,27	508
	David Evja:	28,26(28,26)	59,07(30,81)	59,07	
	Magnus Rødseth:	1.28,13(29,06)	2.00,76(32,63)	1.01,69	
	Ole Kristian Bjerg:	2.30,29(29,53)	3.02,94(32,65)	1.02,18	
	Alexander Schüssler:	3.29,82(26,88)	3.59,27(29,45)	56,33	

		JR				
6	Moss SK G1 jr.		Moss SK		4.00,56	500
	Stian Svingen Nilsson:	29,03(29,03)	1.00,87(31,84)	1.00,87		
	Fredrik Johansen Nielsen:	1.30,29(29,42)	2.02,36(32,07)	1.01,49		
	Georg Horntvedt:	2.31,13(28,77)	3.03,15(32,02)	1.00,79		
	Dan Martin Gudbrandsen:	3.29,80(26,65)	4.00,56(30,76)	57,41		
7	Bærumsv G1 jr.		Bærumsvømmerne		4.05,42	471
	Henry Emil Nordhagen:	27,19(27,19)	56,97(29,78)	56,97		
	Magnus Kjerstad:	1.26,67(29,70)	1.59,47(32,80)	1.02,50		
	Magnus Buch:	2.28,80(29,33)	3.02,18(33,38)	1.02,71		
	Lars Hvidsten:	3.31,47(29,29)	4.05,42(33,95)	1.03,24		
8	Vestkantsv. G1 jr.		Vestkantsvømmerne		4.12,77	431
	Anders S. Jordheim:	29,62(29,62)	1.01,24(31,62)	1.01,24		
	Markus Vindenes:	1.30,67(29,43)	2.02,89(32,22)	1.01,65		
	Gjermund Fure Johansen:	2.32,62(29,73)	3.05,16(32,54)	1.02,27		
	Kristian Blummenfelt:	3.37,13(31,97)	4.12,77(35,64)	1.07,61		

Torsdag 22. november 2007 kl 17.00

Øvelse 1. 4*50m lag medley, damer - Junior

Junior

1	Lambertseter SK J1 jr. Heidi Vainio Gjøen: Karoline Bergene: Line Løvberg: Emma Isdahl:	JR	Lambertseter SK	(0,65)	1.59,88	762	NJR
2	Team Stavanger J1 jr. Ida Nordbø: Maren Kristine Jansen: Christine Ørland: Vibeke Brigg:	JR	Team Stavanger	(0,59)	2.01,35	734	
3	Bærumsv J1 jr. Vibeke Browne: Kristine Mella: Karin Ekholt: Maria Bølgen:	JR	Bærumsvømmerne	(0,60)	2.02,88	707	
4	Vestkantsv. J1 jr. Marie Øverland: Benedicte Kausland: Stine Vindenes: Henriette Brekke:	JR	Vestkantsvømmerne	(0,72)	2.05,00	672	
5	Team Stavanger J2 jr. Trine Hovda: Stine Mjølhus Kristoffersen: Elisabeth Førland: Marthe Berg Sørensen:	JR	Team Stavanger	(0,66)	2.05,28	667	
6	Arna SLK J1 jr. Seline Vike Holm: Katinka Kvant: Marina Rasmussen: Oda J. Midtun:	JR	Arna SLK	(0,58)	2.06,06	655	
7	Kristiansand SA J1 jr. Malin Frestad: Hege Omdal: Maria Aasen: Linn Hege Laudal:	JR	Kristiansand SA	(0,59)	2.06,19	653	
8	Moss SK J1 jr. Thea Pedersen: Maria Dahli: Marte Elise Brinchmann: Ina Kr. Pedersen:	JR	Moss SK	(0,73)	2.07,15	638	
9	Lambertseter SK J2 jr. Marit Vala: Stina Kajsa Colleou: Mina Berggren: Emilie Hellerud:	JR	Lambertseter SK	(0,77)	2.07,66	631	
10	Sandnes SLK J1 jr. Nicole Egeland: Alvilde Morken: Birgitte Mjøs Bratteli: Bente Wathne:	JR	Sandnes SLK	(0,65)	2.09,46	605	
11	Delfana J1 jr. June J. Kristiansen: Ragnhild Smith-Sivertsen: Hanne Søfteland: Oda S. Leiknes:	JR	Delfana	(0,85)	2.10,58	589	
12	Bergens SC J1 jr. Maren Allum: Martha Maria Songstad: Ingse Bergh Monsen: Kaya Haugland Færøvik:	JR	Bergens SC	(0,74)	2.11,38	578	

13	Stavanger SC J1 jr.	JR	Stavanger SC	(0,73)	2.11,73	574
	Nicole T. Næsheim:	34,07(34,07)				
	Siren Bergslid:	1.10,60(36,53)				
	Karoline Eriksen:	1.42,39(31,79)				
	Hege Harestad:	2.11,73(29,34)				
14	Ås IL J1 jr.	JR	Ås IL	(0,69)	2.13,04	557
	Camilla Moe:	31,54(31,54)				
	Heidi Lie:	1.10,03(38,49)				
	Anine Dannemark:	1.43,43(33,40)				
	Silje Kierulf:	2.13,04(29,61)				
15	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	(0,66)	2.13,77	548
	Marthe Helene Haganes:	34,19(34,19)				
	Malin Dahle:	1.11,89(37,70)				
	Marie Reinertsen:	1.44,77(32,88)				
	Juni Rugland:	2.13,77(29,00)				
16	Eid SK J1 jr.	JR	Eid SK	(0,61)	2.14,12	544
	Ann-Merete Risøy:	37,91(37,91)				
	Kine Vereide:	1.13,30(35,39)				
	Sandra Ullaland:	1.45,91(32,61)				
	Marianne Kløvning:	2.14,12(28,21)				
17	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,77)	2.14,80	536
	Ida Arnøy:	34,39(34,39)				
	Ine Charlotte Hagen:	1.09,49(35,10)				
	Mette Aas:	1.45,18(35,69)				
	Jeanette Erlandsen:	2.14,80(29,62)				
18	Elverum IL J1 jr.	JR	Elverum Svømming	(0,67)	2.17,07	509
	Lene Ådlandsvik:					
	Hanne Strand:	1.14,82(1.14,82)				
	Oona Ovesen:	1.46,31(31,49)				
	Siri Ovesen:	2.17,07(30,76)				
19	Askimsvømmerne J1 jr.	JR	Askimsvømmerne	(0,74)	2.17,64	503
	Line W. Lund:	34,09(34,09)				
	Julie Beate Oraug:	1.15,04(40,95)				
	Kristine Myhrer:	1.45,90(30,86)				
	Marie Trollerud:	2.17,64(31,74)				
20	SK Speed J1 jr.	JR	SK Speed	(0,67)	2.20,93	469
	Hege Strøm Haukeland:	39,19(39,19)				
	Marthe Karlsen:	1.17,57(38,38)				
	Idha Toft Valeur:	1.50,09(32,52)				
	Linda Gabrielsen:	2.20,93(30,84)				
21	Løren/Rælingen J2 jr.	JR	Lørenskog/Rælingen	(0,84)	2.33,09	365
	Andrea Nakken:	39,28(39,28)				
	Aurora Brandtzæg:	1.20,53(41,25)				
	Julie Løkstad:	1.58,19(37,66)				
	Vivi Vu:	2.33,09(34,90)				

Øvelse 2. 800m fri, herrer - Direkte finale

UM

1	Jørn Nygård	92	Stavanger SC	8.38,64	683
	28,44(28,44)	59,62(31,18)	1.31,37(31,75)	2.03,60(32,23)	
	2.35,93(32,33)	3.08,52(32,59)	3.41,78(33,26)	4.14,29(32,51)	
	4.47,72(33,43)	5.20,66(32,94)	5.54,02(33,36)	6.27,57(33,55)	
	7.00,94(33,37)	7.34,19(33,25)	8.07,40(33,21)	8.38,64(31,24)	
2	Espen Halhjem	92	Delfana	8.53,42	627
	30,39(30,39)	1.02,54(32,15)	1.35,07(32,53)	2.08,05(32,98)	
	2.41,07(33,02)	3.14,70(33,63)	3.48,12(33,42)	4.21,97(33,85)	
	4.55,64(33,67)	5.29,38(33,74)	6.03,19(33,81)	6.37,30(34,11)	
	7.11,49(34,19)	7.46,12(34,63)	8.20,24(34,12)	8.53,42(33,18)	
3	Martin Hammer	93	Kongstensvømmerne	9.00,89	602
	28,67(28,67)	1.01,43(32,76)	1.34,70(33,27)	2.08,21(33,51)	
	2.41,91(33,70)	3.15,78(33,87)	3.50,12(34,34)	4.24,64(34,52)	
	4.58,61(33,97)	5.33,41(34,80)	6.07,26(33,85)	6.42,15(34,89)	
	7.16,77(34,62)	7.51,80(35,03)	8.26,57(34,77)	9.00,89(34,32)	
4	Eivind Johannesen	92	Åstveit SK	9.02,53	596
	30,86(30,86)	1.03,84(32,98)	1.37,46(33,62)	2.10,93(33,47)	
	2.45,14(34,21)	3.19,53(34,39)	3.53,86(34,33)	4.28,21(34,35)	
	5.01,92(33,71)	5.36,35(34,43)	6.10,83(34,48)	6.44,99(34,16)	
	7.19,64(34,65)	7.54,26(34,62)	8.29,01(34,75)	9.02,53(33,52)	

5	Sindre Lilledahl	92	Haugesund SK	9.06,86	582
	30,19(30,19)	1.04,51(34,32)	1.39,00(34,49)	2.13,78(34,78)	
	2.48,94(35,16)	3.24,00(35,06)	3.59,25(35,25)	4.34,52(35,27)	
	5.09,68(35,16)	5.44,61(34,93)	6.19,16(34,55)	6.53,51(34,35)	
	7.28,04(34,53)	8.02,51(34,47)	8.34,95(32,44)	9.06,86(31,91)	
6	Peder T. Haagensli	93	Larvik SK	9.10,21	572
	30,46(30,46)	1.04,63(34,17)	1.39,35(34,72)	2.14,55(35,20)	
	2.49,65(35,10)	3.24,55(34,90)	3.59,33(34,78)	4.34,60(35,27)	
	5.09,57(34,97)	5.44,38(34,81)	6.18,90(34,52)	6.53,49(34,59)	
	7.28,09(34,60)	8.02,52(34,43)	8.36,77(34,25)	9.10,21(33,44)	
7	Martin Berger Oterholm	93	Kolbotn IL	9.17,60	549
	30,12(30,12)	1.03,93(33,81)	1.38,59(34,66)	2.13,63(35,04)	
	2.48,72(35,09)	3.23,96(35,24)	3.59,28(35,32)	4.34,50(35,22)	
	5.09,75(35,25)	5.44,98(35,23)	6.20,42(35,44)	6.56,48(36,06)	
	7.32,26(35,78)	8.07,94(35,68)	8.43,30(35,36)	9.17,60(34,30)	
8	Ingvar V. Skirbekk	93	Elverum Svømming	9.20,90	540
	30,68(30,68)	1.04,05(33,37)	1.38,83(34,78)	2.13,70(34,87)	
	2.49,07(35,37)	3.23,98(34,91)	3.59,65(35,67)	4.35,55(35,90)	
	5.11,33(35,78)	5.47,13(35,80)	6.22,51(35,38)	6.58,39(35,88)	
	7.34,25(35,86)	8.10,20(35,95)	8.46,05(35,85)	9.20,90(34,85)	
9	Magne Dahlberg	92	Setermoen SK	9.32,31	508
	30,60(30,60)	1.05,12(34,52)	1.40,74(35,62)	2.16,91(36,17)	
	2.53,58(36,67)	3.29,97(36,39)	4.06,55(36,58)	4.43,61(37,06)	
	5.19,92(36,31)	5.56,70(36,78)	6.33,69(36,99)	7.09,92(36,23)	
	7.45,63(35,71)	8.21,81(36,18)	8.58,02(36,21)	9.32,31(34,29)	

Junior

1	Christer Koch Kvam	90	Bærum/NTG	8.21,63	754
	27,54(27,54)	58,45(30,91)	1.29,66(31,21)	2.01,44(31,78)	
	2.33,13(31,69)	3.05,01(31,88)	3.36,86(31,85)	4.09,05(32,19)	
	4.40,56(31,51)	5.11,84(31,28)	5.43,56(31,72)	6.15,38(31,82)	
	6.47,22(31,84)	7.19,33(32,11)	7.51,72(32,39)	8.21,63(29,91)	
2	Eirik Ravnan	89	Hamar IL	8.22,20	752
	27,55(27,55)	58,31(30,76)	1.29,77(31,46)	2.01,54(31,77)	
	2.33,22(31,68)	3.05,01(31,79)	3.36,85(31,84)	4.09,47(32,62)	
	4.41,57(32,10)	5.13,57(32,00)	5.45,56(31,99)	6.17,68(32,12)	
	6.49,09(31,41)	7.20,40(31,31)	7.51,60(31,20)	8.22,20(30,60)	
3	Sindre Nilo	90	Sandefjord SK/NTG	8.32,42	708
	28,59(28,59)	59,99(31,40)	1.32,03(32,04)	2.04,31(32,28)	
	2.36,57(32,26)	3.08,75(32,18)	3.41,07(32,32)	4.13,35(32,28)	
	4.45,47(32,12)	5.17,95(32,48)	5.50,62(32,67)	6.22,96(32,34)	
	6.55,42(32,46)	7.28,01(32,59)	8.00,64(32,63)	8.32,42(31,78)	
4	Øystein R. Hetland	89	Bærum/NTG	8.34,97	697
	27,21(27,21)	58,34(31,13)	1.30,38(32,04)	2.02,20(31,82)	
	2.34,45(32,25)	3.07,00(32,55)	3.39,38(32,38)	4.12,23(32,85)	
	4.44,51(32,28)	5.16,95(32,44)	5.50,02(33,07)	6.22,69(32,67)	
	6.55,91(33,22)	7.29,39(33,48)	8.02,68(33,29)	8.34,97(32,29)	
5	Elias Damman	89	Bærum/NTG	8.36,79	690
	28,63(28,63)	59,82(31,19)	1.31,55(31,73)	2.03,89(32,34)	
	2.36,34(32,45)	3.08,72(32,38)	3.41,37(32,65)	4.14,17(32,80)	
	4.47,02(32,85)	5.19,67(32,65)	5.52,60(32,93)	6.25,75(33,15)	
	6.58,96(33,21)	7.32,05(33,09)	8.05,12(33,07)	8.36,79(31,67)	
6	Daniel Berenett	91	IL Varg/NTG	8.38,15	685
	29,12(29,12)	1.01,42(32,30)	1.33,47(32,05)	2.06,49(33,02)	
	2.39,22(32,73)	3.12,43(33,21)	3.45,30(32,87)	4.18,47(33,17)	
	4.50,94(32,47)	5.24,06(33,12)	5.57,13(33,07)	6.30,08(32,95)	
	7.02,31(32,23)	7.35,29(32,98)	8.07,26(31,97)	8.38,15(30,89)	
7	Jørn Nygård	92	Stavanger SC	8.38,64	683
	28,44(28,44)	59,62(31,18)	1.31,37(31,75)	2.03,60(32,23)	
	2.35,93(32,33)	3.08,52(32,59)	3.41,78(33,26)	4.14,29(32,51)	
	4.47,72(33,43)	5.20,66(32,94)	5.54,02(33,36)	6.27,57(33,55)	
	7.00,94(33,37)	7.34,19(33,25)	8.07,40(33,21)	8.38,64(31,24)	
8	Petter Braarud	89	Lambertseter SK	8.42,61	667
	28,19(28,19)	1.00,10(31,91)	1.32,32(32,22)	2.05,00(32,68)	
	2.37,23(32,23)	3.08,93(31,70)	3.41,03(32,10)	4.12,87(31,84)	
	4.45,23(32,36)	5.18,13(32,90)	5.51,46(33,33)	6.25,54(34,08)	
	6.59,77(34,23)	7.34,13(34,36)	8.08,65(34,52)	8.42,61(33,96)	

9	Christian Thorsen	91	Lambertseter SK	8.44,26	661
	29,84(29,84)	1.02,45(32,61)	1.35,62(33,17)	2.08,81(33,19)	
	2.42,02(33,21)	3.15,37(33,35)	3.48,38(33,01)	4.21,46(33,08)	
	4.54,39(32,93)	5.27,45(33,06)	6.00,60(33,15)	6.33,47(32,87)	
	7.06,55(33,08)	7.39,61(33,06)	8.12,57(32,96)	8.44,26(31,69)	
10	Øyvind Gevelt	91	Øvre Eiker SK	8.48,79	644
	30,76(30,76)	1.03,09(32,33)	1.35,65(32,56)	2.08,31(32,66)	
	2.41,29(32,98)	3.14,51(33,22)	3.47,76(33,25)	4.20,99(33,23)	
	4.54,28(33,29)	5.27,88(33,60)	6.01,67(33,79)	6.36,11(34,44)	
	7.09,71(33,60)	7.43,30(33,59)	8.16,92(33,62)	8.48,79(31,87)	
11	Stian Werner Erichsen	90	Bærumsvømmerne	8.49,77	640
	29,53(29,53)	1.01,84(32,31)	1.34,17(32,33)	2.07,36(33,19)	
	2.40,41(33,05)	3.14,14(33,73)	3.48,03(33,89)	4.21,73(33,70)	
	4.54,40(32,67)	5.28,04(33,64)	6.01,88(33,84)	6.36,50(34,62)	
	7.10,20(33,70)	7.44,30(34,10)	8.17,79(33,49)	8.49,77(31,98)	
12	Espen Halhjem	92	Delfana	8.53,42	627
	30,39(30,39)	1.02,54(32,15)	1.35,07(32,53)	2.08,05(32,98)	
	2.41,07(33,02)	3.14,70(33,63)	3.48,12(33,42)	4.21,97(33,85)	
	4.55,64(33,67)	5.29,38(33,74)	6.03,19(33,81)	6.37,30(34,11)	
	7.11,49(34,19)	7.46,12(34,63)	8.20,24(34,12)	8.53,42(33,18)	
13	Håkon Aleksander Vik	90	Haldens SK	8.57,66	613
	29,35(29,35)	1.02,00(32,65)	1.35,68(33,68)	2.09,33(33,65)	
	2.42,90(33,57)	3.17,40(34,50)	3.51,87(34,47)	4.26,76(34,89)	
	5.00,99(34,23)	5.35,38(34,39)	6.09,88(34,50)	6.44,45(34,57)	
	7.18,44(33,99)	7.52,46(34,02)	8.26,50(34,04)	8.57,66(31,16)	
14	Martin Hammer	93	Kongstensvømmerne	9.00,89	602
	28,67(28,67)	1.01,43(32,76)	1.34,70(33,27)	2.08,21(33,51)	
	2.41,91(33,70)	3.15,78(33,87)	3.50,12(34,34)	4.24,64(34,52)	
	4.58,61(33,97)	5.33,41(34,80)	6.07,26(33,85)	6.42,15(34,89)	
	7.16,77(34,62)	7.51,80(35,03)	8.26,57(34,77)	9.00,89(34,32)	
15	Eivind Johannesen	92	Åstveit SK	9.02,53	596
	30,86(30,86)	1.03,84(32,98)	1.37,46(33,62)	2.10,93(33,47)	
	2.45,14(34,21)	3.19,53(34,39)	3.53,86(34,33)	4.28,21(34,35)	
	5.01,92(33,71)	5.36,35(34,43)	6.10,83(34,48)	6.44,99(34,16)	
	7.19,64(34,65)	7.54,26(34,62)	8.29,01(34,75)	9.02,53(33,52)	
16	Sindre Lilledahl	92	Haugesund SK	9.06,86	582
	30,19(30,19)	1.04,51(34,32)	1.39,00(34,49)	2.13,78(34,78)	
	2.48,94(35,16)	3.24,00(35,06)	3.59,25(35,25)	4.34,52(35,27)	
	5.09,68(35,16)	5.44,61(34,93)	6.19,16(34,55)	6.53,51(34,35)	
	7.28,04(34,53)	8.02,51(34,47)	8.34,95(32,44)	9.06,86(31,91)	
17	Peder T. Haagensli	93	Larvik SK	9.10,21	572
	30,46(30,46)	1.04,63(34,17)	1.39,35(34,72)	2.14,55(35,20)	
	2.49,65(35,10)	3.24,55(34,90)	3.59,33(34,78)	4.34,60(35,27)	
	5.09,57(34,97)	5.44,38(34,81)	6.18,90(34,52)	6.53,49(34,59)	
	7.28,09(34,60)	8.02,52(34,43)	8.36,77(34,25)	9.10,21(33,44)	
18	Sigvart Evjen	91	Vestbyen IL	9.16,12	554
	30,04(30,04)	1.02,88(32,84)	1.36,50(33,62)	2.10,85(34,35)	
	2.45,53(34,68)	3.20,70(35,17)	3.56,11(35,41)	4.31,03(34,92)	
	5.06,81(35,78)	5.42,18(35,37)	6.18,08(35,90)	6.53,72(35,64)	
	7.29,74(36,02)	8.05,57(35,83)	8.41,33(35,76)	9.16,12(34,79)	
19	Martin Berger Oterholm	93	Kolbotn IL	9.17,60	549
	30,12(30,12)	1.03,93(33,81)	1.38,59(34,66)	2.13,63(35,04)	
	2.48,72(35,09)	3.23,96(35,24)	3.59,28(35,32)	4.34,50(35,22)	
	5.09,75(35,25)	5.44,98(35,23)	6.20,42(35,44)	6.56,48(36,06)	
	7.32,26(35,78)	8.07,94(35,68)	8.43,30(35,36)	9.17,60(34,30)	
20	Ingvar V. Skirbekk	93	Elverum Svømming	9.20,90	540
	30,68(30,68)	1.04,05(33,37)	1.38,83(34,78)	2.13,70(34,87)	
	2.49,07(35,37)	3.23,98(34,91)	3.59,65(35,67)	4.35,55(35,90)	
	5.11,33(35,78)	5.47,13(35,80)	6.22,51(35,38)	6.58,39(35,88)	
	7.34,25(35,86)	8.10,20(35,95)	8.46,05(35,85)	9.20,90(34,85)	
21	Espen Urdahl	89	Bærumsvømmerne	9.26,25	524
	29,84(29,84)	1.03,14(33,30)	1.36,92(33,78)	2.11,86(34,94)	
	2.46,96(35,10)	3.22,31(35,35)	3.57,51(35,20)	4.33,36(35,85)	
	5.09,43(36,07)	5.45,65(36,22)	6.21,97(36,32)	6.58,58(36,61)	
	7.35,40(36,82)	8.12,16(36,76)	8.49,18(37,02)	9.26,25(37,07)	
22	Magne Dahlberg	92	Setermoen SK	9.32,31	508
	30,60(30,60)	1.05,12(34,52)	1.40,74(35,62)	2.16,91(36,17)	
	2.53,58(36,67)	3.29,97(36,39)	4.06,55(36,58)	4.43,61(37,06)	
	5.19,92(36,31)	5.56,70(36,78)	6.33,69(36,99)	7.09,92(36,23)	
	7.45,63(35,71)	8.21,81(36,18)	8.58,02(36,21)	9.32,31(34,29)	

Øvelse 3. 400m fri, damer - Finale

Junior

1	Cecilie W. Johannessen	90	Karmøy SK	4.21,17	793
	28,83(28,83)	1.00,23(31,40)	1.32,57(32,34)	2.05,53(32,96)	
	2.39,22(33,69)	3.13,96(34,74)	3.48,19(34,23)	4.21,17(32,98)	
2	Elin Slaatmo	92	Hamar IL	4.21,89	787
	30,48(30,48)	1.03,45(32,97)	1.36,26(32,81)	2.09,71(33,45)	
	2.43,19(33,48)	3.17,26(34,07)	3.50,37(33,11)	4.21,89(31,52)	
3	Elise Utne	89	Narvik SK	4.22,73	779
	30,94(30,94)	1.03,74(32,80)	1.36,64(32,90)	2.10,01(33,37)	
	2.43,47(33,46)	3.17,13(33,66)	3.50,65(33,52)	4.22,73(32,08)	
4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.27,07	742
	30,80(30,80)	1.04,06(33,26)	1.37,91(33,85)	2.11,86(33,95)	
	2.46,17(34,31)	3.20,20(34,03)	3.54,24(34,04)	4.27,07(32,83)	
5	Monica Finnøy	88	BS/Bergen SLK	4.27,57	738
	30,87(30,87)	1.03,78(32,91)	1.37,34(33,56)	2.11,27(33,93)	
	2.45,38(34,11)	3.19,78(34,40)	3.54,30(34,52)	4.27,57(33,27)	
6	Siri N. Andersen	92	Haldens SK	4.33,34	692
	31,06(31,06)	1.05,53(34,47)	1.39,94(34,41)	2.14,74(34,80)	
	2.49,54(34,80)	3.24,45(34,91)	3.59,29(34,84)	4.33,34(34,05)	

Øvelse 4. 50m bryst, herrer - Finale

Junior

1	Marcus Tesdal	90	BS/Åstveit	28,82	777
2	Mattis Saghaug	90	IL Varg/NTG	29,80	703
3	Ole-Wilhelm Norseng	88	Hamar IL	29,85	699
4	Robin Palm	88	Sarpsborg IL	29,90	696
5	Sindre Sjøderlund	91	Trondheim SLK/NTG	30,06	685
6	Haakon Walderhaug	88	Molde SLK	30,34	666

Funksjonshemmede

1	Ørjan Ørstenvik	89	Sandefjord SK	39,52	301
	SB13 124,32 %				

Øvelse 5. 50m rygg, damer - Finale

Junior

1	Ingvild Snildal	88	Asker SK	(0,75)	28,82	839
2	Cecilie W. Johannessen	90	Karmøy SK	(0,65)	30,09	737
3	Margrete Nyhus Ulvestad	88	Molde SLK	(0,77)	30,54	705
4	Vibeke Browne	89	Bærumsvømmerne	(0,61)	31,19	662
5	Ida Nordbø	89	TS/Madla SK		31,33	653
6	Heidi Vainio Gjøen	88	Lambertseter SK	(0,70)	31,39	649

Funksjonshemmede

1	Tonje Immerstein	89	Sandnes SLK	(0,72)	40,73	297	S10	115,42 %
2	Ingvill S. Hilleren	90	Vestkantsvømmerne	(0,97)	49,33	167	S7	123,76 %
3	Ingrid Djupskås	89	Asker SK	(0,82)	48,76	173	S10	138,17 %
4	Hanne Farestvedt	93	Åstveit SK	(0,84)	45,30	216	S14	139,13 %

Øvelse 6. 200m individuell medley, herrer - Finale**Junior**

1	Jørgen Møllerop	88	TS/Madla SK	2.06,27	771
	26,87(26,87)	58,72(31,85)	1.37,29(38,57)	2.06,27(28,98)	
2	Eirik Ravnan	89	Hamar IL	2.07,01	758
	28,24(28,24)	1.01,51(33,27)	1.37,62(36,11)	2.07,01(29,39)	
3	Robin Palm	88	Sarpsborg IL	2.07,65	746
	27,45(27,45)	1.02,31(34,86)	1.37,28(34,97)	2.07,65(30,37)	
4	Sebastian Wigstrøm	91	Bærumsvømmerne	2.09,24	719
	29,04(29,04)	1.02,77(33,73)	1.38,52(35,75)	2.09,24(30,72)	
5	Martin Åsheim	90	Lørenskog/Rælingen	2.12,30	670
	29,40(29,40)	1.04,57(35,17)	1.41,19(36,62)	2.12,30(31,11)	
6	Kristoffer Meisler	90	Tverlandet IL	2.13,58	651
	29,09(29,09)	1.03,87(34,78)	1.41,48(37,61)	2.13,58(32,10)	

Øvelse 7. 100m butterfly, damer - Finale**Junior**

1	Ingvild Snildal	88	Asker SK	1.01,23	820
	28,78(28,78)	1.01,23(32,45)			
2	Victoria S. Løken	91	Aalesund SLK	1.01,46	811
	28,93(28,93)	1.01,46(32,53)			
3	Monica W. Johannessen	90	Karmøy SK	1.03,82	724
	30,36(30,36)	1.03,82(33,46)			
4	Sara Pettersen	91	Fauske SK	1.05,15	681
	30,71(30,71)	1.05,15(34,44)			
5	Line Løvberg	91	Lambertseter SK/NTG	1.05,32	676
	30,74(30,74)	1.05,32(34,58)			
6	Elisabeth H. Svensson	91	Ski SK	1.07,00	626
	31,07(31,07)	1.07,00(35,93)			

Øvelse 8. 200m rygg, herrer - Finale**Junior**

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,66) 2.02,64	767	NJR
	28,87(28,87)	59,73(30,86)	1.31,31(31,58)	2.02,64(31,33)		
2	Dominik Borkowski	90	Skjetten Svømming/NTG	(0,62) 2.03,21	756	
	28,37(28,37)	59,34(30,97)	1.30,91(31,57)	2.03,21(32,30)		
3	Sindre Nilo	90	Sandefjord SK/NTG	(0,74) 2.08,94	660	
	30,50(30,50)	1.02,67(32,17)	1.36,03(33,36)	2.08,94(32,91)		
4	Mikael Bergene	91	Lambertseter SK	(0,58) 2.09,62	650	
	30,34(30,34)	1.02,99(32,65)	1.36,46(33,47)	2.09,62(33,16)		
5	Vegard Løvberg	91	Bærumsvømmerne	(0,67) 2.10,91	631	
	31,22(31,22)	1.04,56(33,34)	1.37,84(33,28)	2.10,91(33,07)		
6	Lavrans Veierø Solli	92	Bergens SC	(0,63) 2.11,33	625	
	30,70(30,70)	1.04,00(33,30)	1.37,88(33,88)	2.11,33(33,45)		

Øvelse 9. 200m bryst, damer - Finale**Junior**

1	Katharina Stiberg	88	Bjerkvik SK	2.28,70	856
	33,90(33,90)	1.11,49(37,59)	1.49,92(38,43)	2.28,70(38,78)	
2	Trine Austrøne Olsen	90	Fauske SK	2.35,19	753
	35,71(35,71)	1.14,41(38,70)	1.54,20(39,79)	2.35,19(40,99)	
3	Monica Finnøy	88	BS/Bergen SLK	2.35,46	749
	35,57(35,57)	1.15,09(39,52)	1.55,33(40,24)	2.35,46(40,13)	
4	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.36,99	727
	35,79(35,79)	1.15,33(39,54)	1.55,87(40,54)	2.36,99(41,12)	
5	Stina Kajsa Colleou	93	Lambertseter SK	2.38,50	706
	36,12(36,12)	1.16,34(40,22)	1.57,23(40,89)	2.38,50(41,27)	
6	Bitte Fagermo	93	Narvik SK	2.42,17	659
	36,48(36,48)	1.17,40(40,92)	1.59,39(41,99)	2.42,17(42,78)	

Øvelse 10. 50m butterfly, herrer - Finale**Junior**

1	Marcus Tesdal	90	BS/Åstveit	25,30	737
2	Øystein R. Hetland	89	Bærum/NTG	25,32	735
3	Jørgen Møllerop	88	TS/Madla SK	25,73	701
4	Alexander B. Havre	90	Mandal SK	25,74	700
5	Christer Koch Kvam	90	Bærum/NTG	25,83	693
6	John Hage Gaarder	89	Lørenskog/Rælingen	26,14	668

Øvelse 11. 4*200m fri, damer - Junior**Junior**

1	Asker SK J1 jr.	JR	Asker SK	8.37,52	758
		29,45(29,45)	1.01,19(31,74)		
	Ingvild Snildal:	1.33,06(31,87)	2.04,80(31,74)	2.04,80	
		2.34,71(29,91)	3.07,00(32,29)		
	Nora Kathrine Guthe:	3.39,76(32,76)	4.12,76(33,00)	2.07,96	
		4.45,25(32,49)	5.19,45(34,20)		
	Hilde Sund:	5.54,09(34,64)	6.29,19(35,10)	2.16,43	
		6.58,34(29,15)	7.29,92(31,58)		
	Sofie Gjømestad:	8.03,12(33,20)	8.37,52(34,40)	2.08,33	
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	8.40,93	743
		30,72(30,72)	1.04,13(33,41)		
	Line Løvberg:	1.38,58(34,45)	2.12,40(33,82)	2.12,40	
		2.42,29(29,89)	3.15,41(33,12)		
	Emilie Hellerud:	3.50,03(34,62)	4.23,88(33,85)	2.11,48	
		4.53,67(29,79)	5.26,31(32,64)		
	Ingrid N. Knutzen:	5.59,53(33,22)	6.32,39(32,86)	2.08,51	
		7.01,58(29,19)	7.34,32(32,74)		
	Emma Isdahl:	8.08,11(33,79)	8.40,93(32,82)	2.08,54	
3	Hamar IL J1 jr.	JR	Hamar IL	8.41,95	739
		29,87(29,87)	1.02,18(32,31)		
	Elin Slaatmo:	1.35,24(33,06)	2.07,22(31,98)	2.07,22	
		2.36,95(29,73)	3.09,80(32,85)		
	Oda Martine Reiertsen:	3.44,27(34,47)	4.18,85(34,58)	2.11,63	
		4.50,93(32,08)	5.26,40(35,47)		
	Julie Torgersen Nilsen:	6.02,27(35,87)	6.37,08(34,81)	2.18,23	
		7.06,09(29,01)	7.37,97(31,88)		
	Karoline Brudvik Sanderud:	8.10,16(32,19)	8.41,95(31,79)	2.04,87	

4	Team Stavanger J1 jr.	JR	Team Stavanger	8.56,63	680
		31,36(31,36)	1.06,04(34,68)		
	Victoria Rung:	1.41,04(35,00)	2.14,61(33,57)	2.14,61	
		2.45,45(30,84)	3.20,07(34,62)		
	Christine Ørland:	3.54,91(34,84)	4.29,01(34,10)	2.14,40	
		5.00,01(31,00)	5.34,79(34,78)		
	Marthe Berg Sørensen:	6.10,27(35,48)	6.43,54(33,27)	2.14,53	
		7.13,71(30,17)	7.48,08(34,37)		
	Trine Hovda:	8.22,75(34,67)	8.56,63(33,88)	2.13,09	
5	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	9.00,70	665
		28,17(28,17)	59,55(31,38)		
	Henriette Brekke:	1.32,45(32,90)	2.05,76(33,31)	2.05,76	
		2.37,02(31,26)	3.12,06(35,04)		
	Benedicte Kausland:	3.47,88(35,82)	4.23,10(35,22)	2.17,34	
		4.54,29(31,19)	5.29,81(35,52)		
	Andrea Haugstad:	6.05,79(35,98)	6.41,09(35,30)	2.17,99	
		7.11,70(30,61)	7.47,05(35,35)		
	Marthe Helene Haganes:	8.24,22(37,17)	9.00,70(36,48)	2.19,61	
6	Bærumsv J1 jr.	JR	Bærumsvømmerne	9.01,73	661
		31,10(31,10)	1.05,15(34,05)		
	Emilie Voraas:	1.40,14(34,99)	2.14,77(34,63)	2.14,77	
		2.44,84(30,07)	3.18,69(33,85)		
	Karin Ekholt:	3.53,29(34,60)	4.27,90(34,61)	2.13,13	
		4.58,05(30,15)	5.32,11(34,06)		
	Vibeke Browne:	6.07,93(35,82)	6.44,13(36,20)	2.16,23	
		7.14,33(30,20)	7.49,63(35,30)		
	Maria Bølgen:	8.25,96(36,33)	9.01,73(35,77)	2.17,60	
7	Moss SK J1 jr.	JR	Moss SK	9.04,08	652
		30,92(30,92)	1.04,54(33,62)		
	Marte Elise Brinchmann:	1.39,31(34,77)	2.13,71(34,40)	2.13,71	
		2.45,43(31,72)	3.20,62(35,19)		
	Thea Pedersen:	3.58,08(37,46)	4.34,67(36,59)	2.20,96	
		5.06,74(32,07)	5.42,87(36,13)		
	Oda Berg Dypsund:	6.19,53(36,66)	6.55,69(36,16)	2.21,02	
		7.24,51(28,82)	7.56,77(32,26)		
	Ina Kr. Pedersen:	8.30,11(33,34)	9.04,08(33,97)	2.08,39	
8	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	9.07,20	641
		32,26(32,26)	1.06,20(33,94)		
	Terese Langlo:	1.40,48(34,28)	2.14,88(34,40)	2.14,88	
		2.44,92(30,04)	3.18,69(33,77)		
	Gina B. Andersen:	3.52,75(34,06)	4.27,49(34,74)	2.12,61	
		4.58,79(31,30)	5.33,11(34,32)		
	Iselin Mjøllner Dahlen:	6.08,90(35,79)	6.43,11(34,21)	2.15,62	
		7.14,69(31,58)	7.50,89(36,20)		
	Christiane Sandbye:	8.29,45(38,56)	9.07,20(37,75)	2.24,09	
9	Delfana J1 jr.	JR	Delfana	9.09,21	634
		32,26(32,26)	1.06,92(34,66)		
	Hanne Søfteland:	1.42,37(35,45)	2.17,56(35,19)	2.17,56	
		2.48,58(31,02)	3.23,52(34,94)		
	Ragnhild Smith-Sivertsen:	3.58,94(35,42)	4.33,84(34,90)	2.16,28	
		5.05,69(31,85)	5.40,21(34,52)		
	Oda S. Leiknes:	6.15,97(35,76)	6.51,49(35,52)	2.17,65	
		7.22,86(31,37)	7.58,22(35,36)		
	June J. Kristiansen:	8.34,15(35,93)	9.09,21(35,06)	2.17,72	
10	Kristiansand SA J1 jr.	JR	Kristiansand SA	9.10,09	631
		31,07(31,07)	1.05,24(34,17)		
	Maria Aasen:	1.40,13(34,89)	2.14,21(34,08)	2.14,21	
		2.45,37(31,16)	3.20,17(34,80)		
	Linn Hege Laudal:	3.56,05(35,88)	4.31,64(35,59)	2.17,43	
		5.04,24(32,60)	5.39,86(35,62)		
	Hege Omdal:	6.15,61(35,75)	6.50,42(34,81)	2.18,78	
		7.21,49(31,07)	7.56,87(35,38)		
	Malin Frestad:	8.33,39(36,52)	9.10,09(36,70)	2.19,67	
11	Arna SLK J1 jr.	JR	Arna SLK	9.23,04	589
		30,75(30,75)	1.05,81(35,06)		
	Ingvild M. Brurås:	1.44,02(38,21)	2.22,19(38,17)	2.22,19	
		2.54,39(32,20)	3.31,13(36,74)		
	Marina Rasmussen:	4.07,38(36,25)	4.42,01(34,63)	2.19,82	
		5.13,77(31,76)	5.50,61(36,84)		
	Oda J. Midtun:	6.28,63(38,02)	7.04,28(35,65)	2.22,27	
		7.36,30(32,02)	8.12,38(36,08)		
	Ane J. Midtun:	8.48,31(35,93)	9.23,04(34,73)	2.18,76	

12	Bergens SC J1 jr.	JR	Bergens SC	9.26,86	577
		32,16(32,16)	1.07,91(35,75)		
	Kaya Haugland Færøvik:	1.44,48(36,57)	2.20,68(36,20)	2.20,68	
		2.52,87(32,19)	3.28,25(35,38)		
	Ingse Bergh Monsen:	4.04,93(36,68)	4.41,72(36,79)	2.21,04	
		5.12,60(30,88)	5.46,70(34,10)		
	Maren Allum:	6.22,57(35,87)	6.57,57(35,00)	2.15,85	
		7.31,04(33,47)	8.09,94(38,90)		
	Hedvig Hjertaker:	8.48,89(38,95)	9.26,86(37,97)	2.29,29	
13	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	9.27,36	575
		32,00(32,00)	1.08,12(36,12)		
	Ida Johansen:	1.46,37(38,25)	2.23,55(37,18)	2.23,55	
		2.55,97(32,42)	3.32,09(36,12)		
	Hege Fuglerud Valle:	4.09,24(37,15)	4.46,29(37,05)	2.22,74	
		5.18,25(31,96)	5.53,49(35,24)		
	Guro Knutsen:	6.29,88(36,39)	7.05,73(35,85)	2.19,44	
		7.38,31(32,58)	8.13,31(35,00)		
	Line Cecilie Stenseth:	8.50,17(36,86)	9.27,36(37,19)	2.21,63	
14	SK Speed J1 jr.	JR	SK Speed	10.16,76	448
		33,12(33,12)	1.11,47(38,35)		
	Idha Toft Valeur:	1.51,07(39,60)	2.30,04(38,97)	2.30,04	
		3.05,06(35,02)	3.44,45(39,39)		
	Hege Strøm Haukeland:	4.25,04(40,59)	5.05,56(40,52)	2.35,52	
		5.40,95(35,39)	6.21,36(40,41)		
	Marianne Strøm:	7.02,58(41,22)	7.43,15(40,57)	2.37,59	
		8.17,39(34,24)	8.57,14(39,75)		
	Marthe Karlsen:	9.37,57(40,43)	10.16,76(39,19)	2.33,61	
	Vestkantstv. J2 jr.	JR	Vestkantstvømmerne	DISK	
	Juni Rugland:				
	Charlotte Kausland:				
	Marie Reinertsen:				
	Marie Øverland:				

Øvelse 12. 4*100m fri, herrer - Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	3.27,56	779	NJR
		24,35(24,35)	51,15(26,80)	51,15		
	Øystein R. Hetland:	1.16,22(25,07)	1.43,31(27,09)	52,16		
	Lars Andre Tolås:	2.07,93(24,62)	2.35,23(27,30)	51,92		
	Christer Koch Kvam:	3.00,40(25,17)	3.27,56(27,16)	52,33		
2	Bergensv. G1 jr.	JR	Bergensvømmerne	3.32,83	722	
		25,92(25,92)	53,72(27,80)	53,72		
	Anders Espeland Seljeflot:	1.18,94(25,22)	1.47,32(28,38)	53,60		
	Sindri T. Jakobsson:	2.12,71(25,39)	2.41,12(28,41)	53,80		
	Even Vike Holm:	3.06,00(24,88)	3.32,83(26,83)	51,71		
	Marcus Tesdal:					
3	Hamar IL G1 jr.	JR	Hamar IL	3.33,18	719	
		25,41(25,41)	53,35(27,94)	53,35		
	Martin Skramstad:	1.17,91(24,56)	1.46,16(28,25)	52,81		
	Ronnie Anstensen:	2.11,39(25,23)	2.40,34(28,95)	54,18		
	Jonas Kirkeberg Jostad:	3.05,74(25,40)	3.33,18(27,44)	52,84		
	Eirik Ravnann:					
4	Bærumsv G2 jr.	JR	Bærumsvømmerne	3.37,14	680	
		26,49(26,49)	54,41(27,92)	54,41		
	Tor Hafnor:	1.20,06(25,65)	1.48,34(28,28)	53,93		
	Elias Damman:	2.14,19(25,85)	2.42,72(28,53)	54,38		
	Sebastian Wigstrøm:	3.08,68(25,96)	3.37,14(28,46)	54,42		
	Vegard Løvberg:					
5	Mandal SK G1 jr.	JR	Mandal SK	3.38,62	666	
		25,82(25,82)	54,84(29,02)	54,84		
	Per Søndre Sodeland:	1.19,74(24,90)	1.48,58(28,84)	53,74		
	Alexander B. Havre:	2.14,46(25,88)	2.44,46(30,00)	55,88		
	Bjørnar Salvesen:	3.09,17(24,71)	3.38,62(29,45)	54,16		
	Bernt M. Seyffarth:					
6	Lambertseter SK G1 jr.	JR	Lambertseter SK	3.38,97	663	
		26,28(26,28)	53,94(27,66)	53,94		
	Mikael Bergene:	1.20,03(26,09)	1.50,23(30,20)	56,29		
	Sian Andreas Evja:	2.16,33(26,10)	2.45,48(29,15)	55,25		
	Sindre Eilertsen:	3.10,33(24,85)	3.38,97(28,64)	53,49		
	Petter Braarud:					

7	Bergens SC G1 jr.	JR	Bergens SC		3.40,96	645
	Karsten W. Johannessen:	26,01(26,01)	54,15(28,14)	54,15		
	Lavrans Veierø Solli:	1.21,33(27,18)	1.51,45(30,12)	57,30		
	Stian S. Langeland:	2.16,85(25,40)	2.45,22(28,37)	53,77		
	Øivind A. S. Reinertsen:	3.11,72(26,50)	3.40,96(29,24)	55,74		
8	IL Varg G1 jr.	JR	IL Varg		3.41,65	639
	Mattis Saghaug:	25,81(25,81)	54,30(28,49)	54,30		
	Jari K. Mikkelsen:	1.20,89(26,59)	1.49,14(28,25)	54,84		
	Daniel Berenett:	2.15,48(26,34)	2.44,87(29,39)	55,73		
	Jan-Tore Jessen Eikrem:	3.11,75(26,88)	3.41,65(29,90)	56,78		
9	Sandnes SLK G1 jr.	JR	Sandnes SLK		3.43,25	626
	Joar Skien Grannes:	25,74(25,74)	54,15(28,41)	54,15		
	Rune Skien Grannes:	1.20,19(26,04)	1.49,86(29,67)	55,71		
	Thor Helge Billington:		2.45,98(56,12)	56,12		
	Ivar Idsø Flaten:	3.12,37(26,39)	3.43,25(30,88)	57,27		
10	Asker SK G1 jr.	JR	Asker SK		3.44,32	617
	Carl Andreas Wathne:	26,83(26,83)	56,03(29,20)	56,03		
	Jan Aleksander Bakke:	1.22,21(26,18)	1.50,76(28,55)	54,73		
	Eirik Standal Thoresen:	2.18,53(27,77)	2.48,72(30,19)	57,96		
	Kristoffer Skribeland:	3.15,31(26,59)	3.44,32(29,01)	55,60		
11	Florø SLK G1 jr.	JR	Florø SLK		3.48,42	584
	Kristoffer Sørstrand Æsøy:	26,89(26,89)	55,47(28,58)	55,47		
	Simen Andreassen:	1.23,05(27,58)	1.54,48(31,43)	59,01		
	Kristoffer D. Birkeland:	2.22,26(27,78)	2.53,70(31,44)	59,22		
	Mathias Sørstrand Æsøy:	3.19,40(25,70)	3.48,42(29,02)	54,72		
12	Elverum IL G1 jr.	JR	Elverum Svømming		3.48,87	581
	Christian Sunde:	26,17(26,17)	54,69(28,52)	54,69		
	Eirik B. Lund:	1.21,22(26,53)	1.52,80(31,58)	58,11		
	Ingvar V. Skirbekk:	2.20,93(28,13)	2.51,57(30,64)	58,77		
	Gunnar V. Skirbekk:	3.18,94(27,37)	3.48,87(29,93)	57,30		
13	Larvik SK G1 jr.	JR	Larvik SK		3.50,16	571
	Aksel B. Lindhjem:	27,38(27,38)	56,92(29,54)	56,92		
	Geir T. Kristiansen:	1.23,45(26,53)	1.52,52(29,07)	55,60		
	Peder T. Haagensli:	2.19,97(27,45)	2.51,22(31,25)	58,70		
	Jørgen Wiik:	3.18,98(27,76)	3.50,16(31,18)	58,94		
14	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen		3.51,57	561
	Martin Åsheim:	26,03(26,03)	55,62(29,59)	55,62		
	John Hage Gaarder:	1.22,54(26,92)	1.51,94(29,40)	56,32		
	Tore Skaug Bysting:	2.19,76(27,82)	2.50,87(31,11)	58,93		
	Eirik Lindhjem:	3.19,75(28,88)	3.51,57(31,82)	1.00,70		
15	Oslo IL G1 jr.	JR	Oslo IL		3.55,51	533
	Lars Nymoen:	27,67(27,67)	58,25(30,58)	58,25		
	Henning Kaland:	1.26,47(28,22)	1.57,76(31,29)	59,51		
	Stein Osen:	2.25,79(28,03)	2.56,67(30,88)	58,91		
	Jon Erik Sønning:	3.24,53(27,86)	3.55,51(30,98)	58,84		
16	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne		3.58,27	515
	Benjamin Marum:	27,78(27,78)	57,65(29,87)	57,65		
	Joachim Jakobsen:	1.25,31(27,66)	1.54,47(29,16)	56,82		
	Anders S. Jordheim:	2.23,96(29,49)	2.55,98(32,02)	1.01,51		
	Markus Vindenes:	3.25,35(29,37)	3.58,27(32,92)	1.02,29		
17	Ås IL G1 jr.	JR	Ås IL		4.02,06	491
	Håvard Langdalen:	28,24(28,24)	1.00,17(31,93)	1.00,17		
	Lars E. Mehlum:	1.28,94(28,77)	2.01,54(32,60)	1.01,37		
	Andreas M. Bergman:	2.30,50(28,96)	3.03,71(33,21)	1.02,17		
	Kristian Solvin:	3.30,76(27,05)	4.02,06(31,30)	58,35		
18	Stavanger SC G1 jr.	JR	Stavanger SC		4.02,84	486
	Henning S. Pryde:	28,68(28,68)	59,11(30,43)	59,11		
	Per Øystein Turøy:	1.26,31(27,20)	1.57,41(31,10)	58,30		
	Fredrik K Hegdal:	2.28,21(30,80)	3.02,04(33,83)	1.04,63		
	Erik Vassøy Olsen:	3.30,76(28,72)	4.02,84(32,08)	1.00,80		
19	Ski SK G1 jr.	JR	Ski SK		4.08,58	453
	Sten Marius Holmen:	26,90(26,90)	56,53(29,63)	56,53		
	Thomas W. Kristiansen:	1.22,85(26,32)	1.52,28(29,43)	55,75		
	Kristian Bjelbøle Bakken:	2.23,71(31,43)	2.57,87(34,16)	1.05,59		
	Anders Struksnæs Sand:	3.30,72(32,85)	4.08,58(37,86)	1.10,71		
	Team Stavanger G1 jr.	JR	Team Stavanger		DISK	
	Jørgen Møllerop:	24,85(24,85)	51,76(26,91)	51,76		
	Ole Martin Ree:	1.17,31(25,55)	1.45,87(28,56)	54,11		
	Erling Mjøs Brattelid:	2.12,84(26,97)	2.42,27(29,43)	56,40		
	Bjarte Ravndal:					

Fredag 23. november 2007 kl 09.00**Øvelse 13. 4*50m lag medley, herrer - UM**

UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	(0,70)	1.53,42	587
	Per Øystein Turøy:	30,80(30,80)				
	Hans Østerdal:	1.01,91(31,11)				
	Christian Juvik:	1.28,18(26,27)				
	Jørn Nygård:	1.53,42(25,24)				
2	Florø SLK G1 jr.	JR	Florø SLK	(0,69)	1.56,93	536
	Simen Andreassen:	31,06(31,06)				
	Hans Kristian Andersen:	1.02,21(31,15)				
	Marius Nekkøy Karstad:	1.30,42(28,21)				
	Kristoffer D. Birkeland:	1.56,93(26,51)				
3	Åstveit SK G1 jr.	JR	Åstveit SK	(0,78)	1.58,92	509
	Zoltan Csernai:	29,87(29,87)				
	Eivind Johannesen:	1.03,64(33,77)				
	Erlend Ulveseter:	1.32,31(28,67)				
	Robin Sell Dyngeland:	1.58,92(26,61)				
4	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,68)	2.02,73	463
	Konrad Paszkowski:	33,15(33,15)				
	Alexander Schüssler:	1.06,79(33,64)				
	David Evja:	1.35,26(28,47)				
	Magnus Rødseth:	2.02,73(27,47)				
5	Moss SK G1 jr.	JR	Moss SK	(0,69)	2.06,48	423
	Fredrik Johansen Nielsen:	33,38(33,38)				
	Georg Horntvedt:	1.08,43(35,05)				
	Dan Martin Gudbrandsen:	1.39,79(31,36)				
	Stian Svingen Nilsson:	2.06,48(26,69)				
6	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,57)	2.06,88	419
	Henry Emil Nordhagen:	30,28(30,28)				
	Magnus Buch:	1.07,61(37,33)				
	Magnus Kjerstad:	1.37,77(30,16)				
	Lars Hvidsten:	2.06,88(29,11)				
7	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(0,68)	2.09,72	392
	Gjermund Fure Johansen:	32,91(32,91)				
	Markus Vindenes:	1.07,87(34,96)				
	Anders S. Jordheim:	1.38,15(30,28)				
	Kristian Blummenfelt:	2.09,72(31,57)				

