



Invitation
North Sea Swim Meet

Celebrating 35 Years!

07. – 09. November 2008

Stavanger Norway



City of Sports



Det e
**STA
VAN
GER**

The North Sea Meet

The first «North Sea Swim Meet», was arranged in 1973 as a result of the cooperation between Phillips Petroleum Co Norway and the Norwegian Swim Federation (NSF) together with Rogaland swimming union (RSK). It gave swimming in Rogaland, as well as in Norway as a whole, a real boost.

A great number of Norwegian and international records have been set in the Stavanger Swim Hall during through the years. The most spectacular of these is the world record set in 1993 by Angel Martino in 100 m backstroke and a total of 11 Norwegian records were set during the 2005 short course Norwegian Championship, in the 2006 North Sea Meet 12 national records and 4 world IPC records were set.

North Sea Meet has through the 34 years achieved the status as one of four national swimming highlights and is a qualifying meet for the European Short Course Swimming Championships in December.

Among top international swimmers who have come to compete in Stavanger we can mention Jenny Thompson, Marcel Wouda, Mark Veens, Mette Jacobsen, Tommy Werner, Karl Heinz Klenz, Antje Buschshulte, Martin Gustavsson, Norway's Olympic medal winners from Beijing 2008 Alexander Dale Oen and Sara Nordenstam.

Rogaland swimming union has together with the local community brought the North Sea Meet up to the excellent standard that swimmers have grown to expect. The North Sea Swim Meet achieved great popularity and status with both Norwegian and foreign swimmers. Stavanger Swim Hall is renowned for its special atmosphere and for being a very fast pool.

Celebrating **35** Years!
1973 2008

North Sea Swim Meet 2008

With the approval of the Norwegian Swimming Federation, Rogaland Swimming Union hereby invites to The North Sea Meet in Stavanger, November 07th – 09th, 2008.

Stavanger Swim hall

The pool has 6 lanes, is 25m long and the water temperature is 26° C.

Direct finals and Super finals

The meet will have direct finals. Participation is limited by qualifying times and by the number of heats.

2 heats in 400m, 200 m and 100 m events
3 heats in 50 m events
Super finals in all individual events and relay events. One heat in each event irrespective of age group

The arranger reserves the right to include extra heats in order to ensure the participation of qualified swimmers especially invited to the meet.

Handicapped swimmers

1 heat in 100 m events
2 heats in 50 m events
Super finals in the 50 m events. One heat in each event irrespective of class

Swimmers will be ranked according to the Australian model for multi disability meets based on relative proximity to the world record in the respective classes. This procedure applies to selection for participation and for awards. The long course world records official at January 1st 2008 will be used as basis for the selection.

Awards

Direct finals: Medals for 1st – 3rd place, individuals and relays.
Super Finals: 1. place is awarded **NOK 1500**, - . Gift awards for 2nd to 6th place.
Relay teams: Gift awards for 1st – 6th place.

The highest score (ref. Norwegian Swimming Federation tables) irrespective of event, direct or super finals, will be rewarded **NOK 10.000**, men and women.
An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

Two swimmers from Norway will receive a special award.

Awards Handicap classes

Direct finals: Medals for 1st – 3rd place, individuals and relays.
Super Finals: 1st place is awarded NOK 500,-
Gift awards for 2nd – 6th place.

In the handicap classes the three best performances in the super finals irrespective of sex will be rewarded as follows: **NOK 5.000,-/ 2.000,-/ 1.000,-**.
An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

Entries:

Entries must be received by October 22nd 2008 12:00 midnight.
Qualification period: 23.10.07– 22.10.08
E-Mail entries are encouraged. E-Mail: nordsjo@medley.no
Mail entries to: John Erlend Christiansen Varderingen 10 2054 MOGREINA

All entries will be confirmed at receipt.

Start lists will be mailed out by the 24th of October and placed on the following web page:
www.livetimeing.no/nordsjo08, here you will find continually updated information as well as the results from the North Sea Meet 2005, 2006, 2007 and meet records.

Entry fee:

NOK 75, - per start and NOK 150, - per relay. Payable to bank account: 3201.28.82059.
Please bring a stamped receipt of payment to the meet.

Late entries at double entry fee will be accepted until 24 hours before the start of the meet if there are vacant places.

Information / registration

Meet Office: Stavanger Swim hall open from Friday November 07th at 10 a.m.

Leader meeting: Friday November 07th at 12 noon.

Inquiries

Hans Hagenes, telephone: +47 928 11 685, E-Mail: hans.hagenes@gagdata.no

Warm up periods

Thursday	18:00 – 20:00	
Friday	10:00 – 13:45	
Saturday	07:00 – 08:45	15:00 – 16:30
Sunday	07:00 – 08:45	14:00 – 15:45

Hotels

We recommend the following hotel which is centrally placed in downtown Stavanger. The Stavanger Swim hall is only 5 minutes walking distance from the hotels.

