

## Torsdag 27. november 2008 kl 09.00

### Øvelse 1. 4\*50m lag medley, damer - UM

#### UM

1	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	2.05,47	664
	Marthe Helene Haganes:	31,99(31,99)			
	Stine Vindenes:	1.06,11(34,12)			
	Marie Reinertsen:				
	Juni Rugland:	2.05,47(59,36)			
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	2.07,92	627
	Andrine Davidsen:	33,36(33,36)			
	Stina Kajsa Colleou:	1.07,74(34,38)			
	Eirin Jakobsen Avlund:	1.40,59(32,85)			
	Pia Cornelia Braarud:	2.07,92(27,33)			
3	Bergens SLK J1 jr.	JR	Bergens SLK	2.09,45	605
	Aslaug Marie Hjelmaas:	32,64(32,64)			
	Kaja Bremer:	1.06,65(34,01)			
	Karoline Pedersen:	1.38,03(31,38)			
	Elna Luice Bønes:	2.09,45(31,42)			
4	Bærumsv J1 jr.	JR	Bærumsvømmerne	2.09,87	599
	Andrea Westbye:	34,00(34,00)			
	Anna Bølgen:	1.13,42(39,42)			
	Emilie N. Løvberg:	1.42,90(29,48)			
	Maria Bølgen:	2.09,87(26,97)			
5	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	2.10,31	593
	Fanny Moen Pettersen:	34,84(34,84)			
	Stine Lise Stenseth:	1.10,07(35,23)			
	Mari Knutsen:	1.42,02(31,95)			
	Ida Johansen:	2.10,31(28,29)			
6	Bergens SC J1 jr.	JR	Bergens SC	2.10,59	589
	Hedvig Hjertaker:	35,26(35,26)			
	Martha Maria Songstad:	1.11,72(36,46)			
	Eirin Arnesen:	1.41,13(29,41)			
	Eli Kristin Ølmheim:	2.10,59(29,46)			
7	Asker SK J1 jr.	JR	Asker SK	2.11,91	572
	Vilde Sødem Karlsen:	35,21(35,21)			
	Rikke Amalie Nagell-Kleven:	1.13,54(38,33)			
	Mette Mellbye Larsen:	1.43,13(29,59)			
	Marte K. Bolstad:	2.11,91(28,78)			
8	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	2.12,48	564
	Sara N. Gjelsvik:	34,34(34,34)			
	Malin Dahle:	1.11,05(36,71)			
	Marie Øverland:	1.43,07(32,02)			
	Andrea Strømsnes:	2.12,48(29,41)			
9	Aalesunds SLK J1 jr.	JR	Aalesund SLK	2.14,18	543
	Veronica Orheim Bjørlykke:	32,18(32,18)			
	Karina Brunstad Fet:	1.10,82(38,64)			
	Gerd Anne Solibakke:	1.44,29(33,47)			
	Kristin Vegsund Klungreseth:	2.14,18(29,89)			
10	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	2.14,42	540
	Ida Arnøy:	34,75(34,75)			
	Mette Aas:	1.13,16(38,41)			
	Jeanette Erlandsen:	1.45,38(32,22)			
	Aurora Brandtzæg:	2.14,42(29,04)			
11	Delfana J1 jr.	JR	Delfana	2.15,23	530
	Helene Thunes Truyen:	33,90(33,90)			
	Lise Sand Syversen:	1.09,97(36,07)			
	Johanne G. Skaaland:	1.43,87(33,90)			
	Michelle Angell:	2.15,23(31,36)			
12	Haldens SK J1 jr.	JR	Haldens SK	2.15,44	528
	Cecilie Hafsrød Fredriksen:	36,49(36,49)			
	Oda Haagensen:	1.13,74(37,25)			
	Nora Næss:	1.45,87(32,13)			
	Anne Helene Bakke:	2.15,44(29,57)			

13	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	2.17,14	509
	Marie Svensson:	35,64(35,64)			
	Pernille Mørch:	1.13,51(37,87)			
	Christina Dahl:	1.46,22(32,71)			
	Christiane Sandbye:	2.17,14(30,92)			
14	Trondheim SLK J1 jr.	JR	Trondheim SLK	2.17,60	503
	Stine Tveit:	35,02(35,02)			
	Julie Hegvik:	1.14,48(39,46)			
	Christiana Bjørkli:	1.46,57(32,09)			
	Malin Schanke Tømmervik:	2.17,60(31,03)			
15	Åstveit SK J1 jr.	JR	Åstveit SK	2.26,79	415
	Sandra Farestvedt:	37,79(37,79)			
	Linn Therese Rondestveit:	1.18,55(40,76)			
	Andrea Hestdal:	1.49,60(31,05)			
	Hanne Farestvedt:	2.26,79(37,19)			
	Bergens SC J2 jr.	JR	Bergens SC	DISK	
	Henriette Dahl:	39,11(39,11)			
	Monica Beeder:				
	Sara Petrine Veierød:				
	Charlotte H. Thorsen:				

## Øvelse 2. 800m fri, herrer - Direkte finale – Foreløpig før siste heat

### UM

1	Martin Berger Oterholm	93	Kolbotn IL	8.39,02	681
	29,95(29,95)	1.02,15(32,20)	1.34,59(32,44)	2.07,23(32,64)	
	2.39,36(32,13)	3.11,79(32,43)	3.44,35(32,56)	4.17,27(32,92)	
	4.50,27(33,00)	5.22,85(32,58)	5.56,02(33,17)	6.29,16(33,14)	
	7.01,44(32,28)	7.34,38(32,94)	8.07,26(32,88)	8.39,02(31,76)	
2	Oscar Slaatmo	94	Hamar IL	8.55,20	621
	29,83(29,83)	1.02,46(32,63)	1.35,84(33,38)	2.08,79(32,95)	
	2.42,58(33,79)	3.16,57(33,99)	3.50,87(34,30)	4.25,17(34,30)	
	4.58,30(33,13)	5.33,11(34,81)	6.07,71(34,60)	6.41,96(34,25)	
	7.16,28(34,32)	7.50,43(34,15)	8.23,84(33,41)	8.55,20(31,36)	
3	Morten Bordervich	94	Sola SK	8.58,12	611
	30,86(30,86)	1.04,27(33,41)	1.38,26(33,99)	2.11,85(33,59)	
	2.45,67(33,82)	3.19,73(34,06)	3.53,31(33,58)	4.26,69(33,38)	
	5.00,59(33,90)	5.34,83(34,24)	6.08,80(33,97)	6.43,49(34,69)	
	7.17,89(34,40)	7.52,11(34,22)	8.25,77(33,66)	8.58,12(32,35)	
4	Thorbjørn Birkeland	93	Haugesund SK	9.01,17	601
	29,94(29,94)	1.03,84(33,90)	1.38,15(34,31)	2.12,45(34,30)	
	2.47,27(34,82)	3.21,79(34,52)	3.56,13(34,34)	4.30,59(34,46)	
	5.04,95(34,36)	5.38,80(33,85)	6.13,56(34,76)	6.47,58(34,02)	
	7.21,67(34,09)	7.56,20(34,53)	8.29,71(33,51)	9.01,17(31,46)	
5	Gunnar Evjen	93	Vestbyen IL	9.13,10	563
	31,27(31,27)	1.05,72(34,45)	1.40,80(35,08)	2.15,79(34,99)	
	2.51,16(35,37)	3.25,99(34,83)	4.02,02(36,03)	4.36,71(34,69)	
	5.11,53(34,82)	5.46,50(34,97)	6.21,19(34,69)	6.56,67(35,48)	
	7.31,81(35,14)	8.06,64(34,83)	8.41,25(34,61)	9.13,10(31,85)	
6	Kim Rune Hansen	94	Øvre Eiker SK	9.17,40	550
	31,23(31,23)	1.05,41(34,18)	1.40,90(35,49)	2.15,63(34,73)	
	2.51,25(35,62)	3.26,48(35,23)	4.01,92(35,44)	4.37,57(35,65)	
	5.13,32(35,75)	5.48,76(35,44)	6.24,27(35,51)	6.59,91(35,64)	
	7.35,70(35,79)	8.10,80(35,10)	8.45,57(34,77)	9.17,40(31,83)	
7	Dan Martin Gudbrandsen	93	Moss SK	9.23,04	533
	29,40(29,40)	1.03,74(34,34)	1.39,35(35,61)	2.14,54(35,19)	
	2.50,26(35,72)	3.25,70(35,44)	4.01,48(35,78)	4.37,32(35,84)	
	5.13,47(36,15)	5.49,42(35,95)	6.25,43(36,01)	7.00,99(35,56)	
	7.37,75(36,76)	8.14,17(36,42)	8.49,15(34,98)	9.23,04(33,89)	

## Junior

1	Martin Berger Oterholm	93	Kolbotn IL	8.39,02	681
	29,95(29,95)	1.02,15(32,20)	1.34,59(32,44)	2.07,23(32,64)	
	2.39,36(32,13)	3.11,79(32,43)	3.44,35(32,56)	4.17,27(32,92)	
	4.50,27(33,00)	5.22,85(32,58)	5.56,02(33,17)	6.29,16(33,14)	
	7.01,44(32,28)	7.34,38(32,94)	8.07,26(32,88)	8.39,02(31,76)	
2	Øyvind Gevelt	91	Øvre Eiker SK	8.46,04	654
	30,35(30,35)	1.02,74(32,39)	1.34,91(32,17)	2.06,99(32,08)	
	2.39,50(32,51)	3.12,28(32,78)	3.45,16(32,88)	4.18,42(33,26)	
	4.51,76(33,34)	5.25,40(33,64)	5.59,06(33,66)	6.33,43(34,37)	
	7.06,99(33,56)	7.40,88(33,89)	8.14,24(33,36)	8.46,04(31,80)	
3	Gunnar V. Skirbekk	91	Elverum Svømming	8.55,15	621
	29,58(29,58)	1.01,83(32,25)	1.35,15(33,32)	2.07,53(32,38)	
	2.40,14(32,61)	3.13,08(32,94)	3.46,88(33,80)	4.20,26(33,38)	
	4.54,14(33,88)	5.28,67(34,53)	6.03,29(34,62)	6.38,88(35,59)	
	7.13,06(34,18)	7.48,16(35,10)	8.22,78(34,62)	8.55,15(32,37)	
4	Oscar Slaatmo	94	Hamar IL	8.55,20	621
	29,83(29,83)	1.02,46(32,63)	1.35,84(33,38)	2.08,79(32,95)	
	2.42,58(33,79)	3.16,57(33,99)	3.50,87(34,30)	4.25,17(34,30)	
	4.58,30(33,13)	5.33,11(34,81)	6.07,71(34,60)	6.41,96(34,25)	
	7.16,28(34,32)	7.50,43(34,15)	8.23,84(33,41)	8.55,20(31,36)	
5	Christer M. Hagen	91	Fauske SK	8.56,34	617
	30,93(30,93)	1.03,90(32,97)	1.37,44(33,54)	2.11,14(33,70)	
	2.44,59(33,45)	3.17,99(33,40)	3.51,32(33,33)	4.24,86(33,54)	
	4.58,24(33,38)	5.32,16(33,92)	6.06,58(34,42)	6.40,72(34,14)	
	7.15,13(34,41)	7.49,52(34,39)	8.23,69(34,17)	8.56,34(32,65)	
6	Henning S. Pryde	92	Stavanger SC	8.56,92	615
	29,86(29,86)	1.02,33(32,47)	1.35,59(33,26)	2.09,47(33,88)	
	2.43,50(34,03)	3.17,77(34,27)	3.51,96(34,19)	4.25,83(33,87)	
	5.00,41(34,58)	5.34,95(34,54)	6.09,72(34,77)	6.43,95(34,23)	
	7.17,82(33,87)	7.52,37(34,55)	8.25,90(33,53)	8.56,92(31,02)	
7	Morten Bordervich	94	Sola SK	8.58,12	611
	30,86(30,86)	1.04,27(33,41)	1.38,26(33,99)	2.11,85(33,59)	
	2.45,67(33,82)	3.19,73(34,06)	3.53,31(33,58)	4.26,69(33,38)	
	5.00,59(33,90)	5.34,83(34,24)	6.08,80(33,97)	6.43,49(34,69)	
	7.17,89(34,40)	7.52,11(34,22)	8.25,77(33,66)	8.58,12(32,35)	
8	Odin Spangen Normann	92	IL Varg	9.00,05	605
	30,17(30,17)	1.02,93(32,76)	1.36,06(33,13)	2.09,56(33,50)	
	2.43,25(33,69)	3.17,27(34,02)	3.51,44(34,17)	4.25,55(34,11)	
	4.59,75(34,20)	5.33,95(34,20)	6.08,43(34,48)	6.43,07(34,64)	
	7.17,99(34,92)	7.52,85(34,86)	8.27,42(34,57)	9.00,05(32,63)	
9	Sigvart Evjen	91	Vestbyen IL	9.00,07	604
	29,54(29,54)	1.01,85(32,31)	1.35,35(33,50)	2.08,68(33,33)	
	2.41,85(33,17)	3.15,75(33,90)	3.49,56(33,81)	4.23,93(34,37)	
	4.58,81(34,88)	5.33,50(34,69)	6.08,47(34,97)	6.43,08(34,61)	
	7.17,55(34,47)	7.52,21(34,66)	8.27,37(35,16)	9.00,07(32,70)	
10	Hans Andre Pedersen	92	Sandefjord SK	9.00,65	603
	30,20(30,20)	1.03,38(33,18)	1.37,75(34,37)	2.12,02(34,27)	
	2.46,92(34,90)	3.21,35(34,43)	3.55,54(34,19)	4.29,73(34,19)	
	5.04,27(34,54)	5.38,35(34,08)	6.12,84(34,49)	6.47,15(34,31)	
	7.21,45(34,30)	7.55,84(34,39)	8.29,61(33,77)	9.00,65(31,04)	
11	Thorbjørn Birkeland	93	Haugesund SK	9.01,17	601
	29,94(29,94)	1.03,84(33,90)	1.38,15(34,31)	2.12,45(34,30)	
	2.47,27(34,82)	3.21,79(34,52)	3.56,13(34,34)	4.30,59(34,46)	
	5.04,95(34,36)	5.38,80(33,85)	6.13,56(34,76)	6.47,58(34,02)	
	7.21,67(34,09)	7.56,20(34,53)	8.29,71(33,51)	9.01,17(31,46)	
12	Gunnar Evjen	93	Vestbyen IL	9.13,10	563
	31,27(31,27)	1.05,72(34,45)	1.40,80(35,08)	2.15,79(34,99)	
	2.51,16(35,37)	3.25,99(34,83)	4.02,02(36,03)	4.36,71(34,69)	
	5.11,53(34,82)	5.46,50(34,97)	6.21,19(34,69)	6.56,67(35,48)	
	7.31,81(35,14)	8.06,64(34,83)	8.41,25(34,61)	9.13,10(31,85)	
13	Espen Halhjem	92	BS/Delfana	9.13,22	562
	30,55(30,55)	1.03,50(32,95)	1.37,34(33,84)	2.11,68(34,34)	
	2.46,07(34,39)	3.21,17(35,10)	3.56,44(35,27)	4.31,62(35,18)	
	5.06,90(35,28)	5.42,19(35,29)	6.17,44(35,25)	6.53,04(35,60)	
	7.28,18(35,14)	8.03,45(35,27)	8.38,89(35,44)	9.13,22(34,33)	

14	Kim Rune Hansen	94	Øvre Eiker SK	9.17,40	550
	31,23(31,23)	1.05,41(34,18)	1.40,90(35,49)	2.15,63(34,73)	
	2.51,25(35,62)	3.26,48(35,23)	4.01,92(35,44)	4.37,57(35,65)	
	5.13,32(35,75)	5.48,76(35,44)	6.24,27(35,51)	6.59,91(35,64)	
	7.35,70(35,79)	8.10,80(35,10)	8.45,57(34,77)	9.17,40(31,83)	
15	Dan Martin Gudbrandsen	93	Moss SK	9.23,04	533
	29,40(29,40)	1.03,74(34,34)	1.39,35(35,61)	2.14,54(35,19)	
	2.50,26(35,72)	3.25,70(35,44)	4.01,48(35,78)	4.37,32(35,84)	
	5.13,47(36,15)	5.49,42(35,95)	6.25,43(36,01)	7.00,99(35,56)	
	7.37,75(36,76)	8.14,17(36,42)	8.49,15(34,98)	9.23,04(33,89)	

### Øvelse 3. 400m fri, damer

#### Junior

1	Elin Slaatmo	92	Hamar IL	4.20,17	802
	30,73(30,73)	1.03,50(32,77)	1.36,25(32,75)	2.09,61(33,36)	
	2.42,26(32,65)	3.15,19(32,93)	3.48,27(33,08)	4.20,17(31,90)	
2	Karoline Brudvik Sanderud	89	Hamar IL	4.22,79	779
	30,88(30,88)	1.03,52(32,64)	1.36,53(33,01)	2.09,71(33,18)	
	2.42,82(33,11)	3.16,04(33,22)	3.49,73(33,69)	4.22,79(33,06)	
3	Gina B. Andersen	90	Skjetten Svømming/NTG	4.23,58	772
	31,16(31,16)	1.03,53(32,37)	1.36,55(33,02)	2.10,31(33,76)	
	2.43,67(33,36)	3.17,40(33,73)	3.51,75(34,35)	4.23,58(31,83)	
4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.26,92	743
	30,93(30,93)	1.03,76(32,83)	1.37,03(33,27)	2.10,56(33,53)	
	2.44,60(34,04)	3.18,75(34,15)	3.53,17(34,42)	4.26,92(33,75)	
5	Cecilie W. Johannessen	90	Karmøy SK	4.31,54	706
	31,31(31,31)	1.05,27(33,96)	1.38,73(33,46)	2.12,37(33,64)	
	2.46,59(34,22)	3.22,08(35,49)	3.57,28(35,20)	4.31,54(34,26)	
6	Andrea Haugstad	92	Vestkantsvømmerne	4.33,49	691
	31,95(31,95)	1.06,13(34,18)	1.40,76(34,63)	2.15,53(34,77)	
	2.50,08(34,55)	3.24,64(34,56)	3.59,48(34,84)	4.33,49(34,01)	
7	Victoria Rung	92	TS/Frisinn	4.33,62	690
	31,56(31,56)	1.05,89(34,33)	1.40,25(34,36)	2.14,72(34,47)	
	2.49,21(34,49)	3.24,18(34,97)	3.59,39(35,21)	4.33,62(34,23)	
8	Emilie Hellerud	92	Lambertseter SK/NTG	4.33,83	688
	31,38(31,38)	1.04,68(33,30)	1.38,92(34,24)	2.14,19(35,27)	
	2.49,27(35,08)	3.24,66(35,39)	4.00,23(35,57)	4.33,83(33,60)	
9	Siri Anette Sønju	92	Øvre Eiker SK	4.34,66	682
	31,10(31,10)	1.05,17(34,07)	1.39,91(34,74)	2.15,14(35,23)	
	2.49,96(34,82)	3.25,32(35,36)	4.00,34(35,02)	4.34,66(34,32)	
10	Katrine Ekstang	92	Setermoen SK	4.36,70	667
	31,63(31,63)	1.05,85(34,22)	1.40,72(34,87)	2.15,86(35,14)	
	2.50,92(35,06)	3.26,40(35,48)	4.02,13(35,73)	4.36,70(34,57)	
11	Nora Kathrine Guthe	91	Asker SK	4.38,98	651
	32,21(32,21)	1.06,18(33,97)	1.41,34(35,16)	2.16,81(35,47)	
	2.52,34(35,53)	3.27,92(35,58)	4.03,80(35,88)	4.38,98(35,18)	
12	Julie Torgersen Nilsen	92	Hamar IL	4.40,37	641
	33,30(33,30)	1.08,71(35,41)	1.44,55(35,84)	2.19,66(35,11)	
	2.55,15(35,49)	3.30,17(35,02)	4.05,77(35,60)	4.40,37(34,60)	
13	Marthe Berg Sørensen	92	TS/Frisinn	4.40,86	638
	32,60(32,60)	1.07,83(35,23)	1.43,23(35,40)	2.18,96(35,73)	
	2.54,79(35,83)	3.30,53(35,74)	4.06,75(36,22)	4.40,86(34,11)	
14	Stine K. Jansen	90	Moss SK	4.41,05	636
	32,00(32,00)	1.06,50(34,50)	1.42,04(35,54)	2.18,01(35,97)	
	2.54,11(36,10)	3.30,22(36,11)	4.06,56(36,34)	4.41,05(34,49)	
15	Terese Fosby	92	Sarpsborg IL	4.42,69	625
	32,03(32,03)	1.07,10(35,07)	1.42,65(35,55)	2.18,65(36,00)	
	2.54,80(36,15)	3.31,76(36,96)	4.08,27(36,51)	4.42,69(34,42)	
16	Emilie Voraa	91	Bærumsvømmerne	4.43,14	622
	31,85(31,85)	1.06,32(34,47)	1.41,81(35,49)	2.17,52(35,71)	
	2.53,68(36,16)	3.30,37(36,69)	4.07,24(36,87)	4.43,14(35,90)	
17	Siri N. Andersen	92	Haldens SK	4.45,15	609
	32,75(32,75)	1.08,03(35,28)	1.43,94(35,91)	2.20,01(36,07)	
	2.56,38(36,37)	3.32,98(36,60)	4.09,56(36,58)	4.45,15(35,59)	

18	Ingrid Marie Rytter	91	Vestbyen IL	4.47,38	595
	31,53(31,53)	1.05,92(34,39)	1.41,65(35,73)	2.17,83(36,18)	
	2.54,93(37,10)	3.32,50(37,57)	4.10,14(37,64)	4.47,38(37,24)	

## UM

1	Eva Marie W. Østerhus	94	TS/Madla SK	4.25,46	755
	30,92(30,92)	1.03,90(32,98)	1.36,96(33,06)	2.10,18(33,22)	
	2.43,67(33,49)	3.17,91(34,24)	3.52,31(34,40)	4.25,46(33,15)	
2	Lise Sand Syversen	95	Delfana	4.30,14	717
	31,07(31,07)	1.04,86(33,79)	1.39,18(34,32)	2.13,29(34,11)	
	2.47,03(33,74)	3.22,04(35,01)	3.57,07(35,03)	4.30,14(33,07)	
3	Hanne Lockertsen	94	Tromsø SK	4.33,07	694
	31,98(31,98)	1.06,17(34,19)	1.40,91(34,74)	2.15,35(34,44)	
	2.50,19(34,84)	3.25,20(35,01)	3.59,63(34,43)	4.33,07(33,44)	
4	Pia Cornelia Braarud	93	Lambertseter SK	4.35,00	679
	31,25(31,25)	1.05,21(33,96)	1.40,04(34,83)	2.15,10(35,06)	
	2.50,11(35,01)	3.25,28(35,17)	4.00,43(35,15)	4.35,00(34,57)	
5	Susann Bjørnsen	93	Setermoen SK	4.37,43	662
	31,23(31,23)	1.05,70(34,47)	1.39,90(34,20)	2.14,79(34,89)	
	2.50,46(35,67)	3.26,52(36,06)	4.03,15(36,63)	4.37,43(34,28)	
6	Karoline Pedersen	94	Bergens SLK	4.37,62	660
	31,36(31,36)	1.05,25(33,89)	1.39,92(34,67)	2.14,74(34,82)	
	2.49,99(35,25)	3.25,92(35,93)	4.02,20(36,28)	4.37,62(35,42)	
7	Andrea Westbye	95	Bærumsvømmerne	4.40,90	638
	31,89(31,89)	1.06,90(35,01)	1.42,51(35,61)	2.18,34(35,83)	
	2.54,27(35,93)	3.29,76(35,49)	4.05,89(36,13)	4.40,90(35,01)	
8	Stine Lise Stenseth	94	Øvre Eiker SK	4.45,94	604
	31,98(31,98)	1.06,80(34,82)	1.42,43(35,63)	2.18,63(36,20)	
	2.54,75(36,12)	3.31,31(36,56)	4.09,02(37,71)	4.45,94(36,92)	
9	Emilie N. Løvberg	95	Bærumsvømmerne	4.46,20	603
	31,71(31,71)	1.07,54(35,83)	1.43,84(36,30)	2.20,46(36,62)	
	2.56,59(36,13)	3.33,73(37,14)	4.10,65(36,92)	4.46,20(35,55)	
10	Christiana Bjørkli	93	Trondheim SLK	4.48,28	590
	33,18(33,18)	1.08,90(35,72)	1.44,93(36,03)	2.21,44(36,51)	
	2.58,08(36,64)	3.34,96(36,88)	4.12,04(37,08)	4.48,28(36,24)	
	Ane Nygård	95	Stavanger SC	DISK	

## Funksjonshemmede

1	Ingvill S. Hilleren	90	Vestkantsvømmerne	6.30,97	236	S7 123,31 %
	45,57(45,57)	1.33,84(48,27)	2.23,44(49,60)	3.12,83(49,39)		
	4.02,53(49,70)	4.52,35(49,82)	5.42,07(49,72)	6.30,97(48,90)		

## Øvelse 4. 50m bryst, herrer

## Junior

1	Marcus Tesdal	90	BS/Åstveit	29,25	743
2	Sverre Næss	92	Sarpsborg IL	29,70	710
3	Mattis Saghaug	90	IL Varg/NTG	30,06	685
4	Mikael Bergene	91	Lambertseter SK	30,16	678
5	Sindre Søderlund	91	Trondheim SLK/NTG	30,36	665
6	John Lekhmus	91	Tromsø SK	30,53	653
7	Bernt M. Seyffarth	89	Mandal SK	30,63	647
8	Joachim Jakobsen	91	Vestkantsvømmerne	30,64	646
9	Erling Mjøs Brattelid	91	TS/Sola SK	30,68	644
10	Thomas W. Kristiansen	89	Ski SK	31,50	595
11	Adrian A. Skogvold	91	Tverlandet IL	31,51	594
12	Martin Steffensen	89	Arna SLK	31,63	588
13	Simen Dale	91	BS/Delfana	31,76	580
14	Anders Tandberg	90	Sarpsborg IL	31,78	579

15	André Eide	89	Narvik SK	31,93	571
16	Martin Hals	91	Øvre Eiker SK	32,01	567
17	Christian Sunde	89	Elverum Svømming	32,59	537
18	Martin Lygre Eriksen	90	Bergens SC	32,67	533
19	Stian Bjørklund	90	Sørreisa SK	34,60	449

## UM

1	Hans Kristian Andersen	93	Florø SLK	30,81	636
2	Hans Østerdal	93	Stavanger SC	31,27	608
3	Mats Gøran Høgenhaug	93	Namsos SK	31,66	586
4	Aleksander Sire	93	Modum SK	31,78	579
5	Martin Gundersen	93	IL Varg	32,29	552
6	Markus Vindenes	94	Vestkantsvømmerne	32,32	551
7	Håvard Hole	93	Delfana	32,39	547
8	Peder T. Haagensli	93	Larvik SK	33,07	514
9	Berend de Waal	94	IL Norodd	33,21	508
10	Christopher Wolf	93	Vestbyen IL	34,04	471
11	Ingvar V. Skirbekk	93	Elverum Svømming	34,95	435

## Øvelse 5. 50m rygg, damer

## Junior

1	Ina Kr. Pedersen	89	Sarpsborg IL	30,89	681
2	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG(0,68)	31,48	644
2	Elisabeth H. Svensson	91	Ski SK/NTG	31,48	644
4	Ida Nordbø	89	TS/Madla SK	31,56	639
5	Cecilie W. Johannessen	90	Karmøy SK (0,69)	31,69	631
6	Marit Vala	90	Lambertseter SK	31,78	626
7	Oda Marie Siljan	92	Poseidon	31,79	625
8	Sophia Broberg Skeltved	92	Tromsø SK/NTG	31,84	622
9	Seline Vike Holm	92	Arna SLK	31,86	621
10	Nicole T. Næsheim	91	Stavanger SC	32,15	604
11	Camilla Moe	92	Ås IL (0,75)	32,18	603
12	Emma Isdahl	92	Lambertseter SK (0,70)	32,19	602
13	Elisabeth Kristiansen	92	Haugesund SK	32,41	590
13	Victoria T. Solberg	89	Asker SK (0,72)	32,41	590
15	Trine Hovda	90	TS/Madla SK	32,61	579
16	Vibeke Browne	89	Bærumsvømmerne	32,65	577
17	Helene Eikeskog Burger	92	Kolbotn IL (0,76)	32,81	569
18	Siri Anette Sønju	92	Øvre Eiker SK	32,96	561
19	Thea Pedersen	91	Moss SK	33,02	558
20	Sofie Gjemmestad	89	Asker SK (0,71)	33,09	554
21	Katinka Kvant	89	Arna SLK	33,29	544
22	Kristine Mella	90	Bærumsvømmerne	33,36	541
23	Katja Heinänen	90	BS/Bergen SLK	33,69	525

## UM

1	Marthe Helene Haganes	93	Vestkantsvømmerne (0,73)	30,92	680
2	Jacqueline Knutsson	93	Kongstensvømmerne (0,72)	31,60	637
3	Veronica Orheim Bjørlykke	94	Aalesund SLK (0,63)	31,71	630
4	Aslaug Marie Hjelmaas	95	Bergens SLK (0,74)	32,57	581
5	Lotte Thommesen	94	Poseidon (0,71)	32,69	575
6	Nicole Egeland	93	Sandnes SLK (0,69)	32,79	570
7	Stine Mjølhus Kristoffersen	93	TS/Frisinn (0,72)	33,37	540
8	Amalie Kristiansen	95	Haugesund SK (0,80)	33,54	532
9	Marie Øverland	94	Vestkantsvømmerne (0,72)	33,55	532
10	Maria Bølgen	93	Bærumsvømmerne (0,78)	33,74	523

## Øvelse 6. 200m individuell medley, herrer

## Junior

1	Sverre Næss	92	Sarpsborg IL	2.07,21	754
	28,03(28,03)	59,52(31,49)	1.36,13(36,61)	2.07,21(31,08)	
2	Sindri T. Jakobsson	91	BS/Delfana	2.07,71	745
	26,31(26,31)	58,25(31,94)	1.35,52(37,27)	2.07,71(32,19)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	2.10,25	703
	28,88(28,88)	1.03,76(34,88)	1.38,71(34,95)	2.10,25(31,54)	
4	Kristoffer Meisler	90	Fauske SK	2.10,68	696
	29,08(29,08)	1.02,97(33,89)	1.39,58(36,61)	2.10,68(31,10)	
5	Martin Hals	91	Øvre Eiker SK	2.13,30	655
	28,97(28,97)	1.04,00(35,03)	1.41,80(37,80)	2.13,30(31,50)	
6	Sebastian Stordal	91	BS/Delfana	2.13,42	654
	27,99(27,99)	1.01,72(33,73)	1.42,61(40,89)	2.13,42(30,81)	
7	Christian Thorsen	91	Lambertseter SK	2.13,45	653
	29,01(29,01)	1.03,40(34,39)	1.42,78(39,38)	2.13,45(30,67)	
8	Carl Andreas Wathne	91	Bærumsvømmerne	2.14,59	637
	28,70(28,70)	1.04,14(35,44)	1.42,87(38,73)	2.14,59(31,72)	
9	Espen Halhjem	92	BS/Delfana	2.14,64	636
	28,78(28,78)	1.04,10(35,32)	1.42,81(38,71)	2.14,64(31,83)	
10	Jonas Kirkeberg Jostad	92	Hamar IL	2.16,30	613
	29,47(29,47)	1.03,39(33,92)	1.43,73(40,34)	2.16,30(32,57)	
11	John Lekhmus	91	Tromsø SK	2.16,37	612
	29,57(29,57)	1.05,18(35,61)	1.42,75(37,57)	2.16,37(33,62)	
12	Simen Dale	91	BS/Delfana	2.16,42	611
	29,94(29,94)	1.06,43(36,49)	1.44,02(37,59)	2.16,42(32,40)	
13	Mikkel Tørud Lang	90	Ullensakersv	2.18,42	585
	28,66(28,66)	1.02,97(34,31)	1.44,70(41,73)	2.18,42(33,72)	
14	Christer M. Hagen	91	Fauske SK	2.19,49	572
	29,38(29,38)	1.06,11(36,73)	1.47,14(41,03)	2.19,49(32,35)	
15	Håkon Aleksander Vik	90	Haldens SK	2.20,64	558
	29,31(29,31)	1.05,45(36,14)	1.47,59(42,14)	2.20,64(33,05)	
16	Tore Skauge Bysting	92	Lørenskog/Rælingen	2.25,62	503
	31,45(31,45)	1.09,03(37,58)	1.49,86(40,83)	2.25,62(35,76)	

## UM

1	Zoltan Csernai	93	BS/Åstveit	2.09,76	711
	27,48(27,48)	1.00,61(33,13)	1.40,64(40,03)	2.09,76(29,12)	
2	Hans Østerdal	93	Stavanger SC	2.09,85	709
	28,31(28,31)	1.02,73(34,42)	1.39,94(37,21)	2.09,85(29,91)	
3	Hans Kristian Andersen	93	Florø SLK	2.11,06	690
	28,80(28,80)	1.04,14(35,34)	1.39,88(35,74)	2.11,06(31,18)	
4	Martin Hammer	93	Kongstensvømmerne	2.18,11	589
	28,32(28,32)	1.05,55(37,23)	1.45,53(39,98)	2.18,11(32,58)	
5	Kristoffer D. Birkeland	94	Florø SLK	2.21,66	546
	29,53(29,53)	1.06,46(36,93)	1.47,89(41,43)	2.21,66(33,77)	

## Øvelse 7. 100m butterfly, damer

## Junior

1	Ina Marleen Holm	90	TS/Madla SK	1.01,76	799
	29,27(29,27)	1.01,76(32,49)			
2	Victoria S. Løken	91	Team Stavanger	1.03,50	735
	30,20(30,20)	1.03,50(33,30)			
3	Line Løvberg	91	Lambertseter SK/NTG	1.03,76	726
	30,09(30,09)	1.03,76(33,67)			
4	Sara Pettersen	91	Fauske SK	1.03,86	723
	30,22(30,22)	1.03,86(33,64)			

5	Maria Gullvåg Aasen 29,96(29,96)	92	Kristiansand SA/NTG	1.04,53	701
6	Maren Kristine Jansen 29,20(29,20)	90	TS/Randaberg	1.04,58	699
7	Monica W. Johannessen 31,23(31,23)	90	Karmøy SK	1.06,19	649
8	Julie Borgen 31,28(31,28)	91	Sarpsborg IL	1.06,51	640
9	Terese Langlo 31,86(31,86)	89	Skjetten Svømming	1.06,89	629
10	Guro Knutsen 31,29(31,29)	91	Øvre Eiker SK	1.07,01	626
11	Iselin Mjøllner Dahlen 31,80(31,80)	92	Skjetten Svømming/NTG	1.07,45	614
12	Karoline Eriksen 31,33(31,33)	92	Stavanger SC	1.07,82	604
13	Ingrid N. Knutzen 32,01(32,01)	91	Lambertseter SK/NTG	1.08,07	597
14	Oona Ovesen 32,26(32,26)	92	Elverum Svømming	1.08,44	587
15	Marthe Berg Sørensen 32,17(32,17)	92	TS/Frisinn	1.08,59	583
16	Siv Fiske 31,87(31,87)	92	Tromsø SK/NTG	1.08,95	574
17	Maren Gramvik 32,12(32,12)	90	Vågsbygd SLK	1.09,01	573
18	Line W. Lund 31,56(31,56)	91	Moss SK	1.09,06	572
19	Elisabeth H. Svensson 32,34(32,34)	91	Ski SK/NTG	1.09,27	566
20	Kristin Blyverket 32,27(32,27)	92	Oslo IL	1.09,45	562
21	Elisabeth Kristiansen 31,98(31,98)	92	Haugesund SK	1.09,85	552
22	Katrine Ekstang 32,97(32,97)	92	Setermoen SK	1.10,52	537
23	Mina Berggren 32,90(32,90)	92	Lambertseter SK	1.11,66	512
24	Kristine Mella 32,91(32,91)	90	Bærumsvømmerne	1.11,89	507

## UM

1	Stine Vindenes 30,60(30,60)	93	Vestkantsvømmerne	1.05,29	677
2	Jacqueline Knutsson 31,10(31,10)	93	Kongstensvømmerne	1.06,13	651
3	Emilie N. Løvberg 31,36(31,36)	95	Bærumsvømmerne	1.06,41	643
4	Eirin Arnesen 31,25(31,25)	93	Bergens SC	1.08,09	596
5	Nora Næss 31,79(31,79)	93	Haldens SK	1.08,59	583
6	Mette Mellbye Larsen 32,04(32,04)	95	Asker SK	1.08,68	581
7	Birgitte Elise Søfteland 32,08(32,08)	94	Sarpsborg IL	1.08,89	576
	Susann Bjørnsen	93	Setermoen SK	DISK	

## Funksjonshemmede

1	Hanne Farestvedt 42,35(42,35)	93	Åstveit SK	1.30,02	258	S14 129,23 %
---	----------------------------------	----	------------	---------	-----	--------------

## Øvelse 8. 200m rygg, herrer

## Junior

1	Vegard Løvberg 29,29(29,29)	91	Bærumsvømmerne 1.33,51(32,96)	(0,70)	2.07,04	690
2	Even Vike Holm 29,62(29,62)	90	BS/Arna 1.34,00(32,89)	(0,75)	2.07,32	686
3	Tor Hafnør 30,47(30,47)	91	Bærumsvømmerne 1.35,64(32,27)	(0,74)	2.07,49	683
4	Sindre Nilo 30,34(30,34)	90	Sandefjord SK/NTG 1.36,19(33,76)	(0,78)	2.09,63	649
5	Lavrans Solli 29,60(29,60)	92	Bergens SC 1.35,94(33,97)	(0,64)	2.10,99	629
6	Joar Skien Grannes 29,72(29,72)	90	Sandnes SLK 1.36,90(34,37)	(0,75)	2.11,54	622
7	Øyvind Gevelt 31,77(31,77)	91	Øvre Eiker SK 1.39,21(34,35)	(0,72)	2.13,75	591
8	Stian Werner Erichsen 31,32(31,32)	90	Bærumsvømmerne 1.39,54(34,56)	(0,83)	2.14,46	582
9	Kristoffer Skribeland 31,81(31,81)	91	Asker SK 1.40,84(34,87)	(0,75)	2.15,26	572
10	Eirik Runningen 31,80(31,80)	90	BS/Delfana 1.40,28(34,95)	(0,56)	2.15,49	569
11	Kenneth Bakkehaug 31,66(31,66)	92	Sørreisa SK 1.40,59(34,70)	(0,71)	2.16,28	559
12	Simen Andreassen 32,47(32,47)	92	Florø SLK 1.42,85(35,53)	(0,80)	2.17,53	544
13	Henning Kaland 33,35(33,35)	92	Oslo IL 1.43,39(35,15)	(0,68)	2.18,92	528
14	Erlend Tveteraas 31,42(31,42)	91	Madla SK 1.42,18(36,51)	(0,67)	2.20,12	514
15	Joakim I. Larsen 32,90(32,90)	92	Trondheim SLK 1.44,48(36,42)	(0,70)	2.20,21	513
16	Tore Skauge Bysting 33,77(33,77)	92	Lørenskog/Rælingen 1.47,56(37,00)	(0,70)	2.24,42	470
17	Hans Andre Pedersen 32,08(32,08)	92	Sandefjord SK 1.47,83(39,14)	(0,71)	2.26,26	452

## UM

1	Sander Rødje 31,53(31,53)	93	Haugesund SK 1.38,77(33,48)	(0,75)	2.10,70	634
2	Runar Borgen 31,57(31,57)	93	Bodø SK 1.41,92(35,25)	(0,72)	2.16,37	558
3	Henrik Knudsen 31,45(31,45)	94	Stavanger SC 1.42,93(36,87)	(0,84)	2.18,70	530
4	Jørgen Aagaard-Nilsen Wiik 32,64(32,64)	93	Larvik SK 1.43,83(36,00)	(0,68)	2.19,40	522
5	Øyvind L. Styrmoie 32,49(32,49)	93	Delfana 1.43,52(36,23)	(0,74)	2.20,51	510
6	Robin Sell Dyngeland 33,42(33,42)	93	Åstveit SK 1.44,64(35,86)	(0,70)	2.21,94	495
7	Henry Emil Nordhagen 32,29(32,29)	93	Bærumsvømmerne 1.46,69(38,15)	(0,67)	2.25,53	459

## Øvelse 9. 200m bryst, damer

## Junior

1	Trine Austrøne Olsen	90	Fauske SK	2.34,29	766
	35,16(35,16)	1.13,81(38,65)	1.53,53(39,72)	2.34,29(40,76)	
2	Karoline Brudvik Sanderud	89	Hamar IL	2.37,23	724
	36,33(36,33)	1.16,10(39,77)	1.56,28(40,18)	2.37,23(40,95)	
3	Iselin Meisler	90	Fauske SK	2.37,59	719
	35,15(35,15)	1.15,34(40,19)	1.56,52(41,18)	2.37,59(41,07)	
4	Karin Ekholt	89	Bærumsvømmerne	2.39,36	695
	36,03(36,03)	1.16,25(40,22)	1.57,83(41,58)	2.39,36(41,53)	
5	Maria Farestvedt	90	BS/Åstveit	2.40,12	685
	36,42(36,42)	1.17,58(41,16)	1.58,35(40,77)	2.40,12(41,77)	
6	Benedicte Kausland	92	Vestkantsvømmerne	2.40,88	675
	37,64(37,64)	1.17,47(39,83)	1.58,77(41,30)	2.40,88(42,11)	
7	Sophia Broberg Skeltved	92	Tromsø SK/NTG	2.41,66	666
	37,16(37,16)	1.18,13(40,97)	1.59,66(41,53)	2.41,66(42,00)	
8	Lene Lykke Erichsen	92	Bærumsvømmerne	2.41,84	663
	37,06(37,06)	1.18,30(41,24)	2.00,15(41,85)	2.41,84(41,69)	
9	Ine Charlotte Hagen	89	Lørenskog/Rælingen	2.42,19	659
	36,34(36,34)	1.17,10(40,76)	1.59,19(42,09)	2.42,19(43,00)	
10	Katrine Jensen	92	BS/Åstveit	2.43,90	639
	36,69(36,69)	1.17,69(41,00)	2.00,39(42,70)	2.43,90(43,51)	
11	Mari Singstad	91	Vestbyen IL	2.44,22	635
	36,03(36,03)	1.17,14(41,11)	1.59,72(42,58)	2.44,22(44,50)	
12	Karoline Bergene	89	Lambertseter SK	2.49,33	579
	36,96(36,96)	1.19,03(42,07)	2.03,63(44,60)	2.49,33(45,70)	
13	Maren Teige	90	Bergens SLK	2.49,66	576
	38,23(38,23)	1.20,86(42,63)	2.04,90(44,04)	2.49,66(44,76)	
14	Hege Omdal	89	Kristiansand SA	2.50,52	567
	38,14(38,14)	1.21,34(43,20)	2.05,63(44,29)	2.50,52(44,89)	
15	Elin Roscher	90	IL Varg	2.52,21	551
	38,82(38,82)	1.21,42(42,60)	2.05,94(44,52)	2.52,21(46,27)	
16	Hilde Kringlen	91	Kristiansand SA	2.52,67	546
	39,56(39,56)	1.22,54(42,98)	2.07,30(44,76)	2.52,67(45,37)	
17	Marte Elise Brinchmann	91	Moss SK	2.54,14	532
	38,40(38,40)	1.22,21(43,81)	2.07,98(45,77)	2.54,14(46,16)	

## UM

1	Bitte Fagermo	93	Narvik SK	2.36,59	733
	35,64(35,64)	1.15,31(39,67)	1.55,89(40,58)	2.36,59(40,70)	
2	Stina Kajsa Colleou	93	Lambertseter SK	2.36,74	730
	35,56(35,56)	1.15,17(39,61)	1.56,06(40,89)	2.36,74(40,68)	
3	Andrea Hestdal	94	Åstveit SK	2.42,23	659
	37,58(37,58)	1.18,11(40,53)	1.59,94(41,83)	2.42,23(42,29)	
4	Luna Elisabeth Sjøgaard	94	Lambertseter SK	2.43,39	645
	37,09(37,09)	1.18,23(41,14)	2.00,42(42,19)	2.43,39(42,97)	
5	Stine Mjølhus Kristoffersen	93	TS/Frisinn	2.47,21	602
	37,25(37,25)	1.19,49(42,24)	2.02,83(43,34)	2.47,21(44,38)	
6	Maren E.J. Bakke	94	Setermoen SK	2.47,63	597
	37,75(37,75)	1.20,13(42,38)	2.03,85(43,72)	2.47,63(43,78)	
7	Stine Tveit	93	Trondheim SLK	2.48,32	590
	38,94(38,94)	1.21,32(42,38)	2.04,72(43,40)	2.48,32(43,60)	
8	Ingalill Urrang Naustvik	95	Karmøy SK	2.49,28	580
	37,91(37,91)	1.20,62(42,71)	2.04,50(43,88)	2.49,28(44,78)	
9	Kristine Mathingsdal Pedersen	94	Farsund SK	2.49,39	579
	39,45(39,45)	1.22,50(43,05)	2.05,70(43,20)	2.49,39(43,69)	
10	Stine Lise Stenseth	94	Øvre Eiker SK	2.54,43	530
	38,30(38,30)	1.22,10(43,80)	2.07,78(45,68)	2.54,43(46,65)	
11	Siren Bergslid	93	Stavanger SC	2.56,09	515
	39,82(39,82)	1.24,80(44,98)	2.09,80(45,00)	2.56,09(46,29)	

## Øvelse 10. 50m butterfly, herrer

## Junior

1	Øystein R. Hetland	89	Bærumsvømmerne	25,10	755
2	Christer Koch Kvam	90	Bærum/NTG	25,16	750
3	Mathias Sørstrand Æsøy	90	Florø SLK	25,33	735
4	John Hage Gaarder	89	Lørenskog/Rælingen	25,59	712
5	Alexander B. Havre	90	Mandal SK	25,76	698
6	Marcus Tesdal	90	BS/Åstveit	25,93	685
7	Mattis Saghaug	90	IL Varg/NTG	26,06	675
8	Stian S. Langeland	89	Bergens SC	26,09	672
9	Jan Aleksander Bakke	91	Asker SK	26,90	613
10	Erlend Ulveseter	92	Åstveit SK	26,97	608
11	Tor Hafnor	91	Bærumsvømmerne	26,99	607
12	Sindre Eilertsen	90	Lambertseter SK	27,04	604
13	Sebastian Stordal	91	BS/Delfana	27,06	602
14	Ole Martin Ree	92	TS/Sola SK	27,07	602
15	Thor Helge Billington	90	Sandnes SLK	27,11	599
16	Thomas W. Kristiansen	89	Ski SK	27,24	591
17	Martin Skramstad	89	Hamar IL	27,26	589
18	Jan-Tore Jessen Eikrem	91	IL Varg	27,41	580
19	Antonis Xepapadakis	90	IL Varg	27,42	579
20	Carl Andreas Wathne	91	Bærumsvømmerne	27,53	572
21	Stian Andreas Evja	90	Lambertseter SK	27,56	570
22	Martin P. Sletbakken	92	Sortland SLK	27,57	570
23	Halvor Stavland	92	Kolbotn IL	27,62	566
24	Åsmund Karlsen	92	Eid SK	27,72	560
25	David Evja	92	Lambertseter SK	27,77	557
26	Geir T. Kristiansen	90	Larvik SK	27,78	557
27	Martin Hals	91	Øvre Eiker SK	27,93	548
28	Kjetil Berg	91	Vennesla SK	28,04	541
29	Sindre Mowatt Gruben	92	Bergens SC	28,18	533
30	Aksel B. Lindhjem	91	Larvik SK	28,20	532

## UM

1	Mats Gøran Høgenhaug	93	Namsos SK	26,35	652
2	Christian Juvik	93	Stavanger SC	26,77	622
3	Runar Borgen	93	Bodø SK	27,70	562
4	Preben Robstad	93	Vågsbygd SLK	27,75	559
5	Håvard Hole	93	Delfana	27,82	554
6	Martin Hammer	93	Kongstensvømmerne	27,93	548
7	Martin Gundersen	93	IL Varg	28,00	544
8	Øyvind L. Styrmo	93	Delfana	28,67	506
9	Henry Emil Nordhagen	93	Bærumsvømmerne	28,73	503
10	Berend de Waal	94	IL Norodd	28,96	491
11	Eirik Standal Thoresen	93	Asker SK	29,07	486

## Øvelse 11. 4\*200m fri, damer - UM

## UM

1	Bærumsv J1 jr.	JR	Bærumsvømmerne	9.02,40	658
	Andrea Westbye:	31,32(31,32)	1.05,67(34,35)	2.13,89	
	Emilie N. Løvberg:	1.40,19(34,52)	2.13,89(33,70)	2.12,52	
	Kjersti Dalen:	2.43,58(29,69)	3.17,06(33,48)	2.21,03	
	Maria Bølgen:	3.52,37(35,31)	4.26,41(34,04)	2.14,96	
		4.58,44(32,03)	5.34,21(35,77)		
		6.11,34(37,13)	6.47,44(36,10)		
		7.16,74(29,30)	7.51,10(34,36)		
		8.27,05(35,95)	9.02,40(35,35)		
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	9.07,82	639
	Pia Cornelia Braarud:	30,16(30,16)	1.03,36(33,20)	2.09,86	
	Julie Rønningsen:	1.36,56(33,20)	2.09,86(33,30)	2.17,72	
	Luna Elisabeth Sjøgaard:	2.40,09(30,23)	3.14,92(34,83)	2.17,80	
	Andrine Davidsen:	3.51,61(36,69)	4.27,58(35,97)	2.22,44	
		4.59,35(31,77)	5.34,12(34,77)		
		6.10,01(35,89)	6.45,38(35,37)		
		7.17,10(31,72)	7.53,04(35,94)		
		8.30,70(37,66)	9.07,82(37,12)		
3	Vestkantv. J1 jr.	JR	Vestkantvømmerne	9.09,60	633
	Stine Vindenes:	31,80(31,80)	1.06,58(34,78)	2.15,64	
	Marthe Helene Haganen:	1.41,37(34,79)	2.15,64(34,27)	2.17,01	
	Marie Øverland:	2.46,46(30,82)	3.21,13(34,67)	2.19,99	
	Marie Reinertsen:	3.57,17(36,04)	4.32,65(35,48)	2.16,96	
		5.04,58(31,93)	5.41,17(36,59)		
		6.17,68(36,51)	6.52,64(34,96)		
		7.23,30(30,66)	7.57,45(34,15)		
		8.33,14(35,69)	9.09,60(36,46)		
4	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	9.18,35	604
	Fanny Moen Pettersen:	32,86(32,86)	1.09,07(36,21)	2.22,70	
	Mari Knutsen:	1.46,13(37,06)	2.22,70(36,57)	2.22,31	
	Ida Johansen:	2.54,63(31,93)	3.30,80(36,17)	2.20,93	
	Stine Lise Stenseth:	4.08,25(37,45)	4.45,01(36,76)	2.12,41	
		5.15,55(30,54)	5.51,14(35,59)		
		6.29,02(37,88)	7.05,94(36,92)		
		7.35,93(29,99)	8.08,52(32,59)		
		8.43,30(34,78)	9.18,35(35,05)		
5	Delfana J1 jr.	JR	Delfana	9.22,44	591
	Helene Thunes Truyen:	31,54(31,54)	1.05,67(34,13)	2.15,61	
	Johanne G. Skaaland:	1.40,89(35,22)	2.15,61(34,72)	2.21,46	
	Michelle Angell:	2.48,32(32,71)	3.23,82(35,50)	2.32,08	
	Lise Sand Syversen:	4.00,81(36,99)	4.37,07(36,26)	2.13,29	
		5.10,33(33,26)	5.49,02(38,69)		
		6.29,28(40,26)	7.09,15(39,87)		
		7.39,68(30,53)	8.13,87(34,19)		
		8.48,55(34,68)	9.22,44(33,89)		
6	Trondheim SLK J1 jr.	JR	Trondheim SLK	9.27,23	576
	Christiana Bjørkli:	31,82(31,82)	1.06,64(34,82)	2.19,10	
	Stine Tveit:	1.42,69(36,05)	2.19,10(36,41)	2.24,10	
	Julie Hegvik:	2.51,49(32,39)	3.28,07(36,58)	2.21,75	
	Malin Schanke Tømmervik:	4.06,19(38,12)	4.43,20(37,01)	2.22,28	
		5.15,23(32,03)	5.51,38(36,15)		
		6.28,31(36,93)	7.04,95(36,64)		
		7.37,27(32,32)	8.13,39(36,12)		
		8.50,88(37,49)	9.27,23(36,35)		
7	Haldens SK J1 jr.	JR	Haldens SK	9.30,11	567
	Anne Helene Bakke:	32,68(32,68)	1.08,72(36,04)	2.22,63	
	Anna Forsstrøm:	1.45,94(37,22)	2.22,63(36,69)	2.25,99	
	Nora Næss:	2.55,66(33,03)	3.33,83(38,17)	2.24,39	
	Oda Haagensen:	4.12,19(38,36)	4.48,62(36,43)	2.17,10	
		5.20,86(32,24)	5.57,96(37,10)		
		6.35,70(37,74)	7.13,01(37,31)		
		7.43,51(30,50)	8.18,32(34,81)		
		8.54,80(36,48)	9.30,11(35,31)		

8	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	9.35,29	552
	Aurora Brandtzæg:	32,77(32,77)	1.08,94(36,17)	2.23,01	
	Jeanette Erlandsen:	1.45,98(37,04)	2.23,01(37,03)	2.16,23	
	Ida Arnøy:	2.53,42(30,41)	3.27,93(34,51)	2.22,15	
	Mette Aas:	4.03,65(35,72)	4.39,24(35,59)	2.33,90	
		5.12,03(32,79)	5.48,48(36,45)		
		6.25,24(36,76)	7.01,39(36,15)		
		7.34,33(32,94)	8.13,15(38,82)		
		8.54,14(40,99)	9.35,29(41,15)		
9	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	9.58,40	490
	Christiane Sandbye:	33,07(33,07)	1.09,72(36,65)	2.22,87	
	Marie Svensson:	1.46,54(36,82)	2.22,87(36,33)	2.26,96	
	Christina Dahl:	2.56,69(33,82)	3.34,55(37,86)	2.33,93	
	Pernille Mørch:	4.13,25(38,70)	4.49,83(36,58)	2.34,64	
		5.24,70(34,87)	6.03,30(38,60)		
		6.43,64(40,34)	7.23,76(40,12)		
		7.58,67(34,91)	8.37,83(39,16)		
		9.18,18(40,35)	9.58,40(40,22)		
	Bergens SC J1 jr.	JR	Bergens SC	DISK	
	Hedvig Hjertaker:	31,97(31,97)	1.07,80(35,83)	2.21,64	
	Eirin Arnesen:	1.44,57(36,77)	2.21,64(37,07)	2.23,15	
		2.53,81(32,17)	3.29,86(36,05)		
		4.07,47(37,61)	4.44,79(37,32)		
	Eli Kristin Ølmheim:				
	Martha Maria Songstad:				
	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	DISK	
	Ida Louise G. Borlaug:	32,82(32,82)	1.08,81(35,99)	2.21,23	
	Sara N. Gjelsvik:	1.45,41(36,60)	2.21,23(35,82)		
	Juni Rugland:				
	Malin Dahle:				

## Øvelse 12. 4\*100m fri, herrer - UM

## UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	3.49,97	572
	Hans Østerdal:	27,03(27,03)	56,91(29,88)	56,91	
	Christian Juvik:	1.23,57(26,66)	1.52,92(29,35)	56,01	
	Fredrik K Hegdal:	2.20,73(27,81)	2.51,99(31,26)	59,07	
	Henrik Knudsen:	3.19,94(27,95)	3.49,97(30,03)	57,98	
2	Moss SK G1 jr.	JR	Moss SK	3.52,51	554
	Stian Svingen Nilsson:	27,83(27,83)	59,34(31,51)	59,34	
	Georg Horntvedt:	1.26,51(27,17)	1.57,21(30,70)	57,87	
	Dan Martin Gudbrandsen:	2.24,43(27,22)	2.54,94(30,51)	57,73	
	Fredrik Johansen Nielsen:	3.21,85(26,91)	3.52,51(30,66)	57,57	
3	Kolbotn IL G1 jr.	JR	Kolbotn IL	3.58,38	514
	Johan Parker Nygård:	26,79(26,79)	56,31(29,52)	56,31	
	Erik Tobias Sollesnes:	1.25,38(29,07)	1.58,02(32,64)	1.01,71	
	Martin Næss Kjølholdt:	2.28,58(30,56)	3.02,03(33,45)	1.04,01	
	Martin Berger Oterholm:	3.28,49(26,46)	3.58,38(29,89)	56,35	
4	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	4.04,20	478
	Håkon Brennhagen:	28,41(28,41)	1.00,24(31,83)	1.00,24	
	Ole Nævdal:	1.27,51(27,27)	1.57,33(29,82)	57,09	
	Jørgen Gundersen:	2.28,19(30,86)	3.01,53(33,34)	1.04,20	
	Sindre S. Løbersli:	3.31,37(29,84)	4.04,20(32,83)	1.02,67	
5	Vågsbygd SLK G1 jr.	JR	Vågsbygd SLK	4.06,18	467
	Tom Kaarfjord:	30,48(30,48)	1.04,69(34,21)	1.04,69	
	Jan Morten Larsen:	1.34,87(30,18)	2.07,99(33,12)	1.03,30	
	Per Sigve Næss:	2.37,16(29,17)	3.08,75(31,59)	1.00,76	
	Preben Robstad:	3.35,68(26,93)	4.06,18(30,50)	57,43	
6	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	4.12,95	430
	Markus Vindenes:	28,97(28,97)	59,88(30,91)	59,88	
	Andreas Reinertsen:	1.29,87(29,99)	2.03,75(33,88)	1.03,87	
	Gjermund Fure Johansen:	2.33,90(30,15)	3.07,19(33,29)	1.03,44	
	Kristian Blummenfelt:	3.38,37(31,18)	4.12,95(34,58)	1.05,76	

---

7	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	4.41,44	312
	Anders Grasdahl:	31,48(31,48)	1.07.00(35,52)	1.07,00	
	Marius Rognøy:	1.40,41(33,41)	2.18,24(37,83)	1.11,24	
	Lars Haga Bringeland:	2.51,23(32,99)	3.26,73(35,50)	1.08,49	
	Erlend Kjærgård:	4.00,80(34,07)	4.41,44(40,64)	1.14,71	
	Delfana G1 jr.	JR	Delfana	DISK	
	Håvard Hole:	27,06(27,06)	56,57(29,51)	56,57	
	Marius Thorsø:				
	Bård Løvik:				
	Øyvind L. Styrmo:				

## Torsdag 27. november 2008 kl 17.00 - Finaler

### Øvelse 1. 4\*50m lag medley, damer - Junior

#### Junior

1	Team Stavanger J1 jr. Ida Nordbø: Ina Marleen Holm: Maren Kristine Jansen: Victoria S. Løken:	JR	Team Stavanger	(0,70)	1.58,14	796	NJR
2	Lambertseter SK J1 jr. Marit Vala: Karoline Bergene: Line Løvberg: Emma Isdahl:	JR	Lambertseter SK	(0,68)	1.59,96	760	
3	Team Stavanger J2 jr. Trine Hovda: Mai Linn Hanslien: Stine Mjøllhus Kristoffersen: Marthe Berg Sørensen:	JR	Team Stavanger	(0,67)	2.02,58	712	
4	Bærumsv J1 jr. Vibeke Browne: Kristine Mella: Emilie N. Løvberg: Maria Bølgen:	JR	Bærumsvømmerne	(0,67)	2.02,84	708	
5	Asker SK J1 jr. Victoria T. Solberg: Siri Eva Kristiansen: Mette Mellbye Larsen: Sofie Gjemmestad:	JR	Asker SK	(0,77)	2.03,55	696	
6	Bergensv. J1 jr. Katja Heinänen: Maria Farestvedt: Hanne Søfteland: Katrine Jensen:	JR	Bergensvømmerne	(0,62)	2.04,24	684	
7	Bergens SLK J1 jr. Aslaug Marie Hjelmaas: Kaja Bremer: Martine Bremer: Karoline Pedersen:	JR	Bergens SLK	(0,69)	2.04,29	683	
8	Vestkantsv. J1 jr. Marthe Helene Haganes: Benedicte Kausland: Stine Vindenes: Juni Rugland:	JR	Vestkantsvømmerne	(0,78)	2.05,20	669	
9	Sarpsborg IL J1 jr. Julie Borgen: Ina Kr. Pedersen: Birgitte Elise Søfteland: Terese Fosby:	JR	Sarpsborg IL	(0,84)	2.06,25	652	
10	Stavanger SC J1 jr. Nicole T. Næsheim: Siren Bergslid: Karoline Eriksen: Caroline M. Mork:	JR	Stavanger SC	(0,73)	2.07,39	635	
11	Bergens SC J1 jr. Ragnhild Søfteland: Martha Maria Songstad: Eirin Arnesen: Hedvig Hjertaker:	JR	Bergens SC	(0,72)	2.07,49	633	
12	Bærumsv J2 jr. Andrea Westbye: Lene Lykke Erichsen: Karin Ekholt: Emilie Voraa:	JR	Bærumsvømmerne	(0,80)	2.07,95	626	

13	Arna SLK J1 jr. Seline Vike Holm: Katinka Kvant: Anna Thorsen: Oda J. Midtun:	JR	Arna SLK	(0,59)	2.08,08	624
14	Moss SK J1 jr. Thea Pedersen: Tonje Stehr Petersen: Marte Elise Brinchmann: Line W. Lund:	JR	Moss SK	(0,74)	2.08,28	621
15	Øvre Eiker SK J1 jr. Siri Anette Sønju: Stine Lise Stenseth: Guro Knutsen: Ida Johansen:	JR	Øvre Eiker SK	(0,69)	2.09,08	610
16	Vestkantsv. J2 jr. Marie Øverland: Malin Dahle: Marie Reinertsen: Andrea Haugstad:	JR	Vestkantsvømmerne	(0,59)	2.11,66	575
17	Stord IL J1 jr. Ingrid Hystad: Inger Kristine Steinsland: Malena Martens: Alida Etterlid Jensen:	JR	Stord IL	(0,79)	2.11,73	574
18	Løren/Rælingen J1 jr. Ida Arnøy: Ine Charlotte Hagen: Jeanette Erlandsen: Aurora Brandtzæg:	JR	Lørenskog/Rælingen	(0,67)	2.12,84	560
19	Madla SK J1 jr. Maren Larsen: Camilla Thoreby: Mari Mjølhus Kristoffersen: Line Nilsson:	JR	Madla SK	(0,75)	2.14,99	533
20	Bergens SLK J2 jr. Karoline Aadland: Julie Horn Johnsen: Jannike Isaksen: Elna Luice Bønes:	JR	Bergens SLK	(0,69)	2.15,35	529
21	Haldens SK J1 jr. Siri N. Andersen: Oda Haagensen: Nora Næss: Emilie Olafsrud:	JR	Haldens SK	(0,74)	2.15,63	526
22	Skjetten Svømming J1 jr. Marie Svensson: Pernille Mørch: Helene Solberg: Christiane Sandbye:	JR	Skjetten Svømming	(1,11)	2.16,00	521
23	Bergens SC J2 jr. Kaya Haugland Færøvik: Eli Kristin Ølmheim: Ingse Bergh Monsen: Charlotte H. Thorsen:	JR	Bergens SC	(0,73)	2.17,43	505
24	Ski SK J1 jr. Henriette With Bjørnstad: Camilla W. Kristiansen: Camilla Borchgrevink: Veronica B. Lundsten:	JR	Ski SK	(0,80)	2.18,26	496
25	Vestkantsv. J3 jr. Sara N. Gjelsvik: Andrea Strømsnes: Ida Louise G. Borlaug: Mirabelle Breidvik:	JR	Vestkantsvømmerne	(0,85)	2.18,52	493
	Delfana J1 jr. Mari Løvik: Lise Sand Syversen: Oda S. Leiknes: Katarina Bernhoff:	JR	Delfana	(0,72)	DISK	