Øvelse 14. 800m fri, damer - Direkte finale – Foreløpig før siste heat

UM

1	Susann Bjørnsen	93	Setermoen SK	9.21,02	695
	31,70(31,70)	1.05,66(33,96)	1.40,45(34,79)	2.15,95(35,50)	
	2.51,12(35,17)	3.26,84(35,72)	4.02,27(35,43)	4.37,83(35,56)	
	5.13,74(35,91)	5.49,47(35,73)	6.25,36(35,89)	7.01,04(35,68)	
	7.36,58(35,54)	8.11,94(35,36)	8.47,52(35,58)	9.21,02(33,50)	
2	Eva Marie Østerhus	94	Madla SK	9.22,21	691
	32,06(32,06)	1.06,78(34,72)	1.42,30(35,52)	2.18,00(35,70)	
	2.53,73(35,73)	3.29,56(35,83)	4.05,65(36,09)	4.41,30(35,65)	
	5.17,01(35,71)	5.52,73(35,72)	6.28,39(35,66)	7.03,61(35,22)	
	7.38,58(34,97)	8.13,90(35,32)	8.48,94(35,04)	9.22,21(33,27)	
3	Katrine Ekstang	92	Setermoen SK	9.23,60	686
	32,29(32,29)	1.06,82(34,53)	1.42,08(35,26)	2.18,21(36,13)	
	2.53,84(35,63)	3.29,24(35,40)	4.05,55(36,31)	4.40,78(35,23)	
	5.16,66(35,88)	5.52,75(36,09)	6.28,79(36,04)	7.04,14(35,35)	
	7.39,73(35,59)	8.14,65(34,92)	8.50,20(35,55)	9.23,60(33,40)	
4	Terese Fosby	92	Kongstensvømmerne	9.35,86	643
	32,57(32,57)	1.07,72(35,15)	1.43,19(35,47)	2.19,63(36,44)	
	2.56,05(36,42)	3.32,37(36,32)	4.08,40(36,03)	4.44,84(36,44)	
	5.21,29(36,45)	5.57,62(36,33)	6.34,45(36,83)	7.11,33(36,88)	
	7.48,26(36,93)	8.24,64(36,38)	9.00,65(36,01)	9.35,86(35,21)	

5	Pia Cornelia Braarud	93	Lambertseter SK	9.37,00	639
	32,27(32,27)	1.08,21(35,94)	1.44,06(35,85)	2.20,33(36,27)	
	2.56,45(36,12)	3.32,79(36,34)	4.08,70(35,91)	4.45,11(36,41)	
	5.21,83(36,72)	5.58,43(36,60)	6.35,05(36,62)	7.12,03(36,98)	
	7.48,72(36,69)	8.25,56(36,84)	9.02,66(37,10)	9.37,00(34,34)	
6	Karoline Pedersen	94	Bergen SLK	9.43,54	618
	32,87(32,87)	1.08,78(35,91)	1.45,07(36,29)	2.22,11(37,04)	
	2.58,67(36,56)	3.35,53(36,86)	4.12,44(36,91)	4.49,86(37,42)	
	5.26,99(37,13)	6.04,26(37,27)	6.41,41(37,15)	7.18,28(36,87)	
	7.55,29(37,01)	8.32,17(36,88)	9.08,54(36,37)	9.43,54(35,00)	
7	Marthe Berg Sørensen	92	TS/Frisinn	9.43,63	617
	33,15(33,15)	1.09,61(36,46)	1.46,79(37,18)	2.24,31(37,52)	
	3.01,11(36,80)	3.38,23(37,12)	4.15,57(37,34)	4.53,10(37,53)	
	5.29,86(36,76)	6.06,88(37,02)	6.43,75(36,87)	7.21,00(37,25)	
	7.57,60(36,60)	8.34,38(36,78)	9.10,19(35,81)	9.43,63(33,44)	
8	Andrea Haugstad	92	Vestkantsvømmerne	9.45,01	613
	32,53(32,53)		1.45,49(1.12,96)	2.22,30(36,81)	
	2.59,13(36,83)	3.36,29(37,16)	4.13,27(36,98)	4.50,44(37,17)	
	5.27,40(36,96)	6.04,68(37,28)	6.41,38(36,70)	7.18,67(37,29)	
	7.55,82(37,15)	8.32,57(36,75)	9.09,42(36,85)	9.45,01(35,59)	
9	Inger-Cathrine Wium	92	Øvre Eiker SK	9.48,81	601
	33,03(33,03)	1.08,76(35,73)	1.45,12(36,36)	2.21,94(36,82)	
	2.58,98(37,04)	3.36,42(37,44)	4.14,17(37,75)	4.51,44(37,27)	
	5.28,84(37,40)	6.06,36(37,52)	6.43,50(37,14)	7.20,74(37,24)	
	7.58,10(37,36)	8.35,40(37,30)	9.12,62(37,22)	9.48,81(36,19)	

Junior

1	Susann Bjørnsen	93	Setermoen SK	9.21,02	695
	31,70(31,70)	1.05,66(33,96)	1.40,45(34,79)	2.15,95(35,50)	
	2.51,12(35,17)	3.26,84(35,72)	4.02,27(35,43)	4.37,83(35,56)	
	5.13,74(35,91)	5.49,47(35,73)	6.25,36(35,89)	7.01,04(35,68)	
	7.36,58(35,54)	8.11,94(35,36)	8.47,52(35,58)	9.21,02(33,50)	
2	Eva Marie Østerhus	94	Madla SK	9.22,21	691
	32,06(32,06)	1.06,78(34,72)	1.42,30(35,52)	2.18,00(35,70)	
	2.53,73(35,73)	3.29,56(35,83)	4.05,65(36,09)	4.41,30(35,65)	
	5.17,01(35,71)	5.52,73(35,72)	6.28,39(35,66)	7.03,61(35,22)	
	7.38,58(34,97)	8.13,90(35,32)	8.48,94(35,04)	9.22,21(33,27)	
3	Katrine Ekstang	92	Setermoen SK	9.23,60	686
	32,29(32,29)	1.06,82(34,53)	1.42,08(35,26)	2.18,21(36,13)	
	2.53,84(35,63)	3.29,24(35,40)	4.05,55(36,31)	4.40,78(35,23)	
	5.16,66(35,88)	5.52,75(36,09)	6.28,79(36,04)	7.04,14(35,35)	
	7.39,73(35,59)	8.14,65(34,92)	8.50,20(35,55)	9.23,60(33,40)	
4	Terese Fosby	92	Kongstensvømmerne	9.35,86	643
	32,57(32,57)	1.07,72(35,15)	1.43,19(35,47)	2.19,63(36,44)	
	2.56,05(36,42)	3.32,37(36,32)	4.08,40(36,03)	4.44,84(36,44)	
	5.21,29(36,45)	5.57,62(36,33)	6.34,45(36,83)	7.11,33(36,88)	
	7.48,26(36,93)	8.24,64(36,38)	9.00,65(36,01)	9.35,86(35,21)	
5	Pia Cornelia Braarud	93	Lambertseter SK	9.37,00	639
	32,27(32,27)	1.08,21(35,94)	1.44,06(35,85)	2.20,33(36,27)	
	2.56,45(36,12)	3.32,79(36,34)	4.08,70(35,91)	4.45,11(36,41)	
	5.21,83(36,72)	5.58,43(36,60)	6.35,05(36,62)	7.12,03(36,98)	
	7.48,72(36,69)	8.25,56(36,84)	9.02,66(37,10)	9.37,00(34,34)	
6	Karoline Pedersen	94	Bergen SLK	9.43,54	618
	32,87(32,87)	1.08,78(35,91)	1.45,07(36,29)	2.22,11(37,04)	
	2.58,67(36,56)	3.35,53(36,86)	4.12,44(36,91)	4.49,86(37,42)	
	5.26,99(37,13)	6.04,26(37,27)	6.41,41(37,15)	7.18,28(36,87)	
	7.55,29(37,01)	8.32,17(36,88)	9.08,54(36,37)	9.43,54(35,00)	
7	Marthe Berg Sørensen	92	TS/Frisinn	9.43,63	617
	33,15(33,15)	1.09,61(36,46)	1.46,79(37,18)	2.24,31(37,52)	
	3.01,11(36,80)	3.38,23(37,12)	4.15,57(37,34)	4.53,10(37,53)	
	5.29,86(36,76)	6.06,88(37,02)	6.43,75(36,87)	7.21,00(37,25)	
	7.57,60(36,60)	8.34,38(36,78)	9.10,19(35,81)	9.43,63(33,44)	
8	Andrea Haugstad	92	Vestkantsvømmerne	9.45,01	613
	32,53(32,53)		1.45,49(1.12,96)	2.22,30(36,81)	
	2.59,13(36,83)	3.36,29(37,16)	4.13,27(36,98)	4.50,44(37,17)	
	5.27,40(36,96)	6.04,68(37,28)	6.41,38(36,70)	7.18,67(37,29)	
	7.55,82(37,15)	8.32,57(36,75)	9.09,42(36,85)	9.45,01(35,59)	

9	Oda Martine Reiertsen	89	Hamar IL	9.46,08	610
	32,27(32,27)	1.07,31(35,04)	1.43,36(36,05)	2.19,90(36,54)	
	2.56,58(36,68)	3.33,01(36,43)	4.10,28(37,27)	4.47,74(37,46)	
	5.24,83(37,09)	6.02,47(37,64)	6.39,95(37,48)	7.17,18(37,23)	
	7.54,60(37,42)	8.31,82(37,22)	9.09,34(37,52)	9.46,08(36,74)	
10	Inger-Cathrine Wium	92	Øvre Eiker SK	9.48,81	601
	33,03(33,03)	1.08,76(35,73)	1.45,12(36,36)	2.21,94(36,82)	
	2.58,98(37,04)	3.36,42(37,44)	4.14,17(37,75)	4.51,44(37,27)	
	5.28,84(37,40)	6.06,36(37,52)	6.43,50(37,14)	7.20,74(37,24)	
	7.58,10(37,36)	8.35,40(37,30)	9.12,62(37,22)	9.48,81(36,19)	
11	June J. Kristiansen	90	Delfana	9.51,00	595
	32,95(32,95)	1.09,07(36,12)	1.45,66(36,59)	2.22,87(37,21)	
	3.00,53(37,66)	3.38,13(37,60)	4.15,64(37,51)	4.53,17(37,53)	
	5.30,64(37,47)	6.07,82(37,18)	6.45,10(37,28)	7.22,57(37,47)	
	8.00,13(37,56)	8.37,39(37,26)	9.15,07(37,68)	9.51,00(35,93)	
12	Emilie Voraa	91	Bærumsvømmerne	10.08,50	545
	34,00(34,00)	1.11,04(37,04)	1.48,36(37,32)	2.26,27(37,91)	
	3.03,89(37,62)	3.42,07(38,18)	4.20,46(38,39)	4.59,09(38,63)	
	5.37,91(38,82)	6.16,80(38,89)	6.55,52(38,72)	7.34,26(38,74)	
	8.13,16(38,90)	8.52,10(38,94)	9.30,48(38,38)	10.08,50(38,02)	

Øvelse 15. 400m fri, herrer

Junior

1	Lars Andre Tolås	88	Bærumsvømmerne	4.03,58	727
	27,26(27,26)	57,97(30,71)	1.29,46(31,49)	2.01,16(31,70)	
	2.32,48(31,32)	3.03,57(31,09)	3.34,22(30,65)	4.03,58(29,36)	
2	Christer Koch Kvam	90	Bærum/NTG	4.04,46	720
	27,90(27,90)	58,47(30,57)	1.29,39(30,92)	2.00,87(31,48)	
	2.32,15(31,28)	3.03,58(31,43)	3.34,11(30,53)	4.04,46(30,35)	
3	Øystein R. Hetland	89	Bærum/NTG	4.05,23	713
	27,56(27,56)	58,33(30,77)	1.29,38(31,05)	2.01,47(32,09)	
	2.33,29(31,82)	3.04,55(31,26)	3.35,58(31,03)	4.05,23(29,65)	
4	Eirik Ravnán	89	Hamar IL	4.05,38	712
	27,74(27,74)	57,78(30,04)	1.28,09(30,31)	1.58,56(30,47)	
	2.29,32(30,76)	3.00,61(31,29)	3.32,89(32,28)	4.05,38(32,49)	
5	Sindre Nilo	90	Sandefjord SK/NTG	4.06,86	699
	27,85(27,85)	58,53(30,68)	1.29,63(31,10)	2.01,44(31,81)	
	2.32,71(31,27)	3.04,36(31,65)	3.35,98(31,62)	4.06,86(30,88)	
6	Stian Werner Erichsen	90	Bærumsvømmerne	4.07,74	691
	28,28(28,28)	58,69(30,41)	1.29,81(31,12)	2.01,81(32,00)	
	2.33,58(31,77)	3.05,45(31,87)	3.37,00(31,55)	4.07,74(30,74)	
7	Tor Hafnor	91	Bærumsvømmerne	4.08,04	689
	27,41(27,41)	57,96(30,55)	1.29,33(31,37)	2.00,71(31,38)	
	2.31,96(31,25)	3.03,90(31,94)	3.36,57(32,67)	4.08,04(31,47)	
8	Mikkel Tørud Lang	90	Ullensakersv	4.09,32	678
	29,34(29,34)	1.00,73(31,39)	1.32,10(31,37)	2.03,50(31,40)	
	2.35,56(32,06)	3.07,21(31,65)	3.38,35(31,14)	4.09,32(30,97)	
9	Bjarte Ravndal	91	TS/Sola SK	4.11,07	664
	29,42(29,42)	1.02,49(33,07)	1.35,36(32,87)	2.07,75(32,39)	
	2.39,72(31,97)	3.10,71(30,99)	3.41,87(31,16)	4.11,07(29,20)	
10	Petter Braarud	89	Lambertseter SK	4.11,14	664
	28,58(28,58)	59,73(31,15)	1.30,90(31,17)	2.02,54(31,64)	
	2.33,68(31,14)	3.05,72(32,04)	3.38,49(32,77)	4.11,14(32,65)	
11	Daniel Berenett	91	IL Varg/NTG	4.11,35	662
	28,71(28,71)	1.00,11(31,40)	1.31,99(31,88)	2.04,47(32,48)	
	2.36,43(31,96)	3.08,77(32,34)	3.40,27(31,50)	4.11,35(31,08)	
12	Sebastian Wigstrøm	91	Bærumsvømmerne	4.11,43	661
	28,73(28,73)	1.00,19(31,46)	1.31,58(31,39)	2.03,55(31,97)	
	2.35,12(31,57)	3.06,95(31,83)	3.39,58(32,63)	4.11,43(31,85)	
13	Elias Damman	89	Bærum/NTG	4.12,74	651
	28,45(28,45)	59,70(31,25)	1.31,94(32,24)	2.04,34(32,40)	
	2.36,94(32,60)	3.09,48(32,54)	3.41,57(32,09)	4.12,74(31,17)	
14	Vegard Løvberg	91	Bærumsvømmerne	4.14,77	636
	29,15(29,15)	1.00,82(31,67)	1.32,84(32,02)	2.05,26(32,42)	
	2.37,80(32,54)	3.09,96(32,16)	3.42,66(32,70)	4.14,77(32,11)	

15	Christian Thorsen	91	Lambertseter SK	4.20,05	598
	28,94(28,94)	1.00,54(31,60)	1.32,46(31,92)	2.05,01(32,55)	
	2.38,41(33,40)	3.12,25(33,84)	3.46,43(33,18)	4.20,05(33,62)	
16	Øyvind Gevelt	91	Øvre Eiker SK	4.21,75	586
	31,02(31,02)	1.03,22(32,20)	1.35,92(32,70)	2.09,10(33,18)	
	2.42,11(33,01)	3.15,22(33,11)	3.48,80(33,58)	4.21,75(32,95)	
17	Sigvart Evjen	91	Vestbyen IL	4.29,51	537
	29,88(29,88)	1.02,70(32,82)	1.36,68(33,98)	2.10,95(34,27)	
	2.45,77(34,82)	3.20,72(34,95)	3.55,53(34,81)	4.29,51(33,98)	
18	Tor-Arne Hegvik	90	Trondheim SLK	4.31,23	527
	30,51(30,51)	1.04,11(33,60)	1.38,74(34,63)	2.13,51(34,77)	
	2.47,81(34,30)	3.22,69(34,88)	3.57,35(34,66)	4.31,23(33,88)	

UM

1	Zoltan Csernai	93	Åstveit SK	4.10,46	669
	27,84(27,84)	58,53(30,69)	1.30,18(31,65)	2.02,74(32,56)	
	2.35,32(32,58)	3.07,89(32,57)	3.40,53(32,64)	4.10,46(29,93)	
2	Ole Martin Ree	92	TS/Sola SK	4.11,28	663
	29,49(29,49)	1.00,98(31,49)	1.32,73(31,75)	2.04,97(32,24)	
	2.36,99(32,02)	3.09,17(32,18)	3.40,91(31,74)	4.11,28(30,37)	
3	Jørn Nygård	92	Stavanger SC	4.11,59	660
	27,85(27,85)	58,09(30,24)	1.30,20(32,11)	2.02,32(32,12)	
	2.35,27(32,95)	3.08,15(32,88)	3.40,68(32,53)	4.11,59(30,91)	
4	Martin P. Sletbakken	92	Sortland SLK	4.17,37	617
	29,12(29,12)	1.00,37(31,25)	1.32,61(32,24)	2.05,31(32,70)	
	2.37,82(32,51)	3.10,70(32,88)	3.44,04(33,34)	4.17,37(33,33)	
5	Martin Hammer	93	Kongstensvømmerne	4.18,30	610
	28,24(28,24)	58,83(30,59)	1.30,58(31,75)	2.03,64(33,06)	
	2.36,87(33,23)	3.10,94(34,07)	3.44,41(33,47)	4.18,30(33,89)	
6	Espen Halhjem	92	Delfana	4.19,61	601
	29,39(29,39)	1.01,33(31,94)	1.34,04(32,71)	2.07,25(33,21)	
	2.40,70(33,45)	3.14,41(33,71)	3.47,92(33,51)	4.19,61(31,69)	
7	Eivind Johannesen	92	Åstveit SK	4.20,10	597
	30,14(30,14)	1.02,05(31,91)	1.34,79(32,74)	2.07,63(32,84)	
	2.41,16(33,53)	3.14,31(33,15)	3.47,95(33,64)	4.20,10(32,15)	
8	Hans Andre Pedersen	92	Sandefjord SK	4.22,46	581
	29,49(29,49)	1.02,28(32,79)	1.36,00(33,72)	2.09,94(33,94)	
	2.43,12(33,18)	3.17,32(34,20)	3.50,71(33,39)	4.22,46(31,75)	
9	Jonas Kirkeberg Jostad	92	Hamar IL	4.24,72	567
	29,58(29,58)	1.01,73(32,15)	1.35,07(33,34)	2.08,56(33,49)	
	2.42,04(33,48)	3.16,18(34,14)	3.51,48(35,30)	4.24,72(33,24)	
10	Thorbjørn Birkeland	93	Haugesund SK	4.24,96	565
	29,29(29,29)	1.02,01(32,72)	1.35,68(33,67)	2.09,76(34,08)	
	2.43,99(34,23)	3.17,87(33,88)	3.51,98(34,11)	4.24,96(32,98)	

Funksjonshemmede

Ola Fredriksen	93	Tromsø SK	BRUTT	S15
----------------	----	-----------	-------	-----

Øvelse 16. 50m bryst, damer

Junior

1	Katharina Stiberg	88	Bjerkvik SK	32,34	823
2	Kristine Mella	90	Bærumsvømmerne	33,38	748
3	Monica Finnøy	88	BS/Bergen SLK	34,04	705
4	Karoline Bergene	89	Lambertseter SK	34,26	692
5	Iselin Meisler	90	Tverlandet IL	34,47	679
6	Maren Kristine Jansen	90	TS/Randaberg	35,06	646
7	Mari Singstad	91	Vestbyen IL	35,15	641
8	Ine Charlotte Hagen	89	Lørenskog/Rælingen	35,34	630

Bærumsvømmerne**NM Junior 2007****Resultater**

9	Kine Vereide	91	Eid SK	35,37	629
10	Victoria Croker	88	Bærumsvømmerne	35,58	618
11	Hege Omdal	89	Kristiansand SA	35,61	616
12	Katinka Kvant	89	Arna SLK	35,65	614
13	Gudrun Ildstad	89	Trondheim SLK	35,81	606
14	Karin Ekholt	89	Bærumsvømmerne	36,12	590

UM

1	Sophia Broberg Skeltved	92	Tromsø SK	34,87	656
2	Siri Eva Kristiansen	93	Asker SK	35,11	643
3	Benedicte Kausland	92	Vestkantsvømmerne	35,20	638
4	Katrine Jensen	92	Åstveit SK	35,23	636
5	Stina Kajsa Colleou	93	Lambertseter SK	35,89	602
6	Lene Lykke Erichsen	92	Bærumsvømmerne	36,20	586
7	Siren Bergslid	93	Stavanger SC	36,48	573
8	Stine Tveit	93	Trondheim SLK	36,57	569
9	Therese Tronerud	93	Egersund SK	36,59	568
10	Elisabeth Kristiansen	92	Haugesund SK	36,60	567
11	Stine Mjølhus Kristoffersen	93	TS/Frisinn	36,68	564
12	Tina Larsen	92	Narvik SK	36,73	561
13	Kristine Dalen	92	Gjelleråsen IF	37,23	539
14	Maria Dahli	92	Moss SK	38,07	504

Øvelse 17. 50m rygg, herrer**Junior**

1	Jørgen Møllerop	88	TS/Madla SK	(0,66)	26,98	673
2	Dominik Borkowski	90	Skjetten Svømming/NTG	(0,66)	27,35	646
3	Lars Andre Tolås	88	Bærumsvømmerne	(0,66)	27,41	642
4	John Hage Gaarder	89	Lørenskog/Rælingen	(0,62)	27,51	635
5	Mikael Bergene	91	Lambertseter SK	(0,57)	27,83	613
6	Alexander B. Havre	90	Mandal SK	(0,68)	27,84	613
7	Joar Skien Grannes	90	Sandnes SLK	(0,71)	28,01	601
8	Bjarte Ravndal	91	TS/Sola SK	(0,67)	28,11	595
9	Martin Skramstad	89	Hamar IL	(0,66)	28,19	590
10	Tor Hafnor	91	Bærumsvømmerne	(0,63)	28,37	579
11	Martin Åsheim	90	Lørenskog/Rælingen	(0,75)	28,66	561
12	Karsten W. Johannessen	88	Bergens SC	(0,59)	28,74	557
13	Erlend Alvestad	88	Vestbyen IL	(0,63)	28,84	551
14	Even Vike Holm	90	BS/Arna	(0,73)	28,98	543
15	Halvor Ekeland	89	Drammen SK		29,14	534
16	Sindre Eilertsen	90	Lambertseter SK	(0,61)	29,17	532
17	Eirik Ramstad	91	Madla SK		29,22	530
18	Vegard Løvberg	91	Bærumsvømmerne	(0,66)	29,32	524
19	Mikkel Tørud Lang	90	Ullensakersv	(0,65)	29,40	520
20	Jan Aleksander Bakke	91	Asker SK	(0,77)	29,43	518
21	Stian Werner Erichsen	90	Bærumsvømmerne	(0,78)	29,44	518
22	Carl Andreas Wathne	91	Asker SK	(0,59)	29,54	513
23	Karl Robin Kilde	88	Skjetten Svømming	(0,55)	29,65	507
24	Kristoffer Skribeland	91	Asker SK	(0,68)	29,77	501
25	Mathias Sørstrand Æsøy	90	Florø SLK	(0,74)	29,90	494

UM

1	Lavrans Veierø Solli	92	Bergens SC	(0,59)	27,96	605
2	Mats Gøran Høgenhaug	93	Namsos SK	(0,67)	29,08	537
3	Christian Juvik	93	Stavanger SC	(0,86)	29,55	512
4	Julian Åsheim Mikkelsen	93	Ås IL	(0,69)	29,57	511
5	Øyvind L. Styrmo	93	Delfana	(0,65)	29,82	498
6	Kenneth Bakkehaug	92	Sørreisa SK	(0,58)	29,97	491
7	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,65)	30,39	471
8	Marius Nekkøy Karstad	92	Florø SLK	(0,59)	30,53	464
9	Hans Andre Pedersen	92	Sandefjord SK	(0,70)	30,63	460
10	Åsmund Karlsen	92	Eid SK	(0,71)	30,95	446 DF
11	Alexander Schüssler	92	Lambertseter SK	(0,61)	30,95	446 DE

Øvelse 18. 200m individuell medley, damer

Junior

1	Elise Utne	89	Narvik SK	2.20,86	773
	31,15(31,15)	1.07,67(36,52)	1.47,64(39,97)	2.20,86(33,22)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.21,93	756
	31,70(31,70)	1.08,01(36,31)	1.48,27(40,26)	2.21,93(33,66)	
3	Trine Austrøne Olsen	90	Fauske SK	2.22,66	745
	32,31(32,31)	1.08,60(36,29)	1.48,43(39,83)	2.22,66(34,23)	
4	Victoria T. Solberg	89	Horten/NTG	2.25,59	700
	31,79(31,79)	1.08,23(36,44)	1.51,48(43,25)	2.25,59(34,11)	
5	Terese Langlo	89	Skjetten Svømming	2.26,49	688
	31,97(31,97)	1.08,73(36,76)	1.51,01(42,28)	2.26,49(35,48)	
6	Nora Kathrine Guthe	91	Asker SK	2.28,56	659
	32,94(32,94)	1.10,38(37,44)	1.54,22(43,84)	2.28,56(34,34)	
7	Line Løvberg	91	Lambertseter SK/NTG	2.28,94	654
	31,94(31,94)	1.10,12(38,18)	1.55,47(45,35)	2.28,94(33,47)	
8	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.30,41	635
	33,49(33,49)	1.14,61(41,12)	1.54,43(39,82)	2.30,41(35,98)	
9	Alvilde Morken	89	Sandnes SLK	2.30,86	630
	31,84(31,84)	1.11,36(39,52)	1.54,40(43,04)	2.30,86(36,46)	
10	Ragnhild Smith-Sivertsen	89	Delfana	2.32,43	610
	33,52(33,52)	1.13,93(40,41)	1.57,08(43,15)	2.32,43(35,35)	
11	Camilla Borchgrevink	90	Ski SK	2.39,73	530
	33,97(33,97)	1.14,58(40,61)	2.02,05(47,47)	2.39,73(37,68)	

UM

1	Bitte Fagermo	93	Narvik SK	2.26,55	687
	31,93(31,93)	1.10,61(38,68)	1.50,48(39,87)	2.26,55(36,07)	
2	Benedicte Kausland	92	Vestkantsvømmerne	2.30,91	629
	34,33(34,33)	1.14,16(39,83)	1.55,85(41,69)	2.30,91(35,06)	
3	Eva Marie Østerhus	94	Madla SK	2.33,40	599
	34,50(34,50)	1.12,07(37,57)	1.59,35(47,28)	2.33,40(34,05)	
4	Christiana Bjørkli	93	Trondheim SLK	2.38,63	541
	33,60(33,60)	1.15,03(41,43)	2.01,61(46,58)	2.38,63(37,02)	
	Sophia Broberg Skeltved	92	Tromsø SK	DISK	
	Susann Bjørnsen	93	Setermoen SK	DISK	

Øvelse 19. 100m butterfly, herrer

Junior

1	Jørgen Møllerop 26,88(26,88)	88	TS/Madla SK	57,32	699
2	Stian S. Langeland 26,94(26,94)	89	Bergens SC	57,35	698
3	Sindri T. Jakobsson 27,11(27,11)	91	BS/Delfana	57,44	695
4	Christer Koch Kvam 26,65(26,65)	90	Bærum/NTG	57,76	683
5	Øystein R. Hetland 26,47(26,47)	89	Bærum/NTG	58,24	667
6	Alexander B. Havre 26,98(26,98)	90	Mandal SK	58,61	654
7	Stian Andreas Evja 27,40(27,40)	90	Lambertseter SK	58,97	642
8	Tor Hafnør 27,90(27,90)	91	Bærumsvømmerne	59,38	629
9	Sebastian Stordal 27,99(27,99)	91	BS/Delfana	59,99	610
10	John Hage Gaarder 27,88(27,88)	89	Lørenskog/Rælingen	1.00,47	596
11	Christoffer Sørstrand Æsøy 28,05(28,05)	88	Florø SLK	1.00,71	589
12	Rune Johansen 28,12(28,12)	89	Andøya SLK	1.01,03	579
13	Øivind A. S. Reinertsen 28,05(28,05)	88	Bergens SC	1.01,28	572
14	Jan Aleksander Bakke 28,82(28,82)	91	Asker SK	1.01,32	571
15	Håkon Aleksander Vik 28,27(28,27)	90	Haldens SK	1.01,43	568
16	Pål Henriksen Spjelkavik 28,11(28,11)	88	Vestbyen IL	1.01,59	564
17	Emil Brennløkken 28,87(28,87)	89	Vestbyen IL	1.01,75	559
18	Geir T. Kristiansen 28,26(28,26)	90	Larvik SK	1.01,90	555
19	Carl Andreas Wathne 29,45(29,45)	91	Asker SK	1.01,98	553
20	Bjørn Emil Evensen 28,48(28,48)	91	Gjøvik SK	1.02,06	551
21	Vegard Løvberg 29,16(29,16)	91	Bærumsvømmerne	1.02,35	543
	Anders Espeland Seljeflot	88	BS/Bergen SLK	BRUTT	

UM

1	Christian Juvik 27,85(27,85)	93	Stavanger SC	59,43	627
2	Ole Martin Ree 28,93(28,93)	92	TS/Sola SK	1.00,42	597
3	Martin P. Sletbakken 27,96(27,96)	92	Sortland SLK	1.00,71	589
4	Zoltan Csernai 28,64(28,64)	93	Åstveit SK	1.00,83	585
5	Sindre Mowatt Gruben 29,10(29,10)	92	Bergens SC	1.03,41	516
6	Øyvind L. Styrmoie 30,12(30,12)	93	Delfana	1.03,68	510
7	Simen Andreassen 30,91(30,91)	92	Florø SLK	1.06,53	447

Øvelse 20. 200m rygg, damer

Junior

1	Ina Kr. Pedersen	89	Moss SK	(0,76)	2.20,23	715
	33,50(33,50)	1.08,64(35,14)	1.43,95(35,31)	2.20,23(36,28)		
2	Gina B. Andersen	90	Skjetten Svømming/NTG	(0,70)	2.21,19	701
	33,58(33,58)	1.08,62(35,04)	1.44,93(36,31)	2.21,19(36,26)		
3	Ingvild Snildal	88	Asker SK	(0,81)	2.21,27	699
	33,03(33,03)	1.08,54(35,51)	1.44,68(36,14)	2.21,27(36,59)		
4	Margrete Nyhus Ulvestad	88	Molde SLK	(0,81)	2.23,02	674
	32,84(32,84)	1.08,62(35,78)	1.45,24(36,62)	2.23,02(37,78)		
5	Heidi Vainio Gjøen	88	Lambertseter SK	(0,68)	2.23,37	669
	32,84(32,84)	1.08,24(35,40)	1.45,48(37,24)	2.23,37(37,89)		
6	Victoria T. Solberg	89	Horten/NTG	(0,68)	2.26,04	633
	34,47(34,47)	1.11,47(37,00)	1.49,55(38,08)	2.26,04(36,49)		
7	Vibeke Browne	89	Bærumsvømmerne	(0,63)	2.26,07	633
	34,59(34,59)	1.11,48(36,89)	1.49,28(37,80)	2.26,07(36,79)		
8	Maren Allum	90	Bergens SC	(0,69)	2.26,33	629
	34,15(34,15)	1.10,50(36,35)	1.47,97(37,47)	2.26,33(38,36)		
9	Trine Hovda	90	TS/Madla SK	(0,68)	2.27,68	612
	34,26(34,26)	1.11,47(37,21)	1.49,64(38,17)	2.27,68(38,04)		
10	Thea Pedersen	91	Moss SK	(0,71)	2.29,11	595
	34,88(34,88)	1.12,39(37,51)	1.50,80(38,41)	2.29,11(38,31)		
11	Katja Heinänen	90	BS/Bergen SLK	(0,62)	2.29,76	587
	34,91(34,91)	1.12,59(37,68)	1.51,06(38,47)	2.29,76(38,70)		
12	Julie Borgen	91	Sarpsborg IL	(0,74)	2.29,95	585
	34,06(34,06)	1.11,36(37,30)	1.50,70(39,34)	2.29,95(39,25)		
13	Anine Dannemark	90	Ås IL	(0,72)	2.32,35	558
	34,63(34,63)	1.12,52(37,89)	1.52,55(40,03)	2.32,35(39,80)		
14	Malin Frestad	91	Kristiansand SA	(0,63)	2.35,22	527
	35,41(35,41)	1.14,01(38,60)	1.54,60(40,59)	2.35,22(40,62)		

UM

1	Jacqueline Knutsson	93	Kongstensvømmerne	(0,74)	2.24,80	649
	33,89(33,89)	1.11,11(37,22)	1.48,74(37,63)	2.24,80(36,06)		
2	Siri Anette Sønju	92	Øvre Eiker SK	(0,75)	2.26,24	630
	34,13(34,13)	1.10,61(36,48)	1.48,21(37,60)	2.26,24(38,03)		
3	Seline Vike Holm	92	Arna SLK	(0,60)	2.27,03	620
	34,40(34,40)	1.11,43(37,03)	1.49,33(37,90)	2.27,03(37,70)		
4	Oona Ovesen	92	Elverum Svømming	(0,61)	2.27,05	620
	34,49(34,49)	1.11,94(37,45)	1.49,61(37,67)	2.27,05(37,44)		
5	Helene Eikeskog Burger	92	Kolbotn IL	(0,76)	2.28,62	601
	35,05(35,05)	1.12,18(37,13)	1.50,97(38,79)	2.28,62(37,65)		
6	Iselin Mjøllner Dahlen	92	Skjetten Svømming	(0,70)	2.29,54	590
	35,23(35,23)	1.12,13(36,90)	1.50,86(38,73)	2.29,54(38,68)		
7	Ragnhild Søfteland	92	Bergens SC	(0,62)	2.31,93	562
	35,74(35,74)	1.13,97(38,23)	1.53,19(39,22)	2.31,93(38,74)		
8	Ingse Bergh Monsen	92	Bergens SC	(0,68)	2.31,94	562
	36,21(36,21)	1.14,74(38,53)	1.53,64(38,90)	2.31,94(38,30)		
9	Stine Mjølhus Kristoffersen	93	TS/Frisinn	(0,76)	2.32,41	557
	35,88(35,88)	1.14,63(38,75)	1.53,83(39,20)	2.32,41(38,58)		
10	Mina Berggren	92	Lambertseter SK	(0,61)	2.32,66	554
	35,31(35,31)	1.14,13(38,82)	1.53,67(39,54)	2.32,66(38,99)		
11	Oda Marie Siljan	92	Poseidon	(0,85)	2.33,35	547
	35,44(35,44)	1.14,23(38,79)	1.54,26(40,03)	2.33,35(39,09)		
12	Kristin Blyverket	92	Oslo IL	(0,79)	2.34,26	537
	35,35(35,35)	1.14,79(39,44)	1.54,96(40,17)	2.34,26(39,30)		
13	Elisabeth Kristiansen	92	Haugesund SK	(0,71)	2.34,58	534
	35,68(35,68)	1.14,64(38,96)	1.55,05(40,41)	2.34,58(39,53)		

Øvelse 21. 200m bryst, herrer

Junior

1	Marcus Tesdal	90	BS/Åstveit	2.18,88	762
	30,59(30,59)	1.05,26(34,67)	1.41,54(36,28)	2.18,88(37,34)	
2	Robin Palm	88	Sarpsborg IL	2.22,40	707
	32,17(32,17)	1.08,78(36,61)	1.45,88(37,10)	2.22,40(36,52)	
3	Sindre Söderlund	91	Trondheim SLK/NTG	2.25,01	670
	31,92(31,92)	1.08,46(36,54)	1.46,71(38,25)	2.25,01(38,30)	
4	Sebastian Wigstrøm	91	Bærumsvømmerne	2.26,07	655
	32,65(32,65)	1.09,07(36,42)	1.47,24(38,17)	2.26,07(38,83)	
5	Johannes Framnes	89	BS/Arna	2.26,34	651
	32,41(32,41)	1.09,31(36,90)	1.46,47(37,16)	2.26,34(39,87)	
6	Kristoffer Meisler	90	Tverlandet IL	2.26,70	647
	32,94(32,94)	1.09,91(36,97)	1.48,16(38,25)	2.26,70(38,54)	
7	John Lekhmus	91	Tromsø SK	2.28,22	627
	34,44(34,44)	1.11,35(36,91)	1.49,66(38,31)	2.28,22(38,56)	
8	Sten Marius Holmen	89	Ski SK/NTG	2.28,28	626
	32,94(32,94)	1.10,78(37,84)	1.49,25(38,47)	2.28,28(39,03)	
9	André Eide	89	Narvik SK	2.29,52	611
	33,04(33,04)	1.09,99(36,95)	1.48,45(38,46)	2.29,52(41,07)	
10	Adrian A. Skogvold	91	Tverlandet IL	2.29,79	607
	34,24(34,24)	1.12,68(38,44)	1.51,37(38,69)	2.29,79(38,42)	
11	Mattis Saghaug	90	IL Varg/NTG	2.30,31	601
	33,04(33,04)	1.10,62(37,58)	1.49,68(39,06)	2.30,31(40,63)	
12	Erling Mjøs Brattelid	91	TS/Sola SK	2.31,63	586
	32,72(32,72)	1.10,66(37,94)	1.50,40(39,74)	2.31,63(41,23)	
13	Magnus Klæboe Nordgård	89	Tromsø SK	2.33,42	565
	34,81(34,81)	1.13,90(39,09)	1.53,36(39,46)	2.33,42(40,06)	
14	Haakon Walderhaug	88	Molde SLK	2.34,09	558
	33,44(33,44)	1.12,52(39,08)	1.53,13(40,61)	2.34,09(40,96)	
15	Simen Dale	91	BS/Delfana	2.35,06	548
	33,67(33,67)	1.12,08(38,41)	1.52,72(40,64)	2.35,06(42,34)	
16	Martin Hals	91	Øvre Eiker SK	2.35,75	540
	35,37(35,37)	1.14,82(39,45)	1.54,77(39,95)	2.35,75(40,98)	
17	Benjamin Marum	88	Vestkantvømmerne	2.40,87	490
	35,01(35,01)	1.15,33(40,32)	1.57,68(42,35)	2.40,87(43,19)	

UM

1	Sverre Næss	92	Sarpsborg IL	2.23,35	693
	31,89(31,89)	1.09,15(37,26)	1.46,49(37,34)	2.23,35(36,86)	
2	Hans Kristian Andersen	93	Florø SLK	2.29,60	610
	33,87(33,87)	1.12,72(38,85)	1.51,41(38,69)	2.29,60(38,19)	
3	Hans Østerdal	93	Stavanger SC	2.30,53	598
	33,83(33,83)	1.12,92(39,09)	1.52,49(39,57)	2.30,53(38,04)	
4	Espen Halhjem	92	Delfana	2.31,96	582
	34,14(34,14)	1.12,26(38,12)	1.51,98(39,72)	2.31,96(39,98)	
5	Andreas Mathingsdal Pedersen	92	Farsund SK	2.36,33	534
	36,05(36,05)	1.15,70(39,65)	1.55,94(40,24)	2.36,33(40,39)	
6	Eivind Johannesen	92	Åstveit SK	2.37,36	524
	35,30(35,30)	1.15,26(39,96)	1.56,14(40,88)	2.37,36(41,22)	
7	Aleksander Sire	93	Modum SK	2.38,04	517
	33,94(33,94)	1.13,20(39,26)	1.55,33(42,13)	2.38,04(42,71)	
8	Håkon M. Haga	92	Kirkenes SK	2.40,84	491
	35,44(35,44)	1.15,07(39,63)	1.57,65(42,58)	2.40,84(43,19)	
9	Peder T. Haagensli	93	Larvik SK	2.42,15	479
	35,97(35,97)	1.17,81(41,84)	2.00,60(42,79)	2.42,15(41,55)	
10	Tore Skauge Bysting	92	Lørenskog/Rælingen	2.44,20	461
	36,47(36,47)	1.18,54(42,07)	2.01,29(42,75)	2.44,20(42,91)	

Øvelse 22. 50m butterfly, damer

Junior

1	Katharina Stiberg	88	Bjerkvik SK	27,45	813
2	Monica W. Johannessen	90	Karmøy SK	28,86	699
3	Victoria S. Løken	91	Aalesund SLK	29,24	672
4	Henriette Brekke	88	Vestkantsvømmerne	29,48	656
5	Sara Pettersen	91	Fauske SK	29,58	649
6	Maren Kristine Jansen	90	TS/Randaberg	29,77	637
7	Amanda Barsten	90	Molde SLK	29,90	629
8	Kristine Mella	90	Bærumsvømmerne	30,22	609
8	Elisabeth H. Svensson	91	Ski SK	30,22	609
10	Christine Ørland	88	TS/Madla SK	30,24	608
11	Elisabeth Førland	88	TS/Madla SK	30,42	597
12	Line Løvberg	91	Lambertseter SK/NTG	30,80	575
13	Vibeke Brigg	89	TS/Madla SK	31,12	557
13	Guro Knutsen	91	Øvre Eiker SK	31,12	557
15	Hanne Grue	90	Ullensakersv	31,27	549
16	Katinka Kvant	89	Arna SLK	31,34	546
17	Hege Omdal	89	Kristiansand SA	31,43	541
18	Celine Kløvstad Farsund	91	IL Varg	31,57	534

UM

1	Hanne Søfteland	92	Delfana	30,20	610
2	Siv Fiske	92	Tromsø SK	30,73	579
3	Stine Vindenes	93	Vestkantsvømmerne	30,75	578
4	Ingrid Hystad	92	Stord IL	30,83	573
5	Emma Isdahl	92	Lambertseter SK	30,91	569
6	Nora Næss	93	Haldens SK	31,02	563
7	Charlotte Svaland	92	Vågsbygd SLK	31,09	559
8	Monica Brandsborg	93	Kolbotn IL	31,31	547
9	Victoria Rung	92	TS/Frisinn	31,41	542
10	Stine Mjølhus Kristoffersen	93	TS/Frisinn	31,48	539
10	Lotte Thommesen	94	Poseidon	31,48	539
12	Elisabeth Kristiansen	92	Haugesund SK	31,75	525
13	Eirin Arnesen	93	Bergens SC	32,01	512
14	Mina Berggren	92	Lambertseter SK	32,75	478

Øvelse 23. 4*200m fri, herrer - UM

UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	8.15,39	624
		27,11(27,11)	57,40(30,29)		
	Jørn Nygård:	1.28,98(31,58)	1.59,96(30,98)	1.59,96	
		2.28,01(28,05)	2.59,63(31,62)		
	Henning S. Pryde:	3.31,80(32,17)	4.03,93(32,13)	2.03,97	
		4.33,04(29,11)	5.05,65(32,61)		
	Per Øystein Turøy:	5.38,84(33,19)	6.11,36(32,52)	2.07,43	
		6.38,97(27,61)	7.10,24(31,27)		
	Hans Østerdal:	7.43,26(33,02)	8.15,39(32,13)	2.04,03	
2	Åstveit SK G1 jr.	JR	Åstveit SK	8.19,80	608
		29,47(29,47)	1.01,12(31,65)		
	Eivind Johannesen:	1.33,88(32,76)	2.05,87(31,99)	2.05,87	
		2.35,01(29,14)	3.07,68(32,67)		
	Erlend Ulveseter:	3.40,02(32,34)	4.15,16(35,14)	2.09,29	
		4.44,04(28,88)	5.16,48(32,44)		
	Robin Sell Dyngeland:	5.48,54(32,06)	6.20,71(32,17)	2.05,55	
		6.47,21(26,50)	7.17,38(30,17)		
	Zoltan Csernai:	7.48,94(31,56)	8.19,80(30,86)	1.59,09	

3	Moss SK G1 jr.	JR	Moss SK	8.51,17	506
		30,36(30,36)	1.04,39(34,03)		
	Stian Svingen Nilsson:	1.39,72(35,33)	2.14,02(34,30)	2.14,02	
		2.44,14(30,12)	3.17,69(33,55)		
	Fredrik Johansen Nielsen:	3.52,17(34,48)	4.26,25(34,08)	2.12,23	
		4.56,68(30,43)	5.31,37(34,69)		
	Georg Horntvedt:	6.07,62(36,25)	6.42,02(34,40)	2.15,77	
		7.09,74(27,72)	7.42,79(33,05)		
	Dan Martin Gudbrandsen:	8.17,33(34,54)	8.51,17(33,84)	2.09,15	
4	Lambertseter SK G1 jr.	JR	Lambertseter SK	8.57,12	490
		29,65(29,65)	1.02,65(33,00)		
	David Evja:	1.36,92(34,27)	2.10,67(33,75)	2.10,67	
		2.39,92(29,25)	3.13,84(33,92)		
	Alexander Schüssler:	3.47,32(33,48)	4.18,30(30,98)	2.07,63	
		4.49,09(30,79)	5.24,54(35,45)		
	Aksel Øvern:	6.01,32(36,78)	6.37,07(35,75)	2.18,77	
		7.07,03(29,96)	7.42,29(35,26)		
	Magnus Rødseth:	8.19,68(37,39)	8.57,12(37,44)	2.20,05	
5	Bærumsv G1 jr.	JR	Bærumsvømmerne	9.09,32	458
		28,27(28,27)	59,35(31,08)		
	Henry Emil Nordhagen:	1.32,14(32,79)	2.04,99(32,85)	2.04,99	
		2.35,20(30,21)	3.10,38(35,18)		
	Magnus Buch:	3.46,92(36,54)	4.23,11(36,19)	2.18,12	
		4.54,04(30,93)	5.29,90(35,86)		
	Magnus Kjerstad:	6.08,60(38,70)	6.47,79(39,19)	2.24,68	
		7.19,53(31,74)	7.55,58(36,05)		
	Lars Hvidsten:	8.33,12(37,54)	9.09,32(36,20)	2.21,53	
6	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	9.19,44	433
		33,38(33,38)	1.10,46(37,08)		
	Kristian Blummenfelt:	1.48,64(38,18)	2.26,12(37,48)	2.26,12	
		2.56,90(30,78)	3.31,51(34,61)		
	Anders S. Jordheim:	4.06,89(35,38)	4.42,37(35,48)	2.16,25	
		5.13,59(31,22)	5.48,24(34,65)		
	Markus Vindenes:	6.23,76(35,52)	6.58,71(34,95)	2.16,34	
		7.30,32(31,61)	8.06,62(36,30)		
	Gjermund Fure Johansen:	8.43,62(37,00)	9.19,44(35,82)	2.20,73	

Øvelse 24. 4*100m fri, damer - UM

UM

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	4.03,69	696
	Emma Isdahl:	29,35(29,35)	59,88(30,53)	59,88	
	Emilie Hellerud:	1.28,62(28,74)	1.59,70(31,08)	59,82	
	Pia Cornelia Braarud:	2.28,47(28,77)	3.00,24(31,77)	1.00,54	
	Julie Rønningsen:	3.29,87(29,63)	4.03,69(33,82)	1.03,45	
2	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	4.10,68	639
	Stine Lise Stenseth:	30,22(30,22)	1.03,04(32,82)	1.03,04	
	Inger-Cathrine Wium:	1.33,69(30,65)	2.06,39(32,70)	1.03,35	
	Ida Johansen:	2.35,64(29,25)	3.10,68(35,04)	1.04,29	
	Siri Anette Sønju:	3.39,51(28,83)	4.10,68(31,17)	1.00,00	
3	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	4.10,98	637
	Benedicte Kausland:	30,70(30,70)	1.03,12(32,42)	1.03,12	
	Juni Rugland:	1.32,47(29,35)	2.06,31(33,84)	1.03,19	
	Marthe Helene Haganes:	2.36,28(29,97)	3.09,54(33,26)	1.03,23	
	Stine Vindenes:	3.38,96(29,42)	4.10,98(32,02)	1.01,44	
4	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	4.17,80	588
	Andrea Haugstad:	31,04(31,04)	1.05,01(33,97)	1.05,01	
	Marie Reinertsen:	1.35,09(30,08)	2.08,63(33,54)	1.03,62	
	Marie Øverland:	2.38,77(30,14)	3.12,50(33,73)	1.03,87	
	Malin Dahle:	3.43,42(30,92)	4.17,80(34,38)	1.05,30	
5	Trondheim SLK J1 jr.	JR	Trondheim SLK	4.20,05	573
	Christiana Bjørkli:	31,01(31,01)	1.04,05(33,04)	1.04,05	
	Helle Krogstad:	1.34,66(30,61)	2.07,82(33,16)	1.03,77	
	Julie Hegvik:	2.39,16(31,34)	3.15,23(36,07)	1.07,41	
	Stine Tveit:	3.46,36(31,13)	4.20,05(33,69)	1.04,82	

6	Stavanger SC J1 jr.	JR	Stavanger SC	4.20,35	571
	Hege Harestad:	31,03(31,03)	1.04,33(33,30)	1.04,33	
	Caroline M. Mork:	1.34,61(30,28)	2.08,43(33,82)	1.04,10	
	Karoline Eriksen:	2.39,13(30,70)	3.14,48(35,35)	1.06,05	
	Siren Bergslid:	3.45,88(31,40)	4.20,35(34,47)	1.05,87	
7	Bærumsv J1 jr.	JR	Bærumsvømmerne	4.23,94	548
	Maria Bølgen:	29,33(29,33)	1.01,49(32,16)	1.01,49	
	Lene Lykke Erichsen:	1.32,44(30,95)	2.07,56(35,12)	1.06,07	
	Ingrid Solemslie Sæther:	2.39,53(31,97)	3.15,98(36,45)	1.08,42	
	Line Urdahl:	3.48,21(32,23)	4.23,94(35,73)	1.07,96	
8	Moss SK J1 jr.	JR	Moss SK	4.26,27	533
	Cathrine Brevik:	31,20(31,20)	1.06,39(35,19)	1.06,39	
	Tonje Støhr Petersen:	1.37,95(31,56)	2.14,69(36,74)	1.08,30	
	Oda Berg Dypsund:	2.46,26(31,57)	3.20,46(34,20)	1.05,77	
	Maria Dahli:	3.51,58(31,12)	4.26,27(34,69)	1.05,81	
9	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	4.28,98	517
	Aurora Brandtzæg:	32,51(32,51)	1.07,74(35,23)	1.07,74	
	Mette Aas:	1.40,43(32,69)	2.16,82(36,39)	1.09,08	
	Ida Arnøy:	2.47,99(31,17)	3.22,25(34,26)	1.05,43	
	Jeanette Erlandsen:	3.53,85(31,60)	4.28,98(35,13)	1.06,73	
10	Hamar IL J1 jr.	JR	Hamar IL	4.30,61	508
	Mari Lystad Karlsen:	32,58(32,58)	1.07,41(34,83)	1.07,41	
	Pie-Christine Norseng:	1.40,32(32,91)	2.16,83(36,51)	1.09,42	
	Maren Melvold:	2.50,20(33,37)	3.25,47(35,27)	1.08,64	
	Julie Torgersen Nilsen:	3.57,06(31,59)	4.30,61(33,55)	1.05,14	
11	Bergens SC J1 jr.	JR	Bergens SC	4.31,43	503
	Eirin Arnesen:	32,18(32,18)	1.07,25(35,07)	1.07,25	
	Ingse Bergh Monsen:	1.39,07(31,82)	2.13,05(33,98)	1.05,80	
	Hedvig Hjertaker:	2.46,78(33,73)	3.23,04(36,26)	1.09,99	
	Ragnhild Søfteland:	3.55,41(32,37)	4.31,43(36,02)	1.08,39	
12	SK Speed J1 jr.	JR	SK Speed	4.40,49	456
	Linda Gabrielsen:	33,85(33,85)	1.12,20(38,35)	1.12,20	
	Marthe Karlsen:	1.44,45(32,25)	2.19,23(34,78)	1.07,03	
	Marianne Strøm:	2.53,99(34,76)	3.32,25(38,26)	1.13,02	
	Idha Toft Valeur:	4.03,77(31,52)	4.40,49(36,72)	1.08,24	
	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	DISK	
	Iselin Mjøllner Dahlen:				
	Christiane Sandbye:				
	Christina Dahl:				
	Mischa van der Linden:				

Fredag 23. november 2007 kl 17.00

Øvelse 13. 4*50m lag medley, herrer - Junior

Junior

1	Bærumsv G1 jr. Lars Andre Tolås: Sebastian Wigstrøm: Christer Koch Kvam: Øystein R. Hetland:	JR	Bærumsvømmerne	(0,63)	1.45,30	734
2	Bergensv. G1 jr. Even Vike Holm: Marcus Tesdal: Sindri T. Jakobsson: Anders Espeland Seljeflot:	JR	Bergensvømmerne	(0,70)	1.46,76	704
3	Hamar IL G1 jr. Martin Skramstad: Ole-Wilhelm Norseng: Ronnie Anstensen: Jonas Kirkeberg Jostad:	JR	Hamar IL	(0,65)	1.48,02	680 NJR
4	Team Stavanger G1 jr. Jørgen Møllerop: Erling Mjøs Brattelid: Ole Martin Ree: Bjarte Ravndal:	JR	Team Stavanger	(0,63)	1.48,10	678
5	Bergens SC G1 jr. Lavrans Veierø Solli: Martin Lygre Eriksen: Stian S. Langeland: Karsten W. Johannessen:	JR	Bergens SC	(0,63)	1.49,18	658
6	Mandal SK G1 jr. Alexander B. Havre: Bernt M. Seyffarth: Bjørnar Salvesen: Per Sondre Sodeland:	JR	Mandal SK	(0,65)	1.49,38	655
7	Bærumsv G2 jr. Vegard Løvberg: Elias Damman: Tor Hafnor: Stian Werner Erichsen:	JR	Bærumsvømmerne	(0,65)	1.49,64	650
8	Sandnes SLK G1 jr. Joar Skien Grannes: Petter Ledsaak: Thor Helge Billington: Rune Skien Grannes:	JR	Sandnes SLK	(0,69)	1.50,81	630
9	Lambertseter SK G1 jr. Sindre Eilertsen: Mikael Bergene: Stian Andreas Evja: Alexander Schüssler:	JR	Lambertseter SK	(0,60)	1.51,14	624
10	Løren/Rælingen G1 jr. John Hage Gaarder: Martin Åsheim: Christian B Bergersen: Tore Skauge Bysting:	JR	Lørenskog/Rælingen	(0,61)	1.51,81	613
11	IL Varg G1 jr. Jari K. Mikkelsen: Mattis Saghaug: Jan-Tore Jessen Eikrem: Daniel Berenett:	JR	IL Varg	(0,63)	1.52,85	596
12	Vestbyen IL G1 jr. Emil Brennløkken: Pål Henriksen Spjelkavik: Sigvart Evjen: Erlend Alvstad:	JR	Vestbyen IL	(0,66)	1.53,01	594
13	Bergensv. G2 jr. Simen Dale: Johannes Framnes:	JR	Bergensvømmerne	(0,70)	1.53,08	592

