

Fredag 16. april kl 17.00

Øvelse 1. 400m fri, jenter 1997

Klasse født 97

1	Karianne Reinertsen	97	Vestkantsvømmerne	4.50,90	549
	32,43(32,43)	1.08,51(36,08)	1.45,64(37,13)	2.22,94(37,30)	
	3.00,31(37,37)	3.38,08(37,77)	4.15,61(37,53)	4.50,90(35,29)	
2	Majken Antonie Smith	97	Asker SK	4.51,55	546
	32,29(32,29)	1.08,45(36,16)	1.45,70(37,25)	2.23,11(37,41)	
	3.00,28(37,17)	3.38,25(37,97)	4.15,68(37,43)	4.51,55(35,87)	
3	Marte Dale	97	Vestkantsvømmerne	4.58,22	510
	32,66(32,66)	1.09,39(36,73)	1.47,59(38,20)	2.26,34(38,75)	
	3.04,60(38,26)	3.43,43(38,83)	4.21,63(38,20)	4.58,22(36,59)	
4	Åse Nytrø	97	Trondheim SLK	4.58,67	508
	32,46(32,46)	1.09,16(36,70)	1.47,21(38,05)	2.26,26(39,05)	
	3.04,21(37,95)	3.42,46(38,25)	4.20,74(38,28)	4.58,67(37,93)	
5	Ingrid Bergslid	97	Madla SK	5.00,19	500
	33,72(33,72)	1.11,20(37,48)	1.48,58(37,38)	2.27,20(38,62)	
	3.05,53(38,33)	3.44,04(38,51)	4.22,89(38,85)	5.00,19(37,30)	
6	Vanja Sand Syversen	97	Delfana	5.04,06	481
	33,93(33,93)	1.11,62(37,69)	1.49,84(38,22)	2.28,63(38,79)	
	3.07,46(38,83)	3.46,50(39,04)	4.25,83(39,33)	5.04,06(38,23)	
7	Nina Staveland	97	Madla SK	5.04,50	479
	34,95(34,95)	1.12,24(37,29)	1.50,24(38,00)	2.28,82(38,58)	
	3.07,79(38,97)	3.47,28(39,49)	4.26,32(39,04)	5.04,50(38,18)	
8	Ane Lee Johansen	97	Kristiansand SA	5.05,39	475
	34,14(34,14)	1.12,06(37,92)	1.50,66(38,60)	2.29,32(38,66)	
	3.08,26(38,94)	3.47,35(39,09)	4.27,21(39,86)	5.05,39(38,18)	
9	Toni G. Coudray	97	Bergens SC	5.05,46	475
	34,85(34,85)	1.12,80(37,95)	1.51,66(38,86)	2.30,55(38,89)	
	3.09,55(39,00)	3.48,86(39,31)	4.27,94(39,08)	5.05,46(37,52)	
10	Maria Willassen	97	SK Føniks	5.05,54	474
	33,46(33,46)	1.10,20(36,74)	1.48,28(38,08)	2.27,23(38,95)	
	3.06,32(39,09)	3.45,84(39,52)	4.26,38(40,54)	5.05,54(39,16)	
11	Stina Heimnes	97	Åstveit SK	5.06,40	470
	34,80(34,80)	1.13,00(38,20)	1.51,62(38,62)	2.30,32(38,70)	
	3.09,75(39,43)	3.49,32(39,57)	4.28,53(39,21)	5.06,40(37,87)	
12	Sofie Reisænen	97	Varodd SK	5.06,48	470
	33,59(33,59)	1.11,51(37,92)	1.50,34(38,83)	2.29,67(39,33)	
	3.09,54(39,87)	3.49,30(39,76)	4.28,46(39,16)	5.06,48(38,02)	
13	Line Henanger	97	Lambertseter SK	5.07,27	466
	35,16(35,16)	1.13,37(38,21)	1.52,69(39,32)	2.32,60(39,91)	
	3.12,51(39,91)	3.51,82(39,31)	4.30,66(38,84)	5.07,27(36,61)	
14	Vilje Mohagen	97	Skjetten Svømming	5.07,79	464
				5.07,79(5.07,79)	
14	Sandra Sola	97	Madla SK	5.07,79	464
	34,08(34,08)	1.11,16(37,08)	1.49,62(38,46)	2.28,88(39,26)	
	3.08,81(39,93)	3.49,09(40,28)	4.29,09(40,00)	5.07,79(38,70)	
16	Ida Amalie Myhr	97	Lambertseter SK	5.08,73	460
		3.52,06(1.19,56)		2.32,50(2.32,50)	
				5.08,73(1.16,67)	
17	Frida Kristensen	97	Kolbotn IL	5.12,08	445
	34,21(34,21)	1.11,10(36,89)	1.49,81(38,71)	2.29,85(40,04)	
	3.10,09(40,24)	3.50,78(40,69)	4.31,65(40,87)	5.12,08(40,43)	
18	Ida Jenssen Lirhus	97	Madla SK	5.12,93	441
	34,99(34,99)	1.12,82(37,83)	1.52,27(39,45)	2.32,12(39,85)	
	3.12,36(40,24)	3.52,66(40,30)	4.33,29(40,63)	5.12,93(39,64)	
19	Ida Tomine Glomsaker	97	Madla SK	5.13,52	439
	35,34(35,34)	1.14,97(39,63)	1.54,81(39,84)	2.35,34(40,53)	
	3.15,38(40,04)	3.56,20(40,82)	4.35,89(39,69)	5.13,52(37,63)	
20	Ada Jakobsen Avlund	97	Lambertseter SK	5.18,82	417
	35,89(35,89)	1.15,57(39,68)	1.55,92(40,35)	2.36,74(40,82)	
	3.17,58(40,84)	3.58,43(40,85)	4.39,36(40,93)	5.18,82(39,46)	

21	Mathilde Rasmussen	97	Arna SLK	5.21,62	407
	35,85(35,85)	1.15,68(39,83)	1.56,22(40,54)	2.37,07(40,85)	
	3.18,21(41,14)	3.59,17(40,96)	4.41,12(41,95)	5.21,62(40,50)	
22	Marie Malvik	97	Poseidon	5.26,61	388
	35,48(35,48)	1.15,23(39,75)	1.55,73(40,50)	2.37,25(41,52)	
	3.18,79(41,54)	4.01,79(43,00)	4.44,95(43,16)	5.26,61(41,66)	
23	Linda Pedersen	97	Sørreisa SK	5.33,45	365
	3.23,59(44,03)	4.07,80(44,21)	1.57,16(1.57,16)	2.39,56(42,40)	
			4.52,34(44,54)	5.33,45(41,11)	
24	Lotte Stubdal	97	Lambertseter SK	5.43,05	335
	36,69(36,69)	1.18,05(41,36)	2.01,50(43,45)		
				5.43,05(3.41,55)	

Øvelse 2. 400m fri, gutter 1997

Klasse født 97

1	Fredrik Løvberg	97	Lambertseter SK	4.35,22	484
	30,80(30,80)	1.04,71(33,91)	1.39,24(34,53)	2.14,57(35,33)	
	2.49,63(35,06)	3.25,33(35,70)	4.01,07(35,74)	4.35,22(34,15)	
2	Maurice Sudkamp	97	Randaberg IL	4.47,34	425
	31,88(31,88)	1.06,84(34,96)	1.42,86(36,02)	2.19,55(36,69)	
	2.56,67(37,12)	3.34,27(37,60)	4.11,66(37,39)	4.47,34(35,68)	
3	Mads Henry Steinland	97	Bærumsvømmerne	4.48,63	420
	31,48(31,48)	1.06,97(35,49)	1.43,27(36,30)	2.20,57(37,30)	
	2.57,85(37,28)	3.35,26(37,41)	4.13,00(37,74)	4.48,63(35,63)	
4	Matias Gulestøl	97	Svelgen TIF	4.52,03	405
	31,59(31,59)	1.07,17(35,58)	1.44,54(37,37)	2.22,68(38,14)	
	3.01,01(38,33)	3.38,28(37,27)	4.16,52(38,24)	4.52,03(35,51)	
5	Tinus Sola Flagstad	97	Asker SK	4.54,98	393
	31,96(31,96)	1.08,12(36,16)	1.45,63(37,51)	2.23,44(37,81)	
	3.01,49(38,05)	3.39,93(38,44)	4.18,01(38,08)	4.54,98(36,97)	
6	Nils Lervik	97	Asker SK	4.55,05	393
	32,53(32,53)	1.08,17(35,64)	1.45,54(37,37)		
	3.02,71(1.17,17)	3.40,61(37,90)	4.18,35(37,74)	4.55,05(36,70)	
7	Erik Årslund Gidskehaug	97	Bryne SK	4.55,62	391
	33,48(33,48)	1.09,95(36,47)	1.47,33(37,38)	2.25,16(37,83)	
	3.03,24(38,08)	3.41,74(38,50)	4.19,83(38,09)	4.55,62(35,79)	
8	Eirik Frestad	97	Kristiansand SA	4.55,87	390
	32,48(32,48)	1.09,64(37,16)	1.47,55(37,91)	2.25,60(38,05)	
	3.04,08(38,48)	3.42,28(38,20)	4.19,69(37,41)	4.55,87(36,18)	
9	Jonas Hagmansen	97	SK Speed	4.58,94	378
	32,51(32,51)	1.08,58(36,07)	1.47,19(38,61)	2.26,07(38,88)	
	3.05,01(38,94)	3.43,41(38,40)	4.21,87(38,46)	4.58,94(37,07)	
10	Sivert Skarning	97	Sarpsborg IL	4.59,09	377
	32,84(32,84)	1.10,29(37,45)	1.48,50(38,21)	2.27,69(39,19)	
	3.06,76(39,07)	3.45,67(38,91)	4.24,09(38,42)	4.59,09(35,00)	
11	Halvor Arne Borgstrøm	97	Stavanger SC	5.00,74	371
	32,15(32,15)	1.08,38(36,23)	1.47,05(38,67)	2.26,49(39,44)	
	3.05,78(39,29)	3.45,25(39,47)	4.24,11(38,86)	5.00,74(36,63)	
12	Dennis Asbjørnsen	97	Madla SK	5.00,83	371
	34,19(34,19)	1.12,12(37,93)	1.50,22(38,10)	2.27,85(37,63)	
	3.06,02(38,17)	3.44,88(38,86)	4.23,76(38,88)	5.00,83(37,07)	
13	Tim Samuelsen	97	Madla SK	5.01,55	368
	33,62(33,62)	1.10,90(37,28)	1.48,59(37,69)	2.27,12(38,53)	
	3.05,90(38,78)	3.44,67(38,77)	4.23,96(39,29)	5.01,55(37,59)	
14	Ole-Marius Bunæs	97	Haldens SK	5.01,78	367
	32,70(32,70)	1.09,90(37,20)	1.47,77(37,87)	2.26,48(38,71)	
	3.06,03(39,55)	3.45,22(39,19)	4.24,47(39,25)	5.01,78(37,31)	
15	Eirik Midtun	97	Bergkameratene	5.03,31	362
	34,28(34,28)	1.11,90(37,62)	1.50,72(38,82)	2.29,03(38,31)	
	3.07,81(38,78)	3.46,68(38,87)	4.26,13(39,45)	5.03,31(37,18)	
16	Espen Høglo	97	Vågsbygd SLK	5.04,96	356
	34,19(34,19)	1.12,54(38,35)	1.51,04(38,50)	2.30,28(39,24)	
	3.09,25(38,97)	3.47,82(38,57)	4.25,98(38,16)	5.04,96(38,98)	

17	Harald Goa Fagerheim	97	Karmøy SK	5.05,46	354
			1.45,78(1.45,78)	2.25,20(39,42)	
			4.25,76(2.00,56)	5.05,46(39,70)	
18	Ragnar Daldorff	97	Kirkenes SK	5.06,07	352
	35,06(35,06)	1.13,90(38,84)	1.53,51(39,61)	2.33,22(39,71)	
	3.12,31(39,09)	3.50,34(38,03)	4.29,09(38,75)	5.06,07(36,98)	
19	Arjan Nilsen	97	Ski SK	5.09,07	342
	35,02(35,02)	1.13,49(38,47)	1.52,49(39,00)	2.32,20(39,71)	
	3.11,98(39,78)	3.51,77(39,79)	4.30,90(39,13)	5.09,07(38,17)	
20	Truls-Petter Müller	97	Bærumsvømmerne	5.10,15	338
	33,15(33,15)	1.11,52(38,37)	1.51,33(39,81)	2.31,22(39,89)	
	3.10,87(39,65)	3.51,26(40,39)	4.31,61(40,35)	5.10,15(38,54)	
21	Martin Hjelmstad	97	Skjetten Svømming	5.11,41	334
	35,15(35,15)	1.14,60(39,45)	1.54,72(40,12)	2.34,27(39,55)	
	3.14,06(39,79)	3.54,18(40,12)	4.34,06(39,88)	5.11,41(37,35)	
22	Ulrik Rasch Bakke	97	Elverum Svømming	5.17,41	316
	34,12(34,12)	1.13,04(38,92)	1.53,37(40,33)	2.34,11(40,74)	
	3.15,06(40,95)	3.55,82(40,76)	4.36,93(41,11)	5.17,41(40,48)	
23	Sigurd Holten Bøen	97	Aalesund SLK	5.17,87	314
	31,32(31,32)	1.08,58(37,26)	1.49,58(41,00)	2.30,79(41,21)	
	3.12,69(41,90)	3.54,80(42,11)	4.36,59(41,79)	5.17,87(41,28)	
24	Michael Grund	97	Vågsbygd SLK	5.27,22	288
	34,87(34,87)	1.15,05(40,18)	1.56,63(41,58)	2.38,55(41,92)	
	3.21,19(42,64)	4.03,81(42,62)	4.46,16(42,35)	5.27,22(41,06)	

Øvelse 3. 400m fri, jenter 1996

Klasse født 96

1	Elin Haugland	96	Delfana	4.32,35	670
	30,78(30,78)	1.04,11(33,33)	1.38,12(34,01)	2.12,66(34,54)	
	2.47,41(34,75)	3.22,73(35,32)	3.57,96(35,23)	4.32,35(34,39)	
2	Tina Schütz	96	Vestkantsvømmerne	4.36,95	637
	32,21(32,21)	1.06,58(34,37)	1.41,61(35,03)	2.16,66(35,05)	
	2.51,81(35,15)	3.27,15(35,34)	4.02,67(35,52)	4.36,95(34,28)	
3	Elida Hole	96	Vestkantsvømmerne	4.40,25	614
	32,13(32,13)	1.06,53(34,40)	1.42,79(36,26)	2.18,93(36,14)	
	2.54,93(36,00)	3.30,51(35,58)	4.05,84(35,33)	4.40,25(34,41)	
4	Tone Lill Evanger	96	Delfana	4.41,37	607
	31,46(31,46)	1.06,35(34,89)	1.42,10(35,75)	2.18,17(36,07)	
	2.54,27(36,10)	3.30,49(36,22)	4.06,54(36,05)	4.41,37(34,83)	
5	Maria Thompson Clausen	96	Madla SK	4.43,01	597
	32,41(32,41)	1.07,37(34,96)	1.42,96(35,59)	2.19,21(36,25)	
	2.55,71(36,50)	3.32,24(36,53)	4.08,03(35,79)	4.43,01(34,98)	
6	Helene Strømnes	96	Kongstensvømmerne	4.43,95	591
	31,86(31,86)	1.06,73(34,87)	1.42,85(36,12)	2.19,21(36,36)	
	2.55,39(36,18)	3.32,11(36,72)	4.08,58(36,47)	4.43,95(35,37)	
7	Malene M. Pedersen	96	Lambertseter SK	4.44,65	586
	32,20(32,20)	1.07,22(35,02)	1.43,01(35,79)	2.18,99(35,98)	
	2.55,55(36,56)	3.32,44(36,89)	4.09,16(36,72)	4.44,65(35,49)	
8	Lisa Skogeng	96	Delfana	4.45,49	581
	32,30(32,30)	1.07,19(34,89)		2.19,40(1.12,21)	
	2.55,66(36,26)		4.09,41(1.13,75)	4.45,49(36,08)	
9	Vilde Tengedal	96	Bryne SK	4.45,78	580
	31,42(31,42)	1.06,89(35,47)	1.42,72(35,83)	2.19,11(36,39)	
	2.55,97(36,86)	3.32,79(36,82)	4.09,82(37,03)	4.45,78(35,96)	
10	Amalie Thorstensen	96	Vågsbygd SLK	4.45,96	578
	31,60(31,60)	1.07,04(35,44)	1.43,09(36,05)	2.19,49(36,40)	
	2.56,44(36,95)	3.33,37(36,93)	4.10,35(36,98)	4.45,96(35,61)	
11	Vår Celine Søgaaard	96	Lambertseter SK	4.47,67	568
	31,54(31,54)	1.06,56(35,02)	1.42,67(36,11)	2.19,52(36,85)	
	2.57,27(37,75)	3.34,58(37,31)	4.12,15(37,57)	4.47,67(35,52)	
12	Sara Louise Pedersen	96	Poseidon	4.52,46	541
	32,39(32,39)	1.07,79(35,40)	1.43,84(36,05)	2.20,98(37,14)	
	2.58,32(37,34)	3.36,30(37,98)	4.14,47(38,17)	4.52,46(37,99)	