## Øvelse 2. 800m fri, herrer - Direkte finale

## UM

1	Sander Rødje	93	Haugesund SK	8.34,14	701
	28,19(28,19)	59,66(31,47)	1.32,29(32,63)	2.04,99(32,70)	
	2.37,52(32,53)	3.09,96(32,44)	3.42,74(32,78)	4.15,35(32,61)	
	4.48,44(33,09)	5.21,80(33,36)	5.54,93(33,13)	6.27,89(32,96)	
	7.00,76(32,87)	7.33,18(32,42)	8.04,73(31,55)	8.34,14(29,41)	
2	Martin Berger Oterholm	93	Kolbotn IL	8.39,02	681
	29,95(29,95)	1.02,15(32,20)	1.34,59(32,44)	2.07,23(32,64)	
	2.39,36(32,13)	3.11,79(32,43)	3.44,35(32,56)	4.17,27(32,92)	
	4.50,27(33,00)	5.22,85(32,58)	5.56,02(33,17)	6.29,16(33,14)	
	7.01,44(32,28)	7.34,38(32,94)	8.07,26(32,88)	8.39,02(31,76)	
3	Oscar Slaatmo	94	Hamar IL	8.55,20	621
	29,83(29,83)	1.02,46(32,63)	1.35,84(33,38)	2.08,79(32,95)	
	2.42,58(33,79)	3.16,57(33,99)	3.50,87(34,30)	4.25,17(34,30)	
	4.58,30(33,13)	5.33,11(34,81)	6.07,71(34,60)	6.41,96(34,25)	
	7.16,28(34,32)	7.50,43(34,15)	8.23,84(33,41)	8.55,20(31,36)	
4	Morten Bordervich	94	Sola SK	8.58,12	611
	30,86(30,86)	1.04,27(33,41)	1.38,26(33,99)	2.11,85(33,59)	
	2.45,67(33,82)	3.19,73(34,06)	3.53,31(33,58)	4.26,69(33,38)	
	5.00,59(33,90)	5.34,83(34,24)	6.08,80(33,97)	6.43,49(34,69)	
	7.17,89(34,40)	7.52,11(34,22)	8.25,77(33,66)	8.58,12(32,35)	
5	Thorbjørn Birkeland	93	Haugesund SK	9.01,17	601
	29,94(29,94)	1.03,84(33,90)	1.38,15(34,31)	2.12,45(34,30)	
	2.47,27(34,82)	3.21,79(34,52)	3.56,13(34,34)	4.30,59(34,46)	
	5.04,95(34,36)	5.38,80(33,85)	6.13,56(34,76)	6.47,58(34,02)	
	7.21,67(34,09)	7.56,20(34,53)	8.29,71(33,51)	9.01,17(31,46)	
6	Gunnar Evjen	93	Vestbyen IL	9.13,10	563
	31,27(31,27)	1.05,72(34,45)	1.40,80(35,08)	2.15,79(34,99)	
	2.51,16(35,37)	3.25,99(34,83)	4.02,02(36,03)	4.36,71(34,69)	
	5.11,53(34,82)	5.46,50(34,97)	6.21,19(34,69)	6.56,67(35,48)	
	7.31,81(35,14)	8.06,64(34,83)	8.41,25(34,61)	9.13,10(31,85)	
7	Kim Rune Hansen	94	Øvre Eiker SK	9.17,40	550
	31,23(31,23)	1.05,41(34,18)	1.40,90(35,49)	2.15,63(34,73)	
	2.51,25(35,62)	3.26,48(35,23)	4.01,92(35,44)	4.37,57(35,65)	
	5.13,32(35,75)	5.48,76(35,44)	6.24,27(35,51)	6.59,91(35,64)	
	7.35,70(35,79)	8.10,80(35,10)	8.45,57(34,77)	9.17,40(31,83)	
8	Dan Martin Gudbrandsen	93	Moss SK	9.23,04	533
	29,40(29,40)	1.03,74(34,34)	1.39,35(35,61)	2.14,54(35,19)	
	2.50,26(35,72)	3.25,70(35,44)	4.01,48(35,78)	4.37,32(35,84)	
	5.13,47(36,15)	5.49,42(35,95)	6.25,43(36,01)	7.00,99(35,56)	
	7.37,75(36,76)	8.14,17(36,42)	8.49,15(34,98)	9.23,04(33,89)	

## Junior

1	Sindre Nilo	90	Sandefjord SK/NTG	8.16,47	778
	27,95(27,95)	58,20(30,25)	1.28,88(30,68)	1.59,60(30,72)	
	2.30,65(31,05)	3.01,57(30,92)	3.32,63(31,06)	4.03,82(31,19)	
	4.34,71(30,89)	5.05,78(31,07)	5.37,14(31,36)	6.08,56(31,42)	
	6.40,40(31,84)	7.12,31(31,91)	7.44,74(32,43)	8.16,47(31,73)	
2	Daniel Berenett	91	IL Varg/NTG	8.28,64	724
	28,48(28,48)	59,18(30,70)	1.30,41(31,23)	2.02,27(31,86)	
	2.33,13(30,86)	3.04,43(31,30)	3.36,37(31,94)	4.08,67(32,30)	
	4.40,74(32,07)	5.13,43(32,69)	5.45,92(32,49)	6.18,59(32,67)	
	6.51,03(32,44)	7.23,84(32,81)	7.56,60(32,76)	8.28,64(32,04)	
3	Jørn Nygård	92	Stavanger SC	8.30,31	717
	28,30(28,30)	59,17(30,87)	1.30,32(31,15)	2.02,06(31,74)	
	2.34,08(32,02)	3.06,08(32,00)	3.38,48(32,40)	4.11,16(32,68)	
	4.43,96(32,80)	5.17,04(33,08)	5.50,23(33,19)	6.22,30(32,07)	
	6.55,07(32,77)	7.27,22(32,15)	7.59,16(31,94)	8.30,31(31,15)	
4	Elias Damman	89	Bærumsvømmerne	8.33,64	703
	28,85(28,85)	59,99(31,14)	1.31,79(31,80)	2.03,65(31,86)	
	2.35,82(32,17)	3.08,43(32,61)	3.41,09(32,66)	4.14,00(32,91)	
	4.46,73(32,73)	5.19,71(32,98)	5.52,62(32,91)	6.25,73(33,11)	
	6.58,88(33,15)	7.31,48(32,60)	8.03,46(31,98)	8.33,64(30,18)	

5	Sander Rødje	93	Haugesund SK	8.34,14	701
	28,19(28,19)	59,66(31,47)	1.32,29(32,63)	2.04,99(32,70)	
	2.37,52(32,53)	3.09,96(32,44)	3.42,74(32,78)	4.15,35(32,61)	
	4.48,44(33,09)	5.21,80(33,36)	5.54,93(33,13)	6.27,89(32,96)	
	7.00,76(32,87)	7.33,18(32,42)	8.04,73(31,55)	8.34,14(29,41)	
6	Martin Berger Oterholm	93	Kolbotn IL	8.39,02	681
	29,95(29,95)	1.02,15(32,20)	1.34,59(32,44)	2.07,23(32,64)	
	2.39,36(32,13)	3.11,79(32,43)	3.44,35(32,56)	4.17,27(32,92)	
	4.50,27(33,00)	5.22,85(32,58)	5.56,02(33,17)	6.29,16(33,14)	
	7.01,44(32,28)	7.34,38(32,94)	8.07,26(32,88)	8.39,02(31,76)	
7	Eivind Johannesen	92	BS/Åstveit	8.39,64	679
	28,67(28,67)	59,85(31,18)	1.32,49(32,64)	2.04,81(32,32)	
	2.37,33(32,52)	3.09,92(32,59)	3.42,81(32,89)	4.15,90(33,09)	
	4.48,88(32,98)	5.22,12(33,24)	5.55,31(33,19)	6.28,58(33,27)	
	7.01,51(32,93)	7.34,46(32,95)	8.07,49(33,03)	8.39,64(32,15)	
8	Ole Martin Ree	92	TS/Sola SK	8.40,01	677
	28,86(28,86)	59,72(30,86)	1.31,43(31,71)	2.03,33(31,90)	
	2.35,30(31,97)	3.07,50(32,20)	3.40,10(32,60)	4.12,57(32,47)	
	4.45,36(32,79)	5.18,40(33,04)	5.51,67(33,27)	6.24,95(33,28)	
	6.58,38(33,43)	7.32,29(33,91)	8.06,50(34,21)	8.40,01(33,51)	
9	Øyvind Gevelt	91	Øvre Eiker SK	8.46,04	654
	30,35(30,35)	1.02,74(32,39)	1.34,91(32,17)	2.06,99(32,08)	
	2.39,50(32,51)	3.12,28(32,78)	3.45,16(32,88)	4.18,42(33,26)	
	4.51,76(33,34)	5.25,40(33,64)	5.59,06(33,66)	6.33,43(34,37)	
	7.06,99(33,56)	7.40,88(33,89)	8.14,24(33,36)	8.46,04(31,80)	
10	Gunnar V. Skirbekk	91	Elverum Svømming	8.55,15	621
	29,58(29,58)	1.01,83(32,25)	1.35,15(33,32)	2.07,53(32,38)	
	2.40,14(32,61)	3.13,08(32,94)	3.46,88(33,80)	4.20,26(33,38)	
	4.54,14(33,88)	5.28,67(34,53)	6.03,29(34,62)	6.38,88(35,59)	
	7.13,06(34,18)	7.48,16(35,10)	8.22,78(34,62)	8.55,15(32,37)	
11	Oscar Slaatmo	94	Hamar IL	8.55,20	621
	29,83(29,83)	1.02,46(32,63)	1.35,84(33,38)	2.08,79(32,95)	
	2.42,58(33,79)	3.16,57(33,99)	3.50,87(34,30)	4.25,17(34,30)	
	4.58,30(33,13)	5.33,11(34,81)	6.07,71(34,60)	6.41,96(34,25)	
	7.16,28(34,32)	7.50,43(34,15)	8.23,84(33,41)	8.55,20(31,36)	
12	Christer M. Hagen	91	Fauske SK	8.56,34	617
	30,93(30,93)	1.03,90(32,97)	1.37,44(33,54)	2.11,14(33,70)	
	2.44,59(33,45)	3.17,99(33,40)	3.51,32(33,33)	4.24,86(33,54)	
	4.58,24(33,38)	5.32,16(33,92)	6.06,58(34,42)	6.40,72(34,14)	
	7.15,13(34,41)	7.49,52(34,39)	8.23,69(34,17)	8.56,34(32,65)	
13	Henning S. Pryde	92	Stavanger SC	8.56,92	615
	29,86(29,86)	1.02,33(32,47)	1.35,59(33,26)	2.09,47(33,88)	
	2.43,50(34,03)	3.17,77(34,27)	3.51,96(34,19)	4.25,83(33,87)	
	5.00,41(34,58)	5.34,95(34,54)	6.09,72(34,77)	6.43,95(34,23)	
	7.17,82(33,87)	7.52,37(34,55)	8.25,90(33,53)	8.56,92(31,02)	
14	Morten Bordervich	94	Sola SK	8.58,12	611
	30,86(30,86)	1.04,27(33,41)	1.38,26(33,99)	2.11,85(33,59)	
	2.45,67(33,82)	3.19,73(34,06)	3.53,31(33,58)	4.26,69(33,38)	
	5.00,59(33,90)	5.34,83(34,24)	6.08,80(33,97)	6.43,49(34,69)	
	7.17,89(34,40)	7.52,11(34,22)	8.25,77(33,66)	8.58,12(32,35)	
15	Odin Spangen Normann	92	IL Varg	9.00,05	605
	30,17(30,17)	1.02,93(32,76)	1.36,06(33,13)	2.09,56(33,50)	
	2.43,25(33,69)	3.17,27(34,02)	3.51,44(34,17)	4.25,55(34,11)	
	4.59,75(34,20)	5.33,95(34,20)	6.08,43(34,48)	6.43,07(34,64)	
	7.17,99(34,92)	7.52,85(34,86)	8.27,42(34,57)	9.00,05(32,63)	
16	Sigvart Evjen	91	Vestbyen IL	9.00,07	604
	29,54(29,54)	1.01,85(32,31)	1.35,35(33,50)	2.08,68(33,33)	
	2.41,85(33,17)	3.15,75(33,90)	3.49,56(33,81)	4.23,93(34,37)	
	4.58,81(34,88)	5.33,50(34,69)	6.08,47(34,97)	6.43,08(34,61)	
	7.17,55(34,47)	7.52,21(34,66)	8.27,37(35,16)	9.00,07(32,70)	
17	Hans Andre Pedersen	92	Sandefjord SK	9.00,65	603
	30,20(30,20)	1.03,38(33,18)	1.37,75(34,37)	2.12,02(34,27)	
	2.46,92(34,90)	3.21,35(34,43)	3.55,54(34,19)	4.29,73(34,19)	
	5.04,27(34,54)	5.38,35(34,08)	6.12,84(34,49)	6.47,15(34,31)	
	7.21,45(34,30)	7.55,84(34,39)	8.29,61(33,77)	9.00,65(31,04)	
18	Thorbjørn Birkeland	93	Haugesund SK	9.01,17	601
	29,94(29,94)	1.03,84(33,90)	1.38,15(34,31)	2.12,45(34,30)	
	2.47,27(34,82)	3.21,79(34,52)	3.56,13(34,34)	4.30,59(34,46)	
	5.04,95(34,36)	5.38,80(33,85)	6.13,56(34,76)	6.47,58(34,02)	
	7.21,67(34,09)	7.56,20(34,53)	8.29,71(33,51)	9.01,17(31,46)	

19	Gunnar Evjen	93	Vestbyen IL	9.13,10	563
	31,27(31,27)	1.05,72(34,45)	1.40,80(35,08)	2.15,79(34,99)	
	2.51,16(35,37)	3.25,99(34,83)	4.02,02(36,03)	4.36,71(34,69)	
	5.11,53(34,82)	5.46,50(34,97)	6.21,19(34,69)	6.56,67(35,48)	
	7.31,81(35,14)	8.06,64(34,83)	8.41,25(34,61)	9.13,10(31,85)	
20	Espen Halhjem	92	BS/Delfana	9.13,22	562
	30,55(30,55)	1.03,50(32,95)	1.37,34(33,84)	2.11,68(34,34)	
	2.46,07(34,39)	3.21,17(35,10)	3.56,44(35,27)	4.31,62(35,18)	
	5.06,90(35,28)	5.42,19(35,29)	6.17,44(35,25)	6.53,04(35,60)	
	7.28,18(35,14)	8.03,45(35,27)	8.38,89(35,44)	9.13,22(34,33)	
21	Kim Rune Hansen	94	Øvre Eiker SK	9.17,40	550
	31,23(31,23)	1.05,41(34,18)	1.40,90(35,49)	2.15,63(34,73)	
	2.51,25(35,62)	3.26,48(35,23)	4.01,92(35,44)	4.37,57(35,65)	
	5.13,32(35,75)	5.48,76(35,44)	6.24,27(35,51)	6.59,91(35,64)	
	7.35,70(35,79)	8.10,80(35,10)	8.45,57(34,77)	9.17,40(31,83)	
22	Dan Martin Gudbrandsen	93	Moss SK	9.23,04	533
	29,40(29,40)	1.03,74(34,34)	1.39,35(35,61)	2.14,54(35,19)	
	2.50,26(35,72)	3.25,70(35,44)	4.01,48(35,78)	4.37,32(35,84)	
	5.13,47(36,15)	5.49,42(35,95)	6.25,43(36,01)	7.00,99(35,56)	
	7.37,75(36,76)	8.14,17(36,42)	8.49,15(34,98)	9.23,04(33,89)	

### Øvelse 3. 400m fri, damer - Finale

#### Junior

1	Elin Slaatmo	92	Hamar IL	4.17,89	824
	30,13(30,13)	1.02,16(32,03)	1.35,02(32,86)	2.08,13(33,11)	
	2.41,08(32,95)	3.13,86(32,78)	3.46,77(32,91)	4.17,89(31,12)	
2	Gina B. Andersen	90	Skjetten Svømming/NTG	4.17,99	823
	30,82(30,82)	1.02,72(31,90)	1.35,23(32,51)	2.08,14(32,91)	
	2.41,10(32,96)	3.14,05(32,95)	3.46,79(32,74)	4.17,99(31,20)	
3	Karoline Brudvik Sanderud	89	Hamar IL	4.18,49	818
	30,43(30,43)	1.02,68(32,25)	1.35,12(32,44)	2.07,86(32,74)	
	2.40,72(32,86)	3.14,04(33,32)	3.47,00(32,96)	4.18,49(31,49)	
4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	4.21,27	792
	30,92(30,92)	1.03,20(32,28)	1.35,85(32,65)	2.08,97(33,12)	
	2.41,98(33,01)	3.15,22(33,24)	3.48,60(33,38)	4.21,27(32,67)	
5	Eva Marie W. Østerhus	94	TS/Madla SK	4.27,06	742
	30,71(30,71)	1.03,69(32,98)	1.36,89(33,20)	2.11,08(34,19)	
	2.45,69(34,61)	3.20,41(34,72)	3.54,23(33,82)	4.27,06(32,83)	
6	Lise Sand Syversen	95	Delfana	4.28,07	734
	30,96(30,96)	1.04,38(33,42)	1.38,51(34,13)	2.12,92(34,41)	
	2.47,20(34,28)	3.20,90(33,70)	3.55,12(34,22)	4.28,07(32,95)	
7	Cecilie W. Johannessen	90	Karmøy SK	4.28,43	731
	29,88(29,88)	1.02,03(32,15)	1.35,40(33,37)	2.09,89(34,49)	
	2.44,28(34,39)	3.19,72(35,44)	3.54,32(34,60)	4.28,43(34,11)	

### Øvelse 4. 50m bryst, herrer - Finale

#### Junior

1	Marcus Tesdal	90	BS/Åstveit	28,91	770
2	Mattis Saghaug	90	IL Varg/NTG	29,04	759
3	Sverre Næss	92	Sarpsborg IL	29,68	711
4	Sindre Söderlund	91	Trondheim SLK/NTG	30,14	679
5	Mikael Bergene	91	Lambertseter SK	30,42	661
6	Bernt M. Seyffarth	89	Mandal SK	30,44	659
7	John Lekhmus	91	Tromsø SK	30,62	648

## Funksjonshemmede

1	Roar Mellemseter	92	Sunddal SLK	45,67	195	SB8	133,81 %
2	Bendik Savstad	95	Tverlandet IL	46,52	184	SB9	143,18 %

## Øvelse 5. 50m rygg, damer - Finale

## Junior

1	Cecilie W. Johannessen	90	Karmøy SK	(0,63)	30,49	709
2	Elisabeth H. Svensson	91	Ski SK/NTG	(0,63)	30,65	698
3	Ida Nordbø	89	TS/Madla SK	(0,69)	30,86	683
4	Marthe Helene Haganes	93	Vestkantsvømmerne	(0,79)	30,91	680
5	Ina Kr. Pedersen	89	Sarpsborg IL	(0,69)	30,97	676
6	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG	(0,67)	31,21	661
7	Jacqueline Knutsson	93	Kongstensvømmerne	(0,73)	32,36	593

## Funksjonshemmede

1	Tonje Immerstein	89	Sandnes SLK	(0,62)	39,57	324	S10	112,13 %
2	Ingvill S. Hilleren	90	Vestkantsvømmerne	(1,44)	51,93	143	S7	130,28 %
3	Ingrid Djupskås	89	Asker SK	(0,80)	45,08	219	S9	132,82 %
4	Hanne Farestvedt	93	Åstveit SK	(0,77)	44,14	233	S14	135,57 %

## Øvelse 6. 200m individuell medley, herrer - Finale

## Junior

1	Sindri T. Jakobsson	91	BS/Delfana	2.04,12	812
	25,90(25,90)	57,16(31,26)	1.34,04(36,88)	2.04,12(30,08)	
2	Sverre Næss	92	Sarpsborg IL	2.04,22	810
	27,09(27,09)	58,66(31,57)	1.35,00(36,34)	2.04,22(29,22)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	2.09,70	712
	28,89(28,89)	1.03,60(34,71)	1.38,81(35,21)	2.09,70(30,89)	
4	Kristoffer Meisler	90	Fauske SK	2.10,10	705
	28,55(28,55)	1.02,76(34,21)	1.39,28(36,52)	2.10,10(30,82)	
5	Zoltan Csernai	93	BS/Åstveit	2.10,49	699
	27,50(27,50)	1.00,90(33,40)	1.41,40(40,50)	2.10,49(29,09)	
6	Hans Kristian Andersen	93	Florø SLK	2.11,35	685
	28,60(28,60)	1.04,03(35,43)	1.39,89(35,86)	2.11,35(31,46)	
7	Hans Østerdal	93	Stavanger SC	2.12,81	663
	28,38(28,38)	1.03,95(35,57)	1.41,65(37,70)	2.12,81(31,16)	

## Øvelse 7. 100m butterfly, damer - Finale

## Junior

1	Victoria S. Løken	91	Team Stavanger	59,94	874	NJR
	28,36(28,36)	59,94(31,58)				
2	Ina Marleen Holm	90	TS/Madla SK	1.01,74	800	
	29,28(29,28)	1.01,74(32,46)				
3	Sara Pettersen	91	Fauske SK	1.03,56	733	
	29,97(29,97)	1.03,56(33,59)				
4	Line Løvberg	91	Lambertseter SK/NTG	1.03,81	725	
	30,22(30,22)	1.03,81(33,59)				
5	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	1.04,10	715	
	29,77(29,77)	1.04,10(34,33)				
6	Maren Kristine Jansen	90	TS/Randaberg	1.04,82	691	
	29,87(29,87)	1.04,82(34,95)				
7	Stine Vindenes	93	Vestkantsvømmerne	1.04,99	686	
	30,45(30,45)	1.04,99(34,54)				

**Øvelse 8. 200m rygg, herrer - Finale****Junior**

1	Tor Hafnor	91	Bærumsvømmerne	(0,70)	2.05,76	711
	30,25(30,25)	1.02,25(32,00)	1.34,00(31,75)	2.05,76(31,76)		
2	Vegard Løvberg	91	Bærumsvømmerne	(0,70)	2.07,16	688
	29,99(29,99)	1.02,40(32,41)	1.34,87(32,47)	2.07,16(32,29)		
3	Lavrans Solli	92	Bergens SC	(0,68)	2.07,33	685
	30,05(30,05)	1.02,26(32,21)	1.34,97(32,71)	2.07,33(32,36)		
4	Even Vike Holm	90	BS/Arna	(0,84)	2.07,84	677
	30,19(30,19)	1.02,24(32,05)	1.35,29(33,05)	2.07,84(32,55)		
5	Sindre Nilo	90	Sandefjord SK/NTG	(0,75)	2.09,35	654
	30,48(30,48)	1.02,84(32,36)	1.36,05(33,21)	2.09,35(33,30)		
6	Øyvind Gevelt	91	Øvre Eiker SK	(0,66)	2.14,53	581
	31,59(31,59)	1.05,46(33,87)	1.40,19(34,73)	2.14,53(34,34)		
7	Kristoffer Skribeland	91	Asker SK	(0,79)	2.17,15	548
	31,42(31,42)	1.05,97(34,55)	1.41,40(35,43)	2.17,15(35,75)		

**Øvelse 9. 200m bryst, damer - Finale****Junior**

1	Trine Austrøne Olsen	90	Fauske SK		2.32,01	801
	35,03(35,03)	1.13,47(38,44)	1.52,39(38,92)	2.32,01(39,62)		
2	Karoline Brudvik Sanderud	89	Hamar IL		2.33,67	775
	35,42(35,42)	1.14,21(38,79)	1.53,66(39,45)	2.33,67(40,01)		
3	Stina Kajsa Colleou	93	Lambertseter SK		2.36,66	732
	35,28(35,28)	1.14,95(39,67)	1.55,17(40,22)	2.36,66(41,49)		
4	Iselin Meisler	90	Fauske SK		2.38,35	708
	35,85(35,85)	1.16,77(40,92)	1.57,76(40,99)	2.38,35(40,59)		
5	Karin Ekholt	89	Bærumsvømmerne		2.40,60	679
	36,54(36,54)	1.17,54(41,00)	1.59,19(41,65)	2.40,60(41,41)		
6	Maria Farestvedt	90	BS/Åstveit		2.40,68	678
	35,73(35,73)	1.16,34(40,61)	1.58,43(42,09)	2.40,68(42,25)		
7	Bitte Fagermo	93	Narvik SK		2.41,47	668
	35,88(35,88)	1.16,07(40,19)	1.58,41(42,34)	2.41,47(43,06)		

**Øvelse 10. 50m butterfly, herrer - Finale****Junior**

1	Øystein R. Hetland	89	Bærumsvømmerne	24,65	797	NJR
2	Christer Koch Kvam	90	Bærum/NTG	25,15	750	
3	Mathias Sørstrand Æsøy	90	Florø SLK	25,27	740	
4	Marcus Tesdal	90	BS/Åstveit	25,39	729	
5	John Hage Gaarder	89	Lørenskog/Rælingen	25,60	712	
6	Alexander B. Havre	90	Mandal SK	25,82	694	
7	Mattis Saghaug	90	IL Varg/NTG	26,06	675	

**Funksjonshemmede**

1	Roar Mellemseter	92	Sunddal SLK	42,50	155	S8 143,63 %
---	------------------	----	-------------	-------	-----	-------------

## Øvelse 11. 4\*200m fri, damer - Junior

## Junior

1	Team Stavanger J1 jr.	JR	Team Stavanger	8.23,28	824	NJR
	Ina Marleen Holm:	30,22(30,22)	1.02,18(31,96)	2.04,73		
		1.33,60(31,42)	2.04,73(31,13)			
		2.34,82(30,09)	3.07,70(32,88)			
	Victoria Rung:	3.40,68(32,98)	4.13,44(32,76)	2.08,71		
		4.42,77(29,33)	5.15,38(32,61)			
	Eva Marie W. Østerhus:	5.49,24(33,86)	6.22,12(32,88)	2.08,68		
		6.50,94(28,82)	7.21,52(30,58)			
	Victoria S. Løken:	7.52,45(30,93)	8.23,28(30,83)	2.01,16		
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	8.36,42	763	
	Pia Cornelia Braarud:	30,18(30,18)	1.03,23(33,05)	2.09,77		
		1.36,58(33,35)	2.09,77(33,19)			
		2.38,66(28,89)	3.10,82(32,16)			
	Emilie Hellerud:	3.44,81(33,99)	4.17,98(33,17)	2.08,21		
		4.47,22(29,24)	5.19,96(32,74)			
	Emma Isdahl:	5.54,13(34,17)	6.28,09(33,96)	2.10,11		
		6.57,55(29,46)	7.29,95(32,40)			
	Ingrid N. Knutzen:	8.03,06(33,11)	8.36,42(33,36)	2.08,33		
3	Hamar IL J1 jr.	JR	Hamar IL	8.41,27	742	
	Elin Slaatmo:	29,78(29,78)	1.02,19(32,41)	2.06,41		
		1.35,02(32,83)	2.06,41(31,39)			
		2.37,17(30,76)	3.11,53(34,36)			
	Julie Torgersen Nilsen:	3.46,02(34,49)	4.19,59(33,57)	2.13,18		
		4.50,08(30,49)	5.24,29(34,21)			
	Oda Martine Reiertsen:	5.59,73(35,44)	6.35,10(35,37)	2.15,51		
		7.03,81(28,71)	7.35,19(31,38)			
	Karoline Brudvik Sanderud:	8.08,14(32,95)	8.41,27(33,13)	2.06,17		
4	Bergens SLK J1 jr.	JR	Bergens SLK	8.52,34	697	
	Karoline Pedersen:	30,55(30,55)	1.03,65(33,10)	2.10,63		
		1.37,49(33,84)	2.10,63(33,14)			
		2.39,84(29,21)	3.12,71(32,87)			
	Martine Bremer:	3.47,24(34,53)	4.21,61(34,37)	2.10,98		
		4.52,25(30,64)	5.26,73(34,48)			
	Aslaug Marie Hjelmaas:	6.02,00(35,27)	6.36,42(34,42)	2.14,81		
		7.07,54(31,12)	7.42,15(34,61)			
	Kaja Bremer:	8.17,46(35,31)	8.52,34(34,88)	2.15,92		
5	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	8.52,49	696	
	Gina B. Andersen:	30,21(30,21)	1.02,01(31,80)	2.05,98		
		1.34,18(32,17)	2.05,98(31,80)			
		2.36,41(30,43)	3.10,00(33,59)			
	Iselin Mjøllner Dahlen:	3.44,00(34,00)	4.17,40(33,40)	2.11,42		
		4.48,56(31,16)	5.23,75(35,19)			
	Terese Langlo:	6.00,10(36,35)	6.36,54(36,44)	2.19,14		
		7.07,19(30,65)	7.41,34(34,15)			
	Helene Solberg:	8.16,82(35,48)	8.52,49(35,67)	2.15,95		
6	Bærumsv J1 jr.	JR	Bærumsvømmerne	8.53,55	692	
	Emilie N. Løvberg:	30,73(30,73)	1.05,20(34,47)	2.14,75		
		1.40,19(34,99)	2.14,75(34,56)			
		2.43,92(29,17)	3.17,88(33,96)			
	Kristine Mella:	3.52,42(34,54)	4.25,95(33,53)	2.11,20		
		4.56,50(30,55)	5.30,81(34,31)			
	Andrea Westbye:	6.05,62(34,81)	6.40,17(34,55)	2.14,22		
		7.10,54(30,37)	7.44,68(34,14)			
	Emilie Voraas:	8.19,28(34,60)	8.53,55(34,27)	2.13,38		
7	Asker SK J1 jr.	JR	Asker SK	8.54,87	687	
	Nora Kathrine Guthe:	30,47(30,47)	1.03,08(32,61)	2.11,19		
		1.36,75(33,67)	2.11,19(34,44)			
		2.41,94(30,75)	3.16,86(34,92)			
	Marte K. Bolstad:	3.55,01(38,15)	4.33,75(38,74)	2.22,56		
		5.03,89(30,14)	5.37,46(33,57)			
	Victoria T. Solberg:	6.11,95(34,49)	6.45,33(33,38)	2.11,58		
		7.14,31(28,98)	7.47,25(32,94)			
	Sofie Gjemmestad:	8.21,03(33,78)	8.54,87(33,84)	2.09,54		

8	Moss SK J1 jr.	JR	Moss SK	8.57,22	678
		31,70(31,70)	1.05,93(34,23)		
	Marte Elise Brinchmann:	1.41,11(35,18)	2.16,26(35,15)	2.16,26	
		2.47,15(30,89)	3.21,64(34,49)		
	Stine K. Jansen:	3.57,11(35,47)	4.31,55(34,44)	2.15,29	
		5.02,07(30,52)	5.36,96(34,89)		
	Thea Pedersen:	6.12,74(35,78)	6.48,41(35,67)	2.16,86	
		7.17,00(28,59)	7.49,15(32,15)		
	Line W. Lund:	8.22,76(33,61)	8.57,22(34,46)	2.08,81	
9	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	9.02,30	659
		30,87(30,87)	1.05,15(34,28)		
	Stine Lise Stenseth:	1.41,52(36,37)	2.18,01(36,49)	2.18,01	
		2.48,75(30,74)	3.22,96(34,21)		
	Guro Knutsen:	3.58,13(35,17)	4.33,30(35,17)	2.15,29	
		5.04,05(30,75)	5.38,25(34,20)		
	Inger-Cathrine Wium:	6.14,24(35,99)	6.50,50(36,26)	2.17,20	
		7.19,57(29,07)	7.52,84(33,27)		
	Siri Anette Sønju:	8.27,67(34,83)	9.02,30(34,63)	2.11,80	
10	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	9.07,04	642
		31,35(31,35)	1.05,71(34,36)		
	Andrea Haugstad:	1.40,82(35,11)	2.14,95(34,13)	2.14,95	
		2.45,61(30,66)	3.19,85(34,24)		
	Stine Vindenes:	3.54,98(35,13)	4.29,68(34,70)	2.14,73	
		5.00,66(30,98)	5.35,49(34,83)		
	Benedicte Kausland:	6.12,09(36,60)	6.47,72(35,63)	2.18,04	
		7.18,49(30,77)	7.54,05(35,56)		
	Marie Reinertsen:	8.31,08(37,03)	9.07,04(35,96)	2.19,32	
11	Delfana J1 jr.	JR	Delfana	9.14,64	616
		32,53(32,53)	1.07,54(35,01)		
	Oda S. Leiknes:	1.44,03(36,49)	2.20,41(36,38)	2.20,41	
		2.51,21(30,80)	3.25,73(34,52)		
	Mari Løvik:	4.01,79(36,06)	4.38,06(36,27)	2.17,65	
		5.10,00(31,94)	5.46,42(36,42)		
	Katarina Bernhoft:	6.22,26(35,84)	6.58,26(36,00)	2.20,20	
		7.28,75(30,49)	8.03,38(34,63)		
	Helene Thunes Truyen:	8.39,04(35,66)	9.14,64(35,60)	2.16,38	
12	Stavanger SC J1 jr.	JR	Stavanger SC	9.19,00	601
		31,98(31,98)	1.06,67(34,69)		
	Ane Nygård:	1.42,47(35,80)	2.17,83(35,36)	2.17,83	
		2.48,42(30,59)	3.23,29(34,87)		
	Nicole T. Næsheim:	3.58,64(35,35)	4.33,44(34,80)	2.15,61	
		5.05,96(32,52)	5.42,23(36,27)		
	Caroline M. Mork:	6.19,94(37,71)	6.57,23(37,29)	2.23,79	
		7.29,41(32,18)	8.05,40(35,99)		
	Siren Bergslid:	8.41,92(36,52)	9.19,00(37,08)	2.21,77	
13	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	9.20,53	597
		32,44(32,44)	1.07,22(34,78)		
	Sara N. Gjelsvik:	1.43,31(36,09)	2.18,38(35,07)	2.18,38	
		2.50,16(31,78)	3.25,77(35,61)		
	Marthe Helene Haganes:	4.01,55(35,78)	4.36,21(34,66)	2.17,83	
		5.08,78(32,57)	5.46,66(37,88)		
	Marie Øverland:	6.24,37(37,71)	7.00,31(35,94)	2.24,10	
		7.33,14(32,83)	8.09,19(36,05)		
	Ida Louise G. Borlaug:	8.45,68(36,49)	9.20,53(34,85)	2.20,22	
14	Ski SK J1 jr.	JR	Ski SK	9.21,46	594
		32,24(32,24)	1.07,53(35,29)		
	Veronica B. Lundsten:	1.43,81(36,28)	2.20,05(36,24)	2.20,05	
		2.51,24(31,19)	3.26,44(35,20)		
	Henriette With Bjørnstad:	4.03,56(37,12)	4.41,49(37,93)	2.21,44	
		5.12,31(30,82)	5.47,04(34,73)		
	Camilla W. Kristiansen:	6.22,44(35,40)	6.56,70(34,26)	2.15,21	
		7.29,41(32,71)	8.05,97(36,56)		
	Camilla Borchgrevink:	8.43,54(37,57)	9.21,46(37,92)	2.24,76	
15	Haldens SK J1 jr.	JR	Haldens SK	9.21,97	592
		32,57(32,57)	1.09,34(36,77)		
	Nora Næss:	1.46,22(36,88)	2.22,94(36,72)	2.22,94	
		2.54,87(31,93)	3.31,51(36,64)		
	Anne Helene Bakke:	4.09,20(37,69)	4.47,22(38,02)	2.24,28	
		5.17,89(30,67)	5.53,18(35,29)		
	Oda Haagenen:	6.28,96(35,78)	7.04,53(35,57)	2.17,31	
		7.35,67(31,14)	8.10,69(35,02)		
	Siri N. Andersen:	8.46,77(36,08)	9.21,97(35,20)	2.17,44	

16	Stord IL J1 jr.	JR	Stord IL	9.29,53	569
	Inger Kristine Steinsland:	33,44(33,44)	1.08,23(34,79)	2.18,95	
	Malena Martens:	1.43,91(35,68)	2.18,95(35,04)	2.18,29	
	Ingrid Hystad:	2.51,83(32,88)	3.28,24(36,41)	2.25,27	
	Alida Etterlid Jensen:	4.04,49(36,25)	4.37,24(32,75)	2.27,02	
		5.10,56(33,32)	5.47,79(37,23)		
		6.25,51(37,72)	7.02,51(37,00)		
		7.35,78(33,27)	8.13,37(37,59)		
		8.51,86(38,49)	9.29,53(37,67)		
17	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	9.32,98	558
	Jeanette Erlandsen:	31,76(31,76)	1.06,63(34,87)	2.17,11	
	Ine Charlotte Hagen:	1.42,09(35,46)	2.17,11(35,02)	2.24,71	
	Ida Arnøy:	2.49,21(32,10)	3.25,58(36,37)	2.27,17	
	Aurora Brandtzæg:	4.03,95(38,37)	4.41,82(37,87)	2.23,99	
		5.15,36(33,54)	5.53,05(37,69)		
		6.31,38(38,33)	7.08,99(37,61)		
		7.42,02(33,03)	8.19,01(36,99)		
		8.56,53(37,52)	9.32,98(36,45)		
18	Bergens SC J1 jr.	JR	Bergens SC	9.36,99	547
	Ingse Bergh Monsen:	32,83(32,83)	1.08,09(35,26)	2.19,89	
	Hedvig Hjertaker:	1.44,47(36,38)	2.19,89(35,42)	2.21,39	
	Kaya Haugland Færøvik:	2.51,41(31,52)	3.27,50(36,09)	2.18,26	
	Charlotte H. Thorsen:	4.04,55(37,05)	4.41,28(36,73)	2.37,45	
		5.13,14(31,86)	5.48,00(34,86)		
		6.23,89(35,89)	6.59,54(35,65)		
		7.32,93(33,39)	8.12,80(39,87)		
		8.55,52(42,72)	9.36,99(41,47)		
19	Skjetten Svømming J2 jr.	JR	Skjetten Svømming	9.48,04	517
	Christiane Sandbye:	32,87(32,87)	1.09,24(36,37)	2.24,26	
	Marie Svensson:	1.47,12(37,88)	2.24,26(37,14)	2.22,72	
	Christina Dahl:	2.56,71(32,45)	3.33,86(37,15)	2.28,73	
	Pernille Mørch:	4.11,18(37,32)	4.46,98(35,80)	2.32,33	
		5.21,33(34,35)	5.59,11(37,78)		
		6.38,04(38,93)	7.15,71(37,67)		
		7.50,47(34,76)	8.29,60(39,13)		
		9.09,52(39,92)	9.48,04(38,52)		
20	Vestkant sv. J3 jr.	JR	Vestkant svømmerne	10.03,40	478
	Juni Rugland:	32,98(32,98)	1.09,51(36,53)	2.24,27	
	Malin Dahle:	1.47,12(37,61)	2.24,27(37,15)	2.27,77	
	Andrea Strømsnes:	2.56,44(32,17)	3.34,75(38,31)	2.32,74	
	Lena Quam Berland:	4.14,39(39,64)	4.52,04(37,65)	2.38,62	
		5.27,28(35,24)	6.06,31(39,03)		
		6.46,47(40,16)	7.24,78(38,31)		
		8.01,01(36,23)	8.40,93(39,92)		
		9.22,65(41,72)	10.03,40(40,75)		

## Øvelse 12. 4\*100m fri, herrer - Junior

### Junior

1	Bærum sv G1 jr.	JR	Bærum svømmerne	3.27,46	780	NJR
	Øystein R. Hetland:	24,07(24,07)	51,00(26,93)	51,00		
	Christer Koch Kvam:	1.14,62(23,62)	1.42,02(27,40)	51,02		
	Elias Damman:	2.07,13(25,11)	2.35,16(28,03)	53,14		
	Stian Werner Erichsen:	2.59,90(24,74)	3.27,46(27,56)	52,30		
2	Bergens sv. G1 jr.	JR	Bergens svømmerne	3.30,81	743	
	Sindri T. Jakobsson:	25,00(25,00)	53,32(28,32)	53,32		
	Even Vike Holm:	1.18,47(25,15)	1.45,90(27,43)	52,58		
	Zoltan Csernai:	2.11,29(25,39)	2.39,36(28,07)	53,46		
	Marcus Tesdal:	3.03,59(24,23)	3.30,81(27,22)	51,45		
3	Lambertseter SK G1 jr.	JR	Lambertseter SK	3.32,98	721	
	Mikael Bergene:	24,95(24,95)	51,93(26,98)	51,93		
	Christian Thorsen:	1.17,36(25,43)	1.45,71(28,35)	53,78		
	Sindre Eilertsen:	2.10,66(24,95)	2.38,64(27,98)	52,93		
	David Evja:	3.04,58(25,94)	3.32,98(28,40)	54,34		
4	Bærum sv G2 jr.	JR	Bærum svømmerne	3.36,32	688	
	Carl Andreas Wathne:	26,43(26,43)	55,34(28,91)	55,34		
	Tor Hafnor:	1.20,26(24,92)	1.48,22(27,96)	52,88		
	Vegard Løvberg:	2.14,02(25,80)	2.42,47(28,45)	54,25		
	Sebastian Wigstrøm:	3.07,90(25,43)	3.36,32(28,42)	53,85		

5	IL Varg G1 jr.	JR	IL Varg	3.36,53	686
	Mattis Saghaug:	24,79(24,79)	51,66(26,87)	51,66	
	Daniel Berenett:	1.17,58(25,92)	1.46,92(29,34)	55,26	
	Jan-Tore Jessen Eikrem:	2.13,02(26,10)	2.42,21(29,19)	55,29	
	Antonis Xepapadakis:	3.07,23(25,02)	3.36,53(29,30)	54,32	
6	Team Stavanger G1 jr.	JR	Team Stavanger	3.36,63	685
	Bjarte Ravndal:	25,70(25,70)	53,62(27,92)	53,62	
	Ole Martin Ree:	1.18,54(24,92)	1.46,09(27,55)	52,47	
	Eirik Ramstad:	2.13,21(27,12)	2.41,95(28,74)	55,86	
	Erling Mjøs Brattelid:	3.08,50(26,55)	3.36,63(28,13)	54,68	
7	Stavanger SC G1 jr.	JR	Stavanger SC	3.39,38	659
	Hans Østerdal:	26,71(26,71)	55,83(29,12)	55,83	
	Jørn Nygård:	1.20,89(25,06)	1.48,72(27,83)	52,89	
	Per Øystein Turøy:	2.14,94(26,22)	2.44,23(29,29)	55,51	
	Henning S. Pryde:	3.10,66(26,43)	3.39,38(28,72)	55,15	
8	Hamar IL G1 jr.	JR	Hamar IL	3.40,44	650
	Martin Skramstad:	25,76(25,76)	53,69(27,93)	53,69	
	Daniel Stokke Pettersen:	1.20,20(26,51)	1.49,69(29,49)	56,00	
	Oscar Slaatmo:	2.16,49(26,80)	2.46,26(29,77)	56,57	
	Jonas Kirkeberg Jostad:	3.11,83(25,57)	3.40,44(28,61)	54,18	
9	Bergensv. G2 jr.	JR	Bergensvømmerne	3.44,95	612
	Eirik Runningen:	26,64(26,64)	57,17(30,53)	57,17	
	Sebastian Stordal:	1.23,01(25,84)	1.52,26(29,25)	55,09	
	Espen Halhjem:	2.18,58(26,32)	2.48,40(29,82)	56,14	
	Simen Dale:	3.15,26(26,86)	3.44,95(29,69)	56,55	
10	Elverum IL G1 jr.	JR	Elverum Svømming	3.45,11	610
	Christian Sunde:	26,43(26,43)	54,41(27,98)	54,41	
	Eirik B. Lund:	1.21,67(27,26)	1.52,10(30,43)	57,69	
	Ingvar V. Skirbekk:	2.19,94(27,84)	2.50,02(30,08)	57,92	
	Gunnar V. Skirbekk:	3.16,37(26,35)	3.45,11(28,74)	55,09	
11	Florø SLK G1 jr.	JR	Florø SLK	3.45,14	610
	Mathias Sørstrand Æsøy:	25,84(25,84)	54,45(28,61)	54,45	
	Hans Kristian Andersen:	1.21,13(26,68)	1.50,77(29,64)	56,32	
	Kristoffer D. Birkeland:	2.17,68(26,91)	2.47,63(29,95)	56,86	
	Simen Andreassen:	3.14,52(26,89)	3.45,14(30,62)	57,51	
12	Asker SK G1 jr.	JR	Asker SK	3.45,77	605
	Kristoffer Skribeland:	27,48(27,48)	57,57(30,09)	57,57	
	Jan Aleksander Bakke:	1.23,84(26,27)	1.53,03(29,19)	55,46	
	Eirik Standal Thoresen:	2.19,71(26,68)	2.48,86(29,15)	55,83	
	Patrik Bubilek:	3.16,26(27,40)	3.45,77(29,51)	56,91	
13	Delfana G1 jr.	JR	Delfana	3.48,95	580
	Markus Heimdal:	28,02(28,02)	58,90(30,88)	58,90	
	Marius Thorsø:	1.25,69(26,79)	1.56,27(30,58)	57,37	
	Øyvind L. Styrmo:	2.23,52(27,25)	2.54,02(30,50)	57,75	
	Håvard Hole:	3.20,14(26,12)	3.48,95(28,81)	54,93	
14	Vestbyen IL G1 jr.	JR	Vestbyen IL	3.49,21	578
	Emil Brennløkken:	26,50(26,50)	55,03(28,53)	55,03	
	Per Alexander Fladvad:	1.22,02(26,99)	1.52,24(30,22)	57,21	
	Sigvart Evjen:	2.19,20(26,96)	2.49,23(30,03)	56,99	
	Gunnar Evjen:	3.18,05(28,82)	3.49,21(31,16)	59,98	
15	Kolbotn IL G1 jr.	JR	Kolbotn IL	3.51,50	561
	Halvor Stavland:	26,91(26,91)	57,46(30,55)	57,46	
	Johan Parker Nygård:	1.24,53(27,07)	1.54,30(29,77)	56,84	
	Martin Berger Oterholm:	2.21,24(26,94)	2.50,39(29,15)	56,09	
	Erik Tobias Sollesnes:	3.19,99(29,60)	3.51,50(31,51)	1.01,11	
16	Åstveit SK G1 jr.	JR	Åstveit SK	3.52,18	556
	Erlend Ulveseter:	26,86(26,86)	56,63(29,77)	56,63	
	Jonas Jensen:	1.24,31(27,68)	1.55,34(31,03)	58,71	
	Robin Sell Dyngeland:	2.22,11(26,77)	2.51,51(29,40)	56,17	
	Sondre Bryn:	3.20,36(28,85)	3.52,18(31,82)	1.00,67	
17	Oslo IL G1 jr.	JR	Oslo IL	3.54,62	539
	Henning Kaland:	28,26(28,26)	59,09(30,83)	59,09	
	Zakarias Nouri:	1.27,62(28,53)	1.59,76(32,14)	1.00,67	
	Lars Nymoen:	2.26,71(26,95)	2.56,87(30,16)	57,11	
	Jon Erik Sønning:	3.24,53(27,66)	3.54,62(30,09)	57,75	
18	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	3.55,60	532
	Joachim Jakobsen:	25,72(25,72)	53,39(27,67)	53,39	
	Markus Vindenes:	1.21,09(27,70)	1.51,41(30,32)	58,02	
	Kristoffer Brekke:	2.19,76(28,35)	2.50,74(30,98)	59,33	
	Gjermund Fure Johansen:	3.20,84(30,10)	3.55,60(34,76)	1.04,86	

19	Arna SLK G1 jr.	JR	Arna SLK		3.57,89	517
	Eirik H. Wallevik:	29,40(29,40)	1.01,06(31,66)	1.01,06		
	Vetle Steffensen:	1.29,41(28,35)	2.02,21(32,80)	1.01,15		
	Simon Thunestvedt:	2.30,65(28,44)	3.01,48(30,83)	59,27		
	Martin Steffensen:	3.27,64(26,16)	3.57,89(30,25)	56,41		
19	Skjetten Svømming G1 jr.	JR	Skjetten Svømming		3.57,89	517
	Ole Nævdal:	28,17(28,17)	58,35(30,18)	58,35		
	Håkon Brennhagen:	1.26,68(28,33)	1.57,39(30,71)	59,04		
	William Dahl:	2.25,01(27,62)	2.56,23(31,22)	58,84		
	Sindre S. Løbersli:	3.26,09(29,86)	3.57,89(31,80)	1.01,66		
21	Bergens SLK G1 jr.	JR	Bergens SLK		4.01,81	492
	Sven Berg:	27,54(27,54)	59,19(31,65)	59,19		
	Anders Færø:	1.26,52(27,33)	1.57,68(31,16)	58,49		
	Christopher Williams:	2.25,67(27,99)	2.57,81(32,14)	1.00,13		
	Anders Hjelmaas:	3.27,80(29,99)	4.01,81(34,01)	1.04,00		
22	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen		4.03,84	480
	Jarl André Bergsvenkerud:	29,38(29,38)	1.02,40(33,02)	1.02,40		
	Kjetil Flatland:	1.30,88(28,48)	2.02,61(31,73)	1.00,21		
	Vebjørn Lindhjem:	2.32,20(29,59)	3.04,56(32,36)	1.01,95		
	Tore Skauge Bysting:	3.32,51(27,95)	4.03,84(31,33)	59,28		
23	Ski SK G1 jr.	JR	Ski SK		4.04,88	474
	Einar Norum:	28,90(28,90)	1.00,62(31,72)	1.00,62		
	Thomas W. Kristiansen:	1.27,32(26,70)	1.58,22(30,90)	57,60		
	Kristian Bjelbøle Bakken:	2.28,27(30,05)	3.00,59(32,32)	1.02,37		
	Sven Peder Oseth:	3.31,63(31,04)	4.04,88(33,25)	1.04,29		
24	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne		4.21,87	388
	Andreas Reinertsen:	30,59(30,59)	1.04,83(34,24)	1.04,83		
	Vedbjørn Arne J. Aasheim:	1.35,33(30,50)	2.09,37(34,04)	1.04,54		
	Kristian Blummenfelt:	2.40,87(31,50)	3.15,14(34,27)	1.05,77		
	Anders Grasdal:	3.48,04(32,90)	4.21,87(33,83)	1.06,73		
	Larvik SK G1 jr.	JR	Larvik SK		DISK	
	Peder T. Haagensli:	27,46(27,46)	58,89(31,43)	58,89		
	Geir T. Kristiansen:					
	Jørgen Aagaard-Nilsen Wiik:					
	Aksel B. Lindhjem:					
	Sandnes SLK G1 jr.	JR	Sandnes SLK		DISK	
	Joar Skien Grannes:	26,01(26,01)	54,01(28,00)	54,01		
	Thor Helge Billington:	1.20,67(26,66)	1.51,51(30,84)	57,50		
	Erik William Ravndal:					
	Petter Ledsaak:					

**Fredag 28. november 2008 kl 09.00****Øvelse 13. 4\*50m lag medley, herrer - UM**

## UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	(0,84)	1.55,52	556
	Henrik Knudsen:	30,72(30,72)				
	Hans Østerdal:	1.01,49(30,77)				
	Christian Juvik:	1.28,67(27,18)				
	Fredrik K Hegdal:	1.55,52(26,85)				
2	Delfana G1 jr.	JR	Delfana	(0,64)	1.57,28	531
	Marius Thorsø:	30,73(30,73)				
	Håvard Hole:	1.02,56(31,83)				
	Øyvind L. Styrmo:	1.30,28(27,72)				
	Bård Løvik:	1.57,28(27,00)				
3	Moss SK G1 jr.	JR	Moss SK	(0,72)	2.01,13	482
	Fredrik Johansen Nielsen:	30,96(30,96)				
	Stian Svingen Nilsson:	1.05,22(34,26)				
	Georg Horntvedt:	1.34,50(29,28)				
	Dan Martin Gudbrandsen:	2.01,13(26,63)				
4	Vågsbygd SLK G1 jr.	JR	Vågsbygd SLK	(0,64)	2.01,71	475
	Per Sigve Næss:	31,94(31,94)				
	Tom Kaafjord:	1.06,69(34,75)				
	Preben Robstad:	1.34,16(27,47)				
	Jan Morten Larsen:	2.01,71(27,55)				
5	Åstveit SK G1 jr.	JR	Åstveit SK	(0,68)	2.03,57	454
	Markus Lie:	31,81(31,81)				
	Håkon Dalland:	1.08,76(36,95)				
	Robin Sell Dyngeland:	1.37,20(28,44)				
	Jonas Jensen:	2.03,57(26,37)				
6	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	(0,67)	2.07,29	415
	Håkon Brennhagen:	32,12(32,12)				
	Ole Nævdal:	1.08,45(36,33)				
	Sindre S. Løbersli:	1.37,94(29,49)				
	Jørgen Gundersen:	2.07,29(29,35)				
7	Vestkantv. G1 jr.	JR	Vestkantvømmerne	(0,67)	2.07,83	410
	Gjermund Fure Johansen:	33,27(33,27)				
	Andreas Reinertsen:	1.09,69(36,42)				
	Markus Vindenes:	1.37,71(28,02)				
	Kristian Blummenfelt:	2.07,83(30,12)				
8	Vestkantv. G2 jr.	JR	Vestkantvømmerne	(0,76)	2.24,71	282
	Anders Grasdal:	37,15(37,15)				
	Lars Haga Bringeland:	1.15,65(38,50)				
	Marius Rognøy:	1.52,14(36,49)				
	Erlend Kjærgård:	2.24,71(32,57)				

**Øvelse 14. 800m fri, damer - Direkte finale – Foreløpig før siste heat**

## UM

1	Lise Sand Syversen	95	Delfana	9.16,37	713
	32,25(32,25)	1.07,19(34,94)	1.42,42(35,23)	2.17,95(35,53)	
	2.53,44(35,49)	3.28,96(35,52)	4.03,89(34,93)	4.38,45(34,56)	
	5.13,10(34,65)	5.48,11(35,01)	6.23,00(34,89)	6.58,03(35,03)	
	7.33,12(35,09)	8.08,10(34,98)	8.43,81(35,71)	9.16,37(32,56)	
2	Karoline Pedersen	94	Bergens SLK	9.28,02	670
	32,08(32,08)	1.06,89(34,81)	1.42,19(35,30)	2.17,76(35,57)	
	2.53,42(35,66)	3.28,99(35,57)	4.04,16(35,17)	4.39,86(35,70)	
	5.15,46(35,60)	5.51,51(36,05)	6.27,69(36,18)	7.03,89(36,20)	
	7.40,33(36,44)	8.16,69(36,36)	8.52,83(36,14)	9.28,02(35,19)	
3	Andrea Westbye	95	Bærumsvømmerne	9.44,10	616
	32,92(32,92)	1.08,58(35,66)	1.45,40(36,82)	2.22,36(36,96)	
	2.59,59(37,23)	3.36,66(37,07)	4.13,63(36,97)	4.50,46(36,83)	
	5.26,97(36,51)	6.03,95(36,98)	6.41,04(37,09)	7.18,04(37,00)	
	7.54,37(36,33)	8.31,00(36,63)	9.08,48(37,48)	9.44,10(35,62)	

4	Julie Rønningsen	94	Lambertseter SK	9.55,65	581
	32,94(32,94)	1.09,96(37,02)	1.47,42(37,46)	2.24,77(37,35)	
	3.01,92(37,15)	3.40,11(38,19)	4.18,17(38,06)	4.55,97(37,80)	
	5.33,61(37,64)	6.11,72(38,11)	6.49,44(37,72)	7.27,27(37,83)	
	8.04,86(37,59)	8.42,64(37,78)	9.20,20(37,56)	9.55,65(35,45)	
5	Stine Lise Stenseth	94	Øvre Eiker SK	9.57,59	575
	33,03(33,03)	1.08,77(35,74)	1.45,60(36,83)	2.22,64(37,04)	
	3.00,02(37,38)	3.37,39(37,37)	4.14,83(37,44)	4.52,79(37,96)	
	5.30,97(38,18)	6.08,78(37,81)	6.46,82(38,04)	7.25,05(38,23)	
	8.03,62(38,57)	8.41,97(38,35)	9.20,17(38,20)	9.57,59(37,42)	
6	Anna Forsstrøm	94	Haldens SK	10.04,29	556
	33,68(33,68)	1.11,41(37,73)	1.49,31(37,90)	2.27,16(37,85)	
	3.05,27(38,11)	3.44,01(38,74)	4.22,47(38,46)	5.00,46(37,99)	
	5.38,41(37,95)	6.17,03(38,62)	6.55,57(38,54)	7.34,25(38,68)	
	8.12,64(38,39)	8.50,25(37,61)	9.27,80(37,55)	10.04,29(36,49)	

## Junior

1	Lise Sand Syversen	95	Delfana	9.16,37	713
	32,25(32,25)	1.07,19(34,94)	1.42,42(35,23)	2.17,95(35,53)	
	2.53,44(35,49)	3.28,96(35,52)	4.03,89(34,93)	4.38,45(34,56)	
	5.13,10(34,65)	5.48,11(35,01)	6.23,00(34,89)	6.58,03(35,03)	
	7.33,12(35,09)	8.08,10(34,98)	8.43,81(35,71)	9.16,37(32,56)	
2	Andrea Haugstad	92	Vestkantvømmerne	9.20,90	696
	32,42(32,42)	1.07,42(35,00)	1.42,58(35,16)	2.17,89(35,31)	
	2.53,45(35,56)	3.28,60(35,15)	4.03,62(35,02)	4.38,91(35,29)	
	5.14,08(35,17)	5.49,77(35,69)	6.25,43(35,66)	7.00,93(35,50)	
	7.36,35(35,42)	8.11,84(35,49)	8.47,11(35,27)	9.20,90(33,79)	
3	Karoline Pedersen	94	Bergens SLK	9.28,02	670
	32,08(32,08)	1.06,89(34,81)	1.42,19(35,30)	2.17,76(35,57)	
	2.53,42(35,66)	3.28,99(35,57)	4.04,16(35,17)	4.39,86(35,70)	
	5.15,46(35,60)	5.51,51(36,05)	6.27,69(36,18)	7.03,89(36,20)	
	7.40,33(36,44)	8.16,69(36,36)	8.52,83(36,14)	9.28,02(35,19)	
4	Victoria Rung	92	TS/Frisinn	9.32,13	655
	33,03(33,03)	1.08,55(35,52)	1.44,42(35,87)	2.20,28(35,86)	
	2.56,46(36,18)	3.32,51(36,05)	4.08,77(36,26)	4.45,04(36,27)	
	5.21,13(36,09)	5.57,52(36,39)	6.33,86(36,34)	7.10,15(36,29)	
	7.46,13(35,98)	8.22,18(36,05)	8.58,04(35,86)	9.32,13(34,09)	
5	Marthe Berg Sørensen	92	TS/Frisinn	9.36,88	639
	32,96(32,96)	1.08,36(35,40)	1.44,33(35,97)	2.20,62(36,29)	
	2.56,97(36,35)	3.33,22(36,25)	4.09,32(36,10)	4.45,91(36,59)	
	5.22,09(36,18)	5.58,55(36,46)	6.35,25(36,70)	7.11,98(36,73)	
	7.48,74(36,76)	8.25,52(36,78)	9.01,73(36,21)	9.36,88(35,15)	
6	Andrea Westbye	95	Bærumsvømmerne	9.44,10	616
	32,92(32,92)	1.08,58(35,66)	1.45,40(36,82)	2.22,36(36,96)	
	2.59,59(37,23)	3.36,66(37,07)	4.13,63(36,97)	4.50,46(36,83)	
	5.26,97(36,51)	6.03,95(36,98)	6.41,04(37,09)	7.18,04(37,00)	
	7.54,37(36,33)	8.31,00(36,63)	9.08,48(37,48)	9.44,10(35,62)	
7	Inger-Cathrine Wium	92	Øvre Eiker SK	9.47,38	606
	33,17(33,17)	1.09,31(36,14)	1.46,12(36,81)	2.23,25(37,13)	
	3.00,68(37,43)	3.38,24(37,56)	4.15,57(37,33)	4.53,00(37,43)	
	5.30,01(37,01)	6.06,86(36,85)	6.44,08(37,22)	7.21,20(37,12)	
	7.57,78(36,58)	8.34,84(37,06)	9.11,37(36,53)	9.47,38(36,01)	
8	Julie Rønningsen	94	Lambertseter SK	9.55,65	581
	32,94(32,94)	1.09,96(37,02)	1.47,42(37,46)	2.24,77(37,35)	
	3.01,92(37,15)	3.40,11(38,19)	4.18,17(38,06)	4.55,97(37,80)	
	5.33,61(37,64)	6.11,72(38,11)	6.49,44(37,72)	7.27,27(37,83)	
	8.04,86(37,59)	8.42,64(37,78)	9.20,20(37,56)	9.55,65(35,45)	
9	Stine Lise Stenseth	94	Øvre Eiker SK	9.57,59	575
	33,03(33,03)	1.08,77(35,74)	1.45,60(36,83)	2.22,64(37,04)	
	3.00,02(37,38)	3.37,39(37,37)	4.14,83(37,44)	4.52,79(37,96)	
	5.30,97(38,18)	6.08,78(37,81)	6.46,82(38,04)	7.25,05(38,23)	
	8.03,62(38,57)	8.41,97(38,35)	9.20,17(38,20)	9.57,59(37,42)	
10	Emilie Vora	91	Bærumsvømmerne	9.59,63	569
	33,44(33,44)	1.09,94(36,50)	1.46,90(36,96)	2.23,98(37,08)	
	3.01,59(37,61)	3.39,11(37,52)	4.16,89(37,78)	4.54,81(37,92)	
	5.32,61(37,80)	6.10,62(38,01)	6.49,38(38,76)	7.27,53(38,15)	
	8.05,97(38,44)	8.44,11(38,14)	9.22,44(38,33)	9.59,63(37,19)	

11	Anna Forsstrøm	94	Haldens SK	10.04,29	556
	33,68(33,68)	1.11,41(37,73)	1.49,31(37,90)	2.27,16(37,85)	
	3.05,27(38,11)	3.44,01(38,74)	4.22,47(38,46)	5.00,46(37,99)	
	5.38,41(37,95)	6.17,03(38,62)	6.55,57(38,54)	7.34,25(38,68)	
	8.12,64(38,39)	8.50,25(37,61)	9.27,80(37,55)	10.04,29(36,49)	
12	Guro Knutsen	91	Øvre Eiker SK	10.05,08	554
	33,08(33,08)	1.09,54(36,46)	1.46,91(37,37)	2.24,83(37,92)	
	2.29,78(37,95)	3.41,04(38,26)	4.19,21(38,17)	4.57,53(38,32)	
	5.35,90(38,37)	6.14,90(39,00)	6.53,64(38,74)	7.32,21(38,57)	
	8.11,00(38,79)	8.49,81(38,81)	9.28,56(38,75)	10.05,08(36,52)	