	Sebastian Stordal:	1.28,37(27,51)				
	Martin Steffensen:	1.53,08(24,71)				
14	Asker SK G1 jr.	JR	Asker SK	(0,62)	1.53,45	587
	Kristoffer Skribeland:	30,22(30,22)				
	Patrik Bubilek:	1.02,15(31,93)				
	Jan Aleksander Bakke:	1.28,66(26,51)				
	Carl Andreas Wathne:	1.53,45(24,79)				
15	Florø SLK G1 jr.	JR	Florø SLK	(0,59)	1.54,89	565
	Marius Nekkøy Karstad:	30,99(30,99)				
	Hans Kristian Andersen:	1.04,22(33,23)				
	Christoffer Sørstrand Æsøy:	1.30,99(26,77)				
	Mathias Sørstrand Æsøy:	1.54,89(23,90)				
16	Delfana G1 jr.	JR	Delfana	(0,56)	1.56,00	549
	Eirik Runningen:	30,26(30,26)				
	Aleksander Haugstvedt:	1.01,65(31,39)				
	Øyvind L. Styrmo:	1.29,91(28,26)				
	Espen Halhjem:	1.56,00(26,09)				
17	Larvik SK G1 jr.	JR	Larvik SK	(0,78)	1.57,41	529
	Geir T. Kristiansen:	30,22(30,22)				
	Peder T. Haagensli:	1.03,15(32,93)				
	Aksel B. Lindhjem:	1.30,72(27,57)				
	Jørgen Wiik:	1.57,41(26,69)				
18	Ås IL G1 jr.	JR	Ås IL	(0,65)	1.58,60	513
	Julian Åsheim Mikkelsen:	29,60(29,60)				
	Lars E. Mehlum:	1.04,06(34,46)				
	Kristian Solvin:	1.32,48(28,42)				
	Håvard Langdalen:	1.58,60(26,12)				
19	Eid SK G1 jr.	JR	Eid SK	(0,76)	1.59,52	502
	Olav Ommedal:	31,78(31,78)				
	Daniel Ommedal:	1.05,35(33,57)				
	Åsmund Karlsen:	1.33,60(28,25)				
	Frank Tore Vereide:	1.59,52(25,92)				
20	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(0,65)	1.59,66	500
	Gjermund Fure Johansen:	32,56(32,56)				
	Benjamin Marum:	1.03,82(31,26)				
	Anders S. Jordheim:	1.33,75(29,93)				
	Joachim Jakobsen:	1.59,66(25,91)				
21	Elverum IL G1 jr.	JR	Elverum Svømming	(0,66)	2.00,06	495
	Eirik B. Lund:	32,09(32,09)				
	Christian Sunde:	1.03,82(31,73)				
	Gunnar V. Skirbekk:	1.33,38(29,56)				
	Ingvar V. Skirbekk:	2.00,06(26,68)				
22	Oslo IL G1 jr.	JR	Oslo IL	(0,69)	2.01,04	483
	Stein Osen:	32,15(32,15)				
	Jon Erik Sønning:	1.06,56(34,41)				
	Henning Kaland:	1.35,08(28,52)				
	Lars Nymoen:	2.01,04(25,96)				
23	Øvre Eiker SK G1 jr.	JR	Øvre Eiker SK	(0,65)	2.02,53	466
	Øyvind Gevelt:	30,62(30,62)				
	Martin Hals:	1.03,88(33,26)				
	Kai Martin Hansen:	1.36,08(32,20)				
	Frikk Arthur Skibrek:	2.02,53(26,45)				
24	Stavanger SC G1 jr.	JR	Stavanger SC	(0,66)	2.03,98	449
	Per Øystein Turøy:	30,94(30,94)				
	Erik Vassøy Olsen:	1.04,60(33,66)				
	Fredrik K Hegdal:	1.36,53(31,93)				
	Henning S. Pryde:	2.03,98(27,45)				

Øvelse 14. 800m fri, damer - Direkte finale

UM

1	Elin Slaatmo	92	Hamar IL	8.49,47	827
	30,29(30,29)	1.02,85(32,56)	1.35,95(33,10)	2.09,01(33,06)	
	2.41,70(32,69)	3.15,03(33,33)	3.48,39(33,36)	4.22,00(33,61)	
	4.55,49(33,49)	5.29,19(33,70)	6.02,60(33,41)	6.36,37(33,77)	
	7.10,15(33,78)	7.44,14(33,99)	8.18,07(33,93)	8.49,47(31,40)	
2	Siri N. Andersen	92	Haldens SK	9.11,65	731
	31,92(31,92)	1.05,87(33,95)	1.40,04(34,17)	2.14,41(34,37)	
	2.48,84(34,43)	3.23,38(34,54)	3.57,98(34,60)	4.32,74(34,76)	
	5.07,71(34,97)	5.42,64(34,93)	6.17,62(34,98)	6.52,81(35,19)	
	7.27,81(35,00)	8.03,13(35,32)	8.37,77(34,64)	9.11,65(33,88)	
3	Susann Bjørnsen	93	Setermoen SK	9.21,02	695
	31,70(31,70)	1.05,66(33,96)	1.40,45(34,79)	2.15,95(35,50)	
	2.51,12(35,17)	3.26,84(35,72)	4.02,27(35,43)	4.37,83(35,56)	
	5.13,74(35,91)	5.49,47(35,73)	6.25,36(35,89)	7.01,04(35,68)	
	7.36,58(35,54)	8.11,94(35,36)	8.47,52(35,58)	9.21,02(33,50)	
4	Eva Marie Østerhus	94	Madla SK	9.22,21	691
	32,06(32,06)	1.06,78(34,72)	1.42,30(35,52)	2.18,00(35,70)	
	2.53,73(35,73)	3.29,56(35,83)	4.05,65(36,09)	4.41,30(35,65)	
	5.17,01(35,71)	5.52,73(35,72)	6.28,39(35,66)	7.03,61(35,22)	
	7.38,58(34,97)	8.13,90(35,32)	8.48,94(35,04)	9.22,21(33,27)	
5	Katrine Ekstang	92	Setermoen SK	9.23,60	686
	32,29(32,29)	1.06,82(34,53)	1.42,08(35,26)	2.18,21(36,13)	
	2.53,84(35,63)	3.29,24(35,40)	4.05,55(36,31)	4.40,78(35,23)	
	5.16,66(35,88)	5.52,75(36,09)	6.28,79(36,04)	7.04,14(35,35)	
	7.39,73(35,59)	8.14,65(34,92)	8.50,20(35,55)	9.23,60(33,40)	
6	Terese Fosby	92	Kongstensvømmerne	9.35,86	643
	32,57(32,57)	1.07,72(35,15)	1.43,19(35,47)	2.19,63(36,44)	
	2.56,05(36,42)	3.32,37(36,32)	4.08,40(36,03)	4.44,84(36,44)	
	5.21,29(36,45)	5.57,62(36,33)	6.34,45(36,83)	7.11,33(36,88)	
	7.48,26(36,93)	8.24,64(36,38)	9.00,65(36,01)	9.35,86(35,21)	
7	Pia Cornelia Braarud	93	Lambertseter SK	9.37,00	639
	32,27(32,27)	1.08,21(35,94)	1.44,06(35,85)	2.20,33(36,27)	
	2.56,45(36,12)	3.32,79(36,34)	4.08,70(35,91)	4.45,11(36,41)	
	5.21,83(36,72)	5.58,43(36,60)	6.35,05(36,62)	7.12,03(36,98)	
	7.48,72(36,69)	8.25,56(36,84)	9.02,66(37,10)	9.37,00(34,34)	
8	Karoline Pedersen	94	Bergen SLK	9.43,54	618
	32,87(32,87)	1.08,78(35,91)	1.45,07(36,29)	2.22,11(37,04)	
	2.58,67(36,56)	3.35,53(36,86)	4.12,44(36,91)	4.49,86(37,42)	
	5.26,99(37,13)	6.04,26(37,27)	6.41,41(37,15)	7.18,28(36,87)	
	7.55,29(37,01)	8.32,17(36,88)	9.08,54(36,37)	9.43,54(35,00)	
9	Marthe Berg Sørensen	92	TS/Frisinn	9.43,63	617
	33,15(33,15)	1.09,61(36,46)	1.46,79(37,18)	2.24,31(37,52)	
	3.01,11(36,80)	3.38,23(37,12)	4.15,57(37,34)	4.53,10(37,53)	
	5.29,86(36,76)	6.06,88(37,02)	6.43,75(36,87)	7.21,00(37,25)	
	7.57,60(36,60)	8.34,38(36,78)	9.10,19(35,81)	9.43,63(33,44)	
10	Andrea Haugstad	92	Vestkantsvømmerne	9.45,01	613
	32,53(32,53)		1.45,49(1.12,96)	2.22,30(36,81)	
	2.59,13(36,83)	3.36,29(37,16)	4.13,27(36,98)	4.50,44(37,17)	
	5.27,40(36,96)	6.04,68(37,28)	6.41,38(36,70)	7.18,67(37,29)	
	7.55,82(37,15)	8.32,57(36,75)	9.09,42(36,85)	9.45,01(35,59)	
11	Inger-Cathrine Wium	92	Øvre Eiker SK	9.48,81	601
	33,03(33,03)	1.08,76(35,73)	1.45,12(36,36)	2.21,94(36,82)	
	2.58,98(37,04)	3.36,42(37,44)	4.14,17(37,75)	4.51,44(37,27)	
	5.28,84(37,40)	6.06,36(37,52)	6.43,50(37,14)	7.20,74(37,24)	
	7.58,10(37,36)	8.35,40(37,30)	9.12,62(37,22)	9.48,81(36,19)	

Junior

1	Elin Slaatmo	92	Hamar IL	8.49,47	827
	30,29(30,29)	1.02,85(32,56)	1.35,95(33,10)	2.09,01(33,06)	
	2.41,70(32,69)	3.15,03(33,33)	3.48,39(33,36)	4.22,00(33,61)	
	4.55,49(33,49)	5.29,19(33,70)	6.02,60(33,41)	6.36,37(33,77)	
	7.10,15(33,78)	7.44,14(33,99)	8.18,07(33,93)	8.49,47(31,40)	
2	Cecilie W. Johannessen	90	Karmøy SK	9.05,97	754
	30,56(30,56)	1.03,19(32,63)	1.36,36(33,17)	2.09,88(33,52)	
	2.43,45(33,57)	3.17,18(33,73)	3.51,13(33,95)	4.24,46(33,33)	
	4.58,42(33,96)	5.33,81(35,39)	6.09,02(35,21)	6.44,49(35,47)	
	7.20,01(35,52)	7.55,39(35,38)	8.30,25(34,86)	9.05,97(35,72)	
3	Monica Finnøy	88	BS/Bergen SLK	9.08,38	744
	32,09(32,09)	1.05,77(33,68)	1.40,69(34,92)	2.15,30(34,61)	
	2.50,05(34,75)	3.24,70(34,65)	3.59,41(34,71)	4.34,24(34,83)	
	5.08,49(34,25)	5.42,73(34,24)	6.17,27(34,54)	6.51,68(34,41)	
	7.26,01(34,33)	8.00,33(34,32)	8.34,79(34,46)	9.08,38(33,59)	
4	Siri N. Andersen	92	Haldens SK	9.11,65	731
	31,92(31,92)	1.05,87(33,95)	1.40,04(34,17)	2.14,41(34,37)	
	2.48,84(34,43)	3.23,38(34,54)	3.57,98(34,60)	4.32,74(34,76)	
	5.07,71(34,97)	5.42,64(34,93)	6.17,62(34,98)	6.52,81(35,19)	
	7.27,81(35,00)	8.03,13(35,32)	8.37,77(34,64)	9.11,65(33,88)	
5	Ingrid N. Knutzen	91	Lambertseter SK/NTG	9.12,35	728
	31,72(31,72)	1.05,20(33,48)	1.38,87(33,67)	2.12,89(34,02)	
	2.47,53(34,64)	3.22,00(34,47)	3.56,92(34,92)	4.31,95(35,03)	
	5.07,15(35,20)	5.42,21(35,06)	6.17,53(35,32)	6.52,81(35,28)	
	7.28,19(35,38)	8.03,63(35,44)	8.38,74(35,11)	9.12,35(33,61)	
6	Susann Bjørnsen	93	Setermoen SK	9.21,02	695
	31,70(31,70)	1.05,66(33,96)	1.40,45(34,79)	2.15,95(35,50)	
	2.51,12(35,17)	3.26,84(35,72)	4.02,27(35,43)	4.37,83(35,56)	
	5.13,74(35,91)	5.49,47(35,73)	6.25,36(35,89)	7.01,04(35,68)	
	7.36,58(35,54)	8.11,94(35,36)	8.47,52(35,58)	9.21,02(33,50)	
7	Eva Marie Østerhus	94	Madla SK	9.22,21	691
	32,06(32,06)	1.06,78(34,72)	1.42,30(35,52)	2.18,00(35,70)	
	2.53,73(35,73)	3.29,56(35,83)	4.05,65(36,09)	4.41,30(35,65)	
	5.17,01(35,71)	5.52,73(35,72)	6.28,39(35,66)	7.03,61(35,22)	
	7.38,58(34,97)	8.13,90(35,32)	8.48,94(35,04)	9.22,21(33,27)	
8	Katrine Ekstang	92	Setermoen SK	9.23,60	686
	32,29(32,29)	1.06,82(34,53)	1.42,08(35,26)	2.18,21(36,13)	
	2.53,84(35,63)	3.29,24(35,40)	4.05,55(36,31)	4.40,78(35,23)	
	5.16,66(35,88)	5.52,75(36,09)	6.28,79(36,04)	7.04,14(35,35)	
	7.39,73(35,59)	8.14,65(34,92)	8.50,20(35,55)	9.23,60(33,40)	
9	Terese Fosby	92	Kongstensvømmerne	9.35,86	643
	32,57(32,57)	1.07,72(35,15)	1.43,19(35,47)	2.19,63(36,44)	
	2.56,05(36,42)	3.32,37(36,32)	4.08,40(36,03)	4.44,84(36,44)	
	5.21,29(36,45)	5.57,62(36,33)	6.34,45(36,83)	7.11,33(36,88)	
	7.48,26(36,93)	8.24,64(36,38)	9.00,65(36,01)	9.35,86(35,21)	
10	Pia Cornelia Braarud	93	Lambertseter SK	9.37,00	639
	32,27(32,27)	1.08,21(35,94)	1.44,06(35,85)	2.20,33(36,27)	
	2.56,45(36,12)	3.32,79(36,34)	4.08,70(35,91)	4.45,11(36,41)	
	5.21,83(36,72)	5.58,43(36,60)	6.35,05(36,62)	7.12,03(36,98)	
	7.48,72(36,69)	8.25,56(36,84)	9.02,66(37,10)	9.37,00(34,34)	
11	Karoline Pedersen	94	Bergen SLK	9.43,54	618
	32,87(32,87)	1.08,78(35,91)	1.45,07(36,29)	2.22,11(37,04)	
	2.58,67(36,56)	3.35,53(36,86)	4.12,44(36,91)	4.49,86(37,42)	
	5.26,99(37,13)	6.04,26(37,27)	6.41,41(37,15)	7.18,28(36,87)	
	7.55,29(37,01)	8.32,17(36,88)	9.08,54(36,37)	9.43,54(35,00)	
12	Marthe Berg Sørensen	92	TS/Frisinn	9.43,63	617
	33,15(33,15)	1.09,61(36,46)	1.46,79(37,18)	2.24,31(37,52)	
	3.01,11(36,80)	3.38,23(37,12)	4.15,57(37,34)	4.53,10(37,53)	
	5.29,86(36,76)	6.06,88(37,02)	6.43,75(36,87)	7.21,00(37,25)	
	7.57,60(36,60)	8.34,38(36,78)	9.10,19(35,81)	9.43,63(33,44)	
13	Andrea Haugstad	92	Vestkantsvømmerne	9.45,01	613
	32,53(32,53)		1.45,49(1.12,96)	2.22,30(36,81)	
	2.59,13(36,83)	3.36,29(37,16)	4.13,27(36,98)	4.50,44(37,17)	
	5.27,40(36,96)	6.04,68(37,28)	6.41,38(36,70)	7.18,67(37,29)	
	7.55,82(37,15)	8.32,57(36,75)	9.09,42(36,85)	9.45,01(35,59)	
14	Oda Martine Reiertsen	89	Hamar IL	9.46,08	610
	32,27(32,27)	1.07,31(35,04)	1.43,36(36,05)	2.19,90(36,54)	
	2.56,58(36,68)	3.33,01(36,43)	4.10,28(37,27)	4.47,74(37,46)	
	5.24,83(37,09)	6.02,47(37,64)	6.39,95(37,48)	7.17,18(37,23)	
	7.54,60(37,42)	8.31,82(37,22)	9.09,34(37,52)	9.46,08(36,74)	

15	Inger-Cathrine Wium	92	Øvre Eiker SK	9.48,81	601
	33,03(33,03)	1.08,76(35,73)	1.45,12(36,36)	2.21,94(36,82)	
	2.58,98(37,04)	3.36,42(37,44)	4.14,17(37,75)	4.51,44(37,27)	
	5.28,84(37,40)	6.06,36(37,52)	6.43,50(37,14)	7.20,74(37,24)	
	7.58,10(37,36)	8.35,40(37,30)	9.12,62(37,22)	9.48,81(36,19)	
16	June J. Kristiansen	90	Delfana	9.51,00	595
	32,95(32,95)	1.09,07(36,12)	1.45,66(36,59)	2.22,87(37,21)	
	3.00,53(37,66)	3.38,13(37,60)	4.15,64(37,51)	4.53,17(37,53)	
	5.30,64(37,47)	6.07,82(37,18)	6.45,10(37,28)	7.22,57(37,47)	
	8.00,13(37,56)	8.37,39(37,26)	9.15,07(37,68)	9.51,00(35,93)	
17	Emilie Voraa	91	Bærumsvømmerne	10.08,50	545
	34,00(34,00)	1.11,04(37,04)	1.48,36(37,32)	2.26,27(37,91)	
	3.03,89(37,62)	3.42,07(38,18)	4.20,46(38,39)	4.59,09(38,63)	
	5.37,91(38,82)	6.16,80(38,89)	6.55,52(38,72)	7.34,26(38,74)	
	8.13,16(38,90)	8.52,10(38,94)	9.30,48(38,38)	10.08,50(38,02)	
	Gina B. Andersen	90	Skjetten Svømming/NTG	BRUTT	

Øvelse 15. 400m fri, herrer - Finale

Junior

1	Eirik Ravnan	89	Hamar IL	3.58,43	776
	27,99(27,99)	57,74(29,75)	1.27,70(29,96)	1.57,34(29,64)	
	2.27,78(30,44)	2.57,89(30,11)	3.28,30(30,41)	3.58,43(30,13)	
2	Lars Andre Tolås	88	Bærumsvømmerne	4.02,62	736
	28,43(28,43)	59,01(30,58)	1.29,93(30,92)	2.00,61(30,68)	
	2.31,19(30,58)	3.01,96(30,77)	3.32,88(30,92)	4.02,62(29,74)	
3	Christer Koch Kvam	90	Bærum/NTG	4.05,79	708
	28,53(28,53)	59,40(30,87)	1.30,43(31,03)	2.01,71(31,28)	
	2.32,45(30,74)	3.04,03(31,58)	3.36,01(31,98)	4.05,79(29,78)	
4	Tor Hafnør	91	Bærumsvømmerne	4.05,81	708
	27,91(27,91)	59,35(31,44)	1.31,22(31,87)	2.02,43(31,21)	
	2.33,26(30,83)	3.04,52(31,26)	3.35,61(31,09)	4.05,81(30,20)	
5	Sindre Nilo	90	Sandefjord SK/NTG	4.07,01	698
	28,44(28,44)	59,47(31,03)	1.30,68(31,21)	2.01,95(31,27)	
	2.33,20(31,25)	3.04,50(31,30)	3.36,00(31,50)	4.07,01(31,01)	
6	Stian Werner Erichsen	90	Bærumsvømmerne	4.07,77	691
	28,09(28,09)	58,36(30,27)	1.29,41(31,05)	2.01,42(32,01)	
	2.33,27(31,85)	3.05,37(32,10)	3.37,89(32,52)	4.07,77(29,88)	

Øvelse 16. 50m bryst, damer - Finale

Junior

1	Katharina Stiberg	88	Bjerkvik SK	31,95	853
2	Monica Finnøy	88	BS/Bergen SLK	33,11	767
3	Kristine Mella	90	Bærumsvømmerne	33,47	742
4	Karoline Bergene	89	Lambertseter SK	33,69	728
5	Iselin Meisler	90	Tverlandet IL	33,94	712
6	Sophia Broberg Skeltved	92	Tromsø SK	34,90	655

Funksjonshemmede

1	Tonje Immerstein	89	Sandnes SLK	45,58	294	SB9	118,14 %
2	Anne Ask Rasmussen	89	TS/Madla SK	45,91	287	SB9	119 %
3	Hanne Farestvedt	93	Åstveit SK	46,75	272	SB14	127%
4	Ingvill S. Hilleren	90	Vestkantsvømmerne	1.03,63	108	SB6	135,53 %

Øvelse 17. 50m rygg, herrer - Finale**Junior**

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,63)	27,02	670
2	Jørgen Møllerop	88	TS/Madla SK	(0,61)	27,08	666
3	Dominik Borkowski	90	Skjetten Svømming/NTG	(0,63)	27,29	650
4	John Hage Gaarder	89	Lørenskog/Rælingen	(0,63)	27,46	638
5	Alexander B. Havre	90	Mandal SK	(0,68)	27,91	608
6	Mikael Bergene	91	Lambertseter SK	(0,61)	27,94	606

Øvelse 18. 200m individuell medley, damer - Finale**Junior**

1	Karoline Brudvik Sanderud	89	Hamar IL		2.17,98	823
	30,21(30,21)	1.06,48(36,27)		1.45,80(39,32)	2.17,98(32,18)	
2	Elise Utne	89	Narvik SK		2.18,37	816
	30,92(30,92)	1.05,73(34,81)		1.45,77(40,04)	2.18,37(32,60)	
3	Trine Austrøne Olsen	90	Fauske SK		2.23,08	738
	31,93(31,93)	1.08,22(36,29)		1.49,00(40,78)	2.23,08(34,08)	
4	Terese Langlo	89	Skjetten Svømming		2.25,24	706
	32,38(32,38)	1.08,88(36,50)		1.50,49(41,61)	2.25,24(34,75)	
5	Bitte Fagermo	93	Narvik SK		2.26,26	691
	32,18(32,18)	1.10,99(38,81)		1.51,54(40,55)	2.26,26(34,72)	
6	Victoria T. Solberg	89	Horten/NTG		2.26,40	689
	32,20(32,20)	1.08,35(36,15)		1.51,80(43,45)	2.26,40(34,60)	

Øvelse 19. 100m butterfly, herrer - Finale**Junior**

1	Øystein R. Hetland	89	Bærum/NTG		56,83	718
	26,32(26,32)	56,83(30,51)				
2	Sindri T. Jakobsson	91	BS/Delfana		56,85	717
	26,71(26,71)	56,85(30,14)				
3	Jørgen Møllerop	88	TS/Madla SK		57,03	710
	26,78(26,78)	57,03(30,25)				
4	Stian S. Langeland	89	Bergens SC		57,81	682
	27,31(27,31)	57,81(30,50)				
5	Christer Koch Kvam	90	Bærum/NTG		58,00	675
	27,13(27,13)	58,00(30,87)				
6	Alexander B. Havre	90	Mandal SK		59,08	639
	27,21(27,21)	59,08(31,87)				

Øvelse 20. 200m rygg, damer - Finale**Junior**

1	Ingvild Snildal	88	Asker SK	(0,80)	2.13,58	827	NR
	31,80(31,80)	1.04,86(33,06)		1.39,10(34,24)	2.13,58(34,48)		
2	Ina Kr. Pedersen	89	Moss SK	(0,75)	2.18,82	737	
	32,76(32,76)	1.07,27(34,51)		1.42,91(35,64)	2.18,82(35,91)		
3	Gina B. Andersen	90	Skjetten Svømming/NTG	(0,34)	2.20,70	708	
	33,68(33,68)	1.09,33(35,65)		1.45,21(35,88)	2.20,70(35,49)		
4	Margrete Nyhus Ulvestad	88	Molde SLK	(0,81)	2.21,89	690	
	33,35(33,35)	1.09,42(36,07)		1.45,90(36,48)	2.21,89(35,99)		
5	Heidi Vainio Gjøen	88	Lambertseter SK	(0,72)	2.25,27	643	
	32,97(32,97)	1.09,23(36,26)		1.46,93(37,70)	2.25,27(38,34)		
6	Jacqueline Knutsson	93	Kongstensvømmerne	(0,72)	2.26,07	633	
	33,74(33,74)	1.10,69(36,95)		1.48,82(38,13)	2.26,07(37,25)		

Øvelse 21. 200m bryst, herrer - Finale

Junior

1	Marcus Tesdal	90	BS/Åstveit	2.18,91	762
	30,66(30,66)	1.05,74(35,08)	1.41,84(36,10)	2.18,91(37,07)	
2	Robin Palm	88	Sarpsborg IL	2.20,62	734
	32,03(32,03)	1.08,45(36,42)	1.44,53(36,08)	2.20,62(36,09)	
3	Sindre Søderlund	91	Trondheim SLK/NTG	2.21,81	716
	32,09(32,09)	1.09,00(36,91)	1.45,75(36,75)	2.21,81(36,06)	
4	Sverre Næss	92	Sarpsborg IL	2.22,61	704
	31,84(31,84)	1.08,57(36,73)	1.45,92(37,35)	2.22,61(36,69)	
5	Sebastian Wigstrøm	91	Bærumsvømmerne	2.25,47	663
	32,62(32,62)	1.09,42(36,80)	1.47,17(37,75)	2.25,47(38,30)	
6	Johannes Framnes	89	BS/Arna	2.31,22	590
	32,91(32,91)	1.11,14(38,23)	1.51,05(39,91)	2.31,22(40,17)	

Øvelse 22. 50m butterfly, damer - Finale

Junior

1	Katharina Stiberg	88	Bjerkvik SK	27,14	841
2	Henriette Brekke	88	Vestkantsvømmerne	28,36	737
3	Victoria S. Løken	91	Aalesund SLK	28,43	731
4	Monica W. Johannessen	90	Karmøy SK	29,10	682
5	Sara Pettersen	91	Fauske SK	29,44	659
6	Maren Kristine Jansen	90	TS/Randaberg	29,66	644

Funksjonshemmede

1	Anne Ask Rasmussen	89	TS/Madla SK	40,26	257	S9	119,61 %
2	Hanne Farestvedt	93	Åstveit SK	42,42	220	S14	136,62 %

Øvelse 23. 4*200m fri, herrer - Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	7.37,15	795	NJR
	Øystein R. Hetland:	25,72(25,72)	53,85(28,13)	1.53,79		
	Lars Andre Tolås:	1.23,92(30,07)	1.53,79(29,87)	1.52,73		
	Christer Koch Kvam:	2.20,21(26,42)	2.48,83(28,62)	1.54,94		
	Stian Werner Erichsen:	3.17,52(28,69)	3.46,52(29,00)	1.55,69		
		4.12,83(26,31)	4.42,11(29,28)			
		5.12,20(30,09)	5.41,46(29,26)			
		6.07,85(26,39)	6.37,08(29,23)			
		7.07,17(30,09)	7.37,15(29,98)			
2	Hamar IL G1 jr.	JR	Hamar IL	7.45,69	752	
	Martin Skramstad:	26,84(26,84)	55,92(29,08)	1.56,61		
	Ronnie Anstensen:	1.25,91(29,99)	1.56,61(30,70)	1.55,95		
	Jonas Kirkeberg Jostad:	2.22,54(25,93)	2.51,68(29,14)	2.00,21		
	Eirik Ravnan:	3.21,96(30,28)	3.52,56(30,60)	1.52,92		
		4.19,37(26,81)	4.48,55(29,18)			
		5.19,72(31,17)	5.52,77(33,05)			
		6.18,57(25,80)	6.46,76(28,19)			
		7.16,13(29,37)	7.45,69(29,56)			
3	Bergensv. G1 jr.	JR	Bergensvømmerne	7.48,86	736	
	Marcus Tesdal:	26,50(26,50)	55,46(28,96)	1.57,91		
	Sindri T. Jakobsson:	1.25,37(29,91)	1.55,20(29,83)	1.58,64		
	Even Vike Holm:	2.21,90(26,70)	2.52,45(30,55)	1.57,11		
	Anders Espeland Seljeflot:	3.23,32(30,87)	3.53,84(30,52)			
		4.20,86(27,02)	4.51,11(30,25)			
		5.21,70(30,59)	5.51,75(30,05)			
		6.19,14(27,39)	6.48,94(29,80)			
		7.19,09(30,15)	7.48,86(29,77)			

4	Team Stavanger G1 jr.	JR	Team Stavanger	7.48,89	736
			27,36(27,36)		
	Bjarte Ravndal:		1.27,91(30,65)	1.57,02	
			2.23,78(26,76)		
	Ole Martin Ree:		3.24,29(30,18)	1.57,23	
			4.23,32(29,07)		
	Erling Mjøs Brattelid:		5.27,52(32,22)	2.04,49	
			6.23,52(24,78)		
	Jørgen Møllerop:		7.20,14(28,76)	1.50,15	
5	Bærumsv G2 jr.	JR	Bærumsvømmerne	7.52,40	720
			27,03(27,03)		
	Tor Hafnor:		1.27,13(30,58)	1.57,43	
			2.25,11(27,68)		
	Sebastian Wigstrøm:		3.26,68(30,98)	1.59,59	
			4.23,33(26,31)		
	Elias Damman:		5.24,09(30,46)	1.57,00	
			6.21,14(27,12)		
	Vegard Løvberg:		7.21,64(30,88)	1.58,38	
6	Asker SK G1 jr.	JR	Asker SK	8.06,68	658
			28,18(28,18)		
	Carl Andreas Wathne:		1.28,51(30,34)	1.59,03	
			2.26,41(27,38)		
	Jan Aleksander Bakke:		3.29,56(32,31)	2.01,42	
			4.28,64(28,19)		
	Eirik Standal Thoresen:		5.34,47(33,49)	2.06,47	
			6.34,60(27,68)		
	Kristoffer Skribeland:		7.35,91(30,92)	1.59,76	
7	Delfana G1 jr.	JR	Delfana	8.17,27	617
			28,69(28,69)		
	Espen Halhjem:		1.32,67(32,41)	2.04,68	
			2.32,02(27,34)		
	Aleksander Haugstvedt:		3.35,17(32,20)	2.02,53	
			4.36,65(29,44)		
	Eirik Runningen:		5.40,40(31,86)	2.04,96	
			6.41,18(29,01)		
	Øyvind L. Styrmo:		7.45,74(32,45)	2.05,10	
8	Larvik SK G1 jr.	JR	Larvik SK	8.17,30	617
			27,72(27,72)		
	Aksel B. Lindhjem:		1.29,87(31,54)	2.01,45	
			2.28,66(27,21)		
	Geir T. Kristiansen:		3.30,21(31,02)	1.59,40	
			4.29,67(28,82)		
	Peder T. Haagensli:		5.35,10(32,93)	2.05,62	
			6.34,81(28,34)		
	Jørgen Wiik:		7.42,54(34,86)	2.10,83	
9	Bergens SC G1 jr.	JR	Bergens SC	8.26,61	584
			27,12(27,12)		
	Karsten W. Johannessen:		1.29,80(31,40)	2.02,36	
			2.30,01(27,65)		
	Stian S. Langeland:		3.35,56(33,52)	2.06,17	
			4.36,52(27,99)		
	Lavrans Veierø Solli:		5.41,92(33,21)	2.05,84	
			6.43,95(29,58)		
	Øivind A. S. Reinertsen:		7.52,52(35,21)	2.12,24	
10	Stavanger SC G1 jr.	JR	Stavanger SC	8.37,92	546
			28,83(28,83)		
	Henning S. Pryde:		1.32,63(32,14)	2.04,07	
			2.32,17(28,10)		
	Christian Juvik:		3.37,83(33,06)	2.06,76	
			4.41,84(31,01)		
	Fredrik K Hegdal:		5.53,01(35,98)	2.16,45	
			6.56,29(29,01)		
	Erik Vassøy Olsen:		8.03,56(34,03)	2.10,64	
11	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	8.55,02	495
			29,43(29,43)		
	Joachim Jakobsen:		1.34,94(33,17)	2.07,43	
			2.36,25(28,82)		
	Benjamin Marum:		3.44,57(35,27)	2.11,60	
			4.50,31(31,28)		
	Anders S. Jordheim:		6.00,83(35,57)	2.18,54	
			7.08,90(31,33)		
	Markus Vindenes:		8.20,03(35,49)	2.17,45	

Øvelse 24. 4*100m fri, damer - Junior

Junior

1	Asker SK J1 jr.	JR	Asker SK		3.56,48	762
	Sofie Gjemmestad:	28,31(28,31)	59,00(30,69)	59,00		
	Nora Kathrine Guthe:	1.27,13(28,13)	1.58,41(31,28)	59,41		
	Hilde Sund:	2.28,44(30,03)	3.00,25(31,81)	1.01,84		
	Ingvild Snildal:	3.27,24(26,99)	3.56,48(29,24)	56,23		
2	Lambertseter SK J1 jr.	JR	Lambertseter SK		4.00,26	726
	Emma Isdahl:	28,92(28,92)	59,94(31,02)	59,94		
	Emilie Hellerud:	1.28,24(28,30)	1.58,92(30,68)	58,98		
	Pia Cornelia Braarud:	2.27,71(28,79)	2.59,68(31,97)	1.00,76		
	Ingrid N. Knutzen:	3.28,42(28,74)	4.00,26(31,84)	1.00,58		
3	Team Stavanger J1 jr.	JR	Team Stavanger		4.04,09	692
	Victoria Rung:	29,76(29,76)	1.01,71(31,95)	1.01,71		
	Christine Ørland:	1.30,67(28,96)	2.02,96(32,29)	1.01,25		
	Vibeke Brigg:	2.30,95(27,99)	3.03,76(32,81)	1.00,80		
	Trine Hovda:	3.32,11(28,35)	4.04,09(31,98)	1.00,33		
4	Bærumsv J1 jr.	JR	Bærumsvømmerne		4.04,32	691
	Vibeke Browne:	28,94(28,94)	1.01,46(32,52)	1.01,46		
	Maria Bølgen:	1.30,18(28,72)	2.02,55(32,37)	1.01,09		
	Kristine Mella:	2.31,33(28,78)	3.03,84(32,51)	1.01,29		
	Karin Ekholt:	3.32,20(28,36)	4.04,32(32,12)	1.00,48		
5	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne		4.04,79	687
	Henriette Brekke:	27,40(27,40)	56,36(28,96)	56,36		
	Juni Rugland:	1.26,34(29,98)	1.59,30(32,96)	1.02,94		
	Marthe Helene Haganes:	2.29,62(30,32)	3.02,65(33,03)	1.03,35		
	Benedicte Kausland:	3.32,44(29,79)	4.04,79(32,35)	1.02,14		
6	Moss SK J1 jr.	JR	Moss SK		4.08,78	654
	Marte Elise Brinchmann:	29,85(29,85)	1.02,29(32,44)	1.02,29		
	Ina Kr. Pedersen:	1.29,78(27,49)	1.59,82(30,04)	57,53		
	Thea Pedersen:	2.30,17(30,35)	3.04,52(34,35)	1.04,70		
	Oda Berg Dypson:	3.35,02(30,50)	4.08,78(33,76)	1.04,26		
7	Arna SLK J1 jr.	JR	Arna SLK		4.09,84	646
	Ingvild M. Brurås:	30,24(30,24)	1.04,02(33,78)	1.04,02		
	Ane J. Midtun:	1.32,83(28,81)	2.05,27(32,44)	1.01,25		
	Oda J. Midtun:	2.34,12(28,85)	3.07,59(33,47)	1.02,32		
	Seline Vike Holm:	3.36,65(29,06)	4.09,84(33,19)	1.02,25		
8	Kristiansand SA J1 jr.	JR	Kristiansand SA		4.11,21	635
	Hege Omdal:	30,47(30,47)	1.03,55(33,08)	1.03,55		
	Maria Aasen:	1.32,57(29,02)	2.04,38(31,81)	1.00,83		
	Linn Hege Laudal:	2.33,31(28,93)	3.05,83(32,52)	1.01,45		
	Mariken Asbjørnsen:	3.36,53(30,70)	4.11,21(34,68)	1.05,38		
9	Delfana J1 jr.	JR	Delfana		4.12,57	625
	Hanne Søfteland:	30,49(30,49)	1.03,62(33,13)	1.03,62		
	Oda S. Leiknes:	1.33,62(30,00)	2.06,54(32,92)	1.02,92		
	Ragnhild Smith-Sivertsen:	2.36,31(29,77)	3.09,53(33,22)	1.02,99		
	June J. Kristiansen:	3.40,18(30,65)	4.12,57(32,39)	1.03,04		
10	Sandnes SLK J1 jr.	JR	Sandnes SLK		4.13,75	616
	Birgitte Mjøs Bratteli:	30,84(30,84)	1.04,11(33,27)	1.04,11		
	Nicole Egeland:	1.34,19(30,08)	2.08,42(34,23)	1.04,31		
	Alvilde Morken:	2.37,91(29,49)	3.09,57(31,66)	1.01,15		
	Bente Wathne:	3.40,06(30,49)	4.13,75(33,69)	1.04,18		
11	Hamar IL J1 jr.	JR	Hamar IL		4.17,80	588
	Oda Martine Reiertsen:	29,55(29,55)	1.01,61(32,06)	1.01,61		
	Elisabet Arnesen:	1.32,47(30,86)	2.05,64(33,17)	1.04,03		
	Julie Torgersen Nilsen:	2.37,25(31,61)	3.10,52(33,27)	1.04,88		
	Mari Lystad Karlsen:	3.42,67(32,15)	4.17,80(35,13)	1.07,28		
12	Bergens SC J1 jr.	JR	Bergens SC		4.18,45	583
	Kaya Haugland Færøvik:	31,58(31,58)	1.05,15(33,57)	1.05,15		
	Maren Allum:	1.34,97(29,82)	2.07,96(32,99)	1.02,81		
	Ingse Bergh Monsen:	2.38,49(30,53)	3.11,49(33,00)	1.03,53		
	Eirin Arnesen:	3.42,53(31,04)	4.18,45(35,92)	1.06,96		
13	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK		4.18,90	580
	Guro Knutsen:	30,27(30,27)	1.03,31(33,04)	1.03,31		
	Hege Fuglerud Valle:	1.35,02(31,71)	2.10,42(35,40)	1.07,11		
	Ida Johansen:	2.39,53(29,11)	3.13,24(33,71)	1.02,82		
	Line Cecilie Stenseth:	3.44,90(31,66)	4.18,90(34,00)	1.05,66		

14	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	4.19,39	577
	Marie Reinertsen:	31,06(31,06)	1.04,65(33,59)	1.04,65	
	Marie Øverland:	1.34,98(30,33)	2.09,21(34,23)	1.04,56	
	Andrea Haugstad:	2.39,73(30,52)	3.13,65(33,92)	1.04,44	
	Charlotte Kausland:	3.44,73(31,08)	4.19,39(34,66)	1.05,74	
15	Ski SK J1 jr.	JR	Ski SK	4.20,93	567
	Elisabeth H. Svensson:	29,14(29,14)	1.01,15(32,01)	1.01,15	
	Henriette With Bjørnstad:	1.32,97(31,82)	2.09,07(36,10)	1.07,92	
	Camilla W. Kristiansen:	2.39,93(30,86)	3.14,80(34,87)	1.05,73	
	Camilla Borchgrevink:	3.45,81(31,01)	4.20,93(35,12)	1.06,13	
16	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	4.21,01	566
	Jeanette Erlandsen:	31,25(31,25)	1.06,10(34,85)	1.06,10	
	Ine Charlotte Hagen:	1.36,64(30,54)	2.10,34(33,70)	1.04,24	
	Ida Arnøy:	2.41,03(30,69)	3.15,07(34,04)	1.04,73	
	Aurora Brandtzæg:	3.46,37(31,30)	4.21,01(34,64)	1.05,94	
17	Elverum IL J1 jr.	JR	Elverum Svømming	4.23,29	552
	Oona Ovesen:	29,68(29,68)	1.02,09(32,41)	1.02,09	
	Siri Ovesen:	1.33,73(31,64)	2.08,41(34,68)	1.06,32	
	Hanne Strand:	2.40,82(32,41)	3.18,34(37,52)	1.09,93	
	Lene Ådlandsvik:	3.48,98(30,64)	4.23,29(34,31)	1.04,95	
18	Sarpsborg IL J1 jr.	JR	Sarpsborg IL	4.25,45	538
	Julie Borgen:	30,19(30,19)	1.03,23(33,04)	1.03,23	
	Ingelow Kopperud:	1.34,26(31,03)	2.09,93(35,67)	1.06,70	
	Amra Medic:	2.42,21(32,28)	3.18,22(36,01)	1.08,29	
	Madeleine A. Ervik:	3.50,08(31,86)	4.25,45(35,37)	1.07,23	
19	Ås IL J1 jr.	JR	Ås IL	4.27,14	528
	Silje Kierulf:	31,39(31,39)	1.06,61(35,22)	1.06,61	
	Ida Louise Tenden:	1.39,44(32,83)	2.16,12(36,68)	1.09,51	
	Anine Dannemark:	2.47,41(31,29)	3.23,29(35,88)	1.07,17	
	Camilla Moe:	3.53,13(29,84)	4.27,14(34,01)	1.03,85	
	SK Speed J1 jr.	JR	SK Speed	DISK	
	Marthe Karlsen:	32,45(32,45)	1.08,39(35,94)	1.08,39	
	Idha Toft Valeur:	1.39,84(31,45)	2.16,30(36,46)	1.07,91	
	Linda Gabrielsen:				
	Hege Strøm Haukeland:				
	Løren/Rælingen J2 jr.	JR	Lørenskog/Rælingen	DISK	
	Mette Aas:	32,76(32,76)	1.10,35(37,59)	1.10,35	
	Andrea Nakken:	1.45,75(35,40)	2.25,11(39,36)	1.14,76	
	Julie Løkstad:	3.00,32(35,21)	3.40,89(40,57)	1.15,78	
	Vivi Vu:				
	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	DISK	
	Terese Langlo:	30,64(30,64)	1.02,60(31,96)	1.02,60	
	Gina B. Andersen:	1.32,27(29,67)	2.03,43(31,16)	1.00,83	
	Iselin Mjøllner Dahlen:				
	Christiane Sandbye:				

Lørdag 25. november 2007 kl 09.00**Øvelse 25. 400m individuell medley, damer - Direkte finale – Foreløpig før siste heat**

UM

1	Bitte Fagermo	93	Narvik SK	5.13,85	646
	33,11(33,11)	1.12,64(39,53)	1.55,35(42,71)	2.35,86(40,51)	
	3.17,67(41,81)	4.00,81(43,14)	4.38,45(37,64)	5.13,85(35,40)	
2	Benedicte Kausland	92	Vestkantsvømmerne	5.18,11	620
	35,05(35,05)	1.16,97(41,92)	1.58,90(41,93)	2.39,51(40,61)	
	3.22,25(42,74)	4.06,08(43,83)	4.42,74(36,66)	5.18,11(35,37)	
3	Oona Ovesen	92	Elverum Svømming	5.18,30	619
	33,11(33,11)	1.11,91(38,80)	1.51,59(39,68)	2.31,40(39,81)	
	3.18,41(47,01)	4.05,95(47,54)	4.43,05(37,10)	5.18,30(35,25)	
4	Eva Marie Østerhus	94	Madla SK	5.19,20	614
	35,88(35,88)	1.17,09(41,21)	1.56,69(39,60)	2.35,01(38,32)	
	3.21,80(46,79)	4.09,66(47,86)	4.45,07(35,41)	5.19,20(34,13)	
5	Stina Kajsa Colleou	93	Lambertseter SK	5.22,33	596
	35,25(35,25)	1.16,64(41,39)	1.59,67(43,03)	2.41,51(41,84)	
	3.22,94(41,43)	4.05,55(42,61)	4.44,44(38,89)	5.22,33(37,89)	
6	Ingse Bergh Monsen	92	Bergens SC	5.29,03	560
	34,86(34,86)	1.16,53(41,67)	1.58,34(41,81)	2.39,45(41,11)	
	3.26,77(47,32)	4.15,07(48,30)	4.52,83(37,76)	5.29,03(36,20)	
7	Andrea Haugstad	92	Vestkantsvømmerne	5.30,36	554
	34,94(34,94)	1.16,12(41,18)	1.59,65(43,53)	2.41,75(42,10)	
	3.28,29(46,54)	4.15,80(47,51)	4.53,82(38,02)	5.30,36(36,54)	
8	Elisabeth Kristiansen	92	Haugesund SK	5.32,77	542
	33,68(33,68)	1.15,00(41,32)	1.56,59(41,59)	2.37,32(40,73)	
	3.25,75(48,43)	4.15,24(49,49)	4.55,56(40,32)	5.32,77(37,21)	
9	Stine Lise Stenseth	94	Øvre Eiker SK	5.35,09	530
	35,91(35,91)	1.18,82(42,91)	2.00,69(41,87)	2.42,50(41,81)	
	3.28,66(46,16)	4.17,05(48,39)	4.56,82(39,77)	5.35,09(38,27)	

Junior

1	Terese Langlo	89	Skjetten Svømming	5.13,57	647
	33,47(33,47)	1.11,63(38,16)	1.51,76(40,13)	2.31,71(39,95)	
	3.16,54(44,83)	4.01,30(44,76)	4.38,17(36,87)	5.13,57(35,40)	
2	Bitte Fagermo	93	Narvik SK	5.13,85	646
	33,11(33,11)	1.12,64(39,53)	1.55,35(42,71)	2.35,86(40,51)	
	3.17,67(41,81)	4.00,81(43,14)	4.38,45(37,64)	5.13,85(35,40)	
3	Benedicte Kausland	92	Vestkantsvømmerne	5.18,11	620
	35,05(35,05)	1.16,97(41,92)	1.58,90(41,93)	2.39,51(40,61)	
	3.22,25(42,74)	4.06,08(43,83)	4.42,74(36,66)	5.18,11(35,37)	
4	Oona Ovesen	92	Elverum Svømming	5.18,30	619
	33,11(33,11)	1.11,91(38,80)	1.51,59(39,68)	2.31,40(39,81)	
	3.18,41(47,01)	4.05,95(47,54)	4.43,05(37,10)	5.18,30(35,25)	
5	Eva Marie Østerhus	94	Madla SK	5.19,20	614
	35,88(35,88)	1.17,09(41,21)	1.56,69(39,60)	2.35,01(38,32)	
	3.21,80(46,79)	4.09,66(47,86)	4.45,07(35,41)	5.19,20(34,13)	
6	Camilla Borchgrevink	90	Ski SK	5.20,13	608
	33,73(33,73)	1.12,90(39,17)	1.53,91(41,01)	2.34,72(40,81)	
	3.20,39(45,67)	4.06,90(46,51)	4.43,74(36,84)	5.20,13(36,39)	
7	Stina Kajsa Colleou	93	Lambertseter SK	5.22,33	596
	35,25(35,25)	1.16,64(41,39)	1.59,67(43,03)	2.41,51(41,84)	
	3.22,94(41,43)	4.05,55(42,61)	4.44,44(38,89)	5.22,33(37,89)	
8	Ragnhild Smith-Sivertsen	89	Delfana	5.25,16	581
	34,88(34,88)	1.15,06(40,18)	1.57,46(42,40)	2.38,93(41,47)	
	3.24,08(45,15)	4.10,46(46,38)	4.48,06(37,60)	5.25,16(37,10)	
9	Ingse Bergh Monsen	92	Bergens SC	5.29,03	560
	34,86(34,86)	1.16,53(41,67)	1.58,34(41,81)	2.39,45(41,11)	
	3.26,77(47,32)	4.15,07(48,30)	4.52,83(37,76)	5.29,03(36,20)	
10	Andrea Haugstad	92	Vestkantsvømmerne	5.30,36	554
	34,94(34,94)	1.16,12(41,18)	1.59,65(43,53)	2.41,75(42,10)	
	3.28,29(46,54)	4.15,80(47,51)	4.53,82(38,02)	5.30,36(36,54)	

11	Elisabeth Kristiansen	92	Haugesund SK	5.32,77	542
	33,68(33,68)	1.15,00(41,32)	1.56,59(41,59)	2.37,32(40,73)	
	3.25,75(48,43)	4.15,24(49,49)	4.55,56(40,32)	5.32,77(37,21)	
12	Stine Lise Stenseth	94	Øvre Eiker SK	5.35,09	530
	35,91(35,91)	1.18,82(42,91)	2.00,69(41,87)	2.42,50(41,81)	
	3.28,66(46,16)	4.17,05(48,39)	4.56,82(39,77)	5.35,09(38,27)	
	Charlotte Kausland	89	Vestkantsvømmerne	DISK	
	Elisabeth H. Svensson	91	Ski SK	DISK	

Øvelse 26. 4*50m fri, herrer - UM

UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	1.42,63	588
	Jørn Nygård:	25,45(25,45)			
	Hans Østerdal:	50,57(25,12)			
	Per Øystein Turøy:	1.16,92(26,35)			
	Christian Juvik:	1.42,63(25,71)			
2	Åstveit SK G1 jr.	JR	Åstveit SK	1.45,78	537
	Erlend Ulveseter:	27,03(27,03)			
	Eivind Johannesen:	54,36(27,33)			
	Robin Sell Dyngeland:	1.20,83(26,47)			
	Zoltan Csernai:	1.45,78(24,95)			
3	Florø SLK G1 jr.	JR	Florø SLK	1.47,83	507
	Simen Andreassen:	27,52(27,52)			
	Hans Kristian Andersen:	54,54(27,02)			
	Kristoffer D. Birkeland:	1.21,28(26,74)			
	Marius Nekkøy Karstad:	1.47,83(26,55)			
4	Lambertseter SK G1 jr.	JR	Lambertseter SK	1.48,21	501
	Alexander Schüssler:	26,54(26,54)			
	David Evja:	52,88(26,34)			
	Ole Kristian Bjerg:	1.20,74(27,86)			
	Magnus Rødseth:	1.48,21(27,47)			
5	Sarpsborg IL G1 jr.	JR	Sarpsborg IL	1.49,52	484
	Sverre Næss:	25,32(25,32)			
	Per Simen Holstad Gandrud:	52,96(27,64)			
	Patrik Andre Solheim:	1.21,33(28,37)			
	Anders Dramstad:	1.49,52(28,19)			
6	Moss SK G1 jr.	JR	Moss SK	1.49,78	480
	Stian Svingen Nilsson:	27,54(27,54)			
	Dan Martin Gudbrandsen:	54,23(26,69)			
	Georg Horntvedt:	1.21,48(27,25)			
	Fredrik Johansen Nielsen:	1.49,78(28,30)			
7	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	1.50,29	474
	Kjetil Flatland:	28,95(28,95)			
	Tore Skauge Bysting:	55,38(26,43)			
	Eirik Lindhjem:	1.22,20(26,82)			
	Magnus Sundby Kinn:	1.50,29(28,09)			
8	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	1.54,59	422
	Markus Vindenes:	27,72(27,72)			
	Anders S. Jordheim:	54,98(27,26)			
	Gjermund Fure Johansen:	1.23,64(28,66)			
	Kristian Blummenfelt:	1.54,59(30,95)			
9	Elverum IL G1 jr.	JR	Elverum Svømming	1.55,85	409
	Ingvar V. Skirbekk:	27,18(27,18)			
	Martin B. Lund:	54,95(27,77)			
	Lars Rugsveen:	1.26,43(31,48)			
	Erik Bryhn Myklebust:	1.55,85(29,42)			
	Bærumsv G1 jr.	JR	Bærumsvømmerne	DISK	
	Henry Emil Nordhagen:				
	Magnus Buch:				
	Magnus Kjerstad:				
	Lars Hvidsten:				