Hotel reservations **must** be done via following email: nordsjo@gagdata.no

THON HOTEL MARITIM

Web: www.thonhotels.no/maritim

Room rates in NOK from 07-09:

675, - pr single room
900, - pr double room
1100, - pr triple room
1400, - pr triple room with one extra bed

VICTORIA HOTEL

Web: <http://www.rica.no>

Room rates in NOK from 06-09:

<i>Room</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<i>Single</i>	1245	800	800	800
<i>Double</i>	1495	1050	1050	1050
<i>Triple</i>	1645	1200	1200	1200

Information about the city of Stavanger is found here: <http://www.regionstavanger.com>

***Welcome to the North Sea Swim Meet 2008
Rogaland Swimming Union***

***Hans Hagenes
Chairman***



Events and Qualifying Times 2008

Friday 14.00

Event no.	Event	Classes	Qualification times	Winning time 2007 (heats)
1	400 Free	95 - 94 Women	4:55.00	4.34,05
		93 - 92 Women	4:50.00	4.24,45
		91 - 90 Women	4:45.00	4.16,50
		89 and older Women	4:35.00	4.24,90
2	400 Free	95 - 94 Men	4:50.00	4.10,15
		93 - 92 Men	4:35.00	4.06,79
		91 - 90 Men	4:25.00	4.02,66
		89 and older Men	4:20.00	4.00,77
3	50 Back	95 - 94 Women	36.00	31,79
		93 - 92 Women	35.00	30,88
		91 - 90 Women	34.00	30,08
		89 and older Women	33.50	29,09
		Handicapped Women	150% of WR	97,9%
4	50 Back	95 - 94 Men	35.00	29,55
		93 - 92 Men	32.00	27,76
		91 - 90 Men	30.50	27,62
		89 and older Men	29.50	26,36
		Handicapped Men	150% of WR	116,21%
5	100 Breast	95 - 94 Women	1:25.00	1.15,63
		93 - 92 Women	1:22.00	1.14,84
		91 - 90 Women	1:20.00	1.13,78
		89 and older Women	1:18.00	1.09,45
		Handicapped Women	150% of WR	121,67%
6	100 Breast	95 - 94 Men	1:22.00	1.08,13
		93 - 92 Men	1:18.00	1.06,49
		91 - 90 Men	1:16.00	1.04,29
		89 and older Men	1:12.00	1.04,81
		Handicapped Men	1:25.00	108,89%
7	50 Free	95 - 94 Women	30.50	28,09
		93 - 92 Women	29.50	26,64
		91 - 90 Women	29.25	26,52
		89 and older Women	29.00	25,91
		Handicapped Women	150% of WR	109,43%
8	50 Free	95 - 94 Men	29.50	25,34
		93 - 92 Men	26.50	24,53
		91 - 90 Men	26.00	23,75
		89 and older Men	25.00	23,06
		Handicapped Men	150% of WR	100,26%
9	200 Medley	95 - 94 Women	2:42.00	2.27,43
		93 - 92 Women	2:38.00	2.24,31
		91 - 90 Women	2:36.00	2.19,21
		89 and older Women	2:30.00	2.19,25
10	200 Medley	95 - 94 Men	2:36.00	2.15,01
		93 - 92 Men	2:23.00	2.11,43
		91 - 90 Men	2:20.00	2.09,42
		89 and older Men	2:18.00	2.04,21