### Øvelse 15. 400m fri, herrer

#### Junior

1	Jørn Nygård	92	Stavanger SC	4.00,02	760
	26,61(26,61)	54,92(28,31)	1.25,42(30,50)	1.56,23(30,81)	
	2.27,24(31,01)	2.58,59(31,35)	3.30,07(31,48)	4.00,02(29,95)	
2	Christer Koch Kvam	90	Bærum/NTG	4.00,30	758
	28,08(28,08)	58,24(30,16)	1.28,34(30,10)	1.58,89(30,55)	
	2.29,89(31,00)	3.00,60(30,71)	3.30,59(29,99)	4.00,30(29,71)	
3	Sindri T. Jakobsson	91	BS/Delfana	4.03,04	732
	26,68(26,68)	57,35(30,67)	1.28,42(31,07)	1.59,75(31,33)	
	2.30,87(31,12)	3.02,05(31,18)	3.32,98(30,93)	4.03,04(30,06)	
4	Ole Martin Ree	92	TS/Sola SK	4.05,33	712
	27,85(27,85)	58,03(30,18)	1.28,71(30,68)	1.59,94(31,23)	
	2.31,18(31,24)	3.02,73(31,55)	3.34,35(31,62)	4.05,33(30,98)	
5	Elias Damman	89	Bærumsvømmerne	4.07,32	695
	28,99(28,99)	59,79(30,80)	1.30,97(31,18)	2.02,46(31,49)	
	2.33,88(31,42)	3.05,58(31,70)	3.36,75(31,17)	4.07,32(30,57)	
6	Bjarte Ravndal	91	TS/Sola SK	4.09,77	675
	29,25(29,25)	1.01,51(32,26)	1.33,61(32,10)	2.05,86(32,25)	
	2.37,59(31,73)	3.08,87(31,28)	3.39,65(30,78)	4.09,77(30,12)	
7	Sindre Nilo	90	Sandefjord SK/NTG	4.10,05	672
	27,79(27,79)	58,14(30,35)	1.29,45(31,31)	2.01,24(31,79)	
	2.33,34(32,10)	3.05,64(32,30)	3.38,10(32,46)	4.10,05(31,95)	
8	Tor Hafnor	91	Bærumsvømmerne	4.11,82	658
	28,54(28,54)	59,98(31,44)	1.31,91(31,93)	2.03,34(31,43)	
	2.35,17(31,83)	3.07,07(31,90)	3.39,95(32,88)	4.11,82(31,87)	
9	Gunnar V. Skirbekk	91	Elverum Svømming	4.12,62	652
	28,79(28,79)	59,88(31,09)	1.31,53(31,65)	2.03,26(31,73)	
	2.35,28(32,02)	3.07,47(32,19)	3.40,24(32,77)	4.12,62(32,38)	
10	Daniel Berenett	91	IL Varg/NTG	4.12,63	652
	27,35(27,35)	57,87(30,52)	1.29,54(31,67)	2.01,93(32,39)	
	2.34,47(32,54)	3.07,19(32,72)	3.39,80(32,61)	4.12,63(32,83)	
11	Stian Werner Erichsen	90	Bærumsvømmerne	4.13,59	645
	28,64(28,64)	59,65(31,01)	1.31,28(31,63)	2.03,15(31,87)	
	2.35,22(32,07)	3.07,59(32,37)	3.40,81(33,22)	4.13,59(32,78)	
12	Kristoffer Skribeland	91	Asker SK	4.13,90	642
	29,25(29,25)	1.00,53(31,28)	1.32,84(32,31)	2.05,65(32,81)	
	2.38,18(32,53)	3.10,59(32,41)	3.42,67(32,08)	4.13,90(31,23)	
13	Øyvind Gevelt	91	Øvre Eiker SK	4.14,56	637
	29,21(29,21)	1.00,63(31,42)	1.32,79(32,16)	2.05,28(32,49)	
	2.38,03(32,75)	3.11,18(33,15)	3.43,61(32,43)	4.14,56(30,95)	
14	Eivind Johannesen	92	BS/Åstveit	4.15,42	631
	29,58(29,58)	1.01,34(31,76)	1.33,57(32,23)	2.05,87(32,30)	
	2.38,45(32,58)	3.10,69(32,24)	3.43,36(32,67)	4.15,42(32,06)	
15	Odin Spangen Normann	92	IL Varg	4.16,87	620
	28,53(28,53)	1.00,46(31,93)	1.32,94(32,48)	2.05,60(32,66)	
	2.38,52(32,92)	3.11,74(33,22)	3.45,03(33,29)	4.16,87(31,84)	
16	Espen Halhjem	92	BS/Delfana	4.17,25	617
	28,82(28,82)	1.00,31(31,49)	1.32,50(32,19)	2.05,41(32,91)	
	2.38,42(33,01)	3.11,76(33,34)	3.44,84(33,08)	4.17,25(32,41)	
17	Henning S. Pryde	92	Stavanger SC	4.19,07	605
	29,43(29,43)	1.01,22(31,79)	1.34,23(33,01)	2.07,47(33,24)	
	2.40,42(32,95)	3.14,31(33,89)	3.47,75(33,44)	4.19,07(31,32)	

18	Vegard Løvberg	91	Bærumsvømmerne	4.19,80	599
	28,63(28,63)	59,82(31,19)	1.32,77(32,95)	2.05,67(32,90)	
	2.38,82(33,15)	3.12,83(34,01)	3.46,62(33,79)	4.19,80(33,18)	
19	Sigvart Evjen	91	Vestbyen IL	4.19,94	598
	29,15(29,15)	1.00,93(31,78)	1.33,55(32,62)	2.06,48(32,93)	
	2.39,67(33,19)	3.13,57(33,90)	3.47,34(33,77)	4.19,94(32,60)	
19	Christian Sunde	89	Elverum Svømming	4.19,94	598
	28,26(28,26)	59,26(31,00)	1.31,49(32,23)	2.04,36(32,87)	
	2.37,96(33,60)	3.12,03(34,07)	3.46,28(34,25)	4.19,94(33,66)	
21	Hans Andre Pedersen	92	Sandefjord SK	4.21,91	585
	28,96(28,96)	1.01,19(32,23)	1.34,62(33,43)	2.08,21(33,59)	
	2.42,12(33,91)	3.16,54(34,42)	3.50,14(33,60)	4.21,91(31,77)	
22	Sindre Lilledahl	92	Haugesund SK	4.25,16	564
	29,71(29,71)	1.02,94(33,23)	1.36,34(33,40)	2.09,54(33,20)	
	2.43,09(33,55)	3.17,23(34,14)	3.51,56(34,33)	4.25,16(33,60)	

## UM

1	Sander Rødje	93	Haugesund SK	4.06,81	699
	27,46(27,46)	57,98(30,52)	1.29,80(31,82)	2.02,22(32,42)	
	2.33,70(31,48)	3.05,48(31,78)	3.37,26(31,78)	4.06,81(29,55)	
2	Zoltan Csernai	93	BS/Åstveit	4.06,95	698
	27,06(27,06)	58,01(30,95)	1.30,13(32,12)	2.02,56(32,43)	
	2.34,71(32,15)	3.06,31(31,60)	3.38,17(31,86)	4.06,95(28,78)	
3	Martin Berger Oterholm	93	Kolbotn IL	4.11,75	659
	28,47(28,47)	59,72(31,25)	1.31,41(31,69)	2.03,53(32,12)	
	2.35,59(32,06)	3.07,70(32,11)	3.40,10(32,40)	4.11,75(31,65)	
4	Kristoffer D. Birkeland	94	Florø SLK	4.18,09	611
	28,91(28,91)	1.00,76(31,85)	1.33,21(32,45)	2.06,58(33,37)	
	2.39,83(33,25)	3.13,60(33,77)	3.46,84(33,24)	4.18,09(31,25)	
5	Oscar Slaatmo	94	Hamar IL	4.18,17	611
	29,00(29,00)	1.01,21(32,21)	1.33,85(32,64)	2.07,16(33,31)	
	2.40,54(33,38)	3.14,14(33,60)	3.47,05(32,91)	4.18,17(31,12)	
6	Thorbjørn Birkeland	93	Haugesund SK	4.19,56	601
	28,80(28,80)	1.00,91(32,11)	1.33,95(33,04)	2.07,53(33,58)	
	2.41,04(33,51)	3.14,83(33,79)	3.48,09(33,26)	4.19,56(31,47)	
7	Johan Parker Nygård	94	Kolbotn IL	4.22,63	580
	29,31(29,31)	1.01,68(32,37)	1.34,73(33,05)	2.08,33(33,60)	
	2.42,04(33,71)	3.16,16(34,12)	3.50,25(34,09)	4.22,63(32,38)	
8	Morten Bordervich	94	Sola SK	4.24,29	569
	30,27(30,27)	1.03,14(32,87)	1.36,36(33,22)	2.09,89(33,53)	
	2.43,35(33,46)	3.17,48(34,13)	3.51,23(33,75)	4.24,29(33,06)	
9	Ingvar V. Skirbekk	93	Elverum Svømming	4.30,70	530
	30,75(30,75)	1.03,82(33,07)	1.37,92(34,10)	2.12,53(34,61)	
	2.46,84(34,31)	3.21,63(34,79)	3.56,24(34,61)	4.30,70(34,46)	

## Funksjonshemmede

1	Roar Mellemseter	92	Sunddal SLK	6.13,63	201	S8 136,68 %
	39,20(39,20)	1.23,73(44,53)	2.10,61(46,88)	2.58,39(47,78)		
	3.47,33(48,94)	4.36,04(48,71)	5.24,98(48,94)	6.13,63(48,65)		
	Bendik Savstad	95	Tverlandet IL	DISK		S10

## Øvelse 16. 50m bryst, damer

## Junior

1	Iselin Meisler	90	Fauske SK	34,36	686
2	Karin Ekholt	89	Bærumsvømmerne	34,52	676
3	Kristine Mella	90	Bærumsvømmerne	34,54	675
4	Maria Farestvedt	90	BS/Åstveit	34,56	674
5	Sophia Broberg Skeltved	92	Tromsø SK/NTG	34,69	667
6	Ina Kr. Pedersen	89	Sarpsborg IL	34,70	666
7	Mari Singstad	91	Vestbyen IL	35,03	647
8	Lene Lykke Erichsen	92	Bærumsvømmerne	35,07	645

9	Mai Linn Hanslien	90	TS/Stavanger VPK	35,08	645
10	Ine Charlotte Hagen	89	Lørenskog/Rælingen	35,65	614
11	Hege Omdal	89	Kristiansand SA	35,79	607
12	Benedicte Kausland	92	Vestkantsvømmerne	35,97	598
13	Katinka Kvant	89	Arna SLK	36,89	554
14	Camilla Thoreby	90	Madla SK	38,38	492
	Karoline Bergene	89	Lambertseter SK	DISK	
	Katrine Jensen	92	BS/Åstveit	DISK	

## UM

1	Siri Eva Kristiansen	93	Asker SK	34,40	684
2	Stine Vindenes	93	Vestkantsvømmerne	34,53	676
3	Stina Kajsa Colleou	93	Lambertseter SK	35,04	647
3	Kaja Bremer	93	Bergens SLK	35,04	647
5	Tonje Stæhr Petersen	93	Moss SK	35,62	616
6	Luna Elisabeth Sjøgaard	94	Lambertseter SK	36,08	592
7	Ingalill Urrang Naustvik	95	Karmøy SK	36,13	590
8	Therese Tronerud	93	Egersund SK	36,61	567
9	Jeanette Erlandsen	93	Lørenskog/Rælingen	36,95	551
10	Stine Tveit	93	Trondheim SLK	37,02	548
11	Maren Larsen	94	Madla SK	37,08	546
12	Kristine Mathingsdal Pedersen	94	Farsund SK	37,17	542
13	Stine Lise Stenseth	94	Øvre Eiker SK	37,51	527
14	Siren Bergslid	93	Stavanger SC	37,57	525

## Øvelse 17. 50m rygg, herrer

## Junior

1	Mikael Bergene	91	Lambertseter SK	(0,64)	26,54	707	NJR
2	Sverre Næss	92	Sarpsborg IL	(0,71)	26,58	704	
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,72)	26,74	691	
4	Lavrans Solli	92	Bergens SC	(0,73)	27,23	655	
5	Marcus Tesdal	90	BS/Åstveit	(0,77)	27,33	647	
6	Alexander B. Havre	90	Mandal SK	(0,62)	27,75	619	
7	Even Vike Holm	90	BS/Arna	(0,77)	27,88	610	
8	Joar Skien Grannes	90	Sandnes SLK	(0,72)	28,27	585	
9	Martin Skramstad	89	Hamar IL	(0,66)	28,34	581	
10	Emil Brennløkken	89	Vestbyen IL	(0,67)	28,59	566	
11	Sindre Eilertsen	90	Lambertseter SK	(0,63)	28,63	563	
12	Kristoffer Skribeland	91	Asker SK	(0,74)	29,06	539	
13	Kenneth Bakkehaug	92	Sørreisa SK	(0,70)	29,15	534	
14	Eirik Ramstad	91	TS/Madla SK	(0,63)	29,21	530	
15	Erlend Tveteraas	91	Madla SK	(0,67)	29,46	517	
16	Stian Werner Erichsen	90	Bærumsvømmerne	(0,83)	29,74	502	
17	Eirik Runningen	90	BS/Delfana	(0,60)	29,91	494	
18	Jonas Kirkeberg Jostad	92	Hamar IL	(0,81)	29,96	491	
19	Lars Nymoen	90	Oslo IL	(0,67)	30,12	484	
20	Jan Aleksander Bakke	91	Asker SK	(0,74)	30,13	483	
21	Åsmund Karlsen	92	Eid SK	(0,63)	30,15	482	
22	Sindre Mowatt Gruben	92	Bergens SC	(0,68)	30,26	477	
23	Alexander Schüssler	92	Lambertseter SK	(0,64)	30,41	470	
24	Geir T. Kristiansen	90	Larvik SK	(0,86)	30,52	465	
25	Joakim I. Larsen	92	Trondheim SLK	(0,73)	30,77	454	
26	Kjetil Berg	91	Vennesla SK	(0,70)	30,85	450	

## UM

1	Mats Gøran Høgenhaug	93	Namsos SK	(0,80)	28,61	564
2	Julian Åsheim Mikkelsen	93	Ås IL	(0,75)	29,00	542
3	Øyvind L. Styrmo	93	Delfana	(0,66)	29,41	520
4	Runar Borgen	93	Bodø SK	(0,70)	29,44	518
5	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,63)	29,64	507
6	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,61)	29,95	492
7	Berend de Waal	94	IL Norodd	(0,73)	30,54	464
8	Fredrik Tronvoll	93	Vestbyen IL	(0,74)	30,92	447
9	Christian Christiansen	94	Kristiansund SLK	(0,93)	31,24	433
	Gaute Ravndal	94	Sola SK	(0,59)	DISK	

## Øvelse 18. 200m individuell medley, damer

## Junior

1	Ina Marleen Holm	90	TS/Madla SK		2.20,38	781
	30,24(30,24)	1.06,19(35,95)	1.47,05(40,86)		2.20,38(33,33)	
2	Karoline Brudvik Sanderud	89	Hamar IL		2.20,93	772
	30,61(30,61)	1.07,15(36,54)	1.47,53(40,38)		2.20,93(33,40)	
3	Trine Austrøne Olsen	90	Fauske SK		2.21,33	766
	30,22(30,22)	1.06,01(35,79)	1.47,10(41,09)		2.21,33(34,23)	
4	Maria Gullvåg Aasen	92	Kristiansand SA/NTG		2.25,08	708
	31,22(31,22)	1.06,78(35,56)	1.50,70(43,92)		2.25,08(34,38)	
5	Nora Kathrine Guthe	91	Asker SK		2.25,14	707
	32,08(32,08)	1.08,54(36,46)	1.51,29(42,75)		2.25,14(33,85)	
6	Oona Ovesen	92	Elverum Svømming		2.25,56	701
	31,76(31,76)	1.07,91(36,15)	1.52,33(44,42)		2.25,56(33,23)	
7	Terese Langlo	89	Skjetten Svømming		2.26,28	691
	32,56(32,56)	1.10,05(37,49)	1.52,20(42,15)		2.26,28(34,08)	
8	Line Løvberg	91	Lambertseter SK/NTG		2.27,43	675
	31,04(31,04)	1.08,65(37,61)	1.53,40(44,75)		2.27,43(34,03)	
9	Martine Bremer	90	Bergens SLK		2.29,23	650
	32,67(32,67)	1.10,54(37,87)	1.55,64(45,10)		2.29,23(33,59)	
10	Benedicte Kausland	92	Vestkantsvømmerne		2.29,53	647
	33,85(33,85)	1.12,42(38,57)	1.54,35(41,93)		2.29,53(35,18)	
11	Sophia Broberg Skeltved	92	Tromsø SK/NTG		2.29,78	643
	32,46(32,46)	1.10,49(38,03)	1.53,13(42,64)		2.29,78(36,65)	
12	Victoria T. Solberg	89	Asker SK		2.30,55	633
	32,75(32,75)	1.09,95(37,20)	1.56,38(46,43)		2.30,55(34,17)	
13	Line W. Lund	91	Moss SK		2.32,18	613
	32,20(32,20)	1.11,77(39,57)	1.57,28(45,51)		2.32,18(34,90)	
14	Marte Elise Brinchmann	91	Moss SK		2.39,44	533
	33,95(33,95)	1.16,10(42,15)	2.02,22(46,12)		2.39,44(37,22)	

## UM

1	Bitte Fagermo	93	Narvik SK		2.24,68	714
	31,95(31,95)	1.10,15(38,20)	1.49,72(39,57)		2.24,68(34,96)	
2	Andrea Hestdal	94	Åstveit SK		2.26,33	690
	32,30(32,30)	1.10,27(37,97)	1.51,84(41,57)		2.26,33(34,49)	
3	Susann Bjørnsen	93	Setermoen SK		2.26,36	689
	32,14(32,14)	1.10,08(37,94)	1.53,71(43,63)		2.26,36(32,65)	
4	Stine Vindenes	93	Vestkantsvømmerne		2.27,37	675
	31,95(31,95)	1.10,13(38,18)	1.52,59(42,46)		2.27,37(34,78)	
5	Eva Marie W. Østerhus	94	TS/Madla SK		2.28,21	664
	33,03(33,03)	1.10,34(37,31)	1.54,95(44,61)		2.28,21(33,26)	
6	Kaja Bremer	93	Bergens SLK		2.32,02	615
	34,07(34,07)	1.13,73(39,66)	1.56,85(43,12)		2.32,02(35,17)	
7	Stine Mjølhus Kristoffersen	93	TS/Frisinn		2.32,31	612
	33,01(33,01)	1.11,89(38,88)	1.55,10(43,21)		2.32,31(37,21)	
8	Stine Tveit	93	Trondheim SLK		2.37,79	550
	36,13(36,13)	1.16,27(40,14)	2.00,74(44,47)		2.37,79(37,05)	
9	Siren Bergslid	93	Stavanger SC		2.42,94	500
	37,24(37,24)	1.20,19(42,95)	2.04,72(44,53)		2.42,94(38,22)	

## Øvelse 19. 100m butterfly, herrer

## Junior

1	Øystein R. Hetland 25,49(25,49)	89	Bærumsvømmerne	55,70	762
2	Christer Koch Kvam 26,17(26,17)	90	Bærum/NTG	56,45	732
3	Stian S. Langeland 27,06(27,06)	89	Bergens SC	57,27	701
4	Mattis Saghaug 26,62(26,62)	90	IL Varg/NTG	57,41	696
5	Sindri T. Jakobsson 26,47(26,47)	91	BS/Delfana	57,69	686
6	John Hage Gaarder 26,40(26,40)	89	Lørenskog/Rælingen	58,06	673
7	Alexander B. Havre 27,25(27,25)	90	Mandal SK	58,33	664
8	Ole Martin Ree 27,61(27,61)	92	TS/Sola SK	58,83	647
9	Tor Hafnor 27,01(27,01)	91	Bærumsvømmerne	59,05	640
10	Sindre Eilertsen 27,95(27,95)	90	Lambertseter SK	59,38	629
11	Sebastian Stordal 27,14(27,14)	91	BS/Delfana	59,79	616
12	Antonis Xepapadakis 27,87(27,87)	90	IL Varg	59,80	616
13	Mathias Sørstrand Æsøy 27,79(27,79)	90	Florø SLK	59,97	611
14	Vegard Løvberg 28,19(28,19)	91	Bærumsvømmerne	1.00,23	603
15	Jan-Tore Jessen Eikrem 28,04(28,04)	91	IL Varg	1.00,58	592
16	Martin Skramstad 27,97(27,97)	89	Hamar IL	1.00,73	588
17	Erlend Ulveseter 28,80(28,80)	92	Åstveit SK	1.00,81	586
18	Håkon Aleksander Vik 28,33(28,33)	90	Haldens SK	1.00,96	581
19	Carl Andreas Wathne 28,15(28,15)	91	Bærumsvømmerne	1.01,10	577
20	Stian Andreas Evja 28,11(28,11)	90	Lambertseter SK	1.01,42	568
21	Geir T. Kristiansen 28,41(28,41)	90	Larvik SK	1.01,44	568
22	Jon Erik Sønning 28,71(28,71)	91	Oslo IL	1.01,73	560
23	Martin P. Sletbakken 28,75(28,75)	92	Sortland SLK	1.01,75	559
24	Simen Andreassen 29,11(29,11)	92	Florø SLK	1.01,99	553
25	Sindre Mowatt Gruben 28,83(28,83)	92	Bergens SC	1.02,11	550
26	Jan Aleksander Bakke 28,66(28,66)	91	Asker SK	1.02,33	544
27	Markus Jonassen 28,81(28,81)	92	Setermoen SK	1.02,34	543
28	Kjetil Berg 29,60(29,60)	91	Vennesla SK	1.03,44	516
29	Aksel B. Lindhjem 29,99(29,99)	91	Larvik SK	1.03,92	504

## UM

1	Christian Juvik 27,74(27,74)	93	Stavanger SC	59,20	635
2	Zoltan Csernai 28,08(28,08)	93	BS/Åstveit	59,66	620
3	Martin Hammer 27,42(27,42)	93	Kongstensvømmerne	1.00,04	608
4	Sander Rødje 28,65(28,65)	93	Haugesund SK	1.00,96	581
5	Preben Robstad 28,75(28,75)	93	Vågsbygd SLK	1.02,18	548
6	Runar Borgen 28,41(28,41)	93	Bodø SK	1.02,70	534
7	Øyvind L. Styrmo 29,40(29,40)	93	Delfana	1.02,80	532
8	Martin Gundersen 29,06(29,06)	93	IL Varg	1.03,03	526
9	Daniel Skauge 28,95(28,95)	93	Kristiansand SA	1.03,30	519
10	Fredrik K Hegdal 29,42(29,42)	94	Stavanger SC	1.03,78	507
11	Kristoffer D. Birkeland 30,78(30,78)	94	Florø SLK	1.05,37	471
12	Berend de Waal 30,57(30,57)	94	IL Norodd	1.05,44	470

## Øvelse 20. 200m rygg, damer

## Junior

1	Gina B. Andersen 34,14(34,14)	90	Skjetten Svømming/NTG(0,80)	2.21,75	692
2	Iselin Mjølnér Dahlen 33,68(33,68)	92	Skjetten Svømming/NTG(0,76)	2.22,43	682
3	Elisabeth H. Svensson 33,59(33,59)	91	Ski SK/NTG	2.23,12	673
4	Oona Ovesen 34,50(34,50)	92	Elverum Svømming	2.24,50	654
5	Seline Vike Holm 33,78(33,78)	92	Arna SLK	2.24,58	652
6	Ragnhild Søfteland 34,07(34,07)	92	Bergens SC	2.26,86	623
7	Vibeke Browne 34,58(34,58)	89	Bærumsvømmerne	2.26,95	621
8	Trine Hovda 34,30(34,30)	90	TS/Madla SK	2.27,18	618
9	Oda Marie Siljan 34,31(34,31)	92	Poseidon	2.27,34	616
10	Siri Anette Sønju 33,97(33,97)	92	Øvre Eiker SK	2.27,83	610
11	Elisabeth Kristiansen 34,11(34,11)	92	Haugesund SK	2.27,88	610
12	Thea Pedersen 34,82(34,82)	91	Moss SK	2.30,94	573
13	Stine K. Jansen 34,98(34,98)	90	Moss SK	2.31,92	562
14	Camilla Moe 34,54(34,54)	92	Ås IL	2.32,02	561
15	Victoria T. Solberg 35,33(35,33)	89	Asker SK	2.33,10	549
16	Katja Heinänen 35,69(35,69)	90	BS/Bergen SLK	2.33,22	548

17	Helene Eikeskog Burger 35,27(35,27)	92	Kolbotn IL 1.55,45(41,63)	(0,87)	2.36,74	512
		1.13,82(38,55)			2.36,74(41,29)	
18	Ingse Bergh Monsen 36,67(36,67)	92	Bergens SC 1.56,89(40,99)	(0,66)	2.38,02	500
		1.15,90(39,23)			2.38,02(41,13)	

## UM

1	Jacqueline Knutsson 33,34(33,34)	93	Kongstensvømmerne 1.46,29(36,63)	(0,76)	2.22,86	676
		1.09,66(36,32)			2.22,86(36,57)	
2	Veronica Orheim Bjørlykke 33,71(33,71)	94	Aalesund SLK 1.48,81(38,27)	(0,66)	2.26,81	623
		1.10,54(36,83)			2.26,81(38,00)	
3	Bitte Fagermo 35,64(35,64)	93	Narvik SK 1.51,74(38,34)	(0,88)	2.28,21	606
		1.13,40(37,76)			2.28,21(36,47)	
4	Aslaug Marie Hjelmaas 33,94(33,94)	95	Bergens SLK 1.49,99(39,31)	(0,72)	2.28,51	602
		1.10,68(36,74)			2.28,51(38,52)	
5	Silje Nilo 34,44(34,44)	93	Sandefjord SK 1.50,58(38,86)	(0,68)	2.29,50	590
		1.11,72(37,28)			2.29,50(38,92)	
6	Helene Thunes Truyen 34,94(34,94)	93	Delfana 1.52,11(39,38)	(0,71)	2.30,66	577
		1.12,73(37,79)			2.30,66(38,55)	
7	Hanne Lockertsen 35,99(35,99)	94	Tromsø SK 1.52,18(38,61)	(0,83)	2.30,67	576
		1.13,57(37,58)			2.30,67(38,49)	
8	Marthe Helene Haganes 36,00(36,00)	93	Vestkantsvømmerne 1.54,29(39,35)	(0,73)	2.32,49	556
		1.14,94(38,94)			2.32,49(38,20)	
9	Ida Arnøy 36,10(36,10)	93	Lørenskog/Rælingen 1.54,02(39,12)	(0,73)	2.32,80	553
		1.14,90(38,80)			2.32,80(38,78)	
10	Andrea Westbye 36,90(36,90)	95	Bærumsvømmerne 1.55,77(39,67)	(0,73)	2.35,36	526
		1.16,10(39,20)			2.35,36(39,59)	
11	Andrine Davidsen 36,63(36,63)	95	Lambertseter SK 1.56,69(40,82)	(0,87)	2.36,42	515
		1.15,87(39,24)			2.36,42(39,73)	
12	Eirin Jakobsen Avlund 37,01(37,01)	95	Lambertseter SK 1.57,97(40,96)	(0,83)	2.36,72	512
		1.17,01(40,00)			2.36,72(38,75)	
13	Nora Næss 37,14(37,14)	93	Haldens SK 1.57,80(40,86)	(0,73)	2.37,43	505
		1.16,94(39,80)			2.37,43(39,63)	
14	Fanny Moen Pettersen 37,78(37,78)	93	Øvre Eiker SK 1.58,31(40,92)	(0,83)	2.39,06	490
		1.17,39(39,61)			2.39,06(40,75)	

## Øvelse 21. 200m bryst, herrer

## Junior

1	Sverre Næss 31,90(31,90)	92	Sarpsborg IL 1.45,81(37,52)		2.22,71	702
		1.08,29(36,39)			2.22,71(36,90)	
2	Sebastian Wigstrøm 32,38(32,38)	91	Bærumsvømmerne 1.45,79(37,43)		2.23,89	685
		1.08,36(35,98)			2.23,89(38,10)	
3	Sindre Søderlund 31,91(31,91)	91	Trondheim SLK/NTG 1.46,68(38,38)		2.23,91	685
		1.08,30(36,39)			2.23,91(37,23)	
4	Erling Mjøs Brattelid 32,48(32,48)	91	TS/Sola SK 1.46,26(37,28)		2.24,37	678
		1.08,98(36,50)			2.24,37(38,11)	
5	John Lekhmus 33,30(33,30)	91	Tromsø SK 1.46,68(37,06)		2.24,70	674
		1.09,62(36,32)			2.24,70(38,02)	
6	Simen Dale 32,92(32,92)	91	BS/Delfana 1.47,53(37,72)		2.26,62	648
		1.09,81(36,89)			2.26,62(39,09)	
7	Joachim Jakobsen 32,18(32,18)	91	Vestkantsvømmerne 1.48,15(38,89)		2.27,37	638
		1.09,26(37,08)			2.27,37(39,22)	
8	Adrian A. Skogvold 33,58(33,58)	91	Tverlandet IL 1.49,30(37,81)		2.27,99	630
		1.11,49(37,91)			2.27,99(38,69)	
9	Magnus Klæboe Nordgård 34,36(34,36)	89	Tromsø SK 1.50,70(38,21)		2.29,41	612
		1.12,49(38,13)			2.29,41(38,71)	
10	Sigurd Ravnan 34,02(34,02)	91	Hamar IL 1.50,86(38,78)		2.29,87	606
		1.12,08(38,06)			2.29,87(39,01)	
11	Anders Tandberg 32,74(32,74)	90	Sarpsborg IL 1.49,52(39,35)		2.30,42	600
		1.10,17(37,43)			2.30,42(40,90)	
12	Martin Hals 33,50(33,50)	91	Øvre Eiker SK 1.50,97(39,11)		2.30,64	597
		1.11,86(38,36)			2.30,64(39,67)	

13	Erik Vassøy Olsen	91	Stavanger SC	2.31,35	589
	33,88(33,88)	1.11,82(37,94)	1.51,05(39,23)	2.31,35(40,30)	
14	Andreas Mathingsdal Pedersen	92	Farsund SK	2.34,98	548
	36,04(36,04)	1.15,34(39,30)	1.54,73(39,39)	2.34,98(40,25)	
15	Espen Halhjem	92	BS/Delfana	2.35,45	543
	34,57(34,57)	1.13,60(39,03)	1.54,62(41,02)	2.35,45(40,83)	
16	Andreas Linnerud	91	Bærumsvømmerne	2.37,40	523
	34,77(34,77)	1.13,84(39,07)	1.55,02(41,18)	2.37,40(42,38)	
17	Martin Lygre Eriksen	90	Bergens SC	2.37,92	518
	34,10(34,10)	1.13,16(39,06)	1.54,05(40,89)	2.37,92(43,87)	
18	Stian Bjørklund	90	Sørreisa SK	2.38,63	511
	34,84(34,84)	1.14,13(39,29)	1.55,56(41,43)	2.38,63(43,07)	
19	Markus Jonassen	92	Setermoen SK	2.42,82	473
	37,07(37,07)	1.18,87(41,80)	2.01,07(42,20)	2.42,82(41,75)	
	André Eide	89	Narvik SK	DISK	
	Kristoffer Meisler	90	Fauske SK	DISK	

## UM

1	Hans Kristian Andersen	93	Florø SLK	2.21,20	725
	32,46(32,46)	1.07,97(35,51)	1.44,63(36,66)	2.21,20(36,57)	
2	Hans Østerdal	93	Stavanger SC	2.24,95	670
	32,22(32,22)	1.08,92(36,70)	1.46,81(37,89)	2.24,95(38,14)	
3	Håvard Hole	93	Delfana	2.30,63	597
	33,26(33,26)	1.10,97(37,71)	1.50,71(39,74)	2.30,63(39,92)	
4	Markus Vindenes	94	Vestkantsvømmerne	2.30,94	594
	33,69(33,69)	1.12,17(38,48)	1.51,45(39,28)	2.30,94(39,49)	
5	Aleksander Sire	93	Modum SK	2.34,56	553
	33,02(33,02)	1.12,39(39,37)	1.52,92(40,53)	2.34,56(41,64)	
6	Robin H. Kleiven	93	Aalesund SLK	2.38,05	517
	35,64(35,64)	1.16,02(40,38)	1.57,17(41,15)	2.38,05(40,88)	
7	Martin Gundersen	93	IL Varg	2.38,63	511
	34,51(34,51)	1.15,25(40,74)	1.57,20(41,95)	2.38,63(41,43)	
8	Christopher Wolf	93	Vestbyen IL	2.44,34	460
	35,32(35,32)	1.16,10(40,78)	1.59,37(43,27)	2.44,34(44,97)	

## Øvelse 22. 50m butterfly, damer

## Junior

1	Victoria S. Løken	91	Team Stavanger	28,67	713
2	Maren Kristine Jansen	90	TS/Randaberg	28,72	709
3	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	29,31	667
4	Sara Pettersen	91	Fauske SK	29,55	651
5	Monica W. Johannessen	90	Karmøy SK	29,56	651
6	Cecilie W. Johannessen	90	Karmøy SK	29,61	647
7	Hanne Søfteland	92	BS/Delfana	29,69	642
8	Line Løvberg	91	Lambertseter SK/NTG	29,82	634
9	Guro Knutsen	91	Øvre Eiker SK	29,91	628
10	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG	30,13	614
11	Ina Kr. Pedersen	89	Sarpsborg IL	30,20	610
12	Julie Borgen	91	Sarpsborg IL	30,27	606
13	Ida Nordbø	89	TS/Madla SK	30,32	603
14	Kristine Mella	90	Bærumsvømmerne	30,37	600
15	Siv Fiske	92	Tromsø SK/NTG	30,40	598
16	Karoline Eriksen	92	Stavanger SC	30,42	597
17	Elisabeth Kristiansen	92	Haugesund SK	30,55	589
18	Elisabeth H. Svensson	91	Ski SK/NTG	30,83	573
19	Celine Kløvstad Farsund	91	IL Varg	31,03	562
20	Hanne Grue	90	Ullensakersv	31,32	547
21	Katinka Kvant	89	Arna SLK	31,35	545
22	Ingrid Hystad	92	Stord IL	31,55	535
23	Helene Eikeskog Burger	92	Kolbotn IL	31,72	526

## UM

1	Emilie N. Løvberg	95	Bærumsvømmerne	30,01	622
2	Mette Mellbye Larsen	95	Asker SK	30,28	605
3	Stine Vindenes	93	Vestkantsvømmerne	30,34	602
4	Stine Mjølhus Kristoffersen	93	TS/Frisinn	30,48	593
5	Eirin Arnesen	93	Bergens SC	30,51	592
5	Jacqueline Knutsson	93	Kongstensvømmerne	30,51	592
7	Lotte Thommesen	94	Poseidon	30,92	568
8	Caroline M. Mork	93	Stavanger SC	30,98	565
9	Ida Johansen	94	Øvre Eiker SK	31,34	546
10	Andrea Hestdal	94	Åstveit SK	31,50	538
11	Birgitte Elise Søfteland	94	Sarpsborg IL	31,69	528
12	Nora Næss	93	Haldens SK	31,75	525
13	Christiana Bjørkli	93	Trondheim SLK	32,46	491

## Øvelse 23. 4\*200m fri, herrer - UM

## UM

1	Kolbotn IL G1 jr.	JR	Kolbotn IL	8.26,77	583
		28,01(28,01)	59,33(31,32)		
	Johan Parker Nygård:	1.30,80(31,47)	2.02,04(31,24)	2.02,04	
		2.31,45(29,41)	3.04,23(32,78)		
	Erik Tobias Sollesnes:	3.38,26(34,03)	4.12,54(34,28)	2.10,50	
		4.43,57(31,03)	5.18,52(34,95)		
	Martin Næss Kjølholdt:	5.53,71(35,19)	6.27,54(33,83)	2.15,00	
		6.54,51(26,97)	7.24,74(30,23)		
	Martin Berger Oterholm:	7.55,87(31,13)	8.26,77(30,90)	1.59,23	
2	Stavanger SC G1 jr.	JR	Stavanger SC	8.27,74	580
		29,63(29,63)	1.02,56(32,93)		
	Christian Juvik:	1.35,43(32,87)	2.07,31(31,88)	2.07,31	
		2.35,49(28,18)	3.06,85(31,36)		
	Hans Østerdal:	3.39,47(32,62)	4.11,65(32,18)	2.04,34	
		4.41,15(29,50)	5.15,32(34,17)		
	Henrik Knudsen:	5.50,28(34,96)	6.23,01(32,73)	2.11,36	
		6.51,67(28,66)	7.24,04(32,37)		
	Fredrik K Hegdal:	7.56,01(31,97)	8.27,74(31,73)	2.04,73	
3	Delfana G1 jr.	JR	Delfana	8.30,08	572
		28,61(28,61)	1.01,21(32,60)		
	Marius Thorsø:	1.35,43(34,22)	2.09,42(33,99)	2.09,42	
		2.37,93(28,51)	3.09,92(31,99)		
	Håvard Hole:	3.42,58(32,66)	4.15,18(32,60)	2.05,76	
		4.45,68(30,50)	5.19,33(33,65)		
	Bård Løvik:	5.53,95(34,62)	6.28,61(34,66)	2.13,43	
		6.56,02(27,41)	7.26,47(30,45)		
	Øyvind L. Styrmo:	7.58,25(31,78)	8.30,08(31,83)	2.01,47	
4	Moss SK G1 jr.	JR	Moss SK	8.41,46	535
		29,35(29,35)	1.02,30(32,95)		
	Georg Horntvedt:	1.36,55(34,25)	2.10,65(34,10)	2.10,65	
		2.38,59(27,94)	3.12,47(33,88)		
	Dan Martin Gudbrandsen:	3.46,93(34,46)	4.20,52(33,59)	2.09,87	
		4.49,24(28,72)	5.22,27(33,03)		
	Fredrik Johansen Nielsen:	5.56,30(34,03)	6.30,13(33,83)	2.09,61	
		6.58,75(28,62)	7.31,74(32,99)		
	Stian Svingen Nilsson:	8.06,65(34,91)	8.41,46(34,81)	2.11,33	
5	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	8.47,71	516
		29,88(29,88)	1.02,12(32,24)		
	Håkon Brennhagen:	1.34,73(32,61)	2.07,62(32,89)	2.07,62	
		2.37,04(29,42)	3.09,75(32,71)		
	Ole Nævdal:	3.42,87(33,12)	4.15,41(32,54)	2.07,79	
		4.46,51(31,10)	5.21,07(34,56)		
	Jørgen Gundersen:	5.57,13(36,06)	6.32,74(35,61)	2.17,33	
		7.03,64(30,90)	7.38,08(34,44)		
	Sindre S. Løbersli:	8.13,19(35,11)	8.47,71(34,52)	2.14,97	

6	Vågsbygd SLK G1 jr.	JR	Vågsbygd SLK	9.04,81	469
	Tom Kaafjord:	31,26(31,26)	1.05,15(33,89)		
		1.40,77(35,62)	2.16,25(35,48)	2.16,25	
	Jan Morten Larsen:	2.48,63(32,38)	3.25,77(37,14)		
		4.04,25(38,48)	4.39,51(35,26)	2.23,26	
	Per Sigve Næss:	5.10,06(30,55)	5.44,30(34,24)		
		6.20,25(35,95)	6.54,01(33,76)	2.14,50	
	Preben Robstad:	7.22,86(28,85)	7.56,75(33,89)		
		8.32,19(35,44)	9.04,81(32,62)	2.10,80	
7	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	9.23,10	425
	Kristian Blummenfelt:	32,09(32,09)	1.07,97(35,88)		
		1.43,98(36,01)	2.19,44(35,46)	2.19,44	
	Andreas Reinertsen:	2.51,57(32,13)	3.27,62(36,05)		
		4.05,01(37,39)	4.40,26(35,25)	2.20,82	
	Gjermund Fure Johansen:	5.13,35(33,09)	5.52,12(38,77)		
		6.31,87(39,75)	7.11,42(39,55)	2.31,16	
	Markus Vindenes:	7.41,21(29,79)	8.14,91(33,70)		
		8.49,26(34,35)	9.23,10(33,84)	2.11,68	
8	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	10.18,96	320
	Marius Rognøy:	34,29(34,29)	1.12,98(38,69)		
		1.53,55(40,57)	2.33,97(40,42)	2.33,97	
	Anders Grasdahl:	3.06,72(32,75)	3.43,95(37,23)		
		4.22,44(38,49)	5.00,68(38,24)	2.26,71	
	Lars Haga Bringeland:	5.35,92(35,24)	6.14,80(38,88)		
		6.55,56(40,76)	7.34,63(39,07)	2.33,95	
	Erlend Kjærgård:	8.10,82(36,19)	8.52,86(42,04)		
		9.36,80(43,94)	10.18,96(42,16)	2.44,33	

## Øvelse 24. 4\*100m fri, damer - UM

## UM

1	Bærumsv J1 jr.	JR	Bærumsvømmerne	4.07,46	665
	Maria Bølgen:	29,79(29,79)	1.01,04(31,25)	1.01,04	
	Emilie N. Løvberg:	1.29,77(28,73)	2.01,88(32,11)	1.00,84	
	Kjersti Dalen:	2.32,53(30,65)	3.06,25(33,72)	1.04,37	
	Andrea Westbye:	3.35,08(28,83)	4.07,46(32,38)	1.01,21	
2	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	4.11,77	631
	Stine Vindenes:	30,57(30,57)	1.02,97(32,40)	1.02,97	
	Marthe Helene Haganæs:	1.32,44(29,47)	2.04,82(32,38)	1.01,85	
	Marie Reinertsen:	2.34,22(29,40)	3.07,75(33,53)	1.02,93	
	Juni Rugland:	3.37,22(29,47)	4.11,77(34,55)	1.04,02	
3	Bergens SLK J1 jr.	JR	Bergens SLK	4.12,74	624
	Karoline Pedersen:	29,50(29,50)	1.00,91(31,41)	1.00,91	
	Aslaug Marie Hjelmaas:	1.29,82(28,91)	2.02,44(32,62)	1.01,53	
	Kaja Bremer:	2.32,31(29,87)	3.04,32(32,01)	1.01,88	
	Elna Luice Bønes:	3.35,96(31,64)	4.12,74(36,78)	1.08,42	
4	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	4.16,44	597
	Ida Johansen:	30,37(30,37)	1.03,40(33,03)	1.03,40	
	Fanny Moen Pettersen:	1.34,81(31,41)	2.09,55(34,74)	1.06,15	
	Mari Knutsen:	2.40,25(30,70)	3.15,33(35,08)	1.05,78	
	Stine Lise Stenseth:	3.44,08(28,75)	4.16,44(32,36)	1.01,11	
5	Asker SK J1 jr.	JR	Asker SK	4.16,77	595
	Marte K. Bolstad:	30,64(30,64)	1.03,86(33,22)	1.03,86	
	Rikke Amalie Nagell-Kleven:	1.34,18(30,32)	2.08,68(34,50)	1.04,82	
	Vilde Sødem Karlsen:	2.39,85(31,17)	3.14,78(34,93)	1.06,10	
	Mette Mellbye Larsen:	3.43,73(28,95)	4.16,77(33,04)	1.01,99	
6	Trondheim SLK J1 jr.	JR	Trondheim SLK	4.19,77	574
	Christiana Bjørkli:	31,17(31,17)	1.04,97(33,80)	1.04,97	
	Stine Tveit:	1.35,25(30,28)	2.08,89(33,64)	1.03,92	
	Malin Schanke Tømmervik:	2.40,69(31,80)	3.15,44(34,75)	1.06,55	
	Julie Hegvik:	3.45,97(30,53)	4.19,77(33,80)	1.04,33	
7	Delfana J1 jr.	JR	Delfana	4.20,19	572
	Lise Sand Syversen:	30,40(30,40)	1.03,49(33,09)	1.03,49	
	Helene Thunes Truyen:	1.33,44(29,95)	2.05,79(32,35)	1.02,30	
	Johanne G. Skaaland:	2.37,30(31,51)	3.11,39(34,09)	1.05,60	
	Michelle Angell:	3.43,37(31,98)	4.20,19(36,82)	1.08,80	

8	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	4.20,43	570
	Sara N. Gjelsvik:	31,23(31,23)	1.04,27(33,04)	1.04,27	
	Marie Øverland:	1.34,14(29,87)	2.08,33(34,19)	1.04,06	
	Ida Louise G. Borlaug:	2.39,79(31,46)	3.13,63(33,84)	1.05,30	
	Malin Dahle:	3.44,41(30,78)	4.20,43(36,02)	1.06,80	
9	Aalesunds SLK J1 jr.	JR	Aalesund SLK	4.22,95	554
	Veronica Orheim Bjørlykke:	29,87(29,87)	1.03,03(33,16)	1.03,03	
	Julie Hjellbakk Pettersen:	1.34,92(31,89)	2.09,97(35,05)	1.06,94	
	Kristin Vegsund Klungreseth:	2.41,66(31,69)	3.17,27(35,61)	1.07,30	
	Gerd Anne Solibakke:	3.47,90(30,63)	4.22,95(35,05)	1.05,68	
10	Bergens SC J1 jr.	JR	Bergens SC	4.23,16	552
	Eirin Arnesen:	31,26(31,26)	1.04,67(33,41)	1.04,67	
	Hedvig Hjertaker:	1.34,67(30,00)	2.08,52(33,85)	1.03,85	
	Eli Kristin Ølmheim:	2.39,26(30,74)	3.14,84(35,58)	1.06,32	
	Martha Maria Songstad:	3.46,84(32,00)	4.23,16(36,32)	1.08,32	
11	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	4.25,78	536
	Mette Aas:	32,68(32,68)	1.10,71(38,03)	1.10,71	
	Jeanette Erlandsen:	1.40,27(29,56)	2.13,04(32,77)	1.02,33	
	Ida Arnøy:	2.45,95(32,91)	3.20,89(34,94)	1.07,85	
	Aurora Brandtzæg:	3.52,19(31,30)	4.25,78(33,59)	1.04,89	
12	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	4.30,93	506
	Christiane Sandbye:	32,04(32,04)	1.07,43(35,39)	1.07,43	
	Marie Svensson:	1.39,77(32,34)	2.14,91(35,14)	1.07,48	
	Christina Dahl:	2.47,14(32,23)	3.22,76(35,62)	1.07,85	
	Pernille Mørch:	3.55,40(32,64)	4.30,93(35,53)	1.08,17	
13	Vestkantsv. J3 jr.	JR	Vestkantsvømmerne	4.45,14	434
	Mirabelle Breidvik:	33,35(33,35)	1.09,88(36,53)	1.09,88	
	Andrea Strømsnes:	1.41,50(31,62)	2.17,13(35,63)	1.07,25	
	Lena Quam Berland:	2.52,02(34,89)	3.29,79(37,77)	1.12,66	
	Sandra Vabø:	4.04,83(35,04)	4.45,14(40,31)	1.15,35	
14	Bergens SC J2 jr.	JR	Bergens SC	4.47,57	423
	Henriette Dahl:	33,61(33,61)	1.10,34(36,73)	1.10,34	
	Demi Coudray:	1.45,36(35,02)	2.24,28(38,92)	1.13,94	
	Charlotte H. Thorsen:	2.58,11(33,83)	3.36,76(38,65)	1.12,48	
	Sara Petrine Veierød:	4.10,32(33,56)	4.47,57(37,25)	1.10,81	
	Madla SK J1 jr.	JR	Madla SK	DISK	
	Line Nilsson:	30,87(30,87)	1.05,64(34,77)	1.05,64	
	Christine Arcander:	1.36,12(30,48)	2.11,15(35,03)	1.05,51	
	Mari Mjølhus Kristoffersen:	2.42,50(31,35)	3.18,06(35,56)	1.06,91	
	Maren Larsen:				
	Lambertseter SK J1 jr.	JR	Lambertseter SK	DISK	
	Pia Cornelia Braarud:	29,44(29,44)	1.00,39(30,95)	1.00,39	
	Julie Rønningsen:	1.30,18(29,79)	2.03,85(33,67)	1.03,46	
	Luna Elisabeth Sjøgaard:	2.33,66(29,81)	3.05,97(32,31)	1.02,12	
	Eirin Jakobsen Avlund:				
	Haldens SK J1 jr.	JR	Haldens SK	DISK	
	Oda Haagensen:				
	Anne Helene Bakke:				
	Emilie Olafsrud:				
	Nora Næss:				

## Fredag 28. november 2008 kl 17.00 - Finaler

### Øvelse 13. 4\*50m lag medley, herrer - Junior

#### Junior

1	Bærumsv G1 jr. Tor Hafnor: Sebastian Wigstrøm: Christer Koch Kvam: Øystein R. Hetland:	JR	Bærumsvømmerne	(0,70)	1.44,78	745	NJR
2	Bergensv. G1 jr. Even Vike Holm: Marcus Tesdal: Sindri T. Jakobsson: Zoltan Csernai:	JR	Bergensvømmerne	(0,77)	1.45,06	739	
3	Lambertseter SK G1 jr. Stian Andreas Evja: Mikael Bergene: Sindre Eilertsen: Christian Thorsen:	JR	Lambertseter SK	(0,71)	1.48,19	677	
4	Team Stavanger G1 jr. Eirik Ramstad: Erling Mjøs Brattelid: Ole Martin Ree: Bjarte Ravndal:	JR	Team Stavanger	(0,61)	1.49,11	660	
5	Bergens SC G1 jr. Lavrans Solli: Martin Lygre Eriksen: Stian S. Langeland: Sindre Mowatt Gruben:	JR	Bergens SC	(0,68)	1.50,23	640	
6	Bærumsv G2 jr. Vegard Løvberg: Andreas Linnerud: Carl Andreas Wathne: Stian Werner Erichsen:	JR	Bærumsvømmerne	(0,78)	1.51,00	626	
7	Hamar IL G1 jr. Martin Skramstad: Sigurd Ravnann: Jonas Kirkeberg Jostad: Daniel Stokke Pettersen:	JR	Hamar IL	(0,64)	1.52,55	601	
8	Florø SLK G1 jr. Simen Andreassen: Hans Kristian Andersen: Mathias Sørstrand Æsøy: Kristoffer D. Birkeland:	JR	Florø SLK	(0,83)	1.52,72	598	
9	Sandnes SLK G1 jr. Joar Skien Grannes: Petter Ledsaak: Thor Helge Billington: Erik William Ravndal:	JR	Sandnes SLK	(0,74)	1.52,89	595	
10	Stavanger SC G1 jr. Per Øystein Turøy: Hans Østerdal: Christian Juvik: Henning S. Pryde:	JR	Stavanger SC	(0,74)	1.52,98	594	
11	Bergensv. G2 jr. Eirik Runningen: Simen Dale: Sebastian Stordal: Espen Halhjem:	JR	Bergensvømmerne	(0,60)	1.53,49	586	
12	Asker SK G1 jr. Kristoffer Skribeland: Patrik Bubilek: Jan Aleksander Bakke: Eirik Standal Thoresen:	JR	Asker SK	(0,73)	1.53,72	582	

13	Larvik SK G1 jr.	JR	Larvik SK	(0,58)	1.54,38	572
	Jørgen Aagaard-Nilsen Wiik:	29,60(29,60)				
	Peder T. Haagensli:	1.02,04(32,44)				
	Aksel B. Lindhjem:	1.29,29(27,25)				
	Geir T. Kristiansen:	1.54,38(25,09)				
14	IL Varg G1 jr.	JR	IL Varg	(0,81)	1.55,78	552
	Martin Gundersen:	31,83(31,83)				
	Antonis Xepapadakis:	1.02,68(30,85)				
	Jan-Tore Jessen Eikrem:	1.29,91(27,23)				
	Odin Spangen Normann:	1.55,78(25,87)				
15	Vestbyen IL G1 jr.	JR	Vestbyen IL	(0,68)	1.56,04	548
	Emil Brennløkken:	28,42(28,42)				
	Christopher Wolf:	1.02,17(33,75)				
	Sigvart Evjen:	1.30,99(28,82)				
	Per Alexander Fladvad:	1.56,04(25,05)				
16	Oslo IL G1 jr.	JR	Oslo IL	(0,69)	1.59,49	502
	Lars Nymoen:	30,54(30,54)				
	Jon Erik Sønning:	1.04,32(33,78)				
	Henning Kaland:	1.32,29(27,97)				
	Zakarias Nouri:	1.59,49(27,20)				
17	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(0,65)	2.00,13	494
	Kristoffer Brekke:	30,47(30,47)				
	Markus Vindenes:	1.02,51(32,04)				
	Joachim Jakobsen:	1.30,39(27,88)				
	Gjermund Fure Johansen:	2.00,13(29,74)				
18	Elverum IL G1 jr.	JR	Elverum Svømming	(0,48)	2.00,58	489
	Eirik B. Lund:	31,72(31,72)				
	Christian Sunde:	1.04,30(32,58)				
	Gunnar V. Skirbekk:	1.33,57(29,27)				
	Ingvar V. Skirbekk:	2.00,58(27,01)				
19	Delfana G1 jr.	JR	Delfana	(0,68)	2.00,69	487
	Øyvind L. Styrmo:	30,28(30,28)				
	Håvard Hole:	1.02,27(31,99)				
	Jarle Drange:	1.33,68(31,41)				
	Markus Heimdal:	2.00,69(27,01)				
20	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	(0,67)	2.01,34	479
	Håkon Brennhaugen:	32,04(32,04)				
	William Dahl:	1.05,82(33,78)				
	Sindre S. Løbersli:	1.34,63(28,81)				
	Ole Nævdal:	2.01,34(26,71)				
21	Arna SLK G1 jr.	JR	Arna SLK	(0,63)	2.01,84	474
	Vetle Steffensen:	33,90(33,90)				
	Martin Steffensen:	1.04,49(30,59)				
	Eirik H. Wallevik:	1.35,50(31,01)				
	Simon Thunestvedt:	2.01,84(26,34)				
22	Bergens SLK G1 jr.	JR	Bergens SLK	(0,60)	2.02,91	461
	Anders Færø:	31,62(31,62)				
	Christopher Williams:	1.03,38(31,76)				
	Anders Hjelmaas:	1.36,99(33,61)				
	Sven Berg:	2.02,91(25,92)				
23	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,57)	2.03,36	456
	Vebjørn Lindhjem:	31,87(31,87)				
	Kjetil Flatland:	1.06,57(34,70)				
	Tore Skauge Bysting:	1.35,26(28,69)				
	Jarl André Bergsvenkerud:	2.03,36(28,10)				
24	Ski SK G1 jr.	JR	Ski SK	(0,70)	2.05,53	433
	Einar Norum:	34,08(34,08)				
	Thomas W. Kristiansen:	1.04,60(30,52)				
	Kristian Bjelbøle Bakken:	1.36,71(32,11)				
	Sven Peder Oseth:	2.05,53(28,82)				
25	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	(0,83)	2.15,68	343
	Anders Grasdahl:	36,51(36,51)				
	Andreas Reinertsen:	1.13,77(37,26)				
	Vedbjørn Arne J. Aasheim:	1.46,19(32,42)				
	Kristian Blummenfelt:	2.15,68(29,49)				

## Øvelse 14. 800m fri, damer - Direkte finale

## UM

1	Eva Marie W. Østerhus	94	TS/Madla SK	9.06,32	753
	31,38(31,38)	1.05,08(33,70)	1.39,04(33,96)	2.13,63(34,59)	
	2.48,34(34,71)	3.23,36(35,02)	3.58,28(34,92)	4.32,95(34,67)	
	5.07,52(34,57)	5.42,07(34,55)	6.16,77(34,70)	6.51,37(34,60)	
	7.25,55(34,18)	7.59,63(34,08)	8.33,36(33,73)	9.06,32(32,96)	
2	Lise Sand Syversen	95	Delfana	9.16,37	713
	32,25(32,25)	1.07,19(34,94)	1.42,42(35,23)	2.17,95(35,53)	
	2.53,44(35,49)	3.28,96(35,52)	4.03,89(34,93)	4.38,45(34,56)	
	5.13,10(34,65)	5.48,11(35,01)	6.23,00(34,89)	6.58,03(35,03)	
	7.33,12(35,09)	8.08,10(34,98)	8.43,81(35,71)	9.16,37(32,56)	
3	Hanne Lockertsen	94	Tromsø SK	9.20,68	696
	32,87(32,87)	1.08,48(35,61)	1.43,56(35,08)	2.18,96(35,40)	
	2.54,06(35,10)	3.29,17(35,11)	4.04,39(35,22)	4.39,42(35,03)	
	5.14,51(35,09)	5.49,45(34,94)	6.24,61(35,16)	7.00,03(35,42)	
	7.35,39(35,36)	8.10,90(35,51)	8.46,37(35,47)	9.20,68(34,31)	
4	Karoline Pedersen	94	Bergens SLK	9.28,02	670
	32,08(32,08)	1.06,89(34,81)	1.42,19(35,30)	2.17,76(35,57)	
	2.53,42(35,66)	3.28,99(35,57)	4.04,16(35,17)	4.39,86(35,70)	
	5.15,46(35,60)	5.51,51(36,05)	6.27,69(36,18)	7.03,89(36,20)	
	7.40,33(36,44)	8.16,69(36,36)	8.52,83(36,14)	9.28,02(35,19)	
5	Andrea Westbye	95	Bærumsvømmerne	9.44,10	616
	32,92(32,92)	1.08,58(35,66)	1.45,40(36,82)	2.22,36(36,96)	
	2.59,59(37,23)	3.36,66(37,07)	4.13,63(36,97)	4.50,46(36,83)	
	5.26,97(36,51)	6.03,95(36,98)	6.41,04(37,09)	7.18,04(37,00)	
	7.54,37(36,33)	8.31,00(36,63)	9.08,48(37,48)	9.44,10(35,62)	
6	Julie Rønningesen	94	Lambertseter SK	9.55,65	581
	32,94(32,94)	1.09,96(37,02)	1.47,42(37,46)	2.24,77(37,35)	
	3.01,92(37,15)	3.40,11(38,19)	4.18,17(38,06)	4.55,97(37,80)	
	5.33,61(37,64)	6.11,72(38,11)	6.49,44(37,72)	7.27,27(37,83)	
	8.04,86(37,59)	8.42,64(37,78)	9.20,20(37,56)	9.55,65(35,45)	
7	Stine Lise Stenseth	94	Øvre Eiker SK	9.57,59	575
	33,03(33,03)	1.08,77(35,74)	1.45,60(36,83)	2.22,64(37,04)	
	3.00,02(37,38)	3.37,39(37,37)	4.14,83(37,44)	4.52,79(37,96)	
	5.30,97(38,18)	6.08,78(37,81)	6.46,82(38,04)	7.25,05(38,23)	
	8.03,62(38,57)	8.41,97(38,35)	9.20,17(38,20)	9.57,59(37,42)	
8	Anna Forsstrøm	94	Haldens SK	10.04,29	556
	33,68(33,68)	1.11,41(37,73)	1.49,31(37,90)	2.27,16(37,85)	
	3.05,27(38,11)	3.44,01(38,74)	4.22,47(38,46)	5.00,46(37,99)	
	5.38,41(37,95)	6.17,03(38,62)	6.55,57(38,54)	7.34,25(38,68)	
	8.12,64(38,39)	8.50,25(37,61)	9.27,80(37,55)	10.04,29(36,49)	
	Susann Bjørnsen	93	Setermoen SK	DISK	

## Junior

1	Elin Slaatmo	92	Hamar IL	8.48,24	833
	30,62(30,62)	1.02,93(32,31)	1.35,71(32,78)	2.09,02(33,31)	
	2.42,11(33,09)	3.15,55(33,44)	3.49,04(33,49)	4.22,19(33,15)	
	4.55,78(33,59)	5.29,10(33,32)	6.02,74(33,64)	6.36,67(33,93)	
	7.10,33(33,66)	7.43,80(33,47)	8.17,09(33,29)	8.48,24(31,15)	
2	Ingrid N. Knutzen	91	Lambertseter SK/NTG	9.05,09	758
	30,94(30,94)	1.04,12(33,18)	1.37,91(33,79)	2.12,25(34,34)	
	2.46,71(34,46)	3.21,11(34,40)	3.55,64(34,53)	4.29,93(34,29)	
	5.04,26(34,33)	5.38,77(34,51)	6.13,33(34,56)	6.48,39(35,06)	
	7.22,63(34,24)	7.57,34(34,71)	8.31,60(34,26)	9.05,09(33,49)	
3	Eva Marie W. Østerhus	94	TS/Madla SK	9.06,32	753
	31,38(31,38)	1.05,08(33,70)	1.39,04(33,96)	2.13,63(34,59)	
	2.48,34(34,71)	3.23,36(35,02)	3.58,28(34,92)	4.32,95(34,67)	
	5.07,52(34,57)	5.42,07(34,55)	6.16,77(34,70)	6.51,37(34,60)	
	7.25,55(34,18)	7.59,63(34,08)	8.33,36(33,73)	9.06,32(32,96)	
4	Siri Anette Sønju	92	Øvre Eiker SK	9.14,81	719
	30,99(30,99)	1.05,03(34,04)	1.39,72(34,69)	2.14,51(34,79)	
	2.49,39(34,88)	3.24,27(34,88)	3.59,44(35,17)	4.34,83(35,39)	
	5.09,85(35,02)	5.44,87(35,02)	6.20,02(35,15)	6.55,12(35,10)	
	7.30,34(35,22)	8.05,65(35,31)	8.41,02(35,37)	9.14,81(33,79)	