Øvelse 27. 200m fri, damer

Junior

1	Cecilie W. Johannessen	90	Karmøy SK	2.06,23	760
	29,70(29,70)	1.01,41(31,71)	1.33,44(32,03)	2.06,23(32,79)	
2	Elise Utne	89	Narvik SK	2.07,09	744
	29,66(29,66)	1.01,38(31,72)	1.34,24(32,86)	2.07,09(32,85)	
3	Ina Kr. Pedersen	89	Moss SK	2.07,15	743
	29,29(29,29)	1.00,95(31,66)	1.33,75(32,80)	2.07,15(33,40)	
4	Monica Finnøy	88	BS/Bergen SLK	2.07,25	741
	30,82(30,82)	1.03,26(32,44)	1.35,62(32,36)	2.07,25(31,63)	
5	Victoria S. Løken	91	Aalesund SLK	2.09,13	710
	30,37(30,37)	1.03,00(32,63)	1.35,84(32,84)	2.09,13(33,29)	
6	Monica W. Johannessen	90	Karmøy SK	2.09,25	708
	30,99(30,99)	1.04,42(33,43)	1.37,62(33,20)	2.09,25(31,63)	
7	Sofie Gjemmestad	89	Asker SK	2.09,38	705
	30,78(30,78)	1.04,13(33,35)	1.37,22(33,09)	2.09,38(32,16)	
8	Line W. Lund	91	Askimsvømmerne	2.09,82	698
	30,78(30,78)	1.03,17(32,39)	1.36,66(33,49)	2.09,82(33,16)	
9	Nora Kathrine Guthe	91	Asker SK	2.09,86	698
	30,23(30,23)	1.02,53(32,30)	1.35,91(33,38)	2.09,86(33,95)	
10	Martine Bremer	90	Bergen SLK	2.10,72	684
	29,99(29,99)	1.02,24(32,25)	1.35,64(33,40)	2.10,72(35,08)	
11	Ingrid N. Knutzen	91	Lambertseter SK/NTG	2.12,36	659
	31,11(31,11)	1.04,55(33,44)	1.38,73(34,18)	2.12,36(33,63)	
12	Ingrid Marie Rytter	91	Vestbyen IL	2.13,12	648
	30,97(30,97)	1.04,09(33,12)	1.38,40(34,31)	2.13,12(34,72)	
13	Victoria T. Solberg	89	Horten/NTG	2.13,42	643
	30,72(30,72)	1.03,89(33,17)	1.38,52(34,63)	2.13,42(34,90)	
14	Emilie Voraa	91	Bærumsvømmerne	2.15,02	621
	31,26(31,26)	1.05,46(34,20)	1.40,37(34,91)	2.15,02(34,65)	
15	Oda Martine Reiertsen	89	Hamar IL	2.15,54	613
	31,38(31,38)	1.05,41(34,03)	1.40,28(34,87)	2.15,54(35,26)	

UM

1	Elin Slaatmo	92	Hamar IL	2.08,56	719
	30,76(30,76)	1.03,19(32,43)	1.36,99(33,80)	2.08,56(31,57)	
2	Emilie Hellerud	92	Lambertseter SK	2.09,46	704
	30,74(30,74)	1.03,50(32,76)	1.37,12(33,62)	2.09,46(32,34)	
3	Emma Isdahl	92	Lambertseter SK	2.09,75	699
	30,94(30,94)	1.04,00(33,06)	1.36,88(32,88)	2.09,75(32,87)	
4	Siri Anette Sønju	92	Øvre Eiker SK	2.10,92	681
	30,69(30,69)	1.03,71(33,02)	1.37,59(33,88)	2.10,92(33,33)	
5	Terese Fosby	92	Kongstensvømmerne	2.11,66	669
	30,01(30,01)	1.03,46(33,45)	1.38,19(34,73)	2.11,66(33,47)	
6	Katrine Ekstang	92	Setermoen SK	2.12,32	659
	31,37(31,37)	1.05,26(33,89)	1.39,21(33,95)	2.12,32(33,11)	
7	Maria Aasen	92	Kristiansand SA	2.12,78	653
	30,44(30,44)	1.03,91(33,47)	1.38,02(34,11)	2.12,78(34,76)	
8	Siv Fiske	92	Tromsø SK	2.13,67	640
	30,44(30,44)	1.03,69(33,25)	1.38,39(34,70)	2.13,67(35,28)	
9	Maria Bølgen	93	Bærumsvømmerne	2.14,27	631
	31,07(31,07)	1.05,17(34,10)	1.39,91(34,74)	2.14,27(34,36)	
10	Marthe Berg Sørensen	92	TS/Frisinn	2.14,77	624
	31,47(31,47)	1.06,04(34,57)	1.41,31(35,27)	2.14,77(33,46)	
11	Karoline Pedersen	94	Bergen SLK	2.15,04	620
	31,63(31,63)	1.05,96(34,33)	1.40,75(34,79)	2.15,04(34,29)	
12	Pia Cornelia Braarud	93	Lambertseter SK	2.15,67	612
	31,37(31,37)	1.05,92(34,55)	1.41,17(35,25)	2.15,67(34,50)	
13	Stine Lise Stenseth	94	Øvre Eiker SK	2.16,61	599
	31,88(31,88)	1.06,30(34,42)	1.41,38(35,08)	2.16,61(35,23)	

14	Christiana Bjørkli	93	Trondheim SLK	2.18,74	572
	31,46(31,46)	1.05,83(34,37)	1.41,85(36,02)	2.18,74(36,89)	
15	Camilla W. Kristiansen	92	Ski SK	2.20,97	545
	32,46(32,46)	1.08,24(35,78)	1.44,93(36,69)	2.20,97(36,04)	
16	Seline Vike Holm	92	Arna SLK	2.25,70	494
	33,24(33,24)	1.10,27(37,03)	1.48,36(38,09)	2.25,70(37,34)	

Øvelse 28. 200m butterfly, herrer

Junior

1	Sindri T. Jakobsson	91	BS/Delfana	2.07,86	682
	28,02(28,02)	1.00,73(32,71)	1.34,39(33,66)	2.07,86(33,47)	
2	Eirik Ravnan	89	Hamar IL	2.11,06	634
	28,47(28,47)	59,94(31,47)	1.35,21(35,27)	2.11,06(35,85)	
3	Stian S. Langeland	89	Bergens SC	2.11,59	626
	28,56(28,56)	1.01,39(32,83)	1.36,22(34,83)	2.11,59(35,37)	
4	Sebastian Stordal	91	BS/Delfana	2.12,70	610
	28,77(28,77)	1.02,22(33,45)	1.37,12(34,90)	2.12,70(35,58)	
5	Stian Andreas Evja	90	Lambertseter SK	2.13,14	604
	29,29(29,29)	1.02,80(33,51)	1.37,27(34,47)	2.13,14(35,87)	
6	Håkon Aleksander Vik	90	Haldens SK	2.15,66	571
	29,54(29,54)	1.03,43(33,89)	1.39,65(36,22)	2.15,66(36,01)	
7	Tor Hafnor	91	Bærumsvømmerne	2.15,87	569
	29,36(29,36)	1.04,15(34,79)	1.39,66(35,51)	2.15,87(36,21)	
8	Sindre Eilertsen	90	Lambertseter SK	2.18,53	537
	30,18(30,18)	1.05,07(34,89)	1.41,26(36,19)	2.18,53(37,27)	
9	Carl Andreas Wathne	91	Asker SK	2.20,49	514
	30,32(30,32)	1.04,59(34,27)	1.41,30(36,71)	2.20,49(39,19)	
10	Jan Aleksander Bakke	91	Asker SK	2.23,12	486
	31,55(31,55)	1.08,58(37,03)	1.45,17(36,59)	2.23,12(37,95)	

UM

1	Christian Juvik	93	Stavanger SC	2.12,86	608
	29,62(29,62)	1.03,66(34,04)	1.38,27(34,61)	2.12,86(34,59)	
2	Ole Martin Ree	92	TS/Sola SK	2.13,60	598
	30,83(30,83)	1.05,14(34,31)	1.39,20(34,06)	2.13,60(34,40)	
3	Martin P. Sletbakken	92	Sortland SLK	2.16,55	560
	29,77(29,77)	1.03,91(34,14)	1.39,59(35,68)	2.16,55(36,96)	
4	Øyvind L. Styrmo	93	Delfana	2.21,00	509
	30,88(30,88)	1.05,90(35,02)	1.42,33(36,43)	2.21,00(38,67)	
5	Sindre Lilledahl	92	Haugesund SK	2.26,65	452
	32,97(32,97)	1.10,98(38,01)	1.49,41(38,43)	2.26,65(37,24)	
6	Simen Andreassen	92	Florø SLK	2.27,71	442
	33,17(33,17)	1.10,45(37,28)	1.48,91(38,46)	2.27,71(38,80)	
7	Sindre Mowatt Gruben	92	Bergens SC	2.27,76	442
	31,33(31,33)	1.07,37(36,04)	1.45,69(38,32)	2.27,76(42,07)	
8	Andreas Mathingsdal Pedersen	92	Farsund SK	2.27,79	442
	32,54(32,54)	1.10,00(37,46)	1.48,87(38,87)	2.27,79(38,92)	
9	Fredrik K Hegdal	94	Stavanger SC	2.30,21	421
	32,90(32,90)	1.10,45(37,55)	1.50,67(40,22)	2.30,21(39,54)	
10	Åsmund Karlsen	92	Eid SK	2.36,38	373
	32,55(32,55)	1.12,34(39,79)	1.53,99(41,65)	2.36,38(42,39)	

Øvelse 29. 100m rygg, damer

Junior

1	Ingvild Snildal 30,35(30,35)	88	Asker SK	(0,83)	1.02,03	832	NR
2	Margrete Nyhus Ulvestad 31,15(31,15)	88	Molde SLK	(0,80)	1.05,52	706	
3	Heidi Vainio Gjøen 32,33(32,33)	88	Lambertseter SK	(0,71)	1.06,98	661	
4	Vibeke Browne 32,84(32,84)	89	Bærumsvømmerne	(0,63)	1.07,47	647	
5	Gina B. Andersen 33,15(33,15)	90	Skjetten Svømming/NTG(0,73)		1.08,00	632	
6	Maren Allum 33,71(33,71)	90	Bergens SC	(0,73)	1.08,60	615	
7	Marit Vala 32,91(32,91)	90	Lambertseter SK	(0,74)	1.08,69	613	
8	Martine Andersen 33,45(33,45)	90	Skien SK	(0,72)	1.08,79	610	
9	Ida Nordbø 32,40(32,40)	89	TS/Madla SK	(0,66)	1.09,13	601	
10	Katja Heinänen 33,93(33,93)	90	BS/Bergen SLK	(0,53)	1.09,74	586	
11	Sara Pettersen 33,79(33,79)	91	Fauske SK	(0,85)	1.09,81	584	
12	Trine Hovda 33,92(33,92)	90	TS/Madla SK	(0,68)	1.10,17	575	
13	Thea Pedersen 33,71(33,71)	91	Moss SK	(0,74)	1.10,25	573	
14	Mariell A. Arnesen 34,17(34,17)	90	Larvik SK	(0,63)	1.10,92	557	
15	Anine Dannemark 34,22(34,22)	90	Ås IL	(0,71)	1.11,29	548	
16	Malin Frestad 34,31(34,31)	91	Kristiansand SA	(0,60)	1.11,52	543	
	Nicole T. Næsheim	91	Stavanger SC		BRUTT		

UM

1	Jacqueline Knutsson 33,26(33,26)	93	Kongstensvømmerne	(0,70)	1.08,19	626	
2	Seline Vike Holm 33,23(33,23)	92	Arna SLK	(0,57)	1.08,66	614	
3	Camilla Moe 33,00(33,00)	92	Ås IL	(0,71)	1.09,02	604	
4	Helene Eikeskog Burger 33,39(33,39)	92	Kolbotn IL	(0,72)	1.09,37	595	
5	Iselin Mjølner Dahlen 33,53(33,53)	92	Skjetten Svømming	(0,71)	1.09,60	589	
6	Sophia Broberg Skeltved 33,03(33,03)	92	Tromsø SK	(0,73)	1.09,73	586	
7	Ragnhild Søfteland 34,13(34,13)	92	Bergens SC	(0,60)	1.10,30	572	
8	Ingse Bergh Monsen 35,41(35,41)	92	Bergens SC	(0,70)	1.11,51	543	
9	Oda Marie Siljan 34,51(34,51)	92	Poseidon	(0,88)	1.11,72	538	
10	Stine Mjølhus Kristoffersen 34,83(34,83)	93	TS/Frisinn	(0,57)	1.12,43	523	
11	Marie Øverland 34,54(34,54)	94	Vestkantvømmerne	(0,69)	1.13,18	507	

Funksjonshemmede

1	Tonje Immerstein	89	Sandnes SLK	(0,71)	1.27,81	293	S10	121,54 %
		1.27,81(1.27,81)						
2	Ingvill S. Hilleren	90	Vestkantsvømmerne	(1,00)	1.44,71	173	S7	122,38 %
	50,60(50,60)	1.44,71(54,11)						
3	Ingrid Djupskås	89	Asker SK	(0,82)	1.42,38	185	S10	141,7 %
	49,81(49,81)	1.42,38(52,57)						

Øvelse 30. 100m fri, herrer

Junior

1	Øystein R. Hetland	89	Bærum/NTG		51,06	779		
	24,43(24,43)	51,06(26,63)						
2	Jørgen Møllerop	88	TS/Madla SK		52,13	732		
	24,99(24,99)	52,13(27,14)						
3	Lars Andre Tolås	88	Bærumsvømmerne		53,00	697		
	25,40(25,40)	53,00(27,60)						
4	Christer Koch Kvam	90	Bærum/NTG		53,02	696		
	25,33(25,33)	53,02(27,69)						
5	Martin Skramstad	89	Hamar IL		53,12	692		
	25,76(25,76)	53,12(27,36)						
6	Stian Werner Erichsen	90	Bærumsvømmerne		53,19	689		
	25,86(25,86)	53,19(27,33)						
7	Mikkel Tørud Lang	90	Ullensakersv		53,55	676		
	26,13(26,13)	53,55(27,42)						
8	Bjarte Ravndal	91	TS/Sola SK		53,75	668		
	25,79(25,79)	53,75(27,96)						
9	Elias Damman	89	Bærum/NTG		53,98	660		
	26,53(26,53)	53,98(27,45)						
10	Bernt M. Seyffarth	89	Mandal SK		54,15	653		
	25,72(25,72)	54,15(28,43)						
11	Karsten W. Johannessen	88	Bergens SC		54,30	648		
	26,00(26,00)	54,30(28,30)						
12	Alexander B. Havre	90	Mandal SK		54,32	647		
	25,80(25,80)	54,32(28,52)						
13	Rune Johansen	89	Andøya SLK		54,41	644		
	26,12(26,12)	54,41(28,29)						
14	Tor Hafnor	91	Bærumsvømmerne		54,54	639		
	26,25(26,25)	54,54(28,29)						
15	Even Vike Holm	90	BS/Arna		54,56	639		
	25,90(25,90)	54,56(28,66)						
16	Emil Brennløkken	89	Vestbyen IL		54,69	634		
	26,20(26,20)	54,69(28,49)						
17	Per Sondre Sodeland	91	Mandal SK		54,74	632		
	26,19(26,19)	54,74(28,55)						
18	Christian Sunde	89	Elverum Svømming		54,85	629		
	26,05(26,05)	54,85(28,80)						
19	Mathias Sørstrand Æsøy	90	Florø SLK		55,36	611		
	26,81(26,81)	55,36(28,55)						
20	Daniel Berenett	91	IL Varg/NTG		56,31	581		
	26,99(26,99)	56,31(29,32)						

UM

1	Mats Gøran Høgenhaug 26,44(26,44)	93	Namsos SK	52,98	698
2	Zoltan Csernai 26,55(26,55)	93	Åstveit SK	53,72	669
3	Jonas Kirkeberg Jostad 26,50(26,50)	92	Hamar IL	54,83	629
4	Ole Martin Ree 26,75(26,75)	92	TS/Sola SK	55,12	619
5	Martin Hammer 26,39(26,39)	93	Kongstensvømmerne	55,37	611
6	Julian Åsheim Mikkelsen 26,60(26,60)	93	Ås IL	55,88	595
7	Kenneth Bakkehaug 27,35(27,35)	92	Sørreisa SK	57,57	544

Øvelse 31. 50m fri, damer

Junior

1	Henriette Brekke	88	Vestkantsvømmerne	26,40	779
2	Cecilie W. Johannessen	90	Karmøy SK	26,81	744
3	Ina Kr. Pedersen	89	Moss SK	27,03	726
4	Sofie Gjemmestad	89	Asker SK	27,09	721
5	Victoria S. Løken	91	Aalesund SLK	27,21	712
6	Monica W. Johannessen	90	Karmøy SK	27,37	699
7	Line W. Lund	91	Askimsvømmerne	27,54	686
8	Martine Bremer	90	Bergen SLK	27,62	681
9	Monica Finnøy	88	BS/Bergen SLK	27,69	675
10	Oda J. Midtun	91	Arna SLK	27,73	672
11	Amanda Barsten	90	Molde SLK	28,07	648
12	Katinka Kvant	89	Arna SLK	28,17	641
13	Vibeke Brigg	89	TS/Madla SK	28,24	637
13	Elisabeth H. Svensson	91	Ski SK	28,24	637
15	Ingrid Marie Rytter	91	Vestbyen IL	28,44	623
16	Nicole T. Næsheim	91	Stavanger SC	28,46	622
17	Ida Nordbø	89	TS/Madla SK	28,58	614
18	Hege Omdal	89	Kristiansand SA	28,60	613
19	Martine Andersen	90	Skien SK	28,65	610
19	Ane J. Midtun	91	Arna SLK	28,65	610
21	Vibeke Browne	89	Bærumsvømmerne	28,79	601
22	Hilde Sund	88	Asker SK	29,35	567

UM

1	Siri Eva Kristiansen	93	Asker SK	27,77	670
2	Emma Isdahl	92	Lambertseter SK	27,87	662
3	Emilie Hellerud	92	Lambertseter SK	28,14	643
4	Susann Bjørnsen	93	Setermoen SK	28,17	641
5	Siv Fiske	92	Tromsø SK	28,23	637
5	Ida Johansen	94	Øvre Eiker SK	28,23	637
7	Maria Bølgen	93	Bærumsvømmerne	28,25	636
8	Marthe Berg Sørensen	92	TS/Frisinn	28,34	630
9	Ingrid Hystad	92	Stord IL	28,80	600
10	Charlotte Svaland	92	Vågsbygd SLK	29,06	584
11	Kristin Blyverket	92	Oslo IL	29,17	578
12	Christiana Bjørkli	93	Trondheim SLK	29,78	543

Øvelse 32. 100m bryst, herrer

Junior

1	Marcus Tesdal	90	BS/Åstveit	1.03,58	777
	29,60(29,60)	1.03,58(33,98)			
2	Robin Palm	88	Sarpsborg IL	1.05,69	704
	31,02(31,02)	1.05,69(34,67)			
3	Mattis Saghaug	90	IL Varg/NTG	1.05,93	697
	30,42(30,42)	1.05,93(35,51)			
4	Sindre Søderlund	91	Trondheim SLK/NTG	1.06,01	694
	31,46(31,46)	1.06,01(34,55)			
5	Martin Åsheim	90	Lørenskog/Rælingen	1.06,11	691
	31,39(31,39)	1.06,11(34,72)			
6	John Lekhmus	91	Tromsø SK	1.06,12	691
	31,62(31,62)	1.06,12(34,50)			
7	Kristoffer Meisler	90	Tverlandet IL	1.06,80	670
	31,35(31,35)	1.06,80(35,45)			
8	Ole-Wilhelm Norseng	88	Hamar IL	1.07,44	651
	31,05(31,05)	1.07,44(36,39)			
9	Johannes Framnes	89	BS/Arna	1.07,47	650
	31,02(31,02)	1.07,47(36,45)			
10	Martin Steffensen	89	BS/Arna	1.07,55	648
	30,59(30,59)	1.07,55(36,96)			
11	Sten Marius Holmen	89	Ski SK/NTG	1.07,73	643
	31,58(31,58)	1.07,73(36,15)			
12	Christoffer Sørstrand Æsøy	88	Florø SLK	1.07,95	636
	31,93(31,93)	1.07,95(36,02)			
13	Sebastian Wigstrøm	91	Bærumsvømmerne	1.08,05	634
	31,92(31,92)	1.08,05(36,13)			
14	Haakon Walderhaug	88	Molde SLK	1.08,39	624
	31,60(31,60)	1.08,39(36,79)			
15	Erling Mjøs Brattelid	91	TS/Sola SK	1.08,42	623
	32,27(32,27)	1.08,42(36,15)			
16	Thomas W. Kristiansen	89	Ski SK	1.09,41	597
	32,40(32,40)	1.09,41(37,01)			
17	Andreas I. Stadheim	90	Gjøvik SK	1.09,43	596
	32,08(32,08)	1.09,43(37,35)			
18	Bjørn Emil Evensen	91	Gjøvik SK	1.09,45	596
	32,04(32,04)	1.09,45(37,41)			
19	Christian Sunde	89	Elverum Svømming	1.09,80	587
	32,75(32,75)	1.09,80(37,05)			
20	Bernt M. Seyffarth	89	Mandal SK	1.10,14	579
	31,98(31,98)	1.10,14(38,16)			
21	Magnus Klæboe Nordgård	89	Tromsø SK	1.10,17	578
	32,59(32,59)	1.10,17(37,58)			
22	Aleksander Haugstvedt	89	Delfana	1.10,23	576
	32,69(32,69)	1.10,23(37,54)			
23	Benjamin Marum	88	Vestkantsvømmerne	1.10,42	572
	32,88(32,88)	1.10,42(37,54)			
24	André Eide	89	Narvik SK	1.10,43	571
	32,12(32,12)	1.10,43(38,31)			
25	Joachim Jakobsen	91	Vestkantsvømmerne	1.10,61	567
	32,84(32,84)	1.10,61(37,77)			
26	Per Sondre Sodeland	91	Mandal SK	1.10,72	564
	32,36(32,36)	1.10,72(38,36)			
27	Petter Ledsaak	90	Sandnes SLK	1.11,34	550
	33,49(33,49)	1.11,34(37,85)			

UM

1	Sverre Næss 31,16(31,16)	92	Sarpsborg IL	1.06,19	688
2	Hans Østerdal 32,32(32,32)	93	Stavanger SC	1.08,57	619
3	Hans Kristian Andersen 32,92(32,92)	93	Florø SLK	1.10,43	571
4	Espen Halhjem 32,80(32,80)	92	Delfana	1.10,47	570
5	Aleksander Sire 33,14(33,14)	93	Modum SK	1.10,83	562
6	Håkon M. Haga 33,18(33,18)	92	Kirkenes SK	1.11,02	557
7	Patrik Bubilek 34,03(34,03)	92	Asker SK	1.11,67	542
	Jonas Kirkeberg Jostad	92	Hamar IL	DISK	

Funksjonshemmede

1	Ørjan Ørstenvik SB13 128,6 % 40,40(40,40)	89	Sandefjord SK	1.27,60	297
				1.27,60(47,20)	

Øvelse 33. 100m individuell medley, damer

Junior

1	Katharina Stiberg 29,45(29,45)	88	Bjerkvik SK	1.04,16	817
2	Margrete Nyhus Ulvestad 30,95(30,95)	88	Molde SLK	1.07,24	710
3	Trine Austrøne Olsen 31,53(31,53)	90	Fauske SK	1.07,54	700
4	Monica W. Johannessen 31,65(31,65)	90	Karmøy SK	1.08,08	684
5	Amanda Barsten 31,39(31,39)	90	Molde SLK	1.08,25	679
6	Trine Hovda 31,89(31,89)	90	TS/Madla SK	1.08,73	664
7	Victoria T. Solberg 32,05(32,05)	89	Horten/NTG	1.09,13	653
8	Maren Kristine Jansen 32,75(32,75)	90	TS/Randaberg	1.09,14	653
9	Alvilde Morken 33,25(33,25)	89	Sandnes SLK	1.09,59	640
10	Line W. Lund 32,74(32,74)	91	Askimsvømmerne	1.10,01	629
11	Ine Charlotte Hagen 33,37(33,37)	89	Lørenskog/Rælingen	1.10,08	627
12	Mari Singstad 33,50(33,50)	91	Vestbyen IL	1.10,72	610
13	Karin Ekholt 34,60(34,60)	89	Bærumsvømmerne	1.11,14	599
14	Katja Heinänen 33,38(33,38)	90	BS/Bergen SLK	1.11,47	591
15	Kine Vereide 33,01(33,01)	91	Eid SK	1.11,68	586
16	Iselin Meisler 33,33(33,33)	90	Tverlandet IL	1.11,80	583
17	Vibeke Brigg 33,11(33,11)	89	TS/Madla SK	1.11,82	582
18	Katinka Kvant 33,42(33,42)	89	Arna SLK	1.11,83	582

UM

1	Sophia Broberg Skeltved	92	Tromsø SK	1.08,14	682
	32,51(32,51)	1.08,14(35,63)			
2	Susann Bjørnsen	93	Setermoen SK	1.08,57	669
	32,03(32,03)	1.08,57(36,54)			
3	Maria Aasen	92	Kristiansand SA	1.08,96	658
	31,46(31,46)	1.08,96(37,50)			
4	Bitte Fagermo	93	Narvik SK	1.09,04	656
	33,08(33,08)	1.09,04(35,96)			
5	Benedicte Kausland	92	Vestkantsvømmerne	1.09,47	643
	32,98(32,98)	1.09,47(36,49)			
6	Katrine Jensen	92	Åstveit SK	1.10,01	629
	33,29(33,29)	1.10,01(36,72)			
7	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.10,27	622
	32,30(32,30)	1.10,27(37,97)			
8	Jacqueline Knutsson	93	Kongstensvømmerne	1.10,71	610
	32,49(32,49)	1.10,71(38,22)			
9	Elisabeth Kristiansen	92	Haugesund SK	1.10,90	605
	32,28(32,28)	1.10,90(38,62)			
10	Oona Ovesen	92	Elverum Svømming	1.11,68	586
	33,69(33,69)	1.11,68(37,99)			
11	Kaja Bremer	93	Bergen SLK	1.11,85	582
	33,99(33,99)	1.11,85(37,86)			
12	Hanne Søfteland	92	Delfana	1.12,01	578
	32,35(32,35)	1.12,01(39,66)			
13	Siri Anette Sønju	92	Øvre Eiker SK	1.12,22	573
	33,31(33,31)	1.12,22(38,91)			
14	Birgitte Søfteland	94	Kongstensvømmerne	1.12,42	568
	33,59(33,59)	1.12,42(38,83)			
15	Pia Cornelia Braarud	93	Lambertseter SK	1.12,86	558
	34,88(34,88)	1.12,86(37,98)			
16	Irmelin Heiberg Pedersen	92	Åstveit SK	1.13,27	548
	32,74(32,74)	1.13,27(40,53)			
17	Caroline M. Mork	93	Stavanger SC	1.13,74	538
	33,90(33,90)	1.13,74(39,84)			
	Stine Vindenes	93	Vestkantsvømmerne	DISK	

Funksjonshemmede

1	Anne Ask Rasmussen	89	TS/Madla SK	1.30,31	293	SM9	117,32 %
	42,00(42,00)	1.30,31(48,31)					
2	Hanne Farestvedt	93	Åstveit SK	1.32,07	276	SM14	127,22 %
	45,68(45,68)	1.32,07(46,39)					

Øvelse 34. 1500m fri, herrer - Direkte finale – Foreløpig før siste heat

UM

1	Jørn Nygård	92	Stavanger SC	16.26,06	691
	28,44(28,44)	59,71(31,27)	1.32,09(32,38)	2.04,49(32,40)	
	2.37,28(32,79)	3.10,06(32,78)	3.42,92(32,86)	4.15,44(32,52)	
	4.48,63(33,19)	5.21,91(33,28)	5.54,98(33,07)	6.28,24(33,26)	
	7.01,34(33,10)	7.34,89(33,55)	8.08,22(33,33)	8.41,55(33,33)	
	9.14,90(33,35)	9.48,29(33,39)		10.54,94(1.06,65)	
	11.28,05(33,11)	12.01,40(33,35)	12.34,77(33,37)	13.08,14(33,37)	
	13.41,64(33,50)	14.14,87(33,23)	14.48,20(33,33)	15.21,48(33,28)	
	15.54,46(32,98)	16.26,06(31,60)			
2	Zoltan Csernai	93	Åstveit SK	16.35,48	672
	28,80(28,80)	1.00,64(31,84)	1.33,22(32,58)	2.06,08(32,86)	
	2.38,66(32,58)	3.11,68(33,02)	3.44,92(33,24)	4.17,92(33,00)	
	4.51,10(33,18)	5.24,57(33,47)	5.58,23(33,66)	6.32,14(33,91)	
	7.05,34(33,20)	7.38,69(33,35)	8.12,38(33,69)	8.46,12(33,74)	
	9.19,46(33,34)	9.53,58(34,12)	10.26,95(33,37)	11.00,64(33,69)	
	11.33,97(33,33)	12.07,62(33,65)	12.41,33(33,71)	13.15,22(33,89)	
	13.48,60(33,38)	14.21,71(33,11)	14.55,67(33,96)	15.30,17(34,50)	
	16.03,57(33,40)	16.35,48(31,91)			

3	Eivind Johannesen	92	Åstveit SK	16.57,97	628
	30,66(30,66)	1.04,29(33,63)	1.37,85(33,56)	2.11,44(33,59)	
	2.45,29(33,85)	3.19,32(34,03)	3.53,04(33,72)	4.27,15(34,11)	
	5.01,07(33,92)	5.35,37(34,30)	6.09,44(34,07)	6.43,56(34,12)	
	7.17,91(34,35)	7.52,31(34,40)	8.26,66(34,35)	9.00,85(34,19)	
	9.34,97(34,12)	10.09,42(34,45)	10.43,45(34,03)	11.17,72(34,27)	
	11.51,47(33,75)	12.25,56(34,09)	12.59,62(34,06)	13.33,70(34,08)	
	14.07,88(34,18)	14.42,04(34,16)	15.16,25(34,21)	15.50,84(34,59)	
	16.24,97(34,13)	16.57,97(33,00)			
4	Espen Halhjem	92	Delfana	17.07,55	611
	30,85(30,85)	1.04,36(33,51)	1.38,39(34,03)	2.12,61(34,22)	
	2.46,42(33,81)	3.20,84(34,42)	3.55,57(34,73)	4.30,25(34,68)	
	5.04,71(34,46)	5.39,75(35,04)	6.15,01(35,26)	6.49,48(34,47)	
	7.24,51(35,03)	7.59,10(34,59)	8.33,98(34,88)	9.07,89(33,91)	
	9.42,49(34,60)	10.17,53(35,04)	10.52,28(34,75)	11.26,73(34,45)	
	12.01,30(34,57)	12.35,75(34,45)	13.10,32(34,57)	13.44,81(34,49)	
	14.18,74(33,93)	14.53,18(34,44)	15.27,53(34,35)	16.01,15(33,62)	
	16.34,99(33,84)	17.07,55(32,56)			
5	Peder T. Haagensli	93	Larvik SK	17.20,05	589
	30,67(30,67)	1.04,45(33,78)	1.38,78(34,33)	2.13,36(34,58)	
	2.47,86(34,50)	3.22,43(34,57)	3.56,69(34,26)	4.31,18(34,49)	
	5.05,43(34,25)	5.40,01(34,58)	6.14,63(34,62)	6.49,56(34,93)	
	7.24,37(34,81)	7.59,02(34,65)	8.34,03(35,01)	9.09,42(35,39)	
	9.44,25(34,83)	10.19,23(34,98)	10.54,48(35,25)	11.29,64(35,16)	
	12.04,69(35,05)	12.40,24(35,55)	13.15,25(35,01)	13.50,55(35,30)	
	14.25,90(35,35)	15.00,91(35,01)	15.36,12(35,21)	16.11,25(35,13)	
	16.46,35(35,10)	17.20,05(33,70)			
6	Dan Martin Gudbrandsen	93	Moss SK	17.35,64	563
	30,44(30,44)	1.05,71(35,27)	1.41,84(36,13)	2.17,52(35,68)	
	2.52,37(34,85)	3.28,70(36,33)	4.04,51(35,81)	4.40,65(36,14)	
	5.16,35(35,70)	5.51,57(35,22)	6.27,25(35,68)	7.02,99(35,74)	
	7.38,63(35,64)	8.14,28(35,65)	8.49,61(35,33)	9.24,96(35,35)	
	10.00,75(35,79)	10.36,03(35,28)	11.11,62(35,59)	11.46,56(34,94)	
	12.21,93(35,37)	12.57,74(35,81)	13.33,32(35,58)	14.08,83(35,51)	
	14.44,24(35,41)	15.19,16(34,92)	15.54,54(35,38)	16.29,46(34,92)	
	17.02,95(33,49)	17.35,64(32,69)			
7	Ingvar V. Skirbekk	93	Elverum Svømming	17.40,73	555
	31,24(31,24)	1.05,18(33,94)	1.39,88(34,70)	2.14,70(34,82)	
	2.50,12(35,42)	3.25,42(35,30)	4.00,89(35,47)	4.36,35(35,46)	
	5.12,04(35,69)	5.47,37(35,33)	6.23,08(35,71)	6.57,94(34,86)	
	7.33,40(35,46)	8.09,05(35,65)	8.44,41(35,36)	9.20,09(35,68)	
	9.55,36(35,27)	10.31,06(35,70)	11.06,32(35,26)	11.41,87(35,55)	
	12.17,91(36,04)	12.53,53(35,62)	13.29,49(35,96)	14.05,31(35,82)	
	14.41,71(36,40)	15.17,43(35,72)	15.53,58(36,15)	16.29,97(36,39)	
	17.06,02(36,05)	17.40,73(34,71)			
8	Thorbjørn Birkeland	93	Haugesund SK	17.51,52	538
	30,74(30,74)	1.05,16(34,42)	1.40,39(35,23)	2.15,87(35,48)	
	2.51,37(35,50)	3.26,94(35,57)	4.03,12(36,18)	4.38,54(35,42)	
	5.15,17(36,63)	5.51,04(35,87)	6.26,84(35,80)	7.03,15(36,31)	
	7.39,27(36,12)	8.15,16(35,89)	8.51,41(36,25)	9.27,55(36,14)	
	10.03,68(36,13)	10.40,25(36,57)	11.16,27(36,02)	11.52,45(36,18)	
	12.28,50(36,05)	13.04,45(35,95)	13.40,75(36,30)	14.16,85(36,10)	
	14.52,77(35,92)	15.28,82(36,05)	16.05,35(36,53)	16.41,21(35,86)	
	17.17,04(35,83)	17.51,52(34,48)			
9	Sindre Lilledahl	92	Haugesund SK	17.54,71	534
	31,28(31,28)	1.05,92(34,64)	1.40,91(34,99)	2.16,66(35,75)	
	2.52,09(35,43)	3.28,03(35,94)	4.04,17(36,14)	4.40,45(36,28)	
	5.16,84(36,39)	5.53,25(36,41)	6.29,58(36,33)	7.06,08(36,50)	
	7.42,52(36,44)	8.18,92(36,40)	8.55,18(36,26)	9.31,89(36,71)	
	10.08,25(36,36)	10.44,92(36,67)	11.21,22(36,30)	11.57,39(36,17)	
	12.34,11(36,72)	13.10,34(36,23)	13.46,85(36,51)	14.23,19(36,34)	
	14.58,91(35,72)	15.35,10(36,19)	16.11,60(36,50)	16.47,10(35,50)	
	17.21,74(34,64)	17.54,71(32,97)			
10	Odin Spangen Normann	92	IL Varg	17.58,22	528
	30,11(30,11)	1.03,80(33,69)	1.38,54(34,74)	2.13,84(35,30)	
	2.49,02(35,18)	3.24,34(35,32)	3.59,98(35,64)	4.35,85(35,87)	
	5.11,62(35,77)	5.47,47(35,85)	6.23,71(36,24)	6.59,91(36,20)	
	7.36,24(36,33)	8.12,61(36,37)	8.48,87(36,26)	9.25,22(36,35)	
	10.01,58(36,36)	10.37,85(36,27)	11.14,45(36,60)	11.50,80(36,35)	
	12.27,27(36,47)	13.03,45(36,18)	13.39,97(36,52)	14.16,55(36,58)	
	14.53,13(36,58)	15.29,63(36,50)	16.06,50(36,87)	16.45,25(38,75)	
	17.22,58(37,33)	17.58,22(35,64)			

11	Per Simen Holstad Gandrud	92	Sarpsborg IL	18.09,03	513
	31,25(31,25)	1.06,76(35,51)	1.42,68(35,92)	2.18,26(35,58)	
	2.54,16(35,90)	3.30,28(36,12)	4.06,51(36,23)	4.42,48(35,97)	
	5.18,53(36,05)	5.54,78(36,25)	6.31,11(36,33)	7.07,46(36,35)	
	7.44,23(36,77)	8.20,57(36,34)	8.56,70(36,13)	9.33,07(36,37)	
	10.09,98(36,91)	10.46,38(36,40)	11.23,24(36,86)	12.00,02(36,78)	
	12.36,89(36,87)	13.13,50(36,61)	13.50,49(36,99)	14.27,88(37,39)	
	15.04,97(37,09)	15.42,05(37,08)	16.19,22(37,17)	16.56,67(37,45)	
	17.33,79(37,12)	18.09,03(35,24)			
12	Sven Berg	92	Bergen SLK	18.12,10	508
	32,20(32,20)	1.07,35(35,15)	1.42,90(35,55)	2.18,50(35,60)	
	2.54,51(36,01)	3.30,65(36,14)	4.06,58(35,93)	4.42,93(36,35)	
	5.19,30(36,37)	5.55,53(36,23)	6.31,71(36,18)	7.08,53(36,82)	
	7.45,58(37,05)	8.22,18(36,60)	8.59,00(36,82)	9.35,93(36,93)	
	10.13,16(37,23)	10.50,11(36,95)	11.27,41(37,30)	12.04,96(37,55)	
	12.41,88(36,92)	13.19,43(37,55)	13.56,59(37,16)	14.33,65(37,06)	
	15.10,79(37,14)	15.47,75(36,96)	16.24,48(36,73)	17.00,94(36,46)	
	17.37,27(36,33)	18.12,10(34,83)			
13	Gunnar Evjen	93	Vestbyen IL	18.12,68	508
	32,90(32,90)	1.08,65(35,75)	1.44,45(35,80)	2.20,53(36,08)	
	2.57,05(36,52)	3.33,56(36,51)	4.10,35(36,79)	4.46,58(36,23)	
	5.23,22(36,64)	5.59,58(36,36)	6.36,21(36,63)	7.12,57(36,36)	
	7.49,46(36,89)	8.26,52(37,06)	9.03,21(36,69)	9.40,50(37,29)	
	10.17,06(36,56)	10.54,20(37,14)	11.31,19(36,99)	12.07,92(36,73)	
	12.45,23(37,31)	13.22,38(37,15)	13.59,29(36,91)	14.36,48(37,19)	
	15.13,60(37,12)	15.50,29(36,69)	16.27,15(36,86)	17.03,33(36,18)	
	17.39,05(35,72)	18.12,68(33,63)			
14	Magne Dahlberg	92	Setermoen SK	18.12,89	507
	30,22(30,22)	1.04,20(33,98)	1.39,27(35,07)	2.14,73(35,46)	
	2.50,46(35,73)	3.26,02(35,56)	4.02,30(36,28)	4.38,59(36,29)	
	5.15,06(36,47)	5.50,62(35,56)	6.26,83(36,21)	7.03,26(36,43)	
	7.39,46(36,20)	8.15,55(36,09)	8.51,62(36,07)	9.28,00(36,38)	
	10.04,34(36,34)	10.40,98(36,64)	11.17,49(36,51)	11.54,33(36,84)	
	12.32,20(37,87)	13.09,87(37,67)	13.45,72(35,85)	14.21,97(36,25)	
	14.59,41(37,44)	15.38,74(39,33)	16.17,81(39,07)	16.57,37(39,56)	
	17.36,00(38,63)	18.12,89(36,89)			
15	Joakim I. Larsen	92	Trondheim SLK	18.24,45	492
	31,01(31,01)	1.06,18(35,17)	1.42,63(36,45)	2.19,03(36,40)	
	2.55,90(36,87)	3.32,04(36,14)	4.08,50(36,46)	4.43,84(35,34)	
	5.20,89(37,05)	5.57,84(36,95)	6.35,09(37,25)	7.12,80(37,71)	
	7.49,98(37,18)	8.27,46(37,48)	9.05,06(37,60)	9.42,67(37,61)	
	10.20,33(37,66)	10.58,39(38,06)	11.36,66(38,27)	12.12,41(35,75)	
	12.49,76(37,35)	13.27,78(38,02)	14.05,52(37,74)	14.43,35(37,83)	
	15.20,62(37,27)	15.57,30(36,68)	16.34,84(37,54)	17.12,81(37,97)	
	17.49,42(36,61)	18.24,45(35,03)			

Junior

1	Jørn Nygård	92	Stavanger SC	16.26,06	691
	28,44(28,44)	59,71(31,27)	1.32,09(32,38)	2.04,49(32,40)	
	2.37,28(32,79)	3.10,06(32,78)	3.42,92(32,86)	4.15,44(32,52)	
	4.48,63(33,19)	5.21,91(33,28)	5.54,98(33,07)	6.28,24(33,26)	
	7.01,34(33,10)	7.34,89(33,55)	8.08,22(33,33)	8.41,55(33,33)	
	9.14,90(33,35)	9.48,29(33,39)		10.54,94(1.06,65)	
	11.28,05(33,11)	12.01,40(33,35)	12.34,77(33,37)	13.08,14(33,37)	
	13.41,64(33,50)	14.14,87(33,23)	14.48,20(33,33)	15.21,48(33,28)	
	15.54,46(32,98)	16.26,06(31,60)			
2	Zoltan Csernai	93	Åstveit SK	16.35,48	672
	28,80(28,80)	1.00,64(31,84)	1.33,22(32,58)	2.06,08(32,86)	
	2.38,66(32,58)	3.11,68(33,02)	3.44,92(33,24)	4.17,92(33,00)	
	4.51,10(33,18)	5.24,57(33,47)	5.58,23(33,66)	6.32,14(33,91)	
	7.05,34(33,20)	7.38,69(33,35)	8.12,38(33,69)	8.46,12(33,74)	
	9.19,46(33,34)	9.53,58(34,12)	10.26,95(33,37)	11.00,64(33,69)	
	11.33,97(33,33)	12.07,62(33,65)	12.41,33(33,71)	13.15,22(33,89)	
	13.48,60(33,38)	14.21,71(33,11)	14.55,67(33,96)	15.30,17(34,50)	
	16.03,57(33,40)	16.35,48(31,91)			

3	Øyvind Gevelt	91	Øvre Eiker SK	16.38,86	665
	30,71(30,71)	1.03,56(32,85)	1.36,28(32,72)	2.09,47(33,19)	
	2.42,49(33,02)	3.15,74(33,25)	3.48,89(33,15)	4.21,80(32,91)	
	4.54,90(33,10)	5.28,13(33,23)	6.01,54(33,41)	6.35,10(33,56)	
	7.08,96(33,86)	7.42,94(33,98)	8.16,67(33,73)	8.50,16(33,49)	
	9.23,77(33,61)	9.57,48(33,71)	10.31,37(33,89)	11.05,06(33,69)	
	11.38,60(33,54)	12.12,04(33,44)	12.45,67(33,63)	13.19,39(33,72)	
	13.52,71(33,32)	14.26,39(33,68)	15.00,08(33,69)	15.33,83(33,75)	
	16.07,26(33,43)	16.38,86(31,60)			
4	Christer M. Hagen	91	Fauske SK	16.57,58	629
	31,57(31,57)	1.04,99(33,42)	1.38,58(33,59)	2.12,14(33,56)	
	2.45,87(33,73)	3.19,66(33,79)	3.53,52(33,86)	4.27,37(33,85)	
	5.01,29(33,92)	5.35,61(34,32)	6.09,29(33,68)	6.43,27(33,98)	
	7.17,09(33,82)	7.51,17(34,08)	8.24,96(33,79)	8.59,00(34,04)	
	9.33,02(34,02)	10.07,05(34,03)	10.41,16(34,11)	11.15,49(34,33)	
	11.49,43(33,94)	12.23,42(33,99)	12.57,24(33,82)	13.31,57(34,33)	
	14.06,02(34,45)	14.40,30(34,28)	15.14,95(34,65)	15.49,22(34,27)	
	16.23,09(33,87)	16.57,58(34,49)			
5	Eivind Johannesen	92	Åstveit SK	16.57,97	628
	30,66(30,66)	1.04,29(33,63)	1.37,85(33,56)	2.11,44(33,59)	
	2.45,29(33,85)	3.19,32(34,03)	3.53,04(33,72)	4.27,15(34,11)	
	5.01,07(33,92)	5.35,37(34,30)	6.09,44(34,07)	6.43,56(34,12)	
	7.17,91(34,35)	7.52,31(34,40)	8.26,66(34,35)	9.00,85(34,19)	
	9.34,97(34,12)	10.09,42(34,45)	10.43,45(34,03)	11.17,72(34,27)	
	11.51,47(33,75)	12.25,56(34,09)	12.59,62(34,06)	13.33,70(34,08)	
	14.07,88(34,18)	14.42,04(34,16)	15.16,25(34,21)	15.50,84(34,59)	
	16.24,97(34,13)	16.57,97(33,00)			
6	Espen Halhjem	92	Delfana	17.07,55	611
	30,85(30,85)	1.04,36(33,51)	1.38,39(34,03)	2.12,61(34,22)	
	2.46,42(33,81)	3.20,84(34,42)	3.55,57(34,73)	4.30,25(34,68)	
	5.04,71(34,46)	5.39,75(35,04)	6.15,01(35,26)	6.49,48(34,47)	
	7.24,51(35,03)	7.59,10(34,59)	8.33,98(34,88)	9.07,89(33,91)	
	9.42,49(34,60)	10.17,53(35,04)	10.52,28(34,75)	11.26,73(34,45)	
	12.01,30(34,57)	12.35,75(34,45)	13.10,32(34,57)	13.44,81(34,49)	
	14.18,74(33,93)	14.53,18(34,44)	15.27,53(34,35)	16.01,15(33,62)	
	16.34,99(33,84)	17.07,55(32,56)			
7	Peder T. Haagensli	93	Larvik SK	17.20,05	589
	30,67(30,67)	1.04,45(33,78)	1.38,78(34,33)	2.13,36(34,58)	
	2.47,86(34,50)	3.22,43(34,57)	3.56,69(34,26)	4.31,18(34,49)	
	5.05,43(34,25)	5.40,01(34,58)	6.14,63(34,62)	6.49,56(34,93)	
	7.24,37(34,81)	7.59,02(34,65)	8.34,03(35,01)	9.09,42(35,39)	
	9.44,25(34,83)	10.19,23(34,98)	10.54,48(35,25)	11.29,64(35,16)	
	12.04,69(35,05)	12.40,24(35,55)	13.15,25(35,01)	13.50,55(35,30)	
	14.25,90(35,35)	15.00,91(35,01)	15.36,12(35,21)	16.11,25(35,13)	
	16.46,35(35,10)	17.20,05(33,70)			
8	Adrian A. Skogvold	91	Tverlandet IL	17.28,37	575
	32,13(32,13)	1.06,12(33,99)	1.41,12(35,00)	2.16,24(35,12)	
	2.50,96(34,72)	3.25,65(34,69)	4.00,77(35,12)	4.35,59(34,82)	
	5.10,56(34,97)	5.45,72(35,16)	6.20,39(34,67)	6.55,89(35,50)	
	7.31,47(35,58)	8.06,68(35,21)	8.41,96(35,28)	9.17,37(35,41)	
	9.52,28(34,91)	10.27,58(35,30)	11.02,45(34,87)	11.37,53(35,08)	
	12.12,82(35,29)	12.47,74(34,92)	13.22,70(34,96)	13.57,95(35,25)	
	14.33,21(35,26)	15.09,01(35,80)	15.43,79(34,78)	16.19,22(35,43)	
	16.54,38(35,16)	17.28,37(33,99)			
9	Dan Martin Gudbrandsen	93	Moss SK	17.35,64	563
	30,44(30,44)	1.05,71(35,27)	1.41,84(36,13)	2.17,52(35,68)	
	2.52,37(34,85)	3.28,70(36,33)	4.04,51(35,81)	4.40,65(36,14)	
	5.16,35(35,70)	5.51,57(35,22)	6.27,25(35,68)	7.02,99(35,74)	
	7.38,63(35,64)	8.14,28(35,65)	8.49,61(35,33)	9.24,96(35,35)	
	10.00,75(35,79)	10.36,03(35,28)	11.11,62(35,59)	11.46,56(34,94)	
	12.21,93(35,37)	12.57,74(35,81)	13.33,32(35,58)	14.08,83(35,51)	
	14.44,24(35,41)	15.19,16(34,92)	15.54,54(35,38)	16.29,46(34,92)	
	17.02,95(33,49)	17.35,64(32,69)			
10	Ingvar V. Skirbekk	93	Elverum Svømming	17.40,73	555
	31,24(31,24)	1.05,18(33,94)	1.39,88(34,70)	2.14,70(34,82)	
	2.50,12(35,42)	3.25,42(35,30)	4.00,89(35,47)	4.36,35(35,46)	
	5.12,04(35,69)	5.47,37(35,33)	6.23,08(35,71)	6.57,94(34,86)	
	7.33,40(35,46)	8.09,05(35,65)	8.44,41(35,36)	9.20,09(35,68)	
	9.55,36(35,27)	10.31,06(35,70)	11.06,32(35,26)	11.41,87(35,55)	
	12.17,91(36,04)	12.53,53(35,62)	13.29,49(35,96)	14.05,31(35,82)	
	14.41,71(36,40)	15.17,43(35,72)	15.53,58(36,15)	16.29,97(36,39)	
	17.06,02(36,05)	17.40,73(34,71)			

11	Thorbjørn Birkeland	93	Haugesund SK	17.51,52	538
	30,74(30,74)	1.05,16(34,42)	1.40,39(35,23)	2.15,87(35,48)	
	2.51,37(35,50)	3.26,94(35,57)	4.03,12(36,18)	4.38,54(35,42)	
	5.15,17(36,63)	5.51,04(35,87)	6.26,84(35,80)	7.03,15(36,31)	
	7.39,27(36,12)	8.15,16(35,89)	8.51,41(36,25)	9.27,55(36,14)	
	10.03,68(36,13)	10.40,25(36,57)	11.16,27(36,02)	11.52,45(36,18)	
	12.28,50(36,05)	13.04,45(35,95)	13.40,75(36,30)	14.16,85(36,10)	
	14.52,77(35,92)	15.28,82(36,05)	16.05,35(36,53)	16.41,21(35,86)	
	17.17,04(35,83)	17.51,52(34,48)			
12	Sindre Lilledahl	92	Haugesund SK	17.54,71	534
	31,28(31,28)	1.05,92(34,64)	1.40,91(34,99)	2.16,66(35,75)	
	2.52,09(35,43)	3.28,03(35,94)	4.04,17(36,14)	4.40,45(36,28)	
	5.16,84(36,39)	5.53,25(36,41)	6.29,58(36,33)	7.06,08(36,50)	
	7.42,52(36,44)	8.18,92(36,40)	8.55,18(36,26)	9.31,89(36,71)	
	10.08,25(36,36)	10.44,92(36,67)	11.21,22(36,30)	11.57,39(36,17)	
	12.34,11(36,72)	13.10,34(36,23)	13.46,85(36,51)	14.23,19(36,34)	
	14.58,91(35,72)	15.35,10(36,19)	16.11,60(36,50)	16.47,10(35,50)	
	17.21,74(34,64)	17.54,71(32,97)			
13	Odin Spangen Normann	92	IL Varg	17.58,22	528
	30,11(30,11)	1.03,80(33,69)	1.38,54(34,74)	2.13,84(35,30)	
	2.49,02(35,18)	3.24,34(35,32)	3.59,98(35,64)	4.35,85(35,87)	
	5.11,62(35,77)	5.47,47(35,85)	6.23,71(36,24)	6.59,91(36,20)	
	7.36,24(36,33)	8.12,61(36,37)	8.48,87(36,26)	9.25,22(36,35)	
	10.01,58(36,36)	10.37,85(36,27)	11.14,45(36,60)	11.50,80(36,35)	
	12.27,27(36,47)	13.03,45(36,18)	13.39,97(36,52)	14.16,55(36,58)	
	14.53,13(36,58)	15.29,63(36,50)	16.06,50(36,87)	16.45,25(38,75)	
	17.22,58(37,33)	17.58,22(35,64)			
14	Tor-Arne Hegvik	90	Trondheim SLK	18.02,96	521
	30,89(30,89)	1.04,29(33,40)	1.38,80(34,51)	2.14,28(35,48)	
	2.49,77(35,49)	3.25,58(35,81)	4.02,00(36,42)	4.38,39(36,39)	
	5.14,58(36,19)	5.51,27(36,69)	6.27,84(36,57)	7.04,77(36,93)	
	7.41,10(36,33)	8.17,73(36,63)	8.54,29(36,56)	9.31,38(37,09)	
	10.07,89(36,51)	10.44,53(36,64)	11.20,91(36,38)	11.58,07(37,16)	
	12.34,69(36,62)	13.11,90(37,21)	13.48,56(36,66)	14.25,09(36,53)	
	15.02,82(37,73)	15.39,50(36,68)	16.15,94(36,44)	16.51,82(35,88)	
	17.28,16(36,34)	18.02,96(34,80)			
15	Per Simen Holstad Gandrud	92	Sarpsborg IL	18.09,03	513
	31,25(31,25)	1.06,76(35,51)	1.42,68(35,92)	2.18,26(35,58)	
	2.54,16(35,90)	3.30,28(36,12)	4.06,51(36,23)	4.42,48(35,97)	
	5.18,53(36,05)	5.54,78(36,25)	6.31,11(36,33)	7.07,46(36,35)	
	7.44,23(36,77)	8.20,57(36,34)	8.56,70(36,13)	9.33,07(36,37)	
	10.09,98(36,91)	10.46,38(36,40)	11.23,24(36,86)	12.00,02(36,78)	
	12.36,89(36,87)	13.13,50(36,61)	13.50,49(36,99)	14.27,88(37,39)	
	15.04,97(37,09)	15.42,05(37,08)	16.19,22(37,17)	16.56,67(37,45)	
	17.33,79(37,12)	18.09,03(35,24)			
16	Sven Berg	92	Bergen SLK	18.12,10	508
	32,20(32,20)	1.07,35(35,15)	1.42,90(35,55)	2.18,50(35,60)	
	2.54,51(36,01)	3.30,65(36,14)	4.06,58(35,93)	4.42,93(36,35)	
	5.19,30(36,37)	5.55,53(36,23)	6.31,71(36,18)	7.08,53(36,82)	
	7.45,58(37,05)	8.22,18(36,60)	8.59,00(36,82)	9.35,93(36,93)	
	10.13,16(37,23)	10.50,11(36,95)	11.27,41(37,30)	12.04,96(37,55)	
	12.41,88(36,92)	13.19,43(37,55)	13.56,59(37,16)	14.33,65(37,06)	
	15.10,79(37,14)	15.47,75(36,96)	16.24,48(36,73)	17.00,94(36,46)	
	17.37,27(36,33)	18.12,10(34,83)			
17	Gunnar Evjen	93	Vestbyen IL	18.12,68	508
	32,90(32,90)	1.08,65(35,75)	1.44,45(35,80)	2.20,53(36,08)	
	2.57,05(36,52)	3.33,56(36,51)	4.10,35(36,79)	4.46,58(36,23)	
	5.23,22(36,64)	5.59,58(36,36)	6.36,21(36,63)	7.12,57(36,36)	
	7.49,46(36,89)	8.26,52(37,06)	9.03,21(36,69)	9.40,50(37,29)	
	10.17,06(36,56)	10.54,20(37,14)	11.31,19(36,99)	12.07,92(36,73)	
	12.45,23(37,31)	13.22,38(37,15)	13.59,29(36,91)	14.36,48(37,19)	
	15.13,60(37,12)	15.50,29(36,69)	16.27,15(36,86)	17.03,33(36,18)	
	17.39,05(35,72)	18.12,68(33,63)			
18	Magne Dahlberg	92	Setermoen SK	18.12,89	507
	30,22(30,22)	1.04,20(33,98)	1.39,27(35,07)	2.14,73(35,46)	
	2.50,46(35,73)	3.26,02(35,56)	4.02,30(36,28)	4.38,59(36,29)	
	5.15,06(36,47)	5.50,62(35,56)	6.26,83(36,21)	7.03,26(36,43)	
	7.39,46(36,20)	8.15,55(36,09)	8.51,62(36,07)	9.28,00(36,38)	
	10.04,34(36,34)	10.40,98(36,64)	11.17,49(36,51)	11.54,33(36,84)	
	12.32,20(37,87)	13.09,87(37,67)	13.45,72(35,85)	14.21,97(36,25)	
	14.59,41(37,44)	15.38,74(39,33)	16.17,81(39,07)	16.57,37(39,56)	
	17.36,00(38,63)	18.12,89(36,89)			