13	Guro Aas	96	Vågsbygd SLK	4.52,99	538
	32,10(32,10)	1.07,43(35,33)	1.44,13(36,70)	2.21,76(37,63)	
	2.59,77(38,01)	3.38,28(38,51)	4.16,51(38,23)	4.52,99(36,48)	
14	Stina Victoria Nordberg	96	Oslo IL	4.53,35	536
	32,12(32,12)	1.07,68(35,56)	1.44,66(36,98)	2.22,20(37,54)	
	3.00,25(38,05)	3.38,27(38,02)	4.16,54(38,27)	4.53,35(36,81)	
15	Patricia Baay Kristoffersen	96	Sandefjord SK	4.53,74	534
	32,20(32,20)	1.08,00(35,80)	1.45,12(37,12)	2.22,65(37,53)	
	3.00,76(38,11)	3.38,87(38,11)	4.17,60(38,73)	4.53,74(36,14)	
16	Eline Mathilde Swensen	96	Ski SK	4.55,29	525
	33,34(33,34)	1.10,18(36,84)	1.47,35(37,17)	2.24,93(37,58)	
	3.03,46(38,53)	3.40,69(37,23)	4.18,86(38,17)	4.55,29(36,43)	
17	Christine Akselberg	96	Arna SLK	4.55,54	524
	32,42(32,42)	1.08,86(36,44)	1.46,20(37,34)	2.24,14(37,94)	
	3.02,61(38,47)	3.40,93(38,32)	4.18,81(37,88)	4.55,54(36,73)	
18	Marte Stamland	96	Poseidon	4.57,23	515
	33,21(33,21)	1.09,93(36,72)		2.25,87(1.15,94)	
	3.04,08(38,21)	3.42,61(38,53)	4.20,81(38,20)	4.57,23(36,42)	
19	Lotte Miller	96	Madla SK	4.57,65	513
	32,75(32,75)	1.09,36(36,61)	1.47,14(37,78)	2.25,52(38,38)	
	3.03,47(37,95)	3.42,54(39,07)	4.21,04(38,50)	4.57,65(36,61)	
20	Une Johnsen	96	Mandal SK	4.59,06	506
	32,70(32,70)	1.08,68(35,98)	1.46,55(37,87)	2.24,64(38,09)	
	3.03,24(38,60)	3.42,08(38,84)	4.21,16(39,08)	4.59,06(37,90)	
21	Helle Gusjås	96	Fauske SK	5.01,13	495
	33,26(33,26)	1.10,76(37,50)	1.48,65(37,89)	2.26,70(38,05)	
	3.05,44(38,74)	3.44,36(38,92)	4.23,30(38,94)	5.01,13(37,83)	
22	Emilie K. Hegdal	96	Stavanger SC	5.01,30	494
	33,04(33,04)	1.09,71(36,67)	1.47,53(37,82)	2.25,34(37,81)	
	3.04,06(38,72)	3.43,23(39,17)	4.22,35(39,12)	5.01,30(38,95)	
23	Elisabeth Støver	96	Modum SK	5.02,98	486
	32,36(32,36)	1.08,62(36,26)	1.46,54(37,92)	2.25,04(38,50)	
	3.04,41(39,37)	3.43,89(39,48)	4.24,01(40,12)	5.02,98(38,97)	
24	Viktoria Juel	96	Trondheim SLK	5.19,23	416
	34,20(34,20)	1.13,44(39,24)	1.54,23(40,79)	2.34,83(40,60)	
	3.15,99(41,16)	3.57,50(41,51)	4.38,83(41,33)	5.19,23(40,40)	

Øvelse 4. 400m fri, gutter 1996

Klasse født 96

1	Morten Wee Hollund	96	Karmøy SK	4.23,33	553
	29,42(29,42)	1.03,08(33,66)	1.37,12(34,04)	2.10,23(33,11)	
	2.44,24(34,01)	3.19,39(35,15)	3.51,53(32,14)	4.23,33(31,80)	
2	Knut Oscar Skipperud	96	Askimsvømmerne	4.25,06	542
	29,48(29,48)	1.02,51(33,03)	1.36,54(34,03)	2.10,57(34,03)	
	2.44,40(33,83)	3.19,28(34,88)	3.52,31(33,03)	4.25,06(32,75)	
3	Sander Andersen	96	Poseidon	4.30,12	512
	28,86(28,86)	1.02,03(33,17)	1.35,57(33,54)	2.09,77(34,20)	
	2.44,28(34,51)	3.19,41(35,13)	3.54,95(35,54)	4.30,12(35,17)	
4	Armin Porobic	96	Lambertseter SK	4.30,79	508
	29,14(29,14)	1.02,90(33,76)	1.37,27(34,37)	2.12,15(34,88)	
	2.46,99(34,84)	3.21,75(34,76)	3.56,38(34,63)	4.30,79(34,41)	
5	Henrik Christiansen	96	Skjetten Svømming	4.33,15	495
	30,96(30,96)	1.04,43(33,47)	1.38,97(34,54)	2.13,67(34,70)	
	2.48,91(35,24)	3.24,20(35,29)	3.59,46(35,26)	4.33,15(33,69)	
6	Ole Martin Bjørlykke	96	Aalesund SLK	4.33,50	493
	30,46(30,46)	1.03,11(32,65)	1.37,15(34,04)	2.11,95(34,80)	
	2.47,04(35,09)	3.22,65(35,61)	3.58,55(35,90)	4.33,50(34,95)	
7	Sindre Aasland Ranaweera	96	Madla SK	4.34,76	487
	29,69(29,69)	1.02,55(32,86)	1.36,86(34,31)	2.11,67(34,81)	
	2.46,35(34,68)	3.21,97(35,62)	3.58,15(36,18)	4.34,76(36,61)	
8	Bendik Søfteland	96	Sarpsborg IL	4.34,93	486
	30,56(30,56)	1.05,17(34,61)	1.40,12(34,95)	2.15,15(35,03)	
	2.50,19(35,04)	3.26,26(36,07)	4.02,22(35,96)	4.34,93(32,71)	

9	Sigve Ekeli Nystuen	96	Asker SK	4.35,31	484
	30,23(30,23)	1.04,02(33,79)	1.38,84(34,82)	2.14,44(35,60)	
	2.50,12(35,68)	3.25,99(35,87)	4.01,67(35,68)	4.35,31(33,64)	
10	Philip Solheim	96	Sarpsborg IL	4.35,79	481
	29,96(29,96)	1.04,03(34,07)	1.39,12(35,09)	2.14,78(35,66)	
	2.50,95(36,17)		4.03,31(1.12,36)	4.35,79(32,48)	
11	Steven Knutsson	96	Kongstensvømmerne	4.35,95	480
	30,24(30,24)	1.04,06(33,82)	1.38,74(34,68)	2.13,93(35,19)	
	2.49,22(35,29)	3.24,83(35,61)	4.00,95(36,12)	4.35,95(35,00)	
12	David Engen	96	Haldens SK	4.36,89	475
	29,29(29,29)	1.02,95(33,66)	1.37,90(34,95)	2.14,12(36,22)	
	2.50,16(36,04)	3.25,59(35,43)	4.01,38(35,79)	4.36,89(35,51)	
13	Sander Sivertsen	96	Vestkantsvømmerne	4.39,61	462
	30,94(30,94)	1.05,52(34,58)	1.40,13(34,61)	2.15,92(35,79)	
	2.51,67(35,75)	3.27,42(35,75)	4.03,72(36,30)	4.39,61(35,89)	
14	Philip Budd	96	Poseidon	4.41,56	452
	31,61(31,61)	1.06,95(35,34)	1.42,63(35,68)	2.18,31(35,68)	
	2.53,97(35,66)	3.30,05(36,08)	4.07,27(37,22)	4.41,56(34,29)	
15	Mathias Thorkildsen	96	Bærumsvømmerne	4.42,49	448
	30,75(30,75)	1.04,67(33,92)	1.39,92(35,25)	2.15,68(35,76)	
	2.52,45(36,77)	3.29,05(36,60)	4.06,51(37,46)	4.42,49(35,98)	
16	Tage Singstad	96	Vestbyen IL	4.43,15	445
	31,23(31,23)	1.05,85(34,62)	1.40,95(35,10)	2.17,54(36,59)	
	2.53,94(36,40)	3.30,95(37,01)	4.07,69(36,74)	4.43,15(35,46)	
17	Grunde Myhrer	96	Oslo IL	4.44,77	437
	30,04(30,04)	1.04,28(34,24)	1.39,51(35,23)	2.15,43(35,92)	
	2.52,38(36,95)	3.29,80(37,42)	4.07,48(37,68)	4.44,77(37,29)	
18	Henrik Flood Kvien	96	SK Speed	4.46,24	430
	32,63(32,63)	1.08,41(35,78)	1.45,34(36,93)	2.22,08(36,74)	
	2.58,45(36,37)	3.35,12(36,67)	4.11,86(36,74)	4.46,24(34,38)	
19	Jacob W. Berger	96	Haldens SK	4.46,67	428
	31,54(31,54)	1.08,03(36,49)	1.44,59(36,56)	2.22,11(37,52)	
	2.59,72(37,61)	3.37,08(37,36)	4.13,31(36,23)	4.46,67(33,36)	
20	Kacper Domanski	96	Madla SK	4.46,90	427
	31,39(31,39)	1.06,75(35,36)	1.43,24(36,49)	2.21,04(37,80)	
	2.58,31(37,27)	3.35,24(36,93)	4.12,97(37,73)	4.46,90(33,93)	
21	Daniel Nesbø	96	Skjetten Svømming	4.47,60	424
	31,67(31,67)	1.07,53(35,86)	1.44,48(36,95)	2.20,70(36,22)	
	2.57,79(37,09)	3.35,48(37,69)	4.12,57(37,09)	4.47,60(35,03)	
22	Eirik Johnsen	96	Bergens SC	4.47,69	424
	31,29(31,29)	1.06,74(35,45)	1.43,19(36,45)	2.20,40(37,21)	
	2.57,43(37,03)	3.34,67(37,24)	4.11,82(37,15)	4.47,69(35,87)	
23	Håkon Torstrup	96	Mandal SK	4.53,66	399
		1.06,60(1.06,60)	1.43,77(37,17)		
	Håkon P. Ludvigsen	96	Randaberg IL	4.53,66(3.09,89)	
				BRUTT	

Øvelse 5. 400m fri, jenter 1995

Klasse født 95

1	Emilie Nyenget Løvberg	95	Bærumsvømmerne	4.29,34	692
	31,04(31,04)	1.05,23(34,19)	1.39,12(33,89)	2.13,28(34,16)	
	2.48,17(34,89)	3.22,60(34,43)	3.56,82(34,22)	4.29,34(32,52)	
2	Andrea Westbye	95	Bærumsvømmerne	4.31,35	677
	31,37(31,37)	1.04,91(33,54)	1.39,05(34,14)	2.13,66(34,61)	
	2.48,32(34,66)	3.23,24(34,92)	3.57,66(34,42)	4.31,35(33,69)	
3	Oda Gjerde	95	Bryne SK	4.32,25	670
	31,17(31,17)	1.05,21(34,04)	1.39,79(34,58)	2.14,37(34,58)	
	2.49,09(34,72)	3.24,15(35,06)	3.58,77(34,62)	4.32,25(33,48)	
4	Ellen Camilla Hansen	95	Øvre Eiker SK	4.34,56	653
	31,47(31,47)	1.05,31(33,84)	1.39,98(34,67)	2.14,62(34,64)	
	2.49,94(35,32)	3.25,27(35,33)	4.00,15(34,88)	4.34,56(34,41)	
5	Ane Nygård	95	Stavanger SC	4.35,27	648
	31,44(31,44)	1.05,52(34,08)	1.40,65(35,13)	2.15,53(34,88)	
	2.50,41(34,88)	3.25,51(35,10)	4.00,77(35,26)	4.35,27(34,50)	