5	Lise Sand Syversen	95	Delfana	9.16,37	713
	32,25(32,25)	1.07,19(34,94)	1.42,42(35,23)	2.17,95(35,53)	
	2.53,44(35,49)	3.28,96(35,52)	4.03,89(34,93)	4.38,45(34,56)	
	5.13,10(34,65)	5.48,11(35,01)	6.23,00(34,89)	6.58,03(35,03)	
	7.33,12(35,09)	8.08,10(34,98)	8.43,81(35,71)	9.16,37(32,56)	
6	Hanne Lockertsen	94	Tromsø SK	9.20,68	696
	32,87(32,87)	1.08,48(35,61)	1.43,56(35,08)	2.18,96(35,40)	
	2.54,06(35,10)	3.29,17(35,11)	4.04,39(35,22)	4.39,42(35,03)	
	5.14,51(35,09)	5.49,45(34,94)	6.24,61(35,16)	7.00,03(35,42)	
	7.35,39(35,36)	8.10,90(35,51)	8.46,37(35,47)	9.20,68(34,31)	
7	Andrea Haugstad	92	Vestkantsvømmerne	9.20,90	696
	32,42(32,42)	1.07,42(35,00)	1.42,58(35,16)	2.17,89(35,31)	
	2.53,45(35,56)	3.28,60(35,15)	4.03,62(35,02)	4.38,91(35,29)	
	5.14,08(35,17)	5.49,77(35,69)	6.25,43(35,66)	7.00,93(35,50)	
	7.36,35(35,42)	8.11,84(35,49)	8.47,11(35,27)	9.20,90(33,79)	
8	Katrine Ekstang	92	Setermoen SK	9.24,23	683
	32,25(32,25)	1.07,24(34,99)	1.43,16(35,92)	2.19,08(35,92)	
	2.54,71(35,63)	3.30,38(35,67)	4.05,79(35,41)	4.41,36(35,57)	
	5.17,28(35,92)	5.52,83(35,55)	6.28,36(35,53)	7.04,26(35,90)	
	7.40,03(35,77)	8.15,67(35,64)	8.50,20(34,53)	9.24,23(34,03)	
9	Karoline Pedersen	94	Bergens SLK	9.28,02	670
	32,08(32,08)	1.06,89(34,81)	1.42,19(35,30)	2.17,76(35,57)	
	2.53,42(35,66)	3.28,99(35,57)	4.04,16(35,17)	4.39,86(35,70)	
	5.15,46(35,60)	5.51,51(36,05)	6.27,69(36,18)	7.03,89(36,20)	
	7.40,33(36,44)	8.16,69(36,36)	8.52,83(36,14)	9.28,02(35,19)	
10	Victoria Rung	92	TS/Frisinn	9.32,13	655
	33,03(33,03)	1.08,55(35,52)	1.44,42(35,87)	2.20,28(35,86)	
	2.56,46(36,18)	3.32,51(36,05)	4.08,77(36,26)	4.45,04(36,27)	
	5.21,13(36,09)	5.57,52(36,39)	6.33,86(36,34)	7.10,15(36,29)	
	7.46,13(35,98)	8.22,18(36,05)	8.58,04(35,86)	9.32,13(34,09)	
11	Marthe Berg Sørensen	92	TS/Frisinn	9.36,88	639
	32,96(32,96)	1.08,36(35,40)	1.44,33(35,97)	2.20,62(36,29)	
	2.56,97(36,35)	3.33,22(36,25)	4.09,32(36,10)	4.45,91(36,59)	
	5.22,09(36,18)	5.58,55(36,46)	6.35,25(36,70)	7.11,98(36,73)	
	7.48,74(36,76)	8.25,52(36,78)	9.01,73(36,21)	9.36,88(35,15)	
12	Andrea Westbye	95	Bærumsvømmerne	9.44,10	616
	32,92(32,92)	1.08,58(35,66)	1.45,40(36,82)	2.22,36(36,96)	
	2.59,59(37,23)	3.36,66(37,07)	4.13,63(36,97)	4.50,46(36,83)	
	5.26,97(36,51)	6.03,95(36,98)	6.41,04(37,09)	7.18,04(37,00)	
	7.54,37(36,33)	8.31,00(36,63)	9.08,48(37,48)	9.44,10(35,62)	
13	Inger-Cathrine Wium	92	Øvre Eiker SK	9.47,38	606
	33,17(33,17)	1.09,31(36,14)	1.46,12(36,81)	2.23,25(37,13)	
	3.00,68(37,43)	3.38,24(37,56)	4.15,57(37,33)	4.53,00(37,43)	
	5.30,01(37,01)	6.06,86(36,85)	6.44,08(37,22)	7.21,20(37,12)	
	7.57,78(36,58)	8.34,84(37,06)	9.11,37(36,53)	9.47,38(36,01)	
14	Julie Rønningsen	94	Lambertseter SK	9.55,65	581
	32,94(32,94)	1.09,96(37,02)	1.47,42(37,46)	2.24,77(37,35)	
	3.01,92(37,15)	3.40,11(38,19)	4.18,17(38,06)	4.55,97(37,80)	
	5.33,61(37,64)	6.11,72(38,11)	6.49,44(37,72)	7.27,27(37,83)	
	8.04,86(37,59)	8.42,64(37,78)	9.20,20(37,56)	9.55,65(35,45)	
15	Stine Lise Stenseth	94	Øvre Eiker SK	9.57,59	575
	33,03(33,03)	1.08,77(35,74)	1.45,60(36,83)	2.22,64(37,04)	
	3.00,02(37,38)	3.37,39(37,37)	4.14,83(37,44)	4.52,79(37,96)	
	5.30,97(38,18)	6.08,78(37,81)	6.46,82(38,04)	7.25,05(38,23)	
	8.03,62(38,57)	8.41,97(38,35)	9.20,17(38,20)	9.57,59(37,42)	
16	Emilie Vora	91	Bærumsvømmerne	9.59,63	569
	33,44(33,44)	1.09,94(36,50)	1.46,90(36,96)	2.23,98(37,08)	
	3.01,59(37,61)	3.39,11(37,52)	4.16,89(37,78)	4.54,81(37,92)	
	5.32,61(37,80)	6.10,62(38,01)	6.49,38(38,76)	7.27,53(38,15)	
	8.05,97(38,44)	8.44,11(38,14)	9.22,44(38,33)	9.59,63(37,19)	
17	Anna Forsstrøm	94	Haldens SK	10.04,29	556
	33,68(33,68)	1.11,41(37,73)	1.49,31(37,90)	2.27,16(37,85)	
	3.05,27(38,11)	3.44,01(38,74)	4.22,47(38,46)	5.00,46(37,99)	
	5.38,41(37,95)	6.17,03(38,62)	6.55,57(38,54)	7.34,25(38,68)	
	8.12,64(38,39)	8.50,25(37,61)	9.27,80(37,55)	10.04,29(36,49)	
18	Guro Knutsen	91	Øvre Eiker SK	10.05,08	554
	33,08(33,08)	1.09,54(36,46)	1.46,91(37,37)	2.24,83(37,92)	
	3.02,78(37,95)	3.41,04(38,26)	4.19,21(38,17)	4.57,53(38,32)	
	5.35,90(38,37)	6.14,90(39,00)	6.53,64(38,74)	7.32,21(38,57)	
	8.11,00(38,79)	8.49,81(38,81)	9.28,56(38,75)	10.05,08(36,52)	
	Susann Bjørnsen	93	Setermoen SK	DISK	

**Øvelse 15. 400m fri, herrer - Finale****Junior**

1	Jørn Nygård	92	Stavanger SC	3.58,60	774
	27,24(27,24)	56,75(29,51)	1.26,13(29,38)	1.56,45(30,32)	
	2.26,92(30,47)	2.58,29(31,37)	3.29,88(31,59)	3.58,60(28,72)	
2	Christer Koch Kvam	90	Bærum/NTG	3.58,91	771
	28,00(28,00)	58,23(30,23)	1.28,67(30,44)	1.59,50(30,83)	
	2.29,54(30,04)	3.00,12(30,58)	3.30,05(29,93)	3.58,91(28,86)	
3	Sindre Nilo	90	Sandefjord SK/NTG	4.03,85	725
	27,58(27,58)	57,71(30,13)	1.28,33(30,62)	1.59,35(31,02)	
	2.30,62(31,27)	3.02,11(31,49)	3.33,78(31,67)	4.03,85(30,07)	
4	Ole Martin Ree	92	TS/Sola SK	4.04,37	720
	27,98(27,98)	58,15(30,17)	1.28,76(30,61)	1.59,90(31,14)	
	2.31,17(31,27)	3.02,60(31,43)	3.34,26(31,66)	4.04,37(30,11)	
5	Elias Damman	89	Bærumsvømmerne	4.07,45	694
	28,78(28,78)	59,05(30,27)	1.30,20(31,15)	2.01,49(31,29)	
	2.33,07(31,58)	3.04,75(31,68)	3.36,59(31,84)	4.07,45(30,86)	
6	Bjarte Ravndal	91	TS/Sola SK	4.10,57	668
	28,30(28,30)	59,89(31,59)	1.32,38(32,49)	2.04,50(32,12)	
	2.35,78(31,28)	3.07,45(31,67)	3.39,36(31,91)	4.10,57(31,21)	
7	Zoltan Csernai	93	BS/Åstveit	4.14,17	640
	28,45(28,45)	59,64(31,19)	1.31,53(31,89)	2.03,93(32,40)	
	2.36,41(32,48)	3.08,96(32,55)	3.41,78(32,82)	4.14,17(32,39)	

**Øvelse 16. 50m bryst, damer - Finale****Junior**

1	Iselin Meisler	90	Fauske SK	33,24	758
2	Stine Vindenes	93	Vestkantsvømmerne	34,10	702
3	Karin Ekholt	89	Bærumsvømmerne	34,15	699
4	Maria Farestvedt	90	BS/Åstveit	34,22	694
5	Siri Eva Kristiansen	93	Asker SK	34,44	681
6	Kristine Mella	90	Bærumsvømmerne	34,46	680
7	Sophia Broberg Skeltved	92	Tromsø SK/NTG	34,87	656

**Funksjonshemmede**

1	Tonje Immerstein	89	Sandnes SLK	45,01	305	SB9 116,67 %
2	Ingrid Djupskås	89	Asker SK	58,65	138	SB7 132,48 %
3	Hanne Farestvedt	93	Åstveit SK	50,43	217	SB14 137 %

**Øvelse 17. 50m rygg, herrer - Finale****Junior**

1	Sverre Næss	92	Sarpsborg IL	(0,65)	26,49	711	NJR
2	Mikael Bergene	91	Lambertseter SK	(0,58)	26,60	702	
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,69)	26,97	674	
4	Lavrans Solli	92	Bergens SC	(0,63)	27,36	645	
4	Marcus Tesdal	90	BS/Åstveit	(0,75)	27,36	645	
6	Alexander B. Havre	90	Mandal SK	(0,86)	27,93	607	
7	Even Vike Holm	90	BS/Arna	(0,79)	27,94	606	

**Øvelse 18. 200m individuell medley, damer - Finale****Junior**

1	Karoline Brudvik Sanderud 29,75(29,75)	89	Hamar IL	2.16,60	848
		1.05,41(35,66)	1.43,68(38,27)	2.16,60(32,92)	
2	Ina Marleen Holm 29,70(29,70)	90	TS/Madla SK	2.18,50	814
		1.05,90(36,20)	1.45,85(39,95)	2.18,50(32,65)	
3	Trine Austrøne Olsen 30,86(30,86)	90	Fauske SK	2.21,76	759
		1.07,06(36,20)	1.47,60(40,54)	2.21,76(34,16)	
4	Maria Gullvåg Aasen 30,91(30,91)	92	Kristiansand SA/NTG	2.25,26	705
		1.06,91(36,00)	1.50,58(43,67)	2.25,26(34,68)	
5	Nora Kathrine Guthe 32,15(32,15)	91	Asker SK	2.25,64	700
		1.08,49(36,34)	1.51,86(43,37)	2.25,64(33,78)	
6	Oona Ovesen 31,93(31,93)	92	Elverum Svømming	2.26,04	694
		1.08,65(36,72)	1.53,01(44,36)	2.26,04(33,03)	
7	Bitte Fagermo 32,43(32,43)	93	Narvik SK	2.27,59	672
		1.11,11(38,68)	1.51,81(40,70)	2.27,59(35,78)	

**Øvelse 19. 100m butterfly, herrer - Finale****Junior**

1	Øystein R. Hetland 25,10(25,10)	89	Bærumsvømmerne	55,23	782	NJR
		55,23(30,13)				
2	Stian S. Langeland 26,16(26,16)	89	Bergens SC	55,74	761	
		55,74(29,58)				
3	Sindri T. Jakobsson 26,12(26,12)	91	BS/Delfana	55,77	759	
		55,77(29,65)				
4	Mattis Saghaug 25,94(25,94)	90	IL Varg/NTG	55,92	753	
		55,92(29,98)				
5	Christer Koch Kvam 26,30(26,30)	90	Bærum/NTG	56,68	723	
		56,68(30,38)				
6	John Hage Gaarder 27,18(27,18)	89	Lørenskog/Rælingen	59,43	627	
		59,43(32,25)				
7	Alexander B. Havre 27,16(27,16)	90	Mandal SK	59,46	626	
		59,46(32,30)				

**Øvelse 20. 200m rygg, damer - Finale****Junior**

1	Gina B. Andersen 32,93(32,93)	90	Skjetten Svømming/NTG(0,78)	2.17,34	761
		1.07,56(34,63)	1.42,39(34,83)	2.17,34(34,95)	
2	Elisabeth H. Svensson 33,35(33,35)	91	Ski SK/NTG	2.19,94	720
		1.09,74(36,39)	1.45,85(36,11)	2.19,94(34,09)	
3	Iselin Mjølner Dahlen 33,36(33,36)	92	Skjetten Svømming/NTG(0,79)	2.21,23	700
		1.08,84(35,48)	1.45,29(36,45)	2.21,23(35,94)	
4	Jacqueline Knutsson 33,05(33,05)	93	Kongstensvømmerne	2.24,14	658
		1.09,45(36,40)	1.47,16(37,71)	2.24,14(36,98)	
5	Oona Ovesen 34,72(34,72)	92	Elverum Svømming	2.25,56	639
		1.11,94(37,22)	1.49,11(37,17)	2.25,56(36,45)	
6	Seline Vike Holm 33,57(33,57)	92	Arna SLK	2.25,85	636
		1.10,16(36,59)	1.47,81(37,65)	2.25,85(38,04)	
7	Veronica Orheim Bjørlykke 33,84(33,84)	94	Aalesund SLK	2.28,77	599
		1.11,45(37,61)	1.50,27(38,82)	2.28,77(38,50)	

**Øvelse 21. 200m bryst, herrer - Finale****Junior**

1	Sverre Næss	92	Sarpsborg IL	2.16,57	802
	30,33(30,33)	1.05,05(34,72)	1.40,92(35,87)	2.16,57(35,65)	
2	Hans Kristian Andersen	93	Florø SLK	2.18,98	761
	31,94(31,94)	1.07,47(35,53)	1.43,56(36,09)	2.18,98(35,42)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	2.22,59	704
	31,82(31,82)	1.07,57(35,75)	1.44,35(36,78)	2.22,59(38,24)	
4	Sindre Sjøderlund	91	Trondheim SLK/NTG	2.23,57	690
	31,86(31,86)	1.08,30(36,44)	1.45,92(37,62)	2.23,57(37,65)	
5	John Lekhmus	91	Tromsø SK	2.24,80	672
	33,43(33,43)	1.10,20(36,77)	1.47,49(37,29)	2.24,80(37,31)	
6	Erling Mjøs Brattelid	91	TS/Sola SK	2.25,23	666
	32,50(32,50)	1.09,70(37,20)	1.47,26(37,56)	2.25,23(37,97)	
7	Hans Østerdal	93	Stavanger SC	2.27,68	634
	32,73(32,73)	1.10,08(37,35)	1.48,39(38,31)	2.27,68(39,29)	

**Øvelse 22. 50m butterfly, damer - Finale****Junior**

1	Victoria S. Løken	91	Team Stavanger	28,11	757
2	Maren Kristine Jansen	90	TS/Randaberg	28,56	721
3	Cecilie W. Johannessen	90	Karmøy SK	28,96	692
4	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	29,02	688
5	Sara Pettersen	91	Fauske SK	29,27	670
6	Monica W. Johannessen	90	Karmøy SK	29,28	669
7	Hanne Sjøfteland	92	BS/Delfana	29,82	634

**Funksjonshemmede**

1	Hanne Farestvedt	93	Åstveit SK	39,50	272	S14 127,21 %
---	------------------	----	------------	-------	-----	--------------

**Øvelse 23. 4\*200m fri, herrer - Junior****Junior**

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	7.38,30	789
		26,83(26,83)	56,23(29,40)		
	Tor Hafnor:	1.25,84(29,61)	1.54,92(29,08)	1.54,92	
		2.20,86(25,94)	2.49,87(29,01)		
	Stian Werner Erichsen:	3.19,53(29,66)	3.49,21(29,68)	1.54,29	
		4.14,68(25,47)	4.43,80(29,12)		
	Øystein R. Hetland:	5.14,02(30,22)	5.44,12(30,10)	1.54,91	
		6.10,02(25,90)	6.39,20(29,18)		
	Christer Koch Kvam:	7.09,02(29,82)	7.38,30(29,28)	1.54,18	
2	Bergensv. G1 jr.	JR	Bergensvømmerne	7.46,66	747
		27,04(27,04)	56,35(29,31)		
	Even Vike Holm:	1.26,38(30,03)	1.55,75(29,37)	1.55,75	
		2.22,00(26,25)	2.52,12(30,12)		
	Marcus Tesdal:	3.23,14(31,02)	3.53,76(30,62)	1.58,01	
		4.20,48(26,72)	4.50,84(30,36)		
	Zoltan Csernai:	5.21,79(30,95)	5.51,34(29,55)	1.57,58	
		6.16,88(25,54)	6.46,73(29,85)		
	Sindri T. Jakobsson:	7.16,81(30,08)	7.46,66(29,85)	1.55,32	

3	Lambertseter SK G1 jr.	JR	Lambertseter SK	7.50,41	729
		26,12(26,12)	55,09(28,97)		
	Mikael Bergene:	1.24,82(29,73)	1.54,89(30,07)	1.54,89	
		2.21,17(26,28)	2.51,64(30,47)		
	Christian Thorsen:	3.22,39(30,75)	3.53,21(30,82)	1.58,32	
		4.19,72(26,51)	4.48,69(28,97)		
	Sindre Eilertsen:	5.19,42(30,73)	5.50,72(31,30)	1.57,51	
		6.17,75(27,03)	6.47,71(29,96)		
	David Evja:	7.19,12(31,41)	7.50,41(31,29)	1.59,69	
4	Bærumsv G2 jr.	JR	Bærumsvømmerne	7.50,74	728
		27,10(27,10)	56,32(29,22)		
	Vegard Løvberg:	1.26,33(30,01)	1.56,55(30,22)	1.56,55	
		2.24,40(27,85)	2.54,70(30,30)		
	Elias Damman:	3.25,33(30,63)	3.55,18(29,85)	1.58,63	
		4.22,60(27,42)	4.52,78(30,18)		
	Sebastian Wigstrøm:	5.22,90(30,12)	5.52,61(29,71)	1.57,43	
		6.19,30(26,69)	6.49,43(30,13)		
	Carl Andreas Wathne:	7.20,43(31,00)	7.50,74(30,31)	1.58,13	
5	IL Varg G1 jr.	JR	IL Varg	7.51,23	725
		25,68(25,68)	53,66(27,98)		
	Mattis Saghaug:	1.22,59(28,93)	1.51,33(28,74)	1.51,33	
		2.17,50(26,17)	2.47,43(29,93)		
	Daniel Berenett:	3.18,79(31,36)	3.49,60(30,81)	1.58,27	
		4.16,15(26,55)	4.46,26(30,11)		
	Jan-Tore Jessen Eikrem:	5.18,16(31,90)	5.50,79(32,63)	2.01,19	
		6.17,63(26,84)	6.47,73(30,10)		
	Odin Spangen Normann:	7.19,33(31,60)	7.51,23(31,90)	2.00,44	
6	Team Stavanger G1 jr.	JR	Team Stavanger	7.56,64	701
		26,65(26,65)	55,40(28,75)		
	Ole Martin Ree:	1.25,07(29,67)	1.55,76(30,69)	1.55,76	
		2.22,01(26,25)	2.51,71(29,70)		
	Bjarte Ravndal:	3.22,41(30,70)	3.52,40(29,99)	1.56,64	
		4.20,72(28,32)	4.51,38(30,66)		
	Erling Mjøs Brattelid:	5.22,97(31,59)	5.54,12(31,15)	2.01,72	
		6.21,46(27,34)	6.52,44(30,98)		
	Eirik Ramstad:	7.24,72(32,28)	7.56,64(31,92)	2.02,52	
7	Bergensv. G2 jr.	JR	Bergensvømmerne	8.05,64	663
		28,00(28,00)	58,38(30,38)		
	Sebastian Stordal:	1.29,34(30,96)	2.00,07(30,73)	2.00,07	
		2.27,62(27,55)	2.58,08(30,46)		
	Eivind Johannesen:	3.29,39(31,31)	4.00,37(30,98)	2.00,30	
		4.28,25(27,88)	4.59,34(31,09)		
	Espen Halhjem:	5.32,16(32,82)	6.04,34(32,18)	2.03,97	
		6.31,37(27,03)	7.02,47(31,10)		
	Eirik Runningen:	7.33,96(31,49)	8.05,64(31,68)	2.01,30	
8	Stavanger SC G1 jr.	JR	Stavanger SC	8.13,13	633
		28,11(28,11)	58,20(30,09)		
	Jørn Nygård:	1.30,74(32,54)	2.02,25(31,51)	2.02,25	
		2.30,06(27,81)	3.01,86(31,80)		
	Per Øystein Turøy:	3.33,29(31,43)	4.04,45(31,16)	2.02,20	
		4.31,89(27,44)	5.02,27(30,38)		
	Henning S. Pryde:	5.33,59(31,32)	6.04,15(30,56)	1.59,70	
		6.32,64(28,49)	7.05,49(32,85)		
	Fredrik K Hegdal:	7.39,78(34,29)	8.13,13(33,35)	2.08,98	
9	Larvik SK G1 jr.	JR	Larvik SK	8.13,16	633
		27,31(27,31)	57,44(30,13)		
	Geir T. Kristiansen:	1.29,01(31,57)	2.00,45(31,44)	2.00,45	
		2.29,49(29,04)	3.01,95(32,46)		
	Aksel B. Lindhjem:	3.34,27(32,32)	4.05,18(30,91)	2.04,73	
		4.31,97(26,79)	5.02,66(30,69)		
	Jørgen Aagaard-Nilsen Wiik:	5.35,04(32,38)	6.06,74(31,70)	2.01,56	
		6.34,38(27,64)	7.07,02(32,64)		
	Peder T. Haagensli:	7.40,07(33,05)	8.13,16(33,09)	2.06,42	
10	Elverum IL G1 jr.	JR	Elverum Svømming	8.20,32	606
		27,32(27,32)	57,36(30,04)		
	Christian Sunde:	1.28,48(31,12)	2.00,26(31,78)	2.00,26	
		2.28,64(28,38)	3.01,72(33,08)		
	Eirik B. Lund:	3.36,33(34,61)	4.11,39(35,06)	2.11,13	
		4.40,99(29,60)	5.13,06(32,07)		
	Ingvar V. Skirbekk:	5.46,50(33,44)	6.19,21(32,71)	2.07,82	
		6.46,80(27,59)	7.17,06(30,26)		
	Gunnar V. Skirbekk:	7.48,80(31,74)	8.20,32(31,52)	2.01,11	

11	Åstveit SK G1 jr.	JR	Åstveit SK	8.23,47	595
		28,10(28,10)	59,08(30,98)		
	Robin Sell Dyngeland:	1.30,92(31,84)	2.03,74(32,82)	2.03,74	
		2.32,52(28,78)	3.05,24(32,72)		
	Jonas Jensen:	3.38,86(33,62)	4.12,25(33,39)	2.08,51	
		4.41,12(28,87)	5.14,10(32,98)		
	Markus Lie:	5.47,93(33,83)	6.21,55(33,62)	2.09,30	
		6.49,22(27,67)	7.20,00(30,78)		
	Erlend Ulveseter:	7.51,74(31,74)	8.23,47(31,73)	2.01,92	
12	Delfana G1 jr.	JR	Delfana	8.25,36	588
		27,56(27,56)	59,25(31,69)		
	Håvard Hole:	1.32,23(32,98)	2.04,37(32,14)	2.04,37	
		2.33,76(29,39)	3.06,25(32,49)		
	Markus Heimdal:	3.39,60(33,35)	4.13,12(33,52)	2.08,75	
		4.40,70(27,58)	5.11,76(31,06)		
	Øyvind L. Styrmoen:	5.44,24(32,48)	6.17,41(33,17)	2.04,29	
		6.45,88(28,47)	7.18,25(32,37)		
	Marius Thorsø:	7.51,91(33,66)	8.25,36(33,45)	2.07,95	
13	Oslo IL G1 jr.	JR	Oslo IL	8.35,52	554
		29,06(29,06)	1.01,77(32,71)		
	Zakarias Nouri:	1.36,07(34,30)	2.10,69(34,62)	2.10,69	
		2.38,70(28,01)	3.12,02(33,32)		
	Lars Nymoen:	3.45,73(33,71)	4.19,74(34,01)	2.09,05	
		4.47,72(27,98)	5.20,39(32,67)		
	Jon Erik Sønning:	5.54,27(33,88)	6.28,24(33,97)	2.08,50	
		6.57,23(28,99)	7.29,63(32,40)		
	Henning Kaland:	8.03,16(33,53)	8.35,52(32,36)	2.07,28	
14	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	8.40,28	539
		29,88(29,88)	1.02,25(32,37)		
	Håkon Brennhagen:	1.35,00(32,75)	2.08,17(33,17)	2.08,17	
		2.37,65(29,48)	3.10,52(32,87)		
	Ole Nævdal:	3.43,47(32,95)	4.15,74(32,27)	2.07,57	
		4.45,32(29,58)	5.17,50(32,18)		
	William Dahl:	5.51,48(33,98)	6.25,34(33,86)	2.09,60	
		6.57,10(31,76)	7.31,97(34,87)		
	Jørgen Gundersen:	8.06,28(34,31)	8.40,28(34,00)	2.14,94	
15	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	8.44,33	526
		26,48(26,48)	57,07(30,59)		
	Joachim Jakobsen:	1.27,63(30,56)	1.56,91(29,28)	1.56,91	
		2.26,33(29,42)	2.59,56(33,23)		
	Kristoffer Brekke:	3.33,58(34,02)	4.07,27(33,69)	2.10,36	
		4.39,08(31,81)	5.15,01(35,93)		
	Kristian Blummenfelt:	5.50,95(35,94)	6.25,92(34,97)	2.18,65	
		6.56,43(30,51)	7.31,63(35,20)		
	Andreas Reinertsen:	8.07,89(36,26)	8.44,33(36,44)	2.18,41	
16	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	8.46,87	519
		30,79(30,79)	1.04,49(33,70)		
	Vebjørn Lindhjem:	1.38,33(33,84)	2.11,70(33,37)	2.11,70	
		2.40,83(29,13)	3.13,35(32,52)		
	Tore Skauge Bysting:	3.46,71(33,36)	4.19,54(32,83)	2.07,84	
		4.49,83(30,29)	5.23,48(33,65)		
	Jarl André Bergsvenkerud:	5.58,72(35,24)	6.33,21(34,49)	2.13,67	
		7.03,63(30,42)	7.38,64(35,01)		
	Kjetil Flatland:	8.12,90(34,26)	8.46,87(33,97)	2.13,66	
17	Bergens SLK G1 jr.	JR	Bergens SLK	8.50,59	508
		28,35(28,35)	1.00,65(32,30)		
	Sven Berg:	1.34,44(33,79)	2.07,34(32,90)	2.07,34	
		2.36,72(29,38)	3.09,53(32,81)		
	Anders Færø:	3.43,50(33,97)	4.17,79(34,29)	2.10,45	
		4.47,30(29,51)	5.20,08(32,78)		
	Christopher Williams:	5.54,35(34,27)	6.29,07(34,72)	2.11,28	
		7.00,33(31,26)	7.36,06(35,73)		
	Anders Hjelmaas:	8.12,88(36,82)	8.50,59(37,71)	2.21,52	
18	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	9.58,15	354
		31,41(31,41)	1.07,26(35,85)		
	Vedbjørn Arne J. Aasheim:	1.45,00(37,74)	2.21,53(36,53)	2.21,53	
		2.55,26(33,73)	3.33,17(37,91)		
	Anders Grasdal:	4.12,29(39,12)	4.49,42(37,13)	2.27,89	
		5.24,22(34,80)	6.02,98(38,76)		
	Lars Haga Bringeland:	6.43,75(40,77)	7.23,09(39,34)	2.33,67	
		7.57,21(34,12)	8.36,59(39,38)		
	Marius Rognøy:	9.17,26(40,67)	9.58,15(40,89)	2.35,06	

Asker SK G1 jr.	JR	Asker SK		DISK
	27,97(27,97)	59,41(31,44)		
Jan Aleksander Bakke:	1.32,37(32,96)	2.05,63(33,26)	2.05,63	
Kristoffer Skribeland:				
Eirik Standal Thoresen:				
Patrik Bubilek:				

### Øvelse 24. 4\*100m fri, damer - Junior

#### Junior

1	Lambertseter SK J1 jr.	JR	Lambertseter SK		3.57,59	751
	Pia Cornelia Braarud:	28,97(28,97)	1.00,56(31,59)	1.00,56		
	Emilie Hellerud:	1.28,56(28,00)	1.59,16(30,60)	58,60		
	Ingrid N. Knutzen:	2.27,29(28,13)	2.58,52(31,23)	59,36		
	Emma Isdahl:	3.26,13(27,61)	3.57,59(31,46)	59,07		
2	Asker SK J1 jr.	JR	Asker SK		3.58,35	744
	Sofie Gjemmestad:	28,33(28,33)	58,80(30,47)	58,80		
	Victoria T. Solberg:	1.27,73(28,93)	2.00,45(32,72)	1.01,65		
	Nora Kathrine Guthe:	2.28,87(28,42)	3.00,66(31,79)	1.00,21		
	Siri Eva Kristiansen:	3.28,56(27,90)	3.58,35(29,79)	57,69		
3	Team Stavanger J2 jr.	JR	Team Stavanger		4.01,34	716
	Ida Nordbø:	29,88(29,88)	1.03,07(33,19)	1.03,07		
	Victoria Rung:	1.31,60(28,53)	2.02,60(31,00)	59,53		
	Marthe Berg Sørensen:	2.31,11(28,51)	3.01,61(30,50)	59,01		
	Eva Marie W. Østerhus:	3.30,14(28,53)	4.01,34(31,20)	59,73		
4	Skjetten Svømming J1 jr.	JR	Skjetten Svømming		4.01,87	712
	Helene Solberg:	29,80(29,80)	1.02,33(32,53)	1.02,33		
	Gina B. Andersen:	1.31,15(28,82)	2.01,64(30,49)	59,31		
	Iselin Mjøllner Dahlen:	2.30,54(28,90)	3.02,35(31,81)	1.00,71		
	Terese Langlo:	3.31,02(28,67)	4.01,87(30,85)	59,52		
5	Bergens SLK J1 jr.	JR	Bergens SLK		4.02,90	703
	Martine Bremer:	28,57(28,57)	1.00,05(31,48)	1.00,05		
	Aslaug Marie Hjelmaas:	1.28,53(28,48)	2.01,50(32,97)	1.01,45		
	Kaja Bremer:	2.31,16(29,66)	3.02,86(31,70)	1.01,36		
	Karoline Pedersen:	3.31,65(28,79)	4.02,90(31,25)	1.00,04		
6	Sarpsborg IL J1 jr.	JR	Sarpsborg IL		4.02,92	703
	Ina Kr. Pedersen:	28,43(28,43)	58,72(30,29)	58,72		
	Terese Fosby:	1.27,71(28,99)	1.59,96(32,25)	1.01,24		
	Birgitte Elise Søfteland:	2.29,02(29,06)	3.01,98(32,96)	1.02,02		
	Julie Borgen:	3.30,79(28,81)	4.02,92(32,13)	1.00,94		
7	Bærumsv J1 jr.	JR	Bærumsvømmerne		4.02,96	702
	Kristine Mella:	29,75(29,75)	1.01,22(31,47)	1.01,22		
	Maria Bølgen:	1.30,01(28,79)	2.02,11(32,10)	1.00,89		
	Emilie N. Løvberg:	2.30,97(28,86)	3.03,02(32,05)	1.00,91		
	Karin Ekholt:	3.31,72(28,70)	4.02,96(31,24)	59,94		
8	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne		4.04,72	687
	Marthe Helene Haganes:	29,28(29,28)	1.01,48(32,20)	1.01,48		
	Stine Vindenes:	1.30,98(29,50)	2.03,17(32,19)	1.01,69		
	Benedicte Kausland:	2.31,93(28,76)	3.03,63(31,70)	1.00,46		
	Andrea Haugstad:	3.32,43(28,80)	4.04,72(32,29)	1.01,09		
9	Hamar IL J1 jr.	JR	Hamar IL		4.06,70	671
	Elin Slaatmo:	29,27(29,27)	1.00,11(30,84)	1.00,11		
	Karoline Brudvik Sanderud:	1.28,20(28,09)	2.01,03(32,83)	1.00,92		
	Julie Torgersen Nilsen:	2.31,13(30,10)	3.03,38(32,25)	1.02,35		
	Oda Martine Reiertsen:	3.33,21(29,83)	4.06,70(33,49)	1.03,32		
10	Moss SK J1 jr.	JR	Moss SK		4.06,78	670
	Stine K. Jansen:	30,27(30,27)	1.02,73(32,46)	1.02,73		
	Marte Elise Brinchmann:	1.32,67(29,94)	2.06,25(33,58)	1.03,52		
	Line W. Lund:	2.33,96(27,71)	3.04,27(30,31)	58,02		
	Thea Pedersen:	3.33,94(29,67)	4.06,78(32,84)	1.02,51		
11	Stavanger SC J1 jr.	JR	Stavanger SC		4.10,45	641
	Nicole T. Næsheim:	29,93(29,93)	1.01,45(31,52)	1.01,45		
	Ane Nygård:	1.31,06(29,61)	2.04,67(33,61)	1.03,22		
	Caroline M. Mork:	2.34,43(29,76)	3.07,60(33,17)	1.02,93		
	Karoline Eriksen:	3.36,97(29,37)	4.10,45(33,48)	1.02,85		

12	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	4.13,47	618
	Guro Knutsen:	30,20(30,20)	1.02,85(32,65)	1.02,85	
	Inger-Cathrine Wium:	1.33,84(30,99)	2.07,55(33,71)	1.04,70	
	Ida Johansen:	2.38,11(30,56)	3.12,45(34,34)	1.04,90	
	Siri Anette Sønju:	3.41,20(28,75)	4.13,47(32,27)	1.01,02	
13	Stord IL J1 jr.	JR	Stord IL	4.13,99	615
	Inger Kristine Steinsland:	30,55(30,55)	1.03,07(32,52)	1.03,07	
	Ingrid Hystad:	1.32,96(29,89)	2.06,58(33,62)	1.03,51	
	Malena Martens:	2.36,43(29,85)	3.09,34(32,91)	1.02,76	
	Alida Etterlid Jensen:	3.39,63(30,29)	4.13,99(34,36)	1.04,65	
14	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	4.14,46	611
	Marie Reinertsen:	30,47(30,47)	1.03,52(33,05)	1.03,52	
	Marie Øverland:	1.33,80(30,28)	2.07,67(33,87)	1.04,15	
	Juni Rugland:	2.38,31(30,64)	3.11,61(33,30)	1.03,94	
	Sara N. Gjelsvik:	3.41,86(30,25)	4.14,46(32,60)	1.02,85	
15	Delfana J1 jr.	JR	Delfana	4.14,64	610
	Mari Løvik:	30,82(30,82)	1.04,57(33,75)	1.04,57	
	Helene Thunes Truyen:	1.34,32(29,75)	2.06,82(32,50)	1.02,25	
	Oda S. Leiknes:	2.36,30(29,48)	3.09,32(33,02)	1.02,50	
	Katarina Bernhoft:	3.40,18(30,86)	4.14,64(34,46)	1.05,32	
16	Bergensv. J1 jr.	JR	Bergensvømmerne	4.15,15	606
	Katrine Jensen:	30,31(30,31)	1.04,84(34,53)	1.04,84	
	Hanne Sjøfteland:	1.33,72(28,88)	2.05,92(32,20)	1.01,08	
	Maria Færestvedt:	2.36,20(30,28)	3.10,04(33,84)	1.04,12	
	Katja Heinänen:	3.40,73(30,69)	4.15,15(34,42)	1.05,11	
17	Kristiansand SA J1 jr.	JR	Kristiansand SA	4.16,56	596
	Maria Gullvåg Aasen:	29,53(29,53)	1.01,11(31,58)	1.01,11	
	Linn Hege Laudal:	1.30,88(29,77)	2.03,77(32,89)	1.02,66	
	Hege Omdal:	2.35,32(31,55)	3.09,43(34,11)	1.05,66	
	Hilde Kringlen:	3.41,76(32,33)	4.16,56(34,80)	1.07,13	
18	Bergens SC J1 jr.	JR	Bergens SC	4.17,04	593
	Hedvig Hjertaker:	30,78(30,78)	1.04,21(33,43)	1.04,21	
	Kaya Haugland Færøvik:	1.34,69(30,48)	2.08,73(34,04)	1.04,52	
	Eirin Arnesen:	2.38,43(29,70)	3.11,84(33,41)	1.03,11	
	Ingse Bergh Monsen:	3.42,57(30,73)	4.17,04(34,47)	1.05,20	
19	Ski SK J1 jr.	JR	Ski SK	4.19,79	574
	Elisabeth H. Svensson:	30,45(30,45)	1.04,28(33,83)	1.04,28	
	Camilla W. Kristiansen:	1.34,31(30,03)	2.07,72(33,41)	1.03,44	
	Henriette With Bjørnstad:	2.38,76(31,04)	3.13,73(34,97)	1.06,01	
	Veronica B. Lundsten:	3.44,87(31,14)	4.19,79(34,92)	1.06,06	
20	Madla SK J1 jr.	JR	Madla SK	4.20,95	567
	Line Nilsson:	30,88(30,88)	1.04,73(33,85)	1.04,73	
	Maren Larsen:	1.35,57(30,84)	2.08,94(33,37)	1.04,21	
	Mari Mjølhus Kristoffersen:	2.40,11(31,17)	3.15,11(35,00)	1.06,17	
	Christine Arctander:	3.46,05(30,94)	4.20,95(34,90)	1.05,84	
21	Skjetten Svømming J2 jr.	JR	Skjetten Svømming	4.26,55	532
	Marie Svensson:	31,82(31,82)	1.05,63(33,81)	1.05,63	
	Christina Dahl:	1.37,92(32,29)	2.13,19(35,27)	1.07,56	
	Christiane Sandbye:	2.43,87(30,68)	3.18,35(34,48)	1.05,16	
	Pernille Mørch:	3.50,88(32,53)	4.26,55(35,67)	1.08,20	
22	Bergens SLK J2 jr.	JR	Bergens SLK	4.27,29	527
	Jannike Isaksen:	30,59(30,59)	1.04,39(33,80)	1.04,39	
	Maren Teige:	1.35,24(30,85)	2.11,10(35,86)	1.06,71	
	Julie Horn Johnsen:	2.42,73(31,63)	3.17,37(34,64)	1.06,27	
	Karoline Aadland:	3.50,99(33,62)	4.27,29(36,30)	1.09,92	
23	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	4.27,54	526
	Aurora Brandtzæg:	31,79(31,79)	1.05,86(34,07)	1.05,86	
	Ida Arnøy:	1.38,06(32,20)	2.13,39(35,33)	1.07,53	
	Mette Aas:	2.47,11(33,72)	3.25,33(38,22)	1.11,94	
	Jeanette Erlandsen:	3.54,74(29,41)	4.27,54(32,80)	1.02,21	
24	Haldens SK J1 jr.	JR	Haldens SK	4.27,82	524
	Siri N. Andersen:	31,46(31,46)	1.04,46(33,00)	1.04,46	
	Anna Forsstrøm:	1.36,43(31,97)	2.11,84(35,41)	1.07,38	
	Cecilie Hafsrød Fredriksen:	2.44,38(32,54)	3.21,31(36,93)	1.09,47	
	Anne Helene Bakke:	3.52,84(31,53)	4.27,82(34,98)	1.06,51	
25	Vestkantsv. J3 jr.	JR	Vestkantsvømmerne	4.30,53	508
	Ida Louise G. Borlaug:	32,68(32,68)	1.06,58(33,90)	1.06,58	
	Malin Dahle:	1.38,46(31,88)	2.13,86(35,40)	1.07,28	
	Andrea Strømsnes:	2.45,78(31,92)	3.20,97(35,19)	1.07,11	
	Mirabelle Breidvik:	3.54,54(33,57)	4.30,53(35,99)	1.09,56	

---

26	Bergens SC J2 jr.	JR	Bergens SC		4.34,93	484
	Eli Kristin Ølmheim:	31,84(31,84)	1.06,70(34,86)	1.06,70		
	Martha Maria Songstad:	1.39,33(32,63)	2.14,51(35,18)	1.07,81		
	Henriette Dahl:	2.47,29(32,78)	3.24,48(37,19)	1.09,97		
	Sara Petrine Veierød:	3.58,17(33,69)	4.34,93(36,76)	1.10,45		
	Team Stavanger J1 jr.	JR	Team Stavanger		DISK	
	Victoria S. Løken:	27,54(27,54)	56,79(29,25)	56,79		
	Ina Marleen Holm:	1.24,42(27,63)	1.54,57(30,15)	57,78		
	Vibeke Brigg:					
	Trine Hovda:					

## Lørdag 29. november 2008 kl 09.00

### Øvelse 25. 400m individuell medley, damer - Direkte finale – Foreløpig før siste heat

#### UM

1	Eva Marie W. Østerhus	94	TS/Madla SK	5.10,88	664
	33,88(33,88)	1.12,71(38,83)	1.51,63(38,92)	2.30,22(38,59)	
	3.16,26(46,04)	4.02,97(46,71)	4.38,17(35,20)	5.10,88(32,71)	
2	Lise Sand Syversen	95	Delfana	5.13,58	647
	33,32(33,32)	1.11,96(38,64)	1.52,92(40,96)	2.32,79(39,87)	
	3.18,30(45,51)	4.04,98(46,68)	4.41,21(36,23)	5.13,58(32,37)	
3	Stine Vindenes	93	Vestkantsvømmerne	5.16,21	631
	32,86(32,86)	1.10,62(37,76)	1.51,26(40,64)	2.31,58(40,32)	
	3.16,36(44,78)	4.02,49(46,13)	4.40,05(37,56)	5.16,21(36,16)	
4	Stine Mjølhus Kristoffersen	93	TS/Frisinn	5.24,70	583
	34,59(34,59)	1.15,08(40,49)	1.56,03(40,95)	2.37,13(41,10)	
	3.22,10(44,97)	4.07,25(45,15)	4.47,00(39,75)	5.24,70(37,70)	
5	Caroline M. Mørk	93	Stavanger SC	5.25,71	578
	33,59(33,59)	1.12,73(39,14)	1.55,04(42,31)	2.37,48(42,44)	
	3.23,67(46,19)	4.10,62(46,95)	4.47,93(37,31)	5.25,71(37,78)	
6	Oda Haagensen	94	Haldens SK	5.28,79	562
	34,75(34,75)	1.16,39(41,64)	1.58,57(42,18)	2.40,71(42,14)	
	3.26,97(46,26)	4.15,16(48,19)	4.52,39(37,23)	5.28,79(36,40)	
7	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.31,21	549
	37,18(37,18)	1.19,63(42,45)	2.01,18(41,55)	2.42,12(40,94)	
	3.29,73(47,61)	4.17,56(47,83)	4.55,71(38,15)	5.31,21(35,50)	
8	Stine Tveit	93	Trondheim SLK	5.31,57	547
	37,47(37,47)	1.20,24(42,77)	2.02,54(42,30)	2.44,68(42,14)	
	3.29,63(44,95)	4.14,96(45,33)	4.54,67(39,71)	5.31,57(36,90)	
9	Christiana Bjørkli	93	Trondheim SLK	5.31,63	547
	36,55(36,55)	1.18,31(41,76)	2.01,43(43,12)	2.44,20(42,77)	
	3.30,93(46,73)	4.18,11(47,18)	4.55,70(37,59)	5.31,63(35,93)	
10	Stine Lise Stenseth	94	Øvre Eiker SK	5.31,71	547
	35,34(35,34)	1.17,79(42,45)	1.59,37(41,58)	2.41,19(41,82)	
	3.26,01(44,82)	4.13,18(47,17)	4.53,49(40,31)	5.31,71(38,22)	
11	Maren E.J. Bakke	94	Setermoen SK	5.35,83	527
	36,54(36,54)	1.18,98(42,44)	2.03,85(44,87)	2.46,86(43,01)	
	3.31,20(44,34)	4.17,49(46,29)	4.57,53(40,04)	5.35,83(38,30)	
	Andrea Hestdal	94	Åstveit SK	DISK	

#### Junior

1	Terese Langlo	89	Skjetten Svømming	5.10,50	667
	33,65(33,65)	1.12,12(38,47)	1.51,99(39,87)	2.31,43(39,44)	
	3.14,64(43,21)	3.59,33(44,69)	4.35,52(36,19)	5.10,50(34,98)	
2	Eva Marie W. Østerhus	94	TS/Madla SK	5.10,88	664
	33,88(33,88)	1.12,71(38,83)	1.51,63(38,92)	2.30,22(38,59)	
	3.16,26(46,04)	4.02,97(46,71)	4.38,17(35,20)	5.10,88(32,71)	
3	Lise Sand Syversen	95	Delfana	5.13,58	647
	33,32(33,32)	1.11,96(38,64)	1.52,92(40,96)	2.32,79(39,87)	
	3.18,30(45,51)	4.04,98(46,68)	4.41,21(36,23)	5.13,58(32,37)	
4	Julie Torgersen Nilsen	92	Hamar IL	5.15,22	637
	35,63(35,63)	1.14,71(39,08)	1.55,45(40,74)	2.35,45(40,00)	
	3.19,53(44,08)	4.03,89(44,36)	4.40,99(37,10)	5.15,22(34,23)	
5	Stine Vindenes	93	Vestkantsvømmerne	5.16,21	631
	32,86(32,86)	1.10,62(37,76)	1.51,26(40,64)	2.31,58(40,32)	
	3.16,36(44,78)	4.02,49(46,13)	4.40,05(37,56)	5.16,21(36,16)	
6	Sophia Broberg Skeltved	92	Tromsø SK/NTG	5.18,96	615
	33,73(33,73)	1.12,45(38,72)	1.53,09(40,64)	2.33,67(40,58)	
	3.18,77(45,10)	4.04,07(45,30)	4.42,14(38,07)	5.18,96(36,82)	
7	Guro Knutsen	91	Øvre Eiker SK	5.22,65	594
	32,93(32,93)	1.11,12(38,19)	1.54,09(42,97)	2.35,75(41,66)	
	3.21,96(46,21)	4.08,77(46,81)	4.46,42(37,65)	5.22,65(36,23)	

8	Stine Mjølhus Kristoffersen	93	TS/Frisinn	5.24,70	583
	34,59(34,59)	1.15,08(40,49)	1.56,03(40,95)	2.37,13(41,10)	
	3.22,10(44,97)	4.07,25(45,15)	4.47,00(39,75)	5.24,70(37,70)	
9	Caroline M. Mørk	93	Stavanger SC	5.25,71	578
	33,59(33,59)	1.12,73(39,14)	1.55,04(42,31)	2.37,48(42,44)	
	3.23,67(46,19)	4.10,62(46,95)	4.47,93(37,31)	5.25,71(37,78)	
10	Katrine Ekstang	92	Setermoen SK	5.27,26	569
	34,07(34,07)	1.13,36(39,29)	1.57,06(43,70)	2.39,75(42,69)	
	3.27,79(48,04)	4.17,36(49,57)	4.53,10(35,74)	5.27,26(34,16)	
11	Oda Haagenen	94	Haldens SK	5.28,79	562
	34,75(34,75)	1.16,39(41,64)	1.58,57(42,18)	2.40,71(42,14)	
	3.26,97(46,26)	4.15,16(48,19)	4.52,39(37,23)	5.28,79(36,40)	
12	Andrea Haugstad	92	Vestkantsvømmerne	5.28,97	561
	34,63(34,63)	1.15,64(41,01)	1.59,47(43,83)	2.41,99(42,52)	
	3.28,25(46,26)	4.15,58(47,33)	4.52,93(37,35)	5.28,97(36,04)	
13	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.31,21	549
	37,18(37,18)	1.19,63(42,45)	2.01,18(41,55)	2.42,12(40,94)	
	3.29,73(47,61)	4.17,56(47,83)	4.55,71(38,15)	5.31,21(35,50)	
14	Stine Tveit	93	Trondheim SLK	5.31,57	547
	37,47(37,47)	1.20,24(42,77)	2.02,54(42,30)	2.44,68(42,14)	
	3.29,63(44,95)	4.14,96(45,33)	4.54,67(39,71)	5.31,57(36,90)	
15	Christiana Bjørkli	93	Trondheim SLK	5.31,63	547
	36,55(36,55)	1.18,31(41,76)	2.01,43(43,12)	2.44,20(42,77)	
	3.30,93(46,73)	4.18,11(47,18)	4.55,70(37,59)	5.31,63(35,93)	
16	Stine Lise Stenseth	94	Øvre Eiker SK	5.31,71	547
	35,34(35,34)	1.17,79(42,45)	1.59,37(41,58)	2.41,19(41,82)	
	3.26,01(44,82)	4.13,18(47,17)	4.53,49(40,31)	5.31,71(38,22)	
17	Maren E.J. Bakke	94	Setermoen SK	5.35,83	527
	36,54(36,54)	1.18,98(42,44)	2.03,85(44,87)	2.46,86(43,01)	
	3.31,20(44,34)	4.17,49(46,29)	4.57,53(40,04)	5.35,83(38,30)	
18	Camilla Borchgrevink	90	Ski SK	5.37,21	520
	34,70(34,70)	1.15,66(40,96)	1.59,38(43,72)	2.42,08(42,70)	
	3.30,35(48,27)	4.19,02(48,67)	4.58,69(39,67)	5.37,21(38,52)	
	Andrea Hestdal	94	Åstveit SK	DISK	
	Benedicte Kausland	92	Vestkantsvømmerne	DISK	

## Øvelse 26. 4\*50m fri, herrer - UM

## UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	1.44,53	556
	Hans Østerdal:	25,62(25,62)			
	Christian Juvik:	51,27(25,65)			
	Henrik Knudsen:	1.18,10(26,83)			
	Fredrik K Hegdal:	1.44,53(26,43)			
2	Delfana G1 jr.	JR	Delfana	1.44,61	555
	Håvard Hole:	25,35(25,35)			
	Øyvind L. Styrmo:	51,90(26,55)			
	Marius Thorsø:	1.17,24(25,34)			
	Bård Løvik:	1.44,61(27,37)			
3	Moss SK G1 jr.	JR	Moss SK	1.46,25	530
	Dan Martin Gudbrandsen:	27,16(27,16)			
	Fredrik Johansen Nielsen:	53,34(26,18)			
	Stian Svingen Nilsson:	1.19,95(26,61)			
	Georg Horntvedt:	1.46,25(26,30)			
4	Asker SK G1 jr.	JR	Asker SK	1.49,56	483
	Eirik Standal Thoresen:	26,11(26,11)			
	Gustav Frøberg:	53,15(27,04)			
	Andreas Bergman:	1.20,40(27,25)			
	Andreas Manum Hagby:	1.49,56(29,16)			
5	Kolbotn IL G1 jr.	JR	Kolbotn IL	1.50,36	473
	Johan Parker Nygård:	26,04(26,04)			
	Erik Tobias Sollesnes:	54,10(28,06)			
	Martin Berger Oterholm:	1.20,36(26,26)			
	Martin Næss Kjøholdt:	1.50,36(30,00)			

6	Åstveit SK G1 jr.	JR	Åstveit SK	1.51,15	463
	Robin Sell Dyngeland:	26,78(26,78)			
	Jonas Jensen:	53,70(26,92)			
	Markus Lie:	1.21,76(28,06)			
	Håkon Dalland:	1.51,15(29,39)			
7	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	1.51,58	457
	Markus Vindenes:	25,55(25,55)			
	Gjermund Fure Johansen:	54,09(28,54)			
	Vedbjørn Arne J. Aasheim:	1.22,23(28,14)			
	Andreas Reinertsen:	1.51,58(29,35)			
8	Vågsbygd SLK G1 jr.	JR	Vågsbygd SLK	1.52,26	449
	Preben Robstad:	26,75(26,75)			
	Per Sigve Næss:	55,36(28,61)			
	Tom Kaafjord:	1.24,52(29,16)			
	Jan Morten Larsen:	1.52,26(27,74)			
	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	DISK	
	Ole Nævdal:				
	Jørgen Gundersen:				
	Sindre S. Løbersli:				
	Håkon Brennhagen:				
	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	DISK	
	Erlend Kjærgård:				
	Kristian Blummenfelt:				
	Anders Grasdal:				
	Marius Rognøy:				

## Øvelse 27. 200m fri, damer

## Junior

1	Victoria S. Løken	91	Team Stavanger	2.07,85	731
	29,99(29,99)	1.01,53(31,54)	1.34,81(33,28)	2.07,85(33,04)	
2	Cecilie W. Johannessen	90	Karmøy SK	2.08,09	727
	30,35(30,35)	1.02,93(32,58)	1.35,88(32,95)	2.08,09(32,21)	
3	Ingrid N. Knutzen	91	Lambertseter SK/NTG	2.08,20	725
	30,33(30,33)	1.02,78(32,45)	1.35,55(32,77)	2.08,20(32,65)	
4	Gina B. Andersen	90	Skjetten Svømming/NTG	2.08,49	720
	30,36(30,36)	1.02,74(32,38)	1.36,30(33,56)	2.08,49(32,19)	
5	Elin Slaatmo	92	Hamar IL	2.08,57	719
	30,72(30,72)	1.03,46(32,74)	1.36,73(33,27)	2.08,57(31,84)	
6	Victoria Rung	92	TS/Frisinn	2.08,90	713
	31,01(31,01)	1.03,73(32,72)	1.36,33(32,60)	2.08,90(32,57)	
7	Line W. Lund	91	Moss SK	2.08,91	713
	30,91(30,91)	1.03,89(32,98)	1.36,49(32,60)	2.08,91(32,42)	
8	Sofie Gjemmestad	89	Asker SK	2.08,93	713
	30,53(30,53)	1.03,37(32,84)	1.36,51(33,14)	2.08,93(32,42)	
9	Emilie Hellerud	92	Lambertseter SK/NTG	2.10,23	692
	30,80(30,80)	1.03,43(32,63)	1.37,23(33,80)	2.10,23(33,00)	
10	Siri Anette Sønju	92	Øvre Eiker SK	2.12,68	654
	30,90(30,90)	1.04,27(33,37)	1.38,50(34,23)	2.12,68(34,18)	
11	Terese Fosby	92	Sarpsborg IL	2.14,29	631
	30,73(30,73)	1.04,69(33,96)	1.39,55(34,86)	2.14,29(34,74)	
12	Stine K. Jansen	90	Moss SK	2.15,40	615
	31,06(31,06)	1.05,07(34,01)	1.40,71(35,64)	2.15,40(34,69)	
13	Martine Bremer	90	Bergens SLK	2.16,11	606
	30,81(30,81)	1.04,47(33,66)	1.39,83(35,36)	2.16,11(36,28)	
14	Siri N. Andersen	92	Haldens SK	2.16,81	597
	32,32(32,32)	1.07,23(34,91)	1.42,56(35,33)	2.16,81(34,25)	
15	Katrine Ekstang	92	Setermoen SK	2.19,39	564
	32,75(32,75)	1.08,15(35,40)	1.44,23(36,08)	2.19,39(35,16)	
16	Guro Knutsen	91	Øvre Eiker SK	2.20,94	546
	32,77(32,77)	1.08,66(35,89)	1.45,37(36,71)	2.20,94(35,57)	

## UM

1	Susann Bjørnsen 30,48(30,48)	93	Setermoen SK 1.36,31(32,83)	2.08,43	721
		1.03,48(33,00)		2.08,43(32,12)	
2	Pia Cornelia Braarud 30,36(30,36)	93	Lambertseter SK 1.36,11(33,32)	2.08,78	715
		1.02,79(32,43)		2.08,78(32,67)	
3	Karoline Pedersen 30,83(30,83)	94	Bergens SLK 1.37,19(33,26)	2.09,77	699
		1.03,93(33,10)		2.09,77(32,58)	
4	Hanne Lockertsen 31,37(31,37)	94	Tromsø SK 1.38,28(33,24)	2.11,17	677
		1.05,04(33,67)		2.11,17(32,89)	
5	Emilie N. Løvberg 30,17(30,17)	95	Bærumsvømmerne 1.38,60(34,33)	2.11,73	668
		1.04,27(34,10)		2.11,73(33,13)	
6	Andrea Westbye 31,19(31,19)	95	Bærumsvømmerne 1.39,51(34,50)	2.14,06	634
		1.05,01(33,82)		2.14,06(34,55)	
7	Birgitte Elise Søfteland 31,26(31,26)	94	Sarpsborg IL 1.39,35(34,86)	2.15,43	615
		1.04,49(33,23)		2.15,43(36,08)	
8	Maria Bølgen 30,50(30,50)	93	Bærumsvømmerne 1.40,52(35,50)	2.15,50	614
		1.05,02(34,52)		2.15,50(34,98)	
9	Marie Reinertsen 31,09(31,09)	93	Vestkantsvømmerne 1.41,82(36,11)	2.17,95	582
		1.05,71(34,62)		2.17,95(36,13)	
10	Christiana Bjørkli 32,29(32,29)	93	Trondheim SLK 1.42,79(35,99)	2.18,94	570
		1.06,80(34,51)		2.18,94(36,15)	

## Øvelse 28. 200m butterfly, herrer

## Junior

1	Sindri T. Jakobsson 27,56(27,56)	91	BS/Delfana 1.33,05(33,03)	2.06,74	701
		1.00,02(32,46)		2.06,74(33,69)	
2	Stian S. Langeland 28,59(28,59)	89	Bergens SC 1.34,83(33,91)	2.09,56	656
		1.00,92(32,33)		2.09,56(34,73)	
3	Sebastian Stordal 28,38(28,38)	91	BS/Delfana 1.35,08(33,66)	2.09,87	651
		1.01,42(33,04)		2.09,87(34,79)	
4	Ole Martin Ree 29,25(29,25)	92	TS/Sola SK 1.35,61(33,66)	2.10,07	648
		1.01,95(32,70)		2.10,07(34,46)	
5	Simen Andreassen 30,59(30,59)	92	Florø SLK 1.40,13(34,76)	2.15,44	574
		1.05,37(34,78)		2.15,44(35,31)	
6	Sindre Eilertsen 30,94(30,94)	90	Lambertseter SK 1.40,02(34,89)	2.15,89	568
		1.05,13(34,19)		2.15,89(35,87)	
7	Vegard Løvberg 29,47(29,47)	91	Bærumsvømmerne 1.38,92(35,81)	2.16,16	565
		1.03,11(33,64)		2.16,16(37,24)	
8	Carl Andreas Wathne 30,06(30,06)	91	Bærumsvømmerne 1.40,18(35,65)	2.16,93	556
		1.04,53(34,47)		2.16,93(36,75)	
9	Espen Halhjem 29,94(29,94)	92	BS/Delfana 1.41,12(36,36)	2.17,95	543
		1.04,76(34,82)		2.17,95(36,83)	
10	Christer M. Hagen 32,04(32,04)	91	Fauske SK 1.42,92(35,71)	2.18,74	534
		1.07,21(35,17)		2.18,74(35,82)	
11	Antonis Xepapadakis 30,57(30,57)	90	IL Varg 1.41,64(36,25)	2.19,59	524
		1.05,39(34,82)		2.19,59(37,95)	
12	Håkon Aleksander Vik 29,48(29,48)	90	Haldens SK 1.41,37(37,39)	2.21,07	508
		1.03,98(34,50)		2.21,07(39,70)	
13	Erlend Ulveseter 29,87(29,87)	92	Åstveit SK 1.42,69(37,60)	2.21,63	502
		1.05,09(35,22)		2.21,63(38,94)	
14	Henning Kaland 32,30(32,30)	92	Oslo IL 1.44,65(36,66)	2.22,57	492
		1.07,99(35,69)		2.22,57(37,92)	
15	Eirik Ramstad 31,87(31,87)	91	TS/Madla SK 1.45,76(37,44)	2.22,73	490
		1.08,32(36,45)		2.22,73(36,97)	
16	Kristian Evensen 31,35(31,35)	90	Kristiansand SA 1.45,37(37,57)	2.24,08	477
		1.07,80(36,45)		2.24,08(38,71)	
17	Markus Jonassen 31,72(31,72)	92	Setermoen SK 1.48,37(38,61)	2.25,23	466
		1.09,76(38,04)		2.25,23(36,86)	
18	Jon Erik Sønning 30,97(30,97)	91	Oslo IL 1.46,42(39,29)	2.26,03	458
		1.07,13(36,16)		2.26,03(39,61)	

**Bergens SC****NM Junior/UM 2008****Resultater**

19	Sindre Mowatt Gruben	92	Bergens SC	2.26,47	454
	30,30(30,30)	1.05,76(35,46)	1.44,26(38,50)	2.26,47(42,21)	
20	Sindre Lilledahl	92	Haugesund SK	2.27,18	447
	32,98(32,98)	1.10,81(37,83)	1.49,12(38,31)	2.27,18(38,06)	
21	Andreas Mathingsdal Pedersen	92	Farsund SK	2.28,71	434
	32,62(32,62)	1.10,55(37,93)	1.49,75(39,20)	2.28,71(38,96)	
22	Oscar Forsstrøm	92	Haldens SK	2.30,34	420
	31,52(31,52)	1.07,69(36,17)	1.47,07(39,38)	2.30,34(43,27)	
	Tor Hafnor	91	Bærumsvømmerne	DISK	

**UM**

1	Christian Juvik	93	Stavanger SC	2.13,44	600
	28,40(28,40)	1.02,79(34,39)	1.38,18(35,39)	2.13,44(35,26)	
2	Fredrik K Hegdal	94	Stavanger SC	2.15,16	578
	30,34(30,34)	1.05,33(34,99)	1.40,33(35,00)	2.15,16(34,83)	
3	Øyvind L. Styrmo	93	Delfana	2.19,60	524
	30,90(30,90)	1.06,63(35,73)	1.43,27(36,64)	2.19,60(36,33)	
4	Oscar Slaatmo	94	Hamar IL	2.21,74	501
	31,65(31,65)	1.07,82(36,17)	1.44,80(36,98)	2.21,74(36,94)	
5	Sindre S. Løbersli	93	Skjetten Svømming	2.24,05	477
	31,19(31,19)	1.07,34(36,15)	1.45,52(38,18)	2.24,05(38,53)	
6	Thomas Myhrer	94	Sarpsborg IL	2.24,70	471
	31,11(31,11)	1.07,98(36,87)	1.46,17(38,19)	2.24,70(38,53)	
7	Morten Bordervich	94	Sola SK	2.24,79	470
	32,58(32,58)	1.09,33(36,75)	1.47,01(37,68)	2.24,79(37,78)	
8	Martin Gundersen	93	IL Varg	2.25,14	466
	30,36(30,36)	1.07,34(36,98)	1.46,13(38,79)	2.25,14(39,01)	
9	Daniel Skauge	93	Kristiansand SA	2.29,11	430
	31,49(31,49)	1.08,05(36,56)	1.47,21(39,16)	2.29,11(41,90)	
10	Eirik H. Wallevik	94	Arna SLK	2.30,24	420
	31,85(31,85)	1.08,79(36,94)	1.48,60(39,81)	2.30,24(41,64)	
11	Gunnar Evjen	93	Vestbyen IL	2.32,56	402
	33,32(33,32)	1.11,65(38,33)	1.50,57(38,92)	2.32,56(41,99)	

**Øvelse 29. 100m rygg, damer****Junior**

1	Ina Kr. Pedersen	89	Sarpsborg IL	(0,70)	1.06,27	682
	32,35(32,35)	1.06,27(33,92)				
2	Elisabeth H. Svensson	91	Ski SK/NTG	(0,75)	1.06,52	675
	32,53(32,53)	1.06,52(33,99)				
3	Gina B. Andersen	90	Skjetten Svømming/NTG(0,73)		1.06,72	669
	33,40(33,40)	1.06,72(33,32)				
4	Iselin Mjøllner Dahlen	92	Skjetten Svømming/NTG(0,71)		1.06,75	668
	32,81(32,81)	1.06,75(33,94)				
5	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	(0,82)	1.07,79	638
	32,79(32,79)	1.07,79(35,00)				
6	Oda Marie Siljan	92	Poseidon	(0,78)	1.08,05	630
	33,03(33,03)	1.08,05(35,02)				
7	Seline Vike Holm	92	Arna SLK	(0,62)	1.08,43	620
	33,16(33,16)	1.08,43(35,27)				
8	Julie Borgen	91	Sarpsborg IL	(0,80)	1.08,62	615
	32,87(32,87)	1.08,62(35,75)				
9	Ragnhild Søfteland	92	Bergens SC	(0,71)	1.08,66	614
	32,85(32,85)	1.08,66(35,81)				
10	Siri Anette Sønju	92	Øvre Eiker SK	(0,68)	1.08,74	611
	33,30(33,30)	1.08,74(35,44)				
11	Camilla Moe	92	Ås IL	(0,76)	1.09,04	604
	33,36(33,36)	1.09,04(35,68)				
12	Ida Nordbø	89	TS/Madla SK	(0,73)	1.09,05	603
	32,72(32,72)	1.09,05(36,33)				