19	Joakim I. Larsen	92	Trondheim SLK	18.24,45	492
	31,01(31,01)	1.06,18(35,17)	1.42,63(36,45)	2.19,03(36,40)	
	2.55,90(36,87)	3.32,04(36,14)	4.08,50(36,46)	4.43,84(35,34)	
	5.20,89(37,05)	5.57,84(36,95)	6.35,09(37,25)	7.12,80(37,71)	
	7.49,98(37,18)	8.27,46(37,48)	9.05,06(37,60)	9.42,67(37,61)	
	10.20,33(37,66)	10.58,39(38,06)	11.36,66(38,27)	12.12,41(35,75)	
	12.49,76(37,35)	13.27,78(38,02)	14.05,52(37,74)	14.43,35(37,83)	
	15.20,62(37,27)	15.57,30(36,68)	16.34,84(37,54)	17.12,81(37,97)	
	17.49,42(36,61)	18.24,45(35,03)			

Øvelse 35. 4*100m lag medley, damer - UM

UM

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,74)	4.31,51	675
	Emma Isdahl:	34,78(34,78)	1.10,07(35,29)	1.10,07		
	Stina Kajsa Colleou:	1.44,72(34,65)	2.23,88(39,16)	1.13,81		
	Mina Berggren:	2.55,04(31,16)	3.31,55(36,51)	1.07,67		
	Emilie Hellerud:	4.00,10(28,55)	4.31,51(31,41)	59,96		
2	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	(0,72)	4.40,53	612
	Marie Øverland:	34,94(34,94)	1.13,32(38,38)	1.13,32		
	Benedicte Kausland:	1.48,84(35,52)	2.29,45(40,61)	1.16,13		
	Stine Vindenes:	3.00,48(31,03)	3.37,05(36,57)	1.07,60		
	Juni Rugland:	4.06,98(29,93)	4.40,53(33,55)	1.03,48		
3	Stavanger SC J1 jr.	JR	Stavanger SC	(0,75)	4.48,48	563
	Caroline M. Mork:	37,32(37,32)	1.16,65(39,33)	1.16,65		
	Siren Bergslid:	1.53,15(36,50)				
	Karoline Eriksen:	3.06,83(1.13,68)	3.45,40(38,57)			
	Hege Harestad:	4.15,65(30,25)	4.48,48(32,83)	1.03,08		
4	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(0,67)	4.48,96	560
	Siri Anette Sønju:	33,74(33,74)	1.08,92(35,18)	1.08,92		
	Stine Lise Stenseth:	1.46,03(37,11)	2.30,97(44,94)	1.22,05		
	Ida Johansen:	3.04,20(33,23)	3.47,09(42,89)	1.16,12		
	Inger-Cathrine Wium:	4.16,87(29,78)	4.48,96(32,09)	1.01,87		
5	Bergens SC J1 jr.	JR	Bergens SC	(0,56)	4.49,04	560
	Ragnhild Søfteland:	34,13(34,13)	1.10,19(36,06)	1.10,19		
	Martha Maria Songstad:	1.49,26(39,07)	2.35,55(46,29)	1.25,36		
	Ingse Bergh Monsen:	3.07,28(31,73)	3.45,33(38,05)	1.09,78		
	Eirin Arnesen:	4.15,62(30,29)	4.49,04(33,42)	1.03,71		
6	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	(0,67)	4.53,06	537
	Marthe Helene Haganæs:	36,10(36,10)	1.14,56(38,46)	1.14,56		
	Malin Dahle:	1.52,28(37,72)	2.36,44(44,16)	1.21,88		
	Marie Reinertsen:	3.08,01(31,57)	3.48,72(40,71)	1.12,28		
	Andrea Haugstad:	4.18,96(30,24)	4.53,06(34,10)	1.04,34		
7	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,63)	4.58,16	510
	Malin Milford Johannessen:	36,81(36,81)	1.16,80(39,99)	1.16,80		
	Lene Lykke Erichsen:	1.52,35(35,55)	2.33,45(41,10)	1.16,65		
	Kjersti Dalen:	3.07,99(34,54)	3.49,59(41,60)	1.16,14		
	Ingrid Lovise Bakken:	4.21,41(31,82)	4.58,16(36,75)	1.08,57		
8	Moss SK J1 jr.	JR	Moss SK	(0,83)	5.02,99	486
	Tonje Stæhr Petersen:	37,38(37,38)	1.18,53(41,15)	1.18,53		
	Maria Dahli:	1.56,35(37,82)	2.41,45(45,10)	1.22,92		
	Oda Berg Dypsund:	3.15,76(34,31)	3.56,31(40,55)	1.14,86		
	Cathrine Brevik:	4.27,17(30,86)	5.02,99(35,82)	1.06,68		
9	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	(0,69)	5.04,27	480
	Iselin Mjøllner Dahlen:	34,24(34,24)	1.09,91(35,67)	1.09,91		
	Mischa van der Linden:	1.51,31(41,40)	2.38,69(47,38)	1.28,78		
	Christina Dahl:	3.13,52(34,83)	3.56,66(43,14)	1.17,97		
	Christiane Sandbye:	4.28,43(31,77)	5.04,27(35,84)	1.07,61		
10	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,74)	5.06,03	471
	Ida Arnøy:	36,16(36,16)	1.13,92(37,76)	1.13,92		
	Mette Aas:	1.53,18(39,26)	2.37,89(44,71)	1.23,97		
	Aurora Brandtzæg:	3.14,64(36,75)	3.59,72(45,08)	1.21,83		
	Jeanette Erlandsen:	4.31,55(31,83)	5.06,03(34,48)	1.06,31		
11	SK Speed J1 jr.	JR	SK Speed	(0,62)	5.07,20	466
	Hege Strøm Haukeland:	39,58(39,58)	1.23,62(44,04)	1.23,62		
	Marthe Karlsten:	2.01,20(37,58)	2.44,80(43,60)	1.21,18		
	Idha Toft Valeur:	3.18,00(33,20)	3.58,16(40,16)	1.13,36		
	Linda Gabrielsen:	4.30,04(31,88)	5.07,20(37,16)	1.09,04		

12	Hamar IL J1 jr.	JR	Hamar IL	(0,67)	5.12,66	442
	Pie-Christine Norseng:	37,26(37,26)	1.17,86(40,60)	1.17,86		
	Maren Melvold:	1.59,65(41,79)	2.45,84(46,19)	1.27,98		
	Mari Lystad Karlsen:	3.21,77(35,93)	4.07,60(45,83)	1.21,76		
	Julie Torgersen Nilsen:	4.38,88(31,28)	5.12,66(33,78)	1.05,06		
	Trondheim SLK J1 jr.	JR	Trondheim SLK		DISK	
	Helle Krogstad:					
	Stine Tveit:					
	Christiana Bjørkli:					
	Julie Hegvik:					

Lørdag 24. november 2007 kl 17.00**Øvelse 25. 400m individuell medley, damer - Direkte finale**

UM

1	Siri N. Andersen	92	Haldens SK	5.10,13	669
	33,39(33,39)	1.11,05(37,66)	1.51,60(40,55)	2.30,66(39,06)	
	3.14,89(44,23)	3.59,47(44,58)	4.35,59(36,12)	5.10,13(34,54)	
2	Bitte Fagermo	93	Narvik SK	5.13,85	646
	33,11(33,11)	1.12,64(39,53)	1.55,35(42,71)	2.35,86(40,51)	
	3.17,67(41,81)	4.00,81(43,14)	4.38,45(37,64)	5.13,85(35,40)	
3	Benedicte Kausland	92	Vestkantsvømmerne	5.18,11	620
	35,05(35,05)	1.16,97(41,92)	1.58,90(41,93)	2.39,51(40,61)	
	3.22,25(42,74)	4.06,08(43,83)	4.42,74(36,66)	5.18,11(35,37)	
4	Oona Ovesen	92	Elverum Svømming	5.18,30	619
	33,11(33,11)	1.11,91(38,80)	1.51,59(39,68)	2.31,40(39,81)	
	3.18,41(47,01)	4.05,95(47,54)	4.43,05(37,10)	5.18,30(35,25)	
5	Eva Marie Østerhus	94	Madla SK	5.19,20	614
	35,88(35,88)	1.17,09(41,21)	1.56,69(39,60)	2.35,01(38,32)	
	3.21,80(46,79)	4.09,66(47,86)	4.45,07(35,41)	5.19,20(34,13)	
6	Stina Kajsa Colleou	93	Lambertseter SK	5.22,33	596
	35,25(35,25)	1.16,64(41,39)	1.59,67(43,03)	2.41,51(41,84)	
	3.22,94(41,43)	4.05,55(42,61)	4.44,44(38,89)	5.22,33(37,89)	
7	Ingse Bergh Monsen	92	Bergens SC	5.29,03	560
	34,86(34,86)	1.16,53(41,67)	1.58,34(41,81)	2.39,45(41,11)	
	3.26,77(47,32)	4.15,07(48,30)	4.52,83(37,76)	5.29,03(36,20)	
8	Andrea Haugstad	92	Vestkantsvømmerne	5.30,36	554
	34,94(34,94)	1.16,12(41,18)	1.59,65(43,53)	2.41,75(42,10)	
	3.28,29(46,54)	4.15,80(47,51)	4.53,82(38,02)	5.30,36(36,54)	
9	Elisabeth Kristiansen	92	Haugesund SK	5.32,77	542
	33,68(33,68)	1.15,00(41,32)	1.56,59(41,59)	2.37,32(40,73)	
	3.25,75(48,43)	4.15,24(49,49)	4.55,56(40,32)	5.32,77(37,21)	
10	Stine Lise Stenseth	94	Øvre Eiker SK	5.35,09	530
	35,91(35,91)	1.18,82(42,91)	2.00,69(41,87)	2.42,50(41,81)	
	3.28,66(46,16)	4.17,05(48,39)	4.56,82(39,77)	5.35,09(38,27)	

Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	4.53,58	789
	31,12(31,12)	1.06,59(35,47)	1.44,25(37,66)	2.21,76(37,51)	
	3.02,40(40,64)	3.44,11(41,71)	4.19,16(35,05)	4.53,58(34,42)	
2	Trine Austrøne Olsen	90	Fauske SK	4.57,80	756
	32,94(32,94)	1.09,90(36,96)	1.47,60(37,70)	2.25,72(38,12)	
	3.05,92(40,20)	3.47,91(41,99)	4.23,62(35,71)	4.57,80(34,18)	
3	Line Løvberg	91	Lambertseter SK/NTG	4.59,34	744
	31,47(31,47)	1.07,90(36,43)	1.46,19(38,29)	2.23,23(37,04)	
	3.07,38(44,15)	3.51,74(44,36)	4.26,01(34,27)	4.59,34(33,33)	
4	Siri N. Andersen	92	Haldens SK	5.10,13	669
	33,39(33,39)	1.11,05(37,66)	1.51,60(40,55)	2.30,66(39,06)	
	3.14,89(44,23)	3.59,47(44,58)	4.35,59(36,12)	5.10,13(34,54)	
5	Ine Charlotte Hagen	89	Lørenskog/Rælingen	5.10,57	666
	32,99(32,99)	1.11,42(38,43)	1.52,91(41,49)	2.33,31(40,40)	
	3.13,97(40,66)	3.56,05(42,08)	4.33,74(37,69)	5.10,57(36,83)	
6	Terese Langlo	89	Skjetten Svømming	5.13,57	647
	33,47(33,47)	1.11,63(38,16)	1.51,76(40,13)	2.31,71(39,95)	
	3.16,54(44,83)	4.01,30(44,76)	4.38,17(36,87)	5.13,57(35,40)	
7	Bitte Fagermo	93	Narvik SK	5.13,85	646
	33,11(33,11)	1.12,64(39,53)	1.55,35(42,71)	2.35,86(40,51)	
	3.17,67(41,81)	4.00,81(43,14)	4.38,45(37,64)	5.13,85(35,40)	
8	Victoria T. Solberg	89	Horten/NTG	5.15,24	637
	33,40(33,40)	1.12,54(39,14)	1.52,05(39,51)	2.31,02(38,97)	
	3.16,45(45,43)	4.02,15(45,70)	4.39,17(37,02)	5.15,24(36,07)	
9	Benedicte Kausland	92	Vestkantsvømmerne	5.18,11	620
	35,05(35,05)	1.16,97(41,92)	1.58,90(41,93)	2.39,51(40,61)	
	3.22,25(42,74)	4.06,08(43,83)	4.42,74(36,66)	5.18,11(35,37)	

10	Oona Ovesen	92	Elverum Svømming	5.18,30	619
	33,11(33,11)	1.11,91(38,80)	1.51,59(39,68)	2.31,40(39,81)	
	3.18,41(47,01)	4.05,95(47,54)	4.43,05(37,10)	5.18,30(35,25)	
11	Eva Marie Østerhus	94	Madla SK	5.19,20	614
	35,88(35,88)	1.17,09(41,21)	1.56,69(39,60)	2.35,01(38,32)	
	3.21,80(46,79)	4.09,66(47,86)	4.45,07(35,41)	5.19,20(34,13)	
12	Camilla Borchgrevink	90	Ski SK	5.20,13	608
	33,73(33,73)	1.12,90(39,17)	1.53,91(41,01)	2.34,72(40,81)	
	3.20,39(45,67)	4.06,90(46,51)	4.43,74(36,84)	5.20,13(36,39)	
13	Stina Kajsa Colleou	93	Lambertseter SK	5.22,33	596
	35,25(35,25)	1.16,64(41,39)	1.59,67(43,03)	2.41,51(41,84)	
	3.22,94(41,43)	4.05,55(42,61)	4.44,44(38,89)	5.22,33(37,89)	
14	Ragnhild Smith-Sivertsen	89	Delfana	5.25,16	581
	34,88(34,88)	1.15,06(40,18)	1.57,46(42,40)	2.38,93(41,47)	
	3.24,08(45,15)	4.10,46(46,38)	4.48,06(37,60)	5.25,16(37,10)	
15	Ingse Bergh Monsen	92	Bergens SC	5.29,03	560
	34,86(34,86)	1.16,53(41,67)	1.58,34(41,81)	2.39,45(41,11)	
	3.26,77(47,32)	4.15,07(48,30)	4.52,83(37,76)	5.29,03(36,20)	
16	Andrea Haugstad	92	Vestkantsvømmerne	5.30,36	554
	34,94(34,94)	1.16,12(41,18)	1.59,65(43,53)	2.41,75(42,10)	
	3.28,29(46,54)	4.15,80(47,51)	4.53,82(38,02)	5.30,36(36,54)	
17	Elisabeth Kristiansen	92	Haugesund SK	5.32,77	542
	33,68(33,68)	1.15,00(41,32)	1.56,59(41,59)	2.37,32(40,73)	
	3.25,75(48,43)	4.15,24(49,49)	4.55,56(40,32)	5.32,77(37,21)	
18	Stine Lise Stenseth	94	Øvre Eiker SK	5.35,09	530
	35,91(35,91)	1.18,82(42,91)	2.00,69(41,87)	2.42,50(41,81)	
	3.28,66(46,16)	4.17,05(48,39)	4.56,82(39,77)	5.35,09(38,27)	
	Charlotte Kausland	89	Vestkantsvømmerne	DISK	
	Elisabeth H. Svensson	91	Ski SK	DISK	

Øvelse 26. 4*50m fri, herrer - Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	1.34,15	762	NJR
	Øystein R. Hetland:	23,25(23,25)				
	Christer Koch Kvam:	46,67(23,42)				
	Lars Andre Tolås:	1.10,24(23,57)				
	Stian Werner Erichsen:	1.34,15(23,91)				
2	Mandal SK G1 jr.	JR	Mandal SK	1.34,82	746	
	Per Sondre Sodeland:	24,27(24,27)				
	Alexander B. Havre:	47,59(23,32)				
	Bjørnar Salvesen:	1.11,48(23,89)				
	Bernt M. Seyffarth:	1.34,82(23,34)				
3	Hamar IL G1 jr.	JR	Hamar IL	1.36,49	708	
	Martin Skramstad:	24,32(24,32)				
	Ronnie Anstensen:	48,37(24,05)				
	Jonas Kirkeberg Jostad:	1.12,55(24,18)				
	Ole-Wilhelm Norseng:	1.36,49(23,94)				
4	Bergensv. G1 jr.	JR	Bergensvømmerne	1.36,61	705	
	Marcus Tesdal:	24,13(24,13)				
	Anders Espeland Seljeflot:	47,74(23,61)				
	Even Vike Holm:	1.12,46(24,72)				
	Sindri T. Jakobsson:	1.36,61(24,15)				
5	Team Stavanger G1 jr.	JR	Team Stavanger	1.37,30	690	
	Jørgen Møllerop:	23,89(23,89)				
	Bjarte Ravndal:	47,50(23,61)				
	Ole Martin Ree:	1.11,88(24,38)				
	Erling Mjøs Brattelid:	1.37,30(25,42)				
6	Sandnes SLK G1 jr.	JR	Sandnes SLK	1.38,10	673	
	Rune Skien Grannes:	24,72(24,72)				
	Joar Skien Grannes:	48,33(23,61)				
	Thor Helge Billington:	1.12,77(24,44)				
	Ivar Idsø Flaten:	1.38,10(25,33)				

7	Lambertseter SK G1 jr. Mikael Bergene: Stian Andreas Evja: Alexander Schüssler: Sindre Eilertsen:	JR	Lambertseter SK	1.40,89	619
		24,82(24,82) 50,13(25,31) 1.15,59(25,46) 1.40,89(25,30)			
8	Asker SK G1 jr. Carl Andreas Wathne: Jan Aleksander Bakke: Eirik Standal Thoresen: Kristoffer Skribeland:	JR	Asker SK	1.41,16	614
		25,56(25,56) 50,33(24,77) 1.16,00(25,67) 1.41,16(25,16)			
9	Bærumsv G2 jr. Elias Damman: Tor Hafnor: Vegard Løvberg: Henry Emil Nordhagen:	JR	Bærumsvømmerne	1.41,30	611
		24,89(24,89) 49,76(24,87) 1.15,71(25,95) 1.41,30(25,59)			
10	Løren/Rælingen G1 jr. Tore Skauge Bysting: Martin Åsheim: John Hage Gaarder: Christian B Bergersen:	JR	Lørenskog/Rælingen	1.41,35	610
		26,88(26,88) 51,37(24,49) 1.15,99(24,62) 1.41,35(25,36)			
11	Elverum IL G1 jr. Christian Sunde: Eirik B. Lund: Ingvar V. Skirbekk: Gunnar V. Skirbekk:	JR	Elverum Svømming	1.42,88	584
		24,91(24,91) 50,47(25,56) 1.17,21(26,74) 1.42,88(25,67)			
12	Bergens SC G1 jr. Karsten W. Johannessen: Øivind A. S. Reinertsen: Lavrans Veierø Solli: Sindre Mowatt Gruben:	JR	Bergens SC	1.43,06	581
		25,17(25,17) 50,41(25,24) 1.16,28(25,87) 1.43,06(26,78)			
13	Florø SLK G1 jr. Mathias Sørstrand Æsøy: Kristoffer D. Birkeland: Christoffer Sørstrand Æsøy: Marius Nekkøy Karstad:	JR	Florø SLK	1.43,26	577
		24,78(24,78) 51,56(26,78) 1.16,49(24,93) 1.43,26(26,77)			
14	Bergensv. G2 jr. Martin Steffensen: Sebastian Stordal: Johannes Framnes: Simen Dale:	JR	Bergensvømmerne	1.43,48	574
		25,38(25,38) 51,36(25,98) 1.17,43(26,07) 1.43,48(26,05)			
15	Ås IL G1 jr. Julian Åsheim Mikkelsen: Håvard Langdalen: Lars E. Mehllum: Kristian Solvin:	JR	Ås IL	1.44,22	561
		25,49(25,49) 51,59(26,10) 1.18,97(27,38) 1.44,22(25,25)			
16	Delfana G1 jr. Eirik Runningen: Aleksander Haugstvedt: Espen Halhjem: Øyvind L. Styrmo:	JR	Delfana	1.45,41	543
		26,58(26,58) 52,88(26,30) 1.19,20(26,32) 1.45,41(26,21)			
17	Stavanger SC G1 jr. Henning S. Pryde: Erik Vassøy Olsen: Per Øystein Turøy: Jørn Nygård:	JR	Stavanger SC	1.45,43	542
		26,74(26,74) 53,84(27,10) 1.20,50(26,66) 1.45,43(24,93)			
18	Larvik SK G1 jr. Peder T. Haagensli: Geir T. Kristiansen: Aksel B. Lindhjem: Jørgen Wiik:	JR	Larvik SK	1.45,48	541
		27,27(27,27) 52,70(25,43) 1.18,84(26,14) 1.45,48(26,64)			
19	Eid SK G1 jr. Frank Tore Vereide: Daniel Ommedal: Olav Ommedal: Åsmund Karlsen:	JR	Eid SK	1.46,06	533
		26,24(26,24) 53,34(27,10) 1.20,00(26,66) 1.46,06(26,06)			
20	Vestkantsv. G1 jr. Joachim Jakobsen: Benjamin Marum: Anders S. Jordheim: Markus Vindenes:	JR	Vestkantsvømmerne	1.46,66	524
		26,44(26,44) 52,25(25,81) 1.19,17(26,92) 1.46,66(27,49)			

21	Oslo IL G1 jr.	JR	Oslo IL	1.47,42	513
	Jon Erik Sønning:	27,07(27,07)			
	Stein Osen:	54,21(27,14)			
	Henning Kaland:	1.21,15(26,94)			
	Lars Nymoen:	1.47,42(26,27)			
22	Øvre Eiker SK G1 jr.	JR	Øvre Eiker SK	1.47,68	509
	Frikk Arthur Skibrek:	26,76(26,76)			
	Kai Martin Hansen:	55,50(28,74)			
	Martin Hals:	1.21,09(25,59)			
	Øyvind Gevelt:	1.47,68(26,59)			
23	Gjøvik SK G1 jr.	JR	Gjøvik SK	1.47,87	506
	Bjørn Emil Evensen:	25,77(25,77)			
	Erlend Brekke:	54,91(29,14)			
	Andreas I. Stadheim:	1.21,67(26,76)			
	Magnus Smestad Aamodt:	1.47,87(26,20)			
24	Askimsvømmerne G1 jr.	JR	Askimsvømmerne	1.52,24	449
	Krister Haugen:	25,71(25,71)			
	Jon Robert Skårberg:	53,39(27,68)			
	Håkon Weiberg:	1.22,09(28,70)			
	Morgan Lund:	1.52,24(30,15)			
	IL Varg G1 jr.	JR	IL Varg	DISK	
	Jari K. Mikkelsen:				
	Mattis Saghaug:				
	Daniel Berenett:				
	Jan-Tore Jessen Eikrem:				

Øvelse 27. 200m fri, damer - Finale

Junior

1	Cecilie W. Johannessen	90	Karmøy SK	2.02,12	839
	27,99(27,99)	58,44(30,45)	1.30,05(31,61)	2.02,12(32,07)	
2	Ina Kr. Pedersen	89	Moss SK	2.04,88	785
	28,96(28,96)	1.00,20(31,24)	1.32,41(32,21)	2.04,88(32,47)	
3	Monica Finnøy	88	BS/Bergen SLK	2.05,50	773
	30,11(30,11)	1.01,79(31,68)	1.33,80(32,01)	2.05,50(31,70)	
4	Victoria S. Løken	91	Aalesund SLK	2.06,86	748
	29,64(29,64)	1.01,06(31,42)	1.33,54(32,48)	2.06,86(33,32)	
5	Elise Utne	89	Narvik SK	2.08,36	722
	29,73(29,73)	1.02,05(32,32)	1.35,21(33,16)	2.08,36(33,15)	
6	Elin Slaatmo	92	Hamar IL	2.09,34	706
	30,50(30,50)	1.03,10(32,60)	1.36,92(33,82)	2.09,34(32,42)	

Øvelse 28. 200m butterfly, herrer - Finale

Junior

1	Sindri T. Jakobsson	91	BS/Delfana	2.05,72	718	IJR
	28,28(28,28)	1.00,50(32,22)	1.33,55(33,05)	2.05,72(32,17)		
2	Eirik Ravnan	89	Hamar IL	2.06,51	705	
	28,06(28,06)	1.00,20(32,14)	1.33,43(33,23)	2.06,51(33,08)		
3	Stian S. Langeland	89	Bergens SC	2.09,21	661	
	28,10(28,10)	1.00,24(32,14)	1.33,87(33,63)	2.09,21(35,34)		
4	Sebastian Stordal	91	BS/Delfana	2.11,98	620	
	29,05(29,05)	1.02,11(33,06)	1.36,44(34,33)	2.11,98(35,54)		
5	Stian Andreas Evja	90	Lambertseter SK	2.12,05	620	
	28,98(28,98)	1.01,94(32,96)	1.36,19(34,25)	2.12,05(35,86)		
6	Christian Juvik	93	Stavanger SC	2.14,14	591	
	28,63(28,63)	1.02,94(34,31)	1.37,94(35,00)	2.14,14(36,20)		

Øvelse 29. 100m rygg, damer - Finale**Junior**

1	Ingvild Snildal	88	Asker SK	(0,80)	1.01,32	862	NR
	30,15(30,15)	1.01,32(31,17)					
2	Margrete Nyhus Ulvestad	88	Molde SLK	(0,77)	1.04,44	742	
	31,40(31,40)	1.04,44(33,04)					
3	Heidi Vainio Gjøen	88	Lambertseter SK	(0,66)	1.05,98	692	
	32,22(32,22)	1.05,98(33,76)					
4	Gina B. Andersen	90	Skjetten Svømming/NTG	(0,77)	1.07,53	645	
	33,00(33,00)	1.07,53(34,53)					
5	Vibeke Browne	89	Bærumsvømmerne	(0,65)	1.07,68	641	
	32,70(32,70)	1.07,68(34,98)					
6	Jacqueline Knutsson	93	Kongstensvømmerne	(0,73)	1.08,11	629	
	33,06(33,06)	1.08,11(35,05)					

Øvelse 30. 100m fri, herrer - Finale**Junior**

1	Øystein R. Hetland	89	Bærum/NTG		50,79	792	
	24,55(24,55)	50,79(26,24)					
2	Jørgen Møllerop	88	TS/Madla SK		51,08	779	
	24,80(24,80)	51,08(26,28)					
3	Mats Gøran Høgenhaug	93	Namsos SK		53,28	686	
	25,75(25,75)	53,28(27,53)					
4	Martin Skramstad	89	Hamar IL		53,30	685	
	25,92(25,92)	53,30(27,38)					
5	Lars Andre Tolås	88	Bærumsvømmerne		53,33	684	
	26,14(26,14)	53,33(27,19)					
6	Christer Koch Kvam	90	Bærum/NTG		53,36	683	
	25,89(25,89)	53,36(27,47)					

Øvelse 31. 50m fri, damer - Finale**Junior**

1	Henriette Brekke	88	Vestkantsvømmerne		25,58	857	
2	Cecilie W. Johannessen	90	Karmøy SK		26,21	796	
3	Ina Kr. Pedersen	89	Moss SK		26,77	747	
4	Sofie Gjermestad	89	Asker SK		27,03	726	
5	Victoria S. Løken	91	Aalesund SLK		27,09	721	
6	Line W. Lund	91	Askimsvømmerne		28,01	652	

Funksjonshemmede

1	Anne Ask Rasmussen	89	TS/Madla SK		37,01	283	S9	127,44 %
2	Tonje Immerstein	89	Sandnes SLK		36,31	299	S10	127,67 %
3	Ingvill S. Hilleren	90	Vestkantsvømmerne		46,60	141	S7	138,98 %
4	Ingrid Djupskås	89	Asker SK		42,56	186	S10	149,65 %
	Hanne Farestvedt	93	Åstveit SK		DISK		S14	

Øvelse 32. 100m bryst, herrer - Finale**Junior**

1	Marcus Tesdal	90	BS/Åstveit	1.03,35	785
	29,79(29,79)	1.03,35(33,56)			
2	Robin Palm	88	Sarpsborg IL	1.04,12	757
	30,38(30,38)	1.04,12(33,74)			
3	Sindre Söderlund	91	Trondheim SLK/NTG	1.05,18	721
	31,42(31,42)	1.05,18(33,76)			
4	John Lekhmus	91	Tromsø SK	1.06,04	693
	31,21(31,21)	1.06,04(34,83)			
5	Martin Åsheim	90	Lørenskog/Rælingen	1.06,18	689
	31,43(31,43)	1.06,18(34,75)			
6	Sverre Næss	92	Sarpsborg IL	1.07,39	652
	31,60(31,60)	1.07,39(35,79)			

Øvelse 33. 100m individuell medley, damer - Finale**Junior**

1	Katharina Stiberg	88	Bjerkvik SK	1.02,56	881
	28,53(28,53)	1.02,56(34,03)			
2	Margrete Nyhus Ulvestad	88	Molde SLK	1.06,43	736
	31,49(31,49)	1.06,43(34,94)			
3	Trine Austrøne Olsen	90	Fauske SK	1.06,85	722
	31,42(31,42)	1.06,85(35,43)			
3	Monica W. Johannessen	90	Karmøy SK	1.06,85	722
	30,51(30,51)	1.06,85(36,34)			
5	Amanda Barsten	90	Molde SLK	1.07,76	693
	31,70(31,70)	1.07,76(36,06)			
6	Sophia Broberg Skeltved	92	Tromsø SK	1.08,32	677
	31,53(31,53)	1.08,32(36,79)			

Øvelse 34. 1500m fri, herrer - Direkte finale**UM**

1	Jørn Nygård	92	Stavanger SC	16.26,06	691
	28,44(28,44)	59,71(31,27)	1.32,09(32,38)	2.04,49(32,40)	
	2.37,28(32,79)	3.10,06(32,78)	3.42,92(32,86)	4.15,44(32,52)	
	4.48,63(33,19)	5.21,91(33,28)	5.54,98(33,07)	6.28,24(33,26)	
	7.01,34(33,10)	7.34,89(33,55)	8.08,22(33,33)	8.41,55(33,33)	
	9.14,90(33,35)	9.48,29(33,39)	10.26,95(33,37)	10.54,94(1.06,65)	
	11.28,05(33,11)	12.01,40(33,35)	12.34,77(33,37)	13.08,14(33,37)	
	13.41,64(33,50)	14.14,87(33,23)	14.48,20(33,33)	15.21,48(33,28)	
	15.54,46(32,98)	16.26,06(31,60)			
2	Zoltan Csernai	93	Åstveit SK	16.35,48	672
	28,80(28,80)	1.00,64(31,84)	1.33,22(32,58)	2.06,08(32,86)	
	2.38,66(32,58)	3.11,68(33,02)	3.44,92(33,24)	4.17,92(33,00)	
	4.51,10(33,18)	5.24,57(33,47)	5.58,23(33,66)	6.32,14(33,91)	
	7.05,34(33,20)	7.38,69(33,35)	8.12,38(33,69)	8.46,12(33,74)	
	9.19,46(33,34)	9.53,58(34,12)	10.26,95(33,37)	11.00,64(33,69)	
	11.33,97(33,33)	12.07,62(33,65)	12.41,33(33,71)	13.15,22(33,89)	
	13.48,60(33,38)	14.21,71(33,11)	14.55,67(33,96)	15.30,17(34,50)	
	16.03,57(33,40)	16.35,48(31,91)			
3	Eivind Johannessen	92	Åstveit SK	16.57,97	628
	30,66(30,66)	1.04,29(33,63)	1.37,85(33,56)	2.11,44(33,59)	
	2.45,29(33,85)	3.19,32(34,03)	3.53,04(33,72)	4.27,15(34,11)	
	5.01,07(33,92)	5.35,37(34,30)	6.09,44(34,07)	6.43,56(34,12)	
	7.17,91(34,35)	7.52,31(34,40)	8.26,66(34,35)	9.00,85(34,19)	
	9.34,97(34,12)	10.09,42(34,45)	10.43,45(34,03)	11.17,72(34,27)	
	11.51,47(33,75)	12.25,56(34,09)	12.59,62(34,06)	13.33,70(34,08)	
	14.07,88(34,18)	14.42,04(34,16)	15.16,25(34,21)	15.50,84(34,59)	
	16.24,97(34,13)	16.57,97(33,00)			

4	Espen Halhjem	92	Delfana	17.07,55	611
	30,85(30,85)	1.04,36(33,51)	1.38,39(34,03)	2.12,61(34,22)	
	2.46,42(33,81)	3.20,84(34,42)	3.55,57(34,73)	4.30,25(34,68)	
	5.04,71(34,46)	5.39,75(35,04)	6.15,01(35,26)	6.49,48(34,47)	
	7.24,51(35,03)	7.59,10(34,59)	8.33,98(34,88)	9.07,89(33,91)	
	9.42,49(34,60)	10.17,53(35,04)	10.52,28(34,75)	11.26,73(34,45)	
	12.01,30(34,57)	12.35,75(34,45)	13.10,32(34,57)	13.44,81(34,49)	
	14.18,74(33,93)	14.53,18(34,44)	15.27,53(34,35)	16.01,15(33,62)	
	16.34,99(33,84)	17.07,55(32,56)			
5	Peder T. Haagensli	93	Larvik SK	17.20,05	589
	30,67(30,67)	1.04,45(33,78)	1.38,78(34,33)	2.13,36(34,58)	
	2.47,86(34,50)	3.22,43(34,57)	3.56,69(34,26)	4.31,18(34,49)	
	5.05,43(34,25)	5.40,01(34,58)	6.14,63(34,62)	6.49,56(34,93)	
	7.24,37(34,81)	7.59,02(34,65)	8.34,03(35,01)	9.09,42(35,39)	
	9.44,25(34,83)	10.19,23(34,98)	10.54,48(35,25)	11.29,64(35,16)	
	12.04,69(35,05)	12.40,24(35,55)	13.15,25(35,01)	13.50,55(35,30)	
	14.25,90(35,35)	15.00,91(35,01)	15.36,12(35,21)	16.11,25(35,13)	
	16.46,35(35,10)	17.20,05(33,70)			
6	Dan Martin Gudbrandsen	93	Moss SK	17.35,64	563
	30,44(30,44)	1.05,71(35,27)	1.41,84(36,13)	2.17,52(35,68)	
	2.52,37(34,85)	3.28,70(36,33)	4.04,51(35,81)	4.40,65(36,14)	
	5.16,35(35,70)	5.51,57(35,22)	6.27,25(35,68)	7.02,99(35,74)	
	7.38,63(35,64)	8.14,28(35,65)	8.49,61(35,33)	9.24,96(35,35)	
	10.00,75(35,79)	10.36,03(35,28)	11.11,62(35,59)	11.46,56(34,94)	
	12.21,93(35,37)	12.57,74(35,81)	13.33,32(35,58)	14.08,83(35,51)	
	14.44,24(35,41)	15.19,16(34,92)	15.54,54(35,38)	16.29,46(34,92)	
	17.02,95(33,49)	17.35,64(32,69)			
7	Ingvar V. Skirbekk	93	Elverum Svømming	17.40,73	555
	31,24(31,24)	1.05,18(33,94)	1.39,88(34,70)	2.14,70(34,82)	
	2.50,12(35,42)	3.25,42(35,30)	4.00,89(35,47)	4.36,35(35,46)	
	5.12,04(35,69)	5.47,37(35,33)	6.23,08(35,71)	6.57,94(34,86)	
	7.33,40(35,46)	8.09,05(35,65)	8.44,41(35,36)	9.20,09(35,68)	
	9.55,36(35,27)	10.31,06(35,70)	11.06,32(35,26)	11.41,87(35,55)	
	12.17,91(36,04)	12.53,53(35,62)	13.29,49(35,96)	14.05,31(35,82)	
	14.41,71(36,40)	15.17,43(35,72)	15.53,58(36,15)	16.29,97(36,39)	
	17.06,02(36,05)	17.40,73(34,71)			
8	Thorbjørn Birkeland	93	Haugesund SK	17.51,52	538
	30,74(30,74)	1.05,16(34,42)	1.40,39(35,23)	2.15,87(35,48)	
	2.51,37(35,50)	3.26,94(35,57)	4.03,12(36,18)	4.38,54(35,42)	
	5.15,17(36,63)	5.51,04(35,87)	6.26,84(35,80)	7.03,15(36,31)	
	7.39,27(36,12)	8.15,16(35,89)	8.51,41(36,25)	9.27,55(36,14)	
	10.03,68(36,13)	10.40,25(36,57)	11.16,27(36,02)	11.52,45(36,18)	
	12.28,50(36,05)	13.04,45(35,95)	13.40,75(36,30)	14.16,85(36,10)	
	14.52,77(35,92)	15.28,82(36,05)	16.05,35(36,53)	16.41,21(35,86)	
	17.17,04(35,83)	17.51,52(34,48)			
9	Sindre Lilledahl	92	Haugesund SK	17.54,71	534
	31,28(31,28)	1.05,92(34,64)	1.40,91(34,99)	2.16,66(35,75)	
	2.52,09(35,43)	3.28,03(35,94)	4.04,17(36,14)	4.40,45(36,28)	
	5.16,84(36,39)	5.53,25(36,41)	6.29,58(36,33)	7.06,08(36,50)	
	7.42,52(36,44)	8.18,92(36,40)	8.55,18(36,26)	9.31,89(36,71)	
	10.08,25(36,36)	10.44,92(36,67)	11.21,22(36,30)	11.57,39(36,17)	
	12.34,11(36,72)	13.10,34(36,23)	13.46,85(36,51)	14.23,19(36,34)	
	14.58,91(35,72)	15.35,10(36,19)	16.11,60(36,50)	16.47,10(35,50)	
	17.21,74(34,64)	17.54,71(32,97)			
10	Odin Spangen Normann	92	IL Varg	17.58,22	528
	30,11(30,11)	1.03,80(33,69)	1.38,54(34,74)	2.13,84(35,30)	
	2.49,02(35,18)	3.24,34(35,32)	3.59,98(35,64)	4.35,85(35,87)	
	5.11,62(35,77)	5.47,47(35,85)	6.23,71(36,24)	6.59,91(36,20)	
	7.36,24(36,33)	8.12,61(36,37)	8.48,87(36,26)	9.25,22(36,35)	
	10.01,58(36,36)	10.37,85(36,27)	11.14,45(36,60)	11.50,80(36,35)	
	12.27,27(36,47)	13.03,45(36,18)	13.39,97(36,52)	14.16,55(36,58)	
	14.53,13(36,58)	15.29,63(36,50)	16.06,50(36,87)	16.45,25(38,75)	
	17.22,58(37,33)	17.58,22(35,64)			
11	Per Simen Holstad Gandrud	92	Sarpsborg IL	18.09,03	513
	31,25(31,25)	1.06,76(35,51)	1.42,68(35,92)	2.18,26(35,58)	
	2.54,16(35,90)	3.30,28(36,12)	4.06,51(36,23)	4.42,48(35,97)	
	5.18,53(36,05)	5.54,78(36,25)	6.31,11(36,33)	7.07,46(36,35)	
	7.44,23(36,77)	8.20,57(36,34)	8.56,70(36,13)	9.33,07(36,37)	
	10.09,98(36,91)	10.46,38(36,40)	11.23,24(36,86)	12.00,02(36,78)	
	12.36,89(36,87)	13.13,50(36,61)	13.50,49(36,99)	14.27,88(37,39)	
	15.04,97(37,09)	15.42,05(37,08)	16.19,22(37,17)	16.56,67(37,45)	
	17.33,79(37,12)	18.09,03(35,24)			

12	Sven Berg	92	Bergen SLK	18.12,10	508
	32.20(32,20)	1.07,35(35,15)	1.42,90(35,55)	2.18,50(35,60)	
	2.54,51(36,01)	3.30,65(36,14)	4.06,58(35,93)	4.42,93(36,35)	
	5.19,30(36,37)	5.55,53(36,23)	6.31,71(36,18)	7.08,53(36,82)	
	7.45,58(37,05)	8.22,18(36,60)	8.59,00(36,82)	9.35,93(36,93)	
	10.13,16(37,23)	10.50,11(36,95)	11.27,41(37,30)	12.04,96(37,55)	
	12.41,88(36,92)	13.19,43(37,55)	13.56,59(37,16)	14.33,65(37,06)	
	15.10,79(37,14)	15.47,75(36,96)	16.24,48(36,73)	17.00,94(36,46)	
	17.37,27(36,33)	18.12,10(34,83)			
13	Gunnar Evjen	93	Vestbyen IL	18.12,68	508
	32,90(32,90)	1.08,65(35,75)	1.44,45(35,80)	2.20,53(36,08)	
	2.57,05(36,52)	3.33,56(36,51)	4.10,35(36,79)	4.46,58(36,23)	
	5.23,22(36,64)	5.59,58(36,36)	6.36,21(36,63)	7.12,57(36,36)	
	7.49,46(36,89)	8.26,52(37,06)	9.03,21(36,69)	9.40,50(37,29)	
	10.17,06(36,56)	10.54,20(37,14)	11.31,19(36,99)	12.07,92(36,73)	
	12.45,23(37,31)	13.22,38(37,15)	13.59,29(36,91)	14.36,48(37,19)	
	15.13,60(37,12)	15.50,29(36,69)	16.27,15(36,86)	17.03,33(36,18)	
	17.39,05(35,72)	18.12,68(33,63)			
14	Magne Dahlberg	92	Setermoen SK	18.12,89	507
	30,22(30,22)	1.04,20(33,98)	1.39,27(35,07)	2.14,73(35,46)	
	2.50,46(35,73)	3.26,02(35,56)	4.02,30(36,28)	4.38,59(36,29)	
	5.15,06(36,47)	5.50,62(35,56)	6.26,83(36,21)	7.03,26(36,43)	
	7.39,46(36,20)	8.15,55(36,09)	8.51,62(36,07)	9.28,00(36,38)	
	10.04,34(36,34)	10.40,98(36,64)	11.17,49(36,51)	11.54,33(36,84)	
	12.32,20(37,87)	13.09,87(37,67)	13.45,72(35,85)	14.21,97(36,25)	
	14.59,41(37,44)	15.38,74(39,33)	16.17,81(39,07)	16.57,37(39,56)	
	17.36,00(38,63)	18.12,89(36,89)			
15	Joakim I. Larsen	92	Trondheim SLK	18.24,45	492
	31,01(31,01)	1.06,18(35,17)	1.42,63(36,45)	2.19,03(36,40)	
	2.55,90(36,87)	3.32,04(36,14)	4.08,50(36,46)	4.43,84(35,34)	
	5.20,89(37,05)	5.57,84(36,95)	6.35,09(37,25)	7.12,80(37,71)	
	7.49,98(37,18)	8.27,46(37,48)	9.05,06(37,60)	9.42,67(37,61)	
	10.20,33(37,66)	10.58,39(38,06)	11.36,66(38,27)	12.12,41(35,75)	
	12.49,76(37,35)	13.27,78(38,02)	14.05,52(37,74)	14.43,35(37,83)	
	15.20,62(37,27)	15.57,30(36,68)	16.34,84(37,54)	17.12,81(37,97)	
	17.49,42(36,61)	18.24,45(35,03)			

Junior

1	Ronnie Anstensen	88	Hamar IL	16.02,39	743
	29,40(29,40)	1.00,38(30,98)	1.32,10(31,72)	2.03,98(31,88)	
	2.36,18(32,20)	3.08,25(32,07)	3.40,74(32,49)	4.12,98(32,24)	
	4.45,14(32,16)	5.17,73(32,59)	5.50,16(32,43)	6.22,43(32,27)	
	6.54,91(32,48)	7.27,35(32,44)	8.00,00(32,65)	8.32,68(32,68)	
	9.05,26(32,58)	9.37,75(32,49)	10.10,28(32,53)	10.42,66(32,38)	
	11.15,14(32,48)	11.47,74(32,60)	12.20,24(32,50)	12.52,72(32,48)	
	13.24,68(31,96)	13.56,54(31,86)	14.28,49(31,95)	15.00,73(32,24)	
	15.32,47(31,74)	16.02,39(29,92)			
2	Sindre Nilo	90	Sandefjord SK/NTG	16.07,93	731
	29,00(29,00)	1.00,31(31,31)	1.31,97(31,66)	2.03,95(31,98)	
	2.36,10(32,15)	3.08,15(32,05)	3.40,39(32,24)	4.12,53(32,14)	
	4.44,73(32,20)	5.17,34(32,61)	5.49,44(32,10)	6.21,71(32,27)	
	6.54,32(32,61)	7.26,85(32,53)	7.59,57(32,72)	8.32,26(32,69)	
	9.04,84(32,58)	9.37,53(32,69)	10.10,12(32,59)	10.42,80(32,68)	
	11.15,17(32,37)	11.47,69(32,52)	12.20,45(32,76)	12.52,98(32,53)	
	13.25,24(32,26)	13.57,55(32,31)	14.30,32(32,77)	15.03,06(32,74)	
	15.36,30(33,24)	16.07,93(31,63)			
3	Daniel Berenett	91	IL Varg/NTG	16.15,60	713
	29,65(29,65)	1.01,09(31,44)	1.32,96(31,87)	2.05,42(32,46)	
	2.37,70(32,28)	3.10,69(32,99)	3.43,00(32,31)	4.15,38(32,38)	
	4.48,06(32,68)	5.20,82(32,76)	5.53,48(32,66)	6.25,99(32,51)	
	6.58,62(32,63)	7.31,55(32,93)	8.04,51(32,96)	8.37,33(32,82)	
	9.09,76(32,43)	9.42,46(32,70)	10.15,46(33,00)	10.48,54(33,08)	
	11.21,94(33,40)	11.54,78(32,84)	12.27,46(32,68)	13.00,71(33,25)	
	13.33,29(32,58)	14.05,95(32,66)	14.38,65(32,70)	15.11,84(33,19)	
	15.44,28(32,44)	16.15,60(31,32)			

4	Jørn Nygård	92	Stavanger SC	16.26,06	691
	28,44(28,44)	59,71(31,27)	1.32,09(32,38)	2.04,49(32,40)	
	2.37,28(32,79)	3.10,06(32,78)	3.42,92(32,86)	4.15,44(32,52)	
	4.48,63(33,19)	5.21,91(33,28)	5.54,98(33,07)	6.28,24(33,26)	
	7.01,34(33,10)	7.34,89(33,55)	8.08,22(33,33)	8.41,55(33,33)	
	9.14,90(33,35)	9.48,29(33,39)		10.54,94(1.06,65)	
	11.28,05(33,11)	12.01,40(33,35)	12.34,77(33,37)	13.08,14(33,37)	
	13.41,64(33,50)	14.14,87(33,23)	14.48,20(33,33)	15.21,48(33,28)	
	15.54,46(32,98)	16.26,06(31,60)			
5	Elias Damman	89	Bærum/NTG	16.28,15	687
	29,62(29,62)	1.01,38(31,76)	1.33,91(32,53)	2.06,19(32,28)	
	2.38,73(32,54)	3.11,41(32,68)	3.44,20(32,79)	4.17,23(33,03)	
	4.50,27(33,04)	5.23,28(33,01)	5.56,23(32,95)	6.29,38(33,15)	
	7.02,52(33,14)	7.35,66(33,14)	8.09,15(33,49)	8.42,41(33,26)	
	9.15,65(33,24)	9.48,86(33,21)	10.22,03(33,17)	10.55,11(33,08)	
	11.28,17(33,06)	12.01,46(33,29)	12.34,67(33,21)	13.07,47(32,80)	
	13.41,06(33,59)	14.14,74(33,68)	14.48,35(33,61)	15.22,10(33,75)	
	15.56,18(34,08)	16.28,15(31,97)			
6	Zoltan Csernai	93	Åstveit SK	16.35,48	672
	28,80(28,80)	1.00,64(31,84)	1.33,22(32,58)	2.06,08(32,86)	
	2.38,66(32,58)	3.11,68(33,02)	3.44,92(33,24)	4.17,92(33,00)	
	4.51,10(33,18)	5.24,57(33,47)	5.58,23(33,66)	6.32,14(33,91)	
	7.05,34(33,20)	7.38,69(33,35)	8.12,38(33,69)	8.46,12(33,74)	
	9.19,46(33,34)	9.53,58(34,12)	10.26,95(33,37)	11.00,64(33,69)	
	11.33,97(33,33)	12.07,62(33,65)	12.41,33(33,71)	13.15,22(33,89)	
	13.48,60(33,38)	14.21,71(33,11)	14.55,67(33,96)	15.30,17(34,50)	
	16.03,57(33,40)	16.35,48(31,91)			
7	Øyvind Gevelt	91	Øvre Eiker SK	16.38,86	665
	30,71(30,71)	1.03,56(32,85)	1.36,28(32,72)	2.09,47(33,19)	
	2.42,49(33,02)	3.15,74(33,25)	3.48,89(33,15)	4.21,80(32,91)	
	4.54,90(33,10)	5.28,13(33,23)	6.01,54(33,41)	6.35,10(33,56)	
	7.08,96(33,86)	7.42,94(33,98)	8.16,67(33,73)	8.50,16(33,49)	
	9.23,77(33,61)	9.57,48(33,71)	10.31,37(33,89)	11.05,06(33,69)	
	11.38,60(33,54)	12.12,04(33,44)	12.45,67(33,63)	13.19,39(33,72)	
	13.52,71(33,32)	14.26,39(33,68)	15.00,08(33,69)	15.33,83(33,75)	
	16.07,26(33,43)	16.38,86(31,60)			
8	Christian Thorsen	91	Lambertseter SK	16.43,26	656
	30,30(30,30)	1.03,35(33,05)	1.36,29(32,94)	2.09,10(32,81)	
	2.42,08(32,98)	3.15,16(33,08)	3.48,34(33,18)	4.21,56(33,22)	
	4.54,66(33,10)	5.27,84(33,18)	6.01,31(33,47)	6.34,61(33,30)	
	7.08,23(33,62)	7.41,85(33,62)	8.15,53(33,68)	8.49,21(33,68)	
	9.23,07(33,86)	9.56,90(33,83)	10.30,71(33,81)	11.04,69(33,98)	
	11.38,51(33,82)	12.12,56(34,05)	12.46,62(34,06)	13.20,81(34,19)	
	13.55,15(34,34)	14.29,07(33,92)	15.03,04(33,97)	15.36,58(33,54)	
	16.10,54(33,96)	16.43,26(32,72)			
9	Christer M. Hagen	91	Fauske SK	16.57,58	629
	31,57(31,57)	1.04,99(33,42)	1.38,58(33,59)	2.12,14(33,56)	
	2.45,87(33,73)	3.19,66(33,79)	3.53,52(33,86)	4.27,37(33,85)	
	5.01,29(33,92)	5.35,61(34,32)	6.09,29(33,68)	6.43,27(33,98)	
	7.17,09(33,82)	7.51,17(34,08)	8.24,96(33,79)	8.59,00(34,04)	
	9.33,02(34,02)	10.07,05(34,03)	10.41,16(34,11)	11.15,49(34,33)	
	11.49,43(33,94)	12.23,42(33,99)	12.57,24(33,82)	13.31,57(34,33)	
	14.06,02(34,45)	14.40,30(34,28)	15.14,95(34,65)	15.49,22(34,27)	
	16.23,09(33,87)	16.57,58(34,49)			
10	Eivind Johannesen	92	Åstveit SK	16.57,97	628
	30,66(30,66)	1.04,29(33,63)	1.37,85(33,56)	2.11,44(33,59)	
	2.45,29(33,85)	3.19,32(34,03)	3.53,04(33,72)	4.27,15(34,11)	
	5.01,07(33,92)	5.35,37(34,30)	6.09,44(34,07)	6.43,56(34,12)	
	7.17,91(34,35)	7.52,31(34,40)	8.26,66(34,35)	9.00,85(34,19)	
	9.34,97(34,12)	10.09,42(34,45)	10.43,45(34,03)	11.17,72(34,27)	
	11.51,47(33,75)	12.25,56(34,09)	12.59,62(34,06)	13.33,70(34,08)	
	14.07,88(34,18)	14.42,04(34,16)	15.16,25(34,21)	15.50,84(34,59)	
	16.24,97(34,13)	16.57,97(33,00)			
11	Espen Halhjem	92	Delfana	17.07,55	611
	30,85(30,85)	1.04,36(33,51)	1.38,39(34,03)	2.12,61(34,22)	
	2.46,42(33,81)	3.20,84(34,42)	3.55,57(34,73)	4.30,25(34,68)	
	5.04,71(34,46)	5.39,75(35,04)	6.15,01(35,26)	6.49,48(34,47)	
	7.24,51(35,03)	7.59,10(34,59)	8.33,98(34,88)	9.07,89(33,91)	
	9.42,49(34,60)	10.17,53(35,04)	10.52,28(34,75)	11.26,73(34,45)	
	12.01,30(34,57)	12.35,75(34,45)	13.10,32(34,57)	13.44,81(34,49)	
	14.18,74(33,93)	14.53,18(34,44)	15.27,53(34,35)	16.01,15(33,62)	
	16.34,99(33,84)	17.07,55(32,56)			