6	Lise Sand Syversen	95	BS/Delfana	4.38,55	626
	31,54(31,54)	1.06,36(34,82)	1.41,62(35,26)	2.17,31(35,69)	
	2.52,31(35,00)	3.27,74(35,43)	4.03,44(35,70)	4.38,55(35,11)	
7	Ingalill Urrang Naustvik	95	Karmøy SK	4.39,19	622
	31,16(31,16)	1.04,83(33,67)	1.39,40(34,57)	2.14,05(34,65)	
	2.49,67(35,62)	3.26,04(36,37)	4.03,23(37,19)	4.39,19(35,96)	
8	Andrine Davidsen	95	Lambertseter SK	4.40,70	612
	31,63(31,63)	1.06,10(34,47)	1.41,32(35,22)	2.16,79(35,47)	
	2.52,56(35,77)	3.29,28(36,72)	4.05,50(36,22)	4.40,70(35,20)	
9	Vilde Stordal	95	Delfana	4.40,93	610
	32,29(32,29)	1.07,48(35,19)	1.43,86(36,38)	2.21,20(37,34)	
	2.56,49(35,29)	3.31,62(35,13)	4.07,54(35,92)	4.40,93(33,39)	
10	Elina Øverås	95	Lørenskog/Rælingen	4.42,26	601
	31,01(31,01)	1.05,03(34,02)	1.40,33(35,30)	2.16,27(35,94)	
	2.52,81(36,54)	3.29,83(37,02)	4.06,93(37,10)	4.42,26(35,33)	
11	Pernille Berntsen	95	Førde IL	4.47,81	567
	31,25(31,25)	1.05,83(34,58)	1.41,51(35,68)	2.18,24(36,73)	
	2.55,18(36,94)	3.33,14(37,96)	4.11,28(38,14)	4.47,81(36,53)	
12	Marte K. Bolstad	95	Asker SK	4.48,30	564
	31,82(31,82)	1.06,54(34,72)	1.42,03(35,49)	2.18,36(36,33)	
	2.55,15(36,79)	3.32,66(37,51)	4.10,73(38,07)	4.48,30(37,57)	
13	Amalie Kristiansen	95	Haugesund SK	4.49,91	555
	31,09(31,09)	1.06,38(35,29)	1.42,39(36,01)	2.19,57(37,18)	
	2.57,09(37,52)	3.34,76(37,67)	4.12,72(37,96)	4.49,91(37,19)	
14	Sara Boukili	95	SK Speed	4.50,70	551
	31,95(31,95)	1.07,03(35,08)	1.43,19(36,16)	2.20,34(37,15)	
	2.57,92(37,58)	3.35,81(37,89)	4.13,69(37,88)	4.50,70(37,01)	
15	Mette Mellbye Larsen	95	Asker SK	4.50,88	550
	32,74(32,74)	1.08,38(35,64)	1.44,72(36,34)	2.21,61(36,89)	
	2.57,63(36,02)	3.35,01(37,38)	4.13,12(38,11)	4.50,88(37,76)	
16	Caroline R. Helgesen	95	Aalesund SLK	4.51,93	544
	31,48(31,48)	1.05,86(34,38)	1.41,96(36,10)	2.19,12(37,16)	
	2.56,97(37,85)	3.35,02(38,05)	4.13,66(38,64)	4.51,93(38,27)	
17	Mari Nerdrum	95	Asker SK	4.51,95	544
	33,58(33,58)	1.09,84(36,26)	1.46,89(37,05)	2.24,29(37,40)	
	3.01,43(37,14)	3.38,53(37,10)	4.15,94(37,41)	4.51,95(36,01)	
18	Sandra Bernhoft	95	Delfana	4.56,22	520
	32,70(32,70)	1.09,59(36,89)	1.46,54(36,95)	2.24,42(37,88)	
	3.02,23(37,81)	3.40,52(38,29)	4.19,00(38,48)	4.56,22(37,22)	
19	Rikke Amalie Nagell-Kleven	95	Asker SK	5.01,60	493
	31,90(31,90)	1.07,95(36,05)	1.46,20(38,25)	2.25,12(38,92)	
	3.04,18(39,06)	3.43,91(39,73)	4.23,38(39,47)	5.01,60(38,22)	
20	Karina Brunstad Fet	95	Aalesund SLK	5.04,56	479
	31,54(31,54)	1.07,82(36,28)	1.45,91(38,09)	2.25,13(39,22)	
	3.04,24(39,11)	3.44,22(39,98)	4.24,50(40,28)	5.04,56(40,06)	
21	Anne Kristin Berge	95	Asker SK	5.04,63	478
	32,13(32,13)	1.08,17(36,04)	1.46,62(38,45)	2.26,39(39,77)	
	3.06,72(40,33)	3.47,23(40,51)	4.27,03(39,80)	5.04,63(37,60)	
22	Marie Svensson	95	Skjetten Svømming	5.05,89	473
	33,90(33,90)	1.10,67(36,77)	1.49,09(38,42)	2.28,06(38,97)	
	3.07,32(39,26)	3.47,32(40,00)	4.27,81(40,49)	5.05,89(38,08)	
23	Mari Mjøllhus Kristoffersen	95	Madla SK	5.14,08	437
	35,72(35,72)	1.14,29(38,57)	1.53,73(39,44)	2.33,28(39,55)	
	3.13,66(40,38)	3.54,25(40,59)	4.34,65(40,40)	5.14,08(39,43)	

Øvelse 6. 400m fri, gutter 1995

Klasse født 95

1	Erik Tobias Sollesnes	95	Kolbotn IL	4.11,47	635
	28,06(28,06)	59,09(31,03)	1.30,50(31,41)	2.03,03(32,53)	
	2.35,28(32,25)		3.40,71(1.05,43)	4.11,47(30,76)	
2	Vebjørn Lindhjem	95	Lørenskog/Rælingen	4.11,62	634
	29,14(29,14)	1.00,32(31,18)	1.32,57(32,25)	2.04,96(32,39)	
	2.36,52(31,56)	3.08,98(32,46)	3.41,11(32,13)	4.11,62(30,51)	
3	Ivan Aleksander Larsen	95	Karmøy SK	4.19,79	576
	28,60(28,60)	59,49(30,89)	1.31,44(31,95)	2.04,40(32,96)	
	2.38,03(33,63)	3.12,19(34,16)	3.46,39(34,20)	4.19,79(33,40)	

4	Andreas Bunæs	95	Haldens SK	4.20,66	570
	29,98(29,98)	1.01,77(31,79)	1.35,34(33,57)	2.08,80(33,46)	
	2.41,95(33,15)	3.48,91(1.06,96)		4.20,66(31,75)	
5	Alexander Marki Mork	95	Stavanger SC	4.21,53	564
	29,48(29,48)	1.01,93(32,45)	1.35,29(33,36)	2.08,36(33,07)	
	2.41,70(33,34)	3.15,67(33,97)	3.49,47(33,80)	4.21,53(32,06)	
6	Eirik Nielsen	95	Poseidon	4.22,35	559
	29,37(29,37)	1.01,43(32,06)	1.34,03(32,60)	2.07,45(33,42)	
	2.40,88(33,43)	3.15,00(34,12)	3.49,75(34,75)	4.22,35(32,60)	
7	Jonas Ødegård Aanby	95	Delfana	4.22,46	558
	29,58(29,58)	1.02,03(32,45)	1.34,72(32,69)	2.08,01(33,29)	
	2.41,68(33,67)	3.15,31(33,63)	3.49,21(33,90)	4.22,46(33,25)	
8	Martin Næss Kjølholdt	95	Kolbotn IL	4.23,85	549
	29,96(29,96)	1.02,76(32,80)	1.35,94(33,18)	2.09,81(33,87)	
	2.43,71(33,90)	3.17,70(33,99)	3.50,82(33,12)	4.23,85(33,03)	
9	Henrik Søfteland	95	Delfana	4.25,32	540
	30,47(30,47)	1.03,92(33,45)	1.37,52(33,60)	2.11,09(33,57)	
	2.45,47(34,38)	3.19,74(34,27)	3.53,12(33,38)	4.25,32(32,20)	
10	Jørgen Gundersen	95	Lørenskog/Rælingen	4.27,02	530
	30,96(30,96)	1.03,87(32,91)	1.36,79(32,92)	2.10,32(33,53)	
	2.44,05(33,73)	3.18,16(34,11)	3.52,69(34,53)	4.27,02(34,33)	
11	Daniel Sandhåland	95	Karmøy SK	4.28,17	523
	29,82(29,82)	1.02,93(33,11)	1.36,37(33,44)	2.10,75(34,38)	
	2.44,54(33,79)	3.19,25(34,71)	3.54,30(35,05)	4.28,17(33,87)	
12	Markus Lie	95	Åstveit SK	4.31,25	506
	30,55(30,55)	1.04,39(33,84)	1.38,29(33,90)	2.12,35(34,06)	
	2.47,22(34,87)	3.57,18(1.09,96)		4.31,25(34,07)	
13	Tord Gunnar Fjeld	95	Hamar IL	4.32,05	501
	31,24(31,24)	1.05,16(33,92)	1.39,48(34,32)	2.13,92(34,44)	
	2.48,19(34,27)	3.22,94(34,75)	3.57,77(34,83)	4.32,05(34,28)	
14	Vedbjørn Arne J. Aasheim	95	Vestkantsvømmerne	4.32,94	496
	30,49(30,49)	1.04,54(34,05)	1.38,87(34,33)	2.13,43(34,56)	
	2.48,28(34,85)	3.23,20(34,92)		4.32,94(1.09,74)	
15	Ole Martin Turøy	95	Stavanger SC	4.36,95	475
	31,34(31,34)	1.05,79(34,45)	1.40,56(34,77)	2.16,46(35,90)	
	2.52,17(35,71)	3.28,21(36,04)	4.03,99(35,78)	4.36,95(32,96)	
16	Andreas Reinertsen	95	Vestkantsvømmerne	4.37,02	475
	31,86(31,86)	1.06,60(34,74)	1.41,98(35,38)	2.17,17(35,19)	
	2.51,96(34,79)	3.27,17(35,21)	4.01,95(34,78)	4.37,02(35,07)	
17	Paul Andreassen	95	Kongstensvømmerne	4.37,30	473
	30,26(30,26)	1.04,32(34,06)	1.39,29(34,97)	2.15,03(35,74)	
	2.49,64(34,61)	3.25,85(36,21)	4.01,97(36,12)	4.37,30(35,33)	
18	Iver Hvidsten	95	Bærumsvømmerne	4.37,43	473
	31,17(31,17)	1.04,85(33,68)	1.39,63(34,78)	2.14,83(35,20)	
	2.50,42(35,59)	3.26,12(35,70)	4.02,41(36,29)	4.37,43(35,02)	
19	Jakob Bernstein	95	Bærumsvømmerne	4.37,65	472
	30,41(30,41)	1.04,45(34,04)	1.39,73(35,28)	2.15,48(35,75)	
	2.51,13(35,65)	3.27,55(36,42)	4.03,36(35,81)	4.37,65(34,29)	
20	Andreas Bjørkli	95	Setermoen SK	4.37,93	470
	30,41(30,41)	1.04,59(34,18)	1.39,59(35,00)	2.15,22(35,63)	
	2.50,94(35,72)	3.27,31(36,37)	4.03,34(36,03)	4.37,93(34,59)	
21	Dag Vetle Henriksen	95	Trondheim SLK	4.38,71	466
	29,46(29,46)	1.03,05(33,59)	1.37,82(34,77)	2.13,01(35,19)	
	2.48,92(35,91)	3.25,75(36,83)	4.02,87(37,12)	4.38,71(35,84)	
22	Marius Bjørke	95	Eid SK	4.40,47	457
	31,33(31,33)	1.05,15(33,82)	1.40,03(34,88)	2.15,32(35,29)	
		3.27,15(1.11,83)	4.04,17(37,02)	4.40,47(36,30)	
23	Johan Markus Mowinckel	95	Bergens SC	4.43,09	445
	31,47(31,47)	1.05,90(34,43)	1.41,38(35,48)	2.17,09(35,71)	
	2.53,20(36,11)	3.30,06(36,86)	4.07,04(36,98)	4.43,09(36,05)	
	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	DISK	

Lørdag 17. april kl 10.00**Øvelse 7. 200m rygg, jenter 1997****Klasse født 97**

1	Åse Nytrø	97	Trondheim SLK	(0,72)	2.32,00	528
	35,66(35,66)	1.13,74(38,08)	1.53,26(39,52)	2.32,00(38,74)		
2	Karianne Reinertsen	97	Vestkantsvømmerne	(0,77)	2.32,16	527
	35,35(35,35)	1.14,25(38,90)	1.53,61(39,36)	2.32,16(38,55)		
3	Sofie Reisænen	97	Varodd SK	(0,78)	2.34,48	503
	36,32(36,32)	1.15,17(38,85)	1.55,49(40,32)	2.34,48(38,99)		
4	Toni G. Coudray	97	Bergens SC	(0,71)	2.35,16	497
	36,26(36,26)	1.15,61(39,35)	1.56,01(40,40)	2.35,16(39,15)		
5	Ingrid Bergslid	97	Madla SK	(0,79)	2.35,31	495
	36,46(36,46)	1.16,00(39,54)	1.56,35(40,35)	2.35,31(38,96)		
6	Vilje Mohagen	97	Skjetten Svømming	(0,79)	2.36,46	484
	36,12(36,12)	1.16,14(40,02)	1.56,59(40,45)	2.36,46(39,87)		
7	Marte Dale	97	Vestkantsvømmerne	(0,80)	2.37,84	472
	36,85(36,85)	1.15,94(39,09)	1.57,40(41,46)	2.37,84(40,44)		
8	Ida Amalie Myhr	97	Lambertseter SK	(0,80)	2.38,18	469
	37,37(37,37)	1.17,48(40,11)	1.58,20(40,72)	2.38,18(39,98)		
9	Nina Staveland	97	Madla SK	(0,76)	2.39,05	461
	38,57(38,57)	1.17,90(39,33)	1.58,73(40,83)	2.39,05(40,32)		
10	Majken Antonie Smith	97	Asker SK	(0,86)	2.39,28	459
	37,81(37,81)	1.17,80(39,99)	1.58,94(41,14)	2.39,28(40,34)		
11	Ida Jenssen Lirhus	97	Madla SK	(0,68)	2.40,46	449
	38,73(38,73)	1.19,03(40,30)		2.40,46(1.21,43)		
12	Sandra Sola	97	Madla SK	(0,83)	2.43,61	424
	39,17(39,17)	1.20,26(41,09)	2.02,09(41,83)	2.43,61(41,52)		
13	Vanja Sand Syversen	97	Delfana	(0,69)	2.43,62	424
	38,32(38,32)	1.19,69(41,37)	2.01,92(42,23)	2.43,62(41,70)		
14	Frida Kristensen	97	Kolbotn IL	(0,61)	2.44,11	420
	38,70(38,70)	1.19,66(40,96)	2.01,81(42,15)	2.44,11(42,30)		
15	Ane Lee Johansen	97	Kristiansand SA	(0,84)	2.44,42	417
	39,37(39,37)	1.21,31(41,94)	2.03,64(42,33)	2.44,42(40,78)		
16	Line Henanger	97	Lambertseter SK	(0,75)	2.45,49	409
	39,01(39,01)	1.21,11(42,10)	2.03,71(42,60)	2.45,49(41,78)		
17	Maria Willassen	97	SK Føniks	(0,88)	2.45,80	407
	40,12(40,12)	1.22,35(42,23)		2.45,80(1.23,45)		
18	Linda Pedersen	97	Sørreisa SK		2.46,17	404
	38,22(38,22)		2.02,83(1.24,61)	2.46,17(43,34)		
19	Ida Tomine Glomsaker	97	Madla SK	(0,75)	2.46,50	402
	39,77(39,77)	1.21,77(42,00)	2.04,96(43,19)	2.46,50(41,54)		
20	Ada Jakobsen Avlund	97	Lambertseter SK	(0,72)	2.49,43	381
	40,38(40,38)	1.23,39(43,01)	2.07,05(43,66)	2.49,43(42,38)		
21	Marie Malvik	97	Poseidon	(0,79)	2.51,02	371
	40,79(40,79)	1.23,40(42,61)	2.07,54(44,14)	2.51,02(43,48)		
22	Stina Heimnes	97	Åstveit SK	(0,87)	2.53,86	353
	41,46(41,46)	1.25,27(43,81)	2.09,78(44,51)	2.53,86(44,08)		
23	Mathilde Rasmussen	97	Arna SLK	(0,69)	2.54,34	350
	40,84(40,84)	1.25,42(44,58)		2.54,34(1.28,92)		

Øvelse 8. 200m rygg, gutter 1997**Klasse født 97**

1	Fredrik Løvberg	97	Lambertseter SK	(0,74)	2.26,26	420
	33,52(33,52)	1.09,59(36,07)	1.47,96(38,37)	2.26,26(38,30)		
2	Eirik Frestad	97	Kristiansand SA	(0,66)	2.31,03	381
	35,10(35,10)	1.13,75(38,65)	1.53,38(39,63)	2.31,03(37,65)		
3	Mads Henry Steinland	97	Bærumsvømmerne	(0,69)	2.31,25	380
	35,26(35,26)	1.13,10(37,84)		2.31,25(1.18,15)		