**Bergens SC****NM Junior/UM 2008****Resultater**

13	Vibeke Browne 33,44(33,44)	89	Bærumsvømmerne	(0,68)	1.09,36	595
14	Marit Vala 32,94(32,94)	90	Lambertseter SK	(0,67)	1.09,55	590
15	Elisabeth Kristiansen 33,62(33,62)	92	Haugesund SK	(0,69)	1.09,73	586
16	Trine Hovda 33,30(33,30)	90	TS/Madla SK	(0,65)	1.10,01	579
17	Victoria T. Solberg 34,03(34,03)	89	Asker SK	(0,75)	1.10,17	575
18	Thea Pedersen 33,93(33,93)	91	Moss SK	(0,73)	1.10,20	574
19	Helene Eikeskog Burger 34,08(34,08)	92	Kolbotn IL	(0,86)	1.10,61	564
19	Stine K. Jansen 34,35(34,35)	90	Moss SK	(0,81)	1.10,61	564
21	Sophia Broberg Skeltved 33,92(33,92)	92	Tromsø SK/NTG	(0,76)	1.10,79	560
	Katja Heinänen	90	BS/Bergen SLK		DISK	

**UM**

1	Jacqueline Knutsson 33,09(33,09)	93	Kongstensvømmerne	(0,84)	1.07,65	642
2	Aslaug Marie Hjelmaas 33,29(33,29)	95	Bergens SLK	(0,70)	1.08,38	621
3	Marthe Helene Haganes 32,99(32,99)	93	Vestkantsvømmerne	(0,76)	1.08,46	619
4	Veronica Orheim Bjørlykke 33,31(33,31)	94	Aalesund SLK	(0,61)	1.08,64	614
5	Bitte Fagermo 33,94(33,94)	93	Narvik SK	(0,84)	1.08,92	607
6	Eva Marie W. Østerhus 34,29(34,29)	94	TS/Madla SK	(0,75)	1.10,03	578
7	Lotte Thommesen 34,33(34,33)	94	Poseidon	(0,76)	1.10,62	564
8	Helene Thunes Truyen 34,77(34,77)	93	Delfana	(0,78)	1.11,38	546
9	Hanne Lockertsen 35,06(35,06)	94	Tromsø SK	(0,83)	1.11,80	536
10	Luna Elisabeth Sjøgaard 35,41(35,41)	94	Lambertseter SK	(0,76)	1.11,82	536
11	Ida Arnøy 35,29(35,29)	93	Lørenskog/Rælingen	(0,70)	1.12,14	529

**Funksjonshemmede**

1	Tonje Immerstein	89	Sandnes SLK	(0,68)	1.26,19	310	S10 119,29 %
2	Ingvill S. Hilleren 54,06(54,06)	90	Vestkantsvømmerne	(1,51)	1.50,10	148	S7 128,68 %
3	Hanne Farestvedt 45,67(45,67)	93	Åstveit SK	(0,72)	1.34,67	234	S14 135,71 %
4	Ingrid Djupskås 46,56(46,56)	89	Asker SK	(0,84)	1.34,56	235	S9 135,84 %

## Øvelse 30. 100m fri, herrer

## Junior

1	Øystein R. Hetland 23,94(23,94)	89	Bærumsvømmerne	50,97	784
2	Mikael Bergene 24,84(24,84)	91	Lambertseter SK	51,66	753
3	Christer Koch Kvam 24,72(24,72)	90	Bærum/NTG	52,00	738
4	Mattis Saghaug 25,76(25,76)	90	IL Varg/NTG	53,11	693
5	Stian Werner Erichsen 25,73(25,73)	90	Bærumsvømmerne	53,23	688
6	Mikkel Tørud Lang 25,96(25,96)	90	Ullensakersv	53,26	687
7	Bernt M. Seyffarth 25,18(25,18)	89	Mandal SK	53,53	676
8	Alexander B. Havre 25,23(25,23)	90	Mandal SK	53,81	666
9	Mathias Sørstrand Æsøy 25,71(25,71)	90	Florø SLK	53,85	664
10	Even Vike Holm 25,75(25,75)	90	BS/Arna	53,89	663
11	Martin Skramstad 25,79(25,79)	89	Hamar IL	53,94	661
12	Elias Damman 26,43(26,43)	89	Bærumsvømmerne	54,02	658
13	Jørn Nygård 26,33(26,33)	92	Stavanger SC	54,16	653
14	Christian Sunde 26,03(26,03)	89	Elverum Svømming	54,17	653
15	Joar Skien Grannes 25,62(25,62)	90	Sandnes SLK	54,28	649
16	Tor Hafnor 26,60(26,60)	91	Bærumsvømmerne	54,73	633
17	Bjarte Ravndal 25,74(25,74)	91	TS/Sola SK	54,77	631
18	Kristoffer Skribeland 26,38(26,38)	91	Asker SK	54,98	624
19	Martin Hals 26,34(26,34)	91	Øvre Eiker SK	55,05	622
20	Magnus Klæboe Nordgård 27,17(27,17)	89	Tromsø SK	55,63	603
21	Geir T. Kristiansen 26,90(26,90)	90	Larvik SK	55,65	602
22	Jonas Kirkeberg Jostad 26,78(26,78)	92	Hamar IL	56,18	585
23	Carl Andreas Wathne 27,23(27,23)	91	Bærumsvømmerne	56,98	561

## UM

1	Mats Gøran Høgenhaug 25,30(25,30)	93	Namsos SK	52,52	716
2	Zoltan Csernai 25,92(25,92)	93	BS/Åstveit	52,73	708
3	Sander Rødje 26,15(26,15)	93	Haugesund SK	54,13	654
4	Martin Hammer 26,17(26,17)	93	Kongstensvømmerne	54,89	627
5	Jørgen Aagaard-Nilsen Wiik 27,00(27,00)	93	Larvik SK	56,04	589
6	Julian Åsheim Mikkelsen 26,62(26,62)	93	Ås IL	56,18	585

7	Thorbjørn Birkeland 27,21(27,21)	93	Haugesund SK	56,45	577
8	Runar Borgen 26,46(26,46)	93	Bodø SK	56,58	573
9	Johan Parker Nygård 26,97(26,97)	94	Kolbotn IL	56,61	572
10	Gaute Ravndal 27,37(27,37)	94	Sola SK	56,69	569
11	Henry Emil Nordhagen 26,78(26,78)	93	Bærumsvømmerne	56,72	568
12	Martin Gundersen 28,17(28,17)	93	IL Varg	57,63	542

## Funksjonshemmede

1	Roar Mellemseter 37,55(37,55)	92	Sunnal SLK	1.19,46	206	S8 137,62 %
2	Bendik Savstad 35,07(35,07)	95	Tverlandet IL	1.16,11	235	S10 145,39 %

## Øvelse 31. 50m fri, damer

## Junior

1	Victoria S. Løken	91	Team Stavanger	26,65	758
2	Cecilie W. Johannessen	90	Karmøy SK	27,24	709
3	Sofie Gjemmestad	89	Asker SK	27,31	704
4	Ina Kr. Pedersen	89	Sarpsborg IL	27,34	702
5	Vibeke Brigg	89	TS/Madla SK	27,54	686
6	Monica W. Johannessen	90	Karmøy SK	27,60	682
7	Martine Bremer	90	Bergens SLK	27,65	678
8	Line W. Lund	91	Moss SK	27,71	674
9	Hanne Søfteland	92	BS/Delfana	27,75	671
10	Emilie Hellerud	92	Lambertseter SK/NTG	27,85	664
11	Kristine Mella	90	Bærumsvømmerne	27,86	663
12	Emma Isdahl	92	Lambertseter SK	27,93	658
13	Siv Fiske	92	Tromsø SK/NTG	28,33	631
14	Oda J. Midtun	91	Arna SLK	28,34	630
15	Ingrid Marie Rytter	91	Vestbyen IL	28,40	626
16	Katinka Kvant	89	Arna SLK	28,79	601

## UM

1	Siri Eva Kristiansen	93	Asker SK	27,39	698
2	Emilie N. Løvberg	95	Bærumsvømmerne	27,74	672
3	Susann Bjørnsen	93	Setermoen SK	27,76	670
4	Maria Bølgen	93	Bærumsvømmerne	28,11	646
5	Marthe Helene Haganen	93	Vestkantsvømmerne	28,17	641
6	Mette Mellbye Larsen	95	Asker SK	28,35	629
7	Pia Cornelia Braarud	93	Lambertseter SK	28,42	625
8	Aslaug Marie Hjelmaas	95	Bergens SLK	28,44	623
9	Kaja Bremer	93	Bergens SLK	28,76	603
10	Ida Johansen	94	Øvre Eiker SK	28,79	601
11	Karoline Pedersen	94	Bergens SLK	29,03	586
12	Andrea Westbye	95	Bærumsvømmerne	29,08	583
13	Birgitte Elise Søfteland	94	Sarpsborg IL	29,24	573
14	Juni Rugland	93	Vestkantsvømmerne	29,26	572
15	Veronica Orheim Bjørlykke	94	Aalesund SLK	29,33	568
16	Jeanette Erlandsen Oda Haagensen	93 94	Lørenskog/Rælingen Haldens SK	29,36	566 DISK

## Øvelse 32. 100m bryst, herrer

## Junior

1	Sverre Næss 29,99(29,99)	92	Sarpsborg IL	1.03,75	771
2	Sindre Søderlund 30,67(30,67)	91	Trondheim SLK/NTG	1.04,29	751
3	Marcus Tesdal 30,40(30,40)	90	BS/Åstveit	1.04,86	732
4	Kristoffer Meisler 31,25(31,25)	90	Fauske SK	1.05,53	709
5	Erling Mjøs Brattelid 31,41(31,41)	91	TS/Sola SK	1.05,77	702
6	Mattis Saghaug 31,98(31,98)	90	IL Varg/NTG	1.06,12	691
7	Sebastian Wigstrøm 31,53(31,53)	91	Bærumsvømmerne	1.06,31	685
8	John Lekhmus 31,50(31,50)	91	Tromsø SK	1.06,45	680
9	Simen Dale 31,64(31,64)	91	BS/Delfana	1.07,08	661
10	Joachim Jakobsen 32,18(32,18)	91	Vestkantsvømmerne	1.08,06	633
11	Thomas W. Kristiansen 31,94(31,94)	89	Ski SK	1.08,87	611
12	Adrian A. Skogvold 32,40(32,40)	91	Tverlandet IL	1.09,05	606
13	André Eide 32,27(32,27)	89	Narvik SK	1.09,21	602
14	Anders Tandberg 32,24(32,24)	90	Sarpsborg IL	1.09,46	596
15	Sigurd Ravnann 33,23(33,23)	91	Hamar IL	1.09,60	592
16	Martin Hals 32,85(32,85)	91	Øvre Eiker SK	1.09,66	591
17	Bernt M. Seyffarth 32,09(32,09)	89	Mandal SK	1.10,43	571
18	Martin Lygre Eriksen 33,15(33,15)	90	Bergens SC	1.10,49	570
19	Magnus Klæboe Nordgård 34,35(34,35)	89	Tromsø SK	1.12,25	529
20	Christian Sunde 33,65(33,65)	89	Elverum Svømming	1.12,70	519
21	Espen Halhjem 34,16(34,16)	92	BS/Delfana	1.13,22	508

## UM

1	Hans Kristian Andersen 31,59(31,59)	93	Florø SLK	1.06,26	686
2	Hans Østerdal 31,88(31,88)	93	Stavanger SC	1.07,48	650
3	Håvard Hole 32,67(32,67)	93	Delfana	1.09,46	596
4	Aleksander Sire 32,78(32,78)	93	Modum SK	1.09,49	595
5	Markus Vindenes 33,10(33,10)	94	Vestkantsvømmerne	1.09,85	586
6	Martin Gundersen 33,86(33,86)	93	IL Varg	1.12,37	527
7	Christopher Wolf 34,32(34,32)	93	Vestbyen IL	1.14,59	481

## Funksjonshemmede

1	Bendik Savstad	95	Tverlandet IL	1.44,82	173	SB9 147,95 %
	49,10(49,10)	1.44,82(55,72)				
	Roar Mellemseter	92	Sunndal SLK	DISK		SB8

## Øvelse 33. 100m individuell medley, damer

## Junior

1	Ina Marleen Holm	90	TS/Madla SK	1.04,64	799	
	30,30(30,30)	1.04,64(34,34)				
2	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	1.06,48	734	
	30,20(30,20)	1.06,48(36,28)				
3	Trine Austrøne Olsen	90	Fauske SK	1.06,72	726	
	31,20(31,20)	1.06,72(35,52)				
4	Sara Pettersen	91	Fauske SK	1.07,59	699	
	30,85(30,85)	1.07,59(36,74)				
5	Nora Kathrine Guthe	91	Asker SK	1.07,86	690	
	31,66(31,66)	1.07,86(36,20)				
6	Monica W. Johannessen	90	Karmøy SK	1.08,78	663	
	31,37(31,37)	1.08,78(37,41)				
7	Maren Kristine Jansen	90	TS/Randaberg	1.09,19	651	
	32,37(32,37)	1.09,19(36,82)				
8	Sophia Broberg Skeltved	92	Tromsø SK/NTG	1.09,32	648	
	32,13(32,13)	1.09,32(37,19)				
9	Emma Isdahl	92	Lambertseter SK	1.09,67	638	
	31,91(31,91)	1.09,67(37,76)				
10	Martine Bremer	90	Bergens SLK	1.09,78	635	
	32,96(32,96)	1.09,78(36,82)				
11	Line W. Lund	91	Moss SK	1.09,95	630	
	32,59(32,59)	1.09,95(37,36)				
12	Mari Singstad	91	Vestbyen IL	1.10,13	625	
	33,31(33,31)	1.10,13(36,82)				
13	Benedicte Kausland	92	Vestkantsvømmerne	1.10,23	623	
	33,11(33,11)	1.10,23(37,12)				
14	Katrine Jensen	92	BS/Åstveit	1.11,26	596	
	33,57(33,57)	1.11,26(37,69)				
15	Julie Borgen	91	Sarpsborg IL	1.13,53	543	
	33,24(33,24)	1.13,53(40,29)				
16	Marte Elise Brinchmann	91	Moss SK	1.14,71	517	
	34,47(34,47)	1.14,71(40,24)				
	Karoline Brudvik Sanderud	89	Hamar IL	DISK		

## UM

1	Stine Vindenes	93	Vestkantsvømmerne	1.06,94	719	
	31,59(31,59)	1.06,94(35,35)				
2	Siri Eva Kristiansen	93	Asker SK	1.07,56	700	
	32,51(32,51)	1.07,56(35,05)				
3	Susann Bjørnsen	93	Setermoen SK	1.08,63	667	
	32,97(32,97)	1.08,63(35,66)				
4	Andrea Hestdal	94	Åstveit SK	1.08,78	663	
	32,88(32,88)	1.08,78(35,90)				
5	Kaja Bremer	93	Bergens SLK	1.10,36	619	
	33,55(33,55)	1.10,36(36,81)				
6	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.10,39	619	
	32,61(32,61)	1.10,39(37,78)				
7	Caroline M. Mork	93	Stavanger SC	1.10,75	609	
	32,99(32,99)	1.10,75(37,76)				

8	Jacqueline Knutsson 32,51(32,51)	93	Kongstensvømmerne	1.11,29	595
9	Luna Elisabeth Sjøgaard 34,22(34,22)	94	Lambertseter SK	1.11,42	592
10	Stine Lise Stenseth 33,34(33,34)	94	Øvre Eiker SK	1.11,54	589
11	Stine Tveit 34,08(34,08)	93	Trondheim SLK	1.11,79	583
12	Siren Bergslid 35,18(35,18)	93	Stavanger SC	1.12,89	557
13	Lotte Thommesen 32,30(32,30)	94	Poseidon	1.13,04	554
14	Maren Larsen 34,08(34,08)	94	Madla SK	1.13,36	546
15	Stine Vik Olsen 33,98(33,98)	93	Kristiansund SLK	1.16,19	488

## Funksjonshemmede

1	Hanne Farestvedt 43,63(43,63)	93	Åstveit SK	1.33,87	261SM14 129,71 %
	Ingrid Djupskås	89	Asker SK	DISK	SM8

## Øvelse 34. 1500m fri, herrer - Direkte finale – Foreløpig før siste heat

## UM

1	Martin Berger Oterholm 30,24(30,24) 2.42,22(32,54) 4.54,83(33,17) 7.07,85(33,27) 9.20,72(33,09) 11.33,50(33,02) 13.45,57(32,96) 15.57,60(32,88)	93	Kolbotn IL	16.29,11	685
			1.02,96(32,72) 3.15,38(33,16) 5.28,21(33,38) 7.41,23(33,38) 9.53,94(33,22) 12.06,22(32,72) 14.18,50(32,93) 16.29,11(31,51)	1.36,51(33,55) 3.48,55(33,17) 6.01,19(32,98) 8.14,30(33,07) 10.27,28(33,34) 12.39,43(33,21) 14.51,88(33,38) 15.24,72(32,84)	
2	Oscar Slaatmo 30,21(30,21) 2.44,73(33,49) 5.00,66(34,16) 7.17,59(34,16) 9.34,83(34,17) 11.51,73(34,28) 14.10,05(34,54) 16.26,88(33,93)	94	Hamar IL	16.58,33	627
			1.03,62(33,41) 3.18,44(33,71) 5.34,66(34,00) 7.52,15(34,56) 10.09,01(34,18) 12.26,12(34,39) 14.44,42(34,37) 16.58,33(31,45)	1.37,53(33,91) 3.52,13(33,69) 6.09,04(34,38) 8.26,62(34,47) 10.42,90(33,89) 13.01,02(34,90) 15.18,74(34,32) 15.52,95(34,21)	
3	Morten Bordervich 31,36(31,36) 2.45,73(34,20) 5.02,00(33,84) 7.18,44(34,14) 9.35,78(34,41) 11.53,39(34,58) 14.11,74(34,57) 16.28,77(33,56)	94	Sola SK	17.00,72	623
			1.04,53(33,17) 3.20,04(34,31) 5.35,91(33,91) 7.52,89(34,45) 10.09,95(34,17) 12.27,83(34,44) 14.46,20(34,46) 17.00,72(31,95)	1.37,95(33,42) 3.54,24(34,20) 6.10,06(34,15) 8.27,30(34,41) 10.44,45(34,50) 13.02,41(34,58) 15.20,84(34,64) 15.55,21(34,37)	
4	Thorbjørn Birkeland 30,38(30,38) 2.46,63(34,37) 5.06,91(35,32) 7.29,76(35,80) 9.53,02(36,16) 12.15,04(35,76) 14.38,97(35,44) 17.00,57(34,86)	93	Haugesund SK	17.34,79	564
			1.03,57(33,19) 3.21,90(35,27) 5.42,64(35,73) 8.05,30(35,54) 10.27,80(34,78) 12.51,18(36,14) 15.14,65(35,68) 17.34,79(34,22)	1.37,96(34,39) 3.56,87(34,97) 6.18,24(35,60) 8.41,42(36,12) 11.03,05(35,25) 13.27,20(36,02) 15.50,23(35,58) 16.25,71(35,48)	2.12,26(34,30) 4.31,59(34,72) 6.53,96(35,72) 9.16,86(35,44) 11.39,28(36,23) 14.03,53(36,33) 16.25,71(35,48)

5	Gunnar Evjen	93	Vestbyen IL	17.37,67	560
	32,62(32,62)	1.08,44(35,82)	1.43,70(35,26)	2.19,49(35,79)	
	2.55,34(35,85)	3.31,44(36,10)	4.07,00(35,56)	4.43,13(36,13)	
	5.19,10(35,97)	5.54,06(34,96)	6.28,98(34,92)	7.04,33(35,35)	
	7.39,22(34,89)	8.14,38(35,16)	8.49,22(34,84)	9.24,74(35,52)	
	9.59,91(35,17)	10.35,00(35,09)	11.10,64(35,64)	11.45,49(34,85)	
	12.20,96(35,47)	12.56,14(35,18)	13.31,96(35,82)	14.07,81(35,85)	
	14.42,97(35,16)	15.18,83(35,86)	15.54,96(36,13)	16.29,52(34,56)	
	17.04,51(34,99)	17.37,67(33,16)			
6	Øystein Fjeldberg	93	Randaberg IL	17.49,01	542
	31,75(31,75)	1.06,08(34,33)	1.40,84(34,76)	2.16,09(35,25)	
	2.51,43(35,34)	3.26,64(35,21)	4.01,88(35,24)	4.37,39(35,51)	
	5.12,72(35,33)	5.48,65(35,93)	6.24,15(35,50)	7.00,16(36,01)	
	7.36,22(36,06)	8.12,15(35,93)	8.48,22(36,07)	9.24,35(36,13)	
	10.00,19(35,84)	10.36,96(36,77)	11.13,22(36,26)	11.48,77(35,55)	
	12.24,40(35,63)	12.59,95(35,55)	13.35,88(35,93)	14.12,38(36,50)	
	14.48,98(36,60)	15.25,02(36,04)	16.01,30(36,28)	16.37,72(36,42)	
	17.13,84(36,12)	17.49,01(35,17)			
7	Ivan Aleksander Larsen	95	Karmøy SK	17.49,07	542
	30,67(30,67)	1.05,74(35,07)	1.41,64(35,90)	2.17,42(35,78)	
	2.53,16(35,74)	3.28,80(35,64)	4.04,27(35,47)	4.40,29(36,02)	
	5.16,34(36,05)	5.52,44(36,10)	6.28,66(36,22)	7.04,58(35,92)	
	7.41,07(36,49)	8.17,27(36,20)	8.54,16(36,89)	9.29,91(35,75)	
	10.06,18(36,27)	10.42,35(36,17)	11.18,38(36,03)	11.54,88(36,50)	
	12.31,35(36,47)	13.07,74(36,39)	13.43,55(35,81)	14.19,43(35,88)	
	14.55,80(36,37)	15.30,77(34,97)	16.06,10(35,33)	16.41,90(35,80)	
	17.16,78(34,88)	17.49,07(32,29)			
8	Dan Martin Gudbrandsen	93	Moss SK	18.05,25	518
	30,57(30,57)	1.05,22(34,65)	1.40,37(35,15)	2.16,58(36,21)	
	2.51,92(35,34)	3.28,02(36,10)	4.04,04(36,02)	4.40,69(36,65)	
	5.17,66(36,97)	5.54,23(36,57)	6.31,14(36,91)	7.08,07(36,93)	
	7.45,16(37,09)	8.21,82(36,66)	8.59,21(37,39)	9.35,81(36,60)	
	10.12,73(36,92)	10.49,51(36,78)	11.25,60(36,09)	12.02,31(36,71)	
	12.39,12(36,81)	13.15,94(36,82)	13.52,51(36,57)	14.29,76(37,25)	
	15.06,43(36,67)	15.42,65(36,22)	16.19,13(36,48)	16.55,62(36,49)	
	17.30,75(35,13)	18.05,25(34,50)			
9	Robin H. Kleiven	93	Aalesund SLK	18.10,01	511
	32,81(32,81)	1.08,07(35,26)	1.43,68(35,61)	2.18,99(35,31)	
	2.54,71(35,72)	3.30,51(35,80)	4.06,50(35,99)	4.42,46(35,96)	
	5.18,52(36,06)	5.54,94(36,42)	6.31,35(36,41)	7.07,65(36,30)	
	7.44,36(36,71)	8.20,75(36,39)	8.57,23(36,48)	9.34,13(36,90)	
	10.10,81(36,68)	10.47,30(36,49)	11.24,69(37,39)	12.01,97(37,28)	
	12.39,06(37,09)	13.16,31(37,25)	13.53,58(37,27)	14.30,73(37,15)	
	15.08,04(37,31)	15.45,21(37,17)	16.22,16(36,95)	16.59,52(37,36)	
	17.35,59(36,07)	18.10,01(34,42)			
10	Ingvar V. Skirbekk	93	Elverum Svømming	18.14,63	505
	31,90(31,90)	1.06,58(34,68)	1.41,92(35,34)	2.17,71(35,79)	
	2.54,04(36,33)	3.29,91(35,87)	4.06,49(36,58)	4.43,39(36,90)	
	5.20,10(36,71)	5.56,69(36,59)	6.33,61(36,92)	7.10,42(36,81)	
	7.47,45(37,03)	8.24,05(36,60)	9.00,82(36,77)	9.37,57(36,75)	
	10.14,42(36,85)	10.51,44(37,02)	11.28,60(37,16)	12.05,61(37,01)	
	12.42,61(37,00)	13.19,32(36,71)	13.56,56(37,24)	14.33,93(37,37)	
	15.10,76(36,83)	15.47,93(37,17)	16.24,89(36,96)	17.02,27(37,38)	
	17.38,67(36,40)	18.14,63(35,96)			
11	Kjetil Flatland	94	Lørenskog/Rælingen	18.33,73	479
	33,03(33,03)	1.09,51(36,48)	1.46,62(37,11)	2.23,37(36,75)	
	3.00,26(36,89)	3.37,17(36,91)	4.14,16(36,99)	4.51,17(37,01)	
	5.28,25(37,08)	6.05,27(37,02)	6.43,07(37,80)	7.20,53(37,46)	
	7.57,94(37,41)	8.35,32(37,38)	9.12,66(37,34)	9.49,92(37,26)	
	10.27,55(37,63)	11.04,83(37,28)	11.42,21(37,38)	12.19,81(37,60)	
	12.57,00(37,19)	13.34,63(37,63)	14.12,14(37,51)	14.49,53(37,39)	
	15.27,16(37,63)	16.04,82(37,66)	16.42,48(37,66)	17.19,91(37,43)	
	17.57,33(37,42)	18.33,73(36,40)			

## Junior

1	Martin Berger Oterholm	93	Kolbotn IL	16.29,11	685
	30,24(30,24)	1.02,96(32,72)	1.36,51(33,55)	2.09,68(33,17)	
	2.42,22(32,54)	3.15,38(33,16)	3.48,55(33,17)	4.21,66(33,11)	
	4.54,83(33,17)	5.28,21(33,38)	6.01,19(32,98)	6.34,58(33,39)	
	7.07,85(33,27)	7.41,23(33,38)	8.14,30(33,07)	8.47,63(33,33)	
	9.20,72(33,09)	9.53,94(33,22)	10.27,28(33,34)	11.00,48(33,20)	
	11.33,50(33,02)	12.06,22(32,72)	12.39,43(33,21)	13.12,61(33,18)	
	13.45,57(32,96)	14.18,50(32,93)	14.51,88(33,38)	15.24,72(32,84)	
	15.57,60(32,88)	16.29,11(31,51)			
2	Oscar Slaatmo	94	Hamar IL	16.58,33	627
	30,21(30,21)	1.03,62(33,41)	1.37,53(33,91)	2.11,24(33,71)	
	2.44,73(33,49)	3.18,44(33,71)	3.52,13(33,69)	4.26,50(34,37)	
	5.00,66(34,16)	5.34,66(34,00)	6.09,04(34,38)	6.43,43(34,39)	
	7.17,59(34,16)	7.52,15(34,56)	8.26,62(34,47)	9.00,66(34,04)	
	9.34,83(34,17)	10.09,01(34,18)	10.42,90(33,89)	11.17,45(34,55)	
	11.51,73(34,28)	12.26,12(34,39)	13.01,02(34,90)	13.35,51(34,49)	
	14.10,05(34,54)	14.44,42(34,37)	15.18,74(34,32)	15.52,95(34,21)	
	16.26,88(33,93)	16.58,33(31,45)			
3	Morten Bordervich	94	Sola SK	17.00,72	623
	31,36(31,36)	1.04,53(33,17)	1.37,95(33,42)	2.11,53(33,58)	
	2.45,73(34,20)	3.20,04(34,31)	3.54,24(34,20)	4.28,16(33,92)	
	5.02,00(33,84)	5.35,91(33,91)	6.10,06(34,15)	6.44,30(34,24)	
	7.18,44(34,14)	7.52,89(34,45)	8.27,30(34,41)	9.01,37(34,07)	
	9.35,78(34,41)	10.09,95(34,17)	10.44,45(34,50)	11.18,81(34,36)	
	11.53,39(34,58)	12.27,83(34,44)	13.02,41(34,58)	13.37,17(34,76)	
	14.11,74(34,57)	14.46,20(34,46)	15.20,84(34,64)	15.55,21(34,37)	
	16.28,77(33,56)	17.00,72(31,95)			
4	Odin Spangen Normann	92	IL Varg	17.05,58	614
	30,00(30,00)	1.03,85(33,85)	1.37,18(33,33)	2.11,30(34,12)	
	2.45,03(33,73)	3.18,72(33,69)	3.53,58(34,86)	4.27,62(34,04)	
	5.02,39(34,77)	5.36,86(34,47)	6.11,49(34,63)	6.46,30(34,81)	
	7.21,09(34,79)	7.55,77(34,68)	8.30,23(34,46)	9.04,97(34,74)	
	9.39,24(34,27)	10.13,70(34,46)	10.48,14(34,44)	11.22,84(34,70)	
	11.57,34(34,50)	12.31,67(34,33)	13.06,07(34,40)	13.40,70(34,63)	
	14.14,77(34,07)	14.49,11(34,34)	15.23,36(34,25)	15.57,79(34,43)	
	16.32,35(34,56)	17.05,58(33,23)			
5	Henning S. Pryde	92	Stavanger SC	17.23,40	583
	30,10(30,10)	1.02,55(32,45)	1.36,23(33,68)	2.10,32(34,09)	
	2.44,63(34,31)	3.19,17(34,54)	3.53,84(34,67)	4.28,50(34,66)	
	5.03,54(35,04)	5.38,39(34,85)	6.13,53(35,14)	6.48,38(34,85)	
	7.23,93(35,55)	7.59,39(35,46)	8.34,77(35,38)	9.10,27(35,50)	
	9.45,81(35,54)	10.21,62(35,81)	10.57,30(35,68)	11.32,44(35,14)	
	12.07,53(35,09)	12.43,60(36,07)	13.19,20(35,60)	13.54,70(35,50)	
	14.30,32(35,62)	15.05,56(35,24)	15.40,77(35,21)	16.15,99(35,22)	
	16.50,53(34,54)	17.23,40(32,87)			
6	Sven Berg	92	Bergens SLK	17.28,59	575
	31,44(31,44)	1.05,37(33,93)	1.40,22(34,85)	2.15,18(34,96)	
	2.49,99(34,81)	3.25,49(35,50)	4.00,83(35,34)	4.36,36(35,53)	
	5.11,45(35,09)	5.46,74(35,29)	6.21,90(35,16)	6.57,32(35,42)	
	7.32,64(35,32)	8.08,03(35,39)	8.43,04(35,01)	9.18,01(34,97)	
	9.53,07(35,06)	10.28,50(35,43)	11.03,39(34,89)	11.38,70(35,31)	
	12.13,66(34,96)	12.49,21(35,55)	13.24,53(35,32)	13.59,68(35,15)	
	14.34,92(35,24)	15.09,71(34,79)	15.44,95(35,24)	16.20,21(35,26)	
	16.55,42(35,21)	17.28,59(33,17)			
7	Kristian Evensen	90	Kristiansand SA	17.32,55	568
	31,22(31,22)	1.06,07(34,85)	1.41,49(35,42)	2.17,14(35,65)	
	2.52,68(35,54)	3.28,45(35,77)	4.04,17(35,72)	4.40,13(35,96)	
	5.15,90(35,77)	5.51,63(35,73)	6.26,94(35,31)	7.02,05(35,11)	
	7.37,75(35,70)	8.13,24(35,49)	8.48,72(35,48)	9.24,15(35,43)	
	9.59,46(35,31)	10.34,63(35,17)	11.09,52(34,89)	11.44,79(35,27)	
	12.20,19(35,40)	12.55,68(35,49)	13.30,98(35,30)	14.06,03(35,05)	
	14.41,09(35,06)	15.15,78(34,69)	15.50,59(34,81)	16.25,29(34,70)	
	16.59,81(34,52)	17.32,55(32,74)			

8	Sindre Lilledahl	92	Haugesund SK	17.34,78	564
	30,62(30,62)	1.04,34(33,72)	1.39,06(34,72)	2.14,10(35,04)	
	2.49,64(35,54)	3.25,26(35,62)	4.00,57(35,31)	4.36,05(35,48)	
	5.11,55(35,50)	5.47,77(36,22)	6.23,79(36,02)	7.00,08(36,29)	
	7.36,40(36,32)	8.12,42(36,02)	8.48,26(35,84)	9.24,32(36,06)	
	10.00,24(35,92)	10.36,28(36,04)	11.11,95(35,67)	11.47,45(35,50)	
	12.23,19(35,74)	12.58,83(35,64)	13.33,82(34,99)	14.09,01(35,19)	
	14.44,37(35,36)	15.19,09(34,72)	15.54,31(35,22)	16.29,14(34,83)	
	17.02,60(33,46)	17.34,78(32,18)			
9	Thorbjørn Birkeland	93	Haugesund SK	17.34,79	564
	30,38(30,38)	1.03,57(33,19)	1.37,96(34,39)	2.12,26(34,30)	
	2.46,63(34,37)	3.21,90(35,27)	3.56,87(34,97)	4.31,59(34,72)	
	5.06,91(35,32)	5.42,64(35,73)	6.18,24(35,60)	6.53,96(35,72)	
	7.29,76(35,80)	8.05,30(35,54)	8.41,42(36,12)	9.16,86(35,44)	
	9.53,02(36,16)	10.27,80(34,78)	11.03,05(35,25)	11.39,28(36,23)	
	12.15,04(35,76)	12.51,18(36,14)	13.27,20(36,02)	14.03,53(36,33)	
	14.38,97(35,44)	15.14,65(35,68)	15.50,23(35,58)	16.25,71(35,48)	
	17.00,57(34,86)	17.34,79(34,22)			
10	Gunnar Evjen	93	Vestbyen IL	17.37,67	560
	32,62(32,62)	1.08,44(35,82)	1.43,70(35,26)	2.19,49(35,79)	
	2.55,34(35,85)	3.31,44(36,10)	4.07,00(35,56)	4.43,13(36,13)	
	5.19,10(35,97)	5.54,06(34,96)	6.28,98(34,92)	7.04,33(35,35)	
	7.39,22(34,89)	8.14,38(35,16)	8.49,22(34,84)	9.24,74(35,52)	
	9.59,91(35,17)	10.35,00(35,09)	11.10,64(35,64)	11.45,49(34,85)	
	12.20,96(35,47)	12.56,14(35,18)	13.31,96(35,82)	14.07,81(35,85)	
	14.42,97(35,16)	15.18,83(35,86)	15.54,96(36,13)	16.29,52(34,56)	
	17.04,51(34,99)	17.37,67(33,16)			
11	Øystein Fjeldberg	93	Randaberg IL	17.49,01	542
	31,75(31,75)	1.06,08(34,33)	1.40,84(34,76)	2.16,09(35,25)	
	2.51,43(35,34)	3.26,64(35,21)	4.01,88(35,24)	4.37,39(35,51)	
	5.12,72(35,33)	5.48,65(35,93)	6.24,15(35,50)	7.00,16(36,01)	
	7.36,22(36,06)	8.12,15(35,93)	8.48,22(36,07)	9.24,35(36,13)	
	10.00,19(35,84)	10.36,96(36,77)	11.13,22(36,26)	11.48,77(35,55)	
	12.24,40(35,63)	12.59,95(35,55)	13.35,88(35,93)	14.12,38(36,50)	
	14.48,98(36,60)	15.25,02(36,04)	16.01,30(36,28)	16.37,72(36,42)	
	17.13,84(36,12)	17.49,01(35,17)			
12	Ivan Aleksander Larsen	95	Karmøy SK	17.49,07	542
	30,67(30,67)	1.05,74(35,07)	1.41,64(35,90)	2.17,42(35,78)	
	2.53,16(35,74)	3.28,80(35,64)	4.04,27(35,47)	4.40,29(36,02)	
	5.16,34(36,05)	5.52,44(36,10)	6.28,66(36,22)	7.04,58(35,92)	
	7.41,07(36,49)	8.17,27(36,20)	8.54,16(36,89)	9.29,91(35,75)	
	10.06,18(36,27)	10.42,35(36,17)	11.18,38(36,03)	11.54,88(36,50)	
	12.31,35(36,47)	13.07,74(36,39)	13.43,55(35,81)	14.19,43(35,88)	
	14.55,80(36,37)	15.30,77(34,97)	16.06,10(35,33)	16.41,90(35,80)	
	17.16,78(34,88)	17.49,07(32,29)			
13	Per Kristian Øyen	92	Molde SLK	17.51,76	538
	31,21(31,21)	1.04,94(33,73)	1.39,45(34,51)	2.14,16(34,71)	
	2.48,86(34,70)	3.25,26(36,40)	4.00,55(35,29)	4.36,24(35,69)	
	5.11,95(35,71)	5.47,34(35,39)	6.23,49(36,15)	6.59,80(36,31)	
	7.35,75(35,95)	8.11,44(35,69)	8.47,90(36,46)	9.23,78(35,88)	
	9.59,35(35,57)	10.35,67(36,32)	11.12,15(36,48)	11.48,28(36,13)	
	12.24,96(36,68)	13.01,53(36,57)	13.38,21(36,68)	14.15,35(37,14)	
	14.51,64(36,29)	15.28,09(36,45)	16.04,29(36,20)	16.41,78(37,49)	
	17.17,46(35,68)	17.51,76(34,30)			
14	Ørjan Monsen	92	Sola SK	17.55,14	533
	31,00(31,00)	1.06,03(35,03)	1.41,69(35,66)	2.17,58(35,89)	
	2.53,30(35,72)	3.29,40(36,10)	4.05,40(36,00)	4.41,75(36,35)	
	5.18,06(36,31)	5.54,09(36,03)	6.29,79(35,70)	7.05,89(36,10)	
	7.41,92(36,03)	8.18,23(36,31)	8.54,55(36,32)	9.30,71(36,16)	
	10.06,94(36,23)	10.43,11(36,17)	11.19,57(36,46)	11.55,96(36,39)	
	12.32,56(36,60)	13.08,96(36,40)	13.45,21(36,25)	14.21,57(36,36)	
	14.57,97(36,40)	15.33,86(35,89)	16.09,70(35,84)	16.45,36(35,66)	
	17.21,22(35,86)	17.55,14(33,92)			
15	Dan Martin Gudbrandsen	93	Moss SK	18.05,25	518
	30,57(30,57)	1.05,22(34,65)	1.40,37(35,15)	2.16,58(36,21)	
	2.51,92(35,34)	3.28,02(36,10)	4.04,04(36,02)	4.40,69(36,65)	
	5.17,66(36,97)	5.54,23(36,57)	6.31,14(36,91)	7.08,07(36,93)	
	7.45,16(37,09)	8.21,82(36,66)	8.59,21(37,39)	9.35,81(36,60)	
	10.12,73(36,92)	10.49,51(36,78)	11.25,60(36,09)	12.02,31(36,71)	
	12.39,12(36,81)	13.15,94(36,82)	13.52,51(36,57)	14.29,76(37,25)	
	15.06,43(36,67)	15.42,65(36,22)	16.19,13(36,48)	16.55,62(36,49)	
	17.30,75(35,13)	18.05,25(34,50)			

16	Robin H. Kleiven	93	Aalesund SLK	18.10,01	511
	32,81(32,81)	1.08,07(35,26)	1.43,68(35,61)	2.18,99(35,31)	
	2.54,71(35,72)	3.30,51(35,80)	4.06,50(35,99)	4.42,46(35,96)	
	5.18,52(36,06)	5.54,94(36,42)	6.31,35(36,41)	7.07,65(36,30)	
	7.44,36(36,71)	8.20,75(36,39)	8.57,23(36,48)	9.34,13(36,90)	
	10.10,81(36,68)	10.47,30(36,49)	11.24,69(37,39)	12.01,97(37,28)	
	12.39,06(37,09)	13.16,31(37,25)	13.53,58(37,27)	14.30,73(37,15)	
	15.08,04(37,31)	15.45,21(37,17)	16.22,16(36,95)	16.59,52(37,36)	
	17.35,59(36,07)	18.10,01(34,42)			
17	Ingvar V. Skirbekk	93	Elverum Svømming	18.14,63	505
	31,90(31,90)	1.06,58(34,68)	1.41,92(35,34)	2.17,71(35,79)	
	2.54,04(36,33)	3.29,91(35,87)	4.06,49(36,58)	4.43,39(36,90)	
	5.20,10(36,71)	5.56,69(36,59)	6.33,61(36,92)	7.10,42(36,81)	
	7.47,45(37,03)	8.24,05(36,60)	9.00,82(36,77)	9.37,57(36,75)	
	10.14,42(36,85)	10.51,44(37,02)	11.28,60(37,16)	12.05,61(37,01)	
	12.42,61(37,00)	13.19,32(36,71)	13.56,56(37,24)	14.33,93(37,37)	
	15.10,76(36,83)	15.47,93(37,17)	16.24,89(36,96)	17.02,27(37,38)	
	17.38,67(36,40)	18.14,63(35,96)			
18	Kjetil Flatland	94	Lørenskog/Rælingen	18.33,73	479
	33,03(33,03)	1.09,51(36,48)	1.46,62(37,11)	2.23,37(36,75)	
	3.00,26(36,89)	3.37,17(36,91)	4.14,16(36,99)	4.51,17(37,01)	
	5.28,25(37,08)	6.05,27(37,02)	6.43,07(37,80)	7.20,53(37,46)	
	7.57,94(37,41)	8.35,32(37,38)	9.12,66(37,34)	9.49,92(37,26)	
	10.27,55(37,63)	11.04,83(37,28)	11.42,21(37,38)	12.19,81(37,60)	
	12.57,00(37,19)	13.34,63(37,63)	14.12,14(37,51)	14.49,53(37,39)	
	15.27,16(37,63)	16.04,82(37,66)	16.42,48(37,66)	17.19,91(37,43)	
	17.57,33(37,42)	18.33,73(36,40)			

### Øvelse 35. 4\*100m lag medley, damer - UM

#### UM

1	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	(0,81)	4.37,47	633
	Marthe Helene Haganes:	34,35(34,35)	1.10,38(36,03)	1.10,38		
	Stine Vindenes:	1.44,91(34,53)	2.24,62(39,71)	1.14,24		
	Marie Reinertsen:	2.56,59(31,97)	3.35,70(39,11)	1.11,08		
	Sara N. Gjelsvik:	4.04,97(29,27)	4.37,47(32,50)	1.01,77		
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,74)	4.38,90	623
	Luna Elisabeth Sjøgaard:	35,34(35,34)	1.11,39(36,05)	1.11,39		
	Stina Kajsa Colleou:	1.45,83(34,44)	2.24,43(38,60)	1.13,04		
	Eirin Jakobsen Avlund:	2.58,39(33,96)	3.39,40(41,01)	1.14,97		
	Pia Cornelia Braarud:	4.07,80(28,40)	4.38,90(31,10)	59,50		
3	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,75)	4.47,08	571
	Andrea Westbye:	35,92(35,92)	1.13,46(37,54)	1.13,46		
	Anna Bølgen:	1.52,99(39,53)	2.39,19(46,20)	1.25,73		
	Emilie N. Løvberg:	3.10,10(30,91)	3.46,43(36,33)	1.07,24		
	Maria Bølgen:	4.15,52(29,09)	4.47,08(31,56)	1.00,65		
4	Bergens SC J1 jr.	JR	Bergens SC	(0,65)	4.48,24	564
	Hedvig Hjertaker:	37,04(37,04)	1.16,37(39,33)	1.16,37		
	Martha Maria Songstad:	1.53,01(36,64)	2.36,79(43,78)	1.20,42		
	Eirin Arnesen:	3.07,08(30,29)	3.43,75(36,67)	1.06,96		
	Eli Kristin Ølmheim:	4.13,86(30,11)	4.48,24(34,38)	1.04,49		
5	Asker SK J1 jr.	JR	Asker SK	(0,70)	4.51,35	546
	Vilde Sødem Karlsen:	36,56(36,56)	1.16,49(39,93)	1.16,49		
	Rikke Amalie Nagell-Kleven:	1.54,33(37,84)	2.39,18(44,85)	1.22,69		
	Mette Mellbye Larsen:	3.09,99(30,81)	3.48,45(38,46)	1.09,27		
	Marte K. Bolstad:	4.18,55(30,10)	4.51,35(32,80)	1.02,90		
6	Delfana J1 jr.	JR	Delfana	(0,72)	4.52,00	543
	Helene Thunes Truyen:	35,35(35,35)	1.12,67(37,32)	1.12,67		
	Lise Sand Syversen:	1.49,85(37,18)	2.32,78(42,93)	1.20,11		
	Johanne G. Skaaland:	3.06,84(34,06)	3.46,36(39,52)	1.13,58		
	Maren Sofie Duus:	4.17,22(30,86)	4.52,00(34,78)	1.05,64		
7	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(0,88)	4.53,62	534
	Fanny Moen Pettersen:	36,88(36,88)	1.15,80(38,92)	1.15,80		
	Stine Lise Stenseth:	1.52,10(36,30)	2.35,78(43,68)	1.19,98		
	Mari Knutsen:	3.09,20(33,42)	3.48,83(39,63)	1.13,05		
	Ida Johansen:	4.18,91(30,08)	4.53,62(34,71)	1.04,79		

8	Trondheim SLK J1 jr.	JR	Trondheim SLK	(0,76)	4.55,36	524
	Stine Tveit:	35,79(35,79)	1.13,25(37,46)	1.13,25		
	Julie Hegvik:	1.52,79(39,54)	2.37,42(44,63)	1.24,17		
	Christiana Bjørkli:	3.10,67(33,25)	3.49,02(38,35)	1.11,60		
	Malin Schanke Tømmervik:	4.21,17(32,15)	4.55,36(34,19)	1.06,34		
9	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,71)	4.55,65	523
	Ida Arnøy:	35,86(35,86)	1.13,30(37,44)	1.13,30		
	Mette Aas:	1.51,98(38,68)	2.36,76(44,78)	1.23,46		
	Jeanette Erlandsen:	3.10,04(33,28)	3.51,98(41,94)	1.15,22		
	Aurora Brandtzæg:	4.22,20(30,22)	4.55,65(33,45)	1.03,67		
10	Haldens SK J1 jr.	JR	Haldens SK	(0,66)	4.56,09	520
	Cecilie Hafsrød Fredriksen:	37,79(37,79)	1.19,42(41,63)	1.19,42		
	Oda Haagenzen:	1.56,87(37,45)	2.40,85(43,98)	1.21,43		
	Nora Næss:	3.12,58(31,73)	3.51,04(38,46)	1.10,19		
	Anna Forsstrøm:	4.22,51(31,47)	4.56,09(33,58)	1.05,05		
11	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	(1,05)	4.59,21	504
	Marie Svensson:	37,51(37,51)	1.16,53(39,02)	1.16,53		
	Pernille Mørch:	1.55,14(38,61)	2.38,24(43,10)	1.21,71		
	Christina Dahl:	3.12,61(34,37)	3.53,62(41,01)	1.15,38		
	Christiane Sandbye:	4.24,07(30,45)	4.59,21(35,14)	1.05,59		
12	Madla SK J1 jr.	JR	Madla SK	(0,82)	5.05,10	476
	Mari Mjølhus Kristoffersen:	38,01(38,01)	1.18,53(40,52)	1.18,53		
	Maren Larsen:	1.55,28(36,75)	2.38,84(43,56)	1.20,31		
	Line Nilsson:	3.13,45(34,61)	3.58,69(45,24)	1.19,85		
	Christine Arctander:	4.30,12(31,43)	5.05,10(34,98)	1.06,41		
13	Vestkantsv. J3 jr.	JR	Vestkantsvømmerne	(0,81)	5.24,19	396
	Andrea Strømsnes:	38,17(38,17)	1.19,34(41,17)	1.19,34		
	Sandra Vabø:	2.02,26(42,92)	2.48,76(46,50)	1.29,42		
	Mirabelle Breidvik:	3.26,68(37,92)	4.13,46(46,78)	1.24,70		
	Lena Quam Berland:	4.47,07(33,61)	5.24,19(37,12)	1.10,73		
14	Bergens SC J2 jr.	JR	Bergens SC	(0,75)	5.28,99	379
	Henriette Dahl:	41,14(41,14)	1.25,84(44,70)	1.25,84		
	Monica Beeder:	2.09,06(43,22)	2.58,41(49,35)	1.32,57		
	Sara Petrine Veierød:	3.34,67(36,26)	4.17,48(42,81)	1.19,07		
	Charlotte H. Thorsen:	4.50,53(33,05)	5.28,99(38,46)	1.11,51		
	Aalesunds SLK J1 jr.	JR	Aalesund SLK	(0,59)	DISK	
	Veronica Orheim Bjørlykke:	33,13(33,13)	1.08,40(35,27)	1.08,40		
	Caroline R. Helgesen:					
	Gerd Anne Solibakke:					
	Kristin Vegsund Klungreseth:					
	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	(0,85)	DISK	
	Juni Rugland:	35,81(35,81)	1.13,08(37,27)	1.13,08		
	Malin Dahle:	1.50,30(37,22)	2.34,43(44,13)	1.21,35		
	Marie Øverland:	3.08,70(34,27)	3.52,50(43,80)	1.18,07		
	Ida Louise G. Borlaug:					

## Lørdag 29. november 2008 kl 17.00 - Finaler

### Øvelse 25. 400m individuell medley, damer - Direkte finale

#### UM

1	Bitte Fagermo	93	Narvik SK	5.08,57	679
	33,42(33,42)	1.12,88(39,46)	1.53,32(40,44)	2.32,16(38,84)	
	3.13,76(41,60)	3.56,05(42,29)	4.33,02(36,97)	5.08,57(35,55)	
2	Eva Marie W. Østerhus	94	TS/Madla SK	5.10,88	664
	33,88(33,88)	1.12,71(38,83)	1.51,63(38,92)	2.30,22(38,59)	
	3.16,26(46,04)	4.02,97(46,71)	4.38,17(35,20)	5.10,88(32,71)	
3	Lise Sand Syversen	95	Delfana	5.13,58	647
	33,32(33,32)	1.11,96(38,64)	1.52,92(40,96)	2.32,79(39,87)	
	3.18,30(45,51)	4.04,98(46,68)	4.41,21(36,23)	5.13,58(32,37)	
4	Stine Vindenes	93	Vestkantsvømmerne	5.16,21	631
	32,86(32,86)	1.10,62(37,76)	1.51,26(40,64)	2.31,58(40,32)	
	3.16,36(44,78)	4.02,49(46,13)	4.40,05(37,56)	5.16,21(36,16)	
5	Stine Mjøllhus Kristoffersen	93	TS/Frisinn	5.24,70	583
	34,59(34,59)	1.15,08(40,49)	1.56,03(40,95)	2.37,13(41,10)	
	3.22,10(44,97)	4.07,25(45,15)	4.47,00(39,75)	5.24,70(37,70)	
6	Caroline M. Mork	93	Stavanger SC	5.25,71	578
	33,59(33,59)	1.12,73(39,14)	1.55,04(42,31)	2.37,48(42,44)	
	3.23,67(46,19)	4.10,62(46,95)	4.47,93(37,31)	5.25,71(37,78)	
7	Oda Haagensen	94	Haldens SK	5.28,79	562
	34,75(34,75)	1.16,39(41,64)	1.58,57(42,18)	2.40,71(42,14)	
	3.26,97(46,26)	4.15,16(48,19)	4.52,39(37,23)	5.28,79(36,40)	
8	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.31,21	549
	37,18(37,18)	1.19,63(42,45)	2.01,18(41,55)	2.42,12(40,94)	
	3.29,73(47,61)	4.17,56(47,83)	4.55,71(38,15)	5.31,21(35,50)	
9	Stine Tveit	93	Trondheim SLK	5.31,57	547
	37,47(37,47)	1.20,24(42,77)	2.02,54(42,30)	2.44,68(42,14)	
	3.29,63(44,95)	4.14,96(45,33)	4.54,67(39,71)	5.31,57(36,90)	
10	Christiana Bjørkli	93	Trondheim SLK	5.31,63	547
	36,55(36,55)	1.18,31(41,76)	2.01,43(43,12)	2.44,20(42,77)	
	3.30,93(46,73)	4.18,11(47,18)	4.55,70(37,59)	5.31,63(35,93)	
11	Stine Lise Stenseth	94	Øvre Eiker SK	5.31,71	547
	35,34(35,34)	1.17,79(42,45)	1.59,37(41,58)	2.41,19(41,82)	
	3.26,01(44,82)	4.13,18(47,17)	4.53,49(40,31)	5.31,71(38,22)	
12	Maren E.J. Bakke	94	Setermoen SK	5.35,83	527
	36,54(36,54)	1.18,98(42,44)	2.03,85(44,87)	2.46,86(43,01)	
	3.31,20(44,34)	4.17,49(46,29)	4.57,53(40,04)	5.35,83(38,30)	
	Andrea Hestdal	94	Åstveit SK	DISK	

#### Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	4.48,86	828
	30,25(30,25)	1.04,11(33,86)	1.41,41(37,30)	2.18,55(37,14)	
	2.59,35(40,80)	3.41,11(41,76)	4.15,24(34,13)	4.48,86(33,62)	
2	Ina Marleen Holm	90	TS/Madla SK	4.54,20	784
	30,93(30,93)	1.05,80(34,87)	1.43,73(37,93)	2.21,74(38,01)	
	3.03,69(41,95)	3.46,58(42,89)	4.20,93(34,35)	4.54,20(33,27)	
3	Trine Austrøne Olsen	90	Fauske SK	4.58,74	749
	32,10(32,10)	1.09,32(37,22)	1.47,23(37,91)	2.24,57(37,34)	
	3.05,50(40,93)	3.47,85(42,35)	4.24,02(36,17)	4.58,74(34,72)	
4	Line Løvberg	91	Lambertseter SK/NTG	5.05,14	703
	31,21(31,21)	1.07,25(36,04)	1.46,62(39,37)	2.25,82(39,20)	
	3.11,06(45,24)	3.56,22(45,16)	4.31,12(34,90)	5.05,14(34,02)	
5	Oona Ovesen	92	Elverum Svømming	5.07,96	683
	32,77(32,77)	1.10,25(37,48)	1.48,70(38,45)	2.27,34(38,64)	
	3.13,16(45,82)	3.59,32(46,16)	4.34,37(35,05)	5.07,96(33,59)	
6	Bitte Fagermo	93	Narvik SK	5.08,57	679
	33,42(33,42)	1.12,88(39,46)	1.53,32(40,44)	2.32,16(38,84)	
	3.13,76(41,60)	3.56,05(42,29)	4.33,02(36,97)	5.08,57(35,55)	

7	Terese Langlo	89	Skjetten Svømming	5.10,50	667
	33,65(33,65)	1.12,12(38,47)	1.51,99(39,87)	2.31,43(39,44)	
	3.14,64(43,21)	3.59,33(44,69)	4.35,52(36,19)	5.10,50(34,98)	
8	Eva Marie W. Østerhus	94	TS/Madla SK	5.10,88	664
	33,88(33,88)	1.12,71(38,83)	1.51,63(38,92)	2.30,22(38,59)	
	3.16,26(46,04)	4.02,97(46,71)	4.38,17(35,20)	5.10,88(32,71)	
9	Siri Anette Sønju	92	Øvre Eiker SK	5.12,65	653
	32,82(32,82)	1.10,82(38,00)	1.50,49(39,67)	2.29,23(38,74)	
	3.15,27(46,04)	4.01,82(46,55)	4.37,86(36,04)	5.12,65(34,79)	
10	Lise Sand Syversen	95	Delfana	5.13,58	647
	33,32(33,32)	1.11,96(38,64)	1.52,92(40,96)	2.32,79(39,87)	
	3.18,30(45,51)	4.04,98(46,68)	4.41,21(36,23)	5.13,58(32,37)	
11	Julie Torgersen Nilsen	92	Hamar IL	5.15,22	637
	35,63(35,63)	1.14,71(39,08)	1.55,45(40,74)	2.35,45(40,00)	
	3.19,53(44,08)	4.03,89(44,36)	4.40,99(37,10)	5.15,22(34,23)	
12	Stine Vindenes	93	Vestkantsvømmerne	5.16,21	631
	32,86(32,86)	1.10,62(37,76)	1.51,26(40,64)	2.31,58(40,32)	
	3.16,36(44,78)	4.02,49(46,13)	4.40,05(37,56)	5.16,21(36,16)	
13	Sophia Broberg Skeltved	92	Tromsø SK/NTG	5.18,96	615
	33,73(33,73)	1.12,45(38,72)	1.53,09(40,64)	2.33,67(40,58)	
	3.18,77(45,10)	4.04,07(45,30)	4.42,14(38,07)	5.18,96(36,82)	
14	Guro Knutsen	91	Øvre Eiker SK	5.22,65	594
	32,93(32,93)	1.11,12(38,19)	1.54,09(42,97)	2.35,75(41,66)	
	3.21,96(46,21)	4.08,77(46,81)	4.46,42(37,65)	5.22,65(36,23)	
15	Stine Mjøhlhus Kristoffersen	93	TS/Frisinn	5.24,70	583
	34,59(34,59)	1.15,08(40,49)	1.56,03(40,95)	2.37,13(41,10)	
	3.22,10(44,97)	4.07,25(45,15)	4.47,00(39,75)	5.24,70(37,70)	
16	Caroline M. Mork	93	Stavanger SC	5.25,71	578
	33,59(33,59)	1.12,73(39,14)	1.55,04(42,31)	2.37,48(42,44)	
	3.23,67(46,19)	4.10,62(46,95)	4.47,93(37,31)	5.25,71(37,78)	
17	Katrine Ekstang	92	Setermoen SK	5.27,26	569
	34,07(34,07)	1.13,36(39,29)	1.57,06(43,70)	2.39,75(42,69)	
	3.27,79(48,04)	4.17,36(49,57)	4.53,10(35,74)	5.27,26(34,16)	
18	Oda Haagensen	94	Haldens SK	5.28,79	562
	34,75(34,75)	1.16,39(41,64)	1.58,57(42,18)	2.40,71(42,14)	
	3.26,97(46,26)	4.15,16(48,19)	4.52,39(37,23)	5.28,79(36,40)	
19	Andrea Haugstad	92	Vestkantsvømmerne	5.28,97	561
	34,63(34,63)	1.15,64(41,01)	1.59,47(43,83)	2.41,99(42,52)	
	3.28,25(46,26)	4.15,58(47,33)	4.52,93(37,35)	5.28,97(36,04)	
20	Sara N. Gjelsvik	93	Vestkantsvømmerne	5.31,21	549
	37,18(37,18)	1.19,63(42,45)	2.01,18(41,55)	2.42,12(40,94)	
	3.29,73(47,61)	4.17,56(47,83)	4.55,71(38,15)	5.31,21(35,50)	
21	Stine Tveit	93	Trondheim SLK	5.31,57	547
	37,47(37,47)	1.20,24(42,77)	2.02,54(42,30)	2.44,68(42,14)	
	3.29,63(44,95)	4.14,96(45,33)	4.54,67(39,71)	5.31,57(36,90)	
22	Christiana Bjørkli	93	Trondheim SLK	5.31,63	547
	36,55(36,55)	1.18,31(41,76)	2.01,43(43,12)	2.44,20(42,77)	
	3.30,93(46,73)	4.18,11(47,18)	4.55,70(37,59)	5.31,63(35,93)	
23	Stine Lise Stenseth	94	Øvre Eiker SK	5.31,71	547
	35,34(35,34)	1.17,79(42,45)	1.59,37(41,58)	2.41,19(41,82)	
	3.26,01(44,82)	4.13,18(47,17)	4.53,49(40,31)	5.31,71(38,22)	
24	Maren E.J. Bakke	94	Setermoen SK	5.35,83	527
	36,54(36,54)	1.18,98(42,44)	2.03,85(44,87)	2.46,86(43,01)	
	3.31,20(44,34)	4.17,49(46,29)	4.57,53(40,04)	5.35,83(38,30)	
25	Camilla Borchgrevink	90	Ski SK	5.37,21	520
	34,70(34,70)	1.15,66(40,96)	1.59,38(43,72)	2.42,08(42,70)	
	3.30,35(48,27)	4.19,02(48,67)	4.58,69(39,67)	5.37,21(38,52)	
	Andrea Hestdal	94	Åstveit SK	DISK	
	Benedicte Kausland	92	Vestkantsvømmerne	DISK	

## Øvelse 26. 4\*50m fri, herrer - Junior

## Junior

1	Bærumsv G1 jr.	JR	Bærumsvømmerne	1.32,87	794	NJR
	Øystein R. Hetland:	23,12(23,12)				
	Christer Koch Kvam:	45,86(22,74)				
	Stian Werner Erichsen:	1.09,30(23,44)				
	Tor Hafnor:	1.32,87(23,57)				
2	Bergensv. G1 jr.	JR	Bergensvømmerne	1.37,31	690	
	Marcus Tesdal:	24,43(24,43)				
	Zoltan Csernai:	48,71(24,28)				
	Even Vike Holm:	1.13,08(24,37)				
	Eirik Runningen:	1.37,31(24,23)				
3	Lambertseter SK G1 jr.	JR	Lambertseter SK	1.38,24	670	
	Mikael Bergene:	24,44(24,44)				
	Christian Thorsen:	49,06(24,62)				
	Sindre Eilertsen:	1.13,53(24,47)				
	David Evja:	1.38,24(24,71)				
4	IL Varg G1 jr.	JR	IL Varg	1.39,05	654	
	Mattis Saghaug:	23,52(23,52)				
	Daniel Berenett:	49,10(25,58)				
	Jan-Tore Jessen Eikrem:	1.14,46(25,36)				
	Antonis Xepapadakis:	1.39,05(24,59)				
5	Hamar IL G1 jr.	JR	Hamar IL	1.39,86	638	
	Martin Skramstad:	24,78(24,78)				
	Daniel Stokke Pettersen:	48,92(24,14)				
	Jonas Kirkeberg Jostad:	1.13,73(24,81)				
	Oscar Slaatmo:	1.39,86(26,13)				
6	Bærumsv G2 jr.	JR	Bærumsvømmerne	1.41,04	616	
	Vegard Løvberg:	25,72(25,72)				
	Carl Andreas Wathne:	50,54(24,82)				
	Henry Emil Nordhagen:	1.15,80(25,26)				
	Andreas Linnerud:	1.41,04(25,24)				
7	Stavanger SC G1 jr.	JR	Stavanger SC	1.41,19	613	
	Henning S. Pryde:	26,03(26,03)				
	Jørn Nygård:	50,90(24,87)				
	Hans Østerdal:	1.15,77(24,87)				
	Per Øystein Turøy:	1.41,19(25,42)				
8	Florø SLK G1 jr.	JR	Florø SLK	1.41,60	606	
	Mathias Sørstrand Æsøy:	23,85(23,85)				
	Hans Kristian Andersen:	49,28(25,43)				
	Kristoffer D. Birkeland:	1.15,26(25,98)				
	Simen Andreassen:	1.41,60(26,34)				
9	Asker SK G1 jr.	JR	Asker SK	1.41,91	600	
	Kristoffer Skribeland:	25,75(25,75)				
	Jan Aleksander Bakke:	50,38(24,63)				
	Eirik Standal Thoresen:	1.15,91(25,53)				
	Patrik Bubilek:	1.41,91(26,00)				
10	Larvik SK G1 jr.	JR	Larvik SK	1.42,84	584	
	Aksel B. Lindhjem:	26,28(26,28)				
	Geir T. Kristiansen:	51,54(25,26)				
	Jørgen Aagaard-Nilsen Wiik:	1.16,93(25,39)				
	Peder T. Haagensli:	1.42,84(25,91)				
11	Sandnes SLK G1 jr.	JR	Sandnes SLK	1.44,02	565	
	Thor Helge Billington:	26,61(26,61)				
	Joar Skien Grannes:	50,80(24,19)				
	Erik William Ravndal:	1.16,66(25,86)				
	Petter Ledsaak:	1.44,02(27,36)				
12	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	1.45,31	544	
	Tore Skauge Bysting:	26,81(26,81)				
	Kjetil Flatland:	53,59(26,78)				
	Jarl André Bergsvenkerud:	1.21,89(28,30)				
	John Hage Gaarder:	1.45,31(23,42)				
13	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	1.45,43	542	
	Joachim Jakobsen:	24,66(24,66)				
	Markus Vindenes:	49,68(25,02)				
	Kristoffer Brekke:	1.17,01(27,33)				
	Vedbjørn Arne J. Aasheim:	1.45,43(28,42)				