Saturday 09:00

Event no.	Event	Classes		Qualification times	Winning time 2007(heats)
11	100 Back	95 - 94	Men	1:15.00	1.02,36
		93 - 92	Men	1:09.00	59,04
		91 - 90	Men	1:06.00	58,60
		89 and older	Men	1:04.00	56,55
		Handicapped	Men	150% of WR	118,58%
12	100 Back	95 - 94	Women	1:14.00	1.08,51
		93 - 92	Women	1:13.00	1.08,00
		91 - 90	Women	1:12.00	1.05,77
		89 and older	Women	1:10.00	1.02,87
		Handicapped	Women	150% of WR	100,37%(wr)
13	50 Butterfly	95 - 94	Men	33.50	27,10
		93 - 92	Men	29.50	26,45
		91 - 90	Men	28.50	25,68
		89 and older	Men	27.00	24,46
		Handicapped	Men	150% of WR	111,86%
14	50 Butterfly	95 - 94	Women	34.50	30,90
		93 - 92	Women	32.50	29,11
		91 - 90	Women	32.00	28,93
		89 and older	Women	30.50	29,07
		Handicapped	Women	150% of WR	106,22%
15	100 Free	95 - 94	Men	1:03.00	54,43
		93 - 92	Men	58.00	53,77
		91 - 90	Men	56.50	51,25
		89 and older	Men	55.00	50,47
		Handicapped	Men	150% of WR	98,35%
16	100 Free	95 - 94	Women	1:05.50	1.00,98
		93 - 92	Women	1:03.50	58,20
		91 - 90	Women	1:03.00	58,03
		89 and older	Women	1:02.50	56,78
		Handicapped	Women	150% of WR	107,6%
17	200 Breast	95 - 94	Men	2:59.00	2.27,56
		93 - 92	Men	2:46.00	2.27,00
		91 - 90	Men	2:40.00	2.21,47
		89 and older	Men	2:35.00	2.19,15
18	200 Breast	95 - 94	Women	3:00.00	2.39,73
		93 - 92	Women	2:55.00	2.40,16
		91 - 90	Women	2:50.00	2.37,14
		89 and older	Women	2:48.00	2.34,81
19	4 x 50 Free	Senior	Men	--:--	1.32,99
20	4 x 50 Free	Senior	Women	--:--	1.49,48

Sunday 09:00

Event no.	Event	Classes		Qualification times	Winning time 2007 (heats)
21	100 Butterfly	95 - 94	Women	1:14.50	1.07,54
		93 - 92	Women	1:12.00	1.05,12
		91 - 90	Women	1:11.00	1.05,16
		89 and older	Women	1:08.00	1.01,83
		Handicapped	Women	150% of WR	
22	100 Butterfly	95 - 94	Men	1:13.00	59,46
		93 - 92	Men	1:05.00	57,88
		91 - 90	Men	1:02.00	57,21
		89 and older	Men	1:00.50	56,37
		Handicapped	Men	150% of WR	119,74%
23	50 Breast	95 - 94	Women	39.50	35,77
		93 - 92	Women	38.00	34,87
		91 - 90	Women	37.00	33,91
		89 and older	Women	36.00	32,51
		Handicapped	Women	150% of WR	119,34%
24	50 Breast	95 - 94	Men	38.00	31,65
		93 - 92	Men	35.50	30,65
		91 - 90	Men	34.00	29,73
		89 and older	Men	32.00	28,78
		Handicapped	Men	150% of WR	108,55%
25	200 Fri	95 - 94	Women	2:22.00	2.10,79
		93 - 92	Women	2:19.00	2.06,96
		91 - 90	Women	2:18.00	2.04,04
		89 and older	Women	2:16.00	2.05,25
26	200 Fri	95 - 94	Men	2:18.00	1.59,42
		93 - 92	Men	2:06.50	1.57,41
		91 - 90	Men	2:03.00	1.54,06
		89 and older	Men	2:00.00	1.50,15
27	100 Medley	95 - 94	Women	1:17.00	1.09,42
		93 - 92	Women	1:13.00	1.08,03
		91 - 90	Women	1:12.00	1.07,58
		89 and older	Women	1:11.00	1.04,99
		Handicapped	Women	150% of WR	94,6%(wr)
28	100 Medley	95 - 94	Men	1:16.00	1.02,62
		93 - 92	Men	1:07.00	1.00,79
		91 - 90	Men	1:04.00	1.00,62
		89 and older	Men	1:02.00	57,43
		Handicapped	Men	150% of WR	103,73%
29	4 x 50 Medley	Senior	Women	--:--	1.59,75
30	4 x 50 Medley	Senior	Men	--:--	1.43,49

SUPERFINALS and winning times 2007

SATURDAY 17:00	SUNDAY 16:00
M/W	W/M
400 Free 3.57,49 / 4.17,75	50 Free (HC) 108% / 100,3%
50 Butterfly (HC) 107,36% / 102% (wr)	50 Free 25,39 / 22,75
50 Butterfly 24,11 / 28,38	200 Breast 2.29,65 / 2.09,53
100 Back 55,87 / 1.02,80	100 Butterfly 1.01,15 / 55,94
100 Breast 58,70 / 1.10,20	200 Free 2.02,69 / 1.50,05
100 Free 49,94 / 55,06	50 Breast (HC) 119,5% / 104,67%
50 Back (HC) 110,9% / 95% (wr)	50 Breast 32,04 / 27,53
50 Back 25,72 / 28,36	100 Medley 1.03,08 / 58,58
200 Medley 2.05,50 / 2.17,16	4 x 50 Medley 1.59,63 / 1.39,49
4 x 50 Free 1.32,14 / 1.42,81	



Celebrating **35** Years!
1973 2008