4	Maurice Sudkamp 35,87(35,87)	97	Randaberg IL 1.14,34(38,47)	(0,80)	2.31,54	377
5	Ole-Marius Bunæs 36,13(36,13)	97	Haldens SK 1.15,07(38,94)	(0,73)	2.34,94	353
6	Erik Årsland Gidskehaug 36,93(36,93)	97	Bryne SK 1.16,01(39,08)	(0,65)	2.34,96	353
7	Ragnar Daldorff 36,67(36,67)	97	Kirkenes SK 1.17,47(40,80)	(0,76)	2.37,42	337
8	Nils Lervik 36,80(36,80)	97	Asker SK 1.17,13(40,33)	(0,84)	2.38,06	333
9	Eirik Midtun 37,30(37,30)	97	Bergkameratene 1.18,11(40,81)	(0,75)	2.38,70	329
10	Martin Hjelmsstad 37,45(37,45)	97	Skjetten Svømming 1.17,58(40,13)	(0,60)	2.38,88	327
11	Tinus Sola Flagstad 38,28(38,28)	97	Asker SK 1.18,78(40,50)	(0,70)	2.39,41	324
12	Jonas Hagmansen 37,73(37,73)	97	SK Speed 1.19,29(41,56)	(0,69)	2.41,00	315
13	Halvor Arne Borgstrøm 37,65(37,65)	97	Stavanger SC 1.18,60(40,95)	(0,78)	2.41,56	311
14	Ulrik Rasch Bakke 37,11(37,11)	97	Elverum Svømming 1.17,76(40,65)	(0,78)	2.42,25	307
15	Espen Høglo 38,80(38,80)	97	Vågsbygd SLK 1.20,49(41,69)	(0,77)	2.43,90	298
16	Harald Goa Fagerheim 36,83(36,83)	97	Karmøy SK 1.18,74(41,91)	(0,68)	2.44,83	293
17	Michael Grund 38,57(38,57)	97	Vågsbygd SLK 1.20,78(42,21)	(0,67)	2.46,89	283
18	Truls-Petter Müller 38,96(38,96)	97	Bærumsvømmerne 1.21,30(42,34)	(0,72)	2.47,44	280
19	Dennis Asbjørnsen 39,40(39,40)	97	Madla SK 1.22,22(42,82)	(0,68)	2.47,73	278
20	Matias Gulestøl 39,49(39,49)	97	Svelgen TIF 1.23,16(43,67)	(0,86)	2.48,80	273
21	Tim Samuelsen 39,18(39,18)	97	Madla SK 1.22,33(43,15)	(0,76)	2.49,98	267
22	Sivert Skarning	97	Sarpsborg IL	(0,79)	2.54,97	245
23	Arjan Nilsen 45,15(45,15)	97	Ski SK 1.31,29(46,14)	(0,86)	3.04,34	210
	Sigurd Holten Bøen	97	Aalesund SLK		BRUTT	

Øvelse 9. 200m rygg, jenter 1996

Klasse født 96

1	Elin Haugland 35,00(35,00)	96	Delfana 1.12,44(37,44)	(0,74)	2.26,17	594
2	Vår Celine Søgaard 33,44(33,44)	96	Lambertseter SK 1.10,50(37,06)	(0,72)	2.26,52	590
3	Lotte Müller 33,60(33,60)	96	Madla SK 1.10,58(36,98)	(0,72)	2.26,65	588
4	Amalie Thorstensen 34,41(34,41)	96	Vågsbygd SLK 1.11,42(37,01)	(0,75)	2.27,24	581
5	Tone Lill Evanger 36,18(36,18)	96	Delfana 1.13,32(37,14)	(0,93)	2.27,93	573
6	Marte Stamland 34,49(34,49)	96	Poseidon 1.11,83(37,34)	(0,73)	2.29,36	557
7	Lisa Skogeng 36,39(36,39)	96	Delfana 1.13,97(37,58)	(0,79)	2.29,89	551
8	Vilde Tengesdal 35,01(35,01)	96	Bryne SK 1.13,70(38,69)	(0,71)	2.31,23	536
9	Malene M. Pedersen 35,65(35,65)	96	Lambertseter SK 1.14,17(38,52)	(0,69)	2.32,62	522

10	Tina Schütz 36,30(36,30)	96	Vestkantsvømmerne 1.14,97(38,67)	(0,78)	2.33,26	515
11	Emilie K. Hegdal 34,70(34,70)	96	Stavanger SC 1.13,73(39,03)	(0,80)	2.34,17	506
12	Helle Gusjås 35,67(35,67)	96	Fauske SK 1.14,65(38,98)	(0,78)	2.34,80	500
13	Maria Thompson Clausen 35,02(35,02)	96	Madla SK 1.13,94(38,92)	(0,78)	2.35,74	491
14	Guro Aas 36,67(36,67)	96	Vågsbygd SLK 1.16,12(39,45)	(0,79)	2.36,26	486
15	Stina Victoria Nordberg 35,89(35,89)	96	Oslo IL 1.15,48(39,59)	(0,68)	2.36,39	485
16	Helene Strømnes 35,89(35,89)	96	Kongstensvømmerne 1.15,70(39,81)	(0,79)	2.37,51	475
17	Elida Hole 35,74(35,74)	96	Vestkantsvømmerne 1.15,27(39,53)	(0,68)	2.38,28	468
18	Christine Akselberg 36,78(36,78)	96	Arna SLK 1.17,14(40,36)	(0,80)	2.38,43	467
19	Viktoria Juel 36,51(36,51)	96	Trondheim SLK 1.16,57(40,06)	(0,79)	2.38,79	463
20	Elisabeth Støver 36,10(36,10)	96	Modum SK 1.15,94(39,84)	(0,65)	2.39,43	458
21	Sara Louise Pedersen 37,92(37,92)	96	Poseidon 1.18,00(40,08)	(0,83)	2.41,96	437
22	Patricia Baay Kristoffersen 37,27(37,27)	96	Sandefjord SK 1.18,11(40,84)	(0,95)	2.42,33	434
23	Une Johnsen 38,22(38,22)	96	Mandal SK 1.19,75(41,53)	(0,76)	2.45,30	411
24	Eline Mathilde Swensen 40,86(40,86)	96	Ski SK 1.24,19(43,33)	(0,77)	2.52,46	362

Øvelse 10. 200m rygg, gutter 1996

Klasse født 96

1	Sander Andersen 32,12(32,12)	96	Poseidon 1.07,69(35,57)	(0,65)	2.17,42	506
2	Armin Porobic 31,77(31,77)	96	Lambertseter SK 1.06,31(34,54)	(0,85)	2.17,47	506
3	Håkon P. Ludvigsen 32,59(32,59)	96	Randberg IL 1.07,79(35,20)	(0,77)	2.19,89	480
4	Grunde Myhrer 32,19(32,19)	96	Oslo IL 1.08,06(35,87)	(0,62)	2.23,18	447
5	Kacper Domanski 33,26(33,26)	96	Madla SK 1.08,06(35,87)	(0,68)	2.24,67	434
6	Sindre Aasland Ranaweera 34,47(34,47)	96	Madla SK 1.09,54(35,07)	(0,79)	2.24,68	434
7	Morten Wee Hollund 33,26(33,26)	96	Karmøy SK 1.10,82(37,56)	(0,72)	2.25,00	431
8	Bendik Søfteland 33,15(33,15)	96	Sarpsborg IL 1.09,53(36,38)	(0,85)	2.25,75	424
9	Philip Budd 34,25(34,25)	96	Poseidon 1.11,65(37,40)	(0,88)	2.26,63	417
10	Knut Oscar Skipperud 35,02(35,02)	96	Askimsvømmerne 1.12,95(37,93)	(0,72)	2.27,11	413
11	Sigve Ekeli Nystuen 34,70(34,70)	96	Asker SK 1.12,30(37,60)	(0,68)	2.27,52	409
12	Ole Martin Bjørlykke 34,82(34,82)	96	Aalesund SLK 1.11,80(36,98)	(0,68)	2.27,70	408
13	Sander Sivertsen 33,11(33,11)	96	Vestkantsvømmerne 1.11,35(38,24)	(0,69)	2.28,11	404
14	Steven Knutsson 35,32(35,32)	96	Kongstensvømmerne 1.12,79(37,47)	(0,68)	2.28,39	402

15	Henrik Christiansen 36,07(36,07)	96	Skjetten Svømming 1.14,47(38,40)	2.30,55(37,32)	385
16	Philip Solheim 35,64(35,64)	96	Sarpsborg IL 1.14,10(38,46)	(0,81) 2.31,01(37,27)	381
17	Eirik Johnsen 35,41(35,41)	96	Bergens SC 1.13,89(38,48)	(0,64) 2.32,24(38,86)	372
18	Daniel Nesbø 36,10(36,10)	96	Skjetten Svømming 1.14,61(38,51)	(0,78) 2.32,82(39,02)	368
19	Jacob W. Berger 35,29(35,29)	96	Haldens SK 1.56,53(1.21,24)	(0,88) 2.33,63(37,10)	362
20	Henrik Flood Kvien 36,03(36,03)	96	SK Speed 1.15,03(39,00)	(0,71) 2.33,77(39,10)	361
21	David Engen 35,01(35,01)	96	Haldens SK 1.14,51(39,50)	2.34,05(38,63)	359
22	Mathias Thorkildsen 36,87(36,87)	96	Bærumsvømmerne 1.15,29(38,42)	(0,68) 2.34,49(39,54)	356
23	Tage Singstad 35,46(35,46)	96	Vestbyen IL 1.14,99(39,53)	(0,64) 2.34,76(39,88)	354
	Håkon Torstrup	96	Mandal SK	(0,70) DISK	

Øvelse 11. 200m rygg, jenter 1995

Klasse født 95

1	Emilie Nyenget Løvberg 34,61(34,61)	95	Bærumsvømmerne 1.10,96(36,35)	(0,79) 2.23,35(35,55)	630
2	Andrine Davidsen 33,87(33,87)	95	Lambertseter SK 1.10,14(36,27)	(0,75) 2.24,15(36,47)	619
3	Lise Sand Syversen 33,61(33,61)	95	BS/Delfana 1.10,78(37,17)	(0,68) 2.24,97(36,38)	609
4	Amalie Kristiansen 33,51(33,51)	95	Haugesund SK 1.10,27(36,76)	(0,84) 2.28,89(39,87)	562
5	Elina Øverås 35,63(35,63)	95	Lørenskog/Rælingen 1.13,90(38,27)	(0,72) 2.30,32(37,81)	546
6	Andrea Westbye 35,82(35,82)	95	Bærumsvømmerne 1.14,01(38,19)	(0,77) 2.31,72(38,59)	531
7	Ingalill Urrang Naustvik 35,68(35,68)	95	Karmøy SK 1.13,55(37,87)	(0,73) 2.31,98(38,97)	529
8	Sara Boukili 35,54(35,54)	95	SK Speed 1.13,27(37,73)	(0,73) 2.32,29(39,56)	525
9	Caroline R. Helgesen 35,69(35,69)	95	Aalesund SLK 1.14,22(38,53)	(0,76) 2.33,21(39,39)	516
10	Vilde Stordal 37,03(37,03)	95	Delfana 1.15,71(38,68)	(0,80) 2.33,66(38,55)	511
11	Ellen Camilla Hansen 36,38(36,38)	95	Øvre Eiker SK 1.54,62(1.18,24)	(0,68) 2.33,87(39,25)	509
12	Marie Svensson 35,71(35,71)	95	Skjetten Svømming 1.13,85(38,14)	(1,25) 2.34,20(40,49)	506
13	Oda Gjerde 36,46(36,46)	95	Bryne SK 1.15,80(39,34)	(0,88) 2.34,30(38,82)	505
14	Anne Kristin Berge 35,52(35,52)	95	Asker SK 1.14,80(39,28)	(0,75) 2.36,38(39,71)	485
15	Mette Mellbye Larsen 36,81(36,81)	95	Asker SK 1.16,23(39,42)	(0,75) 2.36,56(40,08)	484
16	Marte K. Bolstad 36,12(36,12)	95	Asker SK 1.14,92(38,80)	(0,85) 2.37,18(40,77)	478
17	Ane Nygård 36,16(36,16)	95	Stavanger SC 1.16,57(40,41)	(0,74) 2.37,85(40,16)	472
18	Pernille Berntsen 36,12(36,12)	95	Førde IL 1.16,24(40,12)	(0,79) 2.38,25(40,31)	468
19	Karina Brunstad Fet 36,02(36,02)	95	Aalesund SLK 1.16,25(40,23)	(0,88) 2.38,84(40,99)	463
20	Sandra Bernhoft 38,15(38,15)	95	Delfana 1.19,47(41,32)	(0,78) 2.41,30(40,31)	442

21	Rikke Amalie Nagell-Kleven	95	Asker SK	(0,76)	2.41,85	438
		1.16,08(1.16,08)	1.58,91(42,83)		2.41,85(42,94)	
22	Mari Nerdrum	95	Asker SK	(0,93)	2.42,62	431
	38,15(38,15)	1.19,07(40,92)	2.01,16(42,09)		2.42,62(41,46)	
23	Mari Mjølhus Kristoffersen	95	Madla SK	(0,73)	2.45,50	409
	39,42(39,42)	1.21,18(41,76)	2.03,42(42,24)		2.45,50(42,08)	
24	Susanne Sekkesæter	95	Madla SK	(0,79)	2.46,05	405
	38,68(38,68)	1.20,29(41,61)	2.03,25(42,96)		2.46,05(42,80)	

Øvelse 12. 200m rygg, gutter 1995

Klasse født 95

1	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,78)	2.10,84	586 ÅMR
	30,82(30,82)	1.03,64(32,82)	1.37,40(33,76)		2.10,84(33,44)	
2	Markus Lie	95	Åstveit SK	(0,67)	2.15,28	530
	31,76(31,76)	1.05,78(34,02)	1.40,31(34,53)		2.15,28(34,97)	
3	Daniel Sandhåland	95	Karmøy SK	(0,83)	2.17,00	511
	31,51(31,51)	1.06,09(34,58)	1.42,27(36,18)		2.17,00(34,73)	
4	Andreas Bunæs	95	Haldens SK	(0,74)	2.17,33	507
	31,79(31,79)	1.06,26(34,47)	1.42,21(35,95)		2.17,33(35,12)	
5	Henrik Søfteland	95	Delfana	(0,65)	2.18,27	497
	32,35(32,35)	1.07,57(35,22)	1.43,44(35,87)		2.18,27(34,83)	
6	Eirik Nielsen	95	Poseidon	(0,75)	2.18,73	492
	32,96(32,96)	1.07,79(34,83)	1.43,30(35,51)		2.18,73(35,43)	
7	Alexander Marki Mork	95	Stavanger SC	(0,76)	2.21,43	464
	33,05(33,05)	1.08,92(35,87)	1.45,76(36,84)		2.21,43(35,67)	
8	Erik Tobias Sollesnes	95	Kolbotn IL	(0,83)	2.21,91	460
	32,40(32,40)	1.08,12(35,72)	1.45,01(36,89)		2.21,91(36,90)	
9	Tord Gunnar Fjeld	95	Hamar IL	(0,72)	2.22,55	453
	34,67(34,67)	1.10,69(36,02)	1.46,52(35,83)		2.22,55(36,03)	
10	Iver Hvidsten	95	Bærumsvømmerne	(0,73)	2.23,89	441
	33,99(33,99)	1.10,23(36,24)	1.47,11(36,88)		2.23,89(36,78)	
11	Jarl André Bergsvenkerud	95	Lørenskog/Rælingen	(0,72)	2.24,97	431
	32,33(32,33)	1.09,40(37,07)	1.48,43(39,03)		2.24,97(36,54)	
12	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,73)	2.25,77	424
	34,68(34,68)	1.11,21(36,53)	1.48,66(37,45)		2.25,77(37,11)	
13	Jonas Ødegård Aanby	95	Delfana	(0,74)	2.25,94	423
	34,43(34,43)	1.11,37(36,94)	1.49,07(37,70)		2.25,94(36,87)	
14	Dag Vetle Henriksen	95	Trondheim SLK	(0,72)	2.26,39	419
	35,12(35,12)	1.11,68(36,56)	1.49,06(37,38)		2.26,39(37,33)	
15	Johan Markus Mowinckel	95	Bergens SC	(0,65)	2.29,00	397
	34,57(34,57)	1.12,14(37,57)	1.51,40(39,26)		2.29,00(37,60)	
16	Marius Bjørke	95	Eid SK	(0,73)	2.29,05	397
	36,01(36,01)	1.13,89(37,88)	1.52,21(38,32)		2.29,05(36,84)	
17	Paul Andreassen	95	Kongstensvømmerne	(0,73)	2.30,27	387
	34,06(34,06)	1.11,81(37,75)	1.50,85(39,04)		2.30,27(39,42)	
18	Andreas Bjørkli	95	Setermoen SK	(0,79)	2.30,82	383
	35,61(35,61)	1.13,67(38,06)	1.52,36(38,69)		2.30,82(38,46)	
19	Martin Næss Kjølholdt	95	Kolbotn IL	(0,86)	2.30,84	383
	35,60(35,60)	1.13,42(37,82)	1.51,82(38,40)		2.30,84(39,02)	
20	Jakob Bernstein	95	Bærumsvømmerne	(0,71)	2.31,83	375
	35,18(35,18)	1.14,00(38,82)	1.53,30(39,30)		2.31,83(38,53)	
21	Ivan Aleksander Larsen	95	Karmøy SK	(0,77)	2.33,82	361
	34,87(34,87)	1.13,40(38,53)			2.33,82(1.20,42)	
22	Vedbjørn Arne J. Aasheim	95	Vestkantsvømmerne	(0,33)	2.40,13	320
	36,80(36,80)	1.16,80(40,00)	1.58,26(41,46)		2.40,13(41,87)	
23	Ole Martin Turøy	95	Stavanger SC	(0,77)	2.40,61	317
	37,12(37,12)	1.18,43(41,31)	1.59,80(41,37)		2.40,61(40,81)	
24	Andreas Reinertsen	95	Vestkantsvømmerne	(0,37)	2.42,53	306
	38,45(38,45)	1.19,60(41,15)	2.01,79(42,19)		2.42,53(40,74)	