14	Oslo IL G1 jr.	JR	Oslo IL	1.45,44	542
	Jon Erik Sønning:	26,54(26,54)			
	Zakarias Nouri:	53,29(26,75)			
	Henning Kaland:	1.19,49(26,20)			
	Lars Nymoen:	1.45,44(25,95)			
15	Kolbotn IL G1 jr.	JR	Kolbotn IL	1.45,59	540
	Johan Parker Nygård:	26,00(26,00)			
	Halvor Stavland:	51,25(25,25)			
	Martin Berger Oterholm:	1.17,25(26,00)			
	Erik Tobias Sollesnes:	1.45,59(28,34)			
16	Vestbyen IL G1 jr.	JR	Vestbyen IL	1.46,06	533
	Per Alexander Fladvad:	25,66(25,66)			
	Sigvart Evjen:	51,85(26,19)			
	Fredrik Tronvoll:	1.18,29(26,44)			
	Christopher Wolf:	1.46,06(27,77)			
17	Delfana G1 jr.	JR	Delfana	1.46,74	523
	Markus Heimdal:	27,71(27,71)			
	Håvard Hole:	52,60(24,89)			
	Jarle Drange:	1.21,32(28,72)			
	Marius Thorsø:	1.46,74(25,42)			
18	Bergens SLK G1 jr.	JR	Bergens SLK	1.48,36	499
	Anders Færø:	26,92(26,92)			
	Sven Berg:	53,65(26,73)			
	Anders Hjelmaas:	1.22,14(28,49)			
	Christopher Williams:	1.48,36(26,22)			
19	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	1.48,85	493
	William Dahl:	27,19(27,19)			
	Ole Nævdal:	53,28(26,09)			
	Sindre S. Løbersli:	1.22,18(28,90)			
	Håkon Brennhagen:	1.48,85(26,67)			
20	Ski SK G1 jr.	JR	Ski SK	1.50,31	473
	Anders Struksnæs Sand:	28,25(28,25)			
	Thomas W. Kristiansen:	53,37(25,12)			
	Sven Peder Oseth:	1.22,66(29,29)			
	Einar Norum:	1.50,31(27,65)			
21	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	1.58,40	383
	Gjermund Fure Johansen:	28,86(28,86)			
	Andreas Reinertsen:	58,60(29,74)			
	Kristian Blummenfelt:	1.29,03(30,43)			
	Anders Grasdøl:	1.58,40(29,37)			
	Team Stavanger G1 jr.	JR	Team Stavanger	DISK	
	Bjarte Ravndal:	24,67(24,67)			
	Ole Martin Ree:				
	Eirik Ramstad:				
	Erling Mjøs Brattelid:				
	Elverum IL G1 jr.	JR	Elverum Svømming	DISK	
	Gunnar V. Skirbekk:				
	Eirik B. Lund:				
	Ingvar V. Skirbekk:				
	Christian Sunde:				

### Øvelse 27. 200m fri, damer - Finale

#### Junior

1	Victoria S. Løken	91	Team Stavanger	2.00,77	867
	28,63(28,63)	58,71(30,08)	1.29,93(31,22)	2.00,77(30,84)	
2	Gina B. Andersen	90	Skjetten Svømming/NTG	2.04,02	801
	29,28(29,28)	1.00,35(31,07)	1.32,25(31,90)	2.04,02(31,77)	
3	Elin Slaatmo	92	Hamar IL	2.05,83	767
	30,20(30,20)	1.02,34(32,14)	1.34,70(32,36)	2.05,83(31,13)	
4	Ingrid N. Knutzen	91	Lambertseter SK/NTG	2.06,23	760
	29,78(29,78)	1.01,27(31,49)	1.33,87(32,60)	2.06,23(32,36)	
5	Cecilie W. Johannessen	90	Karmøy SK	2.08,26	724
	29,21(29,21)	1.01,19(31,98)	1.34,37(33,18)	2.08,26(33,89)	
6	Pia Cornelia Braarud	93	Lambertseter SK	2.10,91	681
	30,11(30,11)	1.02,72(32,61)	1.36,84(34,12)	2.10,91(34,07)	
7	Susann Bjørnsen	93	Setermoen SK	2.11,57	671
	29,91(29,91)	1.03,08(33,17)	1.37,72(34,64)	2.11,57(33,85)	

**Øvelse 28. 200m butterfly, herrer - Finale****Junior**

1	Sindri T. Jakobsson 26,86(26,86)	91	BS/Delfana 1.30,39(32,03)	2.01,95 2.01,95(31,56)	787
2	Stian S. Langeland 27,19(27,19)	89	Bergens SC 1.30,94(32,64)	2.05,58 2.05,58(34,64)	720
3	Ole Martin Ree 28,76(28,76)	92	TS/Sola SK 1.33,76(33,17)	2.07,68 2.07,68(33,92)	685
4	Sebastian Stordal 28,43(28,43)	91	BS/Delfana 1.35,01(33,83)	2.08,91 2.08,91(33,90)	666
5	Christian Juvik 28,90(28,90)	93	Stavanger SC 1.36,17(33,49)	2.11,05 2.11,05(34,88)	634
6	Simen Andreassen 30,07(30,07)	92	Florø SLK 1.38,42(34,46)	2.13,03 2.13,03(34,61)	606
7	Fredrik K Hegdal 29,52(29,52)	94	Stavanger SC 1.38,85(35,53)	2.14,78 2.14,78(35,93)	583

**Øvelse 29. 100m rygg, damer - Finale****Junior**

1	Elisabeth H. Svensson 32,16(32,16)	91	Ski SK/NTG (0,73)	1.04,84 1.04,84(32,68)	729
2	Gina B. Andersen 32,83(32,83)	90	Skjetten Svømming/NTG(0,74)	1.05,64 1.05,64(32,81)	702
3	Iselin Mjøllner Dahlen 32,74(32,74)	92	Skjetten Svømming/NTG(0,69)	1.06,05 1.06,05(33,31)	689
4	Ina Kr. Pedersen 32,71(32,71)	89	Sarpsborg IL (0,72)	1.06,74 1.06,74(34,03)	668
5	Oda Marie Siljan 32,26(32,26)	92	Poseidon (0,80)	1.07,23 1.07,23(34,97)	654
6	Maria Gullvåg Aasen 33,21(33,21)	92	Kristiansand SA/NTG (0,74)	1.08,32 1.08,32(35,11)	623
7	Jacqueline Knutsson 33,62(33,62)	93	Kongstensvømmerne (0,76)	1.09,58 1.09,58(35,96)	590

**Øvelse 30. 100m fri, herrer - Finale****Junior**

1	Øystein R. Hetland 24,18(24,18)	89	Bærumsvømmerne	50,86 50,86(26,68)	789
2	Christer Koch Kvam 25,01(25,01)	90	Bærum/NTG	51,06 51,06(26,05)	779
3	Mattis Saghaug 24,91(24,91)	90	IL Varg/NTG	52,12 52,12(27,21)	733
4	Mats Gøran Høgenhaug 25,52(25,52)	93	Namsos SK	52,27 52,27(26,75)	727
5	Mikael Bergene 24,93(24,93)	91	Lambertseter SK	52,38 52,38(27,45)	722
6	Zoltan Csernai 26,12(26,12)	93	BS/Åstveit	53,43 53,43(27,31)	680
7	Stian Werner Erichsen 25,88(25,88)	90	Bærumsvømmerne	53,77 53,77(27,89)	667

**Øvelse 31. 50m fri, damer - Finale****Junior**

1	Victoria S. Løken	91	Team Stavanger	25,93	823
2	Sofie Gjemmestad	89	Asker SK	26,66	757
3	Cecilie W. Johannessen	90	Karmøy SK	26,67	756
4	Monica W. Johannessen	90	Karmøy SK	27,32	703
5	Ina Kr. Pedersen	89	Sarpsborg IL	27,39	698
6	Siri Eva Kristiansen	93	Asker SK	27,71	674
7	Vibeke Brigg	89	TS/Madla SK	28,13	644

**Funksjonshemmede**

1	Hanne Farestvedt	93	Åstveit SK	34,68	344	S14 119,79 %
2	Tonje Immerstein	89	Sandnes SLK	35,13	330	S10 123,52 %
3	Ingvill S. Hilleren	90	Vestkantsvømmerne	43,14	178	S7 128,66 %
4	Rona Hjelmstad	93	Skjetten Svømming	38,08	259	S14 131,54 %
5	Ingrid Djupskås	89	Asker SK	39,47	233	S9 135,92 %

**Øvelse 32. 100m bryst, herrer - Finale****Junior**

1	Sverre Næss	92	Sarpsborg IL	1.02,98	799
	29,74(29,74)	1.02,98(33,24)			
2	Marcus Tesdal	90	BS/Åstveit	1.05,08	724
	30,20(30,20)	1.05,08(34,88)			
3	Mattis Saghaug	90	IL Varg/NTG	1.05,32	716
	30,71(30,71)	1.05,32(34,61)			
4	Sindre Søderlund	91	Trondheim SLK/NTG	1.05,33	716
	30,84(30,84)	1.05,33(34,49)			
4	Kristoffer Meisler	90	Fauske SK	1.05,33	716
	31,02(31,02)	1.05,33(34,31)			
6	Erling Mjøs Brattelid	91	TS/Sola SK	1.05,66	705
	31,27(31,27)	1.05,66(34,39)			
7	Hans Kristian Andersen	93	Florø SLK	1.07,02	663
	31,58(31,58)	1.07,02(35,44)			

**Øvelse 33. 100m individuell medley, damer - Finale****Junior**

1	Ina Marleen Holm	90	TS/Madla SK	1.05,66	762
	30,68(30,68)	1.05,66(34,98)			
2	Trine Austrøne Olsen	90	Fauske SK	1.06,42	736
	31,97(31,97)	1.06,42(34,45)			
3	Maria Gullvåg Aasen	92	Kristiansand SA/NTG	1.06,82	723
	30,39(30,39)	1.06,82(36,43)			
4	Stine Vindenes	93	Vestkantsvømmerne	1.07,05	716
	31,84(31,84)	1.07,05(35,21)			
5	Sara Pettersen	91	Fauske SK	1.07,84	691
	31,06(31,06)	1.07,84(36,78)			
6	Siri Eva Kristiansen	93	Asker SK	1.07,93	688
	32,55(32,55)	1.07,93(35,38)			
7	Nora Kathrine Guthe	91	Asker SK	1.07,97	687
	31,57(31,57)	1.07,97(36,40)			

## Øvelse 34. 1500m fri, herrer - Direkte finale

## UM

1	Sander Rødje	93	Haugesund SK	16.22,37	699
	28,94(28,94)	1.00,86(31,92)	1.33,56(32,70)	2.06,16(32,60)	
	2.39,03(32,87)	3.12,39(33,36)	3.45,83(33,44)	4.19,11(33,28)	
	4.52,52(33,41)	5.25,74(33,22)	5.59,19(33,45)	6.32,73(33,54)	
	7.06,85(34,12)	7.39,79(32,94)	8.13,14(33,35)	8.45,66(32,52)	
	9.18,48(32,82)	9.51,65(33,17)	10.24,51(32,86)	10.57,52(33,01)	
	11.30,47(32,95)	12.03,47(33,00)	12.36,34(32,87)	13.09,53(33,19)	
	13.42,79(33,26)	14.15,90(33,11)	14.48,29(32,39)	15.21,10(32,81)	
	15.53,43(32,33)	16.22,37(28,94)			
2	Martin Berger Oterholm	93	Kolbotn IL	16.29,11	685
	30,24(30,24)	1.02,96(32,72)	1.36,51(33,55)	2.09,68(33,17)	
	2.42,22(32,54)	3.15,38(33,16)	3.48,55(33,17)	4.21,66(33,11)	
	4.54,83(33,17)	5.28,21(33,38)	6.01,19(32,98)	6.34,58(33,39)	
	7.07,85(33,27)	7.41,23(33,38)	8.14,30(33,07)	8.47,63(33,33)	
	9.20,72(33,09)	9.53,94(33,22)	10.27,28(33,34)	11.00,48(33,20)	
	11.33,50(33,02)	12.06,22(32,72)	12.39,43(33,21)	13.12,61(33,18)	
	13.45,57(32,96)	14.18,50(32,93)	14.51,88(33,38)	15.24,72(32,84)	
	15.57,60(32,88)	16.29,11(31,51)			
3	Oscar Slaatmo	94	Hamar IL	16.58,33	627
	30,21(30,21)	1.03,62(33,41)	1.37,53(33,91)	2.11,24(33,71)	
	2.44,73(33,49)	3.18,44(33,71)	3.52,13(33,69)	4.26,50(34,37)	
	5.00,66(34,16)	5.34,66(34,00)	6.09,04(34,38)	6.43,43(34,39)	
	7.17,59(34,16)	7.52,15(34,56)	8.26,62(34,47)	9.00,66(34,04)	
	9.34,83(34,17)	10.09,01(34,18)	10.42,90(33,89)	11.17,45(34,55)	
	11.51,73(34,28)	12.26,12(34,39)	13.01,02(34,90)	13.35,51(34,49)	
	14.10,05(34,54)	14.44,42(34,37)	15.18,74(34,32)	15.52,95(34,21)	
	16.26,88(33,93)	16.58,33(31,45)			
4	Morten Bordervich	94	Sola SK	17.00,72	623
	31,36(31,36)	1.04,53(33,17)	1.37,95(33,42)	2.11,53(33,58)	
	2.45,73(34,20)	3.20,04(34,31)	3.54,24(34,20)	4.28,16(33,92)	
	5.02,00(33,84)	5.35,91(33,91)	6.10,06(34,15)	6.44,30(34,24)	
	7.18,44(34,14)	7.52,89(34,45)	8.27,30(34,41)	9.01,37(34,07)	
	9.35,78(34,41)	10.09,95(34,17)	10.44,45(34,50)	11.18,81(34,36)	
	11.53,39(34,58)	12.27,83(34,44)	13.02,41(34,58)	13.37,17(34,76)	
	14.11,74(34,57)	14.46,20(34,46)	15.20,84(34,64)	15.55,21(34,37)	
	16.28,77(33,56)	17.00,72(31,95)			
5	Thorbjørn Birkeland	93	Haugesund SK	17.34,79	564
	30,38(30,38)	1.03,57(33,19)	1.37,96(34,39)	2.12,26(34,30)	
	2.46,63(34,37)	3.21,90(35,27)	3.56,87(34,97)	4.31,59(34,72)	
	5.06,91(35,32)	5.42,64(35,73)	6.18,24(35,60)	6.53,96(35,72)	
	7.29,76(35,80)	8.05,30(35,54)	8.41,42(36,12)	9.16,86(35,44)	
	9.53,02(36,16)	10.27,80(34,78)	11.03,05(35,25)	11.39,28(36,23)	
	12.15,04(35,76)	12.51,18(36,14)	13.27,20(36,02)	14.03,53(36,33)	
	14.38,97(35,44)	15.14,65(35,68)	15.50,23(35,58)	16.25,71(35,48)	
	17.00,57(34,86)	17.34,79(34,22)			
6	Gunnar Evjen	93	Vestbyen IL	17.37,67	560
	32,62(32,62)	1.08,44(35,82)	1.43,70(35,26)	2.19,49(35,79)	
	2.55,34(35,85)	3.31,44(36,10)	4.07,00(35,56)	4.43,13(36,13)	
	5.19,10(35,97)	5.54,06(34,96)	6.28,98(34,92)	7.04,33(35,35)	
	7.39,22(34,89)	8.14,38(35,16)	8.49,22(34,84)	9.24,74(35,52)	
	9.59,91(35,17)	10.35,00(35,09)	11.10,64(35,64)	11.45,49(34,85)	
	12.20,96(35,47)	12.56,14(35,18)	13.31,96(35,82)	14.07,81(35,85)	
	14.42,97(35,16)	15.18,83(35,86)	15.54,96(36,13)	16.29,52(34,56)	
	17.04,51(34,99)	17.37,67(33,16)			
7	Øystein Fjeldberg	93	Randaberg IL	17.49,01	542
	31,75(31,75)	1.06,08(34,33)	1.40,84(34,76)	2.16,09(35,25)	
	2.51,43(35,34)	3.26,64(35,21)	4.01,88(35,24)	4.37,39(35,51)	
	5.12,72(35,33)	5.48,65(35,93)	6.24,15(35,50)	7.00,16(36,01)	
	7.36,22(36,06)	8.12,15(35,93)	8.48,22(36,07)	9.24,35(36,13)	
	10.00,19(35,84)	10.36,96(36,77)	11.13,22(36,26)	11.48,77(35,55)	
	12.24,40(35,63)	12.59,95(35,55)	13.35,88(35,93)	14.12,38(36,50)	
	14.48,98(36,60)	15.25,02(36,04)	16.01,30(36,28)	16.37,72(36,42)	
	17.13,84(36,12)	17.49,01(35,17)			

8	Ivan Aleksander Larsen	95	Karmøy SK	17.49,07	542
	30,67(30,67)	1.05,74(35,07)	1.41,64(35,90)	2.17,42(35,78)	
	2.53,16(35,74)	3.28,80(35,64)	4.04,27(35,47)	4.40,29(36,02)	
	5.16,34(36,05)	5.52,44(36,10)	6.28,66(36,22)	7.04,58(35,92)	
	7.41,07(36,49)	8.17,27(36,20)	8.54,16(36,89)	9.29,91(35,75)	
	10.06,18(36,27)	10.42,35(36,17)	11.18,38(36,03)	11.54,88(36,50)	
	12.31,35(36,47)	13.07,74(36,39)	13.43,55(35,81)	14.19,43(35,88)	
	14.55,80(36,37)	15.30,77(34,97)	16.06,10(35,33)	16.41,90(35,80)	
	17.16,78(34,88)	17.49,07(32,29)			
9	Dan Martin Gudbrandsen	93	Moss SK	18.05,25	518
	30,57(30,57)	1.05,22(34,65)	1.40,37(35,15)	2.16,58(36,21)	
	2.51,92(35,34)	3.28,02(36,10)	4.04,04(36,02)	4.40,69(36,65)	
	5.17,66(36,97)	5.54,23(36,57)	6.31,14(36,91)	7.08,07(36,93)	
	7.45,16(37,09)	8.21,82(36,66)	8.59,21(37,39)	9.35,81(36,60)	
	10.12,73(36,92)	10.49,51(36,78)	11.25,60(36,09)	12.02,31(36,71)	
	12.39,12(36,81)	13.15,94(36,82)	13.52,51(36,57)	14.29,76(37,25)	
	15.06,43(36,67)	15.42,65(36,22)	16.19,13(36,48)	16.55,62(36,49)	
	17.30,75(35,13)	18.05,25(34,50)			
10	Robin H. Kleiven	93	Aalesund SLK	18.10,01	511
	32,81(32,81)	1.08,07(35,26)	1.43,68(35,61)	2.18,99(35,31)	
	2.54,71(35,72)	3.30,51(35,80)	4.06,50(35,99)	4.42,46(35,96)	
	5.18,52(36,06)	5.54,94(36,42)	6.31,35(36,41)	7.07,65(36,30)	
	7.44,36(36,71)	8.20,75(36,39)	8.57,23(36,48)	9.34,13(36,90)	
	10.10,81(36,68)	10.47,30(36,49)	11.24,69(37,39)	12.01,97(37,28)	
	12.39,06(37,09)	13.16,31(37,25)	13.53,58(37,27)	14.30,73(37,15)	
	15.08,04(37,31)	15.45,21(37,17)	16.22,16(36,95)	16.59,52(37,36)	
	17.35,59(36,07)	18.10,01(34,42)			
11	Ingvar V. Skirbekk	93	Elverum Svømming	18.14,63	505
	31,90(31,90)	1.06,58(34,68)	1.41,92(35,34)	2.17,71(35,79)	
	2.54,04(36,33)	3.29,91(35,87)	4.06,49(36,58)	4.43,39(36,90)	
	5.20,10(36,71)	5.56,69(36,59)	6.33,61(36,92)	7.10,42(36,81)	
	7.47,45(37,03)	8.24,05(36,60)	9.00,82(36,77)	9.37,57(36,75)	
	10.14,42(36,85)	10.51,44(37,02)	11.28,60(37,16)	12.05,61(37,01)	
	12.42,61(37,00)	13.19,32(36,71)	13.56,56(37,24)	14.33,93(37,37)	
	15.10,76(36,83)	15.47,93(37,17)	16.24,89(36,96)	17.02,27(37,38)	
	17.38,67(36,40)	18.14,63(35,96)			
12	Kjetil Flatland	94	Lørenskog/Rælingen	18.33,73	479
	33,03(33,03)	1.09,51(36,48)	1.46,62(37,11)	2.23,37(36,75)	
	3.00,26(36,89)	3.37,17(36,91)	4.14,16(36,99)	4.51,17(37,01)	
	5.28,25(37,08)	6.05,27(37,02)	6.43,07(37,80)	7.20,53(37,46)	
	7.57,94(37,41)	8.35,32(37,38)	9.12,66(37,34)	9.49,92(37,26)	
	10.27,55(37,63)	11.04,83(37,28)	11.42,21(37,38)	12.19,81(37,60)	
	12.57,00(37,19)	13.34,63(37,63)	14.12,14(37,51)	14.49,53(37,39)	
	15.27,16(37,63)	16.04,82(37,66)	16.42,48(37,66)	17.19,91(37,43)	
	17.57,33(37,42)	18.33,73(36,40)			

## Junior

1	Sindri T. Jakobsson	91	BS/Delfana	15.57,19	755
	28,25(28,25)	1.00,15(31,90)	1.32,25(32,10)	2.04,31(32,06)	
	2.36,32(32,01)	3.08,34(32,02)	3.40,47(32,13)	4.12,58(32,11)	
	4.44,66(32,08)	5.16,77(32,11)	5.48,75(31,98)	6.20,81(32,06)	
	6.52,91(32,10)	7.24,88(31,97)	7.57,11(32,23)	8.29,17(32,06)	
	9.01,19(32,02)	9.33,44(32,25)	10.05,61(32,17)	10.37,80(32,19)	
	11.09,93(32,13)	11.42,14(32,21)	12.14,69(32,55)	12.46,81(32,12)	
	13.19,01(32,20)	13.51,23(32,22)	14.23,19(31,96)	14.55,22(32,03)	
	15.26,97(31,75)	15.57,19(30,22)			
2	Sindre Nilo	90	Sandefjord SK/NTG	16.17,88	708
	28,70(28,70)	59,83(31,13)	1.31,38(31,55)	2.02,95(31,57)	
	2.34,62(31,67)	3.06,61(31,99)	3.38,64(32,03)	4.10,71(32,07)	
	4.42,99(32,28)	5.15,36(32,37)	5.48,06(32,70)	6.20,99(32,93)	
	6.54,03(33,04)	7.26,90(32,87)	8.00,10(33,20)	8.33,38(33,28)	
	9.06,61(33,23)	9.40,07(33,46)	10.13,25(33,18)	10.46,45(33,20)	
	11.19,60(33,15)	11.52,94(33,34)	12.26,43(33,49)	12.59,51(33,08)	
	13.32,85(33,34)	14.06,30(33,45)	14.39,76(33,46)	15.12,91(33,15)	
	15.45,95(33,04)	16.17,88(31,93)			

3	Elias Damman	89	Bærumsvømmerne	16.22,22	699
	29,30(29,30)	1.00,78(31,48)	1.32,58(31,80)	2.04,79(32,21)	
	2.37,31(32,52)	3.10,13(32,82)	3.42,72(32,59)	4.15,37(32,65)	
	4.47,97(32,60)	5.20,65(32,68)	5.53,42(32,77)	6.26,46(33,04)	
	6.59,45(32,99)	7.32,61(33,16)	8.05,57(32,96)	8.38,71(33,14)	
	9.11,92(33,21)	9.44,99(33,07)	10.18,30(33,31)	10.51,50(33,20)	
	11.24,84(33,34)	11.58,20(33,36)	12.31,45(33,25)	13.04,75(33,30)	
	13.38,02(33,27)	14.11,54(33,52)	14.44,76(33,22)	15.17,87(33,11)	
	15.50,99(33,12)	16.22,22(31,23)			
4	Sander Rødje	93	Haugesund SK	16.22,37	699
	28,94(28,94)	1.00,86(31,92)	1.33,56(32,70)	2.06,16(32,60)	
	2.39,03(32,87)	3.12,39(33,36)	3.45,83(33,44)	4.19,11(33,28)	
	4.52,52(33,41)	5.25,74(33,22)	5.59,19(33,45)	6.32,73(33,54)	
	7.06,85(34,12)	7.39,79(32,94)	8.13,14(33,35)	8.45,66(32,52)	
	9.18,48(32,82)	9.51,65(33,17)	10.24,51(32,86)	10.57,52(33,01)	
	11.30,47(32,95)	12.03,47(33,00)	12.36,34(32,87)	13.09,53(33,19)	
	13.42,79(33,26)	14.15,90(33,11)	14.48,29(32,39)	15.21,10(32,81)	
	15.53,43(32,33)	16.22,37(28,94)			
5	Martin Berger Oterholm	93	Kolbotn IL	16.29,11	685
	30,24(30,24)	1.02,96(32,72)	1.36,51(33,55)	2.09,68(33,17)	
	2.42,22(32,54)	3.15,38(33,16)	3.48,55(33,17)	4.21,66(33,11)	
	4.54,83(33,17)	5.28,21(33,38)	6.01,19(32,98)	6.34,58(33,39)	
	7.07,85(33,27)	7.41,23(33,38)	8.14,30(33,07)	8.47,63(33,33)	
	9.20,72(33,09)	9.53,94(33,22)	10.27,28(33,34)	11.00,48(33,20)	
	11.33,50(33,02)	12.06,22(32,72)	12.39,43(33,21)	13.12,61(33,18)	
	13.45,57(32,96)	14.18,50(32,93)	14.51,88(33,38)	15.24,72(32,84)	
	15.57,60(32,88)	16.29,11(31,51)			
6	Daniel Berenett	91	IL Varg/NTG	16.35,63	671
	28,95(28,95)	1.00,69(31,74)	1.33,02(32,33)	2.05,59(32,57)	
	2.38,88(33,29)	3.11,63(32,75)	3.45,06(33,43)	4.18,75(33,69)	
	4.52,34(33,59)	5.25,93(33,59)	5.59,67(33,74)	6.33,27(33,60)	
	7.07,13(33,86)	7.41,22(34,09)	8.14,68(33,46)	8.48,46(33,78)	
	9.21,80(33,34)	9.55,09(33,29)	10.28,85(33,76)	11.02,44(33,59)	
	11.36,24(33,80)	12.10,43(34,19)	12.43,99(33,56)	13.16,94(32,95)	
	13.50,97(34,03)	14.24,47(33,50)	14.58,03(33,56)	15.31,38(33,35)	
	16.04,48(33,10)	16.35,63(31,15)			
7	Øyvind Gevelt	91	Øvre Eiker SK	16.36,00	670
	29,73(29,73)	1.01,81(32,08)	1.34,56(32,75)	2.07,42(32,86)	
	2.40,60(33,18)	3.13,21(32,61)	3.46,56(33,35)	4.19,78(33,22)	
	4.52,79(33,01)	5.26,22(33,43)	5.59,44(33,22)	6.33,51(34,07)	
	7.07,10(33,59)	7.40,92(33,82)	8.14,04(33,12)	8.47,09(33,05)	
	9.20,03(32,94)	9.53,48(33,45)	10.27,37(33,89)	11.01,41(34,04)	
	11.35,47(34,06)	12.09,67(34,20)	12.43,58(33,91)	13.17,19(33,61)	
	13.51,46(34,27)	14.25,64(34,18)	14.59,31(33,67)	15.32,18(32,87)	
	16.05,36(33,18)	16.36,00(30,64)			
8	Eivind Johannesen	92	BS/Åstveit	16.39,04	664
	29,28(29,28)	1.01,10(31,82)	1.33,07(31,97)	2.05,61(32,54)	
	2.38,39(32,78)	3.11,49(33,10)	3.44,67(33,18)	4.17,85(33,18)	
	4.51,27(33,42)	5.24,91(33,64)	5.58,17(33,26)	6.31,59(33,42)	
	7.05,29(33,70)	7.38,68(33,39)	8.12,13(33,45)	8.45,50(33,37)	
	9.19,16(33,66)	9.53,41(34,25)	10.27,55(34,14)	11.01,60(34,05)	
	11.35,38(33,78)	12.09,07(33,69)	12.43,02(33,95)	13.17,05(34,03)	
	13.51,11(34,06)	14.25,10(33,99)	14.59,26(34,16)	15.33,19(33,93)	
	16.06,88(33,69)	16.39,04(32,16)			
9	Oscar Slaatmo	94	Hamar IL	16.58,33	627
	30,21(30,21)	1.03,62(33,41)	1.37,53(33,91)	2.11,24(33,71)	
	2.44,73(33,49)	3.18,44(33,71)	3.52,13(33,69)	4.26,50(34,37)	
	5.00,66(34,16)	5.34,66(34,00)	6.09,04(34,38)	6.43,43(34,39)	
	7.17,59(34,16)	7.52,15(34,56)	8.26,62(34,47)	9.00,66(34,04)	
	9.34,83(34,17)	10.09,01(34,18)	10.42,90(33,89)	11.17,45(34,55)	
	11.51,73(34,28)	12.26,12(34,39)	13.01,02(34,90)	13.35,51(34,49)	
	14.10,05(34,54)	14.44,42(34,37)	15.18,74(34,32)	15.52,95(34,21)	
	16.26,88(33,93)	16.58,33(31,45)			
10	Morten Bordervich	94	Sola SK	17.00,72	623
	31,36(31,36)	1.04,53(33,17)	1.37,95(33,42)	2.11,53(33,58)	
	2.45,73(34,20)	3.20,04(34,31)	3.54,24(34,20)	4.28,16(33,92)	
	5.02,00(33,84)	5.35,91(33,91)	6.10,06(34,15)	6.44,30(34,24)	
	7.18,44(34,14)	7.52,89(34,45)	8.27,30(34,41)	9.01,37(34,07)	
	9.35,78(34,41)	10.09,95(34,17)	10.44,45(34,50)	11.18,81(34,36)	
	11.53,39(34,58)	12.27,83(34,44)	13.02,41(34,58)	13.37,17(34,76)	
	14.11,74(34,57)	14.46,20(34,46)	15.20,84(34,64)	15.55,21(34,37)	
	16.28,77(33,56)	17.00,72(31,95)			

11	Odin Spangen Normann	92	IL Varg	17.05,58	614
	30,00(30,00)	1.03,85(33,85)	1.37,18(33,33)	2.11,30(34,12)	
	2.45,03(33,73)	3.18,72(33,69)	3.53,58(34,86)	4.27,62(34,04)	
	5.02,39(34,77)	5.36,86(34,47)	6.11,49(34,63)	6.46,30(34,81)	
	7.21,09(34,79)	7.55,77(34,68)	8.30,23(34,46)	9.04,97(34,74)	
	9.39,24(34,27)	10.13,70(34,46)	10.48,14(34,44)	11.22,84(34,70)	
	11.57,34(34,50)	12.31,67(34,33)	13.06,07(34,40)	13.40,70(34,63)	
	14.14,77(34,07)	14.49,11(34,34)	15.23,36(34,25)	15.57,79(34,43)	
	16.32,35(34,56)	17.05,58(33,23)			
12	Henning S. Pryde	92	Stavanger SC	17.23,40	583
	30,10(30,10)	1.02,55(32,45)	1.36,23(33,68)	2.10,32(34,09)	
	2.44,63(34,31)	3.19,17(34,54)	3.53,84(34,67)	4.28,50(34,66)	
	5.03,54(35,04)	5.38,39(34,85)	6.13,53(35,14)	6.48,38(34,85)	
	7.23,93(35,55)	7.59,39(35,46)	8.34,77(35,38)	9.10,27(35,50)	
	9.45,81(35,54)	10.21,62(35,81)	10.57,30(35,68)	11.32,44(35,14)	
	12.07,53(35,09)	12.43,60(36,07)	13.19,20(35,60)	13.54,70(35,50)	
	14.30,32(35,62)	15.05,56(35,24)	15.40,77(35,21)	16.15,99(35,22)	
	16.50,53(34,54)	17.23,40(32,87)			
13	Sven Berg	92	Bergens SLK	17.28,59	575
	31,44(31,44)	1.05,37(33,93)	1.40,22(34,85)	2.15,18(34,96)	
	2.49,99(34,81)	3.25,49(35,50)	4.00,83(35,34)	4.36,36(35,53)	
	5.11,45(35,09)	5.46,74(35,29)	6.21,90(35,16)	6.57,32(35,42)	
	7.32,64(35,32)	8.08,03(35,39)	8.43,04(35,01)	9.18,01(34,97)	
	9.53,07(35,06)	10.28,50(35,43)	11.03,39(34,89)	11.38,70(35,31)	
	12.13,66(34,96)	12.49,21(35,55)	13.24,53(35,32)	13.59,68(35,15)	
	14.34,92(35,24)	15.09,71(34,79)	15.44,95(35,24)	16.20,21(35,26)	
	16.55,42(35,21)	17.28,59(33,17)			
14	Kristian Evensen	90	Kristiansand SA	17.32,55	568
	31,22(31,22)	1.06,07(34,85)	1.41,49(35,42)	2.17,14(35,65)	
	2.52,68(35,54)	3.28,45(35,77)	4.04,17(35,72)	4.40,13(35,96)	
	5.15,90(35,77)	5.51,63(35,73)	6.26,94(35,31)	7.02,05(35,11)	
	7.37,75(35,70)	8.13,24(35,49)	8.48,72(35,48)	9.24,15(35,43)	
	9.59,46(35,31)	10.34,63(35,17)	11.09,52(34,89)	11.44,79(35,27)	
	12.20,19(35,40)	12.55,68(35,49)	13.30,98(35,30)	14.06,03(35,05)	
	14.41,09(35,06)	15.15,78(34,69)	15.50,59(34,81)	16.25,29(34,70)	
	16.59,81(34,52)	17.32,55(32,74)			
15	Sindre Lilledahl	92	Haugesund SK	17.34,78	564
	30,62(30,62)	1.04,34(33,72)	1.39,06(34,72)	2.14,10(35,04)	
	2.49,64(35,54)	3.25,26(35,62)	4.00,57(35,31)	4.36,05(35,48)	
	5.11,55(35,50)	5.47,77(36,22)	6.23,79(36,02)	7.00,08(36,29)	
	7.36,40(36,32)	8.12,42(36,02)	8.48,26(35,84)	9.24,32(36,06)	
	10.00,24(35,92)	10.36,28(36,04)	11.11,95(35,67)	11.47,45(35,50)	
	12.23,19(35,74)	12.58,83(35,64)	13.33,82(34,99)	14.09,01(35,19)	
	14.44,37(35,36)	15.19,09(34,72)	15.54,31(35,22)	16.29,14(34,83)	
	17.02,60(33,46)	17.34,78(32,18)			
16	Thorbjørn Birkeland	93	Haugesund SK	17.34,79	564
	30,38(30,38)	1.03,57(33,19)	1.37,96(34,39)	2.12,26(34,30)	
	2.46,63(34,37)	3.21,90(35,27)	3.56,87(34,97)	4.31,59(34,72)	
	5.06,91(35,32)	5.42,64(35,73)	6.18,24(35,60)	6.53,96(35,72)	
	7.29,76(35,80)	8.05,30(35,54)	8.41,42(36,12)	9.16,86(35,44)	
	9.53,02(36,16)	10.27,80(34,78)	11.03,05(35,25)	11.39,28(36,23)	
	12.15,04(35,76)	12.51,18(36,14)	13.27,20(36,02)	14.03,53(36,33)	
	14.38,97(35,44)	15.14,65(35,68)	15.50,23(35,58)	16.25,71(35,48)	
	17.00,57(34,86)	17.34,79(34,22)			
17	Gunnar Evjen	93	Vestbyen IL	17.37,67	560
	32,62(32,62)	1.08,44(35,82)	1.43,70(35,26)	2.19,49(35,79)	
	2.55,34(35,85)	3.31,44(36,10)	4.07,00(35,56)	4.43,13(36,13)	
	5.19,10(35,97)	5.54,06(34,96)	6.28,98(34,92)	7.04,33(35,35)	
	7.39,22(34,89)	8.14,38(35,16)	8.49,22(34,84)	9.24,74(35,52)	
	9.59,91(35,17)	10.35,00(35,09)	11.10,64(35,64)	11.45,49(34,85)	
	12.20,96(35,47)	12.56,14(35,18)	13.31,96(35,82)	14.07,81(35,85)	
	14.42,97(35,16)	15.18,83(35,86)	15.54,96(36,13)	16.29,52(34,56)	
	17.04,51(34,99)	17.37,67(33,16)			
18	Øystein Fjeldberg	93	Randaberg IL	17.49,01	542
	31,75(31,75)	1.06,08(34,33)	1.40,84(34,76)	2.16,09(35,25)	
	2.51,43(35,34)	3.26,64(35,21)	4.01,88(35,24)	4.37,39(35,51)	
	5.12,72(35,33)	5.48,65(35,93)	6.24,15(35,50)	7.00,16(36,01)	
	7.36,22(36,06)	8.12,15(35,93)	8.48,22(36,07)	9.24,35(36,13)	
	10.00,19(35,84)	10.36,96(36,77)	11.13,22(36,26)	11.48,77(35,55)	
	12.24,40(35,63)	12.59,95(35,55)	13.35,88(35,93)	14.12,38(36,50)	
	14.48,98(36,60)	15.25,02(36,04)	16.01,30(36,28)	16.37,72(36,42)	
	17.13,84(36,12)	17.49,01(35,17)			

19	Ivan Aleksander Larsen	95	Karmøy SK	17.49,07	542
	30,67(30,67)	1.05,74(35,07)	1.41,64(35,90)	2.17,42(35,78)	
	2.53,16(35,74)	3.28,80(35,64)	4.04,27(35,47)	4.40,29(36,02)	
	5.16,34(36,05)	5.52,44(36,10)	6.28,66(36,22)	7.04,58(35,92)	
	7.41,07(36,49)	8.17,27(36,20)	8.54,16(36,89)	9.29,91(35,75)	
	10.06,18(36,27)	10.42,35(36,17)	11.18,38(36,03)	11.54,88(36,50)	
	12.31,35(36,47)	13.07,74(36,39)	13.43,55(35,81)	14.19,43(35,88)	
	14.55,80(36,37)	15.30,77(34,97)	16.06,10(35,33)	16.41,90(35,80)	
	17.16,78(34,88)	17.49,07(32,29)			
20	Per Kristian Øyen	92	Molde SLK	17.51,76	538
	31,21(31,21)	1.04,94(33,73)	1.39,45(34,51)	2.14,16(34,71)	
	2.48,86(34,70)	3.25,26(36,40)	4.00,55(35,29)	4.36,24(35,69)	
	5.11,95(35,71)	5.47,34(35,39)	6.23,49(36,15)	6.59,80(36,31)	
	7.35,75(35,95)	8.11,44(35,69)	8.47,90(36,46)	9.23,78(35,88)	
	9.59,35(35,57)	10.35,67(36,32)	11.12,15(36,48)	11.48,28(36,13)	
	12.24,96(36,68)	13.01,53(36,57)	13.38,21(36,68)	14.15,35(37,14)	
	14.51,64(36,29)	15.28,09(36,45)	16.04,29(36,20)	16.41,78(37,49)	
	17.17,46(35,68)	17.51,76(34,30)			
21	Ørjan Monsen	92	Sola SK	17.55,14	533
	31,00(31,00)	1.06,03(35,03)	1.41,69(35,66)	2.17,58(35,89)	
	2.53,30(35,72)	3.29,40(36,10)	4.05,40(36,00)	4.41,75(36,35)	
	5.18,06(36,31)	5.54,09(36,03)	6.29,79(35,70)	7.05,89(36,10)	
	7.41,92(36,03)	8.18,23(36,31)	8.54,55(36,32)	9.30,71(36,16)	
	10.06,94(36,23)	10.43,11(36,17)	11.19,57(36,46)	11.55,96(36,39)	
	12.32,56(36,60)	13.08,96(36,40)	13.45,21(36,25)	14.21,57(36,36)	
	14.57,97(36,40)	15.33,86(35,89)	16.09,70(35,84)	16.45,36(35,66)	
	17.21,22(35,86)	17.55,14(33,92)			
22	Dan Martin Gudbrandsen	93	Moss SK	18.05,25	518
	30,57(30,57)	1.05,22(34,65)	1.40,37(35,15)	2.16,58(36,21)	
	2.51,92(35,34)	3.28,02(36,10)	4.04,04(36,02)	4.40,69(36,65)	
	5.17,66(36,97)	5.54,23(36,57)	6.31,14(36,91)	7.08,07(36,93)	
	7.45,16(37,09)	8.21,82(36,66)	8.59,21(37,39)	9.35,81(36,60)	
	10.12,73(36,92)	10.49,51(36,78)	11.25,60(36,09)	12.02,31(36,71)	
	12.39,12(36,81)	13.15,94(36,82)	13.52,51(36,57)	14.29,76(37,25)	
	15.06,43(36,67)	15.42,65(36,22)	16.19,13(36,48)	16.55,62(36,49)	
	17.30,75(35,13)	18.05,25(34,50)			
23	Robin H. Kleiven	93	Aalesund SLK	18.10,01	511
	32,81(32,81)	1.08,07(35,26)	1.43,68(35,61)	2.18,99(35,31)	
	2.54,71(35,72)	3.30,51(35,80)	4.06,50(35,99)	4.42,46(35,96)	
	5.18,52(36,06)	5.54,94(36,42)	6.31,35(36,41)	7.07,65(36,30)	
	7.44,36(36,71)	8.20,75(36,39)	8.57,23(36,48)	9.34,13(36,90)	
	10.10,81(36,68)	10.47,30(36,49)	11.24,69(37,39)	12.01,97(37,28)	
	12.39,06(37,09)	13.16,31(37,25)	13.53,58(37,27)	14.30,73(37,15)	
	15.08,04(37,31)	15.45,21(37,17)	16.22,16(36,95)	16.59,52(37,36)	
	17.35,59(36,07)	18.10,01(34,42)			
24	Ingvar V. Skirbekk	93	Elverum Svømming	18.14,63	505
	31,90(31,90)	1.06,58(34,68)	1.41,92(35,34)	2.17,71(35,79)	
	2.54,04(36,33)	3.29,91(35,87)	4.06,49(36,58)	4.43,39(36,90)	
	5.20,10(36,71)	5.56,69(36,59)	6.33,61(36,92)	7.10,42(36,81)	
	7.47,45(37,03)	8.24,05(36,60)	9.00,82(36,77)	9.37,57(36,75)	
	10.14,42(36,85)	10.51,44(37,02)	11.28,60(37,16)	12.05,61(37,01)	
	12.42,61(37,00)	13.19,32(36,71)	13.56,56(37,24)	14.33,93(37,37)	
	15.10,76(36,83)	15.47,93(37,17)	16.24,89(36,96)	17.02,27(37,38)	
	17.38,67(36,40)	18.14,63(35,96)			
25	Kjetil Flatland	94	Lørenskog/Rælingen	18.33,73	479
	33,03(33,03)	1.09,51(36,48)	1.46,62(37,11)	2.23,37(36,75)	
	3.00,26(36,89)	3.37,17(36,91)	4.14,16(36,99)	4.51,17(37,01)	
	5.28,25(37,08)	6.05,27(37,02)	6.43,07(37,80)	7.20,53(37,46)	
	7.57,94(37,41)	8.35,32(37,38)	9.12,66(37,34)	9.49,92(37,26)	
	10.27,55(37,63)	11.04,83(37,28)	11.42,21(37,38)	12.19,81(37,60)	
	12.57,00(37,19)	13.34,63(37,63)	14.12,14(37,51)	14.49,53(37,39)	
	15.27,16(37,63)	16.04,82(37,66)	16.42,48(37,66)	17.19,91(37,43)	
	17.57,33(37,42)	18.33,73(36,40)			

## Øvelse 35. 4\*100m lag medley, damer - Junior

## Junior

1	Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,79)	4.22,79	745
	Marit Vala:	32,96(32,96)	1.08,94(35,98)	1.08,94		
	Karoline Bergene:	1.42,40(33,46)	2.21,65(39,25)	1.12,71		
	Line Løvberg:	2.50,76(29,11)	3.24,82(34,06)	1.03,17		
	Emilie Hellerud:	3.52,69(27,87)	4.22,79(30,10)	57,97		
2	Team Stavanger J1 jr.	JR	Team Stavanger	(0,73)	4.23,30	740
	Ida Nordbø:	32,48(32,48)	1.09,08(36,60)	1.09,08		
	Ina Marleen Holm:	1.43,35(34,27)	2.21,94(38,59)	1.12,86		
	Victoria S. Løken:	2.50,26(28,32)	3.23,79(33,53)	1.01,85		
	Vibeke Brigg:	3.51,37(27,58)	4.23,30(31,93)	59,51		
3	Team Stavanger J2 jr.	JR	Team Stavanger	(0,78)	4.25,11	725
	Trine Hovda:	32,73(32,73)	1.07,32(34,59)	1.07,32		
	Mai Linn Hanslien:	1.41,34(34,02)	2.22,54(41,20)	1.15,22		
	Maren Kristine Jansen:	2.51,40(28,86)	3.26,74(35,34)	1.04,20		
	Marthe Berg Sørensen:	3.54,73(27,99)	4.25,11(30,38)	58,37		
4	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,65)	4.26,99	710
	Vibeke Browne:		1.08,65(1.08,65)	1.08,65		
	Karin Ekholt:	1.42,21(33,56)	2.21,38(39,17)	1.12,73		
	Emilie N. Løvberg:	2.51,45(30,07)	3.26,99(35,54)	1.05,61		
	Kristine Mella:	3.55,56(28,57)	4.26,99(31,43)	1.00,00		
5	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	(0,75)	4.30,27	685
	Gina B. Andersen:	33,12(33,12)	1.06,49(33,37)	1.06,49		
	Terese Langlo:	1.41,94(35,45)	2.23,11(41,17)	1.16,62		
	Iselin Mjøllner Dahlen:	2.53,31(30,20)	3.28,54(35,23)	1.05,43		
	Helene Solberg:	3.57,83(29,29)	4.30,27(32,44)	1.01,73		
6	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	(0,74)	4.35,12	649
	Marthe Helene Haganen:	33,47(33,47)	1.10,63(37,16)	1.10,63		
	Benedicte Kausland:	1.46,07(35,44)	2.26,93(40,86)	1.16,30		
	Stine Vindenes:	2.57,97(31,04)	3.33,13(35,16)	1.06,20		
	Andrea Haugstad:	4.02,50(29,37)	4.35,12(32,62)	1.01,99		
7	Bergensv. J1 jr.	JR	Bergensvømmerne	(0,66)	4.35,14	649
	Katja Heinänen:	34,00(34,00)	1.10,09(36,09)	1.10,09		
	Maria Farestvedt:	1.44,18(34,09)	2.23,55(39,37)	1.13,46		
	Hanne Søfteland:	2.53,92(30,37)	3.32,45(38,53)	1.08,90		
	Katrine Jensen:	4.01,38(28,93)	4.35,14(33,76)	1.02,69		
8	Moss SK J1 jr.	JR	Moss SK	(0,76)	4.36,01	643
	Stine K. Jansen:	33,92(33,92)	1.10,56(36,64)	1.10,56		
	Tonje Stæhr Petersen:	1.46,36(35,80)	2.28,27(41,91)	1.17,71		
	Thea Pedersen:	2.59,82(31,55)	3.37,36(37,54)	1.09,09		
	Line W. Lund:	4.05,08(27,72)	4.36,01(30,93)	58,65		
9	Bergens SLK J1 jr.	JR	Bergens SLK	(0,72)	4.38,03	629
	Aslaug Marie Hjelmaas:	33,77(33,77)	1.09,82(36,05)	1.09,82		
	Maren Teige:	1.46,23(36,41)	2.29,61(43,38)	1.19,79		
	Kaja Bremer:	3.00,84(31,23)	3.38,55(37,71)	1.08,94		
	Martine Bremer:	4.06,57(28,02)	4.38,03(31,46)	59,48		
10	Kristiansand SA J1 jr.	JR	Kristiansand SA	(0,71)	4.42,64	598
	Maria Gullvåg Aasen:	33,43(33,43)	1.08,71(35,28)	1.08,71		
	Hege Omdal:	1.44,40(35,69)	2.26,08(41,68)	1.17,37		
	Hilde Kringlen:	3.00,30(34,22)	3.40,85(40,55)	1.14,77		
	Linn Hege Laudal:	4.09,91(29,06)	4.42,64(32,73)	1.01,79		
11	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(0,74)	4.43,11	595
	Siri Anette Sønju:	33,80(33,80)	1.10,11(36,31)	1.10,11		
	Stine Lise Stenseth:	1.46,40(36,29)	2.30,68(44,28)	1.20,57		
	Guro Knutsen:	3.02,55(31,87)	3.39,19(36,64)	1.08,51		
	Inger-Cathrine Wium:	4.09,80(30,61)	4.43,11(33,31)	1.03,92		
12	Bergens SC J1 jr.	JR	Bergens SC	(0,70)	4.43,40	594
	Ragnhild Søfteland:	33,85(33,85)	1.08,83(34,98)	1.08,83		
	Martha Maria Songstad:	1.46,08(37,25)	2.30,01(43,93)	1.21,18		
	Eirin Arnesen:	3.01,01(31,00)	3.39,24(38,23)	1.09,23		
	Hedvig Hjertaker:	4.09,77(30,53)	4.43,40(33,63)	1.04,16		
13	Stavanger SC J1 jr.	JR	Stavanger SC	(0,73)	4.44,74	585
	Nicole T. Næsheim:	33,42(33,42)	1.09,72(36,30)	1.09,72		
	Siren Bergslid:	1.47,22(37,50)	2.29,64(42,42)	1.19,92		
	Ane Nygård:	3.02,27(32,63)	3.41,53(39,26)	1.11,89		
	Caroline M. Mork:	4.11,50(29,97)	4.44,74(33,24)	1.03,21		

14	Delfana J1 jr.	JR	Delfana	(0,74)	4.46,47	575
	Helene Thunes Truyen:	34,67(34,67)	1.10,80(36,13)	1.10,80		
	Lise Sand Syversen:	1.48,05(37,25)	2.30,81(42,76)	1.20,01		
	Mari Løvik:	3.04,34(33,53)	3.44,24(39,90)	1.13,43		
	Oda S. Leiknes:	4.13,64(29,40)	4.46,47(32,83)	1.02,23		
15	Ski SK J1 jr.	JR	Ski SK	(0,80)	4.50,48	551
	Elisabeth H. Svensson:	33,47(33,47)	1.09,84(36,37)	1.09,84		
	Camilla W. Kristiansen:	1.48,08(38,24)	2.33,61(45,53)	1.23,77		
	Henriette With Bjørnstad:	3.06,33(32,72)	3.45,68(39,35)	1.12,07		
	Veronica B. Lundsten:	4.16,37(30,69)	4.50,48(34,11)	1.04,80		
16	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	(0,82)	4.50,82	549
	Juni Rugland:	36,36(36,36)	1.15,04(38,68)	1.15,04		
	Malin Dahle:	1.52,70(37,66)	2.37,00(44,30)	1.21,96		
	Marie Reinertsen:	3.09,49(32,49)	3.47,85(38,36)	1.10,85		
	Sara N. Gjelsvik:	4.17,75(29,90)	4.50,82(33,07)	1.02,97		
17	Arna SLK J1 jr.	JR	Arna SLK	(0,59)	4.51,77	544
	Seline Vike Holm:	32,87(32,87)	1.08,84(35,97)	1.08,84		
	Katinka Kvant:	1.45,12(36,28)	2.28,45(43,33)	1.19,61		
	Marte K Haukeland:	3.02,35(33,90)	3.44,37(42,02)	1.15,92		
	Anna Thorsen:	4.16,41(32,04)	4.51,77(35,36)	1.07,40		
18	Bergens SC J2 jr.	JR	Bergens SC	(0,74)	4.56,59	518
	Ingse Bergh Monsen:	35,39(35,39)	1.12,70(37,31)	1.12,70		
	Eli Kristin Ølmheim:	1.50,50(37,80)	2.33,97(43,47)	1.21,27		
	Sara Petrine Veierød:	3.09,74(35,77)	3.52,01(42,27)	1.18,04		
	Kaya Haugland Færøvik:	4.22,58(30,57)	4.56,59(34,01)	1.04,58		
19	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,68)	4.58,66	507
	Ida Arnøy:	36,12(36,12)	1.14,22(38,10)	1.14,22		
	Mette Aas:	1.54,40(40,18)	2.40,52(46,12)	1.26,30		
	Jeanette Erlandsen:	3.13,88(33,36)	3.53,61(39,73)	1.13,09		
	Aurora Brandtzæg:	4.24,53(30,92)	4.58,66(34,13)	1.05,05		
20	Madla SK J1 jr.	JR	Madla SK	(0,77)	5.00,19	499
	Maren Larsen:	36,57(36,57)	1.15,80(39,23)	1.15,80		
	Camilla Thoreby:	1.54,02(38,22)	2.40,39(46,37)	1.24,59		
	Mari Mjølhus Kristoffersen:	3.14,13(33,74)	3.55,75(41,62)	1.15,36		
	Line Nilsson:	4.26,24(30,49)	5.00,19(33,95)	1.04,44		
21	Skjetten Svømming J2 jr.	JR	Skjetten Svømming	(1,02)	5.01,18	495
	Marie Svensson:	36,82(36,82)	1.15,45(38,63)	1.15,45		
	Pernille Mørch:	1.54,70(39,25)	2.39,17(44,47)	1.23,72		
	Christina Dahl:	3.14,29(35,12)	3.55,12(40,83)	1.15,95		
	Christiane Sandbye:	4.26,38(31,26)	5.01,18(34,80)	1.06,06		
22	Haldens SK J1 jr.	JR	Haldens SK	(0,72)	5.05,54	474
	Siri N. Andersen:	35,97(35,97)	1.13,38(37,41)	1.13,38		
	Cecilie Hafsrød Fredriksen:	1.54,39(41,01)	2.41,30(46,91)	1.27,92		
	Anne Helene Bakke:	3.16,19(34,89)	3.57,77(41,58)	1.16,47		
	Emilie Olafsrud:	4.28,93(31,16)	5.05,54(36,61)	1.07,77		
23	Vestkantsv. J3 jr.	JR	Vestkantsvømmerne	(0,77)	5.20,25	411
	Andrea Strømsnes:	37,57(37,57)	1.17,83(40,26)	1.17,83		
	Sandra Vabø:	2.00,21(42,38)	2.49,20(48,99)	1.31,37		
	Mirabelle Breidvik:	3.27,73(38,53)	4.14,60(46,87)	1.25,40		
	Ida Louise G. Borlaug:	4.45,81(31,21)	5.20,25(34,44)	1.05,65		

## Søndag 30. november 2008 kl 09.00

## Øvelse 36. 400m individuell medley, herrer - Direkte finale – Foreløpig før siste heat

## UM

1	Hans Østerdal	93	Stavanger SC	4.41,07	671
	29,28(29,28)	1.03,55(34,27)	1.40,98(37,43)	2.19,26(38,28)	
	2.57,47(38,21)	3.37,60(40,13)	4.10,02(32,42)	4.41,07(31,05)	
2	Hans Kristian Andersen	93	Florø SLK	4.43,84	652
	30,46(30,46)	1.04,70(34,24)	1.44,03(39,33)	2.22,02(37,99)	
	3.00,17(38,15)	3.38,24(38,07)	4.11,67(33,43)	4.43,84(32,17)	
3	Oscar Slaatmo	94	Hamar IL	5.05,74	521
	32,50(32,50)	1.10,71(38,21)	1.50,72(40,01)	2.30,62(39,90)	
	3.14,56(43,94)	4.00,60(46,04)	4.34,15(33,55)	5.05,74(31,59)	
4	Morten Bordervich	94	Sola SK	5.06,55	517
	32,61(32,61)	1.09,46(36,85)	1.48,32(38,86)	2.27,37(39,05)	
	3.12,83(45,46)	3.58,98(46,15)	4.33,13(34,15)	5.06,55(33,42)	
5	Håkon Brennhagen	93	Skjetten Svømming	5.06,85	516
	33,28(33,28)	1.11,48(38,20)	1.50,07(38,59)	2.29,98(39,91)	
	3.13,24(43,26)	3.57,23(43,99)	4.33,54(36,31)	5.06,85(33,31)	
6	Markus Lie	95	Åstveit SK	5.11,73	492
	33,48(33,48)	1.11,75(38,27)	1.50,52(38,77)	2.30,11(39,59)	
	3.14,15(44,04)	3.59,30(45,15)	4.36,35(37,05)	5.11,73(35,38)	
7	Kjetil Flatland	94	Lørenskog/Rælingen	5.14,90	477
	34,02(34,02)	1.13,53(39,51)	1.54,72(41,19)	2.35,14(40,42)	
	3.19,15(44,01)	4.03,40(44,25)	4.39,96(36,56)	5.14,90(34,94)	

## Junior

1	Hans Østerdal	93	Stavanger SC	4.41,07	671
	29,28(29,28)	1.03,55(34,27)	1.40,98(37,43)	2.19,26(38,28)	
	2.57,47(38,21)	3.37,60(40,13)	4.10,02(32,42)	4.41,07(31,05)	
2	Erling Mjøs Brattelid	91	TS/Sola SK	4.41,43	669
	30,02(30,02)	1.04,76(34,74)	1.42,90(38,14)	2.20,68(37,78)	
	2.59,06(38,38)	3.37,54(38,48)	4.10,35(32,81)	4.41,43(31,08)	
3	Hans Kristian Andersen	93	Florø SLK	4.43,84	652
	30,46(30,46)	1.04,70(34,24)	1.44,03(39,33)	2.22,02(37,99)	
	3.00,17(38,15)	3.38,24(38,07)	4.11,67(33,43)	4.43,84(32,17)	
4	Joachim André Jakobsen	91	Vestkantsvømmerne	4.45,68	639
	31,55(31,55)	1.07,68(36,13)	1.45,15(37,47)	2.21,63(36,48)	
	3.01,21(39,58)	3.40,42(39,21)	4.14,05(33,63)	4.45,68(31,63)	
5	Sebastian Stordal	91	BS/Delfana	4.46,54	633
	29,14(29,14)	1.03,75(34,61)	1.40,66(36,91)	2.17,53(36,87)	
	2.59,17(41,64)	3.41,00(41,83)	4.13,88(32,88)	4.46,54(32,66)	
6	Espen Halhjem	92	BS/Delfana	4.46,72	632
	30,62(30,62)	1.06,07(35,45)	1.44,27(38,20)	2.21,58(37,31)	
	3.01,93(40,35)	3.41,35(39,42)	4.15,52(34,17)	4.46,72(31,20)	
7	Vegard Løvberg	91	Bærumsvømmerne	4.48,37	621
	30,32(30,32)	1.05,48(35,16)	1.41,37(35,89)	2.16,50(35,13)	
	2.58,69(42,19)	3.42,39(43,70)	4.15,48(33,09)	4.48,37(32,89)	
8	Christer M. Hagen	91	Fauske SK	4.53,12	592
	31,06(31,06)	1.06,44(35,38)	1.45,29(38,85)	2.23,19(37,90)	
	3.04,59(41,40)	3.47,06(42,47)	4.20,38(33,32)	4.53,12(32,74)	
9	Gunnar V. Skirbekk	91	Elverum Svømming	4.56,06	574
	30,76(30,76)	1.05,34(34,58)	1.44,71(39,37)	2.22,00(37,29)	
	3.04,03(42,03)	3.46,54(42,51)	4.21,60(35,06)	4.56,06(34,46)	
10	Sindre Lilledahl	92	Haugesund SK	4.57,91	564
	32,30(32,30)	1.09,79(37,49)	1.47,19(37,40)	2.23,43(36,24)	
	3.06,45(43,02)	3.50,47(44,02)	4.24,97(34,50)	4.57,91(32,94)	
11	Andreas Mathingsdal Pedersen	92	Farsund SK	4.58,51	560
	32,03(32,03)	1.09,21(37,18)	1.48,34(39,13)	2.27,55(39,21)	
	3.09,13(41,58)	3.51,08(41,95)	4.25,19(34,11)	4.58,51(33,32)	
12	Hans Andre Pedersen	92	Sandefjord SK	4.59,48	555
	32,02(32,02)	1.09,75(37,73)	1.46,87(37,12)	2.23,97(37,10)	
	3.09,16(45,19)	3.53,37(44,21)	4.27,90(34,53)	4.59,48(31,58)	

13	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.00,27	550
	31,69(31,69)	1.09,41(37,72)	1.48,84(39,43)	2.26,89(38,05)	
	3.09,49(42,60)	3.52,42(42,93)	4.27,57(35,15)	5.00,27(32,70)	
14	Alexander Schüssler	92	Lambertseter SK	5.04,33	529
	32,39(32,39)	1.10,49(38,10)	1.49,54(39,05)	2.27,68(38,14)	
	3.10,08(42,40)	3.53,32(43,24)	4.28,33(35,01)	5.04,33(36,00)	
15	Joakim I. Larsen	92	Trondheim SLK	5.05,35	523
	32,73(32,73)	1.11,32(38,59)	1.49,09(37,77)	2.26,27(37,18)	
	3.10,36(44,09)	3.54,94(44,58)	4.31,42(36,48)	5.05,35(33,93)	
16	Oscar Slaatmo	94	Hamar IL	5.05,74	521
	32,50(32,50)	1.10,71(38,21)	1.50,72(40,01)	2.30,62(39,90)	
	3.14,56(43,94)	4.00,60(46,04)	4.34,15(33,55)	5.05,74(31,59)	
17	Morten Bordervich	94	Sola SK	5.06,55	517
	32,61(32,61)	1.09,46(36,85)	1.48,32(38,86)	2.27,37(39,05)	
	3.12,83(45,46)	3.58,98(46,15)	4.33,13(34,15)	5.06,55(33,42)	
18	Håkon Brennhagen	93	Skjetten Svømming	5.06,85	516
	33,28(33,28)	1.11,48(38,20)	1.50,07(38,59)	2.29,98(39,91)	
	3.13,24(43,26)	3.57,23(43,99)	4.33,54(36,31)	5.06,85(33,31)	
19	Markus Lie	95	Åstveit SK	5.11,73	492
	33,48(33,48)	1.11,75(38,27)	1.50,52(38,77)	2.30,11(39,59)	
	3.14,15(44,04)	3.59,30(45,15)	4.36,35(37,05)	5.11,73(35,38)	
20	Kjetil Flatland	94	Lørenskog/Rælingen	5.14,90	477
	34,02(34,02)	1.13,53(39,51)	1.54,72(41,19)	2.35,14(40,42)	
	3.19,15(44,01)	4.03,40(44,25)	4.39,96(36,56)	5.14,90(34,94)	