12	Peder T. Haagensli	93	Larvik SK	17.20,05	589
	30,67(30,67)	1.04,45(33,78)	1.38,78(34,33)	2.13,36(34,58)	
	2.47,86(34,50)	3.22,43(34,57)	3.56,69(34,26)	4.31,18(34,49)	
	5.05,43(34,25)	5.40,01(34,58)	6.14,63(34,62)	6.49,56(34,93)	
	7.24,37(34,81)	7.59,02(34,65)	8.34,03(35,01)	9.09,42(35,39)	
	9.44,25(34,83)	10.19,23(34,98)	10.54,48(35,25)	11.29,64(35,16)	
	12.04,69(35,05)	12.40,24(35,55)	13.15,25(35,01)	13.50,55(35,30)	
	14.25,90(35,35)	15.00,91(35,01)	15.36,12(35,21)	16.11,25(35,13)	
	16.46,35(35,10)	17.20,05(33,70)			
13	Adrian A. Skogvold	91	Tverlandet IL	17.28,37	575
	32,13(32,13)	1.06,12(33,99)	1.41,12(35,00)	2.16,24(35,12)	
	2.50,96(34,72)	3.25,65(34,69)	4.00,77(35,12)	4.35,59(34,82)	
	5.10,56(34,97)	5.45,72(35,16)	6.20,39(34,67)	6.55,89(35,50)	
	7.31,47(35,58)	8.06,68(35,21)	8.41,96(35,28)	9.17,37(35,41)	
	9.52,28(34,91)	10.27,58(35,30)	11.02,45(34,87)	11.37,53(35,08)	
	12.12,82(35,29)	12.47,74(34,92)	13.22,70(34,96)	13.57,95(35,25)	
	14.33,21(35,26)	15.09,01(35,80)	15.43,79(34,78)	16.19,22(35,43)	
	16.54,38(35,16)	17.28,37(33,99)			
14	Dan Martin Gudbrandsen	93	Moss SK	17.35,64	563
	30,44(30,44)	1.05,71(35,27)	1.41,84(36,13)	2.17,52(35,68)	
	2.52,37(34,85)	3.28,70(36,33)	4.04,51(35,81)	4.40,65(36,14)	
	5.16,35(35,70)	5.51,57(35,22)	6.27,25(35,68)	7.02,99(35,74)	
	7.38,63(35,64)	8.14,28(35,65)	8.49,61(35,33)	9.24,96(35,35)	
	10.00,75(35,79)	10.36,03(35,28)	11.11,62(35,59)	11.46,56(34,94)	
	12.21,93(35,37)	12.57,74(35,81)	13.33,32(35,58)	14.08,83(35,51)	
	14.44,24(35,41)	15.19,16(34,92)	15.54,54(35,38)	16.29,46(34,92)	
	17.02,95(33,49)	17.35,64(32,69)			
15	Ingvar V. Skirbekk	93	Elverum Svømming	17.40,73	555
	31,24(31,24)	1.05,18(33,94)	1.39,88(34,70)	2.14,70(34,82)	
	2.50,12(35,42)	3.25,42(35,30)	4.00,89(35,47)	4.36,35(35,46)	
	5.12,04(35,69)	5.47,37(35,33)	6.23,08(35,71)	6.57,94(34,86)	
	7.33,40(35,46)	8.09,05(35,65)	8.44,41(35,36)	9.20,09(35,68)	
	9.55,36(35,27)	10.31,06(35,70)	11.06,32(35,26)	11.41,87(35,55)	
	12.17,91(36,04)	12.53,53(35,62)	13.29,49(35,96)	14.05,31(35,82)	
	14.41,71(36,40)	15.17,43(35,72)	15.53,58(36,15)	16.29,97(36,39)	
	17.06,02(36,05)	17.40,73(34,71)			
16	Espen Urdahl	89	Bærumsvømmerne	17.41,43	554
	32,22(32,22)	1.06,75(34,53)	1.41,44(34,69)	2.16,14(34,70)	
	2.51,28(35,14)	3.26,19(34,91)	4.01,33(35,14)	4.36,50(35,17)	
	5.11,69(35,19)	5.47,07(35,38)	6.22,59(35,52)	6.57,97(35,38)	
	7.33,45(35,48)	8.09,16(35,71)	8.44,91(35,75)	9.20,39(35,48)	
	9.56,61(36,22)	10.31,96(35,35)	11.07,35(35,39)	11.43,38(36,03)	
	12.19,51(36,13)	12.55,16(35,65)	13.31,29(36,13)	14.07,03(35,74)	
	14.42,99(35,96)	15.18,83(35,84)	15.54,88(36,05)	16.30,68(35,80)	
	17.06,34(35,66)	17.41,43(35,09)			
17	Thorbjørn Birkeland	93	Haugesund SK	17.51,52	538
	30,74(30,74)	1.05,16(34,42)	1.40,39(35,23)	2.15,87(35,48)	
	2.51,37(35,50)	3.26,94(35,57)	4.03,12(36,18)	4.38,54(35,42)	
	5.15,17(36,63)	5.51,04(35,87)	6.26,84(35,80)	7.03,15(36,31)	
	7.39,27(36,12)	8.15,16(35,89)	8.51,41(36,25)	9.27,55(36,14)	
	10.03,68(36,13)	10.40,25(36,57)	11.16,27(36,02)	11.52,45(36,18)	
	12.28,50(36,05)	13.04,45(35,95)	13.40,75(36,30)	14.16,85(36,10)	
	14.52,77(35,92)	15.28,82(36,05)	16.05,35(36,53)	16.41,21(35,86)	
	17.17,04(35,83)	17.51,52(34,48)			
18	Sindre Lilledahl	92	Haugesund SK	17.54,71	534
	31,28(31,28)	1.05,92(34,64)	1.40,91(34,99)	2.16,66(35,75)	
	2.52,09(35,43)	3.28,03(35,94)	4.04,17(36,14)	4.40,45(36,28)	
	5.16,84(36,39)	5.53,25(36,41)	6.29,58(36,33)	7.06,08(36,50)	
	7.42,52(36,44)	8.18,92(36,40)	8.55,18(36,26)	9.31,89(36,71)	
	10.08,25(36,36)	10.44,92(36,67)	11.21,22(36,30)	11.57,39(36,17)	
	12.34,11(36,72)	13.10,34(36,23)	13.46,85(36,51)	14.23,19(36,34)	
	14.58,91(35,72)	15.35,10(36,19)	16.11,60(36,50)	16.47,10(35,50)	
	17.21,74(34,64)	17.54,71(32,97)			
19	Odin Spangen Normann	92	IL Varg	17.58,22	528
	30,11(30,11)	1.03,80(33,69)	1.38,54(34,74)	2.13,84(35,30)	
	2.49,02(35,18)	3.24,34(35,32)	3.59,98(35,64)	4.35,85(35,87)	
	5.11,62(35,77)	5.47,47(35,85)	6.23,71(36,24)	6.59,91(36,20)	
	7.36,24(36,33)	8.12,61(36,37)	8.48,87(36,26)	9.25,22(36,35)	
	10.01,58(36,36)	10.37,85(36,27)	11.14,45(36,60)	11.50,80(36,35)	
	12.27,27(36,47)	13.03,45(36,18)	13.39,97(36,52)	14.16,55(36,58)	
	14.53,13(36,58)	15.29,63(36,50)	16.06,50(36,87)	16.45,25(38,75)	
	17.22,58(37,33)	17.58,22(35,64)			

20	Tor-Arne Hegvik	90	Trondheim SLK	18.02,96	521
	30,89(30,89)	1.04,29(33,40)	1.38,80(34,51)	2.14,28(35,48)	
	2.49,77(35,49)	3.25,58(35,81)	4.02,00(36,42)	4.38,39(36,39)	
	5.14,58(36,19)	5.51,27(36,69)	6.27,84(36,57)	7.04,77(36,93)	
	7.41,10(36,33)	8.17,73(36,63)	8.54,29(36,56)	9.31,38(37,09)	
	10.07,89(36,51)	10.44,53(36,64)	11.20,91(36,38)	11.58,07(37,16)	
	12.34,69(36,62)	13.11,90(37,21)	13.48,56(36,66)	14.25,09(36,53)	
	15.02,82(37,73)	15.39,50(36,68)	16.15,94(36,44)	16.51,82(35,88)	
	17.28,16(36,34)	18.02,96(34,80)			
21	Per Simen Holstad Gandrud	92	Sarpsborg IL	18.09,03	513
	31,25(31,25)	1.06,76(35,51)	1.42,68(35,92)	2.18,26(35,58)	
	2.54,16(35,90)	3.30,28(36,12)	4.06,51(36,23)	4.42,48(35,97)	
	5.18,53(36,05)	5.54,78(36,25)	6.31,11(36,33)	7.07,46(36,35)	
	7.44,23(36,77)	8.20,57(36,34)	8.56,70(36,13)	9.33,07(36,37)	
	10.09,98(36,91)	10.46,38(36,40)	11.23,24(36,86)	12.00,02(36,78)	
	12.36,89(36,87)	13.13,50(36,61)	13.50,49(36,99)	14.27,88(37,39)	
	15.04,97(37,09)	15.42,05(37,08)	16.19,22(37,17)	16.56,67(37,45)	
	17.33,79(37,12)	18.09,03(35,24)			
22	Sven Berg	92	Bergen SLK	18.12,10	508
	32,20(32,20)	1.07,35(35,15)	1.42,90(35,55)	2.18,50(35,60)	
	2.54,51(36,01)	3.30,65(36,14)	4.06,58(35,93)	4.42,93(36,35)	
	5.19,30(36,37)	5.55,53(36,23)	6.31,71(36,18)	7.08,53(36,82)	
	7.45,58(37,05)	8.22,18(36,60)	8.59,00(36,82)	9.35,93(36,93)	
	10.13,16(37,23)	10.50,11(36,95)	11.27,41(37,30)	12.04,96(37,55)	
	12.41,88(36,92)	13.19,43(37,55)	13.56,59(37,16)	14.33,65(37,06)	
	15.10,79(37,14)	15.47,75(36,96)	16.24,48(36,73)	17.00,94(36,46)	
	17.37,27(36,33)	18.12,10(34,83)			
23	Gunnar Evjen	93	Vestbyen IL	18.12,68	508
	32,90(32,90)	1.08,65(35,75)	1.44,45(35,80)	2.20,53(36,08)	
	2.57,05(36,52)	3.33,56(36,51)	4.10,35(36,79)	4.46,58(36,23)	
	5.23,22(36,64)	5.59,58(36,36)	6.36,21(36,63)	7.12,57(36,36)	
	7.49,46(36,89)	8.26,52(37,06)	9.03,21(36,69)	9.40,50(37,29)	
	10.17,06(36,56)	10.54,20(37,14)	11.31,19(36,99)	12.07,92(36,73)	
	12.45,23(37,31)	13.22,38(37,15)	13.59,29(36,91)	14.36,48(37,19)	
	15.13,60(37,12)	15.50,29(36,69)	16.27,15(36,86)	17.03,33(36,18)	
	17.39,05(35,72)	18.12,68(33,63)			
24	Magne Dahlberg	92	Setermoen SK	18.12,89	507
	30,22(30,22)	1.04,20(33,98)	1.39,27(35,07)	2.14,73(35,46)	
	2.50,46(35,73)	3.26,02(35,56)	4.02,30(36,28)	4.38,59(36,29)	
	5.15,06(36,47)	5.50,62(35,56)	6.26,83(36,21)	7.03,26(36,43)	
	7.39,46(36,20)	8.15,55(36,09)	8.51,62(36,07)	9.28,00(36,38)	
	10.04,34(36,34)	10.40,98(36,64)	11.17,49(36,51)	11.54,33(36,84)	
	12.32,20(37,87)	13.09,87(37,67)	13.45,72(35,85)	14.21,97(36,25)	
	14.59,41(37,44)	15.38,74(39,33)	16.17,81(39,07)	16.57,37(39,56)	
	17.36,00(38,63)	18.12,89(36,89)			
25	Joakim I. Larsen	92	Trondheim SLK	18.24,45	492
	31,01(31,01)	1.06,18(35,17)	1.42,63(36,45)	2.19,03(36,40)	
	2.55,90(36,87)	3.32,04(36,14)	4.08,50(36,46)	4.43,84(35,34)	
	5.20,89(37,05)	5.57,84(36,95)	6.35,09(37,25)	7.12,80(37,71)	
	7.49,98(37,18)	8.27,46(37,48)	9.05,06(37,60)	9.42,67(37,61)	
	10.20,33(37,66)	10.58,39(38,06)	11.36,66(38,27)	12.12,41(35,75)	
	12.49,76(37,35)	13.27,78(38,02)	14.05,52(37,74)	14.43,35(37,83)	
	15.20,62(37,27)	15.57,30(36,68)	16.34,84(37,54)	17.12,81(37,97)	
	17.49,42(36,61)	18.24,45(35,03)			

Øvelse 35. 4*100m lag medley, damer - Junior

Junior

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	4.22,07	751
	Heidi Vainio Gjøen:	31,88(31,88)	1.06,35(34,47)	1.06,35	
	Karoline Bergene:	1.39,77(33,42)	2.18,94(39,17)	1.12,59	
	Line Løvberg:	2.48,45(29,51)	3.23,02(34,57)	1.04,08	
	Emma Isdahl:	3.50,73(27,71)	4.22,07(31,34)	59,05	
2	Team Stavanger J1 jr.	JR	Team Stavanger	4.28,13	701
	Ida Nordbø:	32,41(32,41)	1.08,90(36,49)	1.08,90	
	Maren Kristine Jansen:	1.43,18(34,28)	2.23,66(40,48)	1.14,76	
	Christine Ørland:	2.53,35(29,69)	3.28,68(35,33)	1.05,02	
	Trine Hovda:	3.56,83(28,15)	4.28,13(31,30)	59,45	
3	Bærumsv J1 jr.	JR	Bærumsvømmerne	4.31,13	678
	Vibeke Browne:	32,67(32,67)	1.07,58(34,91)	1.07,58	
	Kristine Mella:	1.41,11(33,53)	2.20,19(39,08)	1.12,61	
	Karin Ekholt:	2.52,52(32,33)	3.31,30(38,78)	1.11,11	
	Maria Bølgen:	3.59,61(28,31)	4.31,13(31,52)	59,83	
4	Lambertseter SK J2 jr.	JR	Lambertseter SK	4.32,32	669
	Marit Vala:	33,40(33,40)	1.08,72(35,32)	1.08,72	
	Stina Kajsa Colleou:	1.43,51(34,79)	2.23,49(39,98)	1.14,77	
	Mina Berggren:	2.55,40(31,91)	3.32,56(37,16)	1.09,07	
	Emilie Hellerud:	4.00,93(28,37)	4.32,32(31,39)	59,76	
5	Kristiansand SA J1 jr.	JR	Kristiansand SA	4.36,69	638
	Malin Frestad:	34,28(34,28)	1.11,20(36,92)	1.11,20	
	Hege Omdal:	1.46,15(34,95)	2.27,03(40,88)	1.15,83	
	Maria Aasen:	2.58,77(31,74)	3.35,75(36,98)	1.08,72	
	Linn Hege Laudal:	4.04,47(28,72)	4.36,69(32,22)	1.00,94	
6	Moss SK J1 jr.	JR	Moss SK	4.40,58	612
	Ina Kr. Pedersen:	32,22(32,22)	1.06,52(34,30)	1.06,52	
	Tonje Støhr Petersen:	1.43,27(36,75)	2.26,50(43,23)	1.19,98	
	Thea Pedersen:	2.59,32(32,82)	3.38,05(38,73)	1.11,55	
	Marte Elise Brinchmann:	4.07,49(29,44)	4.40,58(33,09)	1.02,53	
7	Arna SLK J1 jr.	JR	Arna SLK	4.41,51	606
	Seline Vike Holm:	33,47(33,47)	1.10,20(36,73)	1.10,20	
	Katinka Kvant:	1.45,73(35,53)	2.28,79(43,06)	1.18,59	
	Marina Rasmussen:	3.00,70(31,91)	3.40,23(39,53)	1.11,44	
	Ane J. Midtun:	4.09,28(29,05)	4.41,51(32,23)	1.01,28	
8	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	4.42,06	602
	Marie Øverland:	35,06(35,06)	1.14,41(39,35)	1.14,41	
	Benedicte Kausland:	1.50,40(35,99)	2.31,16(40,76)	1.16,75	
	Marie Reinertsen:	3.04,54(33,38)	3.44,37(39,83)	1.13,21	
	Henriette Brekke:	4.12,19(27,82)	4.42,06(29,87)	57,69	
9	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	4.43,54	593
	Gina B. Andersen:	33,46(33,46)	1.07,94(34,48)	1.07,94	
	Terese Langlo:	1.44,49(36,55)	2.26,91(42,42)	1.18,97	
	Iselin Mjølner Dahlen:	2.58,82(31,91)	3.36,65(37,83)	1.09,74	
	Christiane Sandbye:	4.08,45(31,80)	4.43,54(35,09)	1.06,89	
10	Ski SK J1 jr.	JR	Ski SK	4.48,49	563
	Elisabeth H. Svensson:	32,79(32,79)	1.08,32(35,53)	1.08,32	
	Camilla W. Kristiansen:	1.47,22(38,90)	2.32,23(45,01)	1.23,91	
	Camilla Borchgrevink:	3.03,96(31,73)	3.41,75(37,79)	1.09,52	
	Henriette With Bjørnstad:	4.13,51(31,76)	4.48,49(34,98)	1.06,74	
11	Bergens SC J1 jr.	JR	Bergens SC	4.48,89	560
	Maren Allum:	33,57(33,57)	1.09,11(35,54)	1.09,11	
	Martha Maria Songstad:	1.47,95(38,84)	2.34,19(46,24)	1.25,08	
	Ingse Bergh Monsen:	3.05,89(31,70)	3.43,74(37,85)	1.09,55	
	Eirin Arnesen:	4.14,08(30,34)	4.48,89(34,81)	1.05,15	
12	Sandnes SLK J1 jr.	JR	Sandnes SLK	4.52,06	542
	Nicole Egeland:	35,72(35,72)	1.15,75(40,03)	1.15,75	
	Alvilde Morken:	1.52,14(36,39)	2.33,67(41,53)	1.17,92	
	Birgitte Mjøs Bratteli:	3.06,85(33,18)	3.48,23(41,38)	1.14,56	
	Bente Wathne:	4.18,61(30,38)	4.52,06(33,45)	1.03,83	
13	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	4.53,55	534
	Marthe Helene Haganes:	35,07(35,07)	1.13,44(38,37)	1.13,44	
	Malin Dahle:	1.51,63(38,19)	2.34,90(43,27)	1.21,46	
	Charlotte Kausland:	3.08,66(33,76)	3.49,34(40,68)	1.14,44	
	Juni Rugland:	4.20,13(30,79)	4.53,55(33,42)	1.04,21	

14	Hamar IL J1 jr.	JR	Hamar IL		4.54,35	530
	Pie-Christine Norseng:	37,32(37,32)	1.17,27(39,95)	1.17,27		
	Julie Torgersen Nilsen:	1.56,82(39,55)	2.40,51(43,69)	1.23,24		
	Oda Martine Reiertsen:	3.12,25(31,74)	3.49,58(37,33)	1.09,07		
	Elisabet Arnesen:	4.20,76(31,18)	4.54,35(33,59)	1.04,77		
15	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen		4.54,81	527
	Ida Arnøy:	35,73(35,73)	1.12,98(37,25)	1.12,98		
	Ine Charlotte Hagen:	1.48,07(35,09)	2.28,01(39,94)	1.15,03		
	Mette Aas:	3.03,60(35,59)	3.48,07(44,47)	1.20,06		
	Aurora Brandtzæg:	4.19,88(31,81)	4.54,81(34,93)	1.06,74		
16	Ås IL J1 jr.	JR	Ås IL		5.02,50	488
	Anine Dannemark:	34,03(34,03)	1.11,43(37,40)	1.11,43		
	Heidi Lie:	1.50,64(39,21)	2.35,93(45,29)	1.24,50		
	Camilla Moe:	3.11,13(35,20)	3.56,27(45,14)	1.20,34		
	Silje Kierulf:	4.26,94(30,67)	5.02,50(35,56)	1.06,23		
17	SK Speed J1 jr.	JR	SK Speed		5.06,88	467
	Hege Strøm Haukeland:	39,46(39,46)	1.21,50(42,04)	1.21,50		
	Marthe Karlsen:	2.00,16(38,66)	2.42,28(42,12)	1.20,78		
	Idha Toft Valeur:	3.15,40(33,12)	3.56,41(41,01)	1.14,13		
	Linda Gabrielsen:	4.28,67(32,26)	5.06,88(38,21)	1.10,47		
18	Gjøvik SK J1 jr.	JR	Gjøvik SK		5.32,08	369
	Katrine Andresen:	40,64(40,64)	1.25,35(44,71)	1.25,35		
	Hanne Mathiesen:	2.10,10(44,75)	3.03,22(53,12)	1.37,87		
	Tone Wold Eriksrud:	3.37,74(34,52)	4.21,56(43,82)	1.18,34		
	Ane Mathea Foss:	4.55,39(33,83)	5.32,08(36,69)	1.10,52		
	Delfana J1 jr.	JR	Delfana		DISK	
	June J. Kristiansen:	37,39(37,39)	1.15,59(38,20)	1.15,59		
	Ragnhild Smith-Sivertsen:					
	Hanne Søfteland:					
	Oda S. Leiknes:					

Søndag 25. november 2007 kl 09.00**Øvelse 36. 400m individuell medley, herrer - Direkte finale****UM**

1	Hans Østerdal	93	Stavanger SC	4.55,09	580
	30,25(30,25)	1.06,65(36,40)	1.44,87(38,22)	2.22,86(37,99)	
	3.04,13(41,27)	3.46,37(42,24)	4.21,48(35,11)	4.55,09(33,61)	
2	Jonas Kirkeberg Jostad	92	Hamar IL	4.55,78	576
	31,03(31,03)	1.06,70(35,67)	1.43,24(36,54)	2.20,29(37,05)	
	3.02,49(42,20)	3.45,62(43,13)	4.20,17(34,55)	4.55,78(35,61)	
3	Hans Kristian Andersen	93	Florø SLK	4.57,66	565
	31,29(31,29)	1.07,38(36,09)	1.46,71(39,33)	2.26,20(39,49)	
	3.05,70(39,50)	3.47,21(41,51)	4.23,14(35,93)	4.57,66(34,52)	
4	Espen Halhjem	92	Delfana	4.59,41	555
	30,95(30,95)	1.07,78(36,83)	1.46,99(39,21)	2.25,46(38,47)	
	3.07,35(41,89)	3.49,93(42,58)	4.26,06(36,13)	4.59,41(33,35)	
5	Andreas Mathingsdal Pedersen	92	Farsund SK	5.03,18	535
	32,80(32,80)	1.11,06(38,26)	1.51,96(40,90)	2.31,95(39,99)	
	3.12,90(40,95)	3.55,49(42,59)	4.30,02(34,53)	5.03,18(33,16)	
6	Sindre Lilledahl	92	Haugesund SK	5.03,31	534
	32,25(32,25)	1.09,96(37,71)	1.48,49(38,53)	2.25,67(37,18)	
	3.09,79(44,12)	3.54,68(44,89)	4.30,30(35,62)	5.03,31(33,01)	
7	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,94	505
	33,01(33,01)	1.12,63(39,62)	1.51,30(38,67)	2.29,38(38,08)	
	3.12,41(43,03)	3.56,36(43,95)	4.33,19(36,83)	5.08,94(35,75)	
8	Alexander Schüssler	92	Lambertseter SK	5.28,72	419
	34,24(34,24)	1.15,16(40,92)	1.55,50(40,34)	2.35,90(40,40)	
	3.23,14(47,24)	4.09,39(46,25)	4.49,26(39,87)	5.28,72(39,46)	

Junior

1	Sindre Nilo	90	Sandefjord SK/NTG	4.42,21	663
	29,74(29,74)	1.04,15(34,41)	1.39,35(35,20)	2.13,43(34,08)	
	2.54,24(40,81)	3.35,68(41,44)	4.09,43(33,75)	4.42,21(32,78)	
2	Kristoffer Meisler	90	Tverlandet IL	4.44,64	646
	30,04(30,04)	1.04,89(34,85)	1.41,14(36,25)	2.17,74(36,60)	
	2.57,63(39,89)	3.38,51(40,88)	4.13,10(34,59)	4.44,64(31,54)	
3	Sebastian Stordal	91	BS/Delfana	4.46,85	631
	29,50(29,50)	1.04,51(35,01)	1.40,38(35,87)	2.17,12(36,74)	
	2.57,95(40,83)	3.39,18(41,23)	4.13,62(34,44)	4.46,85(33,23)	
4	Vegard Løvberg	91	Bærumsvømmerne	4.50,86	606
	30,37(30,37)	1.05,59(35,22)	1.43,10(37,51)	2.19,76(36,66)	
	3.02,38(42,62)	3.46,09(43,71)	4.18,59(32,50)	4.50,86(32,27)	
5	Hans Østerdal	93	Stavanger SC	4.55,09	580
	30,25(30,25)	1.06,65(36,40)	1.44,87(38,22)	2.22,86(37,99)	
	3.04,13(41,27)	3.46,37(42,24)	4.21,48(35,11)	4.55,09(33,61)	
6	Jonas Kirkeberg Jostad	92	Hamar IL	4.55,78	576
	31,03(31,03)	1.06,70(35,67)	1.43,24(36,54)	2.20,29(37,05)	
	3.02,49(42,20)	3.45,62(43,13)	4.20,17(34,55)	4.55,78(35,61)	
7	Elias Damman	89	Bærum/NTG	4.57,48	566
	30,49(30,49)	1.06,80(36,31)	1.45,36(38,56)	2.23,47(38,11)	
	3.05,26(41,79)	3.47,65(42,39)	4.23,39(35,74)	4.57,48(34,09)	
8	Carl Andreas Wathne	91	Asker SK	4.57,65	565
	30,72(30,72)	1.06,41(35,69)	1.44,84(38,43)	2.22,30(37,46)	
	3.05,65(43,35)	3.50,02(44,37)	4.24,41(34,39)	4.57,65(33,24)	
9	Hans Kristian Andersen	93	Florø SLK	4.57,66	565
	31,29(31,29)	1.07,38(36,09)	1.46,71(39,33)	2.26,20(39,49)	
	3.05,70(39,50)	3.47,21(41,51)	4.23,14(35,93)	4.57,66(34,52)	
10	Simen Dale	91	BS/Delfana	4.57,98	563
	31,01(31,01)	1.07,30(36,29)	1.46,59(39,29)	2.25,25(38,66)	
	3.06,25(41,00)	3.48,69(42,44)	4.24,05(35,36)	4.57,98(33,93)	
11	Espen Halhjem	92	Delfana	4.59,41	555
	30,95(30,95)	1.07,78(36,83)	1.46,99(39,21)	2.25,46(38,47)	
	3.07,35(41,89)	3.49,93(42,58)	4.26,06(36,13)	4.59,41(33,35)	

12	Andreas Mathingsdal Pedersen	92	Farsund SK	5.03,18	535
	32,80(32,80)	1.11,06(38,26)	1.51,96(40,90)	2.31,95(39,99)	
	3.12,90(40,95)	3.55,49(42,59)	4.30,02(34,53)	5.03,18(33,16)	
13	Sindre Lilledahl	92	Haugesund SK	5.03,31	534
	32,25(32,25)	1.09,96(37,71)	1.48,49(38,53)	2.25,67(37,18)	
	3.09,79(44,12)	3.54,68(44,89)	4.30,30(35,62)	5.03,31(33,01)	
14	Gunnar V. Skirbekk	91	Elverum Svømming	5.05,23	524
	31,29(31,29)	1.06,44(35,15)	1.45,39(38,95)	2.24,20(38,81)	
	3.07,20(43,00)	3.51,69(44,49)	4.28,88(37,19)	5.05,23(36,35)	
15	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,94	505
	33,01(33,01)	1.12,63(39,62)	1.51,30(38,67)	2.29,38(38,08)	
	3.12,41(43,03)	3.56,36(43,95)	4.33,19(36,83)	5.08,94(35,75)	
16	Alexander Schüssler	92	Lambertseter SK	5.28,72	419
	34,24(34,24)	1.15,16(40,92)	1.55,50(40,34)	2.35,90(40,40)	
	3.23,14(47,24)	4.09,39(46,25)	4.49,26(39,87)	5.28,72(39,46)	
	Aleksander Haugstvedt	89	Delfana	DISK	

Øvelse 37. 4*50m fri, damer - UM

UM

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	1.52,38	694
	Emilie Hellerud:	28,09(28,09)			
	Emma Isdahl:	55,29(27,20)			
	Julie Rønningsen:	1.24,52(29,23)			
	Pia Cornelia Braarud:	1.52,38(27,86)			
2	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	1.55,29	642
	Siri Anette Sønju:	29,07(29,07)			
	Inger-Cathrine Wium:	58,49(29,42)			
	Stine Lise Stenseth:	1.27,56(29,07)			
	Ida Johansen:	1.55,29(27,73)			
3	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	1.57,60	605
	Marie Øverland:	29,81(29,81)			
	Marie Reinertsen:	58,56(28,75)			
	Andrea Haugstad:	1.27,63(29,07)			
	Malin Dahle:	1.57,60(29,97)			
4	Stavanger SC J1 jr.	JR	Stavanger SC	1.59,00	584
	Hege Harestad:	30,37(30,37)			
	Karoline Eriksen:	1.00,27(29,90)			
	Siren Bergslid:	1.29,93(29,66)			
	Caroline M. Mork:	1.59,00(29,07)			
5	Trondheim SLK J1 jr.	JR	Trondheim SLK	1.59,22	581
	Stine Tveit:	30,02(30,02)			
	Julie Hegvik:	1.00,96(30,94)			
	Helle Krogstad:	1.30,36(29,40)			
	Christiana Bjørkli:	1.59,22(28,86)			
6	Bergens SC J1 jr.	JR	Bergens SC	2.01,53	548
	Eirin Arnesen:	29,97(29,97)			
	Hedvig Hjertaker:	1.00,70(30,73)			
	Ingse Bergh Monsen:	1.30,67(29,97)			
	Ragnhild Søfteland:	2.01,53(30,86)			
7	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	2.01,98	542
	Aurora Brandtzæg:	30,92(30,92)			
	Jeanette Erlandsen:	1.00,97(30,05)			
	Ida Arnøy:	1.31,00(30,03)			
	Mette Aas:	2.01,98(30,98)			
8	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	2.03,41	524
	Iselin Mjøllner Dahlen:	29,84(29,84)			
	Christiane Sandbye:	1.00,57(30,73)			
	Christina Dahl:	1.31,90(31,33)			
	Mischa van der Linden:	2.03,41(31,51)			
9	Moss SK J1 jr.	JR	Moss SK	2.03,77	519
	Oda Berg Dypsund:	30,52(30,52)			
	Cathrine Brevik:	1.01,00(30,48)			
	Maria Dahli:	1.32,17(31,17)			
	Tonje Stæhr Petersen:	2.03,77(31,60)			

10	Bærumsv J1 jr.	JR	Bærumsvømmerne	2.04,39	511
	Kjersti Dalen:	30,70(30,70)			
	Ingrid Lovise Bakken:	1.01,87(31,17)			
	Line Urdahl:	1.33,41(31,54)			
	Ingrid Solemslie Sæther:	2.04,39(30,98)			
11	Hamar IL J1 jr.	JR	Hamar IL	2.05,50	498
	Mari Lystad Karlsen:	31,70(31,70)			
	Pie-Christine Norseng:	1.02,70(31,00)			
	Julie Torgersen Nilsen:	1.33,11(30,41)			
	Maren Melvold:	2.05,50(32,39)			
12	SK Speed J1 jr.	JR	SK Speed	2.09,50	453
	Linda Gabrielsen:	32,54(32,54)			
	Marianne Strøm:	1.05,74(33,20)			
	Hege Strøm Haukeland:	1.38,47(32,73)			
	Marthe Karlsen:	2.09,50(31,03)			
	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	DISK	
	Benedicte Kausland:	28,85(28,85)			
	Juni Rugland:	56,95(28,10)			
	Marthe Helene Haganes:				
	Stine Vindenes:				

Øvelse 38. 200m fri, herrer

Junior

1	Jørgen Møllerop	88	TS/Madla SK	1.53,96	745
	26,16(26,16)	54,61(28,45)	1.23,62(29,01)	1.53,96(30,34)	
2	Øystein R. Hetland	89	Bærum/NTG	1.55,63	714
	26,33(26,33)	55,46(29,13)	1.26,04(30,58)	1.55,63(29,59)	
3	Mikkel Tørud Lang	90	Ullensakersv	1.55,65	713
	27,62(27,62)	56,86(29,24)	1.26,36(29,50)	1.55,65(29,29)	
4	Stian Werner Erichsen	90	Bærumsvømmerne	1.57,50	680
	26,98(26,98)	56,15(29,17)	1.26,40(30,25)	1.57,50(31,10)	
5	Christer Koch Kvam	90	Bærum/NTG	1.57,72	676
	26,87(26,87)	56,35(29,48)	1.26,65(30,30)	1.57,72(31,07)	
6	Bjarte Ravndal	91	TS/Sola SK	1.58,78	658
	27,85(27,85)	57,91(30,06)	1.28,70(30,79)	1.58,78(30,08)	
7	Emil Brennløkken	89	Vestbyen IL	1.59,03	654
	27,43(27,43)	57,57(30,14)	1.28,59(31,02)	1.59,03(30,44)	
8	Christian Sunde	89	Elverum Svømming	1.59,50	646
	27,75(27,75)	57,83(30,08)	1.28,73(30,90)	1.59,50(30,77)	
9	Elias Damman	89	Bærum/NTG	2.00,18	635
	27,83(27,83)	58,03(30,20)	1.29,41(31,38)	2.00,18(30,77)	
10	Geir T. Kristiansen	90	Larvik SK	2.00,52	630
	27,97(27,97)	58,34(30,37)	1.29,48(31,14)	2.00,52(31,04)	
11	Rune Johansen	89	Andøya SLK	2.00,75	627
	27,53(27,53)	57,08(29,55)	1.28,46(31,38)	2.00,75(32,29)	
12	Kristoffer Skribeland	91	Asker SK	2.01,96	608
	28,39(28,39)	58,72(30,33)	1.30,56(31,84)	2.01,96(31,40)	
13	Øyvind Gevelt	91	Øvre Eiker SK	2.02,13	605
	28,73(28,73)	59,07(30,34)	1.30,39(31,32)	2.02,13(31,74)	
14	Daniel Berenett	91	IL Varg/NTG	2.02,52	600
	28,21(28,21)	58,82(30,61)	1.30,61(31,79)	2.02,52(31,91)	
15	Håkon Aleksander Vik	90	Haldens SK	2.05,65	556
	28,30(28,30)	1.00,67(32,37)	1.33,32(32,65)	2.05,65(32,33)	

UM

1	Jørn Nygård	92	Stavanger SC	1.58,73	659
	27,50(27,50)	57,18(29,68)	1.27,96(30,78)	1.58,73(30,77)	
2	Mats Gøran Høgenhaug	93	Namsos SK	1.59,10	653
	28,05(28,05)	58,38(30,33)	1.29,51(31,13)	1.59,10(29,59)	
3	Ole Martin Ree	92	TS/Sola SK	1.59,23	651
	27,67(27,67)	58,28(30,61)	1.29,49(31,21)	1.59,23(29,74)	

4	Zoltan Csernai	93	Åstveit SK	1.59,36	649
	27,48(27,48)	58,30(30,82)	1.30,03(31,73)	1.59,36(29,33)	
5	Sverre Næss	92	Sarpsborg IL	2.00,50	630
	26,84(26,84)	57,65(30,81)	1.30,05(32,40)	2.00,50(30,45)	
6	Martin P. Sletbakken	92	Sortland SLK	2.00,75	627
	28,58(28,58)	58,99(30,41)	1.29,92(30,93)	2.00,75(30,83)	
7	Henry Emil Nordhagen	93	Bærumsvømmerne	2.05,03	564
	28,07(28,07)	59,70(31,63)	1.32,50(32,80)	2.05,03(32,53)	
8	Espen Halhjem	92	Delfana	2.06,93	539
	28,13(28,13)	1.00,07(31,94)	1.34,03(33,96)	2.06,93(32,90)	

Øvelse 39. 200m butterfly, damer

Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	2.20,27	713
	32,09(32,09)	1.06,52(34,43)	1.42,96(36,44)	2.20,27(37,31)	
2	Line Løvberg	91	Lambertseter SK/NTG	2.23,90	661
	31,70(31,70)	1.07,58(35,88)	1.45,32(37,74)	2.23,90(38,58)	
3	Elisabeth H. Svensson	91	Ski SK	2.24,82	648
	32,14(32,14)	1.09,85(37,71)	1.47,08(37,23)	2.24,82(37,74)	
4	Sara Pettersen	91	Fauske SK	2.25,25	642
	32,45(32,45)	1.09,27(36,82)	1.46,75(37,48)	2.25,25(38,50)	
5	Terese Langlo	89	Skjetten Svømming	2.28,70	599
	32,81(32,81)	1.09,48(36,67)	1.48,06(38,58)	2.28,70(40,64)	
6	Pernille Thorstensen	89	Vågsbygd SLK	2.31,26	569
	33,99(33,99)	1.12,91(38,92)	1.51,40(38,49)	2.31,26(39,86)	
7	Maren Gramvik	90	Vågsbygd SLK	2.31,80	563
	34,55(34,55)	1.13,18(38,63)	1.52,38(39,20)	2.31,80(39,42)	
8	Oda Martine Reiertsen	89	Hamar IL	2.32,38	556
	33,23(33,23)	1.10,95(37,72)	1.50,89(39,94)	2.32,38(41,49)	
9	Julie Borgen	91	Sarpsborg IL	2.33,33	546
	31,77(31,77)	1.09,93(38,16)	1.51,36(41,43)	2.33,33(41,97)	
10	Guro Knutsen	91	Øvre Eiker SK	2.33,84	541
	33,78(33,78)	1.12,25(38,47)	1.52,96(40,71)	2.33,84(40,88)	
11	Camilla Borchgrevink	90	Ski SK	2.34,59	533
	33,56(33,56)	1.12,14(38,58)	1.52,44(40,30)	2.34,59(42,15)	
12	Marina Rasmussen	89	Arna SLK	2.38,76	492
	34,17(34,17)	1.13,60(39,43)	1.55,31(41,71)	2.38,76(43,45)	
13	Hanne Grue	90	Ullensakersv	2.40,79	473
	33,71(33,71)	1.14,04(40,33)	1.56,65(42,61)	2.40,79(44,14)	
14	Thea Pedersen	91	Moss SK	2.42,65	457
	35,00(35,00)	1.15,00(40,00)	1.57,94(42,94)	2.42,65(44,71)	

UM

1	Siri N. Andersen	92	Haldens SK	2.25,98	633
	33,73(33,73)	1.10,78(37,05)	1.48,15(37,37)	2.25,98(37,83)	
2	Nora Næss	93	Haldens SK	2.28,47	601
	32,76(32,76)	1.10,88(38,12)	1.49,62(38,74)	2.28,47(38,85)	
3	Jacqueline Knutsson	93	Kongstensvømmerne	2.29,82	585
	32,63(32,63)	1.11,22(38,59)	1.51,37(40,15)	2.29,82(38,45)	
4	Katrine Ekstang	92	Setermoen SK	2.31,37	568
	34,22(34,22)	1.13,58(39,36)	1.52,81(39,23)	2.31,37(38,56)	
5	Oona Ovesen	92	Elverum Svømming	2.32,95	550
	33,59(33,59)	1.12,11(38,52)	1.51,97(39,86)	2.32,95(40,98)	
6	Mina Berggren	92	Lambertseter SK	2.34,78	531
	33,81(33,81)	1.12,09(38,28)	1.52,49(40,40)	2.34,78(42,29)	
7	Stine Vindenes	93	Vestkantvømmerne	2.37,45	504
	33,52(33,52)	1.12,99(39,47)	1.54,58(41,59)	2.37,45(42,87)	
8	Ingse Bergh Monsen	92	Bergens SC	2.39,31	487
	35,16(35,16)	1.14,90(39,74)	1.57,51(42,61)	2.39,31(41,80)	
9	Marthe Berg Sørensen	92	TS/Frisinn	2.39,34	486
	34,64(34,64)	1.14,78(40,14)	1.56,86(42,08)	2.39,34(42,48)	

10	Karoline Eriksen	92	Stavanger SC	2.39,72	483
	34,19(34,19)	1.14,81(40,62)	1.57,41(42,60)	2.39,72(42,31)	
11	Veronica Orheim Bjørlykke	94	Aalesund SLK	2.55,63	363
	37,52(37,52)	1.21,50(43,98)	2.08,10(46,60)	2.55,63(47,53)	

Øvelse 40. 100m rygg, herrer

Junior

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,63)	57,49	712
	27,96(27,96)	57,49(29,53)				
2	Dominik Borkowski	90	Skjetten Svømming/NTG	(0,65)	58,51	675
	28,44(28,44)	58,51(30,07)				
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,61)	59,60	639
	28,28(28,28)	59,60(31,32)				
4	Joar Skien Grannes	90	Sandnes SLK	(0,72)	59,69	636
	29,13(29,13)	59,69(30,56)				
5	Stian S. Langeland	89	Bergens SC	(0,70)	59,75	634
	29,04(29,04)	59,75(30,71)				
6	Mikael Bergene	91	Lambertseter SK	(0,57)	1.00,30	617
	28,99(28,99)	1.00,30(31,31)				
7	Martin Skramstad	89	Hamar IL	(0,63)	1.00,31	616
	29,41(29,41)	1.00,31(30,90)				
8	Alexander B. Havre	90	Mandal SK	(0,66)	1.00,52	610
	28,49(28,49)	1.00,52(32,03)				
9	Vegard Løvberg	91	Bærumsvømmerne	(0,67)	1.01,40	584
	30,03(30,03)	1.01,40(31,37)				
10	Tor Hafnor	91	Bærumsvømmerne	(0,65)	1.01,62	578
	29,85(29,85)	1.01,62(31,77)				
11	Even Vike Holm	90	BS/Arna	(0,73)	1.01,70	576
	29,66(29,66)	1.01,70(32,04)				
12	Jan Aleksander Bakke	91	Asker SK	(0,83)	1.02,82	545
	30,52(30,52)	1.02,82(32,30)				
13	Karl Robin Kilde	88	Skjetten Svømming	(0,54)	1.03,88	519
	30,44(30,44)	1.03,88(33,44)				
14	Geir T. Kristiansen	90	Larvik SK	(0,76)	1.04,10	513
	30,88(30,88)	1.04,10(33,22)				
15	Sindre Eilertsen	90	Lambertseter SK	(0,59)	1.04,31	508
	30,96(30,96)	1.04,31(33,35)				
16	Carl Andreas Wathne	91	Asker SK	(0,62)	1.04,34	508
	30,73(30,73)	1.04,34(33,61)				
17	Eirik Runningen	90	Delfana	(0,53)	1.04,52	503
	31,13(31,13)	1.04,52(33,39)				
18	Kristoffer Skribeland	91	Asker SK	(0,65)	1.04,60	501
	31,11(31,11)	1.04,60(33,49)				
19	Emil Brennløkken	89	Vestbyen IL	(0,69)	1.08,37	423
	30,81(30,81)	1.08,37(37,56)				

UM

1	Lavrans Veierø Solli	92	Bergens SC	(0,62)	1.00,35	615
	29,76(29,76)	1.00,35(30,59)				
2	Julian Åsheim Mikkelsen	93	Ås IL	(0,64)	1.02,41	556
	30,12(30,12)	1.02,41(32,29)				
3	Øyvind L. Styrmo	93	Delfana	(0,68)	1.03,34	532
	31,10(31,10)	1.03,34(32,24)				
4	Christian Juvik	93	Stavanger SC	(0,83)	1.04,50	504
	30,61(30,61)	1.04,50(33,89)				
5	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,59)	1.05,93	472
	32,36(32,36)	1.05,93(33,57)				
6	Hans Andre Pedersen	92	Sandefjord SK	(0,66)	1.05,95	471
	32,00(32,00)	1.05,95(33,95)				
7	Tore Skauge Bysting	92	Lørenskog/Rælingen	(0,59)	1.06,44	461
	32,15(32,15)	1.06,44(34,29)				
	Kenneth Bakkehaug	92	Sørreisa SK		DISK	

Øvelse 41. 100m fri, damer

Junior

1	Cecilie W. Johannessen	90	Karmøy SK	58,53	737
	28,26(28,26)	58,53(30,27)			
2	Ina Kr. Pedersen	89	Moss SK	58,60	735
	28,30(28,30)	58,60(30,30)			
3	Victoria S. Løken	91	Aalesund SLK	58,72	730
	28,57(28,57)	58,72(30,15)			
4	Sofie Gjemmestad	89	Asker SK	58,89	724
	28,44(28,44)	58,89(30,45)			
5	Martine Bremer	90	Bergen SLK	59,33	708
	28,32(28,32)	59,33(31,01)			
6	Monica W. Johannessen	90	Karmøy SK	59,36	707
	28,98(28,98)	59,36(30,38)			
7	Henriette Brekke	88	Vestkantsvømmerne	59,58	699
	28,49(28,49)	59,58(31,09)			
8	Line W. Lund	91	Askimsvømmerne	59,79	692
	29,07(29,07)	59,79(30,72)			
9	Margrete Nyhus Ulvestad	88	Molde SLK	1.00,23	677
	28,82(28,82)	1.00,23(31,41)			
10	Monica Finnøy	88	BS/Bergen SLK	1.00,60	664
	28,86(28,86)	1.00,60(31,74)			
11	Nora Kathrine Guthe	91	Asker SK	1.00,74	660
	29,29(29,29)	1.00,74(31,45)			
12	Victoria T. Solberg	89	Horten/NTG	1.01,34	641
	29,16(29,16)	1.01,34(32,18)			
13	Linn Hege Laudal	89	Kristiansand SA	1.01,47	636
	29,24(29,24)	1.01,47(32,23)			
14	Vibeke Brigg	89	TS/Madla SK	1.01,60	632
	28,98(28,98)	1.01,60(32,62)			
15	Trine Hovda	90	TS/Madla SK	1.01,78	627
	29,20(29,20)	1.01,78(32,58)			
16	Christine Ørland	88	TS/Madla SK	1.02,15	616
	29,88(29,88)	1.02,15(32,27)			
17	Ane J. Midtun	91	Arna SLK	1.02,43	608
	29,74(29,74)	1.02,43(32,69)			
18	Oda S. Leiknes	90	Delfana	1.02,67	601
	29,91(29,91)	1.02,67(32,76)			
19	Nicole T. Næsheim	91	Stavanger SC	1.02,82	596
	29,78(29,78)	1.02,82(33,04)			
20	Vibeke Browne	89	Bærumsvømmerne	1.03,44	579
	29,76(29,76)	1.03,44(33,68)			
21	Ingrid Marie Rytter	91	Vestbyen IL	1.03,46	578
	30,23(30,23)	1.03,46(33,23)			

UM

1	Susann Bjørnsen	93	Setermoen SK	1.00,34	673
	29,37(29,37)	1.00,34(30,97)			
2	Maria Bølgen	93	Bærumsvømmerne	1.00,35	673
	28,94(28,94)	1.00,35(31,41)			
3	Emma Isdahl	92	Lambertseter SK	1.00,40	671
	29,66(29,66)	1.00,40(30,74)			
4	Emilie Hellerud	92	Lambertseter SK	1.00,48	668
	29,68(29,68)	1.00,48(30,80)			
5	Siv Fiske	92	Tromsø SK	1.01,02	651
	28,84(28,84)	1.01,02(32,18)			
6	Maria Aasen	92	Kristiansand SA	1.01,30	642
	29,87(29,87)	1.01,30(31,43)			
7	Victoria Rung	92	TS/Frisinn	1.01,91	623
	30,28(30,28)	1.01,91(31,63)			
8	Eva Marie Østerhus	94	Madla SK	1.01,99	621
	30,41(30,41)	1.01,99(31,58)			

Bærumsvømmerne**NM Junior 2007****Resultater**

9	Karoline Pedersen 30,45(30,45)	94	Bergen SLK	1.02,19	615
10	Marthe Berg Sørensen 30,76(30,76)	92	TS/Frisinn	1.03,35	581
11	Christiana Bjørkli 30,45(30,45)	93	Trondheim SLK	1.03,69	572
12	Oda Marie Siljan 30,98(30,98)	92	Poseidon	1.04,18	559
13	Charlotte Svaland 30,95(30,95)	92	Vågsbygd SLK	1.04,52	550
14	Hege Harestad 31,00(31,00)	92	Stavanger SC	1.04,61	548
15	Camilla W. Kristiansen 31,06(31,06)	92	Ski SK	1.04,84	542
	Hanne Søfteland	92	Delfana	DISK	

Funksjonshemmede

1	Hanne Farestvedt 38,26(38,26)	93	Åstveit SK	1.18,97	300	S14	126,53 %
2	Tonje Immerstein 38,52(38,52)	89	Sandnes SLK	1.20,14	287	S10	129,95 %
3	Ingvill S. Hilleren 46,81(46,81)	90	Vestkantsvømmerne	1.36,88	162	S7	135,29 %

Øvelse 42. 50m fri, herrer**Junior**

1	Øystein R. Hetland	89	Bærum/NTG	23,62	732
2	Erlend Alvestad	88	Vestbyen IL	24,08	691
3	Alexander B. Havre	90	Mandal SK	24,20	680
3	Christer Koch Kvam	90	Bærum/NTG	24,20	680
5	Bjarte Ravndal	91	TS/Sola SK	24,50	656
6	Per Sondre Sodeland	91	Mandal SK	24,51	655
7	Bernt M. Seyffarth	89	Mandal SK	24,53	653
8	Mathias Sørstrand Æsøy	90	Florø SLK	24,70	640
9	Mikkel Tørud Lang	90	Ullensakersv	24,72	638
10	Halvor Ekeland	89	Drammen SK	24,82	631
11	Karsten W. Johannessen	88	Bergens SC	24,93	622
12	Jari K. Mikkelsen	88	IL Varg	24,94	622
13	Rune Skien Grannes	88	Sandnes SLK	24,98	619
14	Joar Skien Grannes	90	Sandnes SLK	25,02	616
15	Elias Damman	89	Bærum/NTG	25,03	615
16	Even Vike Holm	90	BS/Arna	25,12	608
16	Bjørnar Salvesen	90	Mandal SK	25,12	608
18	Christian Sunde	89	Elverum Svømming	25,15	606
19	Sindri T. Jakobsson	91	BS/Delfana	25,23	600

UM

1	Mats Gøran Høgenhaug	93	Namsos SK	24,78	634
2	Jonas Kirkeberg Jostad	92	Hamar IL	25,12	608
3	Julian Åsheim Mikkelsen	93	Ås IL	25,47	584
4	Jørn Nygård	92	Stavanger SC	25,69	569
5	Halvor Stavland	92	Kolbotn IL	26,09	543