Lørdag 17. april kl 15.00**Øvelse 13. 200m bryst, jenter 1997****Klasse født 97**

1	Majken Antonie Smith 39,49(39,49)	97	Asker SK	2.52,11	525
		1.22,43(42,94)	2.07,14(44,71)	2.52,11(44,97)	
2	Ida Tomine Glomsaker 40,31(40,31)	97	Madla SK	2.54,79	502
		1.24,85(44,54)	2.09,85(45,00)	2.54,79(44,94)	
3	Karianne Reinertsen 40,05(40,05)	97	Vestkantsvømmerne	2.55,60	495
		1.24,48(44,43)	2.10,28(45,80)	2.55,60(45,32)	
4	Sofie Reisænen 40,05(40,05)	97	Varodd SK	2.55,72	494
		1.24,35(44,30)	2.09,86(45,51)	2.55,72(45,86)	
5	Stina Heimnes 42,01(42,01)	97	Åstveit SK	2.57,71	477
		1.27,17(45,16)	2.13,24(46,07)	2.57,71(44,47)	
6	Ane Lee Johansen 41,30(41,30)	97	Kristiansand SA	2.59,81	461
		1.27,16(45,86)	2.14,02(46,86)	2.59,81(45,79)	
7	Ingrid Bergslid 42,08(42,08)	97	Madla SK	3.01,21	450
		1.28,41(46,33)	2.14,75(46,34)	3.01,21(46,46)	
8	Line Henanger 42,50(42,50)	97	Lambertseter SK	3.03,04	437
		1.30,10(47,60)	2.17,25(47,15)	3.03,04(45,79)	
9	Marie Malvik 42,42(42,42)	97	Poseidon	3.03,39	434
		1.28,32(45,90)	2.16,04(47,72)	3.03,39(47,35)	
10	Mathilde Rasmussen 41,52(41,52)	97	Arna SLK	3.04,21	429
		1.28,00(46,48)	2.15,66(47,66)	3.04,21(48,55)	
11	Nina Staveland 42,74(42,74)	97	Madla SK	3.04,61	426
		1.29,12(46,38)	2.17,01(47,89)	3.04,61(47,60)	
12	Marte Dale 42,95(42,95)	97	Vestkantsvømmerne	3.05,39	420
		1.30,94(47,99)	2.18,88(47,94)	3.05,39(46,51)	
13	Åse Nytrø 43,33(43,33)	97	Trondheim SLK	3.08,03	403
		1.31,21(47,88)	2.20,27(49,06)	3.08,03(47,76)	
14	Vanja Sand Syversen 43,68(43,68)	97	Delfana	3.09,70	392
		1.31,53(47,85)	2.20,38(48,85)	3.09,70(49,32)	
15	Ida Jenssen Lirhus 43,77(43,77)	97	Madla SK	3.09,98	391
		1.32,10(48,33)	2.20,93(48,83)	3.09,98(49,05)	
16	Linda Pedersen 43,32(43,32)	97	Sørreisa SK	3.10,93	385
		1.31,45(48,13)	2.21,39(49,94)	3.10,93(49,54)	
17	Ida Amalie Myhr 43,87(43,87)	97	Lambertseter SK	3.11,07	384
		1.32,96(49,09)	2.21,72(48,76)	3.11,07(49,35)	
18	Toni G. Coudray 44,03(44,03)	97	Bergens SC	3.11,53	381
		1.32,76(48,73)	2.22,12(49,36)	3.11,53(49,41)	
19	Ada Jakobsen Avlund 44,38(44,38)	97	Lambertseter SK	3.11,65	381
		1.33,29(48,91)	2.23,27(49,98)	3.11,65(48,38)	
20	Sandra Sola 43,91(43,91)	97	Madla SK	3.11,77	380
		1.32,47(48,56)	2.22,29(49,82)	3.11,77(49,48)	
21	Maria Willassen 46,00(46,00)	97	SK Fønix	3.25,51	309
		1.38,36(52,36)	2.31,44(53,08)	3.25,51(54,07)	
22	Frida Kristensen 48,95(48,95)	97	Kolbotn IL	3.28,03	298
		1.41,18(52,23)	2.34,53(53,35)	3.28,03(53,50)	
23	Vilje Mohagen 49,65(49,65)	97	Skjetten Svømming	3.36,34	265
		1.44,81(55,16)	2.40,22(55,41)	3.36,34(56,12)	

Øvelse 14. 200m bryst, gutter 1997**Klasse født 97**

1	Fredrik Løvberg 37,18(37,18)	97	Lambertseter SK	2.44,01	434
		1.18,84(41,66)	2.01,99(43,15)	2.44,01(42,02)	
2	Mads Henry Steinland 37,65(37,65)	97	Bærumsvømmerne	2.47,92	405
		1.21,15(43,50)	2.04,64(43,49)	2.47,92(43,28)	

3	Ragnar Daldorff 39,13(39,13)	97	Kirkenes SK 2.05,23(44,02)	2.49,24(44,01)	395
4	Ole-Marius Bunæs 41,62(41,62)	97	Haldens SK 2.13,32(45,97)	2.59,03(45,71)	334
5	Sigurd Holten Bøen 39,61(39,61)	97	Aalesund SLK 2.13,98(47,69)	3.01,93(47,95)	318
6	Erik Årslund Gidskehaug 42,06(42,06)	97	Bryne SK 2.16,22(47,47)	3.02,48(46,26)	315
7	Halvor Arne Borgstrøm 42,51(42,51)	97	Stavanger SC 2.17,16(46,83)	3.03,03(45,87)	312
8	Nils Lervik 42,26(42,26)	97	Asker SK 2.16,53(47,85)	3.03,06(46,53)	312
9	Espen Høglo 42,54(42,54)	97	Vågsbygd SLK 2.18,37(47,54)	3.05,89(47,52)	298
10	Dennis Asbjørnsen 44,45(44,45)	97	Madla SK 2.19,78(47,74)	3.06,68(46,90)	294
11	Matias Gulestøl 42,68(42,68)	97	Svelgen TIF 2.18,92(48,20)	3.07,11(48,19)	292
12	Ulrik Rasch Bakke 43,23(43,23)	97	Elverum Svømming 2.19,50(48,65)	3.07,82(48,32)	289
13	Jonas Hagmansen 43,64(43,64)	97	SK Speed 2.20,16(47,80)	3.08,07(47,91)	288
14	Sivert Skarning 44,54(44,54)	97	Sarpsborg IL 2.25,00(50,17)	3.08,74(43,74)	285
15	Eirik Midtun 44,57(44,57)	97	Bergkameratene 2.22,44(48,95)	3.10,37(47,93)	278
16	Tinus Sola Flagstad 43,69(43,69)	97	Asker SK 2.22,54(49,33)	3.11,24(48,70)	274
17	Michael Grund 43,70(43,70)	97	Vågsbygd SLK 2.22,31(49,57)	3.11,50(49,19)	273
18	Maurice Sudkamp 45,15(45,15)	97	Randaberg IL 2.23,11(49,10)	3.11,93(48,82)	271
19	Harald Goa Fagerheim 42,65(42,65)	97	Karmøy SK 2.22,88(50,69)	3.12,34(49,46)	269
20	Truls-Petter Müller 44,23(44,23)	97	Bærumsvømmerne 2.24,63(50,70)	3.14,59(49,96)	260
21	Eirik Frestad 44,92(44,92)	97	Kristiansand SA 2.27,06(51,99)	3.18,40(51,34)	245
22	Martin Hjelmstad 45,60(45,60)	97	Skjetten Svømming 2.30,79(53,36)	3.22,62(51,83)	230
23	Arjan Nilsen 47,54(47,54)	97	Ski SK 2.31,80(52,63)	3.23,82(52,02)	226
24	Tim Samuelsen 47,46(47,46)	97	Madla SK 2.32,26(51,44)	3.24,97(52,71)	222

Øvelse 15. 200m bryst, jenter 1996

Klasse født 96

1	Amalie Thorstensen 37,77(37,77)	96	Vågsbygd SLK 2.01,22(41,98)	2.43,28(42,06)	615
2	Malene M. Pedersen 37,88(37,88)	96	Lambertseter SK 2.01,63(42,43)	2.43,48(41,85)	613
3	Maria Thompson Clausen 38,39(38,39)	96	Madla SK 2.04,19(43,58)	2.48,38(44,19)	561
4	Tone Lill Evanger 38,37(38,37)	96	Delfana 2.05,12(43,67)	2.49,62(44,50)	549
5	Stina Victoria Nordberg 38,39(38,39)	96	Oslo IL 2.06,46(44,55)	2.50,70(44,24)	539
6	Guro Aas 38,41(38,41)	96	Vågsbygd SLK 2.06,00(44,44)	2.50,82(44,82)	537
7	Elida Hole 40,03(40,03)	96	Vestkantsvømmerne 2.09,30(45,51)	2.53,80(44,50)	510

8	Elin Haugland	96	Delfana	2.54,31	506
	39,51(39,51)	1.23,96(44,45)	2.09,67(45,71)	2.54,31(44,64)	
9	Vilde Tengedal	96	Bryne SK	2.54,57	504
	39,07(39,07)	1.22,92(43,85)	2.08,36(45,44)	2.54,57(46,21)	
10	Helle Gusjås	96	Fauske SK	2.56,56	487
	40,38(40,38)	1.25,33(44,95)	2.10,96(45,63)	2.56,56(45,60)	
11	Tina Schütz	96	Vestkantsvømmerne	2.57,26	481
	40,99(40,99)	1.25,90(44,91)	2.12,67(46,77)	2.57,26(44,59)	
12	Patricia Baay Kristoffersen	96	Sandefjord SK	2.57,36	480
	42,07(42,07)	1.27,51(45,44)	2.13,64(46,13)	2.57,36(43,72)	
13	Eline Mathilde Swensen	96	Ski SK	3.00,57	455
	42,22(42,22)	1.28,41(46,19)	2.14,72(46,31)	3.00,57(45,85)	
14	Sara Louise Pedersen	96	Poseidon	3.00,59	455
	40,67(40,67)	1.26,12(45,45)	2.12,93(46,81)	3.00,59(47,66)	
15	Lotte Miller	96	Madla SK	3.00,62	455
	41,07(41,07)	1.27,22(46,15)	2.14,10(46,88)	3.00,62(46,52)	
16	Vår Celine Søgaaard	96	Lambertseter SK	3.01,92	445
	40,87(40,87)	1.26,81(45,94)	2.14,60(47,79)	3.01,92(47,32)	
17	Une Johnsen	96	Mandal SK	3.02,29	442
	40,78(40,78)	1.26,48(45,70)	2.14,03(47,55)	3.02,29(48,26)	
18	Lisa Skogeng	96	Delfana	3.03,84	431
	41,26(41,26)	1.27,37(46,11)	2.15,10(47,73)	3.03,84(48,74)	
19	Christine Akselberg	96	Arna SLK	3.05,23	421
	43,31(43,31)	1.31,04(47,73)	2.18,19(47,15)	3.05,23(47,04)	
20	Elisabeth Støver	96	Modum SK	3.06,09	416
	42,27(42,27)	1.29,75(47,48)	2.18,37(48,62)	3.06,09(47,72)	
21	Emilie K. Hegdal	96	Stavanger SC	3.06,16	415
	42,53(42,53)	1.29,14(46,61)	2.17,73(48,59)	3.06,16(48,43)	
22	Helene Strømnes	96	Kongstensvømmerne	3.06,36	414
	42,05(42,05)	1.29,98(47,93)	2.18,81(48,83)	3.06,36(47,55)	
23	Viktoria Juel	96	Trondheim SLK	3.08,53	400
	43,43(43,43)	1.31,22(47,79)	2.20,20(48,98)	3.08,53(48,33)	
24	Marte Stamland	96	Poseidon	3.09,84	392
	42,95(42,95)	1.31,21(48,26)	2.20,70(49,49)	3.09,84(49,14)	

Øvelse 16. 200m bryst, gutter 1996

Klasse født 96

1	Sindre Aasland Ranaweera	96	Madla SK	2.36,57	499
	35,61(35,61)	1.14,54(38,93)	1.55,36(40,82)	2.36,57(41,21)	
2	Grunde Myhrer	96	Oslo IL	2.37,03	495
	34,61(34,61)	1.13,99(39,38)	1.55,58(41,59)	2.37,03(41,45)	
3	Morten Wee Hollund	96	Karmøy SK	2.38,45	481
	36,32(36,32)	1.16,69(40,37)	1.59,11(42,42)	2.38,45(39,34)	
4	Armin Porobic	96	Lambertseter SK	2.43,16	441
	37,88(37,88)	1.20,14(42,26)	2.02,47(42,33)	2.43,16(40,69)	
5	Bendik Søfteland	96	Sarpsborg IL	2.45,94	419
	35,78(35,78)	1.16,86(41,08)	2.01,47(44,61)	2.45,94(44,47)	
6	Sigve Ekeli Nystuen	96	Asker SK	2.46,47	415
	38,25(38,25)	1.20,95(42,70)	2.04,16(43,21)	2.46,47(42,31)	
7	Henrik Christiansen	96	Skjetten Svømming	2.47,00	411
	38,43(38,43)	1.21,24(42,81)	2.04,17(42,93)	2.47,00(42,83)	
8	Sander Andersen	96	Poseidon	2.47,14	410
	36,84(36,84)	1.19,18(42,34)	2.03,08(43,90)	2.47,14(44,06)	
9	Håkon P. Ludvigsen	96	Randaberg IL	2.48,54	400
	39,58(39,58)	1.22,65(43,07)	2.06,57(43,92)	2.48,54(41,97)	
10	Håkon Torstrup	96	Mandal SK	2.49,24	395
	38,08(38,08)	1.21,38(43,30)	2.05,59(44,21)	2.49,24(43,65)	
11	Knut Oscar Skipperud	96	Askimsvømmerne	2.49,66	392
	39,29(39,29)	1.23,63(44,34)	2.06,96(43,33)	2.49,66(42,70)	
12	Ole Martin Bjørlykke	96	Aalesund SLK	2.50,72	385
	37,92(37,92)	1.20,86(42,94)	2.05,51(44,65)	2.50,72(45,21)	
13	Philip Budd	96	Poseidon	2.54,89	358
	40,88(40,88)	1.25,77(44,89)	2.11,68(45,91)	2.54,89(43,21)	