## Øvelse 37. 4\*50m fri, damer - UM

## UM

1	Bærumsv J1 jr.	JR	Bærumsvømmerne	1.52,93	683
	Maria Bølgen:	28,33(28,33)			
	Emilie N. Løvberg:	55,51(27,18)			
	Kjersti Dalen:	1.24,93(29,42)			
	Andrea Westbye:	1.52,93(28,00)			
2	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	1.52,99	682
	Marthe Helene Haganes:	28,62(28,62)			
	Juni Rugland:	57,22(28,60)			
	Sara N. Gjelsvik:	1.25,89(28,67)			
	Stine Vindenes:	1.52,99(27,10)			
3	Lambertseter SK J1 jr.	JR	Lambertseter SK	1.55,17	644
	Pia Cornelia Braarud:	28,51(28,51)			
	Stina Kajsa Colleou:	57,66(29,15)			
	Julie Rønningsen:	1.26,37(28,71)			
	Luna Elisabeth Sjøgaard:	1.55,17(28,80)			
4	Bergens SLK J1 jr.	JR	Bergens SLK	1.56,30	626
	Kaja Bremer:	28,99(28,99)			
	Aslaug Marie Hjelmaas:	56,74(27,75)			
	Elna Luice Bønes:	1.28,58(31,84)			
	Karoline Pedersen:	1.56,30(27,72)			
5	Asker SK J1 jr.	JR	Asker SK	1.56,85	617
	Mette Mellbye Larsen:	28,53(28,53)			
	Marte K. Bolstad:	57,52(28,99)			
	Rikke Amalie Nagell-Kleven:	1.27,23(29,71)			
	Vilde Sødem Karlsen:	1.56,85(29,62)			
6	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	1.57,89	601
	Mari Knutsen:	30,86(30,86)			
	Stine Lise Stenseth:	59,26(28,40)			
	Fanny Moen Pettersen:	1.29,49(30,23)			
	Ida Johansen:	1.57,89(28,40)			
7	Bergens SC J1 jr.	JR	Bergens SC	1.58,43	593
	Hedvig Hjertaker:	29,96(29,96)			
	Eirin Arnesen:	58,35(28,39)			
	Eli Kristin Ølmheim:	1.27,82(29,47)			
	Martha Maria Songstad:	1.58,43(30,61)			

8	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	1.59,20	581
	Marie Reinertsen:	29,73(29,73)			
	Andrea Strømsnes:	59,47(29,74)			
	Malin Dahle:	1.29,59(30,12)			
	Ida Louise G. Borlaug:	1.59,20(29,61)			
9	Delfana J1 jr.	JR	Delfana	1.59,66	574
	Helene Thunes Truyen:	29,61(29,61)			
	Lise Sand Syversen:	58,87(29,26)			
	Johanne G. Skaaland:	1.29,37(30,50)			
	Maren Sofie Duus:	1.59,66(30,29)			
10	Aalesunds SLK J1 jr.	JR	Aalesund SLK	2.00,55	562
	Gerd Anne Solibakke:	31,34(31,34)			
	Julie Hjellbakk Pettersen:	1.01,74(30,40)			
	Kristin Vegsund Klungreseth:	1.31,75(30,01)			
	Veronica Orheim Bjørlykke:	2.00,55(28,80)			
11	Trondheim SLK J1 jr.	JR	Trondheim SLK	2.01,39	550
	Christiana Bjørkli:	30,39(30,39)			
	Stine Tveit:	59,56(29,17)			
	Malin Schanke Tømmervik:	1.31,49(31,93)			
	Julie Hegvik:	2.01,39(29,90)			
12	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	2.01,75	545
	Jeanette Erlandsen:	29,42(29,42)			
	Ida Arnøy:	1.01,22(31,80)			
	Mette Aas:	1.32,38(31,16)			
	Aurora Brandtzæg:	2.01,75(29,37)			
13	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	2.04,84	506
	Christina Dahl:	31,59(31,59)			
	Marie Svensson:	1.02,05(30,46)			
	Pernille Mørch:	1.34,07(32,02)			
	Christiane Sandbye:	2.04,84(30,77)			
14	Vestkantsv. J3 jr.	JR	Vestkantsvømmerne	2.05,41	499
	Lena Quam Berland:	32,21(32,21)			
	Mirabelle Breidvik:	1.03,99(31,78)			
	Sandra Vabø:	1.36,67(32,68)			
	Marie Øverland:	2.05,41(28,74)			
15	Åstveit SK J1 jr.	JR	Åstveit SK	2.07,06	480
	Andrea Hestdal:	28,69(28,69)			
	Sandra Farestvedt:	59,43(30,74)			
	Linn Therese Rondestveit:	1.30,98(31,55)			
	Hanne Farestvedt:	2.07,06(36,08)			
16	Bergens SC J2 jr.	JR	Bergens SC	2.09,91	449
	Henriette Dahl:	32,55(32,55)			
	Charlotte H. Thorsen:	1.04,30(31,75)			
	Demi Coudray:	1.37,28(32,98)			
	Sara Petrine Veierød:	2.09,91(32,63)			
	Madla SK J1 jr.	JR	Madla SK	DISK	
	Line Nilsson:				
	Maren Larsen:				
	Christine Arctander:				
	Mari Mjølhus Kristoffersen:				
	Haldens SK J1 jr.	JR	Haldens SK	DISK	
	Oda Haagenen:				
	Anna Forsstrøm:				
	Emilie Olafsrud:				
	Anne Helene Bakke:				

## Øvelse 38. 200m fri, herrer

## Junior

1	Jørn Nygård 26,68(26,68)	92	Stavanger SC 1.23,87(28,95)	1.53,34	758
2	Christer Koch Kvam 27,48(27,48)	90	Bærum/NTG 1.26,54(29,81)	1.55,19	722
3	Mikkel Tørud Lang 27,27(27,27)	90	Ullensakersv 1.25,90(29,90)	1.55,51	716
4	Stian Werner Erichsen 27,66(27,66)	90	Bærumsvømmerne 1.26,83(29,57)	1.56,28	702
5	Even Vike Holm 27,23(27,23)	90	BS/Arna 1.26,53(30,07)	1.56,38	700
6	Elias Damman 27,62(27,62)	89	Bærumsvømmerne 1.27,62(30,20)	1.57,44	681
7	Ole Martin Ree 26,73(26,73)	92	TS/Sola SK 1.26,75(30,64)	1.57,76	675
8	Martin Skramstad 27,81(27,81)	89	Hamar IL 1.28,94(30,65)	1.58,81	658
9	Tor Hafnor 28,11(28,11)	91	Bærumsvømmerne 1.29,41(30,61)	1.59,96	639
10	Eivind Johannesen 27,94(27,94)	92	BS/Åstveit 1.29,32(30,91)	2.00,06	637
11	Kristoffer Skribeland 27,90(27,90)	91	Asker SK 1.29,39(31,38)	2.00,17	636
12	Christian Thorsen 27,99(27,99)	91	Lambertseter SK 1.29,76(31,35)	2.00,35	633
13	Martin P. Sletbakken 28,06(28,06)	92	Sortland SLK 1.30,50(31,58)	2.01,40	616
14	Henning S. Pryde 28,17(28,17)	92	Stavanger SC 1.31,29(31,91)	2.01,75	611
15	Bjarte Ravndal 27,88(27,88)	91	TS/Sola SK 1.30,64(31,75)	2.02,12	606
16	Carl Andreas Wathne 28,87(28,87)	91	Bærumsvømmerne 1.31,36(31,29)	2.02,88	594
17	Øystein R. Hetland 24,22(24,22)	89	Bærumsvømmerne 1.28,21(36,75)	2.03,33	588
18	Geir T. Kristiansen 28,73(28,73)	90	Larvik SK 1.31,89(32,07)	2.03,70	583
19	Daniel Berenett 27,89(27,89)	91	IL Varg/NTG 1.32,90(33,19)	2.06,08	550
20	Gunnar V. Skirbekk 29,57(29,57)	91	Elverum Svømming 1.33,18(32,07)	2.06,48	545

## UM

1	Sander Rødje 26,97(26,97)	93	Haugesund SK 1.28,08(30,93)	1.57,01	689
2	Thorbjørn Birkeland 28,15(28,15)	93	Haugesund SK 1.31,71(32,35)	2.02,75	596
3	Johan Parker Nygård 28,15(28,15)	94	Kolbotn IL 1.31,40(32,18)	2.03,14	591
4	Martin Berger Oterholm 28,04(28,04)	93	Kolbotn IL 1.31,30(32,33)	2.03,44	586
5	Jørgen Aagaard-Nilsen Wiik 28,63(28,63)	93	Larvik SK 1.32,37(32,23)	2.03,80	581
6	Kristoffer D. Birkeland 28,40(28,40)	94	Florø SLK 1.32,67(32,66)	2.04,41	573
7	Henry Emil Nordhagen 28,92(28,92)	93	Bærumsvømmerne 1.34,11(32,95)	2.07,30	535
8	Morten Bordervich 29,96(29,96)	94	Sola SK 1.35,38(32,74)	2.08,39	521
	Martin Hammer	93	Kongstensvømmerne	DISK	

## Øvelse 39. 200m butterfly, damer

## Junior

1	Karoline Brudvik Sanderud	89	Hamar IL	2.16,03	782
	30,72(30,72)	1.04,65(33,93)	1.39,75(35,10)	2.16,03(36,28)	
2	Line Løvberg	91	Lambertseter SK/NTG	2.21,10	701
	31,12(31,12)	1.06,36(35,24)	1.43,48(37,12)	2.21,10(37,62)	
3	Ina Marleen Holm	90	TS/Madla SK	2.21,44	696
	31,86(31,86)	1.07,09(35,23)	1.44,05(36,96)	2.21,44(37,39)	
4	Victoria Rung	92	TS/Frisinn	2.25,07	645
	32,37(32,37)	1.08,38(36,01)	1.45,88(37,50)	2.25,07(39,19)	
5	Julie Borgen	91	Sarpsborg IL	2.29,03	595
	32,19(32,19)	1.09,19(37,00)	1.48,60(39,41)	2.29,03(40,43)	
6	Maren Gramvik	90	Vågsbygd SLK	2.30,04	583
	33,35(33,35)	1.10,76(37,41)	1.49,08(38,32)	2.30,04(40,96)	
7	Terese Langlo	89	Skjetten Svømming	2.30,61	576
	33,72(33,72)	1.11,07(37,35)	1.49,90(38,83)	2.30,61(40,71)	
8	Katrine Ekstang	92	Setermoen SK	2.31,82	562
	34,78(34,78)	1.13,98(39,20)	1.54,06(40,08)	2.31,82(37,76)	
9	Kristin Blyverket	92	Oslo IL	2.32,35	557
	34,44(34,44)	1.14,19(39,75)	1.54,10(39,91)	2.32,35(38,25)	
10	Guro Knutsen	91	Øvre Eiker SK	2.32,72	553
	33,19(33,19)	1.11,32(38,13)	1.51,65(40,33)	2.32,72(41,07)	
11	Seline Vike Holm	92	Arna SLK	2.33,53	544
	33,10(33,10)	1.11,16(38,06)	1.51,71(40,55)	2.33,53(41,82)	
12	Mina Berggren	92	Lambertseter SK	2.34,61	533
	33,43(33,43)	1.12,27(38,84)	1.53,37(41,10)	2.34,61(41,24)	
13	Pernille Thorstensen	89	Vågsbygd SLK	2.34,80	531
	33,71(33,71)	1.12,13(38,42)	1.53,00(40,87)	2.34,80(41,80)	
14	Karoline Eriksen	92	Stavanger SC	2.35,25	526
	33,03(33,03)	1.11,52(38,49)	1.53,02(41,50)	2.35,25(42,23)	
15	Elisabeth H. Svensson	91	Ski SK/NTG	2.35,47	524
	32,39(32,39)	1.10,98(38,59)	1.52,76(41,78)	2.35,47(42,71)	
16	Thea Pedersen	91	Moss SK	2.35,67	522
	34,47(34,47)	1.13,75(39,28)	1.55,21(41,46)	2.35,67(40,46)	
17	Hanne Grue	90	Ullensakersv	2.39,24	487
	33,86(33,86)	1.13,92(40,06)	1.56,21(42,29)	2.39,24(43,03)	
18	Ingse Bergh Monsen	92	Bergens SC	2.55,14	366
	36,34(36,34)	1.20,22(43,88)	2.07,53(47,31)	2.55,14(47,61)	
	Oona Ovesen	92	Elverum Svømming	DISK	

## UM

1	Jacqueline Knutsson	93	Kongstensvømmerne	2.23,66	664
	31,39(31,39)	1.08,24(36,85)	1.46,35(38,11)	2.23,66(37,31)	
2	Stine Vindenes	93	Vestkantsvømmerne	2.23,67	664
	31,66(31,66)	1.07,59(35,93)	1.45,05(37,46)	2.23,67(38,62)	
3	Emilie N. Løvberg	95	Bærumsvømmerne	2.28,32	603
	32,52(32,52)	1.10,17(37,65)	1.48,99(38,82)	2.28,32(39,33)	
4	Lise Sand Syversen	95	Delfana	2.33,22	547
	33,13(33,13)	1.11,50(38,37)	1.51,73(40,23)	2.33,22(41,49)	
5	Nora Næss	93	Haldens SK	2.34,69	532
	32,91(32,91)	1.11,43(38,52)	1.52,54(41,11)	2.34,69(42,15)	
6	Johanne G. Skaaland	94	Delfana	2.42,60	458
	35,21(35,21)	1.15,59(40,38)	1.58,27(42,68)	2.42,60(44,33)	
7	Oda Haagensen	94	Haldens SK	2.43,66	449
	35,58(35,58)	1.17,75(42,17)	2.00,27(42,52)	2.43,66(43,39)	
8	Maren E.J. Bakke	94	Setermoen SK	2.43,67	449
	36,37(36,37)	1.19,02(42,65)	2.03,19(44,17)	2.43,67(40,48)	
	Birgitte Elise Søfteland	94	Sarpsborg IL	BRUTT	

## Øvelse 40. 100m rygg, herrer

## Junior

1	Mikael Bergene 27,07(27,07)	91	Lambertseter SK	(0,61)	56,52	749	NJR
2	Sverre Næss 27,68(27,68)	92	Sarpsborg IL	(0,72)	56,87	735	NJR
3	Lavrans Solli 28,40(28,40)	92	Bergens SC	(0,67)	58,63	671	
4	Joar Skien Grannes 29,31(29,31)	90	Sandnes SLK	(0,74)	1.00,17	621	
5	Vegard Løvberg 29,29(29,29)	91	Bærumsvømmerne	(0,73)	1.00,32	616	
6	Tor Hafnor 29,58(29,58)	91	Bærumsvømmerne	(0,75)	1.00,49	611	
7	Alexander B. Havre 29,42(29,42)	90	Mandal SK	(0,66)	1.00,84	600	
8	Emil Brennløkken 29,33(29,33)	89	Vestbyen IL	(0,67)	1.01,11	592	
9	Sindre Eilertsen 29,96(29,96)	90	Lambertseter SK	(0,69)	1.02,18	562	
10	Kenneth Bakkehaug 30,42(30,42)	92	Sørreisa SK	(0,73)	1.02,52	553	
11	Per Øystein Turøy 30,92(30,92)	92	Stavanger SC	(0,71)	1.03,12	538	
12	Erlend Tveteraas 30,26(30,26)	91	Madla SK	(0,64)	1.03,48	529	
13	Eirik Runningen 30,50(30,50)	90	BS/Delfana	(0,56)	1.04,02	515	
14	Jan Aleksander Bakke 30,51(30,51)	91	Asker SK	(0,78)	1.04,33	508	
15	Eirik Ramstad 30,93(30,93)	91	TS/Madla SK	(0,58)	1.05,00	492	

## UM

1	Julian Åsheim Mikkelsen 29,93(29,93)	93	Ås IL	(0,88)	1.01,35	586	
2	Sander Rødje 30,20(30,20)	93	Haugesund SK	(0,78)	1.01,45	583	
3	Øyvind L. Styrmoen 31,13(31,13)	93	Delfana	(0,70)	1.02,73	548	
4	Jørgen Aagaard-Nilsen Wiik 30,88(30,88)	93	Larvik SK	(0,65)	1.03,31	533	
5	Runar Borgen 30,75(30,75)	93	Bodø SK	(0,66)	1.03,55	527	
6	Marius Thorsø 31,31(31,31)	93	Delfana	(0,69)	1.03,89	518	
7	Henrik Knudsen 31,60(31,60)	94	Stavanger SC	(0,88)	1.03,95	517	
8	Gaute Ravndal 31,54(31,54)	94	Sola SK	(0,85)	1.04,07	514	
9	Fredrik Johansen Nielsen 31,67(31,67)	93	Moss SK	(0,69)	1.05,14	489	
10	Henry Emil Nordhagen 32,62(32,62)	93	Bærumsvømmerne	(0,66)	1.07,05	448	
11	Fredrik Tronvoll 32,59(32,59)	93	Vestbyen IL	(0,74)	1.09,37	405	
12	Berend de Waal 32,60(32,60)	94	IL Norodd	(0,75)	1.10,18	391	

## Øvelse 41. 100m fri, damer

## Junior

1	Cecilie W. Johannessen 27,93(27,93)	90	Karmøy SK	58,14	752
2	Victoria S. Løken 28,03(28,03)	91	Team Stavanger	58,40	742
3	Sofie Gjemmestad 28,16(28,16)	89	Asker SK	58,43	741
4	Ina Kr. Pedersen 28,49(28,49)	89	Sarpsborg IL	59,24	711
5	Monica W. Johannessen 29,19(29,19)	90	Karmøy SK	59,57	699
6	Emilie Hellerud 29,16(29,16)	92	Lambertseter SK/NTG	59,75	693
7	Martine Bremer 29,23(29,23)	90	Bergens SLK	1.00,00	684
8	Line W. Lund 28,61(28,61)	91	Moss SK	1.00,01	684
9	Trine Hovda 28,77(28,77)	90	TS/Madla SK	1.00,44	670
10	Sara Pettersen 29,29(29,29)	91	Fauske SK	1.00,49	668
11	Emma Isdahl 29,35(29,35)	92	Lambertseter SK	1.00,54	666
12	Siv Fiske 29,22(29,22)	92	Tromsø SK/NTG	1.00,66	662
12	Nora Kathrine Guthe 29,21(29,21)	91	Asker SK	1.00,66	662
14	Ingrid N. Knutzen 29,39(29,39)	91	Lambertseter SK/NTG	1.01,08	649
15	Maria Gullvåg Aasen 29,50(29,50)	92	Kristiansand SA/NTG	1.01,25	643
15	Siri Anette Sønju 29,88(29,88)	92	Øvre Eiker SK	1.01,25	643
17	Linn Hege Laudal 29,47(29,47)	89	Kristiansand SA	1.01,55	634
18	Hanne Søfteland 29,64(29,64)	92	BS/Delfana	1.01,65	631
19	Ingrid Marie Rytter 29,52(29,52)	91	Vestbyen IL	1.01,87	624
20	Victoria T. Solberg 29,42(29,42)	89	Asker SK	1.02,07	618
21	Elisabeth Kristiansen 29,52(29,52)	92	Haugesund SK	1.02,59	603
22	Terese Fosby 30,32(30,32)	92	Sarpsborg IL	1.03,54	576
23	Vibeke Browne 30,66(30,66)	89	Bærumsvømmerne	1.04,42	553

## UM

1	Susann Bjørnsen 28,92(28,92)	93	Setermoen SK	59,43	704
2	Emilie N. Løvberg 29,34(29,34)	95	Bærumsvømmerne	1.00,71	661
3	Karoline Pedersen 29,61(29,61)	94	Bergens SLK	1.00,77	659
4	Aslaug Marie Hjelmaas 29,08(29,08)	95	Bergens SLK	1.00,86	656
5	Pia Cornelia Braarud 29,75(29,75)	93	Lambertseter SK	1.01,16	646
6	Eva Marie W. Østerhus 30,05(30,05)	94	TS/Madla SK	1.01,23	644

7	Maria Bølgen 29,73(29,73)	93	Bærumsvømmerne	1.01,44	637
8	Hanne Lockertsen 30,28(30,28)	94	Tromsø SK	1.01,65	631
9	Andrea Hestdal 30,30(30,30)	94	Åstveit SK	1.01,71	629
10	Kaja Bremer 30,27(30,27)	93	Bergens SLK	1.01,98	621
11	Marthe Helene Haganes 30,48(30,48)	93	Vestkantsvømmerne	1.02,81	597
12	Helene Thunes Truyen 30,48(30,48)	93	Delfana	1.03,16	587
13	Jeanette Erlandsen 30,23(30,23)	93	Lørenskog/Rælingen	1.03,20	586
14	Veronica Orheim Bjørlykke 30,24(30,24)	94	Aalesund SLK	1.03,25	584
15	Eirin Arnesen 30,68(30,68)	93	Bergens SC	1.03,29	583
16	Andrea Westbye 30,63(30,63)	95	Bærumsvømmerne	1.03,33	582
17	Mette Mellbye Larsen 30,80(30,80)	95	Asker SK	1.04,12	561
18	Birgitte Elise Søfteland 30,46(30,46)	94	Sarpsborg IL	1.04,48	551
19	Christiana Bjørkli 31,15(31,15)	93	Trondheim SLK	1.04,57	549
20	Ane Nygård 31,04(31,04)	95	Stavanger SC	1.04,78	544
21	Juni Rugland 31,32(31,32)	93	Vestkantsvømmerne	1.04,85	542

## Funksjonshemmede

1	Hanne Farestvedt 37,62(37,62)	93	Åstveit SK	1.18,10	310	S14 125,14 %
2	Ingvill S. Hilleren 44,68(44,68)	90	Vestkantsvømmerne	1.31,51	193	S7 127,79 %
3	Tonje Immerstein 37,89(37,89)	89	Sandnes SLK	1.19,28	296	S10 128,56 %
4	Rona Hjelmstad 40,16(40,16)	93	Skjetten Svømming	1.28,05	216	S14 141,08 %
5	Ingrid Djupskås 40,98(40,98)	89	Asker SK	1.26,49	228	S9 141,6 %

## Øvelse 42. 50m fri, herrer

## Junior

1	Øystein R. Hetland	89	Bærumsvømmerne	23,49	744
2	Mathias Sørstrand Æsøy	90	Florø SLK	23,73	722
3	Alexander B. Havre	90	Mandal SK	24,03	695
3	Christer Koch Kvam	90	Bærum/NTG	24,03	695
5	Bernt M. Seyffarth	89	Mandal SK	24,39	665
6	Martin Skramstad	89	Hamar IL	24,52	654
7	Christian Sunde	89	Elverum Svømming	24,73	638
8	Mikkel Tørud Lang	90	Ullensakersv	24,79	633
9	Joar Skien Grannes	90	Sandnes SLK	24,94	622
10	Bjarte Ravndal	91	TS/Sola SK	24,97	619
11	Stian Werner Erichsen	90	Bærumsvømmerne	24,99	618
12	Elias Damman	89	Bærumsvømmerne	25,08	611
13	Halvor Ekeland	89	Drammen SK	25,14	607
14	Jonas Kirkeberg Jostad	92	Hamar IL	25,34	593
15	Per Alexander Fladvad	90	Vestbyen IL	25,81	561

## UM

1	Mats Gøran Høgenhaug	93	Namsos SK	24,21	680
2	Zoltan Csernai	93	BS/Åstveit	24,43	661
3	Martin Hammer	93	Kongstensvømmerne	24,67	642
4	Julian Åsheim Mikkelsen	93	Ås IL	25,16	605
5	Håvard Hole	93	Delfana	25,29	596
6	Thorbjørn Birkeland	93	Haugesund SK	25,87	557
7	Johan Parker Nygård	94	Kolbotn IL	25,95	552
8	Berend de Waal	94	IL Norodd	25,96	551

## Øvelse 43. 100m bryst, damer

## Junior

1	Iselin Meisler	90	Fauske SK	1.11,91	769
	33,61(33,61)	1.11,91(38,30)			
2	Trine Austrøne Olsen	90	Fauske SK	1.13,07	733
	34,66(34,66)	1.13,07(38,41)			
3	Karin Ekholt	89	Bærumsvømmerne	1.13,53	720
	35,09(35,09)	1.13,53(38,44)			
4	Karoline Bergene	89	Lambertseter SK	1.14,10	703
	34,69(34,69)	1.14,10(39,41)			
5	Mari Singstad	91	Vestbyen IL	1.14,93	680
	35,04(35,04)	1.14,93(39,89)			
6	Maria Farestvedt	90	BS/Åstveit	1.15,52	664
	35,57(35,57)	1.15,52(39,95)			
7	Ine Charlotte Hagen	89	Lørenskog/Rælingen	1.16,06	650
	35,77(35,77)	1.16,06(40,29)			
8	Lene Lykke Erichsen	92	Bærumsvømmerne	1.16,99	627
	35,88(35,88)	1.16,99(41,11)			
9	Sophia Broberg Skeltved	92	Tromsø SK/NTG	1.17,14	623
	35,43(35,43)	1.17,14(41,71)			
10	Kristine Mella	90	Bærumsvømmerne	1.17,15	623
	35,20(35,20)	1.17,15(41,95)			
11	Mai Linn Hanslien	90	TS/Stavanger VPK	1.17,17	623
	35,55(35,55)	1.17,17(41,62)			
12	Benedicte Kausland	92	Vestkantsvømmerne	1.17,27	620
	36,50(36,50)	1.17,27(40,77)			
13	Maren Kristine Jansen	90	TS/Randaberg	1.17,50	615
	36,21(36,21)	1.17,50(41,29)			
14	Katrine Jensen	92	BS/Åstveit	1.17,68	610
	36,35(36,35)	1.17,68(41,33)			
15	Hege Omdal	89	Kristiansand SA	1.18,33	595
	36,66(36,66)	1.18,33(41,67)			
16	Maren Teige	90	Bergens SLK	1.21,38	531
	37,92(37,92)	1.21,38(43,46)			

## UM

1	Stina Kajsa Colleou	93	Lambertseter SK	1.13,75	713
	34,96(34,96)	1.13,75(38,79)			
2	Siri Eva Kristiansen	93	Asker SK	1.14,32	697
	35,28(35,28)	1.14,32(39,04)			
3	Stine Vindenes	93	Vestkantsvømmerne	1.15,06	677
	34,98(34,98)	1.15,06(40,08)			
4	Bitte Fagermo	93	Narvik SK	1.15,09	676
	35,65(35,65)	1.15,09(39,44)			
5	Andrea Hestdal	94	Åstveit SK	1.17,02	626
	36,90(36,90)	1.17,02(40,12)			
6	Luna Elisabeth Søggaard	94	Lambertseter SK	1.17,69	610
	36,93(36,93)	1.17,69(40,76)			

7	Tonje Stæhr Petersen	93	Moss SK	1.18,83	584
	36,96(36,96)	1.18,83(41,87)			
8	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.19,18	576
	36,88(36,88)	1.19,18(42,30)			
9	Stine Tveit	93	Trondheim SLK	1.19,57	568
	37,91(37,91)	1.19,57(41,66)			
10	Siren Bergslid	93	Stavanger SC	1.20,26	553
	37,71(37,71)	1.20,26(42,55)			
11	Maren Larsen	94	Madla SK	1.21,62	526
	37,84(37,84)	1.21,62(43,78)			
12	Stine Lise Stenseth	94	Øvre Eiker SK	1.23,76	487
	38,96(38,96)	1.23,76(44,80)			
	Kristine Mathingsdal Pedersen	94	Farsund SK	DISK	
	Ingalill Urrang Naustvik	95	Karmøy SK	DISK	

## Funksjonshemmede

1	Tonje Immerstein	89	Sandnes SLK	1.37,92	304	SB9 127,28 %
	45,93(45,93)	1.37,92(51,99)				
2	Hanne Farestvedt	93	Åstveit SK	1.49,48	218	SB14 134,23 %
	51,86(51,86)	1.49,48(57,62)				
3	Ingrid Djupskås	89	Asker SK	2.08,51	134	SB7 138,9 %
	1.01,93(1.01,93)	2.08,51(1.06,58)				

## Øvelse 44. 100m individuell medley, herrer

## Junior

1	Mattis Saghaug	90	IL Varg/NTG	58,45	744
	27,38(27,38)	58,45(31,07)			
2	Sverre Næss	92	Sarpsborg IL	58,86	728
	27,05(27,05)	58,86(31,81)			
3	Marcus Tesdal	90	BS/Åstveit	59,14	718
	27,08(27,08)	59,14(32,06)			
4	Mathias Sørstrand Æsøy	90	Florø SLK	59,58	702
	27,69(27,69)	59,58(31,89)			
5	Mikael Bergene	91	Lambertseter SK	59,84	693
	27,95(27,95)	59,84(31,89)			
6	Kristoffer Meisler	90	Fauske SK	1.00,07	685
	28,46(28,46)	1.00,07(31,61)			
7	Stian S. Langeland	89	Bergens SC	1.00,51	670
	27,01(27,01)	1.00,51(33,50)			
8	Martin Hals	91	Øvre Eiker SK	1.01,81	629
	29,21(29,21)	1.01,81(32,60)			
9	Bernt M. Seyffarth	89	Mandal SK	1.01,85	628
	28,20(28,20)	1.01,85(33,65)			
10	Lavrans Solli	92	Bergens SC	1.02,16	618
	28,95(28,95)	1.02,16(33,21)			
11	Simen Dale	91	BS/Delfana	1.02,33	613
	29,74(29,74)	1.02,33(32,59)			
12	Vegard Løvberg	91	Bærumsvømmerne	1.02,51	608
	28,96(28,96)	1.02,51(33,55)			
12	Sebastian Stordal	91	BS/Delfana	1.02,51	608
	28,55(28,55)	1.02,51(33,96)			
14	Alexander B. Havre	90	Mandal SK	1.02,63	604
	28,11(28,11)	1.02,63(34,52)			
15	Carl Andreas Wathne	91	Bærumsvømmerne	1.03,39	583
	29,12(29,12)	1.03,39(34,27)			

## UM

1	Mats Gøran Høgenhaug 27,93(27,93)	93	Namsos SK	1.00,84	659
2	Hans Kristian Andersen 29,16(29,16)	93	Florø SLK	1.01,71	632
3	Markus Vindenes 29,53(29,53)	94	Vestkantsvømmerne	1.02,82	599
4	Håvard Hole 30,50(30,50)	93	Delfana	1.03,80	572
5	Runar Borgen 29,04(29,04)	93	Bodø SK	1.04,05	565
6	Berend de Waal 30,84(30,84)	94	IL Norodd	1.07,65	480

## Funksjonshemmede

1	Roar Mellemseter 44,35(44,35)	92	Sunndal SLK	1.31,23	195 SM8 126,36 %
2	Bendik Savstad 41,64(41,64)	95	Tverlandet IL	1.30,02	203SM10 142,23 %

## Øvelse 45. 1500m fri, damer - Direkte finale

## UM

1	Jacqueline Knutsson 31,83(31,83) 2.55,11(36,27) 5.20,22(36,27) 7.46,05(36,57) 10.12,25(36,66) 12.38,92(36,58) 15.06,47(37,12) 17.31,83(36,08)	93	Kongstensvømmerne	18.06,14	680
				2.18,84(35,71) 4.43,95(36,03) 7.09,48(36,49) 9.35,59(36,31) 12.02,34(36,93) 14.29,35(36,40) 16.55,75(36,61)	
2	Andrea Westbye 32,68(32,68) 3.00,56(37,26) 5.29,71(37,30) 7.57,07(36,74) 10.24,23(36,75) 12.52,79(37,00) 15.20,14(36,68) 17.48,21(36,86)	95	Bærumsvømmerne	18.24,43	646
				2.23,30(37,44) 4.52,41(36,89) 7.20,33(36,54) 9.47,48(36,81) 12.15,79(37,48) 14.43,46(36,91) 17.11,35(36,83)	
3	Veronica Orheim Bjørlykke 33,83(33,83) 2.59,38(36,72) 5.26,33(36,95) 7.52,94(36,49) 10.19,92(37,38) 12.51,86(38,25) 15.24,92(38,90) 17.59,20(37,78)	94	Aalesund SLK	18.35,52	627
				2.22,66(36,46) 4.49,38(36,80) 7.16,45(36,59) 9.42,54(37,03) 12.13,61(38,53) 14.46,02(38,06) 17.21,42(38,46)	
4	Julie Rønningsen 32,84(32,84) 2.59,02(36,95) 5.28,61(37,62) 7.59,76(37,76) 10.30,63(37,58) 13.01,84(37,76) 15.33,70(38,13) 18.04,87(37,92)	94	Lambertseter SK	18.40,26	619
				2.22,07(36,83) 4.50,99(37,55) 7.22,00(37,89) 9.53,05(37,84) 12.24,08(37,68) 14.55,57(38,37) 17.26,95(37,83)	

5	Stine Lise Stenseth	94	Øvre Eiker SK	18.44,02	613
	33,80(33,80)	1.10,38(36,58)	1.47,79(37,41)	2.25,08(37,29)	
	3.03,01(37,93)	3.40,72(37,71)	4.18,40(37,68)	4.55,97(37,57)	
	5.32,94(36,97)	6.10,70(37,76)	6.48,65(37,95)	7.26,63(37,98)	
	8.04,98(38,35)	8.43,28(38,30)	9.21,47(38,19)	9.59,43(37,96)	
	10.36,83(37,40)	11.14,62(37,79)	11.52,26(37,64)	12.30,25(37,99)	
	13.07,95(37,70)	13.45,22(37,27)	14.22,71(37,49)	15.00,26(37,55)	
	15.37,79(37,53)	16.15,14(37,35)	16.52,65(37,51)	17.29,81(37,16)	
	18.06,84(37,03)	18.44,02(37,18)			
6	Ane Nygård	95	Stavanger SC	18.51,07	602
	33,25(33,25)	1.10,09(36,84)	1.47,09(37,00)	2.24,53(37,44)	
	3.01,79(37,26)	3.38,62(36,83)	4.16,00(37,38)	4.53,28(37,28)	
	5.30,89(37,61)	6.08,01(37,12)	6.45,37(37,36)	7.23,00(37,63)	
	8.00,48(37,48)	8.38,34(37,86)	9.15,82(37,48)	9.53,75(37,93)	
	10.31,84(38,09)	11.10,23(38,39)	11.48,55(38,32)	12.27,24(38,69)	
	13.05,82(38,58)	13.44,02(38,20)	14.22,34(38,32)	15.01,06(38,72)	
	15.39,92(38,86)	16.18,23(38,31)	16.56,63(38,40)	17.34,97(38,34)	
	18.13,45(38,48)	18.51,07(37,62)			
7	Julie Hegvik	93	Trondheim SLK	19.04,09	581
	33,74(33,74)	1.10,09(36,35)	1.47,33(37,24)	2.25,03(37,70)	
	3.03,29(38,26)	3.41,48(38,19)	4.19,90(38,42)	4.57,86(37,96)	
	5.36,10(38,24)	6.14,33(38,23)	6.52,51(38,18)	7.30,87(38,36)	
	8.09,17(38,30)	8.48,01(38,84)	9.26,29(38,28)	10.04,84(38,55)	
	10.43,54(38,70)	11.22,15(38,61)	12.00,64(38,49)	12.38,82(38,18)	
	13.17,35(38,53)	13.56,19(38,84)	14.35,10(38,91)	15.13,60(38,50)	
	15.52,21(38,61)	16.31,04(38,83)	17.09,67(38,63)	17.48,59(38,92)	
	18.26,70(38,11)	19.04,09(37,39)			
8	Anna Forsstrøm	94	Haldens SK	19.08,80	574
	33,61(33,61)	1.11,03(37,42)	1.49,40(38,37)	2.27,48(38,08)	
	3.05,80(38,32)	3.43,87(38,07)	4.22,58(38,71)	5.00,73(38,15)	
	5.39,06(38,33)	6.17,73(38,67)	6.56,33(38,60)	7.35,40(39,07)	
	8.13,29(37,89)	8.52,37(39,08)	9.30,87(38,50)	10.09,89(39,02)	
	10.48,98(39,09)	11.27,69(38,71)	12.06,61(38,92)	12.45,59(38,98)	
	13.24,65(39,06)	14.03,31(38,66)	14.41,59(38,28)	15.20,13(38,54)	
	15.58,62(38,49)	16.37,28(38,66)	17.15,69(38,41)	17.54,00(38,31)	
	18.32,14(38,14)	19.08,80(36,66)			
9	Malin Schanke Tømmervik	94	Trondheim SLK	19.11,07	571
	34,02(34,02)	1.11,15(37,13)	1.49,18(38,03)	2.27,20(38,02)	
	3.05,40(38,20)	3.43,62(38,22)	4.22,11(38,49)	5.00,30(38,19)	
	5.38,71(38,41)	6.17,21(38,50)	6.55,74(38,53)	7.34,84(39,10)	
	8.13,67(38,83)	8.52,76(39,09)	9.31,40(38,64)	10.10,73(39,33)	
	10.49,65(38,92)	11.28,53(38,88)	12.07,64(39,11)	12.47,19(39,55)	
	13.25,68(38,49)	14.04,19(38,51)	14.43,37(39,18)	15.22,08(38,71)	
	16.01,29(39,21)	16.40,01(38,72)	17.19,29(39,28)	17.57,45(38,16)	
	18.35,17(37,72)	19.11,07(35,90)			
10	Gerd Anne Solibakke	94	Aalesund SLK	19.27,62	547
	34,61(34,61)	1.11,98(37,37)	1.50,15(38,17)	2.28,13(37,98)	
	3.06,56(38,43)	3.44,73(38,17)	4.23,46(38,73)	5.02,13(38,67)	
	5.41,08(38,95)	6.19,78(38,70)	6.59,09(39,31)	7.38,42(39,33)	
	8.17,94(39,52)	8.57,38(39,44)	9.36,93(39,55)	10.16,75(39,82)	
	10.56,50(39,75)	11.36,56(40,06)	12.15,63(39,07)	12.54,89(39,26)	
	13.34,08(39,19)	14.13,26(39,18)	14.52,62(39,36)	15.32,22(39,60)	
	16.11,79(39,57)	16.51,32(39,53)	17.30,49(39,17)	18.10,12(39,63)	
	18.49,59(39,47)	19.27,62(38,03)			

## Junior

1	Andrea Haugstad	92	Vestkantsvømmerne	17.40,01	731
	32,29(32,29)	1.07,23(34,94)	1.42,65(35,42)	2.17,78(35,13)	
	2.52,88(35,10)	3.28,20(35,32)	4.03,27(35,07)	4.38,48(35,21)	
	5.13,95(35,47)	5.49,30(35,35)	6.24,79(35,49)	6.59,93(35,14)	
	7.35,30(35,37)	8.10,92(35,62)	8.46,69(35,77)	9.22,40(35,71)	
	9.58,15(35,75)	10.33,65(35,50)	11.09,33(35,68)	11.45,16(35,83)	
	12.20,69(35,53)	12.56,19(35,50)	13.31,81(35,62)	14.07,45(35,64)	
	14.43,43(35,98)	15.19,15(35,72)	15.54,87(35,72)	16.30,40(35,53)	
	17.05,99(35,59)	17.40,01(34,02)			
2	Jacqueline Knutsson	93	Kongstensvømmerne	18.06,14	680
	31,83(31,83)	1.07,36(35,53)	1.43,13(35,77)	2.18,84(35,71)	
	2.55,11(36,27)	3.31,46(36,35)	4.07,92(36,46)	4.43,95(36,03)	
	5.20,22(36,27)	5.56,48(36,26)	6.32,99(36,51)	7.09,48(36,49)	
	7.46,05(36,57)	8.22,62(36,57)	8.59,28(36,66)	9.35,59(36,31)	
	10.12,25(36,66)	10.48,64(36,39)	11.25,41(36,77)	12.02,34(36,93)	
	12.38,92(36,58)	13.15,77(36,85)	13.52,95(37,18)	14.29,35(36,40)	
	15.06,47(37,12)	15.42,44(35,97)	16.19,14(36,70)	16.55,75(36,61)	
	17.31,83(36,08)	18.06,14(34,31)			
3	Marthe Berg Sørensen	92	TS/Frisinn	18.10,26	672
	32,22(32,22)	1.07,24(35,02)	1.42,99(35,75)	2.19,13(36,14)	
	2.55,40(36,27)	3.31,95(36,55)	4.08,34(36,39)	4.44,99(36,65)	
	5.21,59(36,60)	5.58,29(36,70)	6.34,50(36,21)	7.11,22(36,72)	
	7.48,31(37,09)	8.25,00(36,69)	9.01,77(36,77)	9.38,71(36,94)	
	10.15,28(36,57)	10.52,23(36,95)	11.29,18(36,95)	12.05,60(36,42)	
	12.42,59(36,99)	13.19,49(36,90)	13.56,07(36,58)	14.32,80(36,73)	
	15.09,48(36,68)	15.46,02(36,54)	16.22,58(36,56)	16.59,16(36,58)	
	17.35,49(36,33)	18.10,26(34,77)			
4	Inger-Cathrine Wium	92	Øvre Eiker SK	18.15,77	662
	32,82(32,82)	1.08,54(35,72)	1.45,00(36,46)	2.21,67(36,67)	
	2.58,70(37,03)	3.35,33(36,63)	4.12,36(37,03)	4.48,99(36,63)	
	5.25,84(36,85)	6.02,67(36,83)	6.39,29(36,62)	7.16,30(37,01)	
	7.53,27(36,97)	8.30,11(36,84)	9.07,20(37,09)	9.43,52(36,32)	
	10.20,40(36,88)	10.57,00(36,60)	11.33,71(36,71)	12.10,45(36,74)	
	12.47,03(36,58)	13.24,07(37,04)	14.00,66(36,59)	14.37,44(36,78)	
	15.13,85(36,41)	15.50,41(36,56)	16.27,05(36,64)	17.03,56(36,51)	
	17.39,71(36,15)	18.15,77(36,06)			
5	Julie Torgersen Nilsen	92	Hamar IL	18.19,55	655
	34,34(34,34)	1.10,75(36,41)	1.47,16(36,41)	2.24,02(36,86)	
	3.00,32(36,30)	3.36,19(35,87)	4.13,47(37,28)	4.49,66(36,19)	
	5.26,09(36,43)	6.03,43(37,34)	6.39,77(36,34)	7.16,66(36,89)	
	7.53,35(36,69)	8.30,11(36,76)	9.06,75(36,64)	9.43,23(36,48)	
	10.19,96(36,73)	10.56,99(37,03)	11.33,86(36,87)	12.11,03(37,17)	
	12.47,75(36,72)	13.24,70(36,95)	14.01,18(36,48)	14.38,67(37,49)	
	15.16,40(37,73)	15.53,66(37,26)	16.30,22(36,56)	17.06,29(36,07)	
	17.43,77(37,48)	18.19,55(35,78)			
6	Andrea Westbye	95	Bærumsvømmerne	18.24,43	646
	32,68(32,68)	1.08,84(36,16)	1.45,86(37,02)	2.23,30(37,44)	
	3.00,56(37,26)	3.38,04(37,48)	4.15,52(37,48)	4.52,41(36,89)	
	5.29,71(37,30)	6.06,60(36,89)	6.43,79(37,19)	7.20,33(36,54)	
	7.57,07(36,74)	8.33,91(36,84)	9.10,67(36,76)	9.47,48(36,81)	
	10.24,23(36,75)	11.01,28(37,05)	11.38,31(37,03)	12.15,79(37,48)	
	12.52,79(37,00)	13.29,63(36,84)	14.06,55(36,92)	14.43,46(36,91)	
	15.20,14(36,68)	15.57,23(37,09)	16.34,52(37,29)	17.11,35(36,83)	
	17.48,21(36,86)	18.24,43(36,22)			
7	Veronica Orheim Bjørlykke	94	Aalesund SLK	18.35,52	627
	33,83(33,83)	1.09,87(36,04)	1.46,20(36,33)	2.22,66(36,46)	
	2.59,38(36,72)	3.35,88(36,50)	4.12,58(36,70)	4.49,38(36,80)	
	5.26,33(36,95)	6.03,17(36,84)	6.39,86(36,69)	7.16,45(36,59)	
	7.52,94(36,49)	8.29,24(36,30)	9.05,51(36,27)	9.42,54(37,03)	
	10.19,92(37,38)	10.57,37(37,45)	11.35,08(37,71)	12.13,61(38,53)	
	12.51,86(38,25)	13.29,75(37,89)	14.07,96(38,21)	14.46,02(38,06)	
	15.24,92(38,90)	16.03,91(38,99)	16.42,96(39,05)	17.21,42(38,46)	
	17.59,20(37,78)	18.35,52(36,32)			

8	Julie Rønningsen	94	Lambertseter SK	18.40,26	619
	32,84(32,84)	1.08,49(35,65)	1.45,24(36,75)	2.22,07(36,83)	
	2.59,02(36,95)	3.36,13(37,11)	4.13,44(37,31)	4.50,99(37,55)	
	5.28,61(37,62)	6.06,63(38,02)	6.44,11(37,48)	7.22,00(37,89)	
	7.59,76(37,76)	8.37,45(37,69)	9.15,21(37,76)	9.53,05(37,84)	
	10.30,63(37,58)	11.08,49(37,86)	11.46,40(37,91)	12.24,08(37,68)	
	13.01,84(37,76)	13.39,64(37,80)	14.17,20(37,56)	14.55,57(38,37)	
	15.33,70(38,13)	16.11,39(37,69)	16.49,12(37,73)	17.26,95(37,83)	
	18.04,87(37,92)	18.40,26(35,39)			
9	Siv Flatås Hoddø	91	Namsos SK	18.43,64	614
	33,30(33,30)	1.09,52(36,22)	1.46,03(36,51)	2.23,30(37,27)	
	3.00,49(37,19)	3.38,00(37,51)	4.15,55(37,55)	4.52,97(37,42)	
	5.30,27(37,30)	6.07,67(37,40)	6.45,14(37,47)	7.22,72(37,58)	
	8.00,24(37,52)	8.37,93(37,69)	9.15,90(37,97)	9.54,19(38,29)	
	10.32,28(38,09)	11.10,41(38,13)	11.48,46(38,05)	12.26,68(38,22)	
	13.04,45(37,77)	13.42,43(37,98)	14.20,28(37,85)	14.58,08(37,80)	
	15.36,18(38,10)	16.14,02(37,84)	16.51,76(37,74)	17.29,28(37,52)	
	18.06,94(37,66)	18.43,64(36,70)			
10	Stine Lise Stenseth	94	Øvre Eiker SK	18.44,02	613
	33,80(33,80)	1.10,38(36,58)	1.47,79(37,41)	2.25,08(37,29)	
	3.03,01(37,93)	3.40,72(37,71)	4.18,40(37,68)	4.55,97(37,57)	
	5.32,94(36,97)	6.10,70(37,76)	6.48,65(37,95)	7.26,63(37,98)	
	8.04,98(38,35)	8.43,28(38,30)	9.21,47(38,19)	9.59,43(37,96)	
	10.36,83(37,40)	11.14,62(37,79)	11.52,26(37,64)	12.30,25(37,99)	
	13.07,95(37,70)	13.45,22(37,27)	14.22,71(37,49)	15.00,26(37,55)	
	15.37,79(37,53)	16.15,14(37,35)	16.52,65(37,51)	17.29,81(37,16)	
	18.06,84(37,03)	18.44,02(37,18)			
11	Ane Nygård	95	Stavanger SC	18.51,07	602
	33,25(33,25)	1.10,09(36,84)	1.47,09(37,00)	2.24,53(37,44)	
	3.01,79(37,26)	3.38,62(36,83)	4.16,00(37,38)	4.53,28(37,28)	
	5.30,89(37,61)	6.08,01(37,12)	6.45,37(37,36)	7.23,00(37,63)	
	8.00,48(37,48)	8.38,34(37,86)	9.15,82(37,48)	9.53,75(37,93)	
	10.31,84(38,09)	11.10,23(38,39)	11.48,55(38,32)	12.27,24(38,69)	
	13.05,82(38,58)	13.44,02(38,20)	14.22,34(38,32)	15.01,06(38,72)	
	15.39,92(38,86)	16.18,23(38,31)	16.56,63(38,40)	17.34,97(38,34)	
	18.13,45(38,48)	18.51,07(37,62)			
12	Henriette With Bjørnstad	92	Ski SK	18.57,32	592
	32,75(32,75)	1.07,93(35,18)	1.44,21(36,28)	2.21,17(36,96)	
	2.58,81(37,64)	3.36,18(37,37)	4.13,74(37,56)	4.51,21(37,47)	
	5.29,11(37,90)	6.06,92(37,81)	6.44,86(37,94)	7.23,07(38,21)	
	8.01,44(38,37)	8.39,89(38,45)	9.18,77(38,88)	9.57,45(38,68)	
	10.35,02(37,57)	11.13,42(38,40)	11.52,15(38,73)	12.30,69(38,54)	
	13.09,48(38,79)	13.48,25(38,77)	14.27,28(39,03)	15.06,18(38,90)	
	15.45,26(39,08)	16.24,47(39,21)	17.03,05(38,58)	17.41,51(38,46)	
	18.20,58(39,07)	18.57,32(36,74)			
13	Julie Hegvik	93	Trondheim SLK	19.04,09	581
	33,74(33,74)	1.10,09(36,35)	1.47,33(37,24)	2.25,03(37,70)	
	3.03,29(38,26)	3.41,48(38,19)	4.19,90(38,42)	4.57,86(37,96)	
	5.36,10(38,24)	6.14,33(38,23)	6.52,51(38,18)	7.30,87(38,36)	
	8.09,17(38,30)	8.48,01(38,84)	9.26,29(38,28)	10.04,84(38,55)	
	10.43,54(38,70)	11.22,15(38,61)	12.00,64(38,49)	12.38,82(38,18)	
	13.17,35(38,53)	13.56,19(38,84)	14.35,10(38,91)	15.13,60(38,50)	
	15.52,21(38,61)	16.31,04(38,83)	17.09,67(38,63)	17.48,59(38,92)	
	18.26,70(38,11)	19.04,09(37,39)			
14	Anna Forsstrøm	94	Haldens SK	19.08,80	574
	33,61(33,61)	1.11,03(37,42)	1.49,40(38,37)	2.27,48(38,08)	
	3.05,80(38,32)	3.43,87(38,07)	4.22,58(38,71)	5.00,73(38,15)	
	5.39,06(38,33)	6.17,73(38,67)	6.56,33(38,60)	7.35,40(39,07)	
	8.13,29(37,89)	8.52,37(39,08)	9.30,87(38,50)	10.09,89(39,02)	
	10.48,98(39,09)	11.27,69(38,71)	12.06,61(38,92)	12.45,59(38,98)	
	13.24,65(39,06)	14.03,31(38,66)	14.41,59(38,28)	15.20,13(38,54)	
	15.58,62(38,49)	16.37,28(38,66)	17.15,69(38,41)	17.54,00(38,31)	
	18.32,14(38,14)	19.08,80(36,66)			
15	Malin Schanke Tømmervik	94	Trondheim SLK	19.11,07	571
	34,02(34,02)	1.11,15(37,13)	1.49,18(38,03)	2.27,20(38,02)	
	3.05,40(38,20)	3.43,62(38,22)	4.22,11(38,49)	5.00,30(38,19)	
	5.38,71(38,41)	6.17,21(38,50)	6.55,74(38,53)	7.34,84(39,10)	
	8.13,67(38,83)	8.52,76(39,09)	9.31,40(38,64)	10.10,73(39,33)	
	10.49,65(38,92)	11.28,53(38,88)	12.07,64(39,11)	12.47,19(39,55)	
	13.25,68(38,49)	14.04,19(38,51)	14.43,37(39,18)	15.22,08(38,71)	
	16.01,29(39,21)	16.40,01(38,72)	17.19,29(39,28)	17.57,45(38,16)	
	18.35,17(37,72)	19.11,07(35,90)			

16	Gerd Anne Solibakke	94	Aalesund SLK	19.27,62	547
	34,61(34,61)	1.11,98(37,37)	1.50,15(38,17)	2.28,13(37,98)	
	3.06,56(38,43)	3.44,73(38,17)	4.23,46(38,73)	5.02,13(38,67)	
	5.41,08(38,95)	6.19,78(38,70)	6.59,09(39,31)	7.38,42(39,33)	
	8.17,94(39,52)	8.57,38(39,44)	9.36,93(39,55)	10.16,75(39,82)	
	10.56,50(39,75)	11.36,56(40,06)	12.15,63(39,07)	12.54,89(39,26)	
	13.34,08(39,19)	14.13,26(39,18)	14.52,62(39,36)	15.32,22(39,60)	
	16.11,79(39,57)	16.51,32(39,53)	17.30,49(39,17)	18.10,12(39,63)	
	18.49,59(39,47)	19.27,62(38,03)			
17	Line Cecilie Stenseth	90	Øvre Eiker SK	19.38,24	532
	35,11(35,11)	1.11,85(36,74)	1.49,51(37,66)	2.27,44(37,93)	
	3.05,15(37,71)	3.43,24(38,09)	4.21,66(38,42)	5.00,80(39,14)	
	5.40,03(39,23)	6.19,58(39,55)	6.59,15(39,57)	7.38,55(39,40)	
	8.18,66(40,11)	8.58,38(39,72)	9.37,86(39,48)	10.17,06(39,20)	
	10.56,94(39,88)	11.36,98(40,04)	12.17,61(40,63)	12.58,35(40,74)	
	13.38,63(40,28)	14.18,96(40,33)	14.59,10(40,14)	15.39,49(40,39)	
	16.19,19(39,70)	16.59,26(40,07)	17.39,22(39,96)	18.19,35(40,13)	
	18.59,33(39,98)	19.38,24(38,91)			

### Øvelse 46. 4\*100m lag medley, herrer - UM

#### UM

1	Stavanger SC G1 jr.	JR	Stavanger SC	(0,88)	4.07,42	611
	Henrik Knudsen:	31,40(31,40)	1.04,27(32,87)	1.04,27		
	Hans Østerdal:	1.35,46(31,19)	2.11,93(36,47)	1.07,66		
	Christian Juvik:	2.38,74(26,81)	3.10,36(31,62)	58,43		
	Fredrik K Hegdal:	3.37,50(27,14)	4.07,42(29,92)	57,06		
2	Delfana G1 jr.	JR	Delfana	(0,65)	4.14,81	559
	Marius Thorsø:	31,46(31,46)	1.03,65(32,19)	1.03,65		
	Håvard Hole:	1.35,88(32,23)	2.13,01(37,13)	1.09,36		
	Øyvind L. Styrmoe:	2.41,27(28,26)	3.14,41(33,14)	1.01,40		
	Bård Løvik:	3.42,75(28,34)	4.14,81(32,06)	1.00,40		
3	Vågsbygd SLK G1 jr.	JR	Vågsbygd SLK	(0,70)	4.24,78	498
	Per Sigve Næss:	33,59(33,59)	1.08,31(34,72)	1.08,31		
	Tom Kaafjord:	1.42,57(34,26)	2.22,93(40,36)	1.14,62		
	Preben Robstad:	2.50,79(27,86)	3.23,15(32,36)	1.00,22		
	Jan Morten Larsen:	3.52,09(28,94)	4.24,78(32,69)	1.01,63		
4	Asker SK G1 jr.	JR	Asker SK	(0,77)	4.30,74	466
	Andreas Bergman:	32,37(32,37)	1.07,35(34,98)	1.07,35		
	Andreas Manum Hagby:	1.43,83(36,48)	2.26,42(42,59)	1.19,07		
	Eirik Standal Thoresen:	2.54,80(28,38)	3.30,00(35,20)	1.03,58		
	Gustav Frøberg:	3.58,03(28,03)	4.30,74(32,71)	1.00,74		
5	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	(0,74)	4.31,34	463
	Jørgen Gundersen:	37,17(37,17)	1.15,29(38,12)	1.15,29		
	Håkon Brennhagen:	1.50,47(35,18)	2.30,33(39,86)	1.15,04		
	Sindre S. Løbersli:	2.59,76(29,43)	3.34,12(34,36)	1.03,79		
	Ole Nævdal:	4.01,51(27,39)	4.31,34(29,83)	57,22		
6	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(0,68)	4.43,94	404
	Gjermund Fure Johansen:	34,96(34,96)	1.12,41(37,45)	1.12,41		
	Markus Vindenes:	1.45,55(33,14)	2.24,82(39,27)	1.12,41		
	Vedbjørn Arne J. Aasheim:	2.57,45(32,63)	3.38,97(41,52)	1.14,15		
	Andreas Reinertsen:	4.09,20(30,23)	4.43,94(34,74)	1.04,97		
7	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	(0,82)	5.08,57	315
	Anders Grasdahl:	39,08(39,08)	1.18,68(39,60)	1.18,68		
	Lars Haga Bringeland:	1.56,69(38,01)	2.40,15(43,46)	1.21,47		
	Marius Rognøy:	3.17,95(37,80)	4.03,84(45,89)	1.23,69		
	Kristian Blummenfelt:	4.34,99(31,15)	5.08,57(33,58)	1.04,73		
	Moss SK G1 jr.	JR	Moss SK	(0,71)	DISK	
	Fredrik Johansen Nielsen:	32,29(32,29)	1.05,87(33,58)	1.05,87		
	Stian Svingen Nilsson:					
	Georg Horntvedt:					
	Dan Martin Gudbrandsen:					

## Søndag 30. november 2008 kl 16.00 - Finaler

### Øvelse 36. 400m individuell medley, herrer - Direkte finale

#### UM

1	Hans Østerdal	93	Stavanger SC	4.41,07	671
	29,28(29,28)	1.03,55(34,27)	1.40,98(37,43)	2.19,26(38,28)	
	2.57,47(38,21)	3.37,60(40,13)	4.10,02(32,42)	4.41,07(31,05)	
2	Hans Kristian Andersen	93	Florø SLK	4.43,84	652
	30,46(30,46)	1.04,70(34,24)	1.44,03(39,33)	2.22,02(37,99)	
	3.00,17(38,15)	3.38,24(38,07)	4.11,67(33,43)	4.43,84(32,17)	
3	Oscar Slaatmo	94	Hamar IL	5.05,74	521
	32,50(32,50)	1.10,71(38,21)	1.50,72(40,01)	2.30,62(39,90)	
	3.14,56(43,94)	4.00,60(46,04)	4.34,15(33,55)	5.05,74(31,59)	
4	Morten Bordervich	94	Sola SK	5.06,55	517
	32,61(32,61)	1.09,46(36,85)	1.48,32(38,86)	2.27,37(39,05)	
	3.12,83(45,46)	3.58,98(46,15)	4.33,13(34,15)	5.06,55(33,42)	
5	Håkon Brennhagen	93	Skjetten Svømming	5.06,85	516
	33,28(33,28)	1.11,48(38,20)	1.50,07(38,59)	2.29,98(39,91)	
	3.13,24(43,26)	3.57,23(43,99)	4.33,54(36,31)	5.06,85(33,31)	
6	Markus Lie	95	Åstveit SK	5.11,73	492
	33,48(33,48)	1.11,75(38,27)	1.50,52(38,77)	2.30,11(39,59)	
	3.14,15(44,04)	3.59,30(45,15)	4.36,35(37,05)	5.11,73(35,38)	
7	Kjetil Flatland	94	Lørenskog/Rælingen	5.14,90	477
	34,02(34,02)	1.13,53(39,51)	1.54,72(41,19)	2.35,14(40,42)	
	3.19,15(44,01)	4.03,40(44,25)	4.39,96(36,56)	5.14,90(34,94)	

#### Junior

1	Sindri T. Jakobsson	91	BS/Delfana	4.30,77	751
	27,75(27,75)	1.00,48(32,73)	1.35,25(34,77)	2.09,37(34,12)	
	2.47,53(38,16)	3.27,37(39,84)	3.59,75(32,38)	4.30,77(31,02)	
2	Sebastian Wigstrøm	91	Bærumsvømmerne	4.37,73	696
	30,34(30,34)	1.05,57(35,23)	1.42,49(36,92)	2.19,08(36,59)	
	2.56,21(37,13)	3.34,17(37,96)	4.06,41(32,24)	4.37,73(31,32)	
3	Kristoffer Meisler	90	Fauske SK	4.38,84	687
	29,83(29,83)	1.05,13(35,30)	1.41,96(36,83)	2.17,04(35,08)	
	2.55,17(38,13)	3.35,05(39,88)	4.07,95(32,90)	4.38,84(30,89)	
4	Sindre Nilo	90	Sandefjord SK/NTG	4.40,07	678
	29,71(29,71)	1.04,37(34,66)	1.39,63(35,26)	2.14,00(34,37)	
	2.54,36(40,36)	3.35,35(40,99)	4.08,57(33,22)	4.40,07(31,50)	
5	Hans Østerdal	93	Stavanger SC	4.41,07	671
	29,28(29,28)	1.03,55(34,27)	1.40,98(37,43)	2.19,26(38,28)	
	2.57,47(38,21)	3.37,60(40,13)	4.10,02(32,42)	4.41,07(31,05)	
6	Erling Mjøs Brattelid	91	TS/Sola SK	4.41,43	669
	30,02(30,02)	1.04,76(34,74)	1.42,90(38,14)	2.20,68(37,78)	
	2.59,06(38,38)	3.37,54(38,48)	4.10,35(32,81)	4.41,43(31,08)	
7	Christian Thorsen	91	Lambertseter SK	4.41,55	668
	30,45(30,45)	1.05,73(35,28)	1.42,54(36,81)	2.18,60(36,06)	
	2.57,77(39,17)	3.38,12(40,35)	4.09,91(31,79)	4.41,55(31,64)	
8	Martin Hals	91	Øvre Eiker SK	4.43,53	654
	29,75(29,75)	1.04,29(34,54)	1.41,35(37,06)	2.18,76(37,41)	
	2.58,36(39,60)	3.38,41(40,05)	4.11,70(33,29)	4.43,53(31,83)	
9	Hans Kristian Andersen	93	Florø SLK	4.43,84	652
	30,46(30,46)	1.04,70(34,24)	1.44,03(39,33)	2.22,02(37,99)	
	3.00,17(38,15)	3.38,24(38,07)	4.11,67(33,43)	4.43,84(32,17)	
10	Joachim André Jakobsen	91	Vestkantvømmerne	4.45,68	639
	31,55(31,55)	1.07,68(36,13)	1.45,15(37,47)	2.21,63(36,48)	
	3.01,21(39,58)	3.40,42(39,21)	4.14,05(33,63)	4.45,68(31,63)	
11	Sebastian Stordal	91	BS/Delfana	4.46,54	633
	29,14(29,14)	1.03,75(34,61)	1.40,66(36,91)	2.17,53(36,87)	
	2.59,17(41,64)	3.41,00(41,83)	4.13,88(32,88)	4.46,54(32,66)	
12	Espen Halhjem	92	BS/Delfana	4.46,72	632
	30,62(30,62)	1.06,07(35,45)	1.44,27(38,20)	2.21,58(37,31)	
	3.01,93(40,35)	3.41,35(39,42)	4.15,52(34,17)	4.46,72(31,20)	