Øvelse 43. 100m bryst, damer

Junior

1	Katharina Stiberg 33,29(33,29)	88	Bjerkvik SK	1.11,24	791
2	Monica Finnøy 35,03(35,03)	88	BS/Bergen SLK	1.13,43	723
3	Trine Austrøne Olsen 35,09(35,09)	90	Fauske SK	1.13,57	719
4	Elise Utne 34,27(34,27)	89	Narvik SK	1.13,63	717
5	Kristine Mella 34,70(34,70)	90	Bærumsvømmerne	1.13,84	711
6	Iselin Meisler 35,09(35,09)	90	Tverlandet IL	1.14,01	706
7	Mari Singstad 35,30(35,30)	91	Vestbyen IL	1.14,73	686
8	Karoline Bergene 34,73(34,73)	89	Lambertseter SK	1.15,35	669
9	Ine Charlotte Hagen 35,46(35,46)	89	Lørenskog/Rælingen	1.15,42	667
10	Karin Ekholt 36,18(36,18)	89	Bærumsvømmerne	1.16,55	638
11	Maren Kristine Jansen 35,49(35,49)	90	TS/Randaberg	1.16,89	629
12	Ragnhild Smith-Sivertsen 35,88(35,88)	89	Delfana	1.16,92	629
13	Hege Omdal 35,88(35,88)	89	Kristiansand SA	1.16,97	627
14	Gudrun Ildstad 36,98(36,98)	89	Trondheim SLK	1.17,39	617
15	Victoria Croker 36,89(36,89)	88	Bærumsvømmerne	1.19,36	572
16	Kine Vereide 37,72(37,72)	91	Eid SK	1.20,31	552

UM

1	Bitte Fagermo 35,53(35,53)	93	Narvik SK	1.14,34	696
2	Katrine Jensen 35,37(35,37)	92	Åstveit SK	1.14,35	696
3	Stina Kajsa Colleou 35,57(35,57)	93	Lambertseter SK	1.14,73	686
4	Sophia Broberg Skeltved 35,72(35,72)	92	Tromsø SK	1.15,64	661
5	Benedicte Kausland 36,51(36,51)	92	Vestkantvømmerne	1.16,30	644
6	Lene Lykke Erichsen 36,79(36,79)	92	Bærumsvømmerne	1.17,74	609
7	Stine Tveit 37,42(37,42)	93	Trondheim SLK	1.18,53	591
8	Tina Larsen 37,35(37,35)	92	Narvik SK	1.18,54	590
9	Siren Bergslid 37,27(37,27)	93	Stavanger SC	1.18,66	588
10	Luna Elisabeth Søgaaard 37,64(37,64)	94	Lambertseter SK	1.18,67	588
11	Irmelin Heiberg Pedersen 38,43(38,43)	92	Åstveit SK	1.22,27	514

Funksjonshemmede

1	Hanne Farestvedt 47,37(47,37)	93	Åstveit SK	1.38,68	297 SB14	120,99 %
2	Anne Ask Rasmussen 47,58(47,58)	89	TS/Madla SK	1.40,43	282 SB9	130,55 %
3	Tonje Immerstein 46,93(46,93)	89	Sandnes SLK	1.40,68	280 SB9	130,87 %

Øvelse 44. 100m individuell medley, herrer

Junior

1	Eirik Ravnan 27,57(27,57)	89	Hamar IL	58,34	748
2	Jørgen Møllerop 26,72(26,72)	88	TS/Madla SK	58,95	725
3	Marcus Tesdal 27,34(27,34)	90	BS/Åstveit	59,08	720
4	Lars Andre Tolås 27,39(27,39)	88	Bærumsvømmerne	59,37	710
5	Ole-Wilhelm Norseng 28,45(28,45)	88	Hamar IL	1.00,09	684
6	Martin Åsheim 27,81(27,81)	90	Lørenskog/Rælingen	1.00,31	677
7	Mikael Bergene 28,18(28,18)	91	Lambertseter SK	1.00,64	666
8	Robin Palm 28,91(28,91)	88	Sarpsborg IL	1.00,81	660
9	Kristoffer Meisler 29,03(29,03)	90	Tverlandet IL	1.01,13	650
10	Christer Koch Kvam 28,05(28,05)	90	Bærum/NTG	1.01,67	633
11	Bjørn Emil Evensen 29,34(29,34)	91	Gjøvik SK	1.02,06	621
12	Alexander B. Havre 27,93(27,93)	90	Mandal SK	1.02,26	615
13	Sebastian Stordal 28,93(28,93)	91	BS/Delfana	1.02,73	602
14	Sindre Søderlund 30,01(30,01)	91	Trondheim SLK/NTG	1.02,80	600
15	Martin Steffensen 30,29(30,29)	89	BS/Arna	1.03,01	594
16	Christoffer Sørstrand Æsøy 30,10(30,10)	88	Florø SLK	1.03,17	589
17	Tor Hafnor 28,38(28,38)	91	Bærumsvømmerne	1.03,19	589
18	Bernt M. Seyffarth 29,13(29,13)	89	Mandal SK	1.03,40	583
19	Christian Sunde 31,34(31,34)	89	Elverum Svømming	1.04,05	565
20	Elias Damman 31,09(31,09)	89	Bærum/NTG	1.04,16	562
21	Krister Haugen 29,81(29,81)	88	Askimsvømmerne	1.04,73	547
22	Mathias Sørstrand Æsøy 33,16(33,16)	90	Florø SLK	1.10,84	418
	John Hage Gaarder	89	Lørenskog/Rælingen	DISK	

UM

1	Sverre Næss	92	Sarpsborg IL	1.00,73	663
	28,11(28,11)	1.00,73(32,62)			
2	Zoltan Csernai	93	Åstveit SK	1.01,59	636
	28,82(28,82)	1.01,59(32,77)			
3	Mats Gøran Høgenhaug	93	Namsos SK	1.01,86	627
	29,19(29,19)	1.01,86(32,67)			
4	Jonas Kirkeberg Jostad	92	Hamar IL	1.02,17	618
	29,05(29,05)	1.02,17(33,12)			
5	Lavrans Veierø Solli	92	Bergens SC	1.03,22	588
	29,32(29,32)	1.03,22(33,90)			
6	Hans Østerdal	93	Stavanger SC	1.03,45	581
	30,13(30,13)	1.03,45(33,32)			
7	Ole Martin Ree	92	TS/Sola SK	1.03,74	573
	30,31(30,31)	1.03,74(33,43)			
8	Øyvind L. Styrmo	93	Delfana	1.05,51	528
	29,18(29,18)	1.05,51(36,33)			

Øvelse 45. 1500m fri, damer - Direkte finale – Foreløpig før siste heat

UM

1	Siri Anette Sønju	92	Øvre Eiker SK	17.44,14	723
	31,50(31,50)	1.06,06(34,56)	1.41,43(35,37)	2.17,11(35,68)	
	2.52,42(35,31)	3.27,85(35,43)	4.03,27(35,42)	4.39,07(35,80)	
	5.14,86(35,79)	5.50,54(35,68)	6.26,55(36,01)	7.02,24(35,69)	
	7.38,25(36,01)	8.13,92(35,67)	8.49,58(35,66)	9.25,16(35,58)	
	10.00,69(35,53)	10.36,42(35,73)	11.11,89(35,47)	11.47,77(35,88)	
	12.23,48(35,71)	12.59,48(36,00)	13.35,30(35,82)	14.11,24(35,94)	
	14.47,13(35,89)	15.23,06(35,93)	15.59,28(36,22)	16.35,04(35,76)	
	17.10,90(35,86)	17.44,14(33,24)			
2	Susann Bjørnsen	93	Setermoen SK	17.47,15	717
	31,62(31,62)	1.05,38(33,76)	1.40,05(34,67)	2.14,62(34,57)	
	2.49,54(34,92)	3.24,68(35,14)	4.00,02(35,34)	4.35,56(35,54)	
	5.11,13(35,57)	5.46,94(35,81)	6.23,03(36,09)	6.58,86(35,83)	
	7.34,80(35,94)	8.10,98(36,18)	8.47,01(36,03)	9.22,78(35,77)	
	9.59,19(36,41)	10.35,19(36,00)	11.11,83(36,64)	11.47,84(36,01)	
	12.24,44(36,60)	13.00,75(36,31)	13.36,88(36,13)	14.13,00(36,12)	
	14.49,72(36,72)	15.26,18(36,46)	16.01,76(35,58)	16.37,56(35,80)	
	17.13,58(36,02)	17.47,15(33,57)			
3	Katrine Ekstang	92	Setermoen SK	17.56,60	698
	31,92(31,92)	1.06,46(34,54)	1.41,45(34,99)	2.16,66(35,21)	
	2.52,42(35,76)	3.27,50(35,08)	4.03,13(35,63)	4.38,67(35,54)	
	5.14,43(35,76)	5.50,14(35,71)	6.25,91(35,77)	7.01,82(35,91)	
	7.38,27(36,45)	8.14,88(36,61)	8.50,48(35,60)	9.26,32(35,84)	
	10.02,09(35,77)	10.38,01(35,92)	11.13,98(35,97)	11.50,66(36,68)	
	12.27,16(36,50)	13.04,03(36,87)	13.40,59(36,56)	14.17,47(36,88)	
	14.54,57(37,10)	15.32,12(37,55)	16.07,88(35,76)	16.44,52(36,64)	
	17.21,38(36,86)	17.56,60(35,22)			
4	Eva Marie Østerhus	94	Madla SK	18.05,98	680
	32,44(32,44)	1.08,10(35,66)	1.44,46(36,36)	2.21,02(36,56)	
	2.57,38(36,36)	3.33,56(36,18)	4.09,92(36,36)	4.46,47(36,55)	
	5.22,85(36,38)	5.59,08(36,23)	6.35,70(36,62)	7.12,43(36,73)	
	7.48,85(36,42)	8.25,70(36,85)	9.02,25(36,55)	9.38,86(36,61)	
	10.15,57(36,71)	10.52,23(36,66)	11.28,89(36,66)	12.05,22(36,33)	
	12.41,27(36,05)	13.17,41(36,14)	13.53,96(36,55)	14.30,29(36,33)	
	15.06,77(36,48)	15.43,19(36,42)	16.19,59(36,40)	16.55,80(36,21)	
	17.31,46(35,66)	18.05,98(34,52)			
5	Terese Fosby	92	Kongstensvømmerne	18.21,14	652
	31,91(31,91)	1.07,64(35,73)	1.43,79(36,15)	2.20,03(36,24)	
	2.56,50(36,47)	3.32,88(36,38)	4.10,08(37,20)	4.46,64(36,56)	
	5.23,48(36,84)	6.00,16(36,68)	6.36,76(36,60)	7.13,91(37,15)	
	7.50,82(36,91)	8.28,28(37,46)	9.05,53(37,25)	9.42,55(37,02)	
	10.20,18(37,63)	10.57,34(37,16)	11.34,45(37,11)	12.11,44(36,99)	
	12.48,79(37,35)	13.26,12(37,33)	14.03,39(37,27)	14.40,96(37,57)	
	15.18,98(38,02)	15.55,95(36,97)	16.33,24(37,29)	17.10,11(36,87)	
	17.46,42(36,31)	18.21,14(34,72)			

6	Jacqueline Knutsson	93	Kongstensvømmerne	18.22,02	651
	31,15(31,15)	1.06,91(35,76)	1.43,22(36,31)	2.19,73(36,51)	
	2.56,71(36,98)	3.33,09(36,38)	4.10,14(37,05)	4.47,15(37,01)	
	5.23,69(36,54)	6.00,76(37,07)	6.37,98(37,22)	7.15,37(37,39)	
	7.52,62(37,25)	8.30,01(37,39)	9.06,98(36,97)	9.44,18(37,20)	
	10.21,70(37,52)	10.59,64(37,94)	11.36,88(37,24)	12.13,73(36,85)	
	12.50,53(36,80)	13.27,81(37,28)	14.04,70(36,89)	14.41,70(37,00)	
	15.18,94(37,24)	15.56,02(37,08)	16.33,21(37,19)	17.10,64(37,43)	
	17.46,78(36,14)	18.22,02(35,24)			
7	Inger-Cathrine Wiium	92	Øvre Eiker SK	18.24,90	646
	32,33(32,33)	1.07,61(35,28)	1.43,71(36,10)	2.20,36(36,65)	
	2.57,44(37,08)	3.34,77(37,33)	4.11,76(36,99)	4.48,86(37,10)	
	5.26,13(37,27)	6.03,64(37,51)	6.40,98(37,34)	7.18,26(37,28)	
	7.55,14(36,88)	8.32,49(37,35)	9.09,83(37,34)	9.46,89(37,06)	
	10.24,12(37,23)	11.01,19(37,07)	11.38,32(37,13)	12.15,77(37,45)	
	12.53,02(37,25)	13.30,27(37,25)	14.07,29(37,02)	14.44,56(37,27)	
	15.21,66(37,10)	15.58,68(37,02)	16.35,70(37,02)	17.12,78(37,08)	
	17.49,49(36,71)	18.24,90(35,41)			
8	Andrea Haugstad	92	Vestkantsvømmerne	18.25,26	645
	33,07(33,07)	1.09,56(36,49)	1.46,71(37,15)	2.23,65(36,94)	
	3.00,76(37,11)	3.38,24(37,48)	4.15,59(37,35)	4.53,07(37,48)	
	5.30,01(36,94)	6.07,21(37,20)	6.44,07(36,86)	7.21,06(36,99)	
	7.58,25(37,19)	8.35,16(36,91)	9.12,26(37,10)	9.49,15(36,89)	
	10.25,94(36,79)	11.03,20(37,26)	11.40,17(36,97)	12.16,94(36,77)	
	12.53,61(36,67)	13.30,40(36,79)	14.07,32(36,92)	14.44,22(36,90)	
	15.21,31(37,09)	15.58,56(37,25)	16.34,93(36,37)	17.12,23(37,30)	
	17.49,25(37,02)	18.25,26(36,01)			
9	Karoline Pedersen	94	Bergen SLK	18.28,18	640
	33,65(33,65)	1.09,85(36,20)	1.46,86(37,01)	2.23,47(36,61)	
	3.00,39(36,92)	3.37,13(36,74)	4.14,14(37,01)	4.51,02(36,88)	
	5.27,86(36,84)	6.05,00(37,14)	6.41,88(36,88)	7.18,59(36,71)	
	7.55,67(37,08)	8.33,04(37,37)	9.10,31(37,27)	9.47,48(37,17)	
	10.24,62(37,14)	11.01,49(36,87)	11.38,37(36,88)	12.15,35(36,98)	
	12.52,57(37,22)	13.29,79(37,22)	14.07,21(37,42)	14.44,69(37,48)	
	15.21,86(37,17)	15.59,61(37,75)	16.37,48(37,87)	17.14,94(37,46)	
	17.52,42(37,48)	18.28,18(35,76)			
10	Stine Lise Stenseth	94	Øvre Eiker SK	18.35,13	628
	33,14(33,14)	1.09,31(36,17)	1.45,76(36,45)	2.22,66(36,90)	
	2.59,21(36,55)	3.35,95(36,74)	4.12,89(36,94)	4.50,03(37,14)	
	5.27,68(37,65)	6.04,90(37,22)	6.42,65(37,75)	7.20,43(37,78)	
	7.58,16(37,73)	8.35,93(37,77)	9.13,43(37,50)	9.50,91(37,48)	
	10.28,43(37,52)	11.05,60(37,17)	11.42,75(37,15)	12.19,91(37,16)	
	12.58,07(38,16)	13.35,92(37,85)	14.13,50(37,58)	14.51,40(37,90)	
	15.28,70(37,30)	16.06,04(37,34)	16.43,35(37,31)	17.20,60(37,25)	
	17.58,56(37,96)	18.35,13(36,57)			
11	Julie Rønningsen	94	Lambertseter SK	18.44,80	612
	32,79(32,79)	1.09,45(36,66)	1.46,56(37,11)	2.23,45(36,89)	
	3.00,64(37,19)	3.38,27(37,63)	4.15,45(37,18)	4.52,95(37,50)	
	5.30,17(37,22)	6.07,59(37,42)	6.44,98(37,39)	7.22,51(37,53)	
	7.59,94(37,43)	8.37,82(37,88)	9.15,38(37,56)	9.53,36(37,98)	
	10.31,41(38,05)	11.09,32(37,91)	11.47,00(37,68)	12.24,95(37,95)	
	13.03,02(38,07)	13.41,21(38,19)	14.19,28(38,07)	14.57,05(37,77)	
	15.35,64(38,59)	16.13,66(38,02)	16.52,00(38,34)	17.30,12(38,12)	
	18.08,04(37,92)	18.44,80(36,76)			
12	Henriette With Bjørnstad	92	Ski SK	19.21,17	556
	33,18(33,18)	1.09,66(36,48)	1.46,99(37,33)	2.24,99(38,00)	
	3.03,15(38,16)	3.41,86(38,71)	4.20,63(38,77)	4.59,39(38,76)	
	5.38,43(39,04)	6.17,47(39,04)	6.57,30(39,83)	7.36,56(39,26)	
	8.15,94(39,38)	8.55,17(39,23)	9.34,64(39,47)	10.14,16(39,52)	
	10.53,68(39,52)	11.32,95(39,27)	12.12,39(39,44)	12.51,52(39,13)	
	13.30,42(38,90)	14.09,11(38,69)	14.49,03(39,92)	15.28,61(39,58)	
	16.08,28(39,67)	16.47,39(39,11)	17.26,76(39,37)	18.06,06(39,30)	
	18.44,07(38,01)	19.21,17(37,10)			
13	Siren Bergslid	93	Stavanger SC	19.29,37	545
	34,26(34,26)	1.11,43(37,17)	1.49,79(38,36)	2.28,57(38,78)	
	3.07,25(38,68)	3.46,02(38,77)	4.25,17(39,15)	5.04,35(39,18)	
	5.43,79(39,44)	6.23,12(39,33)	7.02,18(39,06)	7.41,42(39,24)	
	8.20,80(39,38)	9.00,21(39,41)	9.39,68(39,47)	10.19,03(39,35)	
	10.58,73(39,70)	11.37,95(39,22)	12.17,20(39,25)	12.56,62(39,42)	
	13.35,95(39,33)	14.15,61(39,66)	14.55,88(40,27)	15.34,82(38,94)	
	16.14,55(39,73)	16.53,34(38,79)	17.33,09(39,75)	18.12,26(39,17)	
	18.51,62(39,36)	19.29,37(37,75)			

14	Maria Dahli	92	Moss SK	20.24,09	475
	33,77(33,77)	1.11,41(37,64)	1.50,71(39,30)	2.30,09(39,38)	
	3.09,81(39,72)	3.50,15(40,34)	4.30,74(40,59)	5.11,14(40,40)	
	5.51,73(40,59)	6.32,85(41,12)	7.13,63(40,78)	7.54,58(40,95)	
	8.35,89(41,31)	9.17,18(41,29)	9.58,82(41,64)	10.40,78(41,96)	
	11.22,43(41,65)	12.04,08(41,65)	12.45,62(41,54)	13.28,54(42,92)	
	14.11,83(43,29)	14.54,62(42,79)	15.36,89(42,27)	16.18,66(41,77)	
	16.59,83(41,17)	17.41,09(41,26)	18.21,96(40,87)	19.02,71(40,75)	
	19.43,86(41,15)	20.24,09(40,23)			

Junior

1	Siri Anette Sønju	92	Øvre Eiker SK	17.44,14	723
	31,50(31,50)	1.06,06(34,56)	1.41,43(35,37)	2.17,11(35,68)	
	2.52,42(35,31)	3.27,85(35,43)	4.03,27(35,42)	4.39,07(35,80)	
	5.14,86(35,79)	5.50,54(35,68)	6.26,55(36,01)	7.02,24(35,69)	
	7.38,25(36,01)	8.13,92(35,67)	8.49,58(35,66)	9.25,16(35,58)	
	10.00,69(35,53)	10.36,42(35,73)	11.11,89(35,47)	11.47,77(35,88)	
	12.23,48(35,71)	12.59,48(36,00)	13.35,30(35,82)	14.11,24(35,94)	
	14.47,13(35,89)	15.23,06(35,93)	15.59,28(36,22)	16.35,04(35,76)	
	17.10,90(35,86)	17.44,14(33,24)			
2	Susann Bjørnsen	93	Setermoen SK	17.47,15	717
	31,62(31,62)	1.05,38(33,76)	1.40,05(34,67)	2.14,62(34,57)	
	2.49,54(34,92)	3.24,68(35,14)	4.00,02(35,34)	4.35,56(35,54)	
	5.11,13(35,57)	5.46,94(35,81)	6.23,03(36,09)	6.58,86(35,83)	
	7.34,80(35,94)	8.10,98(36,18)	8.47,01(36,03)	9.22,78(35,77)	
	9.59,19(36,41)	10.35,19(36,00)	11.11,83(36,64)	11.47,84(36,01)	
	12.24,44(36,60)	13.00,75(36,31)	13.36,88(36,13)	14.13,00(36,12)	
	14.49,72(36,72)	15.26,18(36,46)	16.01,76(35,58)	16.37,56(35,80)	
	17.13,58(36,02)	17.47,15(33,57)			
3	Katrine Ekstang	92	Setermoen SK	17.56,60	698
	31,92(31,92)	1.06,46(34,54)	1.41,45(34,99)	2.16,66(35,21)	
	2.52,42(35,76)	3.27,50(35,08)	4.03,13(35,63)	4.38,67(35,54)	
	5.14,43(35,76)	5.50,14(35,71)	6.25,91(35,77)	7.01,82(35,91)	
	7.38,27(36,45)	8.14,88(36,61)	8.50,48(35,60)	9.26,32(35,84)	
	10.02,09(35,77)	10.38,01(35,92)	11.13,98(35,97)	11.50,66(36,68)	
	12.27,16(36,50)	13.04,03(36,87)	13.40,59(36,56)	14.17,47(36,88)	
	14.54,57(37,10)	15.32,12(37,55)	16.07,88(35,76)	16.44,52(36,64)	
	17.21,38(36,86)	17.56,60(35,22)			
4	Eva Marie Østerhus	94	Madla SK	18.05,98	680
	32,44(32,44)	1.08,10(35,66)	1.44,46(36,36)	2.21,02(36,56)	
	2.57,38(36,36)	3.33,56(36,18)	4.09,92(36,36)	4.46,47(36,55)	
	5.22,85(36,38)	5.59,08(36,23)	6.35,70(36,62)	7.12,43(36,73)	
	7.48,85(36,42)	8.25,70(36,85)	9.02,25(36,55)	9.38,86(36,61)	
	10.15,57(36,71)	10.52,23(36,66)	11.28,89(36,66)	12.05,22(36,33)	
	12.41,27(36,05)	13.17,41(36,14)	13.53,96(36,55)	14.30,29(36,33)	
	15.06,77(36,48)	15.43,19(36,42)	16.19,59(36,40)	16.55,80(36,21)	
	17.31,46(35,66)	18.05,98(34,52)			
5	Terese Fosby	92	Kongstensvømmerne	18.21,14	652
	31,91(31,91)	1.07,64(35,73)	1.43,79(36,15)	2.20,03(36,24)	
	2.56,50(36,47)	3.32,88(36,38)	4.10,08(37,20)	4.46,64(36,56)	
	5.23,48(36,84)	6.00,16(36,68)	6.36,76(36,60)	7.13,91(37,15)	
	7.50,82(36,91)	8.28,28(37,46)	9.05,53(37,25)	9.42,55(37,02)	
	10.20,18(37,63)	10.57,34(37,16)	11.34,45(37,11)	12.11,44(36,99)	
	12.48,79(37,35)	13.26,12(37,33)	14.03,39(37,27)	14.40,96(37,57)	
	15.18,98(38,02)	15.55,95(36,97)	16.33,24(37,29)	17.10,11(36,87)	
	17.46,42(36,31)	18.21,14(34,72)			
6	Jacqueline Knutsson	93	Kongstensvømmerne	18.22,02	651
	31,15(31,15)	1.06,91(35,76)	1.43,22(36,31)	2.19,73(36,51)	
	2.56,71(36,98)	3.33,09(36,38)	4.10,14(37,05)	4.47,15(37,01)	
	5.23,69(36,54)	6.00,76(37,07)	6.37,98(37,22)	7.15,37(37,39)	
	7.52,62(37,25)	8.30,01(37,39)	9.06,98(36,97)	9.44,18(37,20)	
	10.21,70(37,52)	10.59,64(37,94)	11.36,88(37,24)	12.13,73(36,85)	
	12.50,53(36,80)	13.27,81(37,28)	14.04,70(36,89)	14.41,70(37,00)	
	15.18,94(37,24)	15.56,02(37,08)	16.33,21(37,19)	17.10,64(37,43)	
	17.46,78(36,14)	18.22,02(35,24)			

7	Inger-Cathrine Wium	92	Øvre Eiker SK	18.24,90	646
	32,33(32,33)	1.07,61(35,28)	1.43,71(36,10)	2.20,36(36,65)	
	2.57,44(37,08)	3.34,77(37,33)	4.11,76(36,99)	4.48,86(37,10)	
	5.26,13(37,27)	6.03,64(37,51)	6.40,98(37,34)	7.18,26(37,28)	
	7.55,14(36,88)	8.32,49(37,35)	9.09,83(37,34)	9.46,89(37,06)	
	10.24,12(37,23)	11.01,19(37,07)	11.38,32(37,13)	12.15,77(37,45)	
	12.53,02(37,25)	13.30,27(37,25)	14.07,29(37,02)	14.44,56(37,27)	
	15.21,66(37,10)	15.58,68(37,02)	16.35,70(37,02)	17.12,78(37,08)	
	17.49,49(36,71)	18.24,90(35,41)			
8	Andrea Haugstad	92	Vestkantsvømmerne	18.25,26	645
	33,07(33,07)	1.09,56(36,49)	1.46,71(37,15)	2.23,65(36,94)	
	3.00,76(37,11)	3.38,24(37,48)	4.15,59(37,35)	4.53,07(37,48)	
	5.30,01(36,94)	6.07,21(37,20)	6.44,07(36,86)	7.21,06(36,99)	
	7.58,25(37,19)	8.35,16(36,91)	9.12,26(37,10)	9.49,15(36,89)	
	10.25,94(36,79)	11.03,20(37,26)	11.40,17(36,97)	12.16,94(36,77)	
	12.53,61(36,67)	13.30,40(36,79)	14.07,32(36,92)	14.44,22(36,90)	
	15.21,31(37,09)	15.58,56(37,25)	16.34,93(36,37)	17.12,23(37,30)	
	17.49,25(37,02)	18.25,26(36,01)			
9	Karoline Pedersen	94	Bergen SLK	18.28,18	640
	33,65(33,65)	1.09,85(36,20)	1.46,86(37,01)	2.23,47(36,61)	
	3.00,39(36,92)	3.37,13(36,74)	4.14,14(37,01)	4.51,02(36,88)	
	5.27,86(36,84)	6.05,00(37,14)	6.41,88(36,88)	7.18,59(36,71)	
	7.55,67(37,08)	8.33,04(37,37)	9.10,31(37,27)	9.47,48(37,17)	
	10.24,62(37,14)	11.01,49(36,87)	11.38,37(36,88)	12.15,35(36,98)	
	12.52,57(37,22)	13.29,79(37,22)	14.07,21(37,42)	14.44,69(37,48)	
	15.21,86(37,17)	15.59,61(37,75)	16.37,48(37,87)	17.14,94(37,46)	
	17.52,42(37,48)	18.28,18(35,76)			
10	Stine Lise Stenseth	94	Øvre Eiker SK	18.35,13	628
	33,14(33,14)	1.09,31(36,17)	1.45,76(36,45)	2.22,66(36,90)	
	2.59,21(36,55)	3.35,95(36,74)	4.12,89(36,94)	4.50,03(37,14)	
	5.27,68(37,65)	6.04,90(37,22)	6.42,65(37,75)	7.20,43(37,78)	
	7.58,16(37,73)	8.35,93(37,77)	9.13,43(37,50)	9.50,91(37,48)	
	10.28,43(37,52)	11.05,60(37,17)	11.42,75(37,15)	12.19,91(37,16)	
	12.58,07(38,16)	13.35,92(37,85)	14.13,50(37,58)	14.51,40(37,90)	
	15.28,70(37,30)	16.06,04(37,34)	16.43,35(37,31)	17.20,60(37,25)	
	17.58,56(37,96)	18.35,13(36,57)			
11	Julie Rønningsen	94	Lambertseter SK	18.44,80	612
	32,79(32,79)	1.09,45(36,66)	1.46,56(37,11)	2.23,45(36,89)	
	3.00,64(37,19)	3.38,27(37,63)	4.15,45(37,18)	4.52,95(37,50)	
	5.30,17(37,22)	6.07,59(37,42)	6.44,98(37,39)	7.22,51(37,53)	
	7.59,94(37,43)	8.37,82(37,88)	9.15,38(37,56)	9.53,36(37,98)	
	10.31,41(38,05)	11.09,32(37,91)	11.47,00(37,68)	12.24,95(37,95)	
	13.03,02(38,07)	13.41,21(38,19)	14.19,28(38,07)	14.57,05(37,77)	
	15.35,64(38,59)	16.13,66(38,02)	16.52,00(38,34)	17.30,12(38,12)	
	18.08,04(37,92)	18.44,80(36,76)			
12	Henriette With Bjørnstad	92	Ski SK	19.21,17	556
	33,18(33,18)	1.09,66(36,48)	1.46,99(37,33)	2.24,99(38,00)	
	3.03,15(38,16)	3.41,86(38,71)	4.20,63(38,77)	4.59,39(38,76)	
	5.38,43(39,04)	6.17,47(39,04)	6.57,30(39,83)	7.36,56(39,26)	
	8.15,94(39,38)	8.55,17(39,23)	9.34,64(39,47)	10.14,16(39,52)	
	10.53,68(39,52)	11.32,95(39,27)	12.12,39(39,44)	12.51,52(39,13)	
	13.30,42(38,90)	14.09,11(38,69)	14.49,03(39,92)	15.28,61(39,58)	
	16.08,28(39,67)	16.47,39(39,11)	17.26,76(39,37)	18.06,06(39,30)	
	18.44,07(38,01)	19.21,17(37,10)			
13	Line Cecilie Stenseth	90	Øvre Eiker SK	19.22,83	554
	33,34(33,34)	1.09,68(36,34)	1.46,83(37,15)	2.24,46(37,63)	
	3.02,65(38,19)	3.41,07(38,42)	4.20,02(38,95)	4.58,92(38,90)	
	5.37,48(38,56)	6.16,57(39,09)	6.55,21(38,64)	7.34,41(39,20)	
	8.13,83(39,42)	8.53,69(39,86)	9.33,27(39,58)	10.12,29(39,02)	
	10.51,39(39,10)	11.30,68(39,29)	12.09,39(38,71)	12.48,78(39,39)	
	13.27,73(38,95)	14.07,09(39,36)	14.46,04(38,95)	15.25,39(39,35)	
	16.05,18(39,79)	16.44,64(39,46)	17.24,42(39,78)	18.04,29(39,87)	
	18.43,76(39,47)	19.22,83(39,07)			
14	Siren Bergslid	93	Stavanger SC	19.29,37	545
	34,26(34,26)	1.11,43(37,17)	1.49,79(38,36)	2.28,57(38,78)	
	3.07,25(38,68)	3.46,02(38,77)	4.25,17(39,15)	5.04,35(39,18)	
	5.43,79(39,44)	6.23,12(39,33)	7.02,18(39,06)	7.41,42(39,24)	
	8.20,80(39,38)	9.00,21(39,41)	9.39,68(39,47)	10.19,03(39,35)	
	10.58,73(39,70)	11.37,95(39,22)	12.17,20(39,25)	12.56,62(39,42)	
	13.35,95(39,33)	14.15,61(39,66)	14.55,88(40,27)	15.34,82(38,94)	
	16.14,55(39,73)	16.53,34(38,79)	17.33,09(39,75)	18.12,26(39,17)	
	18.51,62(39,36)	19.29,37(37,75)			

15	June J. Kristiansen	90	Delfana	19.32,75	540
	33,61(33,61)	1.09,68(36,07)	1.46,42(36,74)	2.23,72(37,30)	
	3.00,96(37,24)	3.38,19(37,23)	4.16,29(38,10)	4.54,14(37,85)	
	5.32,22(38,08)	6.10,29(38,07)	6.48,74(38,45)	7.27,58(38,84)	
	8.06,77(39,19)	8.46,24(39,47)	9.26,07(39,83)	10.05,90(39,83)	
	10.46,41(40,51)	11.26,45(40,04)	12.06,36(39,91)	12.46,67(40,31)	
	13.26,85(40,18)	14.07,12(40,27)	14.47,35(40,23)	15.28,14(40,79)	
	16.09,38(41,24)	16.50,11(40,73)	17.31,09(40,98)	18.11,85(40,76)	
	18.52,52(40,67)	19.32,75(40,23)			
16	Lisa Warzelhan	91	Lambertseter SK	20.13,07	488
	33,03(33,03)	1.09,50(36,47)	1.46,97(37,47)	2.25,22(38,25)	
	3.04,36(39,14)	3.43,30(38,94)	4.22,56(39,26)	5.03,17(40,61)	
	5.44,47(41,30)	6.25,41(40,94)	7.05,91(40,50)	7.46,79(40,88)	
	8.28,49(41,70)	9.09,13(40,64)	9.51,11(41,98)	10.32,31(41,20)	
	11.13,98(41,67)	11.55,55(41,57)	12.37,81(42,26)	13.19,16(41,35)	
	14.00,93(41,77)	14.42,99(42,06)	15.24,64(41,65)	16.05,71(41,07)	
	16.47,40(41,69)	17.28,99(41,59)	18.10,29(41,30)	18.51,73(41,44)	
	19.32,96(41,23)	20.13,07(40,11)			
17	Maria Dahli	92	Moss SK	20.24,09	475
	33,77(33,77)	1.11,41(37,64)	1.50,71(39,30)	2.30,09(39,38)	
	3.09,81(39,72)	3.50,15(40,34)	4.30,74(40,59)	5.11,14(40,40)	
	5.51,73(40,59)	6.32,85(41,12)	7.13,63(40,78)	7.54,58(40,95)	
	8.35,89(41,31)	9.17,18(41,29)	9.58,82(41,64)	10.40,78(41,96)	
	11.22,43(41,65)	12.04,08(41,65)	12.45,62(41,54)	13.28,54(42,92)	
	14.11,83(43,29)	14.54,62(42,79)	15.36,89(42,27)	16.18,66(41,77)	
	16.59,83(41,17)	17.41,09(41,26)	18.21,96(40,87)	19.02,71(40,75)	
	19.43,86(41,15)	20.24,09(40,23)			
	Martine Bremer	90	Bergen SLK	BRUTT	

Øvelse 46. 4*100m lag medley, herrer - UM

UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	(0,65)	4.08,61	602
	Per Øystein Turøy:	31,86(31,86)	1.06,16(34,30)	1.06,16		
	Hans Østerdal:	1.37,76(31,60)	2.15,99(38,23)	1.09,83		
	Christian Juvik:	2.42,60(26,61)	3.14,16(31,56)	58,17		
	Jørn Nygård:	3.40,38(26,22)	4.08,61(28,23)	54,45		
2	Åstveit SK G1 jr.	JR	Åstveit SK	(0,72)	4.16,83	546
	Zoltan Csernai:	30,46(30,46)	1.02,37(31,91)	1.02,37		
	Eivind Johannesen:	1.36,08(33,71)	2.14,89(38,81)	1.12,52		
	Erlend Ulveseter:	2.44,60(29,71)	3.18,94(34,34)	1.04,05		
	Robin Sell Dyngeland:	3.46,25(27,31)	4.16,83(30,58)	57,89		
3	Florø SLK G1 jr.	JR	Florø SLK	(0,76)	4.17,93	539
	Simen Andreassen:	31,71(31,71)	1.04,81(33,10)	1.04,81		
	Hans Kristian Andersen:	1.36,33(31,52)	2.13,83(37,50)	1.09,02		
	Marius Nekkøy Karstad:	2.42,75(28,92)	3.19,50(36,75)	1.05,67		
	Kristoffer D. Birkeland:	3.46,89(27,39)	4.17,93(31,04)	58,43		
4	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,67)	4.35,24	444
	Konrad Paszkowski:	34,67(34,67)	1.11,87(37,20)	1.11,87		
	Alexander Schüssler:	1.46,70(34,83)	2.26,87(40,17)	1.15,00		
	David Evja:	2.56,92(30,05)	3.33,86(36,94)	1.06,99		
	Magnus Rødseth:	4.02,73(28,87)	4.35,24(32,51)	1.01,38		
5	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,58)	4.37,29	434
	Tore Skaug Bysting:	32,00(32,00)	1.06,21(34,21)	1.06,21		
	Kjetil Flatland:	1.42,79(36,58)	2.25,50(42,71)	1.19,29		
	Eirik Lindhjem:	2.56,30(30,80)	3.34,09(37,79)	1.08,59		
	Magnus Sundby Kinn:	4.02,95(28,86)	4.37,29(34,34)	1.03,20		
6	Moss SK G1 jr.	JR	Moss SK	(0,63)	4.39,96	422
	Fredrik Johansen Nielsen:	34,20(34,20)	1.10,03(35,83)	1.10,03		
	Georg Horntvedt:	1.45,71(35,68)	2.27,69(41,98)	1.17,66		
	Dan Martin Gudbrandsen:	2.58,13(30,44)	3.39,25(41,12)	1.11,56		
	Stian Svingen Nilsson:	4.06,96(27,71)	4.39,96(33,00)	1.00,71		
7	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(0,65)	4.44,11	403
	Gjermund Fure Johansen:	33,49(33,49)	1.09,12(35,63)	1.09,12		
	Markus Vindenes:	1.45,15(36,03)	2.26,44(41,29)	1.17,32		
	Anders S. Jordheim:	2.57,46(31,02)	3.36,52(39,06)	1.10,08		
	Kristian Blummenfelt:	4.08,78(32,26)	4.44,11(35,33)	1.07,59		
	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,59)	BRUTT	
	Henry Emil Nordhagen:	31,28(31,28)	1.05,29(34,01)	1.05,29		
	Magnus Buch:	1.42,95(37,66)	2.27,41(44,46)	1.22,12		
	Magnus Kjerstad:					
	Lars Hvidsten:					

Søndag 25. november 2007 kl 16.00**Øvelse 36. 400m individuell medley, herrer - Direkte finale****UM**

1	Hans Østerdal	93	Stavanger SC	4.55,09	580
	30,25(30,25)	1.06,65(36,40)	1.44,87(38,22)	2.22,86(37,99)	
	3.04,13(41,27)	3.46,37(42,24)	4.21,48(35,11)	4.55,09(33,61)	
2	Jonas Kirkeberg Jostad	92	Hamar IL	4.55,78	576
	31,03(31,03)	1.06,70(35,67)	1.43,24(36,54)	2.20,29(37,05)	
	3.02,49(42,20)	3.45,62(43,13)	4.20,17(34,55)	4.55,78(35,61)	
3	Hans Kristian Andersen	93	Florø SLK	4.57,66	565
	31,29(31,29)	1.07,38(36,09)	1.46,71(39,33)	2.26,20(39,49)	
	3.05,70(39,50)	3.47,21(41,51)	4.23,14(35,93)	4.57,66(34,52)	
4	Espen Halhjem	92	Delfana	4.59,41	555
	30,95(30,95)	1.07,78(36,83)	1.46,99(39,21)	2.25,46(38,47)	
	3.07,35(41,89)	3.49,93(42,58)	4.26,06(36,13)	4.59,41(33,35)	
5	Andreas Mathingsdal Pedersen	92	Farsund SK	5.03,18	535
	32,80(32,80)	1.11,06(38,26)	1.51,96(40,90)	2.31,95(39,99)	
	3.12,90(40,95)	3.55,49(42,59)	4.30,02(34,53)	5.03,18(33,16)	
6	Sindre Lilledahl	92	Haugesund SK	5.03,31	534
	32,25(32,25)	1.09,96(37,71)	1.48,49(38,53)	2.25,67(37,18)	
	3.09,79(44,12)	3.54,68(44,89)	4.30,30(35,62)	5.03,31(33,01)	
7	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,94	505
	33,01(33,01)	1.12,63(39,62)	1.51,30(38,67)	2.29,38(38,08)	
	3.12,41(43,03)	3.56,36(43,95)	4.33,19(36,83)	5.08,94(35,75)	
8	Alexander Schüssler	92	Lambertseter SK	5.28,72	419
	34,24(34,24)	1.15,16(40,92)	1.55,50(40,34)	2.35,90(40,40)	
	3.23,14(47,24)	4.09,39(46,25)	4.49,26(39,87)	5.28,72(39,46)	

Junior

1	Eirik Ravnan	89	Hamar IL	4.31,34	746
	28,89(28,89)	1.01,29(32,40)	1.35,86(34,57)	2.10,50(34,64)	
	2.47,59(37,09)	3.25,46(37,87)	3.58,68(33,22)	4.31,34(32,66)	
2	Ronnie Anstensen	88	Hamar IL	4.34,29	722
	29,63(29,63)	1.04,01(34,38)	1.40,44(36,43)	2.15,46(35,02)	
	2.53,95(38,49)	3.33,40(39,45)	4.05,49(32,09)	4.34,29(28,80)	
3	Sindri T. Jakobsson	91	BS/Delfana	4.37,08	701
	28,34(28,34)	1.01,69(33,35)	1.38,00(36,31)	2.13,82(35,82)	
	2.53,77(39,95)	3.33,70(39,93)	4.06,37(32,67)	4.37,08(30,71)	
4	Robin Palm	88	Sarpsborg IL	4.37,30	699
	28,57(28,57)	1.00,73(32,16)	1.37,85(37,12)	2.15,02(37,17)	
	2.53,74(38,72)	3.32,68(38,94)	4.06,06(33,38)	4.37,30(31,24)	
5	Christian Thorsen	91	Lambertseter SK	4.40,59	675
	30,70(30,70)	1.06,01(35,31)	1.42,06(36,05)	2.18,20(36,14)	
	2.57,90(39,70)	3.37,90(40,00)	4.08,98(31,08)	4.40,59(31,61)	
6	Sindre Nilo	90	Sandefjord SK/NTG	4.42,21	663
	29,74(29,74)	1.04,15(34,41)	1.39,35(35,20)	2.13,43(34,08)	
	2.54,24(40,81)	3.35,68(41,44)	4.09,43(33,75)	4.42,21(32,78)	
7	Kristoffer Meisler	90	Tverlandet IL	4.44,64	646
	30,04(30,04)	1.04,89(34,85)	1.41,14(36,25)	2.17,74(36,60)	
	2.57,63(39,89)	3.38,51(40,88)	4.13,10(34,59)	4.44,64(31,54)	
8	Sebastian Wigstrøm	91	Bærumsvømmerne	4.45,97	637
	29,94(29,94)	1.05,37(35,43)	1.41,67(36,30)	2.17,73(36,06)	
	2.56,69(38,96)	3.38,34(41,65)	4.12,34(34,00)	4.45,97(33,63)	
9	Sebastian Stordal	91	BS/Delfana	4.46,85	631
	29,50(29,50)	1.04,51(35,01)	1.40,38(35,87)	2.17,12(36,74)	
	2.57,95(40,83)	3.39,18(41,23)	4.13,62(34,44)	4.46,85(33,23)	
10	Vegard Løvberg	91	Bærumsvømmerne	4.50,86	606
	30,37(30,37)	1.05,59(35,22)	1.43,10(37,51)	2.19,76(36,66)	
	3.02,38(42,62)	3.46,09(43,71)	4.18,59(32,50)	4.50,86(32,27)	
11	Hans Østerdal	93	Stavanger SC	4.55,09	580
	30,25(30,25)	1.06,65(36,40)	1.44,87(38,22)	2.22,86(37,99)	
	3.04,13(41,27)	3.46,37(42,24)	4.21,48(35,11)	4.55,09(33,61)	

12	Jonas Kirkeberg Jostad	92	Hamar IL	4.55,78	576
	31,03(31,03)	1.06,70(35,67)	1.43,24(36,54)	2.20,29(37,05)	
	3.02,49(42,20)	3.45,62(43,13)	4.20,17(34,55)	4.55,78(35,61)	
13	Elias Damman	89	Bærum/NTG	4.57,48	566
	30,49(30,49)	1.06,80(36,31)	1.45,36(38,56)	2.23,47(38,11)	
	3.05,26(41,79)	3.47,65(42,39)	4.23,39(35,74)	4.57,48(34,09)	
14	Carl Andreas Wathne	91	Asker SK	4.57,65	565
	30,72(30,72)	1.06,41(35,69)	1.44,84(38,43)	2.22,30(37,46)	
	3.05,65(43,35)	3.50,02(44,37)	4.24,41(34,39)	4.57,65(33,24)	
15	Hans Kristian Andersen	93	Florø SLK	4.57,66	565
	31,29(31,29)	1.07,38(36,09)	1.46,71(39,33)	2.26,20(39,49)	
	3.05,70(39,50)	3.47,21(41,51)	4.23,14(35,93)	4.57,66(34,52)	
16	Simen Dale	91	BS/Delfana	4.57,98	563
	31,01(31,01)	1.07,30(36,29)	1.46,59(39,29)	2.25,25(38,66)	
	3.06,25(41,00)	3.48,69(42,44)	4.24,05(35,36)	4.57,98(33,93)	
17	Espen Halhjem	92	Delfana	4.59,41	555
	30,95(30,95)	1.07,78(36,83)	1.46,99(39,21)	2.25,46(38,47)	
	3.07,35(41,89)	3.49,93(42,58)	4.26,06(36,13)	4.59,41(33,35)	
18	Andreas Mathingsdal Pedersen	92	Farsund SK	5.03,18	535
	32,80(32,80)	1.11,06(38,26)	1.51,96(40,90)	2.31,95(39,99)	
	3.12,90(40,95)	3.55,49(42,59)	4.30,02(34,53)	5.03,18(33,16)	
19	Sindre Lilledahl	92	Haugesund SK	5.03,31	534
	32,25(32,25)	1.09,96(37,71)	1.48,49(38,53)	2.25,67(37,18)	
	3.09,79(44,12)	3.54,68(44,89)	4.30,30(35,62)	5.03,31(33,01)	
20	Gunnar V. Skirbekk	91	Elverum Svømming	5.05,23	524
	31,29(31,29)	1.06,44(35,15)	1.45,39(38,95)	2.24,20(38,81)	
	3.07,20(43,00)	3.51,69(44,49)	4.28,88(37,19)	5.05,23(36,35)	
21	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.08,94	505
	33,01(33,01)	1.12,63(39,62)	1.51,30(38,67)	2.29,38(38,08)	
	3.12,41(43,03)	3.56,36(43,95)	4.33,19(36,83)	5.08,94(35,75)	
22	Alexander Schüssler	92	Lambertseter SK	5.28,72	419
	34,24(34,24)	1.15,16(40,92)	1.55,50(40,34)	2.35,90(40,40)	
	3.23,14(47,24)	4.09,39(46,25)	4.49,26(39,87)	5.28,72(39,46)	
	Aleksander Haugstvedt	89	Delfana	DISK	

Øvelse 37. 4*50m fri, damer - Junior

Junior

1	Asker SK J1 jr.	JR	Asker SK	1.47,89	784	NJR
	Nora Kathrine Guthe:	28,35(28,35)				
	Sofie Gjemmestad:	55,20(26,85)				
	Siri Eva Kristiansen:	1.22,07(26,87)				
	Ingvild Snildal:	1.47,89(25,82)				
2	Bærumsv J1 jr.	JR	Bærumsvømmerne	1.50,04	739	
	Maria Bølgen:	27,86(27,86)				
	Vibeke Browne:	55,32(27,46)				
	Kristine Mella:	1.22,64(27,32)				
	Karin Ekholt:	1.50,04(27,40)				
3	Lambertseter SK J2 jr.	JR	Lambertseter SK	1.50,80	724	
	Emilie Hellerud:	28,01(28,01)				
	Karoline Bergene:	55,90(27,89)				
	Emma Isdahl:	1.22,78(26,88)				
	Pia Cornelia Braarud:	1.50,80(28,02)				
4	Team Stavanger J1 jr.	JR	Team Stavanger	1.50,86	723	
	Trine Hovda:	28,20(28,20)				
	Vibeke Brigg:	55,49(27,29)				
	Marthe Berg Sørensen:	1.23,28(27,79)				
	Maren Kristine Jansen:	1.50,86(27,58)				
5	Arna SLK J1 jr.	JR	Arna SLK	1.51,01	720	
	Oda J. Midtun:	27,86(27,86)				
	Katinka Kvant:	55,70(27,84)				
	Ane J. Midtun:	1.23,10(27,40)				
	Seline Vike Holm:	1.51,01(27,91)				
6	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	1.51,25	715	
	Henriette Brekke:	25,57(25,57)				
	Benedicte Kausland:	53,89(28,32)				
	Juni Rugland:	1.22,41(28,52)				
	Marthe Helene Haganes:	1.51,25(28,84)				

7	Team Stavanger J2 jr.	JR	Team Stavanger	1.53,96	665
	Victoria Rung:	29,16(29,16)			
	Ida Nordbø:	57,04(27,88)			
	Christine Ørland:	1.24,99(27,95)			
	Stine Mjølhus Kristoffersen:	1.53,96(28,97)			
8	Kristiansand SA J1 jr.	JR	Kristiansand SA	1.54,13	662
	Linn Hege Laudal:	28,86(28,86)			
	Maria Aasen:	57,39(28,53)			
	Hege Omdal:	1.25,27(27,88)			
	Mariken Asbjørnsen:	1.54,13(28,86)			
9	Lambertseter SK J1 jr.	JR	Lambertseter SK	1.54,25	660
	Marit Vala:	28,39(28,39)			
	Heidi Vainio Gjøen:	57,06(28,67)			
	Ingrid N. Knutzen:				
	Julie Rønningsen:	1.54,25(57,19)			
10	Delfana J1 jr.	JR	Delfana	1.55,19	644
	Oda S. Leiknes:	29,22(29,22)			
	Hanne Søfteland:	57,61(28,39)			
	Ragnhild Smith-Sivertsen:	1.26,39(28,78)			
	June J. Kristiansen:	1.55,19(28,80)			
11	Sandnes SLK J1 jr.	JR	Sandnes SLK	1.55,63	637
	Nicole Egeland:	29,45(29,45)			
	Birgitte Mjøs Bratteli:	58,11(28,66)			
	Alvilde Morken:	1.26,64(28,53)			
	Bente Wathne:	1.55,63(28,99)			
12	Moss SK J1 jr.	JR	Moss SK	1.55,81	634
	Marte Elise Brinchmann:	29,18(29,18)			
	Ina Kr. Pedersen:	55,82(26,64)			
	Thea Pedersen:	1.25,68(29,86)			
	Oda Berg Dypsund:	1.55,81(30,13)			
13	Bergens SC J1 jr.	JR	Bergens SC	1.57,21	611
	Maren Allum:	29,30(29,30)			
	Ingse Bergh Monsen:	58,90(29,60)			
	Kaya Haugland Færøvik:	1.27,82(28,92)			
	Eirin Arnesen:	1.57,21(29,39)			
14	Stavanger SC J1 jr.	JR	Stavanger SC	1.57,22	611
	Nicole T. Næsheim:	28,61(28,61)			
	Karoline Eriksen:	58,57(29,96)			
	Siren Bergslid:	1.27,96(29,39)			
	Caroline M. Mork:	1.57,22(29,26)			
15	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	1.59,10	583
	Malin Dahle:	30,75(30,75)			
	Marie Reinertsen:	59,90(29,15)			
	Marie Øverland:	1.29,53(29,63)			
	Andrea Haugstad:	1.59,10(29,57)			
16	Askimsvømmerne J1 jr.	JR	Askimsvømmerne	1.59,52	576
	Line W. Lund:	27,92(27,92)			
	Kristine Myhrer:	57,03(29,11)			
	Julie Beate Oraug:	1.27,78(30,75)			
	Marie Trollerud:	1.59,52(31,74)			
17	Hamar IL J1 jr.	JR	Hamar IL	1.59,95	570
	Oda Martine Reiertsen:	28,92(28,92)			
	Elisabet Arnesen:	58,88(29,96)			
	Julie Torgersen Nilsen:				
	Mari Lystad Karlsen:	1.59,95(1.01,07)			
18	Ås IL J1 jr.	JR	Ås IL	2.00,27	566
	Anine Dannemark:	30,92(30,92)			
	Ida Louise Tenden:	1.01,57(30,65)			
	Silje Kierulf:	1.31,09(29,52)			
	Camilla Moe:	2.00,27(29,18)			
19	Eid SK J1 jr.	JR	Eid SK	2.01,17	553
	Kine Vereide:	28,93(28,93)			
	Sandra Ullaland:	1.00,09(31,16)			
	Ann-Merete Risøy:	1.32,76(32,67)			
	Marianne Kløvning:	2.01,17(28,41)			
20	Sarpsborg IL J1 jr.	JR	Sarpsborg IL	2.01,35	551
	Julie Borgen:	29,61(29,61)			
	Ingelov Kopperud:	59,81(30,20)			
	Amra Medic:	1.31,32(31,51)			
	Madeleine A. Ervik:	2.01,35(30,03)			