14	Steven Knutsson 40,46(40,46)	96	Kongstensvømmerne 2.10,18(45,37)	2.55,22(45,04)	356
15	Philip Solheim 40,35(40,35)	96	Sarpsborg IL 2.11,32(46,09)	2.55,51(44,19)	354
16	David Engen 39,52(39,52)	96	Haldens SK 2.09,54(45,61)	2.56,33(46,79)	349
17	Henrik Flood Kvien 41,41(41,41)	96	SK Speed 2.14,87(47,00)	3.01,28(46,41)	322
18	Daniel Nesbø 42,27(42,27)	96	Skjetten Svømming 2.14,94(46,62)	3.02,24(47,30)	316
19	Tage Singstad 41,77(41,77)	96	Vestbyen IL 2.16,22(47,64)	3.03,59(47,37)	310
20	Jacob W. Berger 41,11(41,11)	96	Haldens SK 2.17,73(48,94)	3.04,58(46,85)	305
21	Kacper Domanski 43,02(43,02)	96	Madla SK 2.20,46(49,81)	3.09,39(48,93)	282
22	Eirik Johnsen 42,24(42,24)	96	Bergens SC 2.21,56(50,22)	3.10,91(49,35)	275
	Mathias Thorkildsen	96	Bærumsvømmerne	DISK	
	Sander Sivertsen	96	Vestkantsvømmerne	DISK	

Øvelse 17. 200m bryst, jenter 1995

Klasse født 95

1	Ingalill Urrang Naustvik 34,57(34,57)	95	Karmøy SK 1.56,10(42,22)	2.38,91(42,81)	668
2	Rikke Amalie Nagell-Kleven 37,92(37,92)	95	Asker SK 2.02,56(42,82)	2.44,67(42,11)	600
3	Caroline R. Helgesen 37,04(37,04)	95	Aalesund SLK 2.01,47(42,75)	2.45,07(43,60)	596
4	Ellen Camilla Hansen 39,18(39,18)	95	Øvre Eiker SK 2.06,69(44,40)	2.49,73(43,04)	548
5	Karina Brunstad Fet 36,79(36,79)	95	Aalesund SLK 2.04,59(44,82)	2.50,35(45,76)	542
6	Lise Sand Syversen 38,66(38,66)	95	BS/Delfana 2.08,04(45,43)	2.51,98(43,94)	527
7	Mari Nerdrum 39,32(39,32)	95	Asker SK 2.08,10(44,98)	2.52,12(44,02)	525
8	Oda Gjerde 38,96(38,96)	95	Bryne SK 2.07,42(44,98)	2.52,54(45,12)	521
9	Emilie Nyenget Løvberg 39,72(39,72)	95	Bærumsvømmerne 2.08,43(44,27)	2.52,71(44,28)	520
10	Mette Mellbye Larsen 40,17(40,17)	95	Asker SK 2.08,80(44,50)	2.53,02(44,22)	517
11	Pernille Berntsen 39,42(39,42)	95	Førde IL 2.08,68(45,32)	2.53,95(45,27)	509
12	Sara Boukili 39,72(39,72)	95	SK Speed 2.09,37(45,04)	2.55,74(46,37)	494
13	Marte K. Bolstad 41,42(41,42)	95	Asker SK 2.11,52(45,57)	2.57,47(45,95)	479
14	Elina Øverås 40,17(40,17)	95	Lørenskog/Rælingen 2.12,06(45,89)	2.57,78(45,72)	477
15	Vilde Stordal 41,70(41,70)	95	Delfana 2.12,53(45,94)	2.57,95(45,42)	475
16	Amalie Kristiansen 40,04(40,04)	95	Haugesund SK 2.12,27(46,45)	2.58,80(46,53)	469
17	Mari Mjølhus Kristoffersen 40,73(40,73)	95	Madla SK 2.12,48(46,49)	2.59,61(47,13)	462
18	Ane Nygård 40,02(40,02)	95	Stavanger SC 2.12,42(47,08)	3.01,19(48,77)	450
19	Sandra Bernhoft 41,77(41,77)	95	Delfana 2.16,75(48,06)	3.04,46(47,71)	427

20	Andrine Davidsen 41,71(41,71)	95	Lambertseter SK 2.15,95(47,68)	3.04,83(48,88)	424
21	Andrea Westbye 43,39(43,39)	95	Bærumsvømmerne 2.20,01(48,72)	3.08,76(48,75)	398
22	Susanne Sekkesæter 42,77(42,77)	95	Madla SK 2.20,84(49,74)	3.10,50(49,66)	387
23	Marie Svensson 43,88(43,88)	95	Skjetten Svømming 2.23,90(49,73)	3.12,74(48,84)	374
24	Anne Kristin Berge 44,06(44,06)	95	Asker SK 2.27,45(52,40)	3.20,14(52,69)	334

Øvelse 18. 200m bryst, gutter 1995

Klasse født 95

1	Jarl André Bergsvenkerud 33,86(33,86)	95	Lørenskog/Rælingen 1.51,44(39,27)	2.31,40(39,96)	552
2	Eirik Nielsen 34,77(34,77)	95	Poseidon 1.54,45(40,71)	2.36,15(41,70)	503
3	Ivan Aleksander Larsen 36,10(36,10)	95	Karmøy SK 1.58,17(41,40)	2.38,68(40,51)	479
4	Markus Lie 36,45(36,45)	95	Åstveit SK 1.58,01(40,91)	2.38,69(40,68)	479
5	Jonas Ødegård Aanby 36,40(36,40)	95	Delfana 1.57,89(41,19)	2.39,55(41,66)	472
6	Daniel Sandhåland 36,24(36,24)	95	Karmøy SK 1.58,66(41,68)	2.39,86(41,20)	469
7	Alexander Marki Mork 35,40(35,40)	95	Stavanger SC 1.58,98(42,42)	2.42,13(43,15)	449
8	Marius Bjørke 37,89(37,89)	95	Eid SK 2.02,67(42,11)	2.43,76(41,09)	436
9	Andreas Reinertsen 36,96(36,96)	95	Vestkantsvømmerne 2.01,26(42,71)	2.44,41(43,15)	431
10	Tord Gunnar Fjeld 37,56(37,56)	95	Hamar IL 2.01,44(42,04)	2.44,56(43,12)	430
11	Vedbjørn Arne J. Aasheim 38,12(38,12)	95	Vestkantsvømmerne 2.03,61(43,23)	2.46,79(43,18)	413
12	Dag Vetle Henriksen 38,88(38,88)	95	Trondheim SLK 2.04,33(42,78)	2.47,62(43,29)	407
13	Vebjørn Lindhjem 37,83(37,83)	95	Lørenskog/Rælingen 2.04,55(43,86)	2.47,66(43,11)	406
14	Iver Hvidsten 38,18(38,18)	95	Bærumsvømmerne 2.03,68(43,77)	2.48,70(45,02)	399
15	Jakob Bernstein 37,96(37,96)	95	Bærumsvømmerne 2.05,42(43,95)	2.48,77(43,35)	398
16	Andreas Bunæs 38,27(38,27)	95	Haldens SK 2.06,19(44,78)	2.50,56(44,37)	386
17	Erik Tobias Sollesnes 38,92(38,92)	95	Kolbotn IL 2.09,07(45,45)	2.54,45(45,38)	361
18	Johan Markus Mowinckel 37,89(37,89)	95	Bergens SC 2.07,42(45,61)	2.54,65(47,23)	360
19	Jørgen Gundersen 39,89(39,89)	95	Lørenskog/Rælingen 2.09,24(45,40)	2.55,49(46,25)	354
20	Henrik Søfteland 38,32(38,32)	95	Delfana 2.10,18(48,09)	2.58,43(48,25)	337
21	Martin Næss Kjølholdt 41,27(41,27)	95	Kolbotn IL 2.14,22(46,50)	2.58,71(44,49)	336
22	Ole Martin Turøy 40,73(40,73)	95	Stavanger SC 2.15,15(47,37)	2.58,85(43,70)	335
23	Paul Andreassen 41,07(41,07)	95	Kongstensvømmerne 2.13,40(46,67)	3.00,16(46,76)	328
	Andreas Bjørkli	95	Setermoen SK	DISK	

Søndag 18. april kl 10.00**Øvelse 19. 100m butterfly, jenter 1997****Klasse født 97**

1	Ingrid Bergslid 35,00(35,00)	97	Madla SK	1.13,60	448
2	Karianne Reinertsen 34,30(34,30)	97	Vestkantsvømmerne	1.14,20	437
3	Frida Kristensen 35,29(35,29)	97	Kolbotn IL	1.15,92	408
4	Vanja Sand Syversen 36,59(36,59)	97	Delfana	1.15,95	408
5	Nina Staveland 36,14(36,14)	97	Madla SK	1.16,38	401
6	Ida Jenssen Lirhus 36,28(36,28)	97	Madla SK	1.17,14	389
7	Åse Nytrø 35,86(35,86)	97	Trondheim SLK	1.17,15	389
8	Linda Pedersen 36,34(36,34)	97	Sørreisa SK	1.19,60	354
9	Sandra Sola 37,26(37,26)	97	Madla SK	1.21,54	330
10	Ane Lee Johansen 38,22(38,22)	97	Kristiansand SA	1.21,65	328
11	Ida Amalie Myhr 37,83(37,83)	97	Lambertseter SK	1.22,00	324
12	Line Henanger 38,89(38,89)	97	Lambertseter SK	1.22,61	317
13	Stina Heimnes 38,86(38,86)	97	Åstveit SK	1.23,21	310
14	Toni G. Coudray 37,91(37,91)	97	Bergens SC	1.23,26	310
15	Maria Willassen 38,30(38,30)	97	SK Fønics	1.23,85	303
16	Marte Dale 39,17(39,17)	97	Vestkantsvømmerne	1.24,66	294
17	Sofie Reisænen 38,94(38,94)	97	Varodd SK	1.25,71	284
18	Ida Tomine Glomsaker 39,22(39,22)	97	Madla SK	1.25,76	283
19	Vilje Mohagen 38,67(38,67)	97	Skjetten Svømming	1.26,06	280
20	Majken Antonie Smith 38,34(38,34)	97	Asker SK	1.26,82	273
21	Ada Jakobsen Avlund 40,90(40,90)	97	Lambertseter SK	1.27,82	264
22	Mathilde Rasmussen 39,41(39,41)	97	Arna SLK	1.28,19	260
23	Marie Malvik 43,30(43,30)	97	Poseidon	1.33,37	219

Øvelse 20. 100m butterfly, gutter 1997**Klasse født 97**

1	Fredrik Løvberg 31,92(31,92)	97	Lambertseter SK	1.07,05	410
2	Tinus Sola Flagstad 34,85(34,85)	97	Asker SK	1.11,95	332

3	Maurice Sudkamp 34,62(34,62)	97	Randaberg IL	1.13,23	315
4	Ragnar Daldorff 35,32(35,32)	97	Kirkenes SK	1.13,48	311
5	Mads Henry Steinland 34,38(34,38)	97	Bærumsvømmerne	1.13,77	308
6	Martin Hjelmstad 34,97(34,97)	97	Skjetten Svømming	1.14,32	301
7	Sigurd Holten Bøen 35,01(35,01)	97	Aalesund SLK	1.14,56	298
8	Eirik Midtun 35,52(35,52)	97	Bergkameratene	1.14,73	296
9	Nils Lervik 34,73(34,73)	97	Asker SK	1.14,87	294
10	Harald Goa Fagerheim 33,52(33,52)	97	Karmøy SK	1.15,20	291
11	Eirik Frestad 35,02(35,02)	97	Kristiansand SA	1.16,00	282
12	Halvor Arne Borgstrøm 34,50(34,50)	97	Stavanger SC	1.17,74	263
13	Jonas Hagmansen 36,72(36,72)	97	SK Speed	1.18,19	259
14	Ole-Marius Bunæs 36,71(36,71)	97	Haldens SK	1.18,38	257
15	Erik Årslund Gidskehaug 36,41(36,41)	97	Bryne SK	1.18,41	256
16	Ulrik Rasch Bakke 36,08(36,08)	97	Elverum Svømming	1.18,48	256
17	Dennis Asbjørnsen 36,90(36,90)	97	Madla SK	1.18,52	255
18	Arjan Nilsen 38,29(38,29)	97	Ski SK	1.20,59	236
19	Sivert Skarning 38,11(38,11)	97	Sarpsborg IL	1.21,67	227
20	Espen Høglo 39,01(39,01)	97	Vågsbygd SLK	1.24,39	206
21	Matias Gulestøl 38,57(38,57)	97	Svelgen TIF	1.24,70	203
22	Tim Samuelsen 40,40(40,40)	97	Madla SK	1.25,80	196
23	Truls-Petter Müller 39,31(39,31)	97	Bærumsvømmerne	1.26,81	189
24	Michael Grund 40,17(40,17)	97	Vågsbygd SLK	1.27,15	187

Øvelse 21. 100m butterfly, jenter 1996

Klasse født 96

1	Vår Celine Søgaaard 31,09(31,09)	96	Lambertseter SK	1.08,34	560
2	Amalie Thorstensen 32,66(32,66)	96	Vågsbygd SLK	1.08,50	556
3	Elin Haugland 32,41(32,41)	96	Delfana	1.08,65	552
4	Maria Thompson Clausen 32,50(32,50)	96	Madla SK	1.09,91	523
5	Vilde Tengesdal 32,41(32,41)	96	Bryne SK	1.09,94	522
6	Marte Stamland 33,29(33,29)	96	Poseidon	1.11,42	490
7	Malene M. Pedersen 32,63(32,63)	96	Lambertseter SK	1.11,81	482
8	Patricia Baay Kristoffersen 33,85(33,85)	96	Sandefjord SK	1.12,04	478