13	Vegard Løvberg	91	Bærumsvømmerne	4.48,37	621
	30,32(30,32)	1.05,48(35,16)	1.41,37(35,89)	2.16,50(35,13)	
	2.58,69(42,19)	3.42,39(43,70)	4.15,48(33,09)	4.48,37(32,89)	
14	Jonas Kirkeberg Jostad	92	Hamar IL	4.50,49	608
	30,25(30,25)	1.05,16(34,91)	1.41,73(36,57)	2.18,08(36,35)	
	3.00,10(42,02)	3.42,52(42,42)	4.16,55(34,03)	4.50,49(33,94)	
15	Christer M. Hagen	91	Fauske SK	4.53,12	592
	31,06(31,06)	1.06,44(35,38)	1.45,29(38,85)	2.23,19(37,90)	
	3.04,59(41,40)	3.47,06(42,47)	4.20,38(33,32)	4.53,12(32,74)	
16	Gunnar V. Skirbekk	91	Elverum Svømming	4.56,06	574
	30,76(30,76)	1.05,34(34,58)	1.44,71(39,37)	2.22,00(37,29)	
	3.04,03(42,03)	3.46,54(42,51)	4.21,60(35,06)	4.56,06(34,46)	
17	Sindre Lilledahl	92	Haugesund SK	4.57,91	564
	32,30(32,30)	1.09,79(37,49)	1.47,19(37,40)	2.23,43(36,24)	
	3.06,45(43,02)	3.50,47(44,02)	4.24,97(34,50)	4.57,91(32,94)	
18	Andreas Mathingsdal Pedersen	92	Farsund SK	4.58,51	560
	32,03(32,03)	1.09,21(37,18)	1.48,34(39,13)	2.27,55(39,21)	
	3.09,13(41,58)	3.51,08(41,95)	4.25,19(34,11)	4.58,51(33,32)	
19	Hans Andre Pedersen	92	Sandefjord SK	4.59,48	555
	32,02(32,02)	1.09,75(37,73)	1.46,87(37,12)	2.23,97(37,10)	
	3.09,16(45,19)	3.53,37(44,21)	4.27,90(34,53)	4.59,48(31,58)	
20	Tore Skauge Bysting	92	Lørenskog/Rælingen	5.00,27	550
	31,69(31,69)	1.09,41(37,72)	1.48,84(39,43)	2.26,89(38,05)	
	3.09,49(42,60)	3.52,42(42,93)	4.27,57(35,15)	5.00,27(32,70)	
21	Alexander Schüssler	92	Lambertseter SK	5.04,33	529
	32,39(32,39)	1.10,49(38,10)	1.49,54(39,05)	2.27,68(38,14)	
	3.10,08(42,40)	3.53,32(43,24)	4.28,33(35,01)	5.04,33(36,00)	
22	Joakim I. Larsen	92	Trondheim SLK	5.05,35	523
	32,73(32,73)	1.11,32(38,59)	1.49,09(37,77)	2.26,27(37,18)	
	3.10,36(44,09)	3.54,94(44,58)	4.31,42(36,48)	5.05,35(33,93)	
23	Oscar Slaatmo	94	Hamar IL	5.05,74	521
	32,50(32,50)	1.10,71(38,21)	1.50,72(40,01)	2.30,62(39,90)	
	3.14,56(43,94)	4.00,60(46,04)	4.34,15(33,55)	5.05,74(31,59)	
24	Morten Bordervich	94	Sola SK	5.06,55	517
	32,61(32,61)	1.09,46(36,85)	1.48,32(38,86)	2.27,37(39,05)	
	3.12,83(45,46)	3.58,98(46,15)	4.33,13(34,15)	5.06,55(33,42)	
25	Håkon Brennhagen	93	Skjetten Svømming	5.06,85	516
	33,28(33,28)	1.11,48(38,20)	1.50,07(38,59)	2.29,98(39,91)	
	3.13,24(43,26)	3.57,23(43,99)	4.33,54(36,31)	5.06,85(33,31)	
26	Markus Lie	95	Åstveit SK	5.11,73	492
	33,48(33,48)	1.11,75(38,27)	1.50,52(38,77)	2.30,11(39,59)	
	3.14,15(44,04)	3.59,30(45,15)	4.36,35(37,05)	5.11,73(35,38)	
27	Kjetil Flatland	94	Lørenskog/Rælingen	5.14,90	477
	34,02(34,02)	1.13,53(39,51)	1.54,72(41,19)	2.35,14(40,42)	
	3.19,15(44,01)	4.03,40(44,25)	4.39,96(36,56)	5.14,90(34,94)	

### Øvelse 37. 4\*50m fri, damer - Junior

#### Junior

1	Team Stavanger J1 jr.	JR	Team Stavanger	1.46,97	804	NJR
	Victoria S. Løken:	25,83(25,83)				
	Vibeke Brigg:	53,04(27,21)				
	Marthe Berg Sørensen:	1.20,09(27,05)				
	Trine Hovda:	1.46,97(26,88)				
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	1.50,32	733	
	Emma Isdahl:	27,68(27,68)				
	Pia Cornelia Braarud:	55,48(27,80)				
	Ingrid N. Knutzen:	1.23,17(27,69)				
	Emilie Hellerud:	1.50,32(27,15)				
3	Bærumsv J1 jr.	JR	Bærumsvømmerne	1.50,33	733	
	Emilie N. Løvberg:	27,93(27,93)				
	Kristine Mella:	55,08(27,15)				
	Karin Ekholt:	1.22,68(27,60)				
	Maria Bølgen:	1.50,33(27,65)				

4	Asker SK J1 jr.	JR	Asker SK	1.50,36	732
	Sofie Gjemmestad:	27,21(27,21)			
	Victoria T. Solberg:	55,76(28,55)			
	Nora Kathrine Guthe:	1.23,09(27,33)			
	Siri Eva Kristiansen:	1.50,36(27,27)			
5	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	1.51,72	706
	Benedicte Kausland:	28,30(28,30)			
	Stine Vindenes:	56,43(28,13)			
	Marthe Helene Haganes:	1.24,05(27,62)			
	Andrea Haugstad:	1.51,72(27,67)			
6	Hamar IL J1 jr.	JR	Hamar IL	1.51,87	703
	Karoline Brudvik Sanderud:	27,01(27,01)			
	Elin Slaatmo:	55,00(27,99)			
	Julie Torgersen Nilsen:	1.23,30(28,30)			
	Oda Martine Reiertsen:	1.51,87(28,57)			
7	Bergens SLK J1 jr.	JR	Bergens SLK	1.51,98	701
	Martine Bremer:	28,03(28,03)			
	Aslaug Marie Hjelmaas:	56,08(28,05)			
	Karoline Pedersen:	1.24,36(28,28)			
	Kaja Bremer:	1.51,98(27,62)			
8	Team Stavanger J2 jr.	JR	Team Stavanger	1.52,48	692
	Victoria Rung:	28,41(28,41)			
	Eva Marie W. Østerhus:	56,97(28,56)			
	Maren Kristine Jansen:	1.24,81(27,84)			
	Ida Nordbø:	1.52,48(27,67)			
9	Sarpsborg IL J1 jr.	JR	Sarpsborg IL	1.52,88	684
	Terese Fosby:	29,18(29,18)			
	Ina Kr. Pedersen:	55,97(26,79)			
	Birgitte Elise Søfteland:	1.24,52(28,55)			
	Julie Borgen:	1.52,88(28,36)			
10	Stord IL J1 jr.	JR	Stord IL	1.54,65	653
	Ingrid Hystad:	28,48(28,48)			
	Inger Kristine Steinsland:	56,60(28,12)			
	Malena Martens:	1.25,70(29,10)			
	Alida Etterlid Jensen:	1.54,65(28,95)			
11	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	1.55,10	646
	Ida Johansen:	28,69(28,69)			
	Guro Knutsen:	57,74(29,05)			
	Stine Lise Stenseth:	1.26,98(29,24)			
	Siri Anette Sønju:	1.55,10(28,12)			
12	Bergensv. J1 jr.	JR	Bergensvømmerne	1.55,16	645
	Hanne Søfteland:	27,77(27,77)			
	Katrine Jensen:	56,23(28,46)			
	Maria Farestvedt:	1.25,49(29,26)			
	Katja Heinänen:	1.55,16(29,67)			
13	Stavanger SC J1 jr.	JR	Stavanger SC	1.55,59	637
	Nicole T. Næsheim:	28,65(28,65)			
	Karoline Eriksen:	56,93(28,28)			
	Siren Bergslid:	1.26,59(29,66)			
	Ane Nygård:	1.55,59(29,00)			
14	Vestkantsv. J2 jr.	JR	Vestkantsvømmerne	1.55,88	633
	Sara N. Gjelsvik:	29,62(29,62)			
	Marie Reinertsen:	58,15(28,53)			
	Juni Rugland:	1.27,14(28,99)			
	Marie Øverland:	1.55,88(28,74)			
15	Delfana J1 jr.	JR	Delfana	1.55,95	631
	Katarina Bernhoft:	29,58(29,58)			
	Mari Løvik:	58,63(29,05)			
	Oda S. Leiknes:	1.27,27(28,64)			
	Helene Thunes Truyen:	1.55,95(28,68)			
16	Moss SK J1 jr.	JR	Moss SK	1.56,18	628
	Line W. Lund:	28,14(28,14)			
	Thea Pedersen:	57,81(29,67)			
	Stine K. Jansen:	1.26,91(29,10)			
	Marte Elise Brinchmann:	1.56,18(29,27)			
17	Bergens SC J1 jr.	JR	Bergens SC	1.56,59	621
	Eirin Arnesen:	28,96(28,96)			
	Hedvig Hjertaker:	57,96(29,00)			
	Eli Kristin Ølmheim:	1.27,15(29,19)			
	Kaya Haugland Færøvik:	1.56,59(29,44)			

18	Skjetten Svømming J1 jr.	JR	Skjetten Svømming	1.56,76	618
	Helene Solberg:	29,73(29,73)			
	Iselin Mjøllner Dahlen:	57,86(28,13)			
	Marie Svensson:	1.26,98(29,12)			
	Christiane Sandbye:	1.56,76(29,78)			
19	Ski SK J1 jr.	JR	Ski SK	1.58,22	596
	Camilla W. Kristiansen:	28,84(28,84)			
	Henriette With Bjørnstad:	59,44(30,60)			
	Veronica B. Lundsten:	1.29,90(30,46)			
	Elisabeth H. Svensson:	1.58,22(28,32)			
20	Madla SK J1 jr.	JR	Madla SK	1.58,39	593
	Maren Larsen:	30,02(30,02)			
	Line Nilsson:	58,82(28,80)			
	Christine Arctander:	1.28,38(29,56)			
	Mari Mjøllhus Kristoffersen:	1.58,39(30,01)			
21	Kristiansand SA J1 jr.	JR	Kristiansand SA	1.58,61	590
	Maria Gullvåg Aasen:	28,56(28,56)			
	Hege Omdal:	58,34(29,78)			
	Linn Hege Laudal:	1.26,81(28,47)			
	Hilde Kringlen:	1.58,61(31,80)			
22	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	2.00,60	561
	Aurora Brandtzæg:	30,04(30,04)			
	Mette Aas:	1.01,37(31,33)			
	Ine Charlotte Hagen:	1.31,96(30,59)			
	Jeanette Erlandsen:	2.00,60(28,64)			
23	Vestkantsv. J3 jr.	JR	Vestkantsvømmerne	2.01,62	547
	Malin Dahle:	30,49(30,49)			
	Andrea Strømsnes:	1.00,61(30,12)			
	Ida Louise G. Borlaug:	1.30,58(29,97)			
	Mirabelle Breidvik:	2.01,62(31,04)			
24	Bergens SC J2 jr.	JR	Bergens SC	2.02,86	531
	Martha Maria Songstad:	31,88(31,88)			
	Ragnhild Søfteland:	1.02,03(30,15)			
	Ingse Bergh Monsen:	1.31,68(29,65)			
	Charlotte H. Thorsen:	2.02,86(31,18)			
25	Bergens SLK J2 jr.	JR	Bergens SLK	2.04,95	504
	Jannike Isaksen:	29,90(29,90)			
	Elna Luice Bønes:	1.01,64(31,74)			
	Karoline Aadland:	1.34,04(32,40)			
	Julie Horn Johnsen:	2.04,95(30,91)			
	Arna SLK J1 jr.	JR	Arna SLK	DISK	
	Oda J. Midtun:				
	Seline Vike Holm:				
	Marte K Haukeland:				
	Katinka Kvant:				

### Øvelse 38. 200m fri, herrer - Finale

#### Junior

1	Jørn Nygård	92	Stavanger SC	1.53,01	764
	26,32(26,32)	54,59(28,27)	1.24,35(29,76)	1.53,01(28,66)	
2	Stian Werner Erichsen	90	Bærumsvømmerne	1.53,81	748
	26,89(26,89)	55,87(28,98)	1.25,27(29,40)	1.53,81(28,54)	
3	Christer Koch Kvam	90	Bærum/NTG	1.54,12	742
	25,89(25,89)	54,36(28,47)	1.23,95(29,59)	1.54,12(30,17)	
4	Ole Martin Ree	92	TS/Sola SK	1.55,39	718
	27,42(27,42)	56,98(29,56)	1.26,57(29,59)	1.55,39(28,82)	
5	Mikkel Tørud Lang	90	Ullensakersv	1.55,72	712
	27,83(27,83)	56,83(29,00)	1.26,39(29,56)	1.55,72(29,33)	
6	Even Vike Holm	90	BS/Arna	1.57,45	681
	27,40(27,40)	57,22(29,82)	1.27,48(30,26)	1.57,45(29,97)	
7	Elias Damman	89	Bærumsvømmerne	1.58,23	667
	27,71(27,71)	57,24(29,53)	1.27,81(30,57)	1.58,23(30,42)	

**Øvelse 39. 200m butterfly, damer - Finale****Junior**

1	Karoline Brudvik Sanderud	89	Hamar IL	2.11,51	866	NJR
	30,47(30,47)	1.03,78(33,31)	1.37,52(33,74)	2.11,51(33,99)		
2	Ina Marleen Holm	90	TS/Madla SK	2.16,97	766	
	30,86(30,86)	1.05,34(34,48)	1.40,98(35,64)	2.16,97(35,99)		
3	Line Løvberg	91	Lambertseter SK/NTG	2.18,76	737	
	31,15(31,15)	1.05,84(34,69)	1.42,06(36,22)	2.18,76(36,70)		
4	Victoria Rung	92	TS/Frisinn	2.24,53	652	
	32,20(32,20)	1.08,61(36,41)	1.46,08(37,47)	2.24,53(38,45)		
5	Terese Langlo	89	Skjetten Svømming	2.26,40	627	
	33,28(33,28)	1.10,61(37,33)	1.48,80(38,19)	2.26,40(37,60)		
6	Emilie N. Løvberg	95	Bærumsvømmerne	2.28,98	595	
	32,93(32,93)	1.11,05(38,12)	1.49,95(38,90)	2.28,98(39,03)		
7	Maren Gramvik	90	Vågsbygd SLK	2.28,99	595	
	33,19(33,19)	1.10,58(37,39)	1.49,89(39,31)	2.28,99(39,10)		

**Øvelse 40. 100m rygg, herrer - Finale****Junior**

1	Sverre Næss	92	Sarpsborg IL	(0,67)	56,83	737
	27,50(27,50)	56,83(29,33)				
2	Mikael Bergene	91	Lambertseter SK	(0,94)	56,91	734
	27,55(27,55)	56,91(29,36)				
3	Lavrans Solli	92	Bergens SC	(0,63)	59,10	655
	28,68(28,68)	59,10(30,42)				
4	Vegard Løvberg	91	Bærumsvømmerne	(0,73)	59,58	639
	29,08(29,08)	59,58(30,50)				
5	Tor Hafnor	91	Bærumsvømmerne	(0,82)	59,77	633
	29,51(29,51)	59,77(30,26)				
6	Alexander B. Havre	90	Mandal SK	(0,65)	1.01,17	591
	29,50(29,50)	1.01,17(31,67)				
7	Joar Skien Grannes	90	Sandnes SLK	(0,75)	1.01,26	588
	29,54(29,54)	1.01,26(31,72)				

**Øvelse 41. 100m fri, damer - Finale****Junior**

1	Victoria S. Løken	91	Team Stavanger	56,16	835	
	27,28(27,28)	56,16(28,88)				
2	Cecilie W. Johannessen	90	Karmøy SK	57,63	772	
	27,68(27,68)	57,63(29,95)				
3	Sofie Gjemmestad	89	Asker SK	58,44	741	
	28,18(28,18)	58,44(30,26)				
4	Monica W. Johannessen	90	Karmøy SK	58,64	733	
	28,88(28,88)	58,64(29,76)				
5	Ina Kr. Pedersen	89	Sarpsborg IL	59,68	696	
	28,41(28,41)	59,68(31,27)				
6	Susann Bjørnsen	93	Setermoen SK	1.00,25	676	
	29,40(29,40)	1.00,25(30,85)				
7	Emilie Hellerud	92	Lambertseter SK/NTG	1.00,29	675	
	29,36(29,36)	1.00,29(30,93)				

**Øvelse 42. 50m fri, herrer - Finale****Junior**

1	Øystein R. Hetland	89	Bærumsvømmerne	23,04	789	NJR
2	Mathias Sørstrand Æsøy	90	Florø SLK	23,66	728	
3	Christer Koch Kvam	90	Bærum/NTG	24,14	685	
4	Alexander B. Havre	90	Mandal SK	24,26	675	
5	Bernt M. Seyffarth	89	Mandal SK	24,54	652	
6	Mats Gøran Høgenhaug	93	Namsos SK	24,59	649	
7	Zoltan Csernai	93	BS/Åstveit	24,65	644	

**Funksjonshemmede**

1	Roar Mellemseter	92	Sunndal SLK	36,73	194	S8 136,9 %
2	Bendik Savstad	95	Tverlandet IL	34,87	227	S10 144,87 %

**Øvelse 43. 100m bryst, damer - Finale****Junior**

1	Iselin Meisler	90	Fauske SK	1.11,00	799	
	33,59(33,59)	1.11,00(37,41)				
2	Trine Austrøne Olsen	90	Fauske SK	1.12,59	748	
	34,18(34,18)	1.12,59(38,41)				
3	Karin Ekholt	89	Bærumsvømmerne	1.13,54	719	
	34,90(34,90)	1.13,54(38,64)				
4	Stina Kajsa Colleou	93	Lambertseter SK	1.14,09	704	
	34,95(34,95)	1.14,09(39,14)				
5	Siri Eva Kristiansen	93	Asker SK	1.14,48	693	
	35,45(35,45)	1.14,48(39,03)				
6	Karoline Bergene	89	Lambertseter SK	1.14,95	680	
	35,02(35,02)	1.14,95(39,93)				
7	Mari Singstad	91	Vestbyen IL	1.15,59	662	
	35,19(35,19)	1.15,59(40,40)				

**Øvelse 44. 100m individuell medley, herrer - Finale****Junior**

1	Sverre Næss	92	Sarpsborg IL	57,63	776	
	26,87(26,87)	57,63(30,76)				
2	Marcus Tesdal	90	BS/Åstveit	57,96	763	
	26,59(26,59)	57,96(31,37)				
3	Mattis Saghaug	90	IL Varg/NTG	58,29	750	
	26,97(26,97)	58,29(31,32)				
4	Mikael Bergene	91	Lambertseter SK	58,84	729	
	27,51(27,51)	58,84(31,33)				
5	Mathias Sørstrand Æsøy	90	Florø SLK	59,27	713	
	27,47(27,47)	59,27(31,80)				
6	Kristoffer Meisler	90	Fauske SK	1.01,34	643	
	29,39(29,39)	1.01,34(31,95)				
7	Mats Gøran Høgenhaug	93	Namsos SK	1.02,32	614	
	29,12(29,12)	1.02,32(33,20)				

## Øvelse 45. 1500m fri, damer - Direkte finale

## UM

1	Lise Sand Syversen	95	Delfana	17.15,58	784
	31,23(31,23)	1.05,22(33,99)	1.39,86(34,64)	2.14,15(34,29)	
	2.48,23(34,08)	3.22,56(34,33)	3.57,23(34,67)	4.31,54(34,31)	
	5.06,12(34,58)	5.41,02(34,90)	6.15,39(34,37)	6.49,60(34,21)	
	7.25,02(35,42)	7.59,54(34,52)	8.34,46(34,92)	9.09,14(34,68)	
	9.43,96(34,82)	10.18,90(34,94)	10.53,77(34,87)	11.29,10(35,33)	
	12.03,73(34,63)	12.38,55(34,82)	13.13,39(34,84)	13.48,73(35,34)	
	14.23,59(34,86)	14.58,47(34,88)	15.33,19(34,72)	16.08,15(34,96)	
	16.43,05(34,90)	17.15,58(32,53)			
2	Eva Marie W. Østerhus	94	TS/Madla SK	17.28,51	756
	30,89(30,89)	1.04,92(34,03)	1.39,77(34,85)	2.14,50(34,73)	
	2.48,99(34,49)	3.24,14(35,15)	3.59,73(35,59)	4.35,30(35,57)	
	5.10,65(35,35)	5.46,02(35,37)	6.21,17(35,15)	6.56,54(35,37)	
	7.32,02(35,48)	8.07,41(35,39)	8.42,74(35,33)	9.17,79(35,05)	
	9.53,21(35,42)	10.28,22(35,01)	11.03,60(35,38)	11.38,81(35,21)	
	12.13,90(35,09)	12.49,41(35,51)	13.24,32(34,91)	13.59,49(35,17)	
	14.34,40(34,91)	15.09,80(35,40)	15.44,89(35,09)	16.20,06(35,17)	
	16.55,20(35,14)	17.28,51(33,31)			
3	Hanne Lockertsen	94	Tromsø SK	17.40,44	730
	32,12(32,12)	1.06,64(34,52)	1.41,49(34,85)	2.16,25(34,76)	
	2.51,28(35,03)	3.26,41(35,13)	4.01,75(35,34)	4.37,08(35,33)	
	5.12,30(35,22)	5.47,69(35,39)	6.22,83(35,14)	6.58,16(35,33)	
	7.33,61(35,45)	8.09,29(35,68)	8.44,78(35,49)	9.20,80(36,02)	
	9.56,25(35,45)	10.31,90(35,65)	11.07,64(35,74)	11.43,64(36,00)	
	12.19,42(35,78)	12.55,01(35,59)	13.31,03(36,02)	14.06,92(35,89)	
	14.42,70(35,78)	15.18,83(36,13)	15.54,64(35,81)	16.30,18(35,54)	
	17.06,07(35,89)	17.40,44(34,37)			
4	Jacqueline Knutsson	93	Kongstensvømmerne	18.06,14	680
	31,83(31,83)	1.07,36(35,53)	1.43,13(35,77)	2.18,84(35,71)	
	2.55,11(36,27)	3.31,46(36,35)	4.07,92(36,46)	4.43,95(36,03)	
	5.20,22(36,27)	5.56,48(36,26)	6.32,99(36,51)	7.09,48(36,49)	
	7.46,05(36,57)	8.22,62(36,57)	8.59,28(36,66)	9.35,59(36,31)	
	10.12,25(36,66)	10.48,64(36,39)	11.25,41(36,77)	12.02,34(36,93)	
	12.38,92(36,58)	13.15,77(36,85)	13.52,95(37,18)	14.29,35(36,40)	
	15.06,47(37,12)	15.42,44(35,97)	16.19,14(36,70)	16.55,75(36,61)	
	17.31,83(36,08)	18.06,14(34,31)			
5	Andrea Westbye	95	Bærumsvømmerne	18.24,43	646
	32,68(32,68)	1.08,84(36,16)	1.45,86(37,02)	2.23,30(37,44)	
	3.00,56(37,26)	3.38,04(37,48)	4.15,52(37,48)	4.52,41(36,89)	
	5.29,71(37,30)	6.06,60(36,89)	6.43,79(37,19)	7.20,33(36,54)	
	7.57,07(36,74)	8.33,91(36,84)	9.10,67(36,76)	9.47,48(36,81)	
	10.24,23(36,75)	11.01,28(37,05)	11.38,31(37,03)	12.15,79(37,48)	
	12.52,79(37,00)	13.29,63(36,84)	14.06,55(36,92)	14.43,46(36,91)	
	15.20,14(36,68)	15.57,23(37,09)	16.34,52(37,29)	17.11,35(36,83)	
	17.48,21(36,86)	18.24,43(36,22)			
6	Veronica Orheim Bjørlykke	94	Aalesund SLK	18.35,52	627
	33,83(33,83)	1.09,87(36,04)	1.46,20(36,33)	2.22,66(36,46)	
	2.59,38(36,72)	3.35,88(36,50)	4.12,58(36,70)	4.49,38(36,80)	
	5.26,33(36,95)	6.03,17(36,84)	6.39,86(36,69)	7.16,45(36,59)	
	7.52,94(36,49)	8.29,24(36,30)	9.05,51(36,27)	9.42,54(37,03)	
	10.19,92(37,38)	10.57,37(37,45)	11.35,08(37,71)	12.13,61(38,53)	
	12.51,86(38,25)	13.29,75(37,89)	14.07,96(38,21)	14.46,02(38,06)	
	15.24,92(38,90)	16.03,91(38,99)	16.42,96(39,05)	17.21,42(38,46)	
	17.59,20(37,78)	18.35,52(36,32)			
7	Julie Rønningsen	94	Lambertseter SK	18.40,26	619
	32,84(32,84)	1.08,49(35,65)	1.45,24(36,75)	2.22,07(36,83)	
	2.59,02(36,95)	3.36,13(37,11)	4.13,44(37,31)	4.50,99(37,55)	
	5.28,61(37,62)	6.06,63(38,02)	6.44,11(37,48)	7.22,00(37,89)	
	7.59,76(37,76)	8.37,45(37,69)	9.15,21(37,76)	9.53,05(37,84)	
	10.30,63(37,58)	11.08,49(37,86)	11.46,40(37,91)	12.24,08(37,68)	
	13.01,84(37,76)	13.39,64(37,80)	14.17,20(37,56)	14.55,57(38,37)	
	15.33,70(38,13)	16.11,39(37,69)	16.49,12(37,73)	17.26,95(37,83)	
	18.04,87(37,92)	18.40,26(35,39)			

8	Stine Lise Stenseth	94	Øvre Eiker SK	18.44,02	613
	33,80(33,80)	1.10,38(36,58)	1.47,79(37,41)	2.25,08(37,29)	
	3.03,01(37,93)	3.40,72(37,71)	4.18,40(37,68)	4.55,97(37,57)	
	5.32,94(36,97)	6.10,70(37,76)	6.48,65(37,95)	7.26,63(37,98)	
	8.04,98(38,35)	8.43,28(38,30)	9.21,47(38,19)	9.59,43(37,96)	
	10.36,83(37,40)	11.14,62(37,79)	11.52,26(37,64)	12.30,25(37,99)	
	13.07,95(37,70)	13.45,22(37,27)	14.22,71(37,49)	15.00,26(37,55)	
	15.37,79(37,53)	16.15,14(37,35)	16.52,65(37,51)	17.29,81(37,16)	
	18.06,84(37,03)	18.44,02(37,18)			
9	Ane Nygård	95	Stavanger SC	18.51,07	602
	33,25(33,25)	1.10,09(36,84)	1.47,09(37,00)	2.24,53(37,44)	
	3.01,79(37,26)	3.38,62(36,83)	4.16,00(37,38)	4.53,28(37,28)	
	5.30,89(37,61)	6.08,01(37,12)	6.45,37(37,36)	7.23,00(37,63)	
	8.00,48(37,48)	8.38,34(37,86)	9.15,82(37,48)	9.53,75(37,93)	
	10.31,84(38,09)	11.10,23(38,39)	11.48,55(38,32)	12.27,24(38,69)	
	13.05,82(38,58)	13.44,02(38,20)	14.22,34(38,32)	15.01,06(38,72)	
	15.39,92(38,86)	16.18,23(38,31)	16.56,63(38,40)	17.34,97(38,34)	
	18.13,45(38,48)	18.51,07(37,62)			
10	Julie Hegvik	93	Trondheim SLK	19.04,09	581
	33,74(33,74)	1.10,09(36,35)	1.47,33(37,24)	2.25,03(37,70)	
	3.03,29(38,26)	3.41,48(38,19)	4.19,90(38,42)	4.57,86(37,96)	
	5.36,10(38,24)	6.14,33(38,23)	6.52,51(38,18)	7.30,87(38,36)	
	8.09,17(38,30)	8.48,01(38,84)	9.26,29(38,28)	10.04,84(38,55)	
	10.43,54(38,70)	11.22,15(38,61)	12.00,64(38,49)	12.38,82(38,18)	
	13.17,35(38,53)	13.56,19(38,84)	14.35,10(38,91)	15.13,60(38,50)	
	15.52,21(38,61)	16.31,04(38,83)	17.09,67(38,63)	17.48,59(38,92)	
	18.26,70(38,11)	19.04,09(37,39)			
11	Anna Forsstrøm	94	Haldens SK	19.08,80	574
	33,61(33,61)	1.11,03(37,42)	1.49,40(38,37)	2.27,48(38,08)	
	3.05,80(38,32)	3.43,87(38,07)	4.22,58(38,71)	5.00,73(38,15)	
	5.39,06(38,33)	6.17,73(38,67)	6.56,33(38,60)	7.35,40(39,07)	
	8.13,29(37,89)	8.52,37(39,08)	9.30,87(38,50)	10.09,89(39,02)	
	10.48,98(39,09)	11.27,69(38,71)	12.06,61(38,92)	12.45,59(38,98)	
	13.24,65(39,06)	14.03,31(38,66)	14.41,59(38,28)	15.20,13(38,54)	
	15.58,62(38,49)	16.37,28(38,66)	17.15,69(38,41)	17.54,00(38,31)	
	18.32,14(38,14)	19.08,80(36,66)			
12	Malin Schanke Tømmervik	94	Trondheim SLK	19.11,07	571
	34,02(34,02)	1.11,15(37,13)	1.49,18(38,03)	2.27,20(38,02)	
	3.05,40(38,20)	3.43,62(38,22)	4.22,11(38,49)	5.00,30(38,19)	
	5.38,71(38,41)	6.17,21(38,50)	6.55,74(38,53)	7.34,84(39,10)	
	8.13,67(38,83)	8.52,76(39,09)	9.31,40(38,64)	10.10,73(39,33)	
	10.49,65(38,92)	11.28,53(38,88)	12.07,64(39,11)	12.47,19(39,55)	
	13.25,68(38,49)	14.04,19(38,51)	14.43,37(39,18)	15.22,08(38,71)	
	16.01,29(39,21)	16.40,01(38,72)	17.19,29(39,28)	17.57,45(38,16)	
	18.35,17(37,72)	19.11,07(35,90)			
13	Gerd Anne Solibakke	94	Aalesund SLK	19.27,62	547
	34,61(34,61)	1.11,98(37,37)	1.50,15(38,17)	2.28,13(37,98)	
	3.06,56(38,43)	3.44,73(38,17)	4.23,46(38,73)	5.02,13(38,67)	
	5.41,08(38,95)	6.19,78(38,70)	6.59,09(39,31)	7.38,42(39,33)	
	8.17,94(39,52)	8.57,38(39,44)	9.36,93(39,55)	10.16,75(39,82)	
	10.56,50(39,75)	11.36,56(40,06)	12.15,63(39,07)	12.54,89(39,26)	
	13.34,08(39,19)	14.13,26(39,18)	14.52,62(39,36)	15.32,22(39,60)	
	16.11,79(39,57)	16.51,32(39,53)	17.30,49(39,17)	18.10,12(39,63)	
	18.49,59(39,47)	19.27,62(38,03)			

## Junior

1	Elin Slaatmo	92	Hamar IL	16.49,11	848
	30,18(30,18)	1.02,43(32,25)	1.35,49(33,06)	2.08,37(32,88)	
	2.41,93(33,56)	3.15,44(33,51)	3.48,82(33,38)	4.22,91(34,09)	
	4.56,53(33,62)	5.30,58(34,05)	6.04,52(33,94)	6.38,46(33,94)	
	7.12,22(33,76)	7.45,86(33,64)	8.19,90(34,04)	8.53,80(33,90)	
	9.27,77(33,97)	10.01,78(34,01)	10.35,79(34,01)	11.09,94(34,15)	
	11.43,96(34,02)	12.18,05(34,09)	12.52,03(33,98)	13.25,88(33,85)	
	14.00,11(34,23)	14.34,03(33,92)	15.08,16(34,13)	15.42,31(34,15)	
	16.16,53(34,22)	16.49,11(32,58)			
2	Lise Sand Syversen	95	Delfana	17.15,58	784
	31,23(31,23)	1.05,22(33,99)	1.39,86(34,64)	2.14,15(34,29)	
	2.48,23(34,08)	3.22,56(34,33)	3.57,23(34,67)	4.31,54(34,31)	
	5.06,12(34,58)	5.41,02(34,90)	6.15,39(34,37)	6.49,60(34,21)	
	7.25,02(35,42)	7.59,54(34,52)	8.34,46(34,92)	9.09,14(34,68)	
	9.43,96(34,82)	10.18,90(34,94)	10.53,77(34,87)	11.29,10(35,33)	
	12.03,73(34,63)	12.38,55(34,82)	13.13,39(34,84)	13.48,73(35,34)	
	14.23,59(34,86)	14.58,47(34,88)	15.33,19(34,72)	16.08,15(34,96)	
	16.43,05(34,90)	17.15,58(32,53)			
3	Gina B. Andersen	90	Skjetten Svømming/NTG	17.22,63	768
	29,37(29,37)	1.00,45(31,08)	1.33,37(32,92)	2.07,64(34,27)	
	2.42,43(34,79)	3.17,18(34,75)	3.52,81(35,63)	4.28,58(35,77)	
	5.04,27(35,69)	5.39,69(35,42)	6.14,57(34,88)	6.49,95(35,38)	
	7.25,08(35,13)	8.00,65(35,57)	8.36,09(35,44)	9.11,45(35,36)	
	9.47,06(35,61)	10.22,64(35,58)	10.57,89(35,25)	11.33,53(35,64)	
	12.08,91(35,38)	12.44,15(35,24)	13.19,95(35,80)	13.55,03(35,08)	
	14.30,00(34,97)	15.04,83(34,83)	15.39,87(35,04)	16.14,37(34,50)	
	16.48,75(34,38)	17.22,63(33,88)			
4	Eva Marie W. Østerhus	94	TS/Madla SK	17.28,51	756
	30,89(30,89)	1.04,92(34,03)	1.39,77(34,85)	2.14,50(34,73)	
	2.48,99(34,49)	3.24,14(35,15)	3.59,73(35,59)	4.35,30(35,57)	
	5.10,65(35,35)	5.46,02(35,37)	6.21,17(35,15)	6.56,54(35,37)	
	7.32,02(35,48)	8.07,41(35,39)	8.42,74(35,33)	9.17,79(35,05)	
	9.53,21(35,42)	10.28,22(35,01)	11.03,60(35,38)	11.38,81(35,21)	
	12.13,90(35,09)	12.49,41(35,51)	13.24,32(34,91)	13.59,49(35,17)	
	14.34,40(34,91)	15.09,80(35,40)	15.44,89(35,09)	16.20,06(35,17)	
	16.55,20(35,14)	17.28,51(33,31)			
5	Siri Anette Sønju	92	Øvre Eiker SK	17.35,85	740
	31,25(31,25)	1.05,71(34,46)	1.40,83(35,12)	2.16,25(35,42)	
	2.51,58(35,33)	3.27,20(35,62)	4.02,50(35,30)	4.37,81(35,31)	
	5.13,36(35,55)	5.48,83(35,47)	6.24,06(35,23)	6.59,41(35,35)	
	7.34,87(35,46)	8.10,44(35,57)	8.46,00(35,56)	9.21,18(35,18)	
	9.56,22(35,04)	10.31,54(35,32)	11.06,89(35,35)	11.42,02(35,13)	
	12.17,07(35,05)	12.52,77(35,70)	13.27,91(35,14)	14.03,46(35,55)	
	14.39,24(35,78)	15.14,96(35,72)	15.50,44(35,48)	16.26,19(35,75)	
	17.01,29(35,10)	17.35,85(34,56)			
6	Andrea Haugstad	92	Vestkantsvømmerne	17.40,01	731
	32,29(32,29)	1.07,23(34,94)	1.42,65(35,42)	2.17,78(35,13)	
	2.52,88(35,10)	3.28,20(35,32)	4.03,27(35,07)	4.38,48(35,21)	
	5.13,95(35,47)	5.49,30(35,35)	6.24,79(35,49)	6.59,93(35,14)	
	7.35,30(35,37)	8.10,92(35,62)	8.46,69(35,77)	9.22,40(35,71)	
	9.58,15(35,75)	10.33,65(35,50)	11.09,33(35,68)	11.45,16(35,83)	
	12.20,69(35,53)	12.56,19(35,50)	13.31,81(35,62)	14.07,45(35,64)	
	14.43,43(35,98)	15.19,15(35,72)	15.54,87(35,72)	16.30,40(35,53)	
	17.05,99(35,59)	17.40,01(34,02)			
7	Hanne Lockertsen	94	Tromsø SK	17.40,44	730
	32,12(32,12)	1.06,64(34,52)	1.41,49(34,85)	2.16,25(34,76)	
	2.51,28(35,03)	3.26,41(35,13)	4.01,75(35,34)	4.37,08(35,33)	
	5.12,30(35,22)	5.47,69(35,39)	6.22,83(35,14)	6.58,16(35,33)	
	7.33,61(35,45)	8.09,29(35,68)	8.44,78(35,49)	9.20,80(36,02)	
	9.56,25(35,45)	10.31,90(35,65)	11.07,64(35,74)	11.43,64(36,00)	
	12.19,42(35,78)	12.55,01(35,59)	13.31,03(36,02)	14.06,92(35,89)	
	14.42,70(35,78)	15.18,83(36,13)	15.54,64(35,81)	16.30,18(35,54)	
	17.06,07(35,89)	17.40,44(34,37)			

8	Katrine Ekstang	92	Setermoen SK	17.50,47	710
	31,59(31,59)	1.05,83(34,24)	1.40,88(35,05)	2.16,21(35,33)	
	2.51,62(35,41)	3.27,00(35,38)	4.02,07(35,07)	4.37,31(35,24)	
	5.12,96(35,65)	5.48,07(35,11)	6.23,55(35,48)	6.58,61(35,06)	
	7.34,51(35,90)	8.10,24(35,73)	8.46,27(36,03)	9.22,12(35,85)	
	9.57,95(35,83)	10.34,25(36,30)	11.10,07(35,82)	11.46,27(36,20)	
	12.22,66(36,39)	12.59,59(36,93)	13.36,03(36,44)	14.12,29(36,26)	
	14.49,16(36,87)	15.25,86(36,70)	16.01,94(36,08)	16.38,12(36,18)	
	17.14,90(36,78)	17.50,47(35,57)			
9	Jacqueline Knutsson	93	Kongstensvømmerne	18.06,14	680
	31,83(31,83)	1.07,36(35,53)	1.43,13(35,77)	2.18,84(35,71)	
	2.55,11(36,27)	3.31,46(36,35)	4.07,92(36,46)	4.43,95(36,03)	
	5.20,22(36,27)	5.56,48(36,26)	6.32,99(36,51)	7.09,48(36,49)	
	7.46,05(36,57)	8.22,62(36,57)	8.59,28(36,66)	9.35,59(36,31)	
	10.12,25(36,66)	10.48,64(36,39)	11.25,41(36,77)	12.02,34(36,93)	
	12.38,92(36,58)	13.15,77(36,85)	13.52,95(37,18)	14.29,35(36,40)	
	15.06,47(37,12)	15.42,44(35,97)	16.19,14(36,70)	16.55,75(36,61)	
	17.31,83(36,08)	18.06,14(34,31)			
10	Marthe Berg Sørensen	92	TS/Frisinn	18.10,26	672
	32,22(32,22)	1.07,24(35,02)	1.42,99(35,75)	2.19,13(36,14)	
	2.55,40(36,27)	3.31,95(36,55)	4.08,34(36,39)	4.44,99(36,65)	
	5.21,59(36,60)	5.58,29(36,70)	6.34,50(36,21)	7.11,22(36,72)	
	7.48,31(37,09)	8.25,00(36,69)	9.01,77(36,77)	9.38,71(36,94)	
	10.15,28(36,57)	10.52,23(36,95)	11.29,18(36,95)	12.05,60(36,42)	
	12.42,59(36,99)	13.19,49(36,90)	13.56,07(36,58)	14.32,80(36,73)	
	15.09,48(36,68)	15.46,02(36,54)	16.22,58(36,56)	16.59,16(36,58)	
	17.35,49(36,33)	18.10,26(34,77)			
11	Inger-Cathrine Wium	92	Øvre Eiker SK	18.15,77	662
	32,82(32,82)	1.08,54(35,72)	1.45,00(36,46)	2.21,67(36,67)	
	2.58,70(37,03)	3.35,33(36,63)	4.12,36(37,03)	4.48,99(36,63)	
	5.25,84(36,85)	6.02,67(36,83)	6.39,29(36,62)	7.16,30(37,01)	
	7.53,27(36,97)	8.30,11(36,84)	9.07,20(37,09)	9.43,52(36,32)	
	10.20,40(36,88)	10.57,00(36,60)	11.33,71(36,71)	12.10,45(36,74)	
	12.47,03(36,58)	13.24,07(37,04)	14.00,66(36,59)	14.37,44(36,78)	
	15.13,85(36,41)	15.50,41(36,56)	16.27,05(36,64)	17.03,56(36,51)	
	17.39,71(36,15)	18.15,77(36,06)			
12	Julie Torgersen Nilsen	92	Hamar IL	18.19,55	655
	34,34(34,34)	1.10,75(36,41)	1.47,16(36,41)	2.24,02(36,86)	
	3.00,32(36,30)	3.36,19(35,87)	4.13,47(37,28)	4.49,66(36,19)	
	5.26,09(36,43)	6.03,43(37,34)	6.39,77(36,34)	7.16,66(36,89)	
	7.53,35(36,69)	8.30,11(36,76)	9.06,75(36,64)	9.43,23(36,48)	
	10.19,96(36,73)	10.56,99(37,03)	11.33,86(36,87)	12.11,03(37,17)	
	12.47,75(36,72)	13.24,70(36,95)	14.01,18(36,48)	14.38,67(37,49)	
	15.16,40(37,73)	15.53,66(37,26)	16.30,22(36,56)	17.06,29(36,07)	
	17.43,77(37,48)	18.19,55(35,78)			
13	Andrea Westbye	95	Bærumsvømmerne	18.24,43	646
	32,68(32,68)	1.08,84(36,16)	1.45,86(37,02)	2.23,30(37,44)	
	3.00,56(37,26)	3.38,04(37,48)	4.15,52(37,48)	4.52,41(36,89)	
	5.29,71(37,30)	6.06,60(36,89)	6.43,79(37,19)	7.20,33(36,54)	
	7.57,07(36,74)	8.33,91(36,84)	9.10,67(36,76)	9.47,48(36,81)	
	10.24,23(36,75)	11.01,28(37,05)	11.38,31(37,03)	12.15,79(37,48)	
	12.52,79(37,00)	13.29,63(36,84)	14.06,55(36,92)	14.43,46(36,91)	
	15.20,14(36,68)	15.57,23(37,09)	16.34,52(37,29)	17.11,35(36,83)	
	17.48,21(36,86)	18.24,43(36,22)			
14	Veronica Orheim Bjørlykke	94	Aalesund SLK	18.35,52	627
	33,83(33,83)	1.09,87(36,04)	1.46,20(36,33)	2.22,66(36,46)	
	2.59,38(36,72)	3.35,88(36,50)	4.12,58(36,70)	4.49,38(36,80)	
	5.26,33(36,95)	6.03,17(36,84)	6.39,86(36,69)	7.16,45(36,59)	
	7.52,94(36,49)	8.29,24(36,30)	9.05,51(36,27)	9.42,54(37,03)	
	10.19,92(37,38)	10.57,37(37,45)	11.35,08(37,71)	12.13,61(38,53)	
	12.51,86(38,25)	13.29,75(37,89)	14.07,96(38,21)	14.46,02(38,06)	
	15.24,92(38,90)	16.03,91(38,99)	16.42,96(39,05)	17.21,42(38,46)	
	17.59,20(37,78)	18.35,52(36,32)			
15	Julie Rønningsen	94	Lambertseter SK	18.40,26	619
	32,84(32,84)	1.08,49(35,65)	1.45,24(36,75)	2.22,07(36,83)	
	2.59,02(36,95)	3.36,13(37,11)	4.13,44(37,31)	4.50,99(37,55)	
	5.28,61(37,62)	6.06,63(38,02)	6.44,11(37,48)	7.22,00(37,89)	
	7.59,76(37,76)	8.37,45(37,69)	9.15,21(37,76)	9.53,05(37,84)	
	10.30,63(37,58)	11.08,49(37,86)	11.46,40(37,91)	12.24,08(37,68)	
	13.01,84(37,76)	13.39,64(37,80)	14.17,20(37,56)	14.55,57(38,37)	
	15.33,70(38,13)	16.11,39(37,69)	16.49,12(37,73)	17.26,95(37,83)	
	18.04,87(37,92)	18.40,26(35,39)			

16	Siv Flatås Hoddø	91	Namsos SK	18.43,64	614
	33,30(33,30)	1.09,52(36,22)	1.46,03(36,51)	2.23,30(37,27)	
	3.00,49(37,19)	3.38,00(37,51)	4.15,55(37,55)	4.52,97(37,42)	
	5.30,27(37,30)	6.07,67(37,40)	6.45,14(37,47)	7.22,72(37,58)	
	8.00,24(37,52)	8.37,93(37,69)	9.15,90(37,97)	9.54,19(38,29)	
	10.32,28(38,09)	11.10,41(38,13)	11.48,46(38,05)	12.26,68(38,22)	
	13.04,45(37,77)	13.42,43(37,98)	14.20,28(37,85)	14.58,08(37,80)	
	15.36,18(38,10)	16.14,02(37,84)	16.51,76(37,74)	17.29,28(37,52)	
	18.06,94(37,66)	18.43,64(36,70)			
17	Stine Lise Stenseth	94	Øvre Eiker SK	18.44,02	613
	33,80(33,80)	1.10,38(36,58)	1.47,79(37,41)	2.25,08(37,29)	
	3.01,01(37,93)	3.40,72(37,71)	4.18,40(37,68)	4.55,97(37,57)	
	5.32,94(36,97)	6.10,70(37,76)	6.48,65(37,95)	7.26,63(37,98)	
	8.04,98(38,35)	8.43,28(38,30)	9.21,47(38,19)	9.59,43(37,96)	
	10.36,83(37,40)	11.14,62(37,79)	11.52,26(37,64)	12.30,25(37,99)	
	13.07,95(37,70)	13.45,22(37,27)	14.22,71(37,49)	15.00,26(37,55)	
	15.37,79(37,53)	16.15,14(37,35)	16.52,65(37,51)	17.29,81(37,16)	
	18.06,84(37,03)	18.44,02(37,18)			
18	Ane Nygård	95	Stavanger SC	18.51,07	602
	33,25(33,25)	1.10,09(36,84)	1.47,09(37,00)	2.24,53(37,44)	
	3.01,79(37,26)	3.38,62(36,83)	4.16,00(37,38)	4.53,28(37,28)	
	5.30,89(37,61)	6.08,01(37,12)	6.45,37(37,36)	7.23,00(37,63)	
	8.00,48(37,48)	8.38,34(37,86)	9.15,82(37,48)	9.53,75(37,93)	
	10.31,84(38,09)	11.10,23(38,39)	11.48,55(38,32)	12.27,24(38,69)	
	13.05,82(38,58)	13.44,02(38,20)	14.22,34(38,32)	15.01,06(38,72)	
	15.39,92(38,86)	16.18,23(38,31)	16.56,63(38,40)	17.34,97(38,34)	
	18.13,45(38,48)	18.51,07(37,62)			
19	Henriette With Bjørnstad	92	Ski SK	18.57,32	592
	32,75(32,75)	1.07,93(35,18)	1.44,21(36,28)	2.21,17(36,96)	
	2.58,81(37,64)	3.36,18(37,37)	4.13,74(37,56)	4.51,21(37,47)	
	5.29,11(37,90)	6.06,92(37,81)	6.44,86(37,94)	7.23,07(38,21)	
	8.01,44(38,37)	8.39,89(38,45)	9.18,77(38,88)	9.57,45(38,68)	
	10.35,02(37,57)	11.13,42(38,40)	11.52,15(38,73)	12.30,69(38,54)	
	13.09,48(38,79)	13.48,25(38,77)	14.27,28(39,03)	15.06,18(38,90)	
	15.45,26(39,08)	16.24,47(39,21)	17.03,05(38,58)	17.41,51(38,46)	
	18.20,58(39,07)	18.57,32(36,74)			
20	Julie Hegvik	93	Trondheim SLK	19.04,09	581
	33,74(33,74)	1.10,09(36,35)	1.47,33(37,24)	2.25,03(37,70)	
	3.03,29(38,26)	3.41,48(38,19)	4.19,90(38,42)	4.57,86(37,96)	
	5.36,10(38,24)	6.14,33(38,23)	6.52,51(38,18)	7.30,87(38,36)	
	8.09,17(38,30)	8.48,01(38,84)	9.26,29(38,28)	10.04,84(38,55)	
	10.43,54(38,70)	11.22,15(38,61)	12.00,64(38,49)	12.38,82(38,18)	
	13.17,35(38,53)	13.56,19(38,84)	14.35,10(38,91)	15.13,60(38,50)	
	15.52,21(38,61)	16.31,04(38,83)	17.09,67(38,63)	17.48,59(38,92)	
	18.26,70(38,11)	19.04,09(37,39)			
21	Anna Forsstrøm	94	Haldens SK	19.08,80	574
	33,61(33,61)	1.11,03(37,42)	1.49,40(38,37)	2.27,48(38,08)	
	3.05,80(38,32)	3.43,87(38,07)	4.22,58(38,71)	5.00,73(38,15)	
	5.39,06(38,33)	6.17,73(38,67)	6.56,33(38,60)	7.35,40(39,07)	
	8.13,29(37,89)	8.52,37(39,08)	9.30,87(38,50)	10.09,89(39,02)	
	10.48,98(39,09)	11.27,69(38,71)	12.06,61(38,92)	12.45,59(38,98)	
	13.24,65(39,06)	14.03,31(38,66)	14.41,59(38,28)	15.20,13(38,54)	
	15.58,62(38,49)	16.37,28(38,66)	17.15,69(38,41)	17.54,00(38,31)	
	18.32,14(38,14)	19.08,80(36,66)			
22	Malin Schanke Tømmervik	94	Trondheim SLK	19.11,07	571
	34,02(34,02)	1.11,15(37,13)	1.49,18(38,03)	2.27,20(38,02)	
	3.05,40(38,20)	3.43,62(38,22)	4.22,11(38,49)	5.00,30(38,19)	
	5.38,71(38,41)	6.17,21(38,50)	6.55,74(38,53)	7.34,84(39,10)	
	8.13,67(38,83)	8.52,76(39,09)	9.31,40(38,64)	10.10,73(39,33)	
	10.49,65(38,92)	11.28,53(38,88)	12.07,64(39,11)	12.47,19(39,55)	
	13.25,68(38,49)	14.04,19(38,51)	14.43,37(39,18)	15.22,08(38,71)	
	16.01,29(39,21)	16.40,01(38,72)	17.19,29(39,28)	17.57,45(38,16)	
	18.35,17(37,72)	19.11,07(35,90)			
23	Gerd Anne Solibakke	94	Aalesund SLK	19.27,62	547
	34,61(34,61)	1.11,98(37,37)	1.50,15(38,17)	2.28,13(37,98)	
	3.06,56(38,43)	3.44,73(38,17)	4.23,46(38,73)	5.02,13(38,67)	
	5.41,08(38,95)	6.19,78(38,70)	6.59,09(39,31)	7.38,42(39,33)	
	8.17,94(39,52)	8.57,38(39,44)	9.36,93(39,55)	10.16,75(39,82)	
	10.56,50(39,75)	11.36,56(40,06)	12.15,63(39,07)	12.54,89(39,26)	
	13.34,08(39,19)	14.13,26(39,18)	14.52,62(39,36)	15.32,22(39,60)	
	16.11,79(39,57)	16.51,32(39,53)	17.30,49(39,17)	18.10,12(39,63)	
	18.49,59(39,47)	19.27,62(38,03)			

24	Line Cecilie Stenseth	90	Øvre Eiker SK	19.38,24	532
	35,11(35,11)	1.11,85(36,74)	1.49,51(37,66)	2.27,44(37,93)	
	3.05,15(37,71)	3.43,24(38,09)	4.21,66(38,42)	5.00,80(39,14)	
	5.40,03(39,23)	6.19,58(39,55)	6.59,15(39,57)	7.38,55(39,40)	
	8.18,66(40,11)	8.58,38(39,72)	9.37,86(39,48)	10.17,06(39,20)	
	10.56,94(39,88)	11.36,98(40,04)	12.17,61(40,63)	12.58,35(40,74)	
	13.38,63(40,28)	14.18,96(40,33)	14.59,10(40,14)	15.39,49(40,39)	
	16.19,19(39,70)	16.59,26(40,07)	17.39,22(39,96)	18.19,35(40,13)	
	18.59,33(39,98)	19.38,24(38,91)			

### Øvelse 46. 4\*100m lag medley, herrer - Junior

#### Junior

1	Bergensv. G1 jr.	JR	Bergensvømmerne	(0,82)	3.49,32	767
	Even Vike Holm:	28,59(28,59)	59,38(30,79)	59,38		
	Marcus Tesdal:	1.28,88(29,50)	2.03,06(34,18)	1.03,68		
	Sindri T. Jakobsson:	2.28,14(25,08)	2.57,59(29,45)	54,53		
	Zoltan Csernai:	3.22,41(24,82)	3.49,32(26,91)	51,73		
2	Bergens SC G1 jr.	JR	Bergens SC	(0,66)	4.00,46	666
	Lavrans Solli:	29,03(29,03)	59,63(30,60)	59,63		
	Martin Lygre Eriksen:	1.31,28(31,65)	2.08,05(36,77)	1.08,42		
	Stian S. Langeland:	2.33,77(25,72)	3.04,35(30,58)	56,30		
	Sindre Mowatt Gruben:	3.30,62(26,27)	4.00,46(29,84)	56,11		
3	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,74)	4.00,47	666
	Stian Andreas Evja:	29,83(29,83)	1.03,47(33,64)	1.03,47		
	Mikael Bergene:	1.33,57(30,10)	2.07,73(34,16)	1.04,26		
	Sindre Eilertsen:	2.34,59(26,86)	3.06,97(32,38)	59,24		
	Christian Thorsen:	3.32,55(25,58)	4.00,47(27,92)	53,50		
4	Team Stavanger G1 jr.	JR	Team Stavanger	(0,67)	4.04,92	630
	Eirik Ramstad:	32,91(32,91)	1.06,65(33,74)	1.06,65		
	Erling Mjøs Brattelid:	1.37,18(30,53)	2.12,80(35,62)	1.06,15		
	Ole Martin Ree:	2.39,93(27,13)	3.11,28(31,35)	58,48		
	Bjarte Ravndal:	3.36,32(25,04)	4.04,92(28,60)	53,64		
5	Bærumsv G2 jr.	JR	Bærumsvømmerne	(0,81)	4.05,45	626
	Tor Hafnor:	29,13(29,13)	1.00,40(31,27)	1.00,40		
	Andreas Linnerud:	1.33,11(32,71)	2.12,54(39,43)	1.12,14		
	Carl Andreas Wathne:	2.40,27(27,73)	3.12,61(32,34)	1.00,07		
	Stian Werner Erichsen:	3.37,57(24,96)	4.05,45(27,88)	52,84		
6	Florø SLK G1 jr.	JR	Florø SLK	(0,84)	4.07,53	610
	Simen Andreassen:	31,48(31,48)	1.05,01(33,53)	1.05,01		
	Hans Kristian Andersen:	1.35,91(30,90)	2.12,23(36,32)	1.07,22		
	Kristoffer D. Birkeland:	2.41,24(29,01)	3.14,40(33,16)	1.02,17		
	Mathias Sørstrand Æsøy:	3.39,39(24,99)	4.07,53(28,14)	53,13		
7	IL Varg G1 jr.	JR	IL Varg	(0,77)	4.07,66	609
	Mattis Saghaug:	29,93(29,93)	1.03,47(33,54)	1.03,47		
	Antonis Xepapadakis:	1.34,46(30,99)	2.12,20(37,74)	1.08,73		
	Jan-Tore Jessen Eikrem:	2.38,97(26,77)	3.11,74(32,77)	59,54		
	Odin Spangen Normann:	3.38,51(26,77)	4.07,66(29,15)	55,92		
8	Bergensv. G2 jr.	JR	Bergensvømmerne	(0,57)	4.08,00	607
	Eirik Runningen:	30,72(30,72)	1.04,08(33,36)	1.04,08		
	Simen Dale:	1.35,28(31,20)	2.11,35(36,07)	1.07,27		
	Sebastian Stordal:	2.38,66(27,31)	3.11,47(32,81)	1.00,12		
	Espen Halhjem:	3.38,31(26,84)	4.08,00(29,69)	56,53		
9	Sandnes SLK G1 jr.	JR	Sandnes SLK	(0,73)	4.11,29	583
	Joar Skien Grannes:	29,54(29,54)	1.01,14(31,60)	1.01,14		
	Petter Ledsaak:	1.34,36(33,22)	2.12,62(38,26)	1.11,48		
	Thor Helge Billington:	2.39,24(26,62)	3.13,59(34,35)	1.00,97		
	Erik William Ravndal:	3.40,77(27,18)	4.11,29(30,52)	57,70		
10	Asker SK G1 jr.	JR	Asker SK	(0,74)	4.13,52	568
	Kristoffer Skribeland:	30,51(30,51)	1.04,24(33,73)	1.04,24		
	Patrik Bubilek:	1.37,21(32,97)	2.15,93(38,72)	1.11,69		
	Jan Aleksander Bakke:	2.42,96(27,03)	3.15,61(32,65)	59,68		
	Eirik Standal Thoresen:	3.42,93(27,32)	4.13,52(30,59)	57,91		
11	Larvik SK G1 jr.	JR	Larvik SK	(0,62)	4.14,49	561
	Jørgen Aagaard-Nilsen Wiik:	31,11(31,11)	1.04,64(33,53)	1.04,64		
	Peder T. Haagensli:	1.37,61(32,97)	2.18,24(40,63)	1.13,60		
	Aksel B. Lindhjem:	2.46,48(28,24)	3.20,19(33,71)	1.01,95		
	Geir T. Kristiansen:	3.46,06(25,87)	4.14,49(28,43)	54,30		

12	Delfana G1 jr.	JR	Delfana	(0,74)	4.15,66	554
	Marius Thorsø:	31,92(31,92)	1.04,50(32,58)	1.04,50		
	Håvard Hole:	1.37,37(32,87)	2.15,09(37,72)	1.10,59		
	Øyvind L. Styrmo:	2.43,46(28,37)	3.16,71(33,25)	1.01,62		
	Markus Heimdal:	3.44,11(27,40)	4.15,66(31,55)	58,95		
13	Åstveit SK G1 jr.	JR	Åstveit SK	(0,68)	4.17,22	544
	Markus Lie:	33,15(33,15)	1.08,09(34,94)	1.08,09		
	Sondre Bryn:	1.42,25(34,16)	2.21,05(38,80)	1.12,96		
	Erlend Ulveseter:	2.48,38(27,33)	3.20,67(32,29)	59,62		
	Robin Sell Dyngeland:	3.47,34(26,67)	4.17,22(29,88)	56,55		
14	Skjetten Svømming G1 jr.	JR	Skjetten Svømming	(0,74)	4.21,25	519
	Håkon Brennhagen:	33,20(33,20)	1.08,45(35,25)	1.08,45		
	William Dahl:	1.42,46(34,01)	2.20,69(38,23)	1.12,24		
	Sindre S. Løbersli:	2.50,14(29,45)	3.24,11(33,97)	1.03,42		
	Ole Nævdal:	3.51,41(27,30)	4.21,25(29,84)	57,14		
15	Elverum IL G1 jr.	JR	Elverum Svømming	(0,64)	4.21,35	518
	Eirik B. Lund:	33,38(33,38)	1.09,27(35,89)	1.09,27		
	Christian Sunde:	1.42,11(32,84)	2.19,77(37,66)	1.10,50		
	Gunnar V. Skirbekk:	2.48,88(29,11)	3.22,69(33,81)	1.02,92		
	Ingvar V. Skirbekk:	3.50,65(27,96)	4.21,35(30,70)	58,66		
16	Oslo IL G1 jr.	JR	Oslo IL	(0,64)	4.25,32	495
	Henning Kaland:	31,81(31,81)	1.06,77(34,96)	1.06,77		
	Jon Erik Sønning:	1.40,00(33,23)	2.18,98(38,98)	1.12,21		
	Lars Nymoen:	2.46,83(27,85)	3.26,36(39,53)	1.07,38		
	Zakarias Nouri:	3.53,84(27,48)	4.25,32(31,48)	58,96		
17	Vestbyen IL G1 jr.	JR	Vestbyen IL	(0,73)	4.26,16	491
	Fredrik Tronvoll:	33,06(33,06)	1.09,85(36,79)	1.09,85		
	Christopher Wolf:	1.43,97(34,12)	2.24,01(40,04)	1.14,16		
	Sigvart Evjen:	2.53,43(29,42)	3.29,26(35,83)	1.05,25		
	Per Alexander Fladvad:	3.55,65(26,39)	4.26,16(30,51)	56,90		
18	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,76)	4.28,64	477
	Vebjørn Lindhjem:	33,70(33,70)	1.08,66(34,96)	1.08,66		
	Kjetil Flatland:	1.43,26(34,60)	2.22,92(39,66)	1.14,26		
	Tore Skauge Bysting:	2.52,21(29,29)	3.27,61(35,40)	1.04,69		
	Jarl André Bergsvenkerud:	3.56,59(28,98)	4.28,64(32,05)	1.01,03		
19	Ski SK G1 jr.	JR	Ski SK	(0,86)	4.47,26	390
	Einar Norum:	36,05(36,05)	1.15,44(39,39)	1.15,44		
	Thomas W. Kristiansen:	1.47,39(31,95)	2.24,10(36,71)	1.08,66		
	Kristian Bjelbøle Bakken:	3.00,58(36,48)	3.43,47(42,89)	1.19,37		
	Sven Peder Oseth:	4.14,05(30,58)	4.47,26(33,21)	1.03,79		
20	Vestkantsv. G2 jr.	JR	Vestkantsvømmerne	(0,66)	4.57,88	350
	Gjermund Fure Johansen:	35,86(35,86)	1.15,14(39,28)	1.15,14		
	Andreas Reinertsen:	1.52,27(37,13)	2.35,71(43,44)	1.20,57		
	Kristian Blummenfelt:	3.10,43(34,72)	3.50,52(40,09)	1.14,81		
	Anders Grasdahl:	4.23,08(32,56)	4.57,88(34,80)	1.07,36		
	Arna SLK G1 jr.	JR	Arna SLK	(0,71)	DISK	
	Simon Thunestvedt:	36,00(36,00)	1.13,53(37,53)	1.13,53		
	Martin Steffensen:					
	Eirik H. Wallevik:					
	Vetle Steffensen:					
	Hamar IL G1 jr.	JR	Hamar IL	(0,64)	DISK	
	Martin Skramstad:	30,63(30,63)	1.02,29(31,66)	1.02,29		
	Sigurd Ravnan:	1.34,36(32,07)	2.10,49(36,13)	1.08,20		
	Jonas Kirkeberg Jostad:	2.38,99(28,50)	3.12,28(33,29)	1.01,79		
	Daniel Stokke Pettersen:					
	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,70)	DISK	
	Vegard Løvberg:	28,69(28,69)	59,42(30,73)	59,42		
	Sebastian Wigstrøm:					
	Øystein R. Hetland:					
	Christer Koch Kvam:					
	Bergens SLK G1 jr.	JR	Bergens SLK	(0,60)	DISK	
	Anders Færø:	32,92(32,92)	1.07,61(34,69)	1.07,61		
	Christopher Williams:					
	Anders Hjelmaas:					
	Sven Berg:					
	Vestkantsv. G1 jr.	JR	Vestkantsvømmerne	(0,68)	DISK	
	Kristoffer Brekke:					
	Markus Vindenes:					
	Joachim André Jakobsen:					
	Vedbjørn Arne J. Aasheim:					