21	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	2.01,79	545
	Ine Charlotte Hagen:	30,61(30,61)			
	Jeanette Erlandsen:	1.01,05(30,44)			
	Ida Arnøy:	1.31,22(30,17)			
	Aurora Brandtzæg:	2.01,79(30,57)			
22	SK Speed J1 jr.	JR	SK Speed	2.06,01	492
	Idha Toft Valeur:	31,50(31,50)			
	Marthe Karlsen:	1.02,21(30,71)			
	Hege Strøm Haukeland:	1.33,89(31,68)			
	Linda Gabrielsen:	2.06,01(32,12)			
23	Løren/Rælingen J2 jr.	JR	Lørenskog/Rælingen	2.14,35	406
	Mette Aas:	31,40(31,40)			
	Julie Løkstad:	1.04,83(33,43)			
	Andrea Nakken:	1.38,95(34,12)			
	Vivi Vu:	2.14,35(35,40)			

Øvelse 38. 200m fri, herrer - Finale

Junior

1	Øystein R. Hetland	89	Bærum/NTG	1.52,02	785
	26,28(26,28)	54,99(28,71)	1.24,18(29,19)	1.52,02(27,84)	
2	Jørgen Møllerop	88	TS/Madla SK	1.52,21	781
	26,18(26,18)	54,87(28,69)	1.23,82(28,95)	1.52,21(28,39)	
3	Mikkel Tørud Lang	90	Ullensakersv	1.54,79	729
	27,56(27,56)	56,72(29,16)	1.25,72(29,00)	1.54,79(29,07)	
3	Stian Werner Erichsen	90	Bærumsvømmerne	1.54,79	729
	27,08(27,08)	55,53(28,45)	1.25,06(29,53)	1.54,79(29,73)	
5	Christer Koch Kvam	90	Bærum/NTG	1.56,27	702
	27,72(27,72)	57,29(29,57)	1.26,81(29,52)	1.56,27(29,46)	
6	Jørn Nygård	92	Stavanger SC	2.00,94	624
	27,58(27,58)	57,94(30,36)	1.29,65(31,71)	2.00,94(31,29)	

Øvelse 39. 200m butterfly, damer - Finale

Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	2.15,49	792	NJR
	30,67(30,67)	1.05,35(34,68)	1.40,37(35,02)	2.15,49(35,12)		
2	Line Løvberg	91	Lambertseter SK/NTG	2.21,01	702	
	31,42(31,42)	1.06,95(35,53)	1.43,55(36,60)	2.21,01(37,46)		
3	Sara Pettersen	91	Fauske SK	2.24,03	659	
	32,13(32,13)	1.08,74(36,61)	1.46,21(37,47)	2.24,03(37,82)		
4	Elisabeth H. Svensson	91	Ski SK	2.24,27	656	
	31,50(31,50)	1.08,65(37,15)	1.46,62(37,97)	2.24,27(37,65)		
5	Terese Langlo	89	Skjetten Svømming	2.25,10	644	
	32,55(32,55)	1.09,24(36,69)	1.46,85(37,61)	2.25,10(38,25)		
6	Nora Næss	93	Haldens SK	2.32,75	552	
	33,39(33,39)	1.12,31(38,92)	1.52,52(40,21)	2.32,75(40,23)		

Øvelse 40. 100m rygg, herrer - Finale

Junior

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,63)	57,28	720
	28,15(28,15)	57,28(29,13)				
2	Dominik Borkowski	90	Skjetten Svømming/NTG(0,63)		57,73	703
	28,06(28,06)	57,73(29,67)				
3	Joar Skien Grannes	90	Sandnes SLK	(0,70)	59,16	653
	28,84(28,84)	59,16(30,32)				
4	John Hage Gaarder	89	Lørenskog/Rælingen		59,73	635
	28,45(28,45)	59,73(31,28)				
5	Stian S. Langeland	89	Bergens SC	(0,72)	59,94	628
	28,87(28,87)	59,94(31,07)				
6	Martin Skramstad	89	Hamar IL	(0,63)	1.00,46	612
	29,56(29,56)	1.00,46(30,90)				

Øvelse 41. 100m fri, damer - Finale**Junior**

1	Cecilie W. Johannessen 27,69(27,69)	90	Karmøy SK	56,82	806
2	Victoria S. Løken 28,12(28,12)	91	Aalesund SLK	57,37	783
3	Ina Kr. Pedersen 27,97(27,97)	89	Moss SK	57,82	765
4	Monica W. Johannessen 28,49(28,49)	90	Karmøy SK	58,23	749
5	Sofie Gjemmestad 28,19(28,19)	89	Asker SK	58,27	747
6	Martine Bremer 28,41(28,41)	90	Bergen SLK	59,69	695

Øvelse 42. 50m fri, herrer - Finale**Junior**

1	Øystein R. Hetland	89	Bærum/NTG	23,42	751
2	Erlend Alvestad	88	Vestbyen IL	24,04	694
3	Alexander B. Havre	90	Mandal SK	24,16	684
4	Bjarte Ravndal	91	TS/Sola SK	24,44	661
5	Per Sondre Sodeland	91	Mandal SK	24,50	656
6	Christer Koch Kvam	90	Bærum/NTG	24,51	655

Funksjonshemmede

1	Ola Fredriksen	93	Tromsø SK	33,55	255	S15	140,61 %
2	Ørjan Ørstenvik	89	Sandefjord SK	36,64	196	S13	149,49 %

Øvelse 43. 100m bryst, damer - Finale**Junior**

1	Katharina Stiberg 32,39(32,39)	88	Bjerkvik SK	1.09,38	857
2	Elise Utne 34,92(34,92)	89	Narvik SK	1.12,98	736
3	Monica Finnøy 34,77(34,77)	88	BS/Bergen SLK	1.13,08	733
4	Iselin Meisler 34,62(34,62)	90	Tverlandet IL	1.13,18	730
5	Trine Austrøne Olsen 34,70(34,70)	90	Fauske SK	1.13,28	727
6	Kristine Mella 34,75(34,75)	90	Bærumsvømmerne	1.13,91	709

Øvelse 44. 100m individuell medley, herrer - Finale

Junior

1	Eirik Ravnan	89	Hamar IL	57,82	768
	27,17(27,17)	57,82(30,65)			
2	Marcus Tesdal	90	BS/Åstveit	58,08	758
	26,69(26,69)	58,08(31,39)			
3	Jørgen Møllerop	88	TS/Madla SK	58,46	743
	26,63(26,63)	58,46(31,83)			
4	Martin Åsheim	90	Lørenskog/Rælingen	59,46	706
	27,36(27,36)	59,46(32,10)			
5	Mikael Bergene	91	Lambertseter SK	1.00,34	676
	28,09(28,09)	1.00,34(32,25)			
6	Ole-Wilhelm Norseng	88	Hamar IL	1.01,51	638
	27,82(27,82)	1.01,51(33,69)			

Øvelse 45. 1500m fri, damer - Direkte finale

UM

1	Elin Slaatto	92	Hamar IL	16.50,51	844
	30,07(30,07)	1.02,49(32,42)	1.35,50(33,01)	2.08,49(32,99)	
	2.41,82(33,33)	3.15,28(33,46)	3.48,62(33,34)	4.22,38(33,76)	
	4.56,13(33,75)	5.29,89(33,76)	6.04,08(34,19)	6.38,24(34,16)	
	7.12,20(33,96)	7.46,19(33,99)	8.20,39(34,20)	8.54,57(34,18)	
	9.28,67(34,10)	10.02,84(34,17)	10.36,73(33,89)	11.11,04(34,31)	
	11.44,88(33,84)	12.18,75(33,87)	12.52,86(34,11)	13.27,51(34,65)	
	14.01,56(34,05)	14.36,08(34,52)	15.10,18(34,10)	15.44,74(34,56)	
	16.18,42(33,68)	16.50,51(32,09)			
2	Siri N. Andersen	92	Haldens SK	17.38,98	733
	31,68(31,68)	1.05,81(34,13)	1.40,57(34,76)	2.15,46(34,89)	
	2.50,28(34,82)	3.25,54(35,26)	4.00,76(35,22)	4.36,18(35,42)	
	5.11,45(35,27)	5.46,60(35,15)	6.21,98(35,38)	6.57,37(35,39)	
	7.32,68(35,31)	8.08,17(35,49)	8.43,63(35,46)	9.19,25(35,62)	
	9.54,88(35,63)	10.30,52(35,64)	11.06,25(35,73)	11.41,94(35,69)	
	12.17,73(35,79)	12.53,70(35,97)	13.29,34(35,64)	14.05,10(35,76)	
	14.41,34(36,24)	15.17,24(35,90)	15.52,91(35,67)	16.28,81(35,90)	
	17.04,68(35,87)	17.38,98(34,30)			
3	Siri Anette Sønju	92	Øvre Eiker SK	17.44,14	723
	31,50(31,50)	1.06,06(34,56)	1.41,43(35,37)	2.17,11(35,68)	
	2.52,42(35,31)	3.27,85(35,43)	4.03,27(35,42)	4.39,07(35,80)	
	5.14,86(35,79)	5.50,54(35,68)	6.26,55(36,01)	7.02,24(35,69)	
	7.38,25(36,01)	8.13,92(35,67)	8.49,58(35,66)	9.25,16(35,58)	
	10.00,69(35,53)	10.36,42(35,73)	11.11,89(35,47)	11.47,77(35,88)	
	12.23,48(35,71)	12.59,48(36,00)	13.35,30(35,82)	14.11,24(35,94)	
	14.47,13(35,89)	15.23,06(35,93)	15.59,28(36,22)	16.35,04(35,76)	
	17.10,90(35,86)	17.44,14(33,24)			
4	Susann Bjørnsen	93	Setermoen SK	17.47,15	717
	31,62(31,62)	1.05,38(33,76)	1.40,05(34,67)	2.14,62(34,57)	
	2.49,54(34,92)	3.24,68(35,14)	4.00,02(35,34)	4.35,56(35,54)	
	5.11,13(35,57)	5.46,94(35,81)	6.23,03(36,09)	6.58,86(35,83)	
	7.34,80(35,94)	8.10,98(36,18)	8.47,01(36,03)	9.22,78(35,77)	
	9.59,19(36,41)	10.35,19(36,00)	11.11,83(36,64)	11.47,84(36,01)	
	12.24,44(36,60)	13.00,75(36,31)	13.36,88(36,13)	14.13,00(36,12)	
	14.49,72(36,72)	15.26,18(36,46)	16.01,76(35,58)	16.37,56(35,80)	
	17.13,58(36,02)	17.47,15(33,57)			
5	Katrine Ekstang	92	Setermoen SK	17.56,60	698
	31,92(31,92)	1.06,46(34,54)	1.41,45(34,99)	2.16,66(35,21)	
	2.52,42(35,76)	3.27,50(35,08)	4.03,13(35,63)	4.38,67(35,54)	
	5.14,43(35,76)	5.50,14(35,71)	6.25,91(35,77)	7.01,82(35,91)	
	7.38,27(36,45)	8.14,88(36,61)	8.50,48(35,60)	9.26,32(35,84)	
	10.02,09(35,77)	10.38,01(35,92)	11.13,98(35,97)	11.50,66(36,68)	
	12.27,16(36,50)	13.04,03(36,87)	13.40,59(36,56)	14.17,47(36,88)	
	14.54,57(37,10)	15.32,12(37,55)	16.07,88(35,76)	16.44,52(36,64)	
	17.21,38(36,86)	17.56,60(35,22)			

6	Eva Marie Østerhus	94	Madla SK	18.05,98	680
	32,44(32,44)	1.08,10(35,66)	1.44,46(36,36)	2.21,02(36,56)	
	2.57,38(36,36)	3.33,56(36,18)	4.09,92(36,36)	4.46,47(36,55)	
	5.22,85(36,38)	5.59,08(36,23)	6.35,70(36,62)	7.12,43(36,73)	
	7.48,85(36,42)	8.25,70(36,85)	9.02,25(36,55)	9.38,86(36,61)	
	10.15,57(36,71)	10.52,23(36,66)	11.28,89(36,66)	12.05,22(36,33)	
	12.41,27(36,05)	13.17,41(36,14)	13.53,96(36,55)	14.30,29(36,33)	
	15.06,77(36,48)	15.43,19(36,42)	16.19,59(36,40)	16.55,80(36,21)	
	17.31,46(35,66)	18.05,98(34,52)			
7	Terese Fosby	92	Kongstensvømmerne	18.21,14	652
	31,91(31,91)	1.07,64(35,73)	1.43,79(36,15)	2.20,03(36,24)	
	2.56,50(36,47)	3.32,88(36,38)	4.10,08(37,20)	4.46,64(36,56)	
	5.23,48(36,84)	6.00,16(36,68)	6.36,76(36,60)	7.13,91(37,15)	
	7.50,82(36,91)	8.28,28(37,46)	9.05,53(37,25)	9.42,55(37,02)	
	10.20,18(37,63)	10.57,34(37,16)	11.34,45(37,11)	12.11,44(36,99)	
	12.48,79(37,35)	13.26,12(37,33)	14.03,39(37,27)	14.40,96(37,57)	
	15.18,98(38,02)	15.55,95(36,97)	16.33,24(37,29)	17.10,11(36,87)	
	17.46,42(36,31)	18.21,14(34,72)			
8	Jacqueline Knutsson	93	Kongstensvømmerne	18.22,02	651
	31,15(31,15)	1.06,91(35,76)	1.43,22(36,31)	2.19,73(36,51)	
	2.56,71(36,98)	3.33,09(36,38)	4.10,14(37,05)	4.47,15(37,01)	
	5.23,69(36,54)	6.00,76(37,07)	6.37,98(37,22)	7.15,37(37,39)	
	7.52,62(37,25)	8.30,01(37,39)	9.06,98(36,97)	9.44,18(37,20)	
	10.21,70(37,52)	10.59,64(37,94)	11.36,88(37,24)	12.13,73(36,85)	
	12.50,53(36,80)	13.27,81(37,28)	14.04,70(36,89)	14.41,70(37,00)	
	15.18,94(37,24)	15.56,02(37,08)	16.33,21(37,19)	17.10,64(37,43)	
	17.46,78(36,14)	18.22,02(35,24)			
9	Pia Cornelia Braarud	93	Lambertseter SK	18.24,58	646
	32,56(32,56)	1.08,29(35,73)	1.44,28(35,99)	2.21,14(36,86)	
	2.57,77(36,63)	3.34,70(36,93)	4.11,79(37,09)	4.49,03(37,24)	
	5.26,15(37,12)	6.03,14(36,99)	6.40,21(37,07)	7.17,33(37,12)	
	7.54,37(37,04)	8.31,83(37,46)	9.09,02(37,19)	9.46,43(37,41)	
	10.23,28(36,85)	11.00,83(37,55)	11.38,02(37,19)	12.15,05(37,03)	
	12.52,24(37,19)	13.29,66(37,42)	14.06,83(37,17)	14.43,92(37,09)	
	15.21,03(37,11)	15.58,47(37,44)	16.35,39(36,92)	17.12,59(37,20)	
	17.49,36(36,77)	18.24,58(35,22)			
10	Inger-Cathrine Wium	92	Øvre Eiker SK	18.24,90	646
	32,33(32,33)	1.07,61(35,28)	1.43,71(36,10)	2.20,36(36,65)	
	2.57,44(37,08)	3.34,77(37,33)	4.11,76(36,99)	4.48,86(37,10)	
	5.26,13(37,27)	6.03,64(37,51)	6.40,98(37,34)	7.18,26(37,28)	
	7.55,14(36,88)	8.32,49(37,35)	9.09,83(37,34)	9.46,89(37,06)	
	10.24,12(37,23)	11.01,19(37,07)	11.38,32(37,13)	12.15,77(37,45)	
	12.53,02(37,25)	13.30,27(37,25)	14.07,29(37,02)	14.44,56(37,27)	
	15.21,66(37,10)	15.58,68(37,02)	16.35,70(37,02)	17.12,78(37,08)	
	17.49,49(36,71)	18.24,90(35,41)			
11	Andrea Haugstad	92	Vestkantsvømmerne	18.25,26	645
	33,07(33,07)	1.09,56(36,49)	1.46,71(37,15)	2.23,65(36,94)	
	3.00,76(37,11)	3.38,24(37,48)	4.15,59(37,35)	4.53,07(37,48)	
	5.30,01(36,94)	6.07,21(37,20)	6.44,07(36,86)	7.21,06(36,99)	
	7.58,25(37,19)	8.35,16(36,91)	9.12,26(37,10)	9.49,15(36,89)	
	10.25,94(36,79)	11.03,20(37,26)	11.40,17(36,97)	12.16,94(36,77)	
	12.53,61(36,67)	13.30,40(36,79)	14.07,32(36,92)	14.44,22(36,90)	
	15.21,31(37,09)	15.58,56(37,25)	16.34,93(36,37)	17.12,23(37,30)	
	17.49,25(37,02)	18.25,26(36,01)			
12	Karoline Pedersen	94	Bergen SLK	18.28,18	640
	33,65(33,65)	1.09,85(36,20)	1.46,86(37,01)	2.23,47(36,61)	
	3.00,39(36,92)	3.37,13(36,74)	4.14,14(37,01)	4.51,02(36,88)	
	5.27,86(36,84)	6.05,00(37,14)	6.41,88(36,88)	7.18,59(36,71)	
	7.55,67(37,08)	8.33,04(37,37)	9.10,31(37,27)	9.47,48(37,17)	
	10.24,62(37,14)	11.01,49(36,87)	11.38,37(36,88)	12.15,35(36,98)	
	12.52,57(37,22)	13.29,79(37,22)	14.07,21(37,42)	14.44,69(37,48)	
	15.21,86(37,17)	15.59,61(37,75)	16.37,48(37,87)	17.14,94(37,46)	
	17.52,42(37,48)	18.28,18(35,76)			
13	Stine Lise Stenseth	94	Øvre Eiker SK	18.35,13	628
	33,14(33,14)	1.09,31(36,17)	1.45,76(36,45)	2.22,66(36,90)	
	2.59,21(36,55)	3.35,95(36,74)	4.12,89(36,94)	4.50,03(37,14)	
	5.27,68(37,65)	6.04,90(37,22)	6.42,65(37,75)	7.20,43(37,78)	
	7.58,16(37,73)	8.35,93(37,77)	9.13,43(37,50)	9.50,91(37,48)	
	10.28,43(37,52)	11.05,60(37,17)	11.42,75(37,15)	12.19,91(37,16)	
	12.58,07(38,16)	13.35,92(37,85)	14.13,50(37,58)	14.51,40(37,90)	
	15.28,70(37,30)	16.06,04(37,34)	16.43,35(37,31)	17.20,60(37,25)	
	17.58,56(37,96)	18.35,13(36,57)			

14	Julie Rønningsen	94	Lambertseter SK	18.44,80	612
	32,79(32,79)	1.09,45(36,66)	1.46,56(37,11)	2.23,45(36,89)	
	3.00,64(37,19)	3.38,27(37,63)	4.15,45(37,18)	4.52,95(37,50)	
	5.30,17(37,22)	6.07,59(37,42)	6.44,98(37,39)	7.22,51(37,53)	
	7.59,94(37,43)	8.37,82(37,88)	9.15,38(37,56)	9.53,36(37,98)	
	10.31,41(38,05)	11.09,32(37,91)	11.47,00(37,68)	12.24,95(37,95)	
	13.03,02(38,07)	13.41,21(38,19)	14.19,28(38,07)	14.57,05(37,77)	
	15.35,64(38,59)	16.13,66(38,02)	16.52,00(38,34)	17.30,12(38,12)	
	18.08,04(37,92)	18.44,80(36,76)			
15	Henriette With Bjørnstad	92	Ski SK	19.21,17	556
	33,18(33,18)	1.09,66(36,48)	1.46,99(37,33)	2.24,99(38,00)	
	3.03,15(38,16)	3.41,86(38,71)	4.20,63(38,77)	4.59,39(38,76)	
	5.38,43(39,04)	6.17,47(39,04)	6.57,30(39,83)	7.36,56(39,26)	
	8.15,94(39,38)	8.55,17(39,23)	9.34,64(39,47)	10.14,16(39,52)	
	10.53,68(39,52)	11.32,95(39,27)	12.12,39(39,44)	12.51,52(39,13)	
	13.30,42(38,90)	14.09,11(38,69)	14.49,03(39,92)	15.28,61(39,58)	
	16.08,28(39,67)	16.47,39(39,11)	17.26,76(39,37)	18.06,06(39,30)	
	18.44,07(38,01)	19.21,17(37,10)			
16	Siren Bergslid	93	Stavanger SC	19.29,37	545
	34,26(34,26)	1.11,43(37,17)	1.49,79(38,36)	2.28,57(38,78)	
	3.07,25(38,68)	3.46,02(38,77)	4.25,17(39,15)	5.04,35(39,18)	
	5.43,79(39,44)	6.23,12(39,33)	7.02,18(39,06)	7.41,42(39,24)	
	8.20,80(39,38)	9.00,21(39,41)	9.39,68(39,47)	10.19,03(39,35)	
	10.58,73(39,70)	11.37,95(39,22)	12.17,20(39,25)	12.56,62(39,42)	
	13.35,95(39,33)	14.15,61(39,66)	14.55,88(40,27)	15.34,82(38,94)	
	16.14,55(39,73)	16.53,34(38,79)	17.33,09(39,75)	18.12,26(39,17)	
	18.51,62(39,36)	19.29,37(37,75)			
17	Maria Dahli	92	Moss SK	20.24,09	475
	33,77(33,77)	1.11,41(37,64)	1.50,71(39,30)	2.30,09(39,38)	
	3.09,81(39,72)	3.50,15(40,34)	4.30,74(40,59)	5.11,14(40,40)	
	5.51,73(40,59)	6.32,85(41,12)	7.13,63(40,78)	7.54,58(40,95)	
	8.35,89(41,31)	9.17,18(41,29)	9.58,82(41,64)	10.40,78(41,96)	
	11.22,43(41,65)	12.04,08(41,65)	12.45,62(41,54)	13.28,54(42,92)	
	14.11,83(43,29)	14.54,62(42,79)	15.36,89(42,27)	16.18,66(41,77)	
	16.59,83(41,17)	17.41,09(41,26)	18.21,96(40,87)	19.02,71(40,75)	
	19.43,86(41,15)	20.24,09(40,23)			

Junior

1	Elin Slaatmo	92	Hamar IL	16.50,51	844
	30,07(30,07)	1.02,49(32,42)	1.35,50(33,01)	2.08,49(32,99)	
	2.41,82(33,33)	3.15,28(33,46)	3.48,62(33,34)	4.22,38(33,76)	
	4.56,13(33,75)	5.29,89(33,76)	6.04,08(34,19)	6.38,24(34,16)	
	7.12,20(33,96)	7.46,19(33,99)	8.20,39(34,20)	8.54,57(34,18)	
	9.28,67(34,10)	10.02,84(34,17)	10.36,73(33,89)	11.11,04(34,31)	
	11.44,88(33,84)	12.18,75(33,87)	12.52,86(34,11)	13.27,51(34,65)	
	14.01,56(34,05)	14.36,08(34,52)	15.10,18(34,10)	15.44,74(34,56)	
	16.18,42(33,68)	16.50,51(32,09)			
2	Cecilie W. Johannessen	90	Karmøy SK	17.14,35	787
	30,36(30,36)	1.03,00(32,64)	1.36,04(33,04)	2.09,60(33,56)	
	2.43,37(33,77)	3.17,31(33,94)	3.51,83(34,52)	4.26,19(34,36)	
	5.00,26(34,07)	5.34,95(34,69)	6.08,17(33,22)	6.41,67(33,50)	
	7.15,25(33,58)	7.48,66(33,41)	8.22,44(33,78)	8.56,47(34,03)	
	9.30,61(34,14)	10.05,15(34,54)	10.39,67(34,52)	11.15,38(35,71)	
	11.50,85(35,47)	12.26,92(36,07)	13.03,14(36,22)	13.38,75(35,61)	
	14.14,00(35,25)	14.50,49(36,49)	15.25,86(35,37)	16.02,54(36,68)	
	16.38,92(36,38)	17.14,35(35,43)			
3	Ingrid N. Knutzen	91	Lambertseter SK/NTG	17.26,54	760
	32,16(32,16)	1.06,06(33,90)	1.40,52(34,46)	2.15,04(34,52)	
	2.49,79(34,75)	3.25,19(35,40)	3.59,95(34,76)	4.34,88(34,93)	
	5.10,09(35,21)	5.44,92(34,83)	6.19,76(34,84)	6.54,57(34,81)	
	7.29,65(35,08)	8.04,89(35,24)	8.40,32(35,43)	9.15,59(35,27)	
	9.50,48(34,89)	10.25,74(35,26)	11.00,45(34,71)	11.35,77(35,32)	
	12.11,16(35,39)	12.46,71(35,55)	13.22,13(35,42)	13.57,41(35,28)	
	14.32,51(35,10)	15.07,91(35,40)	15.42,75(34,84)	16.17,86(35,11)	
	16.52,88(35,02)	17.26,54(33,66)			

4	Siri N. Andersen	92	Haldens SK	17.38,98	733
	31,68(31,68)	1.05,81(34,13)	1.40,57(34,76)	2.15,46(34,89)	
	2.50,28(34,82)	3.25,54(35,26)	4.00,76(35,22)	4.36,18(35,42)	
	5.11,45(35,27)	5.46,60(35,15)	6.21,98(35,38)	6.57,37(35,39)	
	7.32,68(35,31)	8.08,17(35,49)	8.43,63(35,46)	9.19,25(35,62)	
	9.54,88(35,63)	10.30,52(35,64)	11.06,25(35,73)	11.41,94(35,69)	
	12.17,73(35,79)	12.53,70(35,97)	13.29,34(35,64)	14.05,10(35,76)	
	14.41,34(36,24)	15.17,24(35,90)	15.52,91(35,67)	16.28,81(35,90)	
	17.04,68(35,87)	17.38,98(34,30)			
5	Siri Anette Sønju	92	Øvre Eiker SK	17.44,14	723
	31,50(31,50)	1.06,06(34,56)	1.41,43(35,37)	2.17,11(35,68)	
	2.52,42(35,31)	3.27,85(35,43)	4.03,27(35,42)	4.39,07(35,80)	
	5.14,86(35,79)	5.50,54(35,68)	6.26,55(36,01)	7.02,24(35,69)	
	7.38,25(36,01)	8.13,92(35,67)	8.49,58(35,66)	9.25,16(35,58)	
	10.00,69(35,53)	10.36,42(35,73)	11.11,89(35,47)	11.47,77(35,88)	
	12.23,48(35,71)	12.59,48(36,00)	13.35,30(35,82)	14.11,24(35,94)	
	14.47,13(35,89)	15.23,06(35,93)	15.59,28(36,22)	16.35,04(35,76)	
	17.10,90(35,86)	17.44,14(33,24)			
6	Susann Bjørnsen	93	Setermoen SK	17.47,15	717
	31,62(31,62)	1.05,38(33,76)	1.40,05(34,67)	2.14,62(34,57)	
	2.49,54(34,92)	3.24,68(35,14)	4.00,02(35,34)	4.35,56(35,54)	
	5.11,13(35,57)	5.46,94(35,81)	6.23,03(36,09)	6.58,86(35,83)	
	7.34,80(35,94)	8.10,98(36,18)	8.47,01(36,03)	9.22,78(35,77)	
	9.59,19(36,41)	10.35,19(36,00)	11.11,83(36,64)	11.47,84(36,01)	
	12.24,44(36,60)	13.00,75(36,31)	13.36,88(36,13)	14.13,00(36,12)	
	14.49,72(36,72)	15.26,18(36,46)	16.01,76(35,58)	16.37,56(35,80)	
	17.13,58(36,02)	17.47,15(33,57)			
7	Katrine Ekstang	92	Setermoen SK	17.56,60	698
	31,92(31,92)	1.06,46(34,54)	1.41,45(34,99)	2.16,66(35,21)	
	2.52,42(35,76)	3.27,50(35,08)	4.03,13(35,63)	4.38,67(35,54)	
	5.14,43(35,76)	5.50,14(35,71)	6.25,91(35,77)	7.01,82(35,91)	
	7.38,27(36,45)	8.14,88(36,61)	8.50,48(35,60)	9.26,32(35,84)	
	10.02,09(35,77)	10.38,01(35,92)	11.13,98(35,97)	11.50,66(36,68)	
	12.27,16(36,50)	13.04,03(36,87)	13.40,59(36,56)	14.17,47(36,88)	
	14.54,57(37,10)	15.32,12(37,55)	16.07,88(35,76)	16.44,52(36,64)	
	17.21,38(36,86)	17.56,60(35,22)			
8	Gina B. Andersen	90	Skjetten Svømming/NTG	17.58,09	695
	31,00(31,00)	1.05,34(34,34)	1.40,48(35,14)	2.15,42(34,94)	
	2.50,49(35,07)	3.25,86(35,37)	4.01,42(35,56)	4.37,35(35,93)	
	5.13,43(36,08)	5.49,64(36,21)	6.25,70(36,06)	7.02,20(36,50)	
	7.38,40(36,20)	8.15,15(36,75)	8.51,62(36,47)	9.28,31(36,69)	
	10.04,36(36,05)	10.40,60(36,24)	11.16,98(36,38)	11.53,66(36,68)	
	12.30,25(36,59)	13.06,96(36,71)	13.43,88(36,92)	14.20,61(36,73)	
	14.57,18(36,57)	15.34,01(36,83)	16.10,37(36,36)	16.46,77(36,40)	
	17.23,12(36,35)	17.58,09(34,97)			
9	Eva Marie Østerhus	94	Madla SK	18.05,98	680
	32,44(32,44)	1.08,10(35,66)	1.44,46(36,36)	2.21,02(36,56)	
	2.57,38(36,36)	3.33,56(36,18)	4.09,92(36,36)	4.46,47(36,55)	
	5.22,85(36,38)	5.59,08(36,23)	6.35,70(36,62)	7.12,43(36,73)	
	7.48,85(36,42)	8.25,70(36,85)	9.02,25(36,55)	9.38,86(36,61)	
	10.15,57(36,71)	10.52,23(36,66)	11.28,89(36,66)	12.05,22(36,33)	
	12.41,27(36,05)	13.17,41(36,14)	13.53,96(36,55)	14.30,29(36,33)	
	15.06,77(36,48)	15.43,19(36,42)	16.19,59(36,40)	16.55,80(36,21)	
	17.31,46(35,66)	18.05,98(34,52)			
10	Terese Fosby	92	Kongstensvømmerne	18.21,14	652
	31,91(31,91)	1.07,64(35,73)	1.43,79(36,15)	2.20,03(36,24)	
	2.56,50(36,47)	3.32,88(36,38)	4.10,08(37,20)	4.46,64(36,56)	
	5.23,48(36,84)	6.00,16(36,68)	6.36,76(36,60)	7.13,91(37,15)	
	7.50,82(36,91)	8.28,28(37,46)	9.05,53(37,25)	9.42,55(37,02)	
	10.20,18(37,63)	10.57,34(37,16)	11.34,45(37,11)	12.11,44(36,99)	
	12.48,79(37,35)	13.26,12(37,33)	14.03,39(37,27)	14.40,96(37,57)	
	15.18,98(38,02)	15.55,95(36,97)	16.33,24(37,29)	17.10,11(36,87)	
	17.46,42(36,31)	18.21,14(34,72)			
11	Jacqueline Knutsson	93	Kongstensvømmerne	18.22,02	651
	31,15(31,15)	1.06,91(35,76)	1.43,22(36,31)	2.19,73(36,51)	
	2.56,71(36,98)	3.33,09(36,38)	4.10,14(37,05)	4.47,15(37,01)	
	5.23,69(36,54)	6.00,76(37,07)	6.37,98(37,22)	7.15,37(37,39)	
	7.52,62(37,25)	8.30,01(37,39)	9.06,98(36,97)	9.44,18(37,20)	
	10.21,70(37,52)	10.59,64(37,94)	11.36,88(37,24)	12.13,73(36,85)	
	12.50,53(36,80)	13.27,81(37,28)	14.04,70(36,89)	14.41,70(37,00)	
	15.18,94(37,24)	15.56,02(37,08)	16.33,21(37,19)	17.10,64(37,43)	
	17.46,78(36,14)	18.22,02(35,24)			

12	Pia Cornelia Braarud	93	Lambertseter SK	18.24,58	646
	32.56(32,56)	1.08,29(35,73)	1.44,28(35,99)	2.21,14(36,86)	
	2.57,77(36,63)	3.34,70(36,93)	4.11,79(37,09)	4.49,03(37,24)	
	5.26,15(37,12)	6.03,14(36,99)	6.40,21(37,07)	7.17,33(37,12)	
	7.54,37(37,04)	8.31,83(37,46)	9.09,02(37,19)	9.46,43(37,41)	
	10.23,28(36,85)	11.00,83(37,55)	11.38,02(37,19)	12.15,05(37,03)	
	12.52,24(37,19)	13.29,66(37,42)	14.06,83(37,17)	14.43,92(37,09)	
	15.21,03(37,11)	15.58,47(37,44)	16.35,39(36,92)	17.12,59(37,20)	
	17.49,36(36,77)	18.24,58(35,22)			
13	Inger-Cathrine Wium	92	Øvre Eiker SK	18.24,90	646
	32,33(32,33)	1.07,61(35,28)	1.43,71(36,10)	2.20,36(36,65)	
	2.57,44(37,08)	3.34,77(37,33)	4.11,76(36,99)	4.48,86(37,10)	
	5.26,13(37,27)	6.03,64(37,51)	6.40,98(37,34)	7.18,26(37,28)	
	7.55,14(36,88)	8.32,49(37,35)	9.09,83(37,34)	9.46,89(37,06)	
	10.24,12(37,23)	11.01,19(37,07)	11.38,32(37,13)	12.15,77(37,45)	
	12.53,02(37,25)	13.30,27(37,25)	14.07,29(37,02)	14.44,56(37,27)	
	15.21,66(37,10)	15.58,68(37,02)	16.35,70(37,02)	17.12,78(37,08)	
	17.49,49(36,71)	18.24,90(35,41)			
14	Andrea Haugstad	92	Vestkantsvømmerne	18.25,26	645
	33,07(33,07)	1.09,56(36,49)	1.46,71(37,15)	2.23,65(36,94)	
	3.00,76(37,11)	3.38,24(37,48)	4.15,59(37,35)	4.53,07(37,48)	
	5.30,01(36,94)	6.07,21(37,20)	6.44,07(36,86)	7.21,06(36,99)	
	7.58,25(37,19)	8.35,16(36,91)	9.12,26(37,10)	9.49,15(36,89)	
	10.25,94(36,79)	11.03,20(37,26)	11.40,17(36,97)	12.16,94(36,77)	
	12.53,61(36,67)	13.30,40(36,79)	14.07,32(36,92)	14.44,22(36,90)	
	15.21,31(37,09)	15.58,56(37,25)	16.34,93(36,37)	17.12,23(37,30)	
	17.49,25(37,02)	18.25,26(36,01)			
15	Karoline Pedersen	94	Bergen SLK	18.28,18	640
	33,65(33,65)	1.09,85(36,20)	1.46,86(37,01)	2.23,47(36,61)	
	3.00,39(36,92)	3.37,13(36,74)	4.14,14(37,01)	4.51,02(36,88)	
	5.27,86(36,84)	6.05,00(37,14)	6.41,88(36,88)	7.18,59(36,71)	
	7.55,67(37,08)	8.33,04(37,37)	9.10,31(37,27)	9.47,48(37,17)	
	10.24,62(37,14)	11.01,49(36,87)	11.38,37(36,88)	12.15,35(36,98)	
	12.52,57(37,22)	13.29,79(37,22)	14.07,21(37,42)	14.44,69(37,48)	
	15.21,86(37,17)	15.59,61(37,75)	16.37,48(37,87)	17.14,94(37,46)	
	17.52,42(37,48)	18.28,18(35,76)			
16	Stine Lise Stenseth	94	Øvre Eiker SK	18.35,13	628
	33,14(33,14)	1.09,31(36,17)	1.45,76(36,45)	2.22,66(36,90)	
	2.59,21(36,55)	3.35,95(36,74)	4.12,89(36,94)	4.50,03(37,14)	
	5.27,68(37,65)	6.04,90(37,22)	6.42,65(37,75)	7.20,43(37,78)	
	7.58,16(37,73)	8.35,93(37,77)	9.13,43(37,50)	9.50,91(37,48)	
	10.28,43(37,52)	11.05,60(37,17)	11.42,75(37,15)	12.19,91(37,16)	
	12.58,07(38,16)	13.35,92(37,85)	14.13,50(37,58)	14.51,40(37,90)	
	15.28,70(37,30)	16.06,04(37,34)	16.43,35(37,31)	17.20,60(37,25)	
	17.58,56(37,96)	18.35,13(36,57)			
17	Julie Rønningsen	94	Lambertseter SK	18.44,80	612
	32,79(32,79)	1.09,45(36,66)	1.46,56(37,11)	2.23,45(36,89)	
	3.00,64(37,19)	3.38,27(37,63)	4.15,45(37,18)	4.52,95(37,50)	
	5.30,17(37,22)	6.07,59(37,42)	6.44,98(37,39)	7.22,51(37,53)	
	7.59,94(37,43)	8.37,82(37,88)	9.15,38(37,56)	9.53,36(37,98)	
	10.31,41(38,05)	11.09,32(37,91)	11.47,00(37,68)	12.24,95(37,95)	
	13.03,02(38,07)	13.41,21(38,19)	14.19,28(38,07)	14.57,05(37,77)	
	15.35,64(38,59)	16.13,66(38,02)	16.52,00(38,34)	17.30,12(38,12)	
	18.08,04(37,92)	18.44,80(36,76)			
18	Henriette With Bjørnstad	92	Ski SK	19.21,17	556
	33,18(33,18)	1.09,66(36,48)	1.46,99(37,33)	2.24,99(38,00)	
	3.03,15(38,16)	3.41,86(38,71)	4.20,63(38,77)	4.59,39(38,76)	
	5.38,43(39,04)	6.17,47(39,04)	6.57,30(39,83)	7.36,56(39,26)	
	8.15,94(39,38)	8.55,17(39,23)	9.34,64(39,47)	10.14,16(39,52)	
	10.53,68(39,52)	11.32,95(39,27)	12.12,39(39,44)	12.51,52(39,13)	
	13.30,42(38,90)	14.09,11(38,69)	14.49,03(39,92)	15.28,61(39,58)	
	16.08,28(39,67)	16.47,39(39,11)	17.26,76(39,37)	18.06,06(39,30)	
	18.44,07(38,01)	19.21,17(37,10)			
19	Line Cecilie Stenseth	90	Øvre Eiker SK	19.22,83	554
	33,34(33,34)	1.09,68(36,34)	1.46,83(37,15)	2.24,46(37,63)	
	3.02,65(38,19)	3.41,07(38,42)	4.20,02(38,95)	4.58,92(38,90)	
	5.37,48(38,56)	6.16,57(39,09)	6.55,21(38,64)	7.34,41(39,20)	
	8.13,83(39,42)	8.53,69(39,86)	9.33,27(39,58)	10.12,29(39,02)	
	10.51,39(39,10)	11.30,68(39,29)	12.09,39(38,71)	12.48,78(39,39)	
	13.27,73(38,95)	14.07,09(39,36)	14.46,04(38,95)	15.25,39(39,35)	
	16.05,18(39,79)	16.44,64(39,46)	17.24,42(39,78)	18.04,29(39,87)	
	18.43,76(39,47)	19.22,83(39,07)			

20	Siren Bergslid	93	Stavanger SC	19.29,37	545
	34,26(34,26)	1.11,43(37,17)	1.49,79(38,36)	2.28,57(38,78)	
	3.07,25(38,68)	3.46,02(38,77)	4.25,17(39,15)	5.04,35(39,18)	
	5.43,79(39,44)	6.23,12(39,33)	7.02,18(39,06)	7.41,42(39,24)	
	8.20,80(39,38)	9.00,21(39,41)	9.39,68(39,47)	10.19,03(39,35)	
	10.58,73(39,70)	11.37,95(39,22)	12.17,20(39,25)	12.56,62(39,42)	
	13.35,95(39,33)	14.15,61(39,66)	14.55,88(40,27)	15.34,82(38,94)	
	16.14,55(39,73)	16.53,34(38,79)	17.33,09(39,75)	18.12,26(39,17)	
	18.51,62(39,36)	19.29,37(37,75)			
21	June J. Kristiansen	90	Delfana	19.32,75	540
	33,61(33,61)	1.09,68(36,07)	1.46,42(36,74)	2.23,72(37,30)	
	3.00,96(37,24)	3.38,19(37,23)	4.16,29(38,10)	4.54,14(37,85)	
	5.32,22(38,08)	6.10,29(38,07)	6.48,74(38,45)	7.27,58(38,84)	
	8.06,77(39,19)	8.46,24(39,47)	9.26,07(39,83)	10.05,90(39,83)	
	10.46,41(40,51)	11.26,45(40,04)	12.06,36(39,91)	12.46,67(40,31)	
	13.26,85(40,18)	14.07,12(40,27)	14.47,35(40,23)	15.28,14(40,79)	
	16.09,38(41,24)	16.50,11(40,73)	17.31,09(40,98)	18.11,85(40,76)	
	18.52,52(40,67)	19.32,75(40,23)			
22	Lisa Warzelhan	91	Lambertseter SK	20.13,07	488
	33,03(33,03)	1.09,50(36,47)	1.46,97(37,47)	2.25,22(38,25)	
	3.04,36(39,14)	3.43,30(38,94)	4.22,56(39,26)	5.03,17(40,61)	
	5.44,47(41,30)	6.25,41(40,94)	7.05,91(40,50)	7.46,79(40,88)	
	8.28,49(41,70)	9.09,13(40,64)	9.51,11(41,98)	10.32,31(41,20)	
	11.13,98(41,67)	11.55,55(41,57)	12.37,81(42,26)	13.19,16(41,35)	
	14.00,93(41,77)	14.42,99(42,06)	15.24,64(41,65)	16.05,71(41,07)	
	16.47,40(41,69)	17.28,99(41,59)	18.10,29(41,30)	18.51,73(41,44)	
	19.32,96(41,23)	20.13,07(40,11)			
23	Maria Dahli	92	Moss SK	20.24,09	475
	33,77(33,77)	1.11,41(37,64)	1.50,71(39,30)	2.30,09(39,38)	
	3.09,81(39,72)	3.50,15(40,34)	4.30,74(40,59)	5.11,14(40,40)	
	5.51,73(40,59)	6.32,85(41,12)	7.13,63(40,78)	7.54,58(40,95)	
	8.35,89(41,31)	9.17,18(41,29)	9.58,82(41,64)	10.40,78(41,96)	
	11.22,43(41,65)	12.04,08(41,65)	12.45,62(41,54)	13.28,54(42,92)	
	14.11,83(43,29)	14.54,62(42,79)	15.36,89(42,27)	16.18,66(41,77)	
	16.59,83(41,17)	17.41,09(41,26)	18.21,96(40,87)	19.02,71(40,75)	
	19.43,86(41,15)	20.24,09(40,23)			
	Martine Bremer	90	Bergen SLK	BRUTT	

Øvelse 46. 4*100m lag medley, herrer - Junior

Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,65)	3.51,50	746
	Lars Andre Tolås:	27,84(27,84)	57,22(29,38)	57,22		
	Sebastian Wigstrøm:	1.28,04(30,82)	2.03,89(35,85)	1.06,67		
	Christer Koch Kvam:	2.29,78(25,89)	3.00,39(30,61)	56,50		
	Øystein R. Hetland:	3.24,50(24,11)	3.51,50(27,00)	51,11		
2	Bergensv. G1 jr.	JR	Bergensvømmerne	(0,68)	3.54,88	714
	Even Vike Holm:	29,55(29,55)	1.01,17(31,62)	1.01,17		
	Marcus Tesdal:	1.30,69(29,52)	2.04,89(34,20)	1.03,72		
	Sindri T. Jakobsson:	2.30,89(26,00)	3.01,28(30,39)	56,39		
	Anders Espeland Seljeflot:	3.26,43(25,15)	3.54,88(28,45)	53,60		
3	Team Stavanger G1 jr.	JR	Team Stavanger	(0,65)	3.57,46	691
	Jørgen Møllerop:	28,01(28,01)	58,17(30,16)	58,17		
	Erling Mjøs Brattelid:	1.29,24(31,07)	2.04,97(35,73)	1.06,80		
	Ole Martin Ree:	2.32,29(27,32)	3.05,12(32,83)	1.00,15		
	Bjarte Ravndal:	3.30,26(25,14)	3.57,46(27,20)	52,34		
4	Hamar IL G1 jr.	JR	Hamar IL	(0,61)	3.58,36	683
	Martin Skramstad:	30,07(30,07)	1.01,06(30,99)	1.01,06		
	Ole-Wilhelm Norseng:	1.32,02(30,96)	2.07,75(35,73)	1.06,69		
	Ronnie Anstensen:	2.33,96(26,21)	3.06,01(32,05)	58,26		
	Eirik Ravnan:	3.31,50(25,49)	3.58,36(26,86)	52,35		
5	Bergens SC G1 jr.	JR	Bergens SC	(0,67)	4.00,58	665
	Lavrans Veierø Solli:	29,77(29,77)	1.00,11(30,34)	1.00,11		
	Martin Lygre Eriksen:	1.31,51(31,40)	2.08,69(37,18)	1.08,58		
	Stian S. Langeland:	2.35,73(27,04)	3.07,82(32,09)	59,13		
	Karsten W. Johannessen:	3.32,61(24,79)	4.00,58(27,97)	52,76		

6	Bærumsv G2 jr.	JR	Bærumsvømmerne	(0,61)	4.03,71	639
	Vegard Løvberg:	29,82(29,82)	1.01,09(31,27)	1.01,09		
	Elias Damman:	1.32,67(31,58)	2.10,02(37,35)	1.08,93		
	Tor Hafnor:	2.36,99(26,97)	3.09,38(32,39)	59,36		
	Stian Werner Erichsen:	3.35,17(25,79)	4.03,71(28,54)	54,33		
7	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,59)	4.05,59	625
	Mikael Bergene:	29,61(29,61)	1.00,32(30,71)	1.00,32		
	Christian Thorsen:	1.33,60(33,28)	2.11,35(37,75)	1.11,03		
	Stian Andreas Evja:	2.38,00(26,65)	3.10,09(32,09)	58,74		
	Sindre Eilertsen:	3.36,22(26,13)	4.05,59(29,37)	55,50		
8	Sandnes SLK G1 jr.	JR	Sandnes SLK	(0,72)	4.06,52	618
	Joar Skien Grannes:	28,91(28,91)	59,93(31,02)	59,93		
	Petter Ledsaak:	1.32,16(32,23)	2.09,89(37,73)	1.09,96		
	Thor Helge Billington:	2.37,03(27,14)	3.11,74(34,71)	1.01,85		
	Rune Skien Grannes:	3.37,35(25,61)	4.06,52(29,17)	54,78		
9	Florø SLK G1 jr.	JR	Florø SLK	(0,76)	4.07,75	608
	Simen Andreassen:	31,65(31,65)	1.04,55(32,90)	1.04,55		
	Hans Kristian Andersen:	1.37,00(32,45)	2.14,77(37,77)	1.10,22		
	Christoffer Sørstrand Æsøy:	2.42,25(27,48)	3.14,13(31,88)	59,36		
	Mathias Sørstrand Æsøy:	3.39,42(25,29)	4.07,75(28,33)	53,62		
10	Bergensv. G2 jr.	JR	Bergensvømmerne	(0,69)	4.07,82	608
	Simen Dale:	32,06(32,06)	1.06,10(34,04)	1.06,10		
	Johannes Framnes:	1.36,39(30,29)	2.12,92(36,53)	1.06,82		
	Sebastian Stordal:	2.40,12(27,20)	3.12,40(32,28)	59,48		
	Martin Steffensen:	3.37,96(25,56)	4.07,82(29,86)	55,42		
11	Stavanger SC G1 jr.	JR	Stavanger SC	(0,65)	4.10,65	588
	Per Øystein Turøy:	32,20(32,20)	1.06,53(34,33)	1.06,53		
	Hans Østerdal:	1.38,52(31,99)	2.16,62(38,10)	1.10,09		
	Christian Juvik:	2.43,55(26,93)	3.15,48(31,93)	58,86		
	Jørn Nygård:	3.42,17(26,69)	4.10,65(28,48)	55,17		
12	Vestbyen IL G1 jr.	JR	Vestbyen IL	(0,69)	4.11,62	581
	Emil Brennløkken:	29,91(29,91)	1.02,24(32,33)	1.02,24		
	Pål Henriksen Spjelkavik:	1.34,26(32,02)	2.11,25(36,99)	1.09,01		
	Sigvart Evjen:	2.40,98(29,73)	3.16,54(35,56)	1.05,29		
	Erlend Alvestad:	3.42,06(25,52)	4.11,62(29,56)	55,08		
13	Asker SK G1 jr.	JR	Asker SK	(0,77)	4.12,22	577
	Jan Aleksander Bakke:	31,13(31,13)	1.03,59(32,46)	1.03,59		
	Patrik Bubilek:	1.36,86(33,27)	2.14,83(37,97)	1.11,24		
	Carl Andreas Wathne:	2.43,57(28,74)	3.16,35(32,78)	1.01,52		
	Kristoffer Skribeland:	3.43,15(26,80)	4.12,22(29,07)	55,87		
14	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,62)	4.14,01	565
	John Hage Gaarder:	29,83(29,83)	1.02,70(32,87)	1.02,70		
	Martin Åsheim:	1.33,46(30,76)	2.08,78(35,32)	1.06,08		
	Tore Skaug Bysting:	2.38,61(29,83)	3.15,27(36,66)	1.06,49		
	Eirik Lindhjem:	3.43,21(27,94)	4.14,01(30,80)	58,74		
15	Sarpsborg IL G1 jr.	JR	Sarpsborg IL	(0,65)	4.14,51	561
	Sverre Næss:	29,87(29,87)	1.02,84(32,97)	1.02,84		
	Remi Ingebrigtsen:	1.36,59(33,75)	2.16,53(39,94)	1.13,69		
	Robin Palm:	2.43,34(26,81)	3.14,29(30,95)	57,76		
	Per Simen Holstad Gandrud:	3.42,95(28,66)	4.14,51(31,56)	1.00,22		
16	Delfana G1 jr.	JR	Delfana	(0,55)	4.18,16	538
	Eirik Runningen:	31,60(31,60)	1.05,30(33,70)	1.05,30		
	Aleksander Haugstvedt:	1.37,79(32,49)	2.15,00(37,21)	1.09,70		
	Øyvind L. Styrmo:	2.44,84(29,84)	3.20,61(35,77)	1.05,61		
	Espen Halhjem:	3.47,70(27,09)	4.18,16(30,46)	57,55		
17	Elverum IL G1 jr.	JR	Elverum Svømming	(0,64)	4.20,62	523
	Eirik B. Lund:	32,64(32,64)	1.07,66(35,02)	1.07,66		
	Christian Sunde:	1.39,60(31,94)	2.16,41(36,81)	1.08,75		
	Gunnar V. Skirbekk:	2.46,78(30,37)	3.21,87(35,09)	1.05,46		
	Ingvar V. Skirbekk:	3.49,59(27,72)	4.20,62(31,03)	58,75		
18	Larvik SK G1 jr.	JR	Larvik SK	(0,65)	4.21,40	518
	Jørgen Wiik:	32,92(32,92)	1.08,86(35,94)	1.08,86		
	Peder T. Haagensli:	1.42,68(33,82)	2.23,25(40,57)	1.14,39		
	Geir T. Kristiansen:	2.51,26(28,01)	3.25,55(34,29)	1.02,30		
	Aksel B. Lindhjem:	3.52,24(26,69)	4.21,40(29,16)	55,85		
19	Oslo IL G1 jr.	JR	Oslo IL	(0,70)	4.26,30	490
	Henning Kaland:	32,46(32,46)	1.05,88(33,42)	1.05,88		
	Jon Erik Sønning:	1.41,29(35,41)	2.21,39(40,10)	1.15,51		
	Lars Nymoen:	2.51,09(29,70)	3.27,94(36,85)	1.06,55		
	Stein Osen:	3.55,73(27,79)	4.26,30(30,57)	58,36		

20	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(0,66)	4.28,48	478
	Gjermund Fure Johansen:	33,93(33,93)	1.09,69(35,76)	1.09,69		
	Benjamin Marum:	1.41,77(32,08)	2.20,85(39,08)	1.11,16		
	Anders S. Jordheim:	2.52,79(31,94)	3.31,48(38,69)	1.10,63		
	Joachim Jakobsen:	3.58,93(27,45)	4.28,48(29,55)	57,00		
21	Drammen SK G1 jr.	JR	Drammen SK	(0,69)	4.37,70	432
	Halvor Ekeland:	31,08(31,08)	1.04,19(33,11)	1.04,19		
	Sondre Eide :	1.40,74(36,55)	2.24,12(43,38)	1.19,93		
	Marius E Bagle:	2.54,51(30,39)	3.37,06(42,55)	1.12,94		
	Mikkel Hveding Erdsdal:	4.06,60(29,54)	4.37,70(31,10)	1.00,64		
22	Ski SK G1 jr.	JR	Ski SK	(0,72)	4.41,13	416
	Sten Marius Holmen:	31,48(31,48)	1.07,20(35,72)	1.07,20		
	Anders Struksnæs Sand:	1.46,96(39,76)	2.32,89(45,93)	1.25,69		
	Thomas W. Kristiansen:	3.00,90(28,01)	3.35,07(34,17)	1.02,18		
	Kristian Bjelbøle Bakken:	4.05,76(30,69)	4.41,13(35,37)	1.06,06		