9	Elida Hole	96	Vestkantsvømmerne	1.12,18	475
	33,52(33,52)	1.12,18(38,66)			
10	Emilie K. Hegdal	96	Stavanger SC	1.12,73	464
	34,08(34,08)	1.12,73(38,65)			
11	Lotte Miller	96	Madla SK	1.13,20	455
	33,90(33,90)	1.13,20(39,30)			
12	Sara Louise Pedersen	96	Poseidon	1.13,40	452
	33,41(33,41)	1.13,40(39,99)			
13	Helle Gusjås	96	Fauske SK	1.13,49	450
	34,68(34,68)	1.13,49(38,81)			
14	Guro Aas	96	Vågsbygd SLK	1.13,80	444
	34,17(34,17)	1.13,80(39,63)			
15	Tina Schütz	96	Vestkantsvømmerne	1.14,40	434
	34,96(34,96)	1.14,40(39,44)			
16	Lisa Skogeng	96	Delfana	1.14,53	432
	34,98(34,98)	1.14,53(39,55)			
17	Christine Akselberg	96	Arna SLK	1.14,99	424
	34,14(34,14)	1.14,99(40,85)			
18	Helene Strømnes	96	Kongstensvømmerne	1.15,11	422
	35,08(35,08)	1.15,11(40,03)			
19	Stina Victoria Nordberg	96	Oslo IL	1.15,40	417
	33,96(33,96)	1.15,40(41,44)			
20	Viktoria Juel	96	Trondheim SLK	1.15,83	410
	35,27(35,27)	1.15,83(40,56)			
21	Tone Lill Evanger	96	Delfana	1.16,63	397
	35,05(35,05)	1.16,63(41,58)			
22	Elisabeth Støver	96	Modum SK	1.16,94	392
	34,64(34,64)	1.16,94(42,30)			
23	Eline Mathilde Swensen	96	Ski SK	1.17,19	388
	35,89(35,89)	1.17,19(41,30)			
24	Une Johnsen	96	Mandal SK	1.21,23	333
	38,15(38,15)	1.21,23(43,08)			

Øvelse 22. 100m butterfly, gutter 1996

Klasse født 96

1	Morten Wee Hollund	96	Karmøy SK	1.00,77	551
	28,71(28,71)	1.00,77(32,06)			
2	Grunde Myhrer	96	Oslo IL	1.02,67	502
	28,00(28,00)	1.02,67(34,67)			
3	Kacper Domanski	96	Madla SK	1.03,15	491
	29,17(29,17)	1.03,15(33,98)			
4	Håkon P. Ludvigsen	96	Randaberg IL	1.03,88	474
	30,31(30,31)	1.03,88(33,57)			
5	Sander Sivertsen	96	Vestkantsvømmerne	1.04,71	456
	30,32(30,32)	1.04,71(34,39)			
6	Armin Porobic	96	Lambertseter SK	1.05,39	442
	30,40(30,40)	1.05,39(34,99)			
7	Sindre Aasland Ranaweera	96	Madla SK	1.05,70	436
	30,64(30,64)	1.05,70(35,06)			
8	Sander Andersen	96	Poseidon	1.06,14	427
	30,68(30,68)	1.06,14(35,46)			
9	Jacob W. Berger	96	Haldens SK	1.06,84	414
	30,28(30,28)	1.06,84(36,56)			
10	Knut Oscar Skipperud	96	Askimsvømmerne	1.07,09	409
	31,41(31,41)	1.07,09(35,68)			
11	Philip Budd	96	Poseidon	1.08,21	389
	32,26(32,26)	1.08,21(35,95)			
12	David Engen	96	Haldens SK	1.08,52	384
	31,59(31,59)	1.08,52(36,93)			
13	Sigve Ekeli Nystuen	96	Asker SK	1.09,18	373
	32,66(32,66)	1.09,18(36,52)			
14	Steven Knutsson	96	Kongstensvømmerne	1.09,27	372
	32,80(32,80)	1.09,27(36,47)			

15	Tage Singstad 32,37(32,37)	96	Vestbyen IL	1.10,20	357
16	Mathias Thorkildsen 32,16(32,16)	96	Bærumsvømmerne	1.10,29	356
17	Bendik Søfteland 31,68(31,68)	96	Sarpsborg IL	1.11,19	343
18	Ole Martin Bjørlykke 33,40(33,40)	96	Aalesund SLK	1.11,75	335
19	Henrik Flood Kvien 33,97(33,97)	96	SK Speed	1.12,45	325
20	Henrik Christiansen 34,63(34,63)	96	Skjetten Svømming	1.14,00	305
21	Philip Solheim 33,85(33,85)	96	Sarpsborg IL	1.14,22	302
22	Daniel Nesbø 34,26(34,26)	96	Skjetten Svømming	1.14,40	300
23	Eirik Johnsen 34,42(34,42)	96	Bergens SC	1.15,04	292
24	Håkon Torstrup 33,10(33,10)	96	Mandal SK	1.16,28	278

Øvelse 23. 100m butterfly, jenter 1995

Klasse født 95

1	Emilie Nyenget Løvberg 30,32(30,32)	95	Bærumsvømmerne	1.03,62	694 ÅMR
2	Lise Sand Syversen 30,70(30,70)	95	BS/Delfana	1.04,41	669
3	Ingalill Urrang Naustvik 31,58(31,58)	95	Karmøy SK	1.07,70	576
4	Mette Mellbye Larsen 31,97(31,97)	95	Asker SK	1.08,00	568
5	Vilde Stordal 32,27(32,27)	95	Delfana	1.08,54	555
6	Ane Nygård 31,92(31,92)	95	Stavanger SC	1.08,90	546
7	Andrine Davidsen 32,33(32,33)	95	Lambertseter SK	1.08,91	546
8	Marte K. Bolstad 32,36(32,36)	95	Asker SK	1.09,24	538
9	Karina Brunstad Fet 33,14(33,14)	95	Aalesund SLK	1.12,85	462
10	Ellen Camilla Hansen 33,99(33,99)	95	Øvre Eiker SK	1.13,36	452
11	Andrea Westbye 34,09(34,09)	95	Bærumsvømmerne	1.13,48	450
12	Amalie Kristiansen 32,94(32,94)	95	Haugesund SK	1.13,78	445
13	Elina Øverås 34,44(34,44)	95	Lørenskog/Rælingen	1.13,97	441
14	Oda Gjerde 34,28(34,28)	95	Bryne SK	1.14,11	439
15	Sandra Bernhoft 34,45(34,45)	95	Delfana	1.14,13	439
15	Rikke Nagell-Kleven 34,43(34,43)	95	Asker SK	1.14,13	439
17	Pernille Berntsen 33,86(33,86)	95	Førde IL	1.14,18	438
18	Caroline R. Helgesen 33,36(33,36)	95	Aalesund SLK	1.15,01	423
19	Anne Kristin Berge 35,03(35,03)	95	Asker SK	1.15,43	416

20	Sara Boukili 33,84(33,84)	95	SK Speed	1.15,79	410
21	Mari Mjølhus Kristoffersen 36,99(36,99)	95	Madla SK	1.19,96	349
22	Susanne Sekkesæter 36,88(36,88)	95	Madla SK	1.20,68	340
23	Mari Nerdrum 38,10(38,10)	95	Asker SK	1.22,90	314
24	Marie Svensson 38,92(38,92)	95	Skjetten Svømming	1.27,41	267

Øvelse 24. 100m butterfly, gutter 1995

Klasse født 95

1	Vebjørn Lindhjem 29,63(29,63)	95	Lørenskog/Rælingen	1.02,26	512
2	Daniel Sandhåland 29,50(29,50)	95	Karmøy SK	1.03,16	490
3	Erik Tobias Sollesnes 29,16(29,16)	95	Kolbotn IL	1.03,42	484
4	Eirik Nielsen 29,69(29,69)	95	Poseidon	1.03,43	484
5	Ivan Aleksander Larsen 29,92(29,92)	95	Karmøy SK	1.04,16	468
6	Henrik Søfteland 30,91(30,91)	95	Delfana	1.04,97	451
7	Jarl André Bergsvenkerud 31,61(31,61)	95	Lørenskog/Rælingen	1.06,04	429
8	Markus Lie 30,50(30,50)	95	Åstveit SK	1.06,27	425
9	Alexander Marki Mork 30,59(30,59)	95	Stavanger SC	1.06,53	420
10	Andreas Bunæs 30,78(30,78)	95	Haldens SK	1.06,55	419
11	Jakob Bernstein 30,85(30,85)	95	Bærumsvømmerne	1.07,18	408
12	Paul Andreassen 31,21(31,21)	95	Kongstensvømmerne	1.08,29	388
13	Jørgen Gundersen 32,70(32,70)	95	Lørenskog/Rælingen	1.08,30	388
14	Martin Næss Kjølholdt 32,22(32,22)	95	Kolbotn IL	1.08,83	379
15	Jonas Ødegård Aanby 31,90(31,90)	95	Delfana	1.09,23	372
16	Tord Gunnar Fjeld 32,78(32,78)	95	Hamar IL	1.09,28	372
17	Dag Vetle Henriksen 32,73(32,73)	95	Trondheim SLK	1.09,41	370
18	Johan Markus Mowinckel 31,91(31,91)	95	Bergens SC	1.10,09	359
19	Vedbjørn Arne J. Aasheim 32,28(32,28)	95	Vestkantsvømmerne	1.10,70	350
20	Iver Hvidsten 32,82(32,82)	95	Bærumsvømmerne	1.10,81	348
21	Andreas Bjørkli 32,82(32,82)	95	Setermoen SK	1.12,10	330
22	Marius Bjørke 32,72(32,72)	95	Eid SK	1.12,42	325
23	Andreas Reinertsen 34,65(34,65)	95	Vestkantsvømmerne	1.15,50	287
24	Ole Martin Turøy 34,91(34,91)	95	Stavanger SC	1.16,65	274

Søndag 18. april kl 14.00**Øvelse 25. 200m individuell medley, jenter 1997****Klasse født 97**

1	Karianne Reinertsen	97	Vestkantsvømmerne	2.34,34	562
	34,56(34,56)	1.13,32(38,76)	1.57,88(44,56)	2.34,34(36,46)	
2	Ingrid Bergslid	97	Madla SK	2.35,52	549
	34,44(34,44)	1.13,75(39,31)	2.00,09(46,34)	2.35,52(35,43)	
3	Majken Antonie Smith	97	Asker SK	2.37,97	524
	36,83(36,83)	1.17,33(40,50)	2.01,75(44,42)	2.37,97(36,22)	
4	Åse Nytrø	97	Trondheim SLK	2.38,07	523
	35,70(35,70)	1.14,32(38,62)	2.02,32(48,00)	2.38,07(35,75)	
5	Vanja Sand Syversen	97	Delfana	2.39,81	506
	35,13(35,13)	1.15,95(40,82)	2.03,16(47,21)	2.39,81(36,65)	
6	Marte Dale	97	Vestkantsvømmerne	2.41,95	487
	37,56(37,56)	1.17,75(40,19)	2.06,25(48,50)	2.41,95(35,70)	
7	Nina Staveland	97	Madla SK	2.42,06	486
	36,75(36,75)	1.16,95(40,20)	2.04,45(47,50)	2.42,06(37,61)	
8	Sofie Reisænen	97	Varodd SK	2.42,89	478
	38,40(38,40)	1.19,00(40,60)	2.05,34(46,34)	2.42,89(37,55)	
9	Ida Tomine Glomsaker	97	Madla SK	2.43,69	471
	39,89(39,89)	1.21,32(41,43)	2.05,77(44,45)	2.43,69(37,92)	
10	Ane Lee Johansen	97	Kristiansand SA	2.44,42	465
	37,38(37,38)	1.22,13(44,75)	2.06,66(44,53)	2.44,42(37,76)	
11	Ida Jenssen Lirhus	97	Madla SK	2.45,18	459
	36,93(36,93)	1.19,20(42,27)	2.07,40(48,20)	2.45,18(37,78)	
12	Ida Amalie Myhr	97	Lambertseter SK	2.46,56	447
	36,99(36,99)	1.18,55(41,56)	2.07,64(49,09)	2.46,56(38,92)	
13	Line Henanger	97	Lambertseter SK	2.46,84	445
	38,60(38,60)	1.22,43(43,83)	2.10,17(47,74)	2.46,84(36,67)	
14	Sandra Sola	97	Madla SK	2.46,88	445
	37,00(37,00)	1.18,12(41,12)	2.08,49(50,37)	2.46,88(38,39)	
15	Toni G. Coudray	97	Bergens SC	2.46,89	445
	38,73(38,73)		2.09,14(1.30,41)	2.46,89(37,75)	
16	Stina Heimnes	97	Åstveit SK	2.47,66	439
	39,61(39,61)	1.24,29(44,68)	2.10,14(45,85)	2.47,66(37,52)	
17	Frida Kristensen	97	Kolbotn IL	2.47,97	436
	35,66(35,66)	1.16,71(41,05)	2.10,09(53,38)	2.47,97(37,88)	
18	Vilje Mohagen	97	Skjetten Svømming	2.48,32	433
	36,49(36,49)	1.16,72(40,23)	2.10,23(53,51)	2.48,32(38,09)	
19	Maria Willassen	97	SK Fønix	2.49,08	428
	36,85(36,85)	1.20,30(43,45)	2.11,77(51,47)	2.49,08(37,31)	
20	Mathilde Rasmussen	97	Arna SLK	2.52,38	403
	39,30(39,30)	1.24,58(45,28)	2.11,94(47,36)	2.52,38(40,44)	
21	Linda Pedersen	97	Sørreisa SK	2.52,74	401
	36,59(36,59)	1.21,94(45,35)	2.10,59(48,65)	2.52,74(42,15)	
22	Ada Jakobsen Avlund	97	Lambertseter SK	2.53,60	395
	39,05(39,05)	1.22,94(43,89)	2.13,22(50,28)	2.53,60(40,38)	
23	Marie Malvik	97	Poseidon	2.56,18	378
	44,38(44,38)	1.28,81(44,43)	2.16,07(47,26)	2.56,18(40,11)	

Øvelse 26. 200m individuell medley, gutter 1997**Klasse født 97**

1	Fredrik Løvberg	97	Lambertseter SK	2.25,94	466
	32,04(32,04)	1.09,50(37,46)	1.52,79(43,29)	2.25,94(33,15)	
2	Mads Henry Steinland	97	Bærumsvømmerne	2.30,43	425
	34,25(34,25)	1.13,45(39,20)	1.55,57(42,12)	2.30,43(34,86)	
3	Ragnar Daldorff	97	Kirkenes SK	2.35,98	382
	34,62(34,62)	1.15,10(40,48)	1.59,54(44,44)	2.35,98(36,44)	

4	Ole-Marius Bunæs 36,51(36,51)	97	Haldens SK 2.01,50(45,91)	2.37,25(35,75)	372
5	Nils Lervik 34,14(34,14)	97	Asker SK 2.01,84(46,14)	2.37,46(35,62)	371
6	Erik Årsland Gidskehaug 35,54(35,54)	97	Bryne SK 2.04,34(48,47)	2.39,47(35,13)	357
7	Tinus Sola Flagstad 34,51(34,51)	97	Asker SK 2.04,88(48,84)	2.40,16(35,28)	353
8	Jonas Hagemansen 36,43(36,43)	97	SK Speed 2.04,64(48,58)	2.40,92(36,28)	348
9	Harald Goa Fagerheim 34,19(34,19)	97	Karmøy SK 2.06,39(51,77)	2.41,03(34,64)	347
9	Maurice Sudkamp 35,18(35,18)	97	Randaberg IL 2.04,77(49,69)	2.41,03(36,26)	347
11	Eirik Frestad 35,06(35,06)	97	Kristiansand SA 2.04,72(51,14)	2.41,65(36,93)	343
12	Martin Hjelmstad 33,72(33,72)	97	Skjetten Svømming 2.03,53(49,48)	2.41,84(38,31)	342
13	Eirik Midtun 36,50(36,50)	97	Bergkameratene 2.05,98(49,22)	2.42,36(36,38)	338
14	Matias Gulestøl 39,27(39,27)	97	Svelgen TIF 2.09,22(47,36)	2.42,67(33,45)	336
15	Dennis Asbjørnsen 36,78(36,78)	97	Madla SK 2.07,85(47,96)	2.43,29(35,44)	333
16	Sigurd Holten Bøen 34,86(34,86)	97	Aalesund SLK 2.08,72(48,49)	2.43,76(35,04)	330
17	Espen Høglo 39,05(39,05)	97	Vågsbygd SLK 2.08,91(47,48)	2.44,54(35,63)	325
18	Ulrik Rasch Bakke 36,74(36,74)	97	Elverum Svømming 2.06,47(48,70)	2.44,79(38,32)	324
19	Halvor Arne Borgstrøm 35,38(35,38)	97	Stavanger SC 2.10,43(50,23)	2.47,36(36,93)	309
20	Tim Samuelsen 39,50(39,50)	97	Madla SK 2.13,32(52,10)	2.48,97(35,65)	300
21	Truls-Petter Müller 37,09(37,09)	97	Bærumsvømmerne 2.11,75(52,13)	2.49,64(37,89)	297
22	Michael Grund 39,14(39,14)	97	Vågsbygd SLK 2.11,02(49,40)	2.50,54(39,52)	292
23	Arjan Nilsen 38,53(38,53)	97	Ski SK 2.17,98(51,53)	2.56,12(38,14)	265
	Sivert Skarning	97	Sarpsborg IL	DISK	

Øvelse 27. 200m individuell medley, jenter 1996

Klasse født 96

1	Elin Haugland 31,40(31,40)	96	Delfana 1.51,70(42,76)	2.25,24(33,54)	675
2	Amalie Thorstensen 32,82(32,82)	96	Vågsbygd SLK 1.51,84(41,85)	2.26,06(34,22)	663
3	Maria Thompson Clausen 31,56(31,56)	96	Madla SK 1.53,89(44,15)	2.28,58(34,69)	630
4	Malene M. Pedersen 32,90(32,90)	96	Lambertseter SK 1.54,79(42,99)	2.29,61(34,82)	617
5	Vår Celine Sjøgaard 31,51(31,51)	96	Lambertseter SK 1.55,42(45,56)	2.29,86(34,44)	614
6	Vilde Tengesdal 32,33(32,33)	96	Bryne SK 1.55,93(45,35)	2.31,74(35,81)	592
7	Tone Lill Evanger 35,23(35,23)	96	Delfana 1.58,18(43,11)	2.32,18(34,00)	586
8	Guro Aas 34,59(34,59)	96	Vågsbygd SLK 1.58,20(43,30)	2.33,97(35,77)	566
9	Tina Schütz 35,19(35,19)	96	Vestkantsvømmerne 2.00,10(45,55)	2.34,80(34,70)	557

10	Stina Victoria Nordberg 34,19(34,19)	96	Oslo IL 1.59,17(44,96)	2.35,22 2.35,22(36,05)	553
11	Lotte Miller 34,99(34,99)	96	Madla SK 2.00,65(47,21)	2.35,71 2.35,71(35,06)	547
12	Patricia Baay Kristoffersen 34,44(34,44)	96	Sandefjord SK 2.01,11(45,93)	2.35,79 2.35,79(34,68)	547
13	Lisa Skogeng 34,86(34,86)	96	Delfana 2.00,94(46,47)	2.37,08 2.37,08(36,14)	533
14	Emilie K. Hegdal 34,28(34,28)	96	Stavanger SC 2.00,68(46,59)	2.37,20 2.37,20(36,52)	532
15	Helle Gusjås 34,61(34,61)	96	Fauske SK 2.00,74(46,51)	2.37,43 2.37,43(36,69)	530
16	Helene Strømnes 34,49(34,49)	96	Kongstensvømmerne 2.03,16(48,42)	2.37,63 2.37,63(34,47)	528
17	Elida Hole 33,71(33,71)	96	Vestkantsvømmerne 2.03,17(45,78)	2.38,49 2.38,49(35,32)	519
18	Marte Stamland 34,06(34,06)	96	Poseidon 2.00,82(48,53)	2.38,77 2.38,77(37,95)	516
19	Christine Akselberg 34,48(34,48)	96	Arna SLK 2.03,45(47,75)	2.39,66 2.39,66(36,21)	508
20	Eline Mathilde Swensen 36,09(36,09)	96	Ski SK 2.04,76(45,58)	2.39,92 2.39,92(35,16)	505
21	Elisabeth Støver 34,92(34,92)	96	Modum SK 2.03,46(48,36)	2.40,96 2.40,96(37,50)	496
22	Sara Louise Pedersen 34,64(34,64)	96	Poseidon 2.04,29(47,00)	2.42,22 2.42,22(37,93)	484
23	Une Johnsen 38,04(38,04)	96	Mandal SK 2.06,31(47,32)	2.43,56 2.43,56(37,25)	472
24	Viktoria Juel 36,47(36,47)	96	Trondheim SLK 2.06,41(50,25)	2.44,31 2.44,31(37,90)	466

Øvelse 28. 200m individuell medley, gutter 1996

Klasse født 96

1	Armin Porobic 30,02(30,02)	96	Lambertseter SK 1.45,74(41,43)	2.18,47 2.18,47(32,73)	545
2	Morten Wee Hollund 29,61(29,61)	96	Karmøy SK 1.49,40(42,65)	2.20,93 2.20,93(31,53)	517
3	Grunde Myhrer 29,00(29,00)	96	Oslo IL 1.46,96(42,09)	2.20,95 2.20,95(33,99)	517
4	Sindre Aasland Ranaweera 30,72(30,72)	96	Madla SK 1.47,14(40,55)	2.21,17 2.21,17(34,03)	515
5	Sander Andersen 30,79(30,79)	96	Poseidon 1.47,94(41,67)	2.21,96 2.21,96(34,02)	506
6	Håkon P. Ludvigsen 30,35(30,35)	96	Randaberg IL 1.49,20(41,86)	2.22,97 2.22,97(33,77)	496
7	Bendik Søfteland 31,58(31,58)	96	Sarpsborg IL 1.49,69(41,33)	2.23,08 2.23,08(33,39)	494
8	Sigve Ekeli Nystuen 31,93(31,93)	96	Asker SK 1.53,07(43,84)	2.26,24 2.26,24(33,17)	463
9	Sander Sivertsen 31,01(31,01)	96	Vestkantsvømmerne 1.54,02(44,18)	2.27,44 2.27,44(33,42)	452
10	Philip Solheim 33,61(33,61)	96	Sarpsborg IL 1.57,07(44,57)	2.28,43 2.28,43(31,36)	443
11	David Engen 31,72(31,72)	96	Haldens SK 1.55,87(45,32)	2.28,53 2.28,53(32,66)	442
12	Knut Oscar Skipperud 31,98(31,98)	96	Askimsvømmerne 1.55,69(45,09)	2.29,08 2.29,08(33,39)	437
13	Steven Knutsson 32,91(32,91)	96	Kongstensvømmerne 1.56,96(45,57)	2.29,58 2.29,58(32,62)	433
14	Philip Budd 31,76(31,76)	96	Poseidon 1.56,04(46,21)	2.30,20 2.30,20(34,16)	427

15	Ole Martin Bjørlykke 32,82(32,82)	96	Aalesund SLK 1.11,01(38,19)	2.30,38 1.55,03(44,02)	426
16	Kacper Domanski 29,61(29,61)	96	Madla SK 1.08,20(38,59)	2.30,95 1.57,58(49,38)	421
17	Henrik Christiansen 34,71(34,71)	96	Skjetten Svømming 1.13,97(39,26)	2.31,63 1.57,05(43,08)	415
18	Jacob W. Berger 31,60(31,60)	96	Haldens SK 1.09,22(37,62)	2.31,64 1.56,94(47,72)	415
19	Henrik Flood Kvien 33,76(33,76)	96	SK Speed 1.12,91(39,15)	2.31,81 1.58,42(45,51)	414
20	Håkon Torstrup 34,04(34,04)	96	Mandal SK 1.12,98(38,94)	2.34,38 1.59,92(46,94)	394
21	Eirik Johnsen 35,08(35,08)	96	Bergens SC 1.13,58(38,50)	2.34,62 2.00,42(46,84)	392
22	Tage Singstad 33,29(33,29)	96	Vestbyen IL 1.13,19(39,90)	2.36,86 2.01,41(48,22)	375
23	Daniel Nesbø 34,84(34,84)	96	Skjetten Svømming 1.14,80(39,96)	2.39,46 2.03,54(48,74)	357
	Mathias Thorkildsen	96	Bærumsvømmerne	DISK	

Øvelse 29. 200m individuell medley, jenter 1995

Klasse født 95

1	Emilie Nyenget Løvberg 31,10(31,10)	95	Bærumsvømmerne 1.07,84(36,74)	2.23,10 1.51,22(43,38)	705
2	Lise Sand Syversen 31,42(31,42)	95	BS/Delfana 1.09,82(38,40)	2.25,24 1.53,14(43,32)	675
3	Ingalill Urrang Naustvik 31,95(31,95)	95	Karmøy SK 1.10,79(38,84)	2.26,20 1.51,67(40,88)	661
4	Ellen Camilla Hansen 33,36(33,36)	95	Øvre Eiker SK 1.11,61(38,25)	2.29,35 1.55,48(43,87)	620
5	Ane Nygård 31,92(31,92)	95	Stavanger SC 1.10,81(38,89)	2.29,88 1.55,28(44,47)	614
6	Oda Gjerde 33,73(33,73)	95	Bryne SK 1.12,69(38,96)	2.30,00 1.56,31(43,62)	612
7	Vilde Stordal 32,95(32,95)	95	Delfana 1.11,26(38,31)	2.30,33 1.57,18(45,92)	608
8	Amalie Kristiansen 32,32(32,32)	95	Haugesund SK 1.09,38(37,06)	2.30,35 1.54,61(45,23)	608
9	Andrine Davidsen 33,10(33,10)	95	Lambertseter SK 1.09,62(36,52)	2.30,50 1.55,68(46,06)	606
10	Caroline R. Helgesen 33,68(33,68)	95	Aalesund SLK 1.12,94(39,26)	2.32,16 1.56,13(43,19)	587
11	Marte K. Bolstad 32,11(32,11)	95	Asker SK 1.12,28(40,17)	2.32,32 1.57,09(44,81)	585
12	Pernille Berntsen 33,94(33,94)	95	Førde IL 1.12,88(38,94)	2.32,77 1.57,54(44,66)	580
13	Mette Mellbye Larsen 32,50(32,50)	95	Asker SK 1.12,32(39,82)	2.34,38 1.58,08(45,76)	562
14	Rikke Nagell-Kleven 35,46(35,46)	95	Asker SK 1.15,58(40,12)	2.35,39 1.59,94(44,36)	551
15	Sara Boukili 34,68(34,68)	95	SK Speed 1.13,75(39,07)	2.37,95 2.01,30(47,55)	524
16	Elina Øverås 35,73(35,73)	95	Lørenskog/Rælingen 1.15,42(39,69)	2.37,96 2.02,12(46,70)	524
17	Karina Brunstad Fet 31,70(31,70)	95	Aalesund SLK 1.14,14(42,44)	2.39,32 2.00,68(46,54)	511
18	Mari Mjøllhus Kristoffersen 34,99(34,99)	95	Madla SK 1.17,85(42,86)	2.40,40 2.03,81(45,96)	501
19	Sandra Bernhoft 34,29(34,29)	95	Delfana 1.16,32(42,03)	2.41,17 2.04,62(48,30)	494

20	Mari Nerdrum 38,03(38,03)	95	Asker SK 2.04,58(44,49)	2.41,53 2.41,53(36,95)	490
21	Marie Svensson 37,01(37,01)	95	Skjetten Svømming 2.05,50(49,18)	2.42,68 2.42,68(37,18)	480
22	Anne Kristin Berge 34,93(34,93)	95	Asker SK 2.05,71(51,45)	2.42,95 2.42,95(37,24)	478
23	Susanne Sekkesæter 36,94(36,94)	95	Madla SK 2.09,96(1.33,02)	2.47,11 2.47,11(37,15)	443
	Andrea Westbye	95	Bærumsvømmerne	DISK	

Øvelse 30. 200m individuell medley, gutter 1995

Klasse født 95

1	Eirik Nielsen 29,95(29,95)	95	Poseidon 1.43,28(38,41)	2.15,20 2.15,20(31,92)	586
2	Vebjørn Lindhjem 29,51(29,51)	95	Lørenskog/Rælingen 1.44,27(40,23)	2.15,45 2.15,45(31,18)	583
3	Markus Lie 30,65(30,65)	95	Åstveit SK 1.44,37(38,82)	2.16,92 2.16,92(32,55)	564
4	Jarl André Bergsvenkerud 30,57(30,57)	95	Lørenskog/Rælingen 1.47,03(39,56)	2.19,95 2.19,95(32,92)	528
5	Daniel Sandhåland 29,84(29,84)	95	Karmøy SK 1.46,59(42,40)	2.20,07 2.20,07(33,48)	527
6	Jonas Ødegård Aanby 32,53(32,53)	95	Delfana 1.49,50(39,84)	2.20,13 2.20,13(30,63)	526
7	Ivan Aleksander Larsen 29,60(29,60)	95	Karmøy SK 1.48,56(40,26)	2.20,29 2.20,29(31,73)	525
8	Alexander Marki Mork 30,73(30,73)	95	Stavanger SC 1.50,06(43,06)	2.21,55 2.21,55(31,49)	511
9	Henrik Søfteland 30,85(30,85)	95	Delfana 1.49,48(43,46)	2.23,24 2.23,24(33,76)	493
10	Andreas Bunæs 31,74(31,74)	95	Haldens SK 1.51,18(44,82)	2.25,14 2.25,14(33,96)	474
11	Erik Tobias Sollesnes 30,38(30,38)	95	Kolbotn IL 1.52,50(45,76)	2.25,18 2.25,18(32,68)	473
12	Tord Gunnar Fjeld 32,60(32,60)	95	Hamar IL 1.51,47(42,86)	2.26,13 2.26,13(34,66)	464
13	Iver Hvidsten 32,46(32,46)	95	Bærumsvømmerne 1.52,01(43,29)	2.26,89 2.26,89(34,88)	457
14	Dag Vetle Henriksen 32,86(32,86)	95	Trondheim SLK 1.54,81(44,12)	2.27,94 2.27,94(33,13)	447
15	Jørgen Gundersen 32,74(32,74)	95	Lørenskog/Rælingen 1.55,35(45,18)	2.29,25 2.29,25(33,90)	436
16	Marius Bjørke 33,01(33,01)	95	Eid SK 1.54,13(40,67)	2.29,53 2.29,53(35,40)	433
17	Martin Næss Kjølholdt 32,78(32,78)	95	Kolbotn IL 1.57,37(44,51)	2.30,04 2.30,04(32,67)	429
18	Johan Markus Mowinckel 33,25(33,25)	95	Bergens SC 1.56,52(44,20)	2.30,30 2.30,30(33,78)	427
19	Jakob Bernstein 31,66(31,66)	95	Bærumsvømmerne 1.55,90(45,07)	2.30,98 2.30,98(35,08)	421
20	Andreas Reinertsen 33,73(33,73)	95	Vestkantsvømmerne 1.57,45(42,79)	2.31,52 2.31,52(34,07)	416
21	Paul Andreassen 31,85(31,85)	95	Kongstensvømmerne 1.56,92(47,17)	2.32,06 2.32,06(35,14)	412
22	Vedbjørn Arne J. Aasheim 32,63(32,63)	95	Vestkantsvømmerne 1.58,35(44,86)	2.34,22 2.34,22(35,87)	395
23	Andreas Bjørkli 32,72(32,72)	95	Setermoen SK 1.59,77(46,69)	2.34,30 2.34,30(34,53)	394
24	Ole Martin Turøy 35,08(35,08)	95	Stavanger SC 2.04,54(47,30)	2.36,83 2.36,83(32,29